



Forty-Forth Year MEETING-Fremont Elks Lodge <u>June 2019</u> <u>Wednesday June 19, 2019</u>

<u>Bulletin No.6</u> Social Hour-11 A.M.



Big Sir Harvey's Thoughts God's Plan for Aging.

Most seniors never get enough exercise. In His wisdom God decreed that seniors become forgetful so they would have to search for their glasses, keys and other things thus doing more walking. And God looked down and saw that it was good. Then

God saw there was another need. In His wisdom He made seniors lose coordination so they would drop things requiring them to bend, reach & stretch. And God looked down and saw that it was good. Then God considered the function of bladders and decided seniors would have additional calls of nature requiring more trips to the bathroom, thus providing more exercise. God looked down and saw that it was good. So if you find as you age, you are getting up and down more, remember it's God's will. It is all in your best interest even though you mutter under your breath.

Nine Important Facts To Remember As We Grow Older:

#9 Death is the number 1 killer in the world.

#8 Life is sexually transmitted.

#7 Good health is merely the slowest possible rate at which one can die.

#6 Men have 2 motivations: hunger and hanky panky, and they can't tell them apart. If you see a gleam in his eyes, make him a sandwich

#5 Give a person a fish and you feed them for a day. Teach a person to use the Internet and they won't bother you for weeks, months, maybe years unless you give them your email address.

#4 Health nuts are going to feel stupid someday, lying in the hospital, dying of nothing.

Continued on Page 6



Speaker-John Lehmen

John is currently office and marketing manager for Sarahcare of Campbell, an adult day activities center. He is also launching WhoSangIt, a webservice for download and streaming music retailers to

retrieve every individual song by date for any date beginning in 1890. An amateur musicologist, John has collected music since 1959 and has one of the largest private single record/song collections in the world, covering every single in nearly every genre from 1890-today.

John has given hundreds of "Who Sang It" entertainment programs since 2004.

A Vietnam era veteran, prior to 2005 John spent 36 years in high-tech software, including founding Verity Inc., Sageware Inc., and HighClassify Inc., all specializing in text search and classification.

John co-founded and was the Executive Director, of Senior New Ways, a Palo Alto, CA non-profit. He created Vintage Music for Memory Therapy, beginning in 2008, for both groups and individuals, and delivered it to many day care and residential care centers, beginning with Sarahcare in 2012

John has a BS in business from the University of Minnesota and pursued an MBA in Management Information Systems. John has over 45 years of teaching experience for ages 3-13 and adults. He is a sought-after public speaker and humorist.

Who sang it activity explained on Page 6.

By finding ROLLIE — you can win a free lunch if your name is selected. Let Rollie Referee Dino Mostardi know where he is located in the Pathfinder after you buy your luncheon ticket.

<u>Menu—Dina's Catering</u> BBQ Spare Ribs/Lemon Chicken Steamed Mixed Vegetables, Potatoes or Rice Garden Salad and a Brownie for Desert



If you are <u>not</u> coming or if you are bringing a guest or visitor <u>Don't forget to Call</u> on the <u>SUNDAY BEFORE THE MEETING</u>- or earlier Ed Guthrie (510) 659-0498 or email <u>edguthrie@comcast.net</u>



SIR Branch 59 BEC Minutes, May 19, 2019

Branch 59 Officers

Big Sir Harvey McAninch (510) 441-3803

Little Sir Richard Henry 510-487-7817

Secretary David Nelsen (510) 673-5042 Asst. Secretary Rob Ingebretson (510) 657-7828

Treasurer Hugh Twomey (510) 796-5559

Asst. Treasurer Arnold George (510) 797-9524

Directors

Bill Briscoe Jerry Halligan Larry Jett Larry Lardie Sammy Lum John Pesek

RAMP

Jim Ulam-Recruitment Larry Lardie- Activities Ron Brutvan-Membership Sammy Lum-Publicity

Branch 59 Meets at Fremont Elks 38991 Farwell Drive, Fremont CA on the 3rd Wednesday of each month 9:30 AM Executive Board Meeting 11AM Social Hour 12 Noon Lunch



A Nonprofit public benefit corporation for retired men



The meeting was called to order at 9:30am by Big Sir Harvey McAninch. Following the pledge we went into closed session to discuss a sensitive subject. Closed session ended at

10:05.

All officers and directors were present.

Treasurers report was approved as presented. The balance of the general fund on May 15 was \$6,049.02.

April 17 meeting minutes were approved as presented.

Harvey will present a senior award to Don Henry today. Also a special bowling pin, donated by Cloverleaf Bowl and signed by many Sirs will be given to Don.

