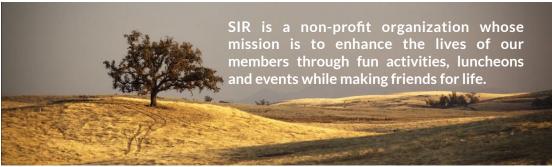
GOLD COUNTRY BRANCH 95





Bulletin 417 August 2024 Kevin King, Editor

BIG SIR | Lew Chapman 510-912-5658



Hot hot! I guess that pretty much sums up July and August, with a few less hot days wedged in here and there. I guess the other "hallmark" of July / August has been the horrible wildland fires we have been

experiencing. As of this writing (July 29th) the Park Fire up near Chico is over 370,000 acres and growing with less than 15% containment. It started on July 24th and is already ranked as California's 6th largest wildfire impacting over 4 counties. Sure does not help when there are arsonists amongst us. Fortunately, evacuation orders were lifted for Paradise which had been devastated in the 2018 Camp Fire. It seems challenging fire seasons are to be expected every year Coincidentally, our member profile this month features George Alboff. George is a retired State Certified Fire and Explosion Investigator.

I went back to look at Jay Muzio's Big SIR article for August last year. I have poached what he wrote back then (hope you don't mind Jay) because it is such an important message. August is SIR 95's target month for filling all our critical leadership positions for 2025. As we still have positions to fill, principally the Little SIR role, we are again asking for volunteers to lead and assist your branch. You not only benefit your fellow SIRs, there is a meaningful personal benefit. Read on.

Little SIR

Just as social interaction is important to good health and longevity, volunteering can be incredibly beneficial for seniors in a multitude of ways. First, it provides them with a sense of purpose and fulfillment. Additionally volunteering promotes mental and physical well-being. It keeps minds sharp by offering new challenges and learning opportunities. Furthermore, volunteering offers seniors an opportunity to connect with others and combat feelings of loneliness or isolation. In summary, volunteering is an excellent way for seniors to find purpose, maintain good mental and physical health, and foster meaningful relationships. By giving back, seniors not only help others but also experience a sense of joy, self-worth and fulfillment in their lives. So, the Branch 95 BEC asks you to do yourself and Branch 95 a favor by volunteering to take on one of these positions.

Most of these positions only take a couple hours a month, do not need special skills and come with experienced members to help. Just come up to me, Ron Wadsworth or any BEC member and we will help you get involved at any level that you feel comfortable in trying.

Remember, volunteering is like peeing in your pants. Everyone sees you doing it, but only you get the warm feeling from it.

See **BIG SIR** next page

Gold Country Branch 95 2024 BEC Members - PBS denotes Past Big SIR; HLM denotes Honorary Life Member

Big SIR Lew Chapman 510-912-5658

Director at Large Director at Large David Chighizola Ken Mahar 530-558-9336 650-504-1393

Secretary Ron Wadsworth Terry Starkel 916-417-1484 916-817-1524

> **Director at Large** Bill Yeager, PBS; HLM 916-941-6632

Assistant Secretary Bob Carlson 916-817-1181

Director at Large Hugh Thompson 916-276-5117

Treasurer Marshall Armstrong 650-438-7802

Assistant Treasurer Grant McMicken 530-306-2468

Director at Large Tim Irish, PBS 916-933-3466

Director at Large Jay Muzio, PBS 650-302-1902

BIG SIR continued from previous page

We are back on August 14th for our regular branch lunch meeting at Cameron Park Country Club. Social hour starts at 11am and the meeting commences at 12 noon. Hope to see you all there.

During our August meeting special reports, I'm still looking for a volunteer to speak about themself in our continuing Member Profile series. I have also asked Jay Muzio to review the Wine Tasting activity which continues to grow in popularity due to its increasingly interesting venues.

Finally, please let me know if you are interested in being profiled for our September newsletter or at our September meeting.

LITTLE SIR | Ron Wadsworth 916-417-1484

The Olympics: What They Can Mean

Why do the Olympics deeply resonate with people worldwide? I remember as a 12 year old watching my first Summer Olympic Games held in Munich, Germany in 1972. I sat enthralled as our family watched Mark Spitz win an unprecedented seven gold medals in swimming. We then stayed up late, watching in disbelief as the Israelis were taken hostage, and later killed, taking place while the world watched in horror. Right then I became an avid watcher every four years.

