

Forty-Ninth Year June 2024 **Bulletin No.6**

WHAT'S HAPPENING?

By Big Sir Rob Ingebretson



What a wonderful Sweetheart Luncheon we had in May. It was fun to see our members and their partner dressed in Hawaiian garb. We all seemed to embrace the theme of "Hawaiian Delight". A special thanks to Sir Rick Henry and his wife Rose for procuring our entertainment of the Hawaiian Hula Ladies. They put on quite a show and were well received by the

audience. Thanks to Sir Jerry Ford and Sir Bill Bauhofer for selling tickets to the event. Dave Badilla as usual entertained us during our social hour and lunch. Check out the pictures in this Pathfinder to see the fun we had.

As we approach this last half of the year I hope we can continue to bring new members into the organization. The interest of some of our latest members to become more involved has been encouraging. As I think of the twenty years I have been involved in our organization I have met and become good friends with so many great guys. As the SIR license plate frame says, "Make Friends For Life" seems for me to hold true. Although I have lost some dear SIR friends through the years, I have gained many new ones.

Looks like we will have four new guests to be inducted at our June meeting as new members. Let us keep up the good work and let us all continue to work at making our branch 59 one of the brightest stars in all the branches that make up California.

I look forward to seeing you all at our next meeting Wednesday June 19th. Don't forget to respond to Sir Ken Brunskill's evite as to whether you are coming or not.

Can you find Rollie?



You can win a bottle of wine if your name is selected. Submit your answer by placing your name and the page number where Rollie is located in the Pathfinder onto a slip of paper and into the Rollie "tub." The tub is located on the table where you line up for lunch or at the small table up front.



RSVP to the June 19th Luncheon by responding to the eVite or by notifying Ken Brunskill at 510-299-3186 or email steamntrout@comcast.net

JUNE GUEST SPEAKER Na Su - Epoch Times China Expert



Mr. Su has been a China Expert and commentator for over 20 years. He has covered a wide range of topics related to traditional Chinese Culture, Human Rights, Forced organ harvesting, Economy, Health, Politics, Covid, etc. with over 300 presentations to various groups in Northern California.

His most recent presentation "China's Global expansion past and future" has been very well received by audiences in . California and beyond . In May 2023, Mr. Su visited us and will share the most up-to-date information on this topic.



SPECIAL ANNOUNCEMENT

We are having a monthly business meeting on the first Wednesday of the month to discuss pressing issues and concerns regarding our Branch 59. The BEC and Directors will be attending, but if any member would like to join us we would love to have you. Our June 5th meeting will be held at 10:30 am at Suju's Coffee and Tea at 3602 Thornton Ave., Fremont See you there. RSVP to our Big SIR Rob Ingebretson at Roblingy@comcast.net or phone him at (510)

657-7828

June 19th Luncheon Menu Teriyaki Chicken and Roast Beef **Buttered Noodles and Rice** Steamed Vegetables, Green Salad and Dinner Rolls Apple Cobbler for dessert

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SIR Branch 59 BEC Minutes, May 1, 2024

Branch 59 Officers
Big Sir

Rob Ingebretson (510) 657-7828 Little Sir

Rob Perrill

(510) 468-1274

Secretary

David Nelsen (510) 673-5042 **Asst. Secretary**

OPEN

Treasurer

Larry Lardie (510) 579-5934

Asst. Treasurer

Mark Silvera (408) 605-3416

Directors

Ken Brunskill Jerry Ford Richard Henry Nat Lord Sammy Lum Bob Marshall

RAMP

Jim Ulam-Recruitment Fred Serena -Activities Rob Ingebretson-Membership Bob Marshall-Publicity

Branch 59

Meets at Fremont Elks 38991 Farwell Drive, Fremont CA on the 3rd Wednesday of each month 10:00 AM Executive Board Meeting 11AM Social Hour 12 Noon Lunch





The meeting was called to order by Big Sir Rob Ingebretson at 10:30am. All BEC members were present except Nat Lord, Jerry Ford, Fred Serena, Mark Silvera and Rob Perrill. We met at Suju's Coffee on Thornton Ave. We will not meet on May 15 as that is when we will hold our annual sweetheart luncheon.

The April 17 meeting minutes were approved as presented.

Treasurer, Larry Lardie reported the balance of our account was \$12,499.80 on May 1. The treasurer's report was approved.

Rob spoke about the upcoming sweetheart luncheon. There will be 83 members and significant others attending the event. Several gift packages will be assembled, ranging in cost between \$15 and \$20. Their distribution will be based on a simple drawing of tickets. One ticket will be given to each guest as they arrive at the event.

