

GOLD COUNTRY BRANCH 95



SIR is a non-profit organization whose mission is to enhance the lives of our members through fun activities, luncheons and events while making friends for life.

Bulletin 406

September 2023

Kevin King, Editor

BIG SIR | Jay Muzio 650-302-1902



Labor Day traditionally marks the end of summer and soon we will start to notice the subtle changes in nature that signal the end of our very hot weather and the transition into fall with shorter days, lower temperatures and the early stages of our gardens preparing for their winter rest. Then, on September 23rd, fall will “officially” begin. I always look forward to fall, especially here in the foothills. The grape harvest will be starting in a few weeks and there will be lots of activities associated with all manors of fall harvest festivals. September is a time to slow down, take deep breaths, get out into the cooler weather and enjoy the world around us.

Brian Lemley sent me an article from the New York Times, entitled, “[Why Is It So Hard for Men to Make Close Friends?](#)”^{**} by Catherine Pearson. Brian felt that this article was in-sync with the SIR mission of “Making Friends for Life”. I agree and will summarize the article and highlight the associated value of SIR to our members and potential members. In the article, Catherine Pearson explores the challenges many men face in forming deep, meaningful friendships. The article underlines societal expectations and stereotypes that can discourage men from seeking and nurturing close relationships. It also emphasizes the

importance of male friendships for mental health, emotional support and overall well-being.

Pearson discusses the reasons behind this struggle, pointing out that traditional gender roles often discourage men from prioritizing relationships. Men are often expected to be stoic and self-reliant, which can hinder their ability to express their emotions and seek support from others. Additionally, the article highlights the societal pressure on men to prioritize work and career success over personal connections, leaving little time or energy for cultivating friendships.

The article concludes by suggesting ways to overcome these obstacles and foster meaningful connections among men. It encourages men to challenge societal norms, express their emotions authentically and **actively seek out opportunities to bond with others**. By doing so, men break free from the isolation and unfulfilling relationships that are often associated with the difficulty of making close friends.

So, take advantage of your association with SIR. Build friendships, join activities, start new activities, offer support, ask for support, go outside your comfort zone and form the friendships we joined SIR to find.

See **BIG SIR** next page

Gold Country Branch 95 2023 BEC Members- (PBS) denotes Past Big SIR

Big SIR Jay Muzio 650-302-1902	Little SIR Lew Chapman 510-912-5658	Secretary Terry Starkel 916-817-1524	Assistant Secretary Bob Carlson 916-817-1181	Treasurer Oli Bohlman 916-844-4067	Assistant Treasurer Tim Irish (PBS) 916-933-3466
Director at Large David Chighizola 530-558-9336	Director at Large Ken Mahar 650-504-1393	Director at Large Marshall Armstrong 650-438-7802	Director at Large Craig Smith 916-833-8366	Director at Large Bill Yeager (PBS) 916-941-6632	Director at Large OPEN

BIG SIR continued from previous page

Good news fellow SIRs, our Little SIR position has been filled for 2024. Ron Wadsworth has accepted the nomination. Ron is a very busy guy, but he has agreed to become Little SIR next year and Big SIR in 2025. To help him with one of the biggest responsibilities, that of scheduling speakers for our luncheons, Dan Maglionic, a past Big SIR in his previous branch, has stepped up to take on that responsibility. That leaves planning the 2024 annual picnic and holiday party as available opportunities to contribute your time and talent for next year. So let me, Lew Chapman or Ron Wadsworth know if you would like to take the lead in planning one of these two important annual activities.

Our next meeting is Wednesday, September 13th at Cameron Park Country Club. Our speaker will be our own Lew Chapman. Members are invited to attend the BEC meeting at 10:00 a.m. to see what the board does for our Branch and to maybe explore your interest in helping with leadership positions. Your attendance in no way will assume a commitment. Our happy hour starts at 11:00am and our general membership meeting starts at noon. I hope to see you there.

“...the fundamental rule of male friendship - intent was the gesture, but activity was the glue.” ~ Billy Baker, [We Need to Hang Out: A Memoir of Making Friends](#)

* For those interested in the article but unable to open it using the link, contact Kevin at kmking00@gmail.com and he will send you a copy by email.