Later, as I became a marathon runner, I began to get a small insight into the training it took to perform.

The Olympics transcend national boundaries and are more about our personal experiences. This connection seems to embody the human spirit and reflect our shared humanity.

The Olympics symbolize national pride. Any country that participates even in a small way brings their pride and national identity. When athletes march under their national flag during the opening ceremony, they carry the hopes and dreams of their entire nation, even though they may never medal in their event. This unity fosters a sense of worldwide belonging and togetherness that is more than winning medals.

The Olympics tell stories of individual and collective passions and perseverance. An athlete's journey to the Games often involve immense personal sacrifices, relentless training and overcoming obstacles. These narratives of dedication and resilience tend to resonate with us because they mirror the struggles and triumphs we encounter in our own lives. Watching athletes push their limits, recover from setbacks and strive for excellence can often inspire us to pursue our own goals.

See **LITTLE SIR** next page

General Meeting Wednesday, August 14, 2024 Buffet lunch \$35 per person

Cameron Park Country Club 3201 Royal Drive Cameron Park, CA 95682

Check-in and social hour 11:00am - 12:00pm

Lunch, speaker & general meeting 12:00pm ~ 2:00pm



Chicken piccata Lemon butter pasta Oven roasted vegetables House salad Rolls & butter

Beverage station with iced tea, lemonade and coffee included

August Birthdays



Alan Ahnfeldt
Marshall Armstrong
Chad Barrow
Bob Birgbauer
Oli Bohlman
Alan Bowles
Dan Cockcroft
Ray Guenther
Rick Hernandez
Dan Maglionico
Ken Mahar
Terry Starkel
Rick Talone

August Branch 95 Anniversaries

1 year - Alan Lampe 3 years - Jim Canty 4 years - Hugh Thompson

Membership

New or returning members: 2 Prospective members in pipeline: 3 Departing members: 1 Current number of members: 96

LITTLE SIR continued from previous page

The sight of an athlete breaking down in tears after a narrow defeat or the pure joy of a winner basking in their achievement evokes powerful emotions. These moments remind us of the beauty and fragility of the human spirit, capable of experiencing profound sorrow and boundless joy.

By connecting with the Olympics, we connect with our own stories, struggles and triumphs; reflecting our enduring quest for greatness and unity.

This months speaker, Julie Abbatelli, has worked for El Dorado County for 2.5 years in the Solid Waste Division of Environmental Management as the Sustainability Coordinator. She focuses on edible food recovery and composting laws. Julie will give us an overview of solid waste within the County including recycling, waste collection and disposal, litter programs and green waste. Please come to our monthly luncheon and welcome her on Wednesday, August 14th.



BRANCH HAPPENINGS/SIR COMINGS & GOINGS | Kevin King, PBS; HLM 916-337-9811

Please welcome our two newest members who were inducted at our July meeting:



Alan Ahnfeldt learned about us through the newspaper. He listed his former/current occupation as owner of Nor-Cal Lighting. He refers to himself as the "worm guy" in his email address. You can explore that with him at our next lunch. Among the many activities he listed, we hope to find him participating in our fun cool cars, bocce, investments and wine tasting activities. Alan lives in Placerville.



Greg Cleveland picked up one of our flyers and initiated contact with us. He's a retired Administrative Law Judge for the State of California. He listed golf, poker and wine tasting among the many activities he enjoys. Greg and his wife, Lisa, live in Folsom.

Longtime and recently returning member and Past Big SIR, Larry Keenan, continues to have health problems that prevent him from continuing his membership. We wish Larry the best and hope he can rejoin us in the future.