Bob Marshall suggested we develop "Chairmen Planning Guides" for activities and branch positions which would assist anyone who might step into a chairman role, either temporarily or for an extended period of time. The group agreed that having 'job descriptions' written out would help anyone taking on a new role.

Our current membership number is 129. This is the number of members who have paid dues for 2024. There is concern regarding the well-being of several long term members who have not paid 2024 dues and not returned calls. We will continue to reach out to ensure they are alright and understand there are ride-sharing opportunities in case they do wish to attend our luncheons.

Nominating; Based on the Schedule of Branch Operations, the nominating chairman, Rick Henry, should forward the slate of 2025 officers to our Big Sir by the end of May. He was ready and the nominees are; B.S. Rob Perrill, L.S. Jerry Ford, Secretary Dave Nelsen, Treasurer Larry Lardie, Asst. Treasurer Mark Silvera. Also five directors; Ken Brunskill, Bob Marshall, Rick Henry, Sammy Lum and Nat Lord. We are fortunate to include Fred Serena, Area Representative, as a member of branch 59 and we consider him part of our BEC.

Our next BEC business meeting will be held on June 5 at 10:30.

The meeting was adjourned at 11:42.

Dave Nelsen, Secretary







Members of the "Gracious Ladies" Hula dance group who entertained us at our Hawaiian Delight Luncheon. The dancer in the middle photo is 91 years old and did a strenuous solo routine.

Sir Sammy Lum Birthday Chairman



You may have noticed that our birthday procedure has changed. If it is your birthday month you are to pick up a lei in the box located next to the gentleman that gives you your badge when you

enter. You are to wear it during the luncheon and you may sit anywhere you want as there will no longer be a birthday table. Some time during the luncheon you will be given the opportunity to say your name and how old you are. After all the birthdays have been announced there will be a drawing for a bottle of wine given to one of the birthday members present. We ask that when you leave the luncheon that you please return your lei to the same box where you picked it up.

lune Birthday



Floyd Nesper Age 88



Jerry Sabo Age 82



Bob Cooper Age 79



Robert Doherty Age 77



Charles Gebhardt Age 77



Henry Romero Age 76



Age 71



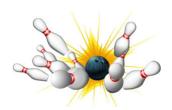
Age 67

SUNSHINE REPORT by Sir Rob Ingebretson

John Trischetti: Broke his femur and will be home bound for a while

We will also Celebrate the May Birthdays this month

Bowling Update



The weekly Monday SIRS league has been very well attended the first four months of the year, with approximately 18 bowlers showing up each week. Recently we have had a number of injuries and with Summer fast approaching we expect to see a slight drop in attendance in the coming weeks. Meanwhile, Sir Jerry Sabo and Sir Miguel Ferras teamed up with two other bowlers and finished in second place in the Division 2 of the Carson City tournament last month.

Sirs Jerry Sabo, Victor Okumura, Harvey Look and Miguel Ferras recently competed in a tournament in Rocklin. Sir Jerry took 1st place in Division 2 Singles and 3rd place in all events.

We are looking forward to hosting the SIR Branch 59 Annual tournament to be held on June 24 and 25 at the Earl Anthony Bowl in Dublin and are expecting to draw more than the 47 entrants that showed up last year. So far eleven bowlers will be representing our Branch. ~ Miguel Ferras

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CYBER GEEZERS



Cyber Geezers meet on the 4th Wednesday of each month. The meeting will begin at 1:00 pm. Login information is given below.

Recent topics have included Artificial Intelligence (AI), cyber security, EVs, photography, and various other topics. Join us and get your tech questions

answered.

Please send any suggested topics to Jerry at jlsabo3@comcast.net.

Join the next Zoom Cyber Geezer Meeting https://us02web.zoom.us/j/96358532596

Meeting ID: 963 5853 2596

POKER



The "Dealer's Lunch Bunch" meets for Poker every month on the Monday immediately following our monthly luncheon. We currently have about 10 members who routinely attend games. We have a seven-seat table, so space is limited to the first seven

players who reserve. But don't let that stop you from joining our group! We have had up to 10 players (lots of common card games) since the group started, and IF we consistently get more than 10 reservations, we will open a second table. The buy-in is \$10, with dime-quarter-half dollar chips, so it is within everyone's means. If you have a desire to play, please contact Sir Larry Jett (larrywjett@gmail.com), or Sir Bob Marshall (hdog48@gmail.com).