AL
assistance league
Sierra Foothills

first annual
Fall Fest

September 16, 2023
5pm to 8pm
Shingle Springs
Adults Only

\$35 per person includes dinner bites and music from the Neon Moon Band.

Dessert bites, beer, and wine available for purchase.
Look for the Ducky Dunk!

Limited parking so please try to carpool.
Seats available, but feel free to bring your own lawn chairs.
No outside food or alcohol allowed.

Tickets will be available at SIR’s September meeting (checks and cash only) or online at <https://www.assistanceleague.org/sierra-foothills/fall-fest/>. There’s a limit of 150 tickets to be sold for this event.

General Meeting
Wednesday, September 13, 2023
Buffet lunch \$30 per person

CAMERON PARK COUNTRY CLUB
3201 Royal Drive
Cameron Park, CA 95682

Check-in & social hour
11:00am - 12:00pm

General meeting, lunch & speaker
12:00pm ~ 2:00pm

~ Menu ~
Lasagna, salad,
rolls & butter

September Birthdays



William Douglas	Joe Lampich
Mel Hallett	Simon Martin
Scott Hickey	Richard Willson

September SIR Anniversaries

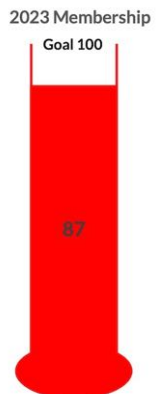
1 year - Marshall Armstrong & Craig Smith
4 years - Ken Mahar
5 years - Bob Davenport
8 years - Tim Irish
20 years - Ed Walsh

Membership

Welcome new members:
Alan Lampe and Patrick Machado-Derdowski

New members this year:
17

Current number of members:
87



LITTLE SIR | Lew Chapman 510-912-5658

Grandkids are back to school already. Doesn't it seem like the summer break for our kids is shorter than ever? We packed in a bunch of fun with them over the 2 months they were off though, I think the highlight being the day on Folsom Lake on the patio boat we rented.

Our speaker at the last luncheon was Deborah Seiler, President of The Renaissance Society of Sacramento (RS). I thought she did a good job of describing to us what the RS is and does. As I mentioned, I am a member and this past week I registered for the Fall Semester. I've currently signed up for about 10 courses/lectures across a broad range of interesting topics from science to history to nature to religion to art. Here is a link to RS's course catalog if you want to take a look at their variety of offerings: <https://online.fliphtml5.com/vlaky/bxkb/#p=1>. I'll report back on my experience.

Our speaker for the luncheon on Wednesday, September 13, 2023 is me! My wife and I were fortunate to take a World Cruise in 2019 on a Viking ocean ship. It was 140 days in mostly the Southern Hemisphere. I have lots of great photos to show you (taken by an amateur so don't expect Ken Maher quality).



I will cover topics like: Why did we do it? Would we do it again? Trip highlights, ship amenities, excursions, life on board, what you do on sea days (of which there were 45), entertainment, educational opportunities, etc. Please join me as I get to relive what we found was a special, once-in-a-lifetime voyage.



Another one bites the dust...the closing of the legendary Golden Gate Fields

SIR Day at the Races
September 25, 2023
Turf Club Buffet \$76 pp noon



Goodbye

Send personal check to:

Lee Moy
127 N. Helm Ave
Clovis, CA 93612



State SIR Sports
leehealthstudio@gmail.com
(559) 709-9851

An outstanding way to enjoy a Ladies Day Luncheon by the Bay; our Ladies Swan Song Farewell Horse Race ever.
"Thanks" for the fond memories.

deadline 9/20/23
\$76 per person

A LIGHTER MOMENT

One day a little girl was sitting and watching her mother do the dishes at the kitchen sink.

She suddenly noticed that her mother had several strands of white hair sticking out in contrast on her brunette head.

She looked at her mother and inquisitively asked, 'Why are some of your hairs white, Mommy?'

Her mother replied, 'Well, every time that you do something wrong and make me cry or unhappy, one of my hairs turns white.'

The little girl thought about this revelation for a while and then said, 'Mommy, how come ALL of grandma's hairs are white?'

For every action there is an equal and opposite reaction, plus a social media overreaction.

The word queue is ironic- it's just a "q" with a bunch of silent letters waiting in a line.

