

## Gold Country Branch 95 2014 Elected Officers

Big Sir

**Dan Cockcroft** ...... 916.933.6462 Little Sir Jay Guertin...... 916.939.8037 Secretary Tim Herdt ...... 916.939.1405 Asst. Secretary **Terry Starkel** ...... 916.817.1524 Treasurer **Keith Hepler** ...... 916.933.7779 Asst. Treasurer Joe Giacomini ........... 916.939.2060 Directors at Large **Dennis Callahan......** 530.620.6908 Gary Grann...... 916.358.3805 Bill Stegman ...... 916.351.0899 George Van Blyenburgh ..... ...... 530.677.1916 Brian Upton...... 916.939.6601 **Dennis Petersen......** 916.467.7748 Region II Director Ralph Lingis ...... 916.933.5561 Area 31 Governor Frank Severn ........... 916.985.7759 Honorary Life Members Al Kaiser Ross Walter

Chairmen	
Attendance	George Simko
Attendance Asst	<i>Open</i>
Badges/Raffle	Open
Bowling	
Bulletin	
Chaplain	
Fishing	John Ramsey
Golf	Brian Upton
Asst Golf	Dennis Petersen
Historian	Open
Membership & E-mail Mike Mohr	
Photography	
Property	
Publicity	Bill Yeager
Sunshine	
Travel	_
Webmaster	_

# SONS IN RETIREMENT

A Non-Profit Benefit Organization for RETIRED MEN DEVOTED TO THE PROMOTION OF INDEPENDENCE AND DIGNITY OF RETIREMENT

Gold Country Branch 95 - Bulletin 304 - January 2014

#### BIG SIR — Dan Cockcroft

#### Review of the year

Welcome to the First Luncheon of the New Year. 2013 was a good year for our branch and I am optimistic and hopeful that 2014 will find us all in good spirits and health.

The Christmas luncheon was very successful last year with one of the largest turnouts in quite a while for our Branch. The turnout and the mood of the lunch is a testament to the ongoing viability of our Branch. Many thanks to all of the Volunteers that helped to make the lunch the success that it was.

I want to take the opportunity to thank and acknowledge Dennis Peterson for his outstanding leadership as Big Sir last year. Under his leadership, along with past Big Sirs and Board members, our branch is one of the more stable and financially secure Branches in the Region.

I also want to welcome Jay Guertin as the new Little Sir along with all the other 2014 board members. As a volunteer organization we are only as strong as the members that volunteer and we are blessed with a strong group. As a volunteer organization we are always in need of new and fresh input and would hope that you feel free to bring your ideas forward to me or any of the officers of the branch and think about volunteering as either an officer next year or as an at large board member.

With your help this year, I look forward to continuing the tradition and growth of our organization and to making the second Monday of the month a lunch appointment we all look forward to.

- Dan

# LITTLE SIR — Jay Guertin

Happy New Year to all! This is the start of my adventure of being the Little SIR. I look forward to, and I am working on some things, to get to know all of you better.

Our speaker today is Dr. Ron Simms, D.C. whose topic is, "Wellness in the Golden Years" - strategies to help you reach your full potential." Dr. Simms office is located in El Dorado Hills with 2014 plans to expand into Ione, Granite Bay and downtown Sacramento. Dr. Simms is passionate about helping the families of our community reach their full expression of health through regular, natural Chiropractic adjustments and consistent health education. He knows that one can only reach their true health potential when our brain and tissues are communicating effectively without being restricted by spinal subluxations.

Dr. Simms has been married to his wife Carie for over 25 years and they have 2 amazing sons, Tyler and Josh. In addition to hanging out and travelling with his family he enjoys skiing, cycling, weight training, competing in triathlons, reading and studying the bible. He is on the leadership team at Rolling Hills Christian Church, and is active in many other community activities.

- Jay

# Sand Traps

by Brian Upton, Golf Chair SIR Branch 95 Results

December 2013 Tournaments:

#### <u>Empire Ranch Tournament –</u> <u>December 3, 2013</u>

First: George Simko
Second: Dennis Petersen
Third: David Tanner

#### <u>Mather Tournament –</u> December 10, 2013

First: Jack May
Second: Ed Gupton
Third: Chuck Sopp

#### <u>Wildhawk Tournament –</u> December 17, 2013

First: Terry Privott
Second: Dan Cockcroft
Third: George Simko

### Closest-to-the-pin

Empire Ranch:

Closest - Paul Tomlinson Furthest - 3 names on plaque -

none stayed for

award

Mather:

Hole #3 - Bob Mello Hole #11- Paul Tomlinson

Wildhawk:

Closest - Brian Upton Furthest - Dan Link

# Fishing - Jolly Hookers by John Ramsey, Head Hooker

The Jolly Hookers fishing club meets on the 2nd Friday of the month. Prior to each meeting we recruit regional Guides to be our guest speakers. Guides usually provide details and their approach to the upcoming lake outings.

For more information about Jolly Hookers see or contact John at 916.933.6340, or see their website.

#### www.thejollyhooker.com

Branch 95 Bulletin Updates

Please submit **February** Bulletin updates

to Jon Jakowatz by

Thursday, February 2, 2014

E-mail: SIR95Bulletin@jakowatz.net

## Golf by Brian Upton

Happy New Year to our 34 returning SIR golfers! Also, a warm welcome to new member Larry Smith. We look forward to a fun packed and interesting schedule along with many new experiences in 2014.

While no events are scheduled in January, we will resume our normal schedule at Empire Ranch on Tuesday, February 4, 2014. Contact Terry Starkel if you wish to play.

To promote our new season in February, there will be only one closest-to-the pin prize at each golf course, however each winner will win two sleeves of either TaylorMade or Bridgestone e7 Pure Distance golf balls. Mark your calendar to join us in February.

Our annual Scramble tournament next year will be held at the Morgan Creek golf course on June 25, 2014 and four man teams will be "blind draw" assembled bv the This will be performed before the event takes place. interested participants requested to sign-up in advance so teams can be assembled. There will be free golf balls and many cash prizes.

A travel trip is scheduled to the Monterey area next July to play the renovated Poppy Hills golf course in Pebble Beach. Over 20 SIR members and guests will play on Friday July 25, 2014. If you wish to participate in this event and enjoy a weekend getaway to Monterey, contact Brian Upton. Invitation offer closes at the end of January.

 $\infty$ 

Check out Golf results & pictures



www.branch95sir.shutterfly.com

# January Birthdays

Dick Bailey
Frank Farris
Bill Keane
Bob Mello
Mike Mohr
Ed Newton
Jim Pridemore
Malcolm Ramsay
Don Weick (PBS)
Ernie Williams

 $\infty$ 

# What's going around SIR?

Check out the SIR Happenings Quarterly

Every Winter, Spring, Summer and Fall

you can go to:

http://sirinc.org/sirhappenings/

to download the latest SIR Happenings issue.

Happy Reading!

## Branch 95 Luncheon Location 2nd Monday of the Month Placerville Elks Lodge

3821 Quest Ct.,
Shingle Springs, CA
Telephone 530.672.9120.
Happy Hour 11:00 a.m.
Lunch 12:00 noon
~ ~ ~ Luncheon Menu ~ ~ ~

Special diet? Contact Dan, Jay or your Caller

#### **SIR Websites**

www.sirinc.org www.sirinc.org/sirhappenings/

Branch 95 www.branch95sir.shutterfly.com