



A Non-profit Organization For Retired Men

HOROLOGIUM

Monthly Newsletter - Est. 1963

North Bay Branch No. 7, San Rafael

Website: www.sirinc2.org/branch7

59th year

Br. 7

July 2022

BIG SIR—*Michael Sommer*



July's lunch will have a shirt theme with awards for the best in show. The original theme was to be "Tropical Shirt Day" but due to a request from an anonymous member (Terry Aleshire), it has been re-named **"Colorful/ Unusual Shirt Day"**



Sign-ups for the Tuesday July 12th Dowsett Wine Tasting will take place at the July 7th luncheon. The charge is \$20 per person. See the flyer in this issue.

As we enter the summer months of 2022 the Covid Virus Pandemic seems to be on a proverbial rollercoaster course. Last month the State issued a protocol that removed the "Liability Waiver" being signed as a condition of attendance at branch functions. Since then, the virus has had a new surge and as of the 15th of June the Waiver requirement has been brought back. Life goes on and we will have to deal with it.

We will need a full count no later than that day in order for the winery to be able to prepare for us. Ted Pullen will be doing the sign-ups.

Membership is down. I'm sure that this is for a variety of reasons. The most significant reason, I'm sure is the Pandemic. I'd like to ask each of you to put your thinking caps on and go over your circle of friends with an eye toward membership prospects. Invite them to attend a luncheon meeting even if they are not a golfer.

July menu is Roasted Tri-Tip with BBQ sauce or Grilled Salmon with mango papaya

LITTLE SIR—*Bob Bundy*



As a retired physician I have been taking an interest in regenerative medicine and anti-aging strategies to keep me as active as possible for as long as possible. There is great research taking place at the Buck Center and we have Edward Anderton PhD scheduled to talk to us on July 7th. Edward is from Yorkshire and received his integrated bachelors-master's degree in biochemistry from the University of Oxford. His thesis was the study of the evolution of the mammalian brain by studying Hox genes which help determine the development of the embryo. After graduating, he worked in project management for the UK's largest retail bank for three years before returning to his real passion - science and solving aging. He is currently studying declining mitochondrial function which is found in aging and perhaps if this can be reversed, we will slow the aging process. He is enjoying living in the west where he spends quality recreational time climbing cliffs and bouldering.

July 2022 Meetings

Luncheon Thursday July 7
Executive Committee Thursday July 21

July 7th Luncheon Menu

Roast Tri-Tip w/BBQ Sauce, or
Grilled Salmon w/Mango Papaya

MEMBERSHIP REPORT June 2022

TOTAL ACTIVE MEMBERS - 6/1/22	92
GAINS DURING MONTH	0
LOSSES DURING MONTH	9
#111 Vic Macia #7 Dave Schreiner #54 Dug Dugdale #31 Wolfgang Hultner #1 Greg Poulos #176 Jerry Wong #99 John David #40 Bob Testa, medical #62 Bill Wigert	
TOTAL ACTIVE MEMBERS - 7/1/22	83

Call Don Beers at 332-3926 if you can't attend a luncheon

July 2022 Birthdays

21	Terry Aleshire	July 7
97	Ron Pastorino	July 10
74	Don Beers	July 11
37	Bob Bundy	July 13
23	Al Wuthnow	July 26
35	Thomas Bongi	July 29

Ron DeCook, Secretary



Branch Executive Board Meeting June 16, 2022:
 Al Wuthnow discussed our finances thru May and discussed the reply from previous mailing to those who have not paid their dues.
 Mike announced the resignations and the names of the 12 persons who have not yet paid and they will be deleted from our membership.
 We have been invited by Branch 22 to merge with them. It was tabled for now.
 In the absence of Bob Bundy, Mike Sommer discussed our upcoming speakers. July will be someone from The Buck Center and subsequent speakers will be "a tunnel rat" from the Vietnam War, a CIA agent who was based in Moscow, a discussion on the Death Penalty by Steve Rohde.
 Mike brought up a new member Tom Verkozen who has submitted his application
 Ted discussed names for wine tasting on July 12th, menu for the year, and other activities to include wives.
 July 7th meeting will be Colorful/Unusual Shirt day.
 Next Board meeting on July 21st.