BRANCH HAPPENINGS / SIR COMINGS & GOINGS | Kevin King (PBS) 916-337-9811

Three new members were installed at our August meeting:



Gary Kretschmer was introduced in last month's newsletter.



Alan Lampe attended our July meeting as Lew Chapman's guest. He was a pharmacist and also a pharmaceutical sales rep for Eli Lilly & Company in his previous life. He lives in Folsom with his wife, Marci.



Patrick Machado-Derdowski was a guest of Bob Davenport's at our July meeting. Patrick is Business Owner and Cosmetologist at Synergy Salon and Salon on J in Sacramento. He listed 23 activities from the activities listed on the Membership Application that he has an interest in. I suspect he has many more that weren't on our list. He and his wife, Jeanne, live in El Dorado Hills.



Big SIR, Jay Muzio, installs our three newest members at the August meeting: (left to right) Gary Kretschmer, Alan Lampe and Patrick Machado-Derdowski.

I'm sorry to report that Thor Halseth, who only joined our Branch in February of this year, moved to Texas and has been removed from our membership roll. We're sorry to see him go and wish him well in his business endeavors. Dan Cattone also informed us he is leaving due to conflicting priorities.

It's not too late to sign up for the inaugural Assistance League Sierra Foothills Fall Fest. The Assistance League has invited our Branch to join them at the event on September 16th. Our very own, Brian Lemley and his Neon Moon Band, will be providing the entertainment for this important [Assistance League](http://neonmoon.band/) fundraiser. Visit the band's website <http://neonmoon.band/> to hear a sampling of their music. See the flyer on page 2 for more details about the event.

Also, don't forget SIR Day at the Races September 25th. This has always been a highly anticipated State-wide event. Even more so this year with the previously announced plans to close Golden Gate Fields. Details, including how to register for the event are on the flyer on page 3 of this newsletter. The deadline to sign up is September 20th.

SIR REGIONAL BOCCE TOURNAMENT UPDATE | Dan Cockcroft (PBS)

Dan Cockcroft (team captain), Kevin King, Jay Muzio and Terry Starkel traveled to Penn Valley to play in the latest round of the SIR Regional Summer Bocce Tournament. That tournament also included teams from Branch 37 (Auburn), Branch 55 (Grass Valley) and Branch 98 (Roseville). Branch 23 (Sacramento) had a bye. We came out with two and one loss, giving us a 9-3 record for the tournament. It appears that it's defending champion, Auburn's, tournament to lose. They are just behind us in the standings and will host the final round next month in which we have a bye. Look for final results in next month's newsletter.



- Oregon was the first state to declare Labor Day an official holiday in 1887.
- Labor Day is considered the 'unofficial NFL season kickoff'. 99.44 percent of the time, the NFL plays its first official season opener the Thursday after Labor Day.
- The first Waffle House opened on Labor Day in 1955.

BRANCH 95 GOLF | Terry Starkel, Golf Chairman 916-817-1524



We are getting closer to the Branch 95 Club Championship. It will be held in October this year, in place of our past time of September. A number of the courses are plugging the greens in September and I took a chance that the rainy season will hold off and we can complete the Championship rounds in cooler, dry weather.

You can track where you stand on the qualification list on the Branch website. Everyone can play each round, but only those players qualified by playing the minimum number of ten rounds during the season will compete for the Club Championship. Everyone playing during these rounds will follow the same rules, all putts will need to be putted out.

NCGA is increasing their dues for next year. We will also have an increase in our golf dues. A few years ago, I reduced our dues from \$55 to \$50 for the yearly golf dues. Because NCGA is increasing their dues, I am setting the SIR 95 Golf dues back to \$55 for next year. Note that NCGA will send out a renewal reminder in October. Do not renew with them. I will send out a renewal notice. If you want to continue your SIR 95 golf membership, send your payment to me. NCGA will be me for the SIR 95 Golf memberships and I will pay all of the dues at the same time.

To be an active member of our golf group you must also be an active member of SIR Branch 95. That means you need to pay your yearly dues to Branch 95 and also should be able to meet the minimum number of luncheon attendance guidelines, which is 50% (see bottom of page 9 for the full text of State SIR's Member Attendance requirements). I know there may be times when travel or health prevents you from participating as much as you may like, but please try to be as involved as you are able.

