



GOLD COUNTRY BRANCH 95

SIR is a non-profit organization whose mission is to enhance the lives of our members through fun activities, luncheons and events while making friends for life.

Bulletin 399

February 2023

Kevin King, Editor

BIG SIR | Jay Muzio 650-302-1902



Hello fellow SIRs,

Here we are in the month of February. I hope everyone has their Christmas decorations put away by now, all your spring bulbs planted and your roses pruned for the season.

While not wanting to be wasteful, it looks like we will have plenty of water for the garden this summer as this is one of the wettest stretches in recent years. California winters are very predictable with seven dry years to every three wet years. I hope everyone has made it through these storms without too much wind and water damage.

While February is the shortest month of the year, it has no shortage of notable days and awareness causes. February is Black History Month, Heart Health Awareness Month, Cancer Awareness Month and Children's Dental Health Month. All are worthy causes that deserve our attention. Then on top of that we have some important days that require celebration. There is Valentines' Day (Feb. 14th) that is important to many. This year it is estimated that Americans will spend \$21 billion dollars expressing their affection for those we love. There is President's Day (February 20th) that comes with a day off for schools and government employees and do not forget Groundhog Day (February 2nd) where we find out if there is going to be six more weeks of winter. Superbowl Sunday is February 12th. Unfortunately,

the 49ers came up a little short this year. And let's not forget Mardi Gras on February 21st. So, get in all your overindulgences and sins before Ash Wednesday on the 22nd.

Keeping with the theme of notable days and awareness causes, I propose that we honor our goal of increasing our number of new members by declaring February 8th, **Bring a Friend to Lunch Day**. Better yet, let's declare every second Wednesday of every month, **Bring a Prospective Member to Lunch Day**. This is a goal that every member, whether new or old, can help us achieve. Let us all get behind this effort to increase our membership to 105 by the end of this year.

With our increase in membership comes more work for our officers, board and committee chairmen. A little help would be much appreciated. We still are in need of an Activities Chairman. This person would help coordinate our established activities and help with the coordination and notification of our proposed pop-up activities. Since there are already chairmen for our established activities, there is no big commitment here, just helping with publicizing and making activities happen. Another place where help would be welcome is on the Membership Relations Committee. This committee contacts members to make sure they are welcomed into our branch and that we are meeting their needs. Email [Brian Lemley](#) or find him at lunch and ask him what kind of help he needs.

See **BIG SIR** next page

Gold Country Branch 95 2023 BEC Members- (PBS) denotes Past Big SIR

Big SIR Jay Muzio 650-302-1902	Little SIR Lew Chapman 510-912-5658	Secretary Terry Starkel 916-817-1524	Assistant Secretary Bob Carlson 916-817-1181	Treasurer Oli Bohlman 916-844-4067	Assistant Treasurer Tim Irish (PBS) 916-933-3466
Director at Large Kevin King (PBS) 916-337-9811	Director at Large David Chighizola 530-558-9336	Director at Large Ken Mahar 650-504-1393	Director at Large OPEN	Director at Large OPEN	Director at Large OPEN

BIG SIR continued from previous page

Finally, I want to thank all of you that participate in our activities including our monthly luncheon meetings. We commend you all for your commitment to our SIR Branch 95 and count on you to continue to support our branch in any capacity of which you feel capable. Our membership renewal started in January. Our dues remain the same as last year--\$40. Our next meeting is February 8th at the Cameron Park Country Club. Happy hour starts at 11:00 am and the general membership meeting starts at 12:00 noon. If you haven't been to a meeting in a while, make it a New Year's resolution to attend February's meeting. I hope to see you all there.

"We promise according to our hopes and perform according to our fears."

~ Francois de La Rochefoucauld

LITTLE SIR | Lew Chapman

I have been bragging about my big brother all of my life. So, I am delighted to announce our February luncheon speaker, my older brother Michael W. Chapman, M.D. He has touched my life in many ways, but never more than he and his career contributions did on October 30, 2020. Dr. Chapman is one of the founders of the UC Davis

Level 1 Trauma Center in Sacramento. I am glad he helped set that up, because I was transported there by EMT's on that Friday in October a couple years ago. At the luncheon when I introduce him, I will share more about how my life was saved there.