A RAMP meeting was held in early May. One important outcome from the meeting; More people should be involved in each RAMP position; Recruitment, Activities, Membership and Publicity. Please consider participating in one of these groups if asked to help.

Next year's Big and Little Sir, Rick Henry and Larry Jett, will be conducting the BEC and luncheon meetings on Sept 18 as a primer for their roles next year.

Larry Lardie and team will be handing out an activity survey as members arrive today. The survey will be included in the June Pathfinder in order to collect interest in activities from members not present for the May luncheon.

The nominating committee submitted a proposed slate of branch officers planning to serve in 2020.

Harvey requested directors seek members to serve as assistant director with them. This would be filling the pipe with future leaders of our branch.

13 members are celebrating birthdays this month. Two guests are expected to join us today and one person is coming for orientation. Four new members are expected as well. Their membership was moved, seconded and approved.

A new membership application and trifold with the new SIR's logo for recruitment and advertising is now available.

11 members have not yet attended a meeting this year. Calls will be made to determine their status.

Membership committee reported our current membership is 152. This is a positive 2 for the year. April's meeting attendance was 69%, 104 members.

A question was raised; Is there interest in our branch being involved in the fourth of July parade, art festival, antique car show, etc. Some events have entry fees and application deadlines.

Dave Shideler has indicated he will retire as chairman of the golf group. Dave has coordinated the golfers since February 2018. The BEC extends our thanks to Dave for his time, efforts and leadership. Our activities would not happen without someone to coordinate them. Extend your thanks to Dave when you see him.

Two new volunteers have offered to assist Rob with the holiday luncheon in December. A few more volunteers will be very helpful.

New activity thoughts; "Men in the Kitchen". This could be a teaching/learning activity as well as a serving opportunity, for the group or for others. "Meals on Wheels". They are looking for additional volunteers. The organizer will be asked to come and speak at a future meeting.

A request was made to begin serving lunch immediately following the pledge and invocation. Motion was made to adjust the luncheon agenda to limit business prior to serving the meal. Motion was seconded and approved.

Meeting adjourned at 10:49am.

Dave Nelsen, Secretary

MEMBERSHIP, ATTENDANCE by Sir Ron Brutvan, Sir Ed Guthrie

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Sir Ed Guthrie Attendance Chairman

Attendance Report 05/15/2019		
Members	100=66%	
Guests	3	
Visitors	1	
Total	104	
Excused	36	
Unexcused	18	

Attendance Report



Sir Sammy Lum Birthday Chairman

June Birthdays

William Pereira	88
William Briscoe	86
Willie Jackson	84
Floyd Nesper	83
Ronald Matuszak	82
Alan Kenney	82
John Vennemeyer	82
Jerry Sabo	77
Robert Doherty	72

New Members/Guests

New MembersJohn GatesTransfer Br. 120Kevin HurleyJim Ulam

Guests (2nd time) Ed Nelson Andrew Lang

Guest James Green Don Roach

Guests (1st time)eenPaul PennelllychNat Lord

Pictured below: Sir Kevin Hurley, Big Sir Harvey, and Sir John Gates.

Membership Report



Sir Ron Brutvan Membership Chairman

Membership Report 05/15/2019

<u>Members</u> 152

<u>Resigned:</u> Mike Harper John Mikel

Moved Health

<u>Deceased:</u> Bud Farrell

04/12/2019





Super Senior Don Henry grabbing some desert!

Welcome Back Sir Bob Benya/Songleader



Bring in a Guest We need new Members

TRANSPORTATION ASSISTANCE REQUEST

Need transportation assistance to attend SIR luncheons?

Send your request to: <u>sirbranch59@gmail.com</u> Include your name, phone number,street name and nearest cross street for potential driver's information





Thanks for filling out the Activity Survey Forms!

SIR BRANCH 59 ACTIVITIES

Strikes and Spares by Sir John Pesek



In the SIR State Bowling Tournament, held by Branch 161 at the Harvest Park Bowling Center in Brentwood, California, the Branch 59 team of, Sir Ron Hamro, Sir Frankie Cordova, Sir Victor Okumura, and Sir Gary Bennett placed 6th out of 13 teams in Division 2. BUT even better, the

Division 2 Doubles team of Victor Okumura and Gary Bennett came is 1st place out of 23 teams. With Sir Gary Bennett bowling a 214 game and Victor bowling 198 game. Congratulations

Last we took a break form our regular Branch 59 Monday bowling, as Cloverleaf Bowl was full of Memorial Day tournament bowlers. Prior to that we had some very hot bowling. Sir Miguel Ferras 235 & 206, Sir Frank Cordova 223, 211, 200, Sir Joe Stanley 213, Sir Donal Spicer 204 and Sir Gary Bennett 201.