The Gold Country Cup and Marksmen of the Year battles are still going and will continue until the end of the season in December. Both of these are in close contention as we move closer to the end of golf for the year.

Forget about those "how to" books, videos and articles. The only sure way to save strokes is with an eraser.

More golf news can be found on the next page.

SIR Websites
Branch 95: sirinc2.org/branch95/
State SIR: sirinc.org
State SIR Marketing: WeAreSIR.com
SIR Happenings (State SIR newsletters): sirinc.org/newsletters
SIR Merchandise: sir.ourproshop.com

State SIR Officials

State President Dave Gonzales (Br98 - Rocklin) 916-587-3538	Area 3 Representative Jim Gragg (Br98 - Rocklin) 916-708-5154
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SAND TRAPS Terry Starkel, Golf Chairman 916-817-1524

Golf Director (Mather)
Dennis Petersen 916-817-1149

Golf Director (Wildhawk)
Ron Wadsworth 916-417-1484

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SIR Branch 95 Results 2023 Tournaments

August 1st - Empire Ranch
1st - Craig Smith
2nd - Ron Wadsworth
3rd - Bob Carlson
4th - Don Nicholson
Closest to the pin - Bob Carlson

August 8th - Mather
1st - Dan Maglionico
2nd - Peter Apel
3rd - Terry Starkel
4th - Dennis Petersen
Closest to the pin - Dan Maglionico

August 15th - Wildhawk
1st - Rick Willson
2nd - Ron Wadsworth
3rd - Jay Muzio
Closest to the pin - Tim Irish

August 22nd - Ancil Hoffman
1st - Rick Willson
2nd - Dan Maglionico
3rd - Marshall Armstrong
Closest to the pin - Al Gurevich

See Gold Country Cup and Marksman of the Year leaderboards, current qualifiers for this year's Club Championship and other golf news on the Branch 95 [Golf page](#).

SIR STATE TEAM CHAMPIONSHIP | Ron Wadsworth

"I Just Can't Generate the Power I could when I was Young!"



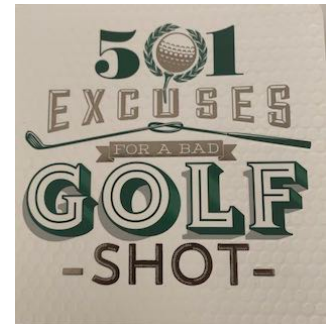
The above quote is certain to have been uttered by many of us golfers during a challenging round of golf. And it was something we heard variations of all day when we (left to right: Mark Thompson, Rick Willson, Ron Wadsworth and Chad Barrow) stepped foot on the Alister MacKenzie course at Haggin Oaks last month to represent SIR Branch 95.

This was the sight of the 2023 SIR State Team Championship. 55 teams, consisting of 220 golfers, signed up, requiring two days for all teams to complete one round of scramble format (each player hits a drive and then we each continuously go hit the best of each shot thereafter). As luck

would have it, we drew an 11:36 tee time when the temperatures hit 97 degrees with 40% humidity. So we loaded up with cold liquids and headed off.

I (Ron) assumed we'd have lots of excuses (after all it's golf!), so I brought along the little book "501 Excuses for a Bad Golf Shot", and we chuckled at each hole when reading it. (The title of this article is excuse number 226).

When you start off a scramble tournament one over par after three holes, like we did, it's never a good sign. But this team had grit and perseverance (and lots of excuses at our fingertips!) and we slowly began mixing in some birdies, including on three of the last four holes, to finish with a respectable score of 67. Because the scoring system used in this tournament also used an average of the team handicap for 50% of the weighting, our total net was 58.88, low enough for a top five finish!



All in all the team had a great time, and it's definitely something we'd do again!

2023 SIR STATE INDIVIDUAL CHAMPIONSHIP

Are you among the best SIR golfers? SIR State Golf is holding it's 2023 SIR State Individual Championship Thursday, October 5th at The Reserve Golf Club near Stockton. This event will use the same format as in prior years. There will be seven flights established by handicap index. Each flight will compete (Medal Play) to determine the winner of their flight who will then be awarded a commemorative jacket as 2023 Champion of their flight. There will also be a tournament prize fund with prizes awarded for the best net rounds of the day. Entry fee for this tournament is \$80 which includes golf, cart, range balls and prize fund.