Dr. Chapman is the former Chair of the UCD Orthopaedic Surgery Department at the medical school in Sacramento. To this day he is Professor Emeritus, has clinical privileges with the white coat, and still occasionally makes grand rounds. He became an expert in trauma surgery due to his early residency training at the UC San Francisco General Hospital and later in his role as a Major in the Army Medical Corps. For three years he was stationed in Belgium and Germany at the height of the Vietnam war where he was head of Orthopaedic Surgery and the trauma units on the US bases there.

The title of Mike's talk is "Treatment of Major Trauma: Civil War to the Present." Major trauma is a severe injury that can lead to death or prolonged disability and can be caused by blunt injuries such as motor vehicle collisions, falls and sports injuries as well as penetrating injuries including gunshot wounds, blast injuries and stabbings.

See **LITTLE SIR** next page

General Meeting

Wednesday, February 8, 2023

Proof of vaccination required

Buffet lunch \$30 per person

CAMERON PARK COUNTRY CLUB

3201 Royal Drive

CAMERON PARK, CA 95682

Check-In & Social Time

11:00 - 12:00

General Meeting, Speaker & Lunch

12:00 ~ 2:00

**February Birthdays**

Peter Apel
Rich Christensen
Bob Doettingling
Bob Gilmore
Curtis Johnson

**February Milestone
SIR Anniversaries**

Oli Bohlman - 5 years
Malcolm Ramsay - 25 years

Membership

Welcome new member Norm Orrick
Left the branch: 8

Current number of members = 82

Let Jay or any BEC member know if someone is ill or, otherwise, in need. We want to be able to provide our members and their families support and encouragement during difficult times.

LITTLE SIR continued from previous page

Unintentional trauma accounts for roughly 6% of deaths worldwide and intentional injuries account for nearly 3%. Major advances in the treatment of trauma have not only dramatically increased survival rates but significantly decreased long-term disability. Most of these advances have been made by military surgeons in the over half dozen wars involving the United States since the Civil War. In the Civil War a gunshot wound to the leg had over a 50% death rate and the treatment of choice was immediate amputation. Today deaths are extremely rare, and the limb is nearly always preserved and returned to good function. In addition to many other advances, the development of trauma centers in the United States following the Vietnam War has been a major contributor to these advances. Dr. Chapman will discuss these advances and present a couple of example cases. *There will be blood, but having previewed his presentation, it is tolerable.* He will also discuss the founding of the UC Davis Trauma Center (named after him) and his role in Shriners Children's Hospital's location in Sacramento.



IN OTHER NEWS | Jay Muzio

650-302-1902

Lew Chapman (right), who was unable to attend the December meeting where other members of the 2023 BEC were installed, was installed as Little SIR at the January meeting by Big SIR, Jay Muzio.



Also at our January meeting, Area 4 Representative Jack Reefer (right) presented Kevin King SIR Inc.'s Distinguished Service Award. This "Silver Lapel Pin" award is the 2nd highest award in SIR, to recognize exceptional/extraordinary service at the Branch and/or State levels. Kevin joined the Branch in 2017 and has served as Little SIR, two terms as Big SIR, was the former Membership Chairman and is currently webmaster and newsletter editor. He also developed a Statewide Speakers Exchange program to assist Little SIRs from all branches in finding speakers for their monthly meetings and assists other branches in the development and maintenance of their websites.



Finally...I know technology can be a blessing or a curse. This month I am again undertaking the problem of members being unsuccessful in using the Google Form to R.S.V.P. for monthly meetings.