BOCCE BALL



We have free use of the new court at the beautiful Warm Springs Age Well Center on Fridays. Meet up is every Friday at 10:00 a.m. at 47111 Mission Falls Ct. (near Warm Springs Blvd. and Warren Ave). This will be a co-ed activity; everyone is welcome. Bocce Ball is easy to learn and very fun to play. For more

information contact Howard Elz at ELZH663@GMAIL.COM

GENEALOGY



Are you interested in finding who your ancestors are? We have been meeting after the Wednesday Luncheon. For more information contact Paul Parhiala at PARHIALACFP@EARTHLINK.NET

BOWLING



We have plenty of room for bowlers to join us on Mondays (Earl Anthony Bowl-Dublin) beginning at 11:00 am. Arrive at least 15 minutes early for lane assignments and practice. Cost is \$15 per week including a weekly prize pot. For more information contact Miguel Ferras at MIGUELFERRAS@MSN.COM

GOLF



Golf is in full swing with regular play at Spring Valley in Milpitas every Tuesday around 9:00 am. We usually get three tee times on a first-come-first-served basis. Pairings are changed regularly to ensure everyone plays with everybody. Open to all abilities!

We will soon also open up Thursday for those interested, probably at Redwood Canyon in Castro Valley.

Call, text or email Jim Ulam or Larry Lardie with any questions.

jimulam@gmail.com (510) 371-1757

larry.lardie@yahoo.com (510) 579-5934

WEDNESDAY WALKERS



Come join us on a weekly walk every Wednesday at 9:00 am. The location is updated once a week. We walk about one hour. Get some exercise and visit with other Sirs. Everyone is welcome, we are co-ed. For more information contact Jerry Ford at

SIRJERRYFORD11@GMAIL.COM

PINOCHLE



We are meeting after the Wednesday Luncheon. For more information contact Victor Okumura at VICTOROKUMURA13@GMAIL.COM

FLY FISHING





We are meeting the 2nd Thursday of the month at 9:00am. Tentative location is St. James Episcopal Church on Cabrillo Terrace and Thornton Ave. Contact Ken Brunskill to verify the time and location at STEAMNTROUT@COMCAST.NET

THE BRANCH EXECUTIVE COMMITTEE (BEC)

Do you even know what it is? Well it is a bunch of members, like you, that keep our branch operating. They would love to have you come and watch and listen to one of their meetings. Their meetings start at 10:00 am near the bar at our Elk's Lodge and finish at 11:00 am. right before our social hour. Although you cannot participate in the voting, your opinion is welcomed. Attending one of their meetings might spark an interest in you to volunteer and become more of an active member or learn how to become part of the BEC.

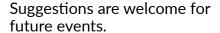
COUPLES WINE TASTING



Sirs, don't forget to sign up for the June 14th wine tasting event at Rios-Lovell Winery. I think this will be another outstanding event.

- Friday June 14th from 12:00 noon to 2:00 pm
- 6500 Tesla Road, Livermore
- Spacious and beautiful grounds and seating area
- You can do flights \$20 for 5 pours.
- Or bottles 20% discount. The have a large selection.
- Or Both
- Bring a picnic or snacks
- Here is their link: https://www.rioslovellwinery.com/

Let me know if you would like to attend. Email me at fmtlangs@pacbell.net or call or text me at 510-290-6007.

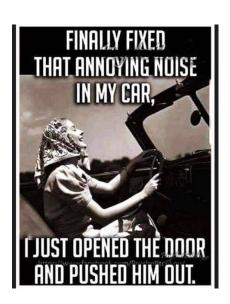




os-Lovell

Thanks,

Andy Lang -Couples Wine Tasting Activity Honcho



SIR's! Did you ever play in a Rock n' Roll band?



Would you LIKE to play in a rock band? If so, please respond to Sir Bob Marshall at hdog48@gmail.com (510-502-7295) and let him know you'd like to be reborn as

a ROCK STAR! Let him know what you play (guitar, bass, drums, keyboards, horns, sing, etc.) and be the first to join The Fremont Pathfinder Branch 59 Sons In Retirement Memorial Rock Band! If we get enough people with the desire, we will schedule our first jam session in the next few weeks, and hopefully entertain our troops during a meeting or two. BE THERE OR BE SQUARE!

Surgery in a hospital doesn't necessarily lead to better outcomes than surgery in a surgical center

By Sheila Kaplan

Does paying more to have your outpatient surgery done at a hospital, rather than at a freestanding surgical center, lead to better care? A new study led by James C. Robinson, professor of health economics at UC Berkeley School of Public Health, says no.

