

GOLD COUNTRY BRANCH 95



SIR is a non-profit organization whose mission is to enhance the lives of our members through fun activities, luncheons and events while making friends for life.

Bulletin 404

July 2023

Kevin King, Editor

BIG SIR | Jay Muzio 650-302-1902



Well, here we are in July of 2023. I hope everyone had a safe and sane Fourth of July with family and friends. We are fortunate that public celebrations and fireworks are back, and we all feel comfortable attending group gatherings. Just two short years ago most Fourth of July celebrations and fireworks displays were canceled because of Covid. In July of 2021, we were just getting back to in-person meetings. We were searching for a new place to meet as Empire Ranch was not fully operational and our planned move to Cold Springs Country Club fell through at the last minute. Serendipitously, we decided to ask the nice people at Cameron Park Country Club about the possibility of having our monthly meetings there. The food services manager, Jeff Adelman, welcomed us in and has been taking excellent care of us ever since. We have certainly evolved pleasantly to regular in-person meetings at an outstanding venue during these two years.

Speaking of unexpected changes, our Little SIR elect, Craig Smith, is going to be moving back east after his house sells this summer. This leaves us with a need to fill this position before September 1st when our Form 20 - Branch leadership list of proposed officers for 2024 is due to be submitted to State SIR. The Little

SIR arranges the speaker each month and plans the two annual events - the Annual Picnic and the Annual Holiday dinner. Traditionally, the Little SIR then advances to the Big SIR position in the following year. This sounds like a big responsibility, and it is, but there is plenty of help from the members on the board including Past Big SIRs and Past Little SIRs that are always willing to help and advise.

There are additional positions we need to fill prior to that September 1st deadline. Here is how we stand for our 2024 leadership positions:

- | | |
|---------------------|-------------------|
| • Big SIR | Lew Chapman |
| • Little SIR | Open |
| • Secretary | Terry Starkel |
| • Asst. Secretary | Bob Carlson |
| • Treasurer | Oli Bohlman |
| • Asst. Treasurer | Tim Irish |
| • Director-at-large | Jay Muzio |
| • Director-at-large | Ken Mahar |
| • Director-at-large | Marshal Armstrong |
| • Director-at-large | Dave Chighizola |
| • Director-at-large | Open |
| • Director-at-large | Open |

See **BIG SIR** next page

Gold Country Branch 95 2023 BEC Members- (PBS) denotes Past Big SIR

Big SIR Jay Muzio 650-302-1902	Little SIR Lew Chapman 510-912-5658	Secretary Terry Starkel 916-817-1524	Assistant Secretary Bob Carlson 916-817-1181	Treasurer Oli Bohlman 916-844-4067	Assistant Treasurer Tim Irish (PBS) 916-933-3466
Director at Large David Chighizola 530-558-9336	Director at Large Ken Mahar 650-504-1393	Director at Large Marshall Armstrong 650-438-7802	Director at Large Craig Smith 916-833-8366	Director at Large OPEN	Director at Large OPEN

BIG SIR continued from previous page

Other key branch positions include:

- Webmaster Kevin King
- Newsletter editor Kevin King
- Membership Chair Dave Chighizola
- Publicity and Image George Alboff
- Activities Chair Open
- Member Relations Chair Open
- Nominating Committee Chair Open

As you can see, we have a strong group of members that are dedicated to assuring that our branch survives and flourishes, but you can also see that we have some gaping holes yet to be filled in the next two months. Please consider accepting a position when you are asked. Or, think outside the box, and find someone who is willing to co-chair a position with you.

At the July 12th BEC Meeting, we will dedicate time to discussing open positions and the responsibilities associated with those positions. If you would like to see what goes on at a typical BEC meeting and hear more about the above open positions, please feel free to attend. Your attendance in no way will assume a commitment. The BEC meeting starts at 10:00am on the same day as the General Membership meeting and runs for about an hour. Our Social Hour starts at 11:00am and is followed by the luncheon meeting at 12:00noon.

I want to give a special thanks to Lew Chapman for his hard work in producing this year’s Annual Picnic. The weather was perfect, the food was excellent, the games were fun with good participation, there were many creative prizes and everyone had an exciting time. If you missed the picnic this year, be sure to save the date for next year, because it just gets better and better every year.