Signori Novanta Cinqu

Captain Dan Cockcroft, Kevin King, Dan Koelzer, Jay Muzio and Terry Starkel travelled to Penn Valley for the 3rd round of our SIR regional bocce tournament. This round was hosted by Branch 55 (Grass Valley). Even though we jumped out to a big, early lead in our first game against defending champion Branch 37 (Auburn), we ended up losing 12-10. Overall, we finished with one win and two losses for the day dropping us to 3rd place in the standings. We're still not out of it. A strong finish in our final three games in Auburn this month will result in having to use tiebreakers to determine this year's champion. Last year we finished tied for 1st but lost the

tiebreaker by a single point. Perhaps there's still a chance to flip the tables on Auburn this year. Good luck to our Signori Novanta Cinque (SIR 95) bocce ball players.

If you have yet to sign up for the Assistance League's Fall Fest in September, check out their flyer on page 9. Our very own, Brian Lemley, and his band will be providing the night's entertainment. Proceeds benefit underserved youths and adults in El Dorado County. Members that went last year reported that it was a fun-filled evening and that they really enjoyed themselves. Tickets and additional information can be found at https://www.assistanceleague.org/sierra-foothills/.



There still may be tickets available for the last Bay Series baseball game to be played at the Oakland coliseum between the Giants and A's. As you know, the A's will play in Sutter Health Park next year. See page 9 for details.

MEMBER PROFILE | Lew Chapman, Big SIR 510-912-5658

This article will be an ongoing feature of our SIR Branch 95 newsletter. We would like to include a member profile in the monthly newsletter as well as have a member speak about themselves at our monthly luncheons. In this way, we will get to know about 20 members over the course of a year in a more detailed way.

This month's profile is about George Alboff based on an interview conducted by Lew Chapman.

In Lew's Big SIR article for this month's newsletter, he opened by mentioning the summer heat and wildfires. George Alboff knows a lot about this subject. He spent his career as a State Certified Fire and Explosion Investigator.

George was born on May 24, 1947, in San Francisco to Russian immigrants. His parents insisted he learn the language which they spoke at home, and what is more, they insisted he and his older brother went to Russian school to broaden their linguistic skills. To this day he remains fluent in Slavic languages and is proud of his heritage but has no interest in visiting Russia.

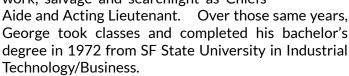
If you ask George how he feels about his life, he says "I feel fortunate in life. If I got to do it again, I would relive it. I had a career and colleagues I cherished." How did that happen?

After high school he went to City College of San Francisco where he studied Fire Science Technology. In the meantime, having a low draft lottery number, he joined the U.S. Marine Corps Reserve where he served from 1966 to 1972. His Military Occupational Specialty (MOS) was ordnance/explosives. He explained that he assembled and loaded bombs and ammo on A4's.

Meanwhile, his father was a City Gardner for the City and County of San Francisco. On his father's suggestion, George took the test and got an apprenticeship working for the city in 1968 in the panhandle of Golden Gate Park near Haight Ashberry at the height of the sex, drugs and rock n roll period, explained George...avoiding the drugs, George did enjoy the other aspects of that job. Then a "horse cop" he got to know in the park suggested he take the Fire

Department exam. He scored well and entered with the first academy class at San Francisco Fire Department in 1969 at 22 years old. He spent the

next 10 years as a firefighter where he learned fire suppression, first aid and rescue. He got experience in all phases of firefighting including engine and truck work, salvage and searchlight as Chiefs



In high school George met Micki, his life partner. He mentioned that her family was very welcoming to him. They got married the same year he started at SFFD. Micki's career was in Rock and Roll Management. She worked for Carlos Santana in Marin County. She is fun to talk to and has cool stories about those days.

George and Nicki have two grown daughters. One lives in Folsom and is a journalist. You may have read articles Jen Maragoni has written for *Style Magazine*. She is currently raising two kids. George and Micki see them often as they are nearby. Their other daughter is an MRI technician and is married to an ER physician and have one child. They live in Pacifica. Back to George's career development. In Chapter 1 as a firefighter George preferred working in busier firehouses-- getting a lot of exposure to fires caused by arson and other interesting ignition sequences.