It often takes a village to solve some of these problems, so this month I sent out a follow-up email explaining how to find, access and fill-out the form. I am looking forward to hearing from members that are having trouble so we can eliminate the obstacles, and from members that may have solutions I have not thought of or know about. For example, one thing I just learned from Lew Chapman this morning is that along with checking your spam folders, you should also check your "promotions" and "social folders" if you use Gmail's online version.

IN THE NEWS continued from previous page

Another ask is that you always respond (using the form) whether you will be attending or not. If we do not get a response from you, we do not know if that means you will not be attending, that you never got the form or that there was a technical glitch with the form. We want to be positive that all members are getting the notifications.

So please look for the form and let me know if you are having a problem. Together we will overcome the obstacles and move on to 100% communication on meeting attendance via the Google Form.

BRANCH HAPPENINGS / SIR COMINGS & GOINGS | Kevin King (PBS) 916-337-9811

I'm sorry to report that two of our longest serving members, Jerry Nestor (26 years) and Ron Waisner (23 years), have elected not to renew their memberships in 2023. Distance became a factor for both as they come from Roseville and Lincoln, respectively. Jerry was a past Treasurer and Ron a Past Big SIR in 2003. You'll continue to see them on the golf course when we play up their way. Other members who elected not to renew their membership include Mark Eddy, Jim Frey, Gary Haack, Victor Kan, Ed Rice and Graham Williams.



While I always to hate reporting that we've lost a few members, I'm happy to welcome our newest member, Norman Orrick. Norm came to us from an article written in Gold Panner Magazine - one of the local media that former Publicity Chairman, Lew Chapman and current Chair George Alboff, uses for getting word out about our branch. Norm was a civil and environmental engineer for the US Army and Air Force. He enjoys astronomy, hiking and travel. Someday you may see him as a greeter or helping out at the check-in table. He also expressed an interest in spreadsheets which is a useful skill to have as we improve our branch processes. Norm and his wife, Marilyn, live in El Dorado. Be sure to say "hello" and welcome him to the branch the next time you see him.

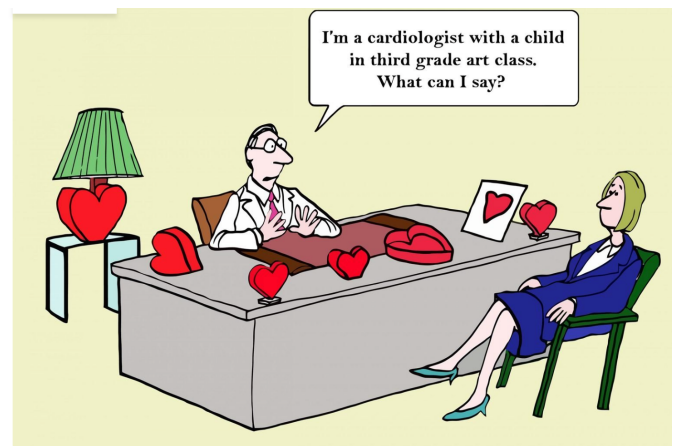
With the addition of Norm, I'm happy to report that we have added at least one new member every month for the past 13 months. Let's keep it up. With your help and our continued publicity and other marketing efforts, our 2023 goal of reaching 105 members is well within reach.

A LIGHTER MOMENT

A little boy goes to his father and asks, "Daddy, how was I born?"

The father answers, "Well, son, I guess one day you will need to find out anyway! Your Mom and I first got together in an online chatroom. Then I set up a date via E-mail with your mom, and we met at a Cyber Cafe.

We sneaked into a secluded room and googled each other. There your mother agreed to a download from my hard drive. As soon as I was ready to upload, we discovered that neither one of us had used a firewall, and since it was too late to hit the delete button, nine months later a little Pop-Up appeared that said, "You've got male!"