I also want to thank all the members that participate in our activities including our monthly luncheon meetings. We commend you all for your commitment to our SIR Branch 95 and count on you to continue to support the branch in any capacity for which you feel capable.

“There is no higher religion than human service. To work for the common good is the greatest creed.” ~ Woodrow Wilson



General Meeting
Wednesday, July 12, 2023
 Buffet lunch \$30 per person

CAMERON PARK COUNTRY CLUB
 3201 Royal Drive
 Cameron Park, CA 95682

Check-in & social hour
 11:00am - 12:00pm

General meeting, lunch & speaker
 12:00pm ~ 2:00pm

~ Menu ~

Beef Stroganoff w/ egg noodles
 veggies and salad
 Rolls & butter

July Birthdays

Al Gurevich
 Ken McCoy
 Arlo Miller
 Terry Wild



July SIR Anniversaries

- 1 year: Ed Bowman; Ray DiBasilio; Ron Wadsworth
- 2 years: Mike Wilke
- 4 years: Ed Ricci
- 9 years: Rich Turoff
- 12 years: Bob Birgbauer
- 16 years: Joe Lampich

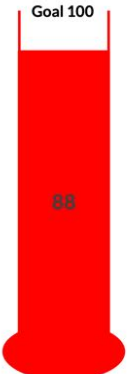
Membership

Welcome new member:
Scott Hickey

New members this
year: 14

Current number of
members: 88

2023 Membership
Goal 100



LITTLE SIR | Lew Chapman 510-912-5658

Many of you and your spouses and significant others enjoyed the Annual SIR Branch 95 Picnic at Promontory Park on June 14, Flag Day. Thanks for a great turnout--our final count was 75 members and guests.



We had the food catered by Back Forty BBQ, and by all accounts the food was good and plentiful. The activities were popular, and we gave away lots of nice prizes. They included \$50 Top Golf Gift Cards, \$25 Sees Candy Gift Cards, two SIR baseball caps, 10 SIR logo coffee cups to the Trivial Pursuit winning table, bottles of wine (thanks for the donations Jay), golf balls, pickle balls and other good stuff. More photos are available on our website at [picnic photos](#).



Our monthly luncheon meetings will resume at Cameron Park Country Club on Wednesday, July 12th. Our speaker will be Bonnie Rea, and she will speak about [understanding Alzheimer's and Dementia](#).

Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, stages and risk factors, current research and treatments available for some symptoms, and Alzheimer's Association resources.

Bonnie Rea, MSW is a Family Care Specialist with the Alzheimer's Association. The Alzheimer's Association is the leading, global voluntary health organization in Alzheimer's care and support, and the largest private, nonprofit funder of Alzheimer's research. Bonnie provides direct services to individuals and families affected with mild cognitive impairment, Alzheimer's disease and other dementias. She conducts education workshops, facilitates support groups, provides care consultation, oversees early stage programs, and leads outreach and community engagement efforts to the diverse communities in the greater Sacramento region.

BRANCH HAPPENINGS / SIR COMINGS & GOINGS | Kevin King (PBS) 916-337-9811

Thanks to Ken Mahar for allowing us to use one of his photographs for our newsletter banner. I had requested a photo depicting the area in which we live. I think this captures it pretty well. Thanks, Ken!

Please welcome our newest member, Scott Hickey. Member Richard Mohr told Scott about our branch and our golf group and invited him to play in one of our golf tournaments. Scott contacted our Golf Chairman, Terry Starkel, and Terry directed him to our website and provided additional information. Scott subsequently joined SIR and the golf group. Scott worked in metal finishing/anodizing for Aluminum Coating Technologies, Inc. in Sacramento. He lists fishing, gardening, golf and woodworking among his interests. He and his wife Debbie live in Folsom. Unfortunately, a picture was not available at press time.

As you are aware from my email last month, former member Bob Bartlett passed away unexpectedly around Father's Day. There are no other details about his death or any planned memorials at this time.

