



2005 ELECTED OFFICERS

Big SIR ..... George Van Blyenburgh 530-677-1916  
Little SIR ..... Sandy Samboy 916-933-8903  
Secretary ..... Al Lohrman 530-677-5884  
Asst. Secretary ..... Wally Sharp 916-482-4877  
Treasurer ..... Bob Bartlett 916-939-7239  
Asst. Treasurer ..... Bill Stegman 916-351-0899

Honorary Life Members ..... Al Kaiser

DIRECTORS

Bill Yeager ..... 916-941-6632  
Brian Upton ..... 916-939-6601  
Gerald Nester ..... 916-772-0501  
Jim January ..... 916-933-3173  
Nyle Baker ..... 916-939-1656  
Greg Rhine ..... 916-774-6574

Hal Stephens, Region II Director. 530-295-1867  
Bill Harris, Area 19 Governor... 530-644-8473  
Larry Root, Area Golf Chair ..... 530-333-4844

CHAIRMEN

Attendance ..... Chuck LePere  
Attendance Asst. .... Neal Lucey  
Badges ..... George Simko  
Bowling ..... George Peratt  
Bulletin ..... Jim Peterson  
Chaplain ..... Bill Clark

Computers/Webmaster .. Kurt Borowski  
Golf ..... Golf Van Blyenburgh  
Asst. Golf ..... Brian Upton  
Historian ..... Hal Nelson  
Membership ..... Larry Keenan  
Photography ..... Al Schmidt

Property ..... Ray Cormier  
Publicity ..... Bill Yeager  
E-Mail ..... Cecil Shelley  
Sunshine ..... Tom Grube  
Supplies ..... Bob Carlquist  
Travel ..... Paul Matloff

**BIG SIR George Van Blyenburgh 530-677-1916**

If it ever decides to stop raining, baseball games are coming up. The Sacramento River Cats vs. Fresno Grizzlies, on Wednesday, June 28th @ 11:35. SIR members will enjoy the following benefits: \$2 per ticket discount. No per ticket service charge Your SIR President, Bob Curley, will throw out the first pitch. The pamphlets will be distributed at the monthly meeting.

**LITTLE SIR Sandy Samboy 916-933-8903**

Our April Speaker will be Mr. Matthew Kramer, Warden of Folsom State Prison. His topic will be "Fear and Loathing in the Prison System." Mr. Kramer has been employed by the Department of Corrections and Rehabilitation for 20 years, including the last 10 years as Warden. He graduated from the University of San Francisco and moved to Sacramento in 1971 as an employee of the State Water Project. Let's give Matthew a big SIR welcome.

March birthdays: Thomas Barbieri, John Dillon, Emmett Greenlee, Didrick Mydland, Al Rollins and Bill Stegman.

**Membership Chairman Larry Keenan**

Look for members with red tags on their badges indicating they are NEW to our club. Each of you are encouraged to introduce yourself and to make the new people feel welcome. Also, since we have some room on the roster, please encourage your friends and associates to join SIRS.

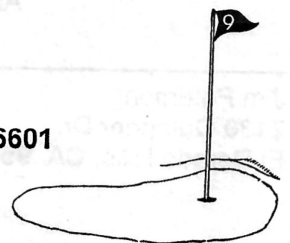
**Chaplain Bill Clark**

Psalm 90:12 -- Teach us to number our days, that we may gain a heart of wisdom.

**SAND TRAPS George Van Blyenburgh (530) 677-1916 and Brian Upton (916) 939-6601**

March results from Wildhawk {Ed. note} A lot of rain and not much golf to report.

Results:	First	Second	Third	CT Pin
Mather (Bill Clark)	No report			
Wildhawk (Jack Harris)	Chuck LePere	Brian Upton		Neil White
El Dorado Hills (Bill Stegman):	No report			



**SUNSHINE CORNER Tom Grube 916-939-0439**

I am happy to report that I have not received any reports of illness or injury among our members this past month. That is good news for all and may we all continue with good health and fortune. May you all experience good health as we approach the warmer months. If you or any member you know is having medical issues please let me know either by phone or e-mail at tomgrube@comcast.net.

{Ed. note} On March 27, 2006, Bill Kerns, a long time former SIR member, passed away. Our best wishes go out to Bill's family.

**AS WOMEN GROW OLDER NOTES FROM A THOUGHTFUL HUSBAND ...**

It is important for men to remember that, as women grow older, it becomes harder for them to maintain the same quality of housekeeping as when they were younger. When you notice this, try not to yell at them. Some are oversensitive, and there's nothing worse than an oversensitive woman.