SIR TRAVEL OPPORTUNITIES

CLASSIC NEW ENGLAND Sept.29-Oct 7 Day 1 Arrive Boston. Upon arrival in Boston meet your Tour Director - Day 2 Boston Sightseeing restaurants.—Day 3 Boston - Portland - Bar Harbor, ME Day 4 - Bar Harbor - Acadia National Park - Bar Harbor - Day 5 Bar Harbor - North Conway - Day 6 North Conway - Woodstock - Killington/Rutland, VT. for an overnight stay. - Day 7 Killington - Norman Rockwell Museum - Mohegan Sun - Day 8 Newport, RI - Mystic Seaport - Mohegan Sun - Day 9 Mohegan Sun - Boston - Flight Home. Fly home filled with fond memories of your Classic New England Tour. CONTACT Larry Yarberry (925) 890-9245, l.yarberry42@comcast.net or Talbot Tours 800 662-9933 info@talbottours.com Total Land and Airfare \$3950 DBL OCCUPANCY \$5180 SINGLE

CRUISE ABOARD THE CRYSTAL SERENITY QUEBEC CITY TO NEW YORK CITY October 5-13, 2022. Ports of call: The Bay of Fundy, Saint John, Bar Harbor, Boston, Newport, NYC. Crystal Cruises are all inclusive! Pricing from \$4898 pp dbl. occupancy, including airfare. Contact Milt Smith miltsmith549@gmail.com 925-285-2897

SIR Branch 7 Wine Tasting

☆ Drew Dowsett Wines ☆

Tuesday July 12, 2022

**For members and friends of SIR Branch 7
Join us for a summer wine tasting at
Drew Dowsett winery.**

**500 Tamal Plaza, Suite 516
Corte Madera**

1:30pm – 3:30pm \$20 per person

**Please rsvp with your name and number of
guests to: SommerMH@aol.com**

or

TedPullen@comcast.net



LUCKY 7 GOLF



Blue Rock East (Scramble) - June 1st

1	Radtke, Campas, Toso & Leonard	54.45
2	Cooper, Miller, Troya & Lucchesi	62.70

Closest to Hole 2

Closest to Hole 11

Jim Leonard		Jim Toso	
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Rancho Solano (Scramble) - June 8th

1	Giambra, Giachino, Aleshire & Phillips	58.30
2	Radtke, Pullen, Land & DeCook	63.90

Closest to Hole x

Closest to Hole xx

None		Gary Gioglio	5'9"
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Tilden (Scramble) - June 15th

1	Edwards, Pullen & Giachino	59.05
2	Radtke, Chan & Miller	59.30

Closest to Hole 4

Closest to Hole 16

Ron Radtke	21'3"	Ted Pullen	11½"
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Foxtail South (Individual) - June 22nd

A Flight Net

B Flight Net

1	Jens Erlingsson	TB 72	1	Bob Phillips	66
2	Paul Giambra	TB 72	2	Dave Miller	70

Closest to Hole 7

Closest to Hole 17

Paul Giambra	15'7"	Bob Phillips	33'4"
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STENZEL CONTEST STANDINGS

1. Ted Pullen	11½"	2. Dave Miller	1'7"
3. Gary Gioglio	2'7"		

2022 EXECUTIVE COMMITTEE

Big Sir: Michael Sommer **Little Sir:** Bob Bundy
Secretary: Ron DeCook **Asst Secretary:** Vacant
Treasurer: Al Wuthnow **Asst Treasurer:** Dick Robinson
Directors: Dave Bernardi, Ken Kauer, Ted Pullen,
 Bob Rigler, & Ralph Sherer
Advisor: Dick Robinson
Publisher: Kirk Beales — 415-492-2686,
 bear38@outlook.com
Webmaster: Vacant



SIR ON THE INTERNET

www.sirinc.org

www.sirinc.org/wearesir-2/

Gives SIR history, organization, locations, activities, travel programs etc.. Also the State newsletter, SIR Happenings. Suggested for those thinking of joining for an early orientation.

AREA 8 MONTHLY MEETINGS

Branch 7 McInnis Park 1st Thursday
 Branch 22 McInnis Park 1st Tuesday
 Branch 47 McInnis Park 4th Tuesday
 Branch 58 Elks Lodge Petaluma 3rd Tuesday
 Branch 68 McInnis Park 2nd Tuesday
 Branch 134 Embassy Suites 1st Tuesday
 Branch 147 Elks Lodge Petaluma 2nd Tuesday

SUNSHINE & SHADOWS

Ken Kauer, Chairman, 472-2334
 (No e-mail)

NON-RESPONSIBILITY DECLARATION

All activities arranged for, or by, or sponsored by, Sons in Retirement, Inc. and its branches are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc. and its branches do not assume any responsibility for the well-being or safety of the participants or their property in matters pertaining to said activities.