On Tuesday, June 18th, Branch 59 will be sponsoring a SIR Tournament at Earl Anthony Bowl in Dublin. See Tournament Manager Victor Okumura for more information. Applications are available at <u>http://www.sirinc3.org/sirBowling/html/bowlingtournamentappl</u> ications 2019.php

Last week we welcomed Sir Kevin Hurley to the regular Sirs Monday Bowling.

We always have room for more bowlers in our group. Usually 15 to 18 bowlers show up on Monday to bowl. There is no team commitment, nor a penalty if you can't make it. Coffee is hot and free. The companionship is warm and abundant. We meet at the Cloverleaf Family Bowl. Just show up and be ready to start practice bowling at 12:45 P.M. The cost is \$15 to bowl 3 games. We normally finish before 3:00 P. M.

You can get your Pathfinder at:

<u>http://sirbranch59.org</u> Comments, photos for site etc. email to: <u>sirbranch59@gmail.com</u>

Golf Notes by Sir Dave Shideler



The weather continues to hamper our scheduled play. It seems as though everytime we plan on playing Skywest it is raining or too wet to use Carts. We will try again on June 4th. I suppose there is something to be said about the differences between a privately owned course and a tax

payer funded municipal course.

We will continue to alternate weekly between Spring Valley in Milpitas and Skywest. We had a good show at Spring Valley with 15 golfers on May 7th, the most we have had this year.

Anyone interested in joining our Tuesday Golf group should contact me by email at Dpspanky@att and I will place you on my list for weekly mailings. Golf is a great way to stay active and enjoy the comaraderie of fellow Sirs.

"I sent you an email" he said, as you can imagine I get tons! I am now replying to your replies so you will know your reply has been received and you are on the list to play to following Tueday. Confusing? Hope not.

Fairways and Greens,

Dave



"Of course you never lose your ball... you never hit it more than a few feet."



Technophobe Meeting

Cybergeezers usually meet on the Tuesday following our monthly SIR Luncheon. Our next meeting will be held on June 25th at UCC Fremont Church, 38255 Blacow Road, Fremont, CA. Just show up and you will

be a member of our group. The meeting time is from 1:30 to about 3:30 PM.

We keep hoping that newcomers will show up to our meeting. If you have a laptop that is not working well bring it along to see if upgrading is worthwhile. If you are interested in obtaining a laptop, Jerry still has two very good laptops for sale at his refurbishing cost. a 13" Macbook laptop for \$100 and a 15" Macbook Pro laptop for \$250.

The plan is to have several such gadgets at the meeting and several of the Cybergeezers will be available to help answer questions and help any Technophobes or reluctant technology users dispell their fears.

The June meeting will be dedicated to newcomers.

OTHER ACTIVITIES

BRIDGE GROUPS

The Bridge activity includes 2 night time couple's groups and a daytime group following the monthly luncheons Sir Arnold George -510-797-9524

READERS AND BROWSERS

Bring your magazines and books to share, take books home to read. Sir James Ploor 510-656-9537





SIR Wine Group Tasting

A Wine Tasting was held on May 18th at the Stanley's home. The tasting was attended by seven couples. They sampled three white wines and four Rose' wines. The winning wine was an Ironstone Obsession white wine made from a fairly new grape varietal called Symphony. Symphony is a cross between Muscat of Alexandia and Generche Gris. It was developed at U.C. Davis. A good time was had Joe Stanley by all that attended.

COUPLES DINING OUT All Sirs (singles, couples, friends) are invited to join us. This activity is in the planning stage so let your thoughts be known to:

Chairman Sir Jim Ulam -510-797-9357 or email — TIME4GOLF@SNAKEBITE.COM

"Dealers Lunch Bunch"

Next poker lunch scheduled for June 24th

(FOURTH Monday of the month)

Time: 1pm to 4pm **Location**: Home of Sir Larry Jett * 8176 Fairway Court Newark, CA 94560

Buy-in and Game: \$10 buy-in with dime/quarter/half dollar/dollar chips; dime ante; half dollar maximum; each game around the table is dealer's choice.

Food/Drinks: Bring your own eats and drinks. **Roster:** * Be advised that the monthly venue is subject to change from time to time. Any interested players who HAVE NOT previously signed up for the group should notify the Poker Co-Chair via email (hdog48@gmail.com) prior to attending a scheduled game.