About 10 years into his career, he began Chapter 2 receiving expansive training in fire cause and origin. He eventually was promoted to Lieutenant of Investigators, responsible for supervising the 14-person Arson Task Force, including two police inspectors and a district attorneys' investigator. In this role he supervised the investigation of all major fires in the city and county of San Francisco, including those involving death or serious injuries, intentionally set fires and fires of suspicious or undetermined nature. This often involved courtroom testimony with other agencies including FBI, ATF, IRS, state police, law enforcement outside the city/county and insurance agencies.

BRANCH 95 GOLF | Terry Starkel, Golf Chairman 916-817-1524



Here we are going into August, almost 2/3rds. of the way through our golf season. We have no runaway leaders in any of our competitions, so it is still up for any number of players to make their move up the leaderboards. The last few outings have been pretty warm, 105-107 for the daily high, although we finished before

we got to those temperatures.

In August, we play Empire Ranch, Mather, Wildhawk and Ancil Hoffman. In September, we start with Castle Oaks and then move into our Club Championship rounds. The three rounds of the Championship will be played at Mather, Wildhawk and finish at Empire Ranch. The lowest, total net score for the three rounds will be declared this year's Club Champion. You must have played 10 rounds with SIR 95 during the year to qualify to play for the Club Championship. You can check your total rounds to date on the golf page. Kevin has been keeping an accurate tally of SIR rounds played. While on the golf page, you can also check where you stand on the Marksman of the Year and Gold Country Cup leaderboards.

For those new to our SIR 95 Branch, if you would like to join us for our golf rounds, please let me know. Our schedules, rules, application, *etc.* are also on the golf page. If you are currently a member of NCGA, they still require us to have you pay again. If you do not belong to NCGA, the golf dues also covers your NCGA dues for the rest of the year.



Some of the golfers rehydrating and catching up with one another in the clubhouse following their recent round at Bing Maloney.

Branch 95: sirinc2.org/branch95/

State SIR: sirinc.org

State SIR Marketing: <u>WeAreSIR.com</u> SIR Happenings (State SIR newsletters):

sirinc.org/newsletters

SIR-Branded Merchandise: sir.ourproshop.com

SAND TRAPS

Terry Starkel, Golf Chairman 916-817-1524

Golf Director (Mather)
Dennis Petersen, PBS 916-817-1149

Golf Director (Wildhawk)
Ron Wadsworth 916-417-1484

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SIR Branch 95 Results 2024 Tournaments

July 2nd - Empire Ranch 1st - Byron Loney 2nd - Steve Thomson 3rd - Bill Douglas

Closest to the pin - Bob Carlson (#12) and Mike Bettencourt (#16)

July 9th - Mather
1st - Dan Link
2nd - Dan Cockcroft
3rd - Ron Wadsworth
Closest to the pin - Chad Barrow

July 16th - Wildhawk 1st - Dan Link 2nd - Marshall Armstrong 3rd - Alan Bowles Closest to the pin - Dan Link

July 23rd - Bing Maloney 1st - Bill Douglas 2nd - Terry Starkel Closest to the pin - Tim Irish

Current Gold Country Cup and Marksman of the Year leaderboards, current qualifiers for the Club Championship as well as upcoming SIR State-sponsored tournaments can be found on Branch 95's golf page. Note also that the registration deadlines for a couple of the upcoming State tournaments have been extended.

State SIR Officials

President

Dale Decker (Br136 - Sonora)

209-573-0833

Vice President Lee Lamp (Br129 - Redding) 530-921-1375 Area 3 Representative Jim Gragg (Br98 - Rocklin) 916-708-5154

BOCCE | Oli Bohlman 916-844-4067



Come join other members and their spouses/significant others at Promontory Park every Thursday at 8:00am for drop-in bocce. If you are not on the current email list and would like to be, contact me at obohlman@sbcglobal.net.

PICKLEBALL | Chad Barrow 209-603-7346



SIR Pickleballers! We're off and pickling now with our new, 8:00am start at Heritage Park every Wednesday. This time allows us to beat the heat and get in games with our fellow SIRs and others. If you're interested in joining, come on down or feel free to contact me with

any questions. See you on the courts.

E-BIKING | Ken Mahar 650-504-1393



Join us for one of our weekly rides. If you are interested, contact me at kmahar@comcast.net to get on the E-biking email list.