See the flyer to the right for more details. To register, go to the SIR State Golf website at www.sirgolf.org. There are 112 tee times available for this tournament. As of 8/27, 60 of those spots had been taken.

2023 SIR STATE INDIVIDUAL CHAMPIONSHIP
"FINALS" - THURSDAY OCTOBER 5TH

"THE RESERVE GC" AT SPANOS PARK - NEAR STOCKTON

THIS EVENT IS OPEN TO ALL SIR GOLFERS WITH A NCGA INDEX, LIMITED TO 112 GOLFERS TO ENTER, WAITING LIST WILL BE ESTABLISHED ONCE 112 ENTRIES RECEIVED

7 FLIGHTS, MEDAL PLAY, TOP GOLFER IN EACH FLIGHT WINS A COMMEMORATIVE JACKET AS FLIGHT WINNER

1ST TIMES 7:30AM, PAIRINGS PROVIDED 1 WEEK BEFORE EVENT, CHECK IN 30 MINS BEFORE TEE TIME

FOOD AND DRINK AVAILABLE BEFORE AND AFTER YOUR ROUND AT THE "ACCENTS BAR AND GRILL"



THIS YEAR'S INDIVIDUAL CHAMPIONSHIP "FINALS" WILL BE AT PLAYED AT "THE RESERVE" GOLF COURSE LOCATED JUST OUTSIDE STOCKTON. THIS COURSE IS KNOWN FOR IT'S GREENS, WATER AND WINDY DAYS



SUGGESTED HOTEL ACCOMMODATIONS IF STAYING OVERNIGHT

BEST WESTERN HERITAGE INN, STOCKTON - 2 STARS
209 474-3301

COURTYARD BY MARRIOTT, STOCKTON - 3 STARS
209 472-9700

UNIVERSITY PLAZA WATERFRONT, STOCKTON - 3 STARS
209 944-1140



TOURNAMENT RESULTS WILL BE POSTED BY WEDNESDAY OCTOBER 12TH ON THE STATE GOLF WEBSITE AT WWW.SIRGOLF.ORG

DRIVING DIRECTIONS TO "THE RESERVE" GOLF COURSE:

FROM THE EAST: I-80 THROUGH SACRAMENTO, TAKE I-5 SOUTH TOWARDS STOCKTON, EXIT 8 MILE RD, TURN RIGHT ONTO 8 MILE RD, RIGHT AT SPANOS PK

FROM THE WEST: VARIOUS TRAVEL OPTIONS AVAILABLE, TAKE HIGHWAY 580 TO 205, OR HIGHWAY 80 TO 12, DIRECT HIGHWAY 12 OR HIGHWAY 4

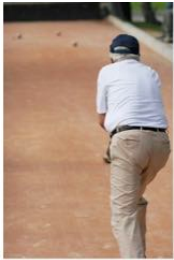
FROM THE SOUTH: I-5 NORTH TOWARDS SACRAMENTO, OUTSIDE STOCKTON TAKE 8 MILE ROAD EXIT, GO OVER FREEWAY ON 8 MILE, RIGHT AT SPANOS PARK

FROM THE NORTH: I-5 SOUTH TOWARDS LOS ANGELES, TAKE 8 MILE ROAD EXIT, RIGHT ONTO 8 MILE ROAD, RIGHT AT SPANOS PARK

CALL PRO SHOP FOR PRACTICE ROUND INFORMATION (Mon-Fri)
916 808-2525

MORE INFORMATION AT WWW.SIRGOLF.ORG OR CALL MARK STUART - 916 218-2287

BOCCE | Oli Bohlman 916-844-4067



Bocce is easy to learn and lots of fun. No experience needed. We play Thursday mornings at 9am at Promontory Park. Couples are welcome. Give me a call or email me at obohlman@sbcglobal.net for more information. Just drop in sometime if you want to play.

PICKLEBALL | Dan Cockcroft (PBS) 408-781-0714



Beginning Friday, September 8, Branch 95 will have a weekly drop-in pickleball session on Friday's from 3-6 pm at Heritage Park in El Dorado Hills.

This group is just forming and if you want to be placed on the email interest list, contact Lew Chapman or Dan Cockcroft. We will send out a reminder early each week to confirm play time.