ANDREWGENN/GETTY IMAGES

**Don't forget your loved one this Valentine's Day
Tuesday, February 14th.**

BRANCH 95 GOLF | Terry Starkel, Golf Chairman 916-817-1524



February. The month that SIR 95 golf restarts after the winter break. Our first tournament for the 2023 season is at Empire Ranch on Tuesday, Feb. 7th. This will be the start of the competition for the SIR Branch 95 Gold Country Cup, which was first won by Lew Chapman last year. This award is given to the golfer that accumulates the most points during the season. How are points earned? Each first place is awarded 10 points, each second place is awarded 8 points, third place is awarded 7 points and if we have more than 24 players, fourth place is awarded 6 points.

This is also the start of the Marksman of the Year Award competition. The person with the most "closest to the pin" wins during the season wins this award. Last year was the first for this award, which was won by Tim Irish. Both of these awards favor the player that plays consistently throughout the season. Also, don't forget the SIR Branch 95 Club Champion. This past year it was Bill Yeager. This competition is based on three rounds of golf played at three different courses. This year the Club Championship will be held in October. The lowest cumulative score determines the winners, first through fourth place.

By now all of the golfers should have received two different formats of golf schedules for the season. You should have also received the revised Branch 95 golf rules. If you need to get them again, let me know and I will send them out. They are also posted on the golf page of our website. I would also like to thank Dennis Petersen and Ron Wadsworth for running this year's tournaments - Dennis at Mather and Ron at Wildhawk. Please help all of the Golf Directors out by responding to the signup information you receive from them. Some of the courses are requiring us to notify them of the number of players we have earlier and Empire Ranch only has us for 24 players, as we often don't reach the 28 that we have reserved in the past.

I am looking forward to an enjoyable year of golf. Hopefully, the weather will cooperate and we won't have too many rainy Tuesdays, always raising the question of the need to cancel or not.

See the flyer on the last page announcing the Friendship Golf Tournament being hosted by Branch 161 (Discovery Bay) on Monday March 6, 2023. Let Terry know if you'd like to put together a team.

SAND TRAPS

**Terry Starkel, Golf Chairman
916-817-1524**

**Golf Director (Mather)
Dennis Petersen 916-817-1149**

**Golf Director (Wildhawk)
Ron Wadsworth 916-417-1484**

#####

SIR Branch 95 Results 2023 Tournaments

The opening round of our 2023 season is February 7, 2023 at Empire Ranch.

*Hit it, find it, repeat and remember
Only you can prevent bogeys*

Let's have a great season!

FEBRUARY ACTIVITIES & EVENTS



2nd, 9th, 16th, 23rd - Drop-in
bocce - Promontory Park EDH



7th - Empire Ranch
14th - Mather
21st - Wildhawk
28th - Diamond Oaks



8th - BEC & General Meeting
Cameron Park Country Club



16th - Wine Tasting

SIR Websites

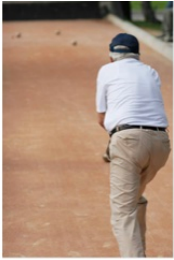
Branch 95: sirinc2.org/branch95/
State SIR: sirinc.org
State SIR Marketing: WeAreSIR.com
SIR Happenings (State SIR newsletters):
sirinc.org/newsletters
SIR Merchandise: sir.ourproshop.com

State SIR Officials

State President
Dave Gonzales (Br98 - Rocklin)
916-587-3538

Area 3 Representative
Jim Gragg (Br98 - Rocklin)
916-708-5154

BOCCE | Oli Bohlman 916-844-4067



We enjoyed our first open bocce play of the new year on January 19th. We had 7 players and I think everyone enjoyed themselves. There is plenty of court space available so join us if you can on Thursday mornings at 10am at Promontory Park. Couples are welcome. Contact me at

obohlman@sbcglobal.net or 916-844-4067 or just show up! Also, if you're interested in league play, registration opens for the EDHCS D spring league on February 1st. So far, one new team has been formed from our SIR members. If you're interested, contact Kevin King at kmking00@gmail.com.

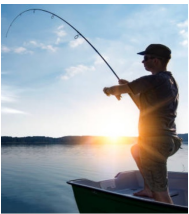
PICKLEBALL | Dan Cockcroft (PBS) 408-781-0714

Drop-in play on local courts where you'll often find a few members playing. Call ahead for hours and fees.