It's exciting to note that our Branch has attracted 14 new members so far this year - which suggests our goal of reaching 100 members by the end of the year is reasonable and within reach. However, to keep things in perspective, our current 88 members is one member shy of where we started the year. On average through the first half of the year, approximately 47 members (53%) attend our monthly lunch meetings in spite of State SIR's Member Attendance policy (see bottom of page 8). 38 members (43%) attended the picnic. Even though the Branch offers more activities than ever before, participation in them is declining or non-existent. Volunteerism, a perennial issue, unsurprisingly continues to be a major challenge. This is your organization. Speak up and let BEC members know what's working and what areas can be improved to attract and retain members. The continued health and viability of the Branch depends on your active participation in what the Branch has to offer and by letting your voice be heard.

RANDOM THOUGHTS AS I AGE...

Last year I joined a support group for procrastinators. We haven't met yet!

I don't need anger management. I need people to stop pissing me off!

Old age is coming at a really bad time!

My people skills are just fine. It's my tolerance of idiots that needs work.

I'm going to retire and live off of my savings. Not sure what I'll do the second week.

Why do I have to press one for English when you're just gonna transfer me to someone I can't understand anyway?



I thought growing old would take longer.

ON THE LIGHTER SIDE

A sign...

...in a shoe repair store: We will heel you. We will save your sole. We will even dye for you.

...at an Optometrist's office: If you don't see what you're looking for, you've come to the right place.

...on a plumber's truck: We repair what your husband fixed.

...at a car dealership: The best way to get back on your feet - miss a car payment.

...in a radiator shop: Best place in town to take a leak.

...on a septic tank truck: Yesterday's Meals on Wheels.

...on the door of the Obstetrician's office: PUSH PUSH PUSH

...on an electrician's truck: Let us remove your shorts.

MEMBERS CORNER | George Alboff

The Primitive Appeal of Golf

By Mark Naida

I have a hunch that deep in their hearts most golfers don't like the sport very much. It's a game of incredible highs—holing one out from a bunker produces a euphoria rare in adult life—but mostly drudgery. Unless you're good, which most players aren't, you spend at least a fifth of each round wondering where your tee shot went or wandering around behind the green staring at the ground because you muscled a shot way past the pin.

Despite the boredom, golf scratches an itch for many people. They budget for new clubs and green fees. They daydream about playing a quick nine after work. They call on Monday to set up their Saturday-morning tee time, assuring their spouses that

they will be back in time for lunch, though the odds of that are vanishingly small, especially given that a fivesome of newbies will inevitably tee off right before and gum up the whole course.

Few sports require working with the land to achieve a goal.

All this to play a game that leaves players feeling a little hollow, because unless there is money on the line, they're really playing against themselves. Almost every golfer I ask admits his handicap is too low and he hardly ever shoots that well.

The constant longing for improvement, for a perfect swing that sends the ball arc-

ing just past the pin with a little backspin like on the Golf Channel, is certainly an appealing part of the game. But I think it's often a secondary reason why people sacrifice so much for the game. When else do you get to walk around in a beautifully manicured place with a task to accomplish? Sure, you could go for a long walk through a park, but odds are your neighborhood park isn't conducive to a 6-mile walk—the average distance traveled during a round of golf by those who eschew carts. And what are you supposed to focus on during that walk anyway?

Golf's appeal is that it forces players to interact with a landscape in a way few other sports do. Most sports are played either indoors on hard floors or on prepared ground. On a rolling course

you may have to contend with pine straw, inconveniently placed trees, tall rough, a deep sand trap or a fast green. A big part of the game is examining the ground, judging the weather, and working with the environment to achieve a goal. Farmers do this all the time, but most of us don't, and there is something in the Neolithic parts of our brains that craves this experience.

I have young kids, so I'm not hitting the links regularly. But every time I'm out wondering and wandering around a course playing mediocre golf, I think what a joy it is to be outside, in an empty, well-tended landscape, with something to do.

Mr. Naida is an assistant editorial features editor at the Journal.

BRANCH 95 GOLF | Terry Starkel, Golf Chairman

916-817-1524



I would like to begin with a couple of comments about our golf group. We have some players that have not been able to play recently and I would like to see them return to being active in the golf group when able. We miss you when you stop playing, but hope you are able to rejoin us soon. If you haven't played for a while and feel

you are able to rejoin us, please do so, by signing up for the tournaments.