My name is Ron. Let me relate how I handled the situation with my wife, Julie. When I took "early retirement" last year, it became necessary for Julie to get a full-time job, both for the extra income and for the health benefits that we needed. Shortly after she started working, I noticed she was beginning to show her age.

I usually get home from the golf course about the same time she gets home from work. Although she knows how hungry I am, she almost always says she has to rest for half an hour or so before she starts dinner. I don't yell at her. Instead, I tell her to take her time and just wake me when she gets dinner on the table. I generally have lunch in the Men's Grill at the club so eating out is not reasonable. I'm ready for some home cooked grub when I hit that door.

She used to do the dishes as soon as we finished eating. But now it's not unusual for them to sit on the table for several hours after dinner. I do what I can by diplomatically reminding her several times each evening that they won't clean themselves. I know she really appreciates this, as it does seem to motivate her to get them done before she goes to bed.

Another symptom of aging is complaining, I think. For example, she will say that it is difficult for her to find time to pay the monthly bills during her lunch hour. But, boys, we take 'em for better or worse, so I just smile and offer encouragement. I tell her to stretch it out over two or even three days. That way she won't have to rush so much. I also remind her that missing lunch completely now and then wouldn't hurt her any (if you know what I mean). I like to think tact is one of my strong points.

When doing simple jobs, she seems to think she needs more rest periods. She had to take a break when she was only half finished mowing the yard. I try not to make a scene. I'm a fair man. I tell her to fix herself a nice, big, cold glass of freshly squeezed lemonade and just sit for a while. And, as long as she is making one for herself, she may as well make one for me too.

I know that I probably look like a saint in the way I support Julie. I'm not saying that showing this much consideration is easy. Many men will find it difficult. Some will find it impossible! Nobody knows better than I do how frustrating women get as they get older. However, guys, even if you just use a little more tact and less criticism of your aging wife because of this article, I will consider that writing it was well worthwhile.

After all, we are put on this earth to help each other... Ron

EDITOR'S NOTE: Ron died suddenly Thursday May 26. He was found with a Calloway extra long 50-inch Big Bertha Driver II rammed up his backside with only 2 inches of grip showing. His wife Julie was arrested, but the all-woman Grand Jury accepted her defense that he accidentally sat down on it.

### **SIR AREA 19 TRAVEL PAGE**

**Ron de Pass Travel Chairman (530) 644-1405; Tim Hall Travel Co-Chairman (530) 644-4418**

**ARCO ARENA:** Call Ron for special discounts

**YELLOWSTONE-Mt. RUSHMORE:** Aug 19-27, 2006.

\$1895 pp/dbl occ. Salt Lake City tour, Mormon Tabernacle choir, Grand Tetons, Devil's tower, Chief Crazy Horse, Buffalo Bill Museum, Deadwood, more. Includes air, insurance, all gratuities, taxes. 16 meals.

**BASEBALL: ALL SIR DAY** for River Cats vs. Fresno Grizzlies, Wed., June 28, 11:35 AM, \$17, \$11; **ALL SIR DAY** for Giants vs. LA Angels, Wed., June 21, 12:35, \$34, \$20, \$18 (\$5 handling fee/order); Oakland A's vs Cleveland, **ALL SIR DAY**, May 5, 12:35. Call Ron.

**New Year's Eve in Hawaii!** Dec. 30-Jan. 8. Includes 2 nights at Sheraton Princess Kaiulani with New Year's Eve party. 7 nights aboard new ship "Pride of Hawaii". Four Islands Ports of call. Fly to Honolulu from Sacramento. Cabins: Inside, pp/dbl occ, \$2595; Outside: \$2820; Outside w/balc: \$3320. Call Tim or Ron for flyers/info

The District Director has asked that the attendance and travel rules be distributed in the monthly bulletin.

Attendance: Rule 60 – Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the branch locale. Rule 100 – A member may be notified in writing by his branch of the pending termination of his membership (Rule 107) if he is responsible for any of the following:

- a) Miss three consecutive regular meetings without being excused by contacting the designated Attendance person prior to the meeting date.
- b) Non-attendance at six (6) regular luncheon meetings within the previous twelve (12) consecutive month; Note: Excused meetings may not be included.
- c) Attendance at Ladies Day functions may be excluded at the discretion of the Executive Committee.

Any item to appear in the May 2006 Bulletin must be in the hands of  
Jim Peterson, 916-934-0990, by Wednesday, April 26, 2006.

Jim Peterson  
2130 Outrigger Dr.  
El Dorado Hills, CA 95762



WHAT'S COOKIN' AT 95?

First Class