BREAKFAST & WALKING |

Norman Orrick 916-709-1693



The group meets at Dennys, 3446 Coach Ln, Cameron Park each Thursday at 9:00am. We eat, shoot the breeze, crack a joke or two and sometimes say something profound. The main thing is to enjoy each other's company. After we eat and talk, those that wish, take off for a mile or two walk. We are looking forward to having new

members to enliven our discussions. To receive a weekly reminder, send an email to 7norte@google.com or text to 916-709-1693.

TEXAS HOLD'EM | Ken Mahar 650-504-1393



We meet the first Wednesday of every month at someone's home. All that's needed is a \$20 buy-in for a fun-filled evening with your fellow members and a chance to go home the big winner. If

this sounds like something that you might be interested in, give me a call or email me at kmahar@comcast.net to be put you on our contact list.

CLASSIC CARS | Rick Talone 916-761-7222



We meet the last Friday of the month in the Purple Place parking lot at 10:30 am before driving a predetermined route to an agreed upon restaurant. Last month, we went

to Crawdads on the Lake in Folsom. We generally have 5-7 cars participating with 8-10 people. To be put on the group's interest list, contact me at the number above or email me at rte88a@comcast.net.

DROP-IN BOWLING |

Rick Willson (916) 847-1452



Hey there fellow SIR's. The dog days of August are here and if you're looking for an activity where you can keep cool and still have a lot of fun, come join us for drop-in bowling at

Folsom Lake Bowl Entertainment Center located at 511 E. Bidwell in Folsom. Because of conflicts with the monthly membership meeting, we have changed the timing of our event to the first and third Wednesdays of each month. We bowl from 1:00 to 4:00 and the cost is \$15 per person. Hope to see you there on August 7th!

INVESTMENT GROUP |

Gary McKae 650-743-7249



We meet the last Wednesday of the month in the Community Center in the back of the store at Raley's O-N-E in El Dorado Hills. We invite other branch members to join us to discuss financial

topics of interest to the group . Give me a call or send an email to gmkae@sbcglobal.net to be added to our contact list.

BOOK EXCHANGE | Lew Chapman, Big SIR 510-912-5658



As you have noticed, I've morphed the book exchange article into a monthly book report so that we can share ideas on good books we have recently read. No one volunteered for August, so I'll report on the book that I most recently read. Have you ever heard of Ronan Farrow? He is the son of Mia Farrow and Woody Allen. He won the Pulitzer Prize for public service among other investigative reporting awards. He is a contributing writer for The New Yorker and has worked as an anchor and investigative report for MSNBC and NBC News. He also served as a State Department official in Afghanistan and Pakistan. He is a graduate of Yale Law School and has a PhD in political science at

Oxford University. So quite an accomplished person, with a very interesting and complicated family background. Well, he wrote the book *Catch and Kill* which breaks devastating news stories about the rampant abuse of power and attempts at far ranging coverups from Washington to Hollywood.

The central story in the book is about his investigations of sexual abuse and assaults committed by Harvey Weinstein, the Hollywood mogul. The most fascinating part of the book is about the hard-to-believe resistance he encountered in attempting to report the story. He was met with intimidation, threats of losing his job and personal threats by a range of parties. NBC never broke the story, it was eventually published in the previously mentioned print magazine and then NBC and other networks reported the story. Harvey finally went down as well as Matt Lauer (NBC Today Show). It is written in a very interesting style as if you are reading his reporting notes in a chronological sequence. I thought I had heard the story. I had no idea what a bad guy Harvey Weinstein was. Check out a good read, it will be in the Book Exchange.

My grandson Eli has nearly completed cataloging all the titles in our Exchange. It about 80% complete. Use this BOOK EXCHANGE LINK to have a look at the spreadsheet.

Remember, The SIR Branch 95 Book Exchange, no library card, no late fees, yada, yada.

BEST BURGER PURSUIT | Dan Koelzer 916-718-0521



The Best Burger Pursuit continues. We have a new 1st place place – the Relish Burger Bar in El Dorado Hills. The BBP group meets for a burger once a month at noon on the Friday the week following our SIR meeting. The agenda is always the same – eat the burger and rate it. This is the fourth BBP event and it resulted in an overall, average burger ranking of 4.0 (out of 5). That bettered our previous 1st place, the Breakroom, which was rated at 3.9. Current 3rd place is the Main Street Taphouse in Placerville. I can feel

it - the tension is mounting!!