- El Dorado Hills Community Services District Gym
- Cameron Park Lake Tennis Courts
- Cameron Park Community Services District Gym
- Andy Morin Sports Complex (Folsom)
- Lembi Park (Folsom)
- Heritage Village Park (EDH)



FISHING | Dan Maglionico 916-719-6821



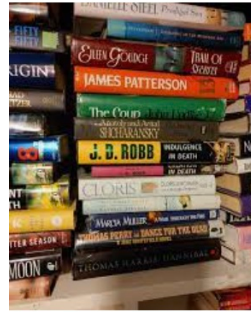
Let me know if anyone's interested in going out. Also, I'm always looking for others with boats. Let me know so that I can keep a list for future outings.

E-BIKING | Rich Christensen 916-817-1838



Join SIR members and other biking enthusiasts on weekly rides in and around the Folsom and El Dorado Hills area. Call Rich if you'd like to be added to his contact list in order to stay informed about future rides.

BOOK EXCHANGE | Lew Chapman 510-912-5658



I am writing this on the eve of the Lunar New Year, 2023 is the Year of the Rabbit. Lunar New Year is observed all over the world. It is also referred to as Chinese New Year. Lunar New Year is a celebration of the arrival of spring and the beginning of a new year on the lunisolar calendar. It is the most important holiday in China, and it is also widely celebrated in

South Korea, Vietnam and countries with a significant overseas Chinese population. I heard on NPR this morning that it is timed by the juxtaposition of the sun and moon, this year it comes relatively early. In China, celebrations last 15 days, the time it takes for a new moon to become a full one. Filial ties typically take center stage during this time as people return to their hometowns to observe the holiday with their families. As such, this is the busiest travel period in China. It is thought of as a time of new beginnings.

When we kicked off the Book Exchange in January 2022 I asked how many of you resolved to a new beginning of reading one good book each month. I tried and almost made it. My articles for our monthly newsletter about the Book Exchange evolved into a book report of the month. I am kind of glad it did as I have really enjoyed summarizing the books I have read and enjoyed. I am pretty selective about what I want to read, but this year I tried to be more open minded as to what I might enjoy. The subjects ended up being fairly wide-ranging.

Here is a brief recap of the titles I read and reported on starting in January through December: Think Again; Brief History of Earth; Weather: A Visual Guide; Man's Search for Meaning; Einstein, His Life and Universe; The No. 1 Ladies Detective Agency; Into the Wild; The Discoverers; and Killing the Legends. In October I did a recap of scary books for the newsletter, and in November I provided a commentary on fall books. You should be able to find some of these titles in the Book Exchange display at our next luncheon on February 8th. All in all, I had an enjoyable reading year in 2022. I hope to have another good reading year in 2023. I hope you do too! So, remember the benefits of the SIR Branch 95 Book Exchange: no cost, no library cards, no late notices, no fines. READ ON my SIR friends.

WINE TASTING | Jay Muzio, Big SIR 650-302-1902



The January wine tasting and potluck dinner was held at the home of Craig and Mary Smith. Five couples were in attendance with one couple canceling due to illness. The featured varietal this month was Argentinean Malbec. I don't commonly drink Malbecs, and I had forgotten how wonderful Malbecs can be. Not surprisingly the ones we had were excellent examples. Our ratings this month were a little crazy. The first-place winner and the third-place winner were the same wine! (Go figure; shouldn't they have gotten exactly the same number of votes?) The Unanime 2017 Mascota Vineyard Malbec was contributed by Marshal Armstrong and me. We obviously have good taste in Malbecs. The second-place winner was the Mendoza Vineyards Reserve 2018 Malbec, Argentina. The third- place winner was the Gascon 2021 Mendoza Argentina Malbec and in fourth place was the Phiebus 2019 Grand Reserve Mendoza Argentina Malbec. If you want deep, dark color backed by bold aromas and husky flavors of black fruits and oak, give Argentinean Malbec a try.

