



2005 ELECTED OFFICERS

Big SIRGeorge Van Blyenburgh 530-677-1916
Little SIR.....Sandy Samboy 916-933-8903
SecretaryAl Lohrman 530-677-5884
Asst. SecretaryWally Sharp 916-482-4877
Treasurer..... Bob Bartlett 916-939-7239
Asst. Treasurer..... Bill Stegman 916-351-0899

Honorary Life Members Al Kaiser, Harry Shirley

DIRECTORS

Bill Yeager 916-941-6632
Brian Upton..... 916-939-6601
Gerald Nester 916-772-0501
Jim January 916-933-3173
Nyle Baker 916-939-1656
Greg Rhine 916-774-6574

Hal Stephens, Region II Director.530-295-1867
Bill Harris, Area 19 Governor... 530-644-8473
Larry Root, Area Golf Chair 530-333-4844

CHAIRMEN

Attendance Chuck LePere
Attendance Asst. Neal Lucey
Badges George Simko
Bowling George Peratt
Bulletin..... Jim Peterson
Chaplain Bill Clark

Computers/Webmaster ..Kurt Borowski
Golf..... Golf Van Blyenburgh
Asst. Golf..... Brian Upton
Historian Hal Nelson
Membership..... Larry Keenan
Photography Al Schmidt

Property..... Ray Cormier
Publicity..... Bill Yeager
E-Mail Cecil Shelley
RV Travel Charlie Kirk
Sunshine Tom Grube
Supplies Bob Carlquist
Travel Paul Matloff

BIG SIR George Van Blyenburgh 530-677-1916

John Hunt, Big SIR of Branch 128, recently wrote of his thoughts while he was dining out with fellow SIR members. John said, "I could not help but observe how lucky we are to be SIR members. We belong to a unique organization that can change the lives of many retired men. Our members are cherished, respected and appreciated for their contributions to the community in the past, present and future. I urge you to share the SIR experience with someone you know and sponsor him for membership. Each of us will benefit because of your effort. I thank you for your membership and participation ." Each one of us has shared similar thoughts while meeting with our fellow members. Let's strive to bring our membership to 140 in 2006. Thank you in advance for your help.

LITTLE SIR Sandy Samboy 916-933-8903

Our February speaker will be Ms. Peggy Shannon, Artistic Director of the Sacramento Theater Company. Peggy moved to the Sacramento area 8 years ago to accept this position. For the past 6 years, she has been a professor of Theater at UC Davis as well. A year ago, she was appointed the Associate Vice Provost of University Outreach and will remain in this appointment for 2 more years. Let's give Peggy Shannon a great big SIRS welcome.

FEBRUARY BIRTHDAYS: Nyle Baker, Ron Brothers, Troy Gandy, Bob Gilmore, Kenneth Hepler, Howard Kastan, Paul Matloff, Frank Messer, Ron Musket, Joe O'Shea, Lou Rain, Bob Roth, Paul Tomlinson and Neil White.

SAND TRAPS George Van Blyenburgh (530) 677-1916 and Brian Upton (916) 939-6601

January results for Wildhawk follow..

Results:	First	Second	Third	CT Pin
Wild Hawk, 1/17	Nyle Baker	Brian Upton		Brian Upton

The Laws of Golf continued (Source: Aha! Jokes, <http://www.AhaJokes.com/>)

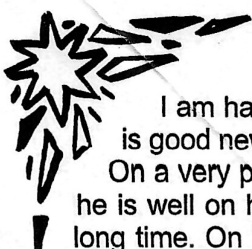
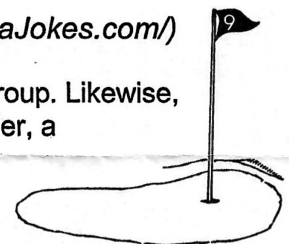
LAW 11: Golf carts always run out of juice at the farthest point from the clubhouse.

