



Gold Country Branch 95

2020 Elected Officers

Big Sir

Kevin King916.337.9811

Little Sir

Bob Carlson916.817.1181

Secretary

Terry Starkel.....916.817.1524

Asst. Secretary

Bob Mello.....916.939.2223

Treasurer

Tim Irish.....916.933.3466

Asst. Treasurer

Don Brooks530.902.2198

Membership Chairman

Mike Mohr.....530.676.2495

Asst. Membership Chairman

Dennis Petersen.....916.817.1149

Directors at Large

Joe Giacomini916.939.2060

Rich Turoff.....916.934.0176

Bill Drummond925.683.3120

Bob Carlson916.817.1181

Region I Director

Mark Stuart

Area 4 Governor

Dave Gonzales.

Chairmen

Attendance Jim Purcell. 916.358.5251

Badges Bill Yeager.....916.941.6632

Biking Rich Christensen.....

..... 916.817.1838

Bocce Dan Cockcroft408.781.0714

Bowling Mike Wilke ... 916.833.5008

Bulletin Jon Jakowatz 916.941.6792

Chaplain John Ninan... 916.941.9479

Golf Terry Starkel 916.817.1524

Asst Golf Dennis Petersen

..... 916.817.1149

PickleBallDan Cockcroft408.781.0714

Publicity Bill Yeager.... 916.941.6632

Webmastr Jon Jakowatz 916.941.6792

MEMBER ATTENDANCE:
To maintain membership, a member is required to attend one-half of the regular Branch monthly luncheon meetings within the previous twelve consecutive month period, unless the Branch BEC has approved different attendance requirements (Policy 25; Bylaw 18).

Sons In Retirement
A NON-PROFIT PUBLIC BENEFIT CORPORATION FOR RETIRED MEN DEVOTED TO
THE PROMOTION OF INDEPENDENCE AND DIGNITY OF RETIREMENT

BIG SIR – Kevin King

I hope you and your loved ones are well and continue to be safe. SIR was built around activities and social contact for men. That creates some challenges in today’s environment of physical distancing and home isolation. With all lunches, events and activities currently on hold, we need to find ways for members to stay engaged and connected to the branch. In this expanded edition of the newsletter, you’ll find a few distractions but also calls for your help in getting the word out about our branch as well as a request for input for a new newsletter banner design. SIR’s 2020 strategic direction includes increasing membership and improving volunteerism. To that end, at its Town Hall meeting in February which I attended, SIR Inc. announced that it is rolling out the “I’m Doing My Part Program”. The objectives of the program are to energize members and their spouses/partners to help recruit new members and to encourage more members to volunteer. To that end, SIR Inc. has updated its marketing materials including rolling out a new marketing website www.WeAreSIR.com and is in final production of a video outlining the 2020 strategy, member expectations and the reasons behind implementing the program. I’ve seen a pre-release version of the video and think you’ll enjoy it and find it interesting. I’ll send a link to the video once it’s made available. Check out the new marketing website. While there, click on the Learn More button in the Our Activities section to learn more about the full array of activities offered by various SIR branches. Let me know if there’s an activity you’d like to see our branch add and I’ll get to work on it.

Many members have reported that they’ve maintained contact with friends and loved ones using one of the many social interaction and videoconferencing applications that are on the market. Facetime and Skype are a couple such apps available on most smartphones. WebEx and Zoom also offer free teleconferencing solutions that can be used on desktop or laptop computers, smartphones and tablets. The board recently completed a dry-run test of Zoom and found that we can use it for our upcoming board meeting. I encourage others to keep in touch with friends, loved ones and even other members during this time. I can send more information if you’re interested. If this hiatus goes on too much longer, would you be open to considering a Zoom branch meeting?

Finally, while we continue to work through this current crisis, **BE SAFE:** Take the guidelines seriously and use your best judgment in the coming weeks;

STAY PHYSICALLY AND MENTALLY HEALTHY: Go for walks and establish or keep up a home exercise program to keep your muscles moving. Take a break from the news, read a book, watch a movie; and

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STAY CONNECTED: Experts say the demographics of our group is among the highest at risk of loneliness and social isolation. Pick up the phone or use one of the social interaction or teleconferencing solutions

**This month in history
(with a local connection)**

1860 - In the American West, the Pony Express service began as the first rider departed St. Joseph, Missouri. (passed though El Dorado Hills where it split off to Folsom and Sacramento)

1896 - After a break of 1500 years, the first Olympics of the modern era was held in Athens, Greece. (this year's scheduled Olympics were rescheduled to July 2021)

1906 - The San Francisco Earthquake struck (local history affecting many of our members)

1917 - Following a vote by Congress approving a declaration of war, the U.S. entered World War I in Europe. (119 Sacramento County men and women died in WWI; a memorial statue was built in William Land Park in Sacramento)

1981 - The first space shuttle flight occurred with the launching of *Columbia* with astronauts John Young and Robert Crippen aboard. (John Young was born in San Francisco; Aerojet, in Rancho Cordova, built engines for the space shuttle program)

What mask shortage?



Also available in white!

described above to reach out to another member and make sure they're okay.

I pray that each of you and your loved ones remain safe as we hopefully near the peak of this health crisis. I remain hopeful that current restrictions will be lifted or relaxed soon so that we may resume some semblance of our normal lives.

LITTLE SIR – Bob Carlson

Due to the ongoing health crisis and to ensure the safety of our members, the March meeting has been cancelled. We were scheduled to have Bruce Hester as our speaker. He, like many of us from time-to-time, always wondered while looking at a map why state lines were drawn the way they were. Because of his interest in history and geography, Bruce discovered many interesting facts about how states were formed and compiled them in his presentation "The Shape of States". I hope to be able to reschedule him to speak at one of our future luncheons.