Other courts in the area (not SIR-sponsored) where you'll occasionally find our members playing include:

- EDH Community Services District gym (indoor; Tu & Th 9am; play resumes 9/12)
- Cameron Park Community Services District Gym
- Andy Morin Sports Complex (Folsom; indoor)
- Lembi Park (Folsom; outdoor)
- Heritage Village Park (EDH; outdoor)
- Cameron Park Lake is closed indefinitely

BREAKFAST & WALKING |

Norman Orrick 916-709-1693



Come join us every Thursday morning for breakfast and discuss the day's events; come up with the solution to all the world's problems; or maybe just BS. Afterwards, we go on an easy walk. As of now, we are meeting at Denny's 3446 Coach Lane, Cameron Park at 8:00am. Send me an email at Znorte@gmail.com if

you're interested and I will send you a weekly reminder the day before.

E-BIKING | Ken Mahar 650-504-1393



We are still looking for e-bike riders to ride on Mondays and Fridays beginning at 9am from various starting locations.

I'll put out an evite to interested members a few days before each ride so you can sign up. Simply reply "YES" or "NO". It's as easy as that.

We generally cover about 20 miles which is a snap on an e-bike. Our rides take about an hour and a half with a break in between. There's a lot to see on the trails, wildlife abound. Join us and get in on the fun. In order to get regular updates about upcoming rides, give me a call or email me at kmahar@comcast.net to be put on the list.

TEXAS HOLD'EM | Ken Mahar 650-504-1393



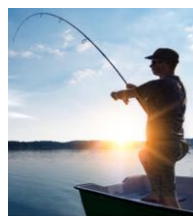
Poker players are still needed to fill the table on the first Wednesday of every month.

The game is Texas Hold'em and is a lot of fun to play. A \$20 buy-in and you're good to go.

We would like to have several additional players to cover open chairs when a player cannot make it. We've set the maximum number of players at a table at 8.

More information about Texas Hold'em rules and strategy can be found at <https://www.pokerzone.com/rules/texas-holdem/>. If this sounds like something that you might be interested in, please give me a call or email

FISHING | Dan Maglionico 916-719-6821



A number of our members enjoy fishing. However, there hasn't been any activity to report in recent months. Let's see if we can jumpstart this activity perhaps by participating with another branch.

Do you have a hobby or interest in another activity that you think other members would enjoy? Contact Jay or another BEC member and let them know.

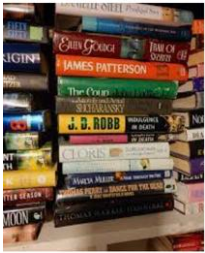
WINE TASTING | Jay Muzio, Big SIR 650-302-1902



Three members and spouses joined Marshall & Elaine Armstrong at their home in El Dorado Hills for the August wine tasting event. The wine featured this month was Chianti. Appetizers from each couple were made available, as was the main dish of BBQ ribs, chicken, and sausages. Unfortunately, the Armstrong’s BBQ did not cooperate (enough said), and although George Alboff did his best to assist, the damage was done. Fortunately, the wine and the appetizers/salad were terrific, as was the lively conversation that made for an enjoyable evening.

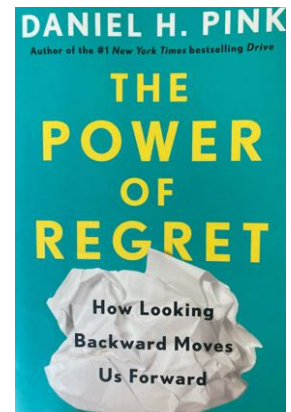
As the evening progressed and more wine was sampled, it became somewhat more difficult to choose a favorite: however, it was determined by popular vote that George and Micki Alboff’s a “2020 Chianti Classico (DOCG) Riserva from Santa Margherita” at \$25.00 was considered the best of class.

BOOK EXCHANGE | Lew Chapman 510-912-5658



As I write this, the book from my August article, *Indigenous Continent* is still on my nightstand, and I am getting through it. I promise to put it into the exchange when I finish it. In the meantime, I keep lucking out finding good books. The book I just finished is from my Financial Planner at JP Morgan who gifted it as part of their summer reading list. It’s a bit of a self-help book, which I stopped reading long-ago when I realized it was a lost cause.