LAW 12: A golfer hitting into your group will always be bigger than anyone in your group. Likewise, a group you accidentally hit into will consist of a football player, a professional wrestler, a convicted murderer and an IRS agent -- or some similar combination.

LAW 13: All 3-woods are demon-possessed.

LAW 14: Golf balls from the same "sleeve" tend to follow one another, particularly out of bounds or into the water.

LAW 15: A severe slice is a thing of awesome power and beauty.



SUNSHINE CORNER Tom Grube 916-939-0439

I am happy to report that I have not received any reports of illness or injury this past month. That is good news for all.

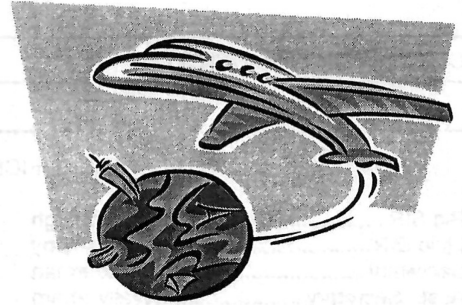
On a very positive note I am pleased to announce that Hal Nelson's back surgery was a success and he is well on his way to recovery. He can do things now and sleep more comfortable than he has in a long time. On his discharge from the hospital after his January 23rd surgery he was initially confined to

the lower level of his multi level home but is now venturing up the stairs to the higher levels. We wish him continued success in his recovery.

May you all experience good health in the months to come. In the event you or someone you know is having medical issues please let me know either by phone or E-mail at tomgrube@comcast.net.

GREAT TRAVEL OPPORTUNITY - Bill McClanahan (916) 934-0146

Antarctic cruise Jan 21, 2007. 12 night Radisson luxury cruise on 150 passenger Explorer II. See www.rssc.com for details, click on Antarctic. SIR Bill McClanahan has signed up (as a single) and wonders if others might possibly be interested. Friends have been greatly pleased with this once-in-a-lifetime experience. Can furnish beautiful CD of previous identical cruise if interested. Now for the skeptics amongst you, I will receive no discounts but thought it would be great to have some fellow SIRS to enjoy the scenery with, not to mention (for those of you so inclined) the open bar onboard! Contact Bill for additional information.



SIR AREA 19 TRAVEL PAGE - Ron de Pass (530) 644-1405

ARCO ARENA: Kings Schedule '06. Arena seating/parking map. Arenacross, Feb. 23-26. Special SIR discounts. Call Ron.

YELLOWSTONE, BLACK HILLS, MT. RUSHMORE: Aug. 19-27, 2006. \$1895 pp dbl occ. Includes Salt Lake City tour, Mormon Tabernacle Choir, Grand Tetons, Devil's Tower, Crazy Horse, Buffalo Bill's Museum; more. Includes air, insurance, all gratuities and taxes. 16 meals.

BASKETBALL Golden State Warriors; Sunday, March 19, 1PM, Oakland Arena, vs. Philadelphia 76ers. All SIR Day. Tickets \$34, \$24. Call 510-986-5408. Special SIR price. Ron has flyers.

The District Director has asked that the attendance and travel rules be distributed in the monthly bulletin.

Attendance: Rule 60 – Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from the branch locale. Rule 100 – A member may be notified in writing by his branch of the pending termination of his membership (Rule 107) if he is responsible for any of the following:

- a) Miss three consecutive regular meetings without being excused by contacting the designated Attendance person prior to the meeting date.
- b) Non-attendance at six (6) regular luncheon meetings within the previous twelve (12) consecutive month; Note: Excused meetings may not be included.
- c) Attendance at Ladies Day functions may be excluded at the discretion of the Executive Committee.

Any item to appear in the March 2006 Bulletin must be in the hands of
Jim Peterson, 916-934-0990, by Wednesday, March 1, 2006.

Jim Peterson
2130 Outrigger Dr.
El Dorado Hills, CA 95762



WHAT'S COOKIN' AT 95?

First Class