In an investigation published in the April issue of *The American Journal of Managed Care*, Robinson and his team found that the higher prices typically charged by hospitals for four common surgeries were not justified by higher quality, as measured by the rate of post-surgical complications.

The researchers analyzed more than 2 million national Blue Cross Blue Shield insurance claims from 2019-2020 for patients aged 18 to 65 who received a colonoscopy, knee or shoulder arthroscopy, or cataract removal surgery, and calculated the prices and rates of complications for each procedure.

They found large differences in price, but very little difference in the rate of post-surgery complications.

After adjusting for patient characteristics, risk, and geographic market location, the authors wrote, prices paid for colonoscopies in hospitals were nearly 55% higher than those charged in ambulatory surgery centers; hospital prices for arthroscopy and cataract removal were roughly 44% higher.

A small difference in rates of post-surgery complications, according to the study, was found regarding colonoscopy: hospitals had a slightly higher rate of complications over a 90-day interval, compared to ambulatory surgery centers. But the rates were statistically similar when measured over the seven and 30-day intervals. Rates were similar between the two sites of care for arthroscopy and cataract removal.

"We were looking at whether a patient got a surgical infection, or had a general complication, like a stroke," Robinson said. "The rates were very low. These are elective, voluntary procedures done on non-aged patients with private insurance."

To Robinson, the hospitals' higher prices are not warranted without higher quality. But he also believes it would be a mistake for policymakers and insurers to force patients to go to the cheaper ambulatory surgical centers for their procedures.

"That isn't desirable either," he said. "The real solution is that the hospitals should charge the same price as the ambulatory centers."

"You really need facility-specific information on price and quality," he said. "And that information is almost impossible to get. The American healthcare system is so inefficient. We're just sloshing around in it."

Fun and Games

SUPER QUIZ

Take this Super Quiz to a Ph.D. Score I point for each correct answer on the Freshman Level, 2 points on the Graduate Level and 3 points on the Ph.D. Level.

Subject: AMERICANA (e.g., What is a "leatherneck"? Answer: Nickname for a U.S.

FRESHMAN LEVEL

1. What is a C-note?

Answer

2. Which president is known for saying, "The buck stops here"?

Answer

3. What is the longest tributary of the Mississippi River?

Answer_

4. In what field of work is Grandma Moses best known? Answer_

5. Cowboy song title: "Bury Me Not on the

Answer

GRADUATE LEVEL

6. What comic actor often lamented, "That's another fine mess you've gotten us into"?

Answer

7. "Kemo Sabe" was Tonto's nickname for whom? Answer

8. Who was the star of TV's "Your

Show of Shows"? Answer 9. "Leaves of Grass" was his first and

most famous book of poems.

10. In which novel did Tom Joad say, "A fella ain't got a soul of his own

Answer

PH.D. LEVEL

11. What film producer mused, "Include me out"?

Answer

12. Who wrote, "Give me your tired, your poor"?

Answer_______
13. To whom was Ruby Keeler married from 1928 to 1940?

Answer______
14. This Native American woman was pregnant while assisting on the Lewis and Clark expedition. Answer

15. Why are large things referred to as "jumbo," as in "jumbo jet"?

ANSWERS: 1. A \$100 bill. 2. Harry S. Truman. 3. Missouri River. 4. Painting. 5. Lone Prairie. 6. Oliver Hardy. 7. The Lone Ranger. 8. Sid Caesar. 9. Walt Whitman. 10. "The Grapes of Wrath." 11. Samuel Goldwyn. 12. Emma Lazarus (her poem is on the base of the Statue of Liberty). 13. Al Jolson. 14. Sacagawea. 15. P.T. Barnum's large elephant named Jumbo.

SCORING:

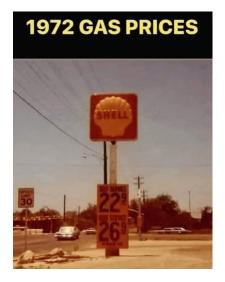
24 to 30 points — congratulations, doctor; 18 to 23 points — honors graduate; 13 to 17 points — you're graduate; 13 to 17 points — you're plenty smart, but no grind; 5 to 12 points — you really should hit the books harder; 1 point to 4 points enroll in remedial courses immediately; 0 points - who reads the questions to you?

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North America Syndicate Inc.

RHYMES WITH ORANGE Hilary B. Price





Everything in this picture is now in your pocket.