If you are playing in the last group, please bring your scorecard and closest to the pin information in before taking your clubs to your car. That way we can start checking the scores and going through any ties that can take some additional time.

Welcome to Scott Hickey, our newest member. To all of the members that have joined us in recent months, please let me know if you have questions or concerns about how we do things. A reminder that the tournament director of each SIR tournament enters the scores into the NCGA website after correcting for double-bogey plus handicap.

Finally, I am including a brief history of a golf term that you may find interesting - courtesy of Bob Burdt.

Why is a birdie called a birdie? On a windy winter day in December 1903, Abner Smith of Philadelphia teed it up on the 12th hole at Atlantic City Country Club. His tee shot landed in the fairway like any other ball, but it was his next shot from the fairway that would make history. It landed on the green just inches from the hole allowing an easy putt and one under par score. It was such a fine shot that someone in the group shouted, "That was a bird of a shot!" Back in the day, the term "bird" was used to describe something outstanding or incredible. "Bird of a shot" was transformed into "birdie" to describe a one under score and the rest is history. Visitors to Atlantic City Country Club learned of the term and it spread around the world.

For information about two upcoming SIR-wide golf tournaments, click on the following links to view and printout the flyers.

[Reno Tournament](#) [State Team Championship](#)

Additional details and registration forms are posted on the State Golf website at sirgolf.org.

SIR Websites
 Branch 95: sirinc2.org/branch95/
 State SIR: sirinc.org
 State SIR Marketing: WeAreSIR.com
 SIR Happenings (State SIR newsletters):
sirinc.org/newsletters
 SIR Merchandise: sir.ourproshop.com

SAND TRAPS**Terry Starkel, Golf Chairman**

916-817-1524

Golf Director (Mather)
 Dennis Petersen 916-817-1149

Golf Director (Wildhawk)
 Ron Wadsworth 916-417-1484

#####

**SIR Branch 95 Results
2023 Tournaments**

June 6th - Empire Ranch
 1st - Terry Starkel
 2nd - Rick Willson
 3rd - Bob Carlson
 4th - Ron Wadsworth
 Closest to the pin - Randy Hood

June 13th - Mather
 1st - Dennis Petersen
 2nd - Chad Barrow
 3rd - Al Gurevich
 4th - Bob Carlson
 Closest to the pin - Terry Starkel

June 20th - Wildhawk
 1st - Tim Irish
 2nd - Rick Willson
 3rd - Ron Wadsworth
 4th - Dan Link
 Closest to the pin - Alan Bowles

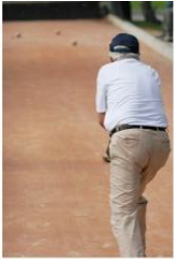
June 27th - Empire Ranch
 1st - Terry Starkel
 2nd - Craig Smith
 3rd - Alan Bowles
 4th - Steve Crane
 Closest to the pin - Joe Faulds (guest)

Check out the leaderboards and Club Championship qualifiers on our Branch's [golf webpage](#).

State SIR Officials

State President
 Dave Gonzales (Br98 - Rocklin)
 916-587-3538

Area 3 Representative
 Jim Gragg (Br98 - Rocklin)
 916-708-5154

BOCCE | Oli Bohlman 916-844-4067

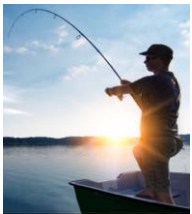
NOTE NEW TIME: Drop-In bocce is lots of fun. No experience needed. Join us if you can on Thursday mornings at **9am** at Promontory Park. Couples are welcome. Contact me at obohlman@sbcglobal.net or 916-844-4067 or just show up!

PICKLEBALL | Dan Cockcroft (PBS)

408-781-0714

Drop-in play on local courts where you'll often find a few members playing. Call ahead for hours and fees.

- EDH Community Services District gym (play resumes 9/12)
- Cameron Park Lake (outdoor)
- Cameron Park Community Services District Gym
- Andy Morin Sports Complex (Folsom)
- Lembi Park (Folsom; outdoor)
- Heritage Village Park (EDH; outdoor)

**FISHING | Dan Maglionico 916-719-6821**

Nothing reported this month. For more information about the group, contact Dan at the above number.