I must admit, the title put me off a bit and I had it sitting around for a while before I picked it up and read the dust cover. After I read the first chapter I was hooked, it’s a very compelling and fast read. For this type of book, it was really easy to digest and internalize. I have decided to give self-help another chance.



The book is called *The Power of Regret*, by Daniel Pink. Its subtitle is “How Looking Backward Moves Us Forward”. You have heard the expression, No Regrets, right? People proclaim it as a philosophy of life. But Pink says that is nonsense, even dangerous. Everybody has regrets, they are a fundamental part of our lives, and if we reckon with them in a fresh manner, we can make smarter decisions, perform better and work and school, and deepen our sense of meaning and purpose.

THE DEEP STRUCTURE OF REGRET		
	What it sounds like	The human need it reveals
Foundation	If only I'd done the work.	Stability
Boldness	If only I'd taken the risk.	Growth
Moral	If only I'd done the right thing.	Goodness
Connection	If only I'd reached out.	Love

He describes that regret can be categorized into four types. The table to the left briefly describes them and the human need it reveals. The first one, **Foundation** regret refers to a sturdy foundation of material, physical, and mental well-being-- do the work. The second, **Boldness** regret refers to exploring and growing by pursuing novelty and being bold--taking a risk. The third, **Moral** regret is to be good people--do the right thing. The fourth, **Connection** regret, is based on establishing love--if only we reached out.

I’m glad I read this book. I’ll put it into the Book Exchange for our upcoming meeting on Wednesday, October 4. And, remember the benefits of the SIR Branch 95 Book Exchange: no cost, no library cards, no late notices, no fines.

SEPTEMBER ACTIVITIES & EVENTS



7th, 14th, 21st, 28th - Drop-in bocce
Promontory Park EDH; 9am



5th - Diamond Oaks
12th - Mather
19th - Wildhawk
26th - Diamond Oaks



13th - BEC & General Meeting
Cameron Park Country Club



21st - Wine Tasting; host varies;
different varietal each month



11th - 12th Home Grown Bowl;
Carson City, NV
26th Bowlero Brentwood; Brentwood
To apply, see the link in the Bowling
section



7th, 14th, 21st, 28th - Breakfast &
Walking - Denny's Cameron Park; 8am



6th - Texas Hold'em; host varies;
6:30pm



Mondays and Fridays - e-Biking;
various starting locations



8th, 15th, 22nd, 29th - Drop-in
pickleball; Heritage Park; 3-6pm

BOWLING | Ray DiBasilio 530-558-9727



Hot August Nights in Reno ended the night before our SIR bowlers came rolling into town. It is always fun to see classic cars still on the streets when Cindy and I arrived prior to the tournament. I am

pleased to report the Branch 113-hosted tournament at the National Bowling Stadium had a thirty percent increase in participation over last year's numbers. 195 bowlers competed over the three days on what many said was a tough oil pattern (Easy Street). Here's what Kegel has to say about the pattern:



EASY STREET - 7938 Because of the medium distance of this pattern, it is favorable to many different styles and ball choices. Bowlers with higher rev rates can easily swing the ball and bowlers with lower rev rates can play more direct. This pattern is just like walking down EASY STREET with no worries on a nice summer day.

Upcoming tournaments

Sept. 11-12	Home Grown Bowl	Carson City, NV
Sept. 26	Bowlero Brentwood	Brentwood
Oct. 17-18	Fireside Lanes	Citrus Heights
Nov. 2-3	McHenry Bowl	Modesto

Applications and results of all tournaments are available online:

<http://www.sirinc3.org/sirBowling/index.html>.

Striking up Friendships



Member Attendance

To maintain membership, a member is required to attend one-half of the regular Branch monthly luncheon meetings within the previous twelve consecutive month period, unless the Branch BEC has approved different attendance requirements (Policy 25; Bylaw 18).

SIR Non-Responsibility Clause

All activities arranged for, or by, or sponsored by SIR'S Inc. and its branches, are for the convenience and pleasure of the members and their guests who desire to participate. SIR'S Inc. and its branches do not assume any responsibility for the well-being or safety of the participants or their property in matters pertaining to said events or activities.