In these times of uncertainty, it is difficult to plan events very far in advance. We'll let you know by the end of April if the May meeting will be cancelled as well. As for the Ladies Day Picnic on June 8th, this would normally be when preparations were being finalized and we'd be announcing registration. However, with the current situation, it's difficult to know when current orders will be lifted or relaxed which may affect our caterer and park registration. I will keep you informed.

For now, please keep our members in mind as the days progress, and we all look forward to a healthy and active resumption of activities.



Looking for a few good men

Did you know that you no longer need to be retired to join SIR? Membership is open to men regardless of age, race, color or religion. Our member expectations are few: have the free time; be a friendly, sociable guy; participate in our luncheons and activities; and introduce others to SIR so they can join in the fun. In addition to our monthly lunches with interesting guest speakers, our branch offers our members many other activities including golf, biking, bocce and pickleball. So, if you have a friend or neighbor who is retired, about to retire or even just dreaming of retiring someday, encourage him to come join us and make Friends for Life! To learn more, have them visit the new SIR marketing website – www.WeAreSIR.com



Calling all former marketing execs, artists and other creative types:



Briefly take your mind off the daily flow of grim news and tap into your creative side. Since being retired is no longer a requirement of membership, Sons in Retirement has begun rebranding itself as simply SIR. With the rebranding effort and with our branches 40th anniversary coming up next year, it's probably a good time to refresh the banner on our monthly bulletin

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KEVIN'S FUN & GAMES
IF YOU ENJOY PUZZLES
AND SOME LIGHT
CHATTER, TAKE A PEEK
AT THE LAST TWO PAGES
ADDED TO THE BULLETIN.



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SONS IN RETIREMENT

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Some ideas that may get the creative juices flowing:

- The rooster remains our logo with Sons in Retirement in the banner replaced with Social Activities for Men; the image on the right is the SIR emblem that branches may also use



- Branch 95 was formed and held its first meeting in Cameron Park March 19, 1981 which was attended by 53 seniors
- Branch 95 was officially chartered by state officials December 13, 1981
- Branch name - Gold Country
- Originally sponsored by Branch 70 (Placerville) and formed to serve the area east of Placerville
- Current members come from (alphabetically) Cameron Park, Carmichael, El Dorado Hills, Folsom, Gold River, Lincoln, Placerville, Rancho Cordova, Roseville, Shingle Springs and Somerset

Sudoku

To complete the sudoku puzzle game, you must fill every square on the grid with a number from 1-9. The numbers 1-9 can only appear once in every row, column, and 3x3 box.

Free online Sudoku and other games are available at Washington Post <https://games.washingtonpost.com/>

					7			2
5			1			7	4	
	7	1				9	8	5
		5	6					7
	3				2	4		1
7	1		5					8
	6	7	9	8	5		1	
			2	4	6	8		
	2	8				5	6	

Lighter moment

A cop was patrolling late at night in a well-known spot. He sees a couple in a car, with the interior light brightly glowing.

The cop carefully approaches the car to get a closer look. Then he sees a young man behind the wheel, reading a computer magazine. He immediately notices a young woman in the rear seat, knitting.

Puzzled by this surprising situation, the cop walks to the car and gently raps on the driver's window.

The young man lowers his window. 'Uh, yes, Officer?'

The cop says: 'What are you doing?'

The young man says: 'Well, Officer, I'm reading a magazine.'

Pointing towards the young woman in the back seat the cop says: 'And her, what is she doing?'

The young man shrugs: 'Sir, I believe she's knitting a pullover sweater.'

Now, the cop is totally confused. A young couple. Alone, in a car, at night in a Lover's lane ... and nothing obscene is happening!

The cop asks: 'What's your age, young man?'

The young man says: 'I'm 22, sir.'

The cop asks: 'And her ... what's her age?'

The young man looks at his watch and replies: 'She'll be 18 in 11 minutes.'

Word Search

In order to solve the word puzzle, you must find and mark all the words hidden inside the grid. The words can be arranged forwards or backwards horizontally, vertically or diagonally.

Razzle Puzzles

<https://api.razzlepuzzles.com/wordsearch>

S	N	E	L	O	O	W	S	O	M	E
T	Y	U	P	T	N	U	O	I	S	D
S	C	R	V	N	O	M	B	L	T	U
A	L	E	E	I	B	E	A	M	S	T
L	U	V	R	T	S	I	Y	N	E	I
N	O	A	C	I	T	T	A	O	T	N
W	V	E	D	R	D	O	S	I	E	E
O	V	E	A	U	T	E	L	N	D	L
R	S	P	O	A	M	V	I	U	A	P
B	M	C	O	I	Y	G	L	B	P	V
I	E	G	R	O	B	B	E	R	Y	D

ATTIC BEAM BESIDES BROWN BUNION
 DETEST DIRECT GOAT IMPARTIAL LOTTERY
 OVEN PLENITUDE ROBBERY VARIOUS
 WOOLENS

Answers to Sudoku puzzle

4	6	5	1	7	3	8	2	4
1	7	8	6	4	2	9	5	1
3	1	2	5	8	9	7	6	3
7	9	6	4	3	5	2	1	7
8	5	4	2	9	7	6	3	8
9	2	3	8	1	6	5	4	9
2	8	9	3	6	4	1	7	2
5	4	7	9	2	1	3	8	5
6	3	1	7	5	8	4	9	6