



**Gold Country Branch 95
2014 Elected Officers**

Big Sir

Dan Cockcroft 916.933.6462

Little Sir

Jay Guertin 916.939.8037

Secretary

Tim Herdt 916.939.1405

Asst. Secretary

Terry Starkel 916.817.1524

Treasurer

Keith Hepler 916.933.7779

Asst. Treasurer

Joe Giacomini 916.939.2060

Directors at Large

Dennis Callahan 530.620.6908

Dennis Petersen 916.467.7748

Bill Stegman 916.351.0899

Brian Upton 916.939.6601

Bill Yeager 916.941.6632

Region II Director

Russell C. Salazar 530.644.3809

Area 31 Governor

Frank Severn 916.985.7759

Honorary Life Members

Al Kaiser Ross Walter

Chairmen

Attendance George Simko
Attendance Asst. *Open*
Badges/Raffle *Open*
Bowling Don Weick
Bulletin Jon Jakowatz
Chaplain Ray Retallack
Fishing John Ramsey
Golf Brian Upton
Asst Golf Dennis Petersen
Historian *Open*
Membership & E-mail Mike Mohr
Photography *Open*
Property *Open*
Publicity Bill Yeager
Sunshine *Open*
Travel *Open*
Webmaster Al Schmidt

SONS IN RETIREMENT

A NON-PROFIT BENEFIT ORGANIZATION FOR
RETIRED MEN DEVOTED TO THE PROMOTION OF
INDEPENDENCE AND DIGNITY OF RETIREMENT

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BIG SIR — Dan Cockcroft

Open For Columbus Day

That was what the sign in the bank window said yesterday. I think that of all our holidays that have changed over our lifetime Columbus Day has probably changed the most. In our school days we learned all about Columbus' great voyage and the new land he discovered. We celebrated with local parades and a day off school and work. Now we look at it from both the discovery side and from the side that displaced the American Indian and are not quite sure how to celebrate the day. So we note the day but there are no parades and the bank stays open.

Sirs 95 Luncheon is open for Lunch today with our new format Lunch menu and our new pricing feedback from last month was positive so it looks like the change is good. Today we are having Pulled Pork Sandwich and Cole Slaw.

Christmas Luncheon

Christmas is coming the geese are getting fat

Please put a penny in the old man's hat

It's getting to be that time of year. Time for the Christmas Lunch. Remember to mark your calendar - Monday, December 8th - for our annual Christmas Day Lunch for you and your lovely significant other. Details, information and cost will be forthcoming.

One of the highlights every year is the silent auction. Once again we are looking for donations from our members. So if it no longer fits your décor it might just fit someone else's, so please see Jay or me if you have an item to donate.

LITTLE SIR — Jay Guertin

Our topic, Senior Living, and speakers were referred to me by SIR member Paul Warney. Paul has of late received an education on senior living as his daughter, Katy Warney, recently became Human Resources Manager for Integral Senior Living. ISL manages 56 senior living communities in 11 states. Joining Katy is Dan Hadfield their marketing director.

We all like to believe that we will live out our lives in our homes. We may downsize but we view staying in our home as keeping our independence. My own personal experience, with my mother and mother-in-law moving into senior living facilities, has shown me that it is a viable living option for seniors that we need to be aware of. Making good decisions for ourselves and loved ones comes from knowing and understanding our options.