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Don Edwards, SIRs and the Newark Slough



What a beautiful spring day! The Wednesday Walkers chose Don Edwards Wildlife Refuge for May 8. Funny, with the Bay Area population at 7 million or so, here is a piece of nature stuck right in the middle of it. I mean wild oats, Black mustard, Century plants and much more. We missed a lot of the birds because we don't start walking until 9 AM, but Turkey vultures, a hawk or two and waterfowl still hung around for us to view. Out there past the Newark Slough, the Dumbarton Bridge gleamed for those who took a look. We even spied a wildlife photographer on the trail. I must say the SIR walkers sure looked sharp striding past the red picnic structure between the slough and the Bay. We even picked up a new

walker, John Vickroy. Glad to have him in the group! ~Bruce Roberts







Story out of Nothing?

Well, Sirs, not really nothing, but you've maybe seen it all before – or not! It goes this way. Wednesday Walkers on May 22, end of spring or so met at the Boathouse at Lake Elizabeth. We waited for Bill, but it was the day after the big crash in front of his building on Fremont Blvd. He didn't make it this day. Contrarians this day, we walked counterclockwise around the lake. Don't tell Jerry.

Needless to say, I lagged behind the group 'cause when I stopped to take a picture, THEY just kept on walking. But Rick was nice enough to hang with me. So, not much to grab the attention of my camera. Lovely walk, flat paved path, not too much goose poop, warm morning air. Adolescent duck and a couple of Mallard adults, a resident squirrel, a blooming California buckeye. We noted the other walkers and the fading green on the hills. Not long until we have a California Gold summer. ~Bruce Roberts













May 15th Sweetheart Luncheon







During the social hour and throughout our delightful dining experience, the musical ambiance was gracefully set by Dave Badilla, an accomplished singer and guitarist.



Gifts given away at the luncheon



Yum! Hawaiian Chicken



Little Sir Rob Perrill with the master of ceremony, Big Sir Rob Ingebretson





The "Gracious Ladies" Hula Dance Group delivered an unforgettable performance during the luncheon.

















IF YOU BRING A GUEST TO OUR NEXT LUNCHEON COULD YOU PLEASE CALL, ROB INGEBRETSON, MEMBERSHIP CHAIRMAN, AT (510) 657-7828 OR EMAIL

ROBINGY@COMCAST.NET

Do You Need A Ride to our monthly luncheons? If the answer is yes then let Rob Ingebretson know at (510) 657-7828 or email at

ROBINGY@COMCAST.NET

We notify you of our luncheon meeting two ways. First, by an EVITE to all of you who have a good email address with the branch. You can RSVP via the Evite from Ken Brunskill, by following the directions in the Evite email. Second, you will be notified by the monthly Pathfinder, which is emailed, or U.S. mailed to every member depending on your request.

STEAMNTROUT@COMCAST.NET

510-299-3186

You can get your Pathfinder at Newsletters-2024

Comments, photos for site etc. email to: sirbranch59@gmail.com

Send news and questions to: Sammy Lum, Editor

Jerry Sabo,
jlsabo3@comcast.net
Assistant Editor

PATHFINDER DEADLINE

Copy deadline for the next issue of the Pathfinder will be Wednesday, a week after the regularly scheduled Monthly Luncheon Meeting.

SIR Happenings is published 4 times a year—the next issue will be published for August 2024.



Deadline for submitting articles is July 15th. You can find past issues on our website: https://sirbranch59.org/

Can't Put a Name to a Face?
Visit our branch website at
www.sirbranch59.org

Click on the Member Gallery tab on the website and then enter the password: SIR59

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Ken Brunskill- Chairman Bob Marshall-Assistant Bill Leake- Assistant Bill Pruner-Assistant Andy Lang - Assistant AUDIO-VISUAL

Sammy Lum/Jerry Sabo AUDIT

Carl Nordling - Chairman Open- Assistant BOCCE BALL

Howard Elz - Chairman BIRTHDAYS

Sammy Lum - Chairman BOWLING Miguel Ferras- Chairman BRIDGE

Arnold George-Chairman
CHAPLAINS
Ted Bresler and Russ Blowers

CIRCULATION Open- Chairman COUPLES DINING OUT Jim Ulam - Chairman COUPLES WINE TASTING

Andy Lang- Chairman CYBER GEEZERS Jerry Sabo - Chairman FLY FISHING

Ken Brunskill - Chairman

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Paul Parhiala - Chairman
GOLF

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