The Relish Burger Bar pretty much kicked everybody else's burger in the bun by coming in first in all but two of the rating categories. The highest rating was the "would return", followed up by the "meat quality" category. The average cost was \$18.00 and the cost for the most popular entrée, the Western burger, was \$17. Salad was the most popular side. A new category – not really a rating category – more of an information item – was the number of napkins required to eat the burger. Kind of gives you an idea of how messy the burger was. Relish came in with an average of 2.2 napkins required to eat it.

The next BBP event is set for Friday, August 23rd at Poor Reds. If you haven't been there for a while, it was given a major overhaul several years ago and it now actually has a decent sized dining area. The bar is still the same. Very interesting place. It was an old Pony Express stop as I recall. It is in the town of El Dorado (not El Dorado Hills) where Highway 49 meets Pleasant Valley Road, just east of the split from Mother Lode Drive. Same time – 12:00, high noon.



If you are interested in being put an the distribution list for BEST BURGER PURSUIT, please give me a call or send me an email at dankoelzer@yahoo.com.

WINE TASTING GROUP | Jay Muzio, PBS 650-302-1902



This month's SIR Branch 95 wine tasting event was very popular. Sixteen SIR members and their wives/partners attended. It was hosted by Brian Lemley and Sheryll Hoeberg at Rucksack Cellars in Placerville. Although the winery is famous for its outdoor picnic area and beautiful views of their vineyards, picnic tables were set up next to stacks of boxes of wines inside the Rucksack warehouse - a temperature-controlled oasis. Douglas Giorgis, Rucksack's vineyard manager, had

prepared a tasting of 6 wines and spoke to the group about the Sierra Foothill Appellation and their winery's growing and bottling practices. He described Rucksack as the "playground" of their winemaker (who also owns Madrona Vineyards). The wines included their "French Style" Chenin Blanc, Barbera Rosé, Cabernet Franc, Zinfandel, a Red Blend called "The Cache" and Moscato. As usual, the appetizers, main dishes and desserts were plentiful and delicious. The combination of great wine, great food, a beautiful venue, an informative host and an engaged and inquisitive (...and thirsty!) group made it an enjoyable experience for everyone who participated. If you have not already joined the wine tasting group and would like to join, contact Jay Muzio at jaymuzio@gmail.com.

BOWLING | Ray DiBasilio, HLM 530-558-9727



The SIR tournament schedule during the month of July brought bowlers to Auburn and Concord. Foothills Bowl in Auburn hosted the SIR Branch 113 Tournament with 63 bowlers over two days of singles and doubles competition. The lanes were

favorable for several high scores including three bowlers scoring above 250 and a 713 series.

Clayton Valley Bowl in Concord hosted the SIR Branch 8 Tournament with 76 bowlers over the two-day event. Dan Weller was the tournament manager this gathering. He and staff of CVB did a great job of organizing and welcoming the bowlers. Once again scores were high which made for many smiling faces.



Let's hope we bowl as well in the next tournament - Reno here we come!



Upcoming tournaments:

August 11-12 – Reno, National Bowling Stadium August 28-29 – Grass Valley, Prosperity Lanes September 9-10 – Carson City, Home Grown Lanes

For more information about SIR bowling, the full calendar, and applications, check out our website at: http://www.sirinc3.org/sirBowling/index.html.

One of the best things about traveling to these tournaments is enjoying the local sites and scenery. On our walk one morning, we came across a sign that proved we were in the right neighborhood.



MEMBER PROFILE from page 4

Midway through the twenty years of that incredible experience, George began Chapter 3 of his career. With the permission of SF City/County, he began a consulting practice using the unique expertise he had developed over the years. He started getting calls from insurance companies to do work as an expert witness in fire losses across 7 western states. In this work, he would create legal reports on fires he investigated for case subrogation. This is when an insurance company is attempting to recoup their loss from the party ultimately responsible through negligence, product liability or a profit motive. Roughly half his work involved civil cases and the other half criminal cases. Ask him about spontaneous human combustion (it has an explanation).