E-BIKING | Rich Christensen 916-817-1838

Nothing reported this month. For more information about the group, contact Rich at the above number or Ken Mahar at 650-504-1393.

A woman was involved in an automobile accident. She told the investigating officer that the man was texting and drinking a beer. The officer said, "Ma'am, he can do pretty much anything he wants in his own living room."

BREAKFAST & WALKING |

Norman Orrick 916-709-1693



We meet every Thursday at 9:00am at a local restaurant followed by an easy walk in a nearby area. Recent walks have been along portions of the El Dorado Trail and around Cameron Park Lake. For more information, contact Norman Orrick at 7norte@gmail.com or 916-709-1693. I hope you'll join us for a healthy dose of breakfast, conversation and exercise.

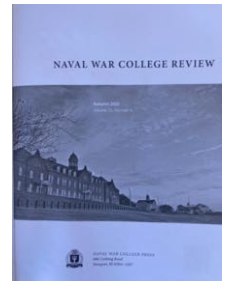
BOOK EXCHANGE |

Lew Chapman 510-912-5658



Interesting, educational, *disturbing!* This month I'll describe a book to you which was given to me by my brother, Michael Chapman, M.D. Some of you may remember he presented to us in January about his career in Orthopaedics and the development of Trauma Care. As you might recall, after his residency he joined the Army

Medical Corps. As a Major and with *major* connections, he somehow started being invited to the Annual Naval War College Conference. Subsequently, he has been a recipient of the Quarterly Naval War College Review. The Naval War College Review was established in 1948 as a forum for discussion of public policy matters of interest to the maritime services. Given the unsettledness in the world and the invasion of Ukraine by Russia, the Autumn 2022 review provides an in-depth analysis of that conflict and the geopolitical tension and relationship intricacies which have evolved between the U.S., Russia and China. The Russo-Ukrainian war persists and continues to evolve along various dimensions.



I will put this edition in the Book Exchange in case someone would also like to read it. But, please be sitting down and rested and not distracted, it's a very challenging read with lots of big and technical words and acronyms I have never heard. You may also wish to have a glass of Jack to sip to get you through it.

So, remember the benefits of the SIR Branch 95 Book Exchange: no cost, no library cards, no late notices, no fines.

WINE TASTING | Jay Muzio, Big SIR 650-302-1902



Provided by Hugh Thompson for Jay Muzio

Branch 95 June Wine Tasting opened with warm greetings and a taste of sparkling wine from Hugh and Faye Thompson. A good group gathered with immediate conversation and laughter which started with outdoors seating in the shade as the Syrah was featured as the selected wine this month. This wine is known to pair well with spiced foods.

While two wines were voted as best and runner-up, the group said more than once all the Syrah wines were very good and were all in the \$20 range! The Syrah was noted to be a lighter red wine with interesting side notes of flavor and aroma. Selected as best was a Syrah from Three Way Vineyard in Paso Robles and the runner-up was a Syrah from Gwinllan Estate Winery in Somerset.



Mexican spiced finger foods were paired with these wines to be fully experienced and appeared to be enjoyed by all, including food items like flowering tacos, deep fried chicken tacos, carne asada, charcuterie, sweet Mexican cake, sugar cookies and churros. The group enjoyed indoor and outdoor walking, sitting, tasting and snacking as fun since all were able to talk with all those attending.



We moved this June tasting out a week from the normal 3rd Thursday of the month due to our June Branch Picnic. Let's see what July brings for our wine tasting group. Please feel welcome to join us on July 20th. Attendees bring the selected bottle of wine, a suggested food item and \$5 per person prize money for the best wines based on a blind tasting. If you have not already joined the wine tasting group and would like to join, contact Jay Muzio at jaymuzio@gmail.com.

