



FOOD BANK
+ MOBILE PANTRY



Local Roots

We were founded in 1970 by
a group of community members who saw a
need for better food security in the tri-cities





Our Mission

To reach hunger
where it lives .



Our Vision


To create
a food-secure
community for all .



Snapshot

9.5% 

of Fremont, Union City and Newark residents are **FOOD INSECURE**

150 

lunch and hygiene bags given to **HOMELESS CLIENTS A WEEK**



1400

FAMILIES FED WEEKLY at all our pantry sites

100 

VOLUNTEERS A WEEK sort, pack and distribute food

23 

MOBILE PANTRY SITES throughout the tri-cities

40,000lbs.



FOOD DISTRIBUTED A MONTH at our mobile pantry sites alone!



Where We Get The Food



- 2x Weekly food donations from Alameda County Community Food Bank
- Grocery Rescue from local stores (Trader Joe's, Sprouts, 99 Ranch Market)
- Food Rescue Partners (Daily Bowl)
- Urban Farms (LEAF)



How We Feed the Need | Food Pantry



Monday—Wednesday 10am—2pm
Thursday 12pm – 4pm
Friday 10am - 11:30am



How We Feed the Need | Client Choice



Choice = Dignity + Less Waste



How We Feed the Need | Snack and Hygiene Bags



In Partnership with City of Fremont and BACS



How We Feed the Need | Pet Food Pantry



In Partnership with Ohlone Humane Society



How We Feed the Need | Upcoming Programs



- Healthy Meal Kits for clients who would like a convenient way to prepare food
- Food Deliveries to individuals/families in need who can't get to one of our Pantries
- Nutrition Classes for clients to gather more information and embrace food as medicine ideology



How Can You Help?

We turn \$1
into
at least
10 Meals

Monetary
Donations



Intentional
Food Drives



Virtual
Food Drives



Volunteer!





How to Contact Us



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