In 1999, George retired from the SF City/County job but continued his consulting work until 2010 where he worked and averaged 100 cases per year. Micki continued to work another 10 years, then retired from the music business which triggered their move from Marin County to the Foothills.

His busy career did not keep him from developing lots of hobbies and interests. He and Micki have always been dog lovers and currently reside with an aging Portuguese Water Dog, Misha. They have a mountain home at Donner Lake on old US 40 which they visit year round. George has been and avid skier (water and snow), fisherman, motorcyclist (he owns a cult BMW collectible) and car collector (ask how he acquired his 1952 Laser replica of an MG TD).



He also collects old tube radios. George is on a mission to strengthen his downhill ski legs as you'll see him at Snap Fitness several afternoons a week. Most of you know he likes to taste and drink wine and he and Micki recently hosted the SIR wine group at Boeger winery. When not drinking wine, you can offer to buy him a pineapple infused vodka.

Here is a guy with a range of interests, huh? George, it was fun to get to know you. Thanks for taking the time for this interview.





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AUGUST ACTIVITIES & EVENTS



6th, 13th, 20th, 27th - see golf <u>schedule</u> for course and check-in times



7th - Texas Hold'em; host varies;



7th, 14th, 21st, 28th - Drop-in pickleball; Heritage Park; 8-11am



7th, 21st - Drop-in bowling; FLB Entertainment Center; Folsom; 1-4pm



1st, 8th, 15th, 22nd, 29th - Drop-in bocce Promontory Park EDH; 8am



1st, 8th, 15th, 22nd, 29th - Breakfast & Walking - Denny's Cameron Park; 9:00am



14th - BEC & General Meeting; Cameron Park Country Club



23rd - Best Burger Pursuit; Poor Reds; El Dorado



15th - Wine Tasting Group; TBD



11th-12th; National Bowling Stadium; Reno



30th - Classic Car Group; meet at The Purple Place; 10:30



Mondays and Fridays - e-Biking; various starting locations



28th - Investment Group; 6:00pm; Raley's O-N-E; El Dorado Hills

A LIGHTER MOMENT

Always borrow money from a pessimist. They'll never expect it back.

Refusing to go to the gym is a form of resistance training.

Advice to husbands: Try praising your wife now and then, even if it startles her at first.

Last night my wife was complaining that I never listen to her...or something like that.

Give a man a fish, and he will eat for a day. Teach a man to fish, and he will sit in a boat and drink beer all day.

Some cause happiness wherever they go, others whenever they go.

An elderly man goes to the doctor and says, "Doctor, I'm having trouble with my memory." The doctor asks, "How long have you had this problem?" The man replies, "What problem?"

An elderly couple was sitting on their porch when a fairy appeared and granted them each a wish. The wife wished to travel the world. Poof! She had two tickets for a world cruise. The husband wished for a wife 30 years younger than him. Poof! He was 90.

A father buys a lie detector robot that slaps people when they lie. He decides to test it out at dinner one night. The father asks his son what he did that afternoon. The son says, "I did some homework." The robot slaps the son. The son says, "Ok, Ok, I was at a friend's house watching movies." Dad asks, "What movie did you watch?" Son says, "Toy Story." The robot slaps the son. Son says, "Ok, Ok, we were watching porn." Dad says, "What? At your age I didn't even know what porn was." The robot slaps the father. Mom laughs and says, "Well, he certainly is your son." The robot slaps the mother. Robot for sale...

Member Attendance

To maintain membership, a member is required to attend one-half of the regular Branch monthly luncheon meetings within the previous twelve consecutive month period, unless the Branch BEC has approved different attendance requirements (Policy 25; Bylaw 18).

SIR Non-Responsibility Clause

All activities arranged for, or by, or sponsored by SIR'S Inc. and its branches, are for the convenience and pleasure of the members and their guests who desire to participate. SIR'S Inc. and its branches do not assume any responsibility for the well-being or safety of the participants or their property in matters pertaining to said events or activities.