BRANCH WEBSITE

In addition to serving as a resource to our members, our Branch website (sirinc2.org/branch95/) serves as a marketing tool to attract new members. It's often shapes a prospective member's first impression of SIR and our Branch, in particular, by allowing a prospect to picture how they might fit in to our organization. Keeping the website fresh and up-to-date is the webmaster's role. But the webmaster relies on BEC members, committee chairmen and other members to keep the information, photos, etc. current. Send whatever content, photos and other ideas you have that will enhance our web presence to kmking00@gmail.com. And, be sure to direct prospective members to our website. There are several links and a form on the website that will connect the prospective member directly with our Membership Chairman. For members, don't forget to explore the resources available on the *Members Only* page.

Make friends for life.

SIR Gold Country Branch 95

[Home](#)
[About Us](#)
[Branch Calendar](#)
[Newsletters](#)
[Activities](#)
[Members Only](#)
[Join Us](#)
[Contact Us](#)
[State SIR](#)

Members Only

Accessing documents on this page requires a username and password. If you've misplaced your login credentials, contact the SIR Branch 95 webmaster, Kevin King, at 916-337-9811.

[Membership List](#)

[Branch directory \(last updated 5/17/2023\)](#)

[Branch Executive Committee \(BEC\) Documents](#)

Board documents including monthly financial and membership reports required by State SIR. BEC Agendas will be posted, if available, prior to the meeting. Other documents will be posted following the BEC meeting in which they are approved by the BEC. Due to our annual picnic and holiday dinner, there is no BEC meeting in June or December.

> BEC Agendas

> BEC Minutes

> Financials

> Membership

JULY ACTIVITIES & EVENTS



6th, 13th, 20th, 27th -
Drop-in bocce - Promontory Park



4th - 4th of July; no golf
11th - Mather
18th - Wildhawk
25th - Bing Maloney



12th - BEC & General Meeting
Cameron Park Country Club



20th - Wine Tasting



6th & 7th - Foothills Bowl; Auburn
25th & 26th Clayton Valley Bowl;
Concord – to apply, see the link in
the Bowling section



6th, 13th, 20th, 27th - Breakfast &
Walking - various locations

Do you have a hobby or interest in another activity that you think other members would enjoy? Contact Jay or another BEC member and let them know. If there's enough member interest and someone that's willing to coordinate the group, the BEC will approve it as a Branch-sponsored activity. Note that State SIR requires all Branch activities to be approved by the BEC for insurance purposes.

BOWLING | Ray DiBasilio 530-558-9727



Two more tournaments are in the record books. June was a busy month for the SIR State Bowling Committee. On June 8-9, we held a Branch 113-sponsored tournament at Gold Country Lanes in Sutter Creek. Several local members joined bowlers from surrounding branches for the two days of friendly competition. Although no one could boast a 300 game, there were quite a few good scores. Next, we headed to Dublin on June 19-20 for Branch 59's tournament at Earl Anthony's Dublin Bowl. Although a couple of the key branch directors were ill (Covid strikes again), the tournament went off without a hitch.

We'll be heading to the National Bowling Stadium in Reno in August for the largest event of the year. Room blocks are available at the Silver Legacy. Click on this link to make your reservation:

<https://book.passkey.com/go/GRSIR3>.

Upcoming tournaments

July 6-7	Foothills Bowl	Auburn
July 25-26	Clayton Valley Bowl	Concord
Aug. 7-9	Nat'l Bowling Stadium	Reno, NV
Aug. 23-24	Prosperity Lanes	Grass Valley
Sept. 11-13	Gold Dust West	Carson City, NV
Sept. 26	Brentwood	Brentwood
Oct. 17-18	Fireside Lanes	Citrus Heights
Nov. 2-3	McHenry Bowl	Modesto

Applications and results of all tournaments are available online:

<http://www.sirinc3.org/sirBowling/index.html>.

Striking up Friendships



Member Attendance

To maintain membership, a member is required to attend one-half of the regular Branch monthly luncheon meetings within the previous twelve consecutive month period, unless the Branch BEC has approved different attendance requirements (Policy 25; Bylaw 18).

SIR Non-Responsibility Clause

All activities arranged for, or by, or sponsored by SIR'S Inc. and its branches, are for the convenience and pleasure of the members and their guests who desire to participate. SIR'S Inc. and its branches do not assume any responsibility for the well-being or safety of the participants or their property in matters pertaining to said events or activities.