A potluck dinner followed. The theme this month was Argentine cuisine, to complement the wine of course. The dishes included an Argentinean-style tri-tip, empanadas, Argentinean grilled potatoes, vegan stuffed bell peppers, and an Argentinean flan and churros. Extraordinariamente delicioso!

Our next wine tasting will be February 16th. If you have not already joined the wine tasting group, and would like to join, contact Jay Muzio at jaymuzio@gmail.com because I am always at your Malbec and call.

BOWLING | Ray DiBasilio 530-558-9727



The first SIR bowling tournament of the year was held in Napa on January 17/18. With over 56 attendees, it was a huge success! If you missed it, don't worry, there are fourteen more tournaments on the calendar this year. These two-day tournaments are popular as many of us enjoy traveling to different cities and staying over a night to increase the time we spend with each other socializing. Remember, wives are invited to bowl, too!

Mark your calendar for the next tournament to be held in Sacramento on February 16/17 at Country Club Lanes. SIRs Connor Chin and Todd Davis will be our tournament co-managers. They have informed us of some fantastic door prizes which include six (yes, that's 6, no typo here) new bowling balls. WOW! We sure hope to see you there for another exciting event!

Update on The Apex at Red Hawk Casino: Lane inspections were done by USBC and the bowling center is now certified and a part of the Sierra Gold USBC Association. SIRs and guests will have a special viewing and bowling opportunity on Tuesday, February 14th at 10:00 am. Please contact me if you would like to participate in the event; space is limited.

Striking up Friendships

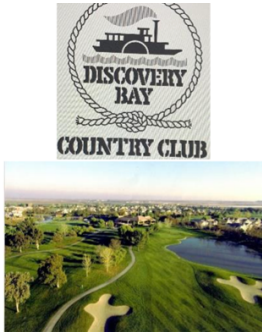


Member Attendance

To maintain membership, a member is required to attend one-half of the regular Branch monthly luncheon meetings within the previous twelve consecutive month period, unless the Branch BEC has approved different attendance requirements (Policy 25; Bylaw 18).

SIR Non-Responsibility Clause

All activities arranged for, or by, or sponsored by SIR'S Inc. and its branches, are for the convenience and pleasure of the members and their guests who desire to participate. SIR'S Inc. and its branches do not assume any responsibility for the well-being or safety of the participants or their property in matters pertaining to said events or activities.



SIR Branch 161
 Discovery Bay
 Discovery Bay Golf & Country Club
 Monday, March 6, 2023
 9:00 am Shotgun Start

FRIENDSHIP GOLF TOURNAMENT

Schedule

8:00 am: Check-in (72 player minimum)
 8:45 am: Travel to starting holes
 9:00 am: Golf
 After Golf: Luncheon (Sit Down Served Lunch: Chicken Piccata w/roasted potatoes & green beans almondine, bread, tea or soda, and ice cream Sunday (no-host bar available)
 Followed By: Awards Presentation

Primary And Additional Contests

Two Best Ball Net Scores from a Four Man Team

1st Place: \$25 per person [PLUS INDIVIDUAL TROPHIES]
 2nd Place: \$15 per person
 3rd Place: \$12 per person
 4th Place: \$9 per person
 5th Place: \$7 per person
 6th Place: \$6 per person

- Three Closest to the Pin Holes (Paying on First \$10 and Second \$5 for each hole)
- Skins (Two Flights)
 Expected to pay \$5 per skin
- Low Gross (Two Flights)
 - 1st Place 60% - Expected to pay \$27
 - 2nd Place 30% - Expected to pay \$13
 - 3rd Place 10% - Expected to pay \$ 4
- Low Net (Two Flights)
 - 1st Place 60% - Expected to pay \$27
 - 2nd Place 30% - Expected to pay \$13
 - 3rd Place 10% - Expected to pay \$ 4

Contact Branch 95 Golf Chairman, Terry Starkel for registration information.