Please send notices of Activities and/or **news items to** jlsabo3@comcast.net.

Help! It would be great if photos taken at other SIR activities besides our luncheons could be sent to Sir Jerry Sabo for inclusion in the Pathfinder. I know that many activities are going on such as the poker group activity. I really appreciated having those photos for the Pathfinder, and I know that Sir Sammy Lum would appreciate more photos and stories for our *sirbranch59.org* website.

WhoSangIt Vintage Music Competitive Quizzes

The MOST IMPORTANT THING YOU CAN DO FOR YOUR BRAIN AND MEMORY IS TO LISTEN TO MUSIC. Tables will compete with each other to correctly guess the title, performers, and/or film from original recording 30-45 second song snippets from the late 1930's to 1995. There will be a prize for each member of the table with the most correct answers. There could be as many as 4 correct answers per song and some songs has more than one correct Title.

There is No penalty for guessing.

Please: NO CELPHONE USAGE.

HAVE FUN! THESE QUIZZES WILL IMPROVE YOUR MEMORY!

Putting together a **Baseball game at the Aces**

in Reno. We can get tickets for infield premium seats (Dugouts), or in the upper sections of 108-109-110. The tickets are \$24.00 and we get a \$20.00 free hat. We need twenty Sirs, family, or friends to get this great deal. The games are Friday, Saturday or Sunday. The dates are listed below. If you are interested email me back with the date you prefer, and how many tickets you might need. The sooner I know how many are interested I will get in touch with the Aces office and make a deposit for the amount of seats we need and the date.

August 2nd, 7:05 pm, 3rd, 7:05 pm, 4th, 1:05 pm (Omaha)

August 16th, 7:05 pm, 17th, 7:05 pm, 18th, 1:05 pm (Sacramento)

August 23rd, 7:05 pm, 24th, 7:05 pm, 25th, 1:05 pm (Saint Louis)

I Have 16 people interested in going to the Aces game in Reno. The most popular date is November 25th. I am hoping we can get at least the 20 we need to confirm for the game. It would be great if we have 25 Sir, Family or Friends sign up in case we had any cancelations.

Larry Coffman userramp@aol.com (530)577-0328

Big Sir Harvey from Page 1

#3 All of us could take a lesson from the weather. It pays no attention to criticism.

#2 In the 60's, people took LSD to make the world weird. Now the world is weird, and people take Prozac to make it normal.

#1 Life is like a jar of jalapeno peppers. What you do today may be a burning issue tomorrow. Please share this wisdom with others while I go to the bathroom.

Special BEC Meeting

<u>A special BEC meeting was held on May 1, 2019 at Lake</u> <u>Elizabeth</u>. Its Purpose was to interview a caterer who is being considered to replace our current caterer.

The Meeting was called to order at 11:30am by Little Sir Rick Henry. Members present: Rick Henry, Dave Nelsen, Rob Ingebretson, Hugh Twomey, Jerry Halligan and Bill Briscoe. This did not make a quorum.

Kristen of Big & Littles Catering joined us to discuss what she has to offer. She was recently approved as a caterer at the Elk's lodge and her insurance is in force. She likes to work alone and hires very competent, professional people when necessary. Expects to need one helper and a dishwasher when working for us. Would work on a monthly basis without need of long term contract.

Our current serving area would remain very similar; Two tables with vegetables, sides and 2 entrees. She would not serve the entree, it would be presented in single serving portions easy for us to serve ourselves. Salad table as we currently have, but she provides complex, pre-dressed, mixed salads. She makes the deserts. Cost would be \$16 per plate, 100 plate minimum. Special event cost would be between \$20 and \$25.

Meeting was adjourned at approx. 12:30pm.

During the regular BEC meeting held May 15, 2019:

Meeting was called to order at 9:30am. We immediately went to executive session to continue discussing changing our caterer. Bill Briscoe shared several concerns he has about Big & Littles Catering. He has some insight regarding this caterer and work she has done at the Elk's lodge.

A comment was made; A new caterer has recently been approved to serve at the Elk's lodge.

Question posed by Rob; Can Ricardo (a trusted caterer we have hired in the past) become approved by the Elk's lodge?

John Pesek made a motion: Postpone accepting Big & Littles as our new caterer. Have committee look into new caterer recently approved by Elk's. Ask Elk's what it would take for them to approve another caterer to serve at their lodge. Have Danniel continue catering for us for now. Rob seconded the motion and it was approved.

Executive session was closed at 10:05am.

Dave Nelsen, Secretary



When you win a good prize, don't let it get away!



Dr. Horace Hines informed us all about the Science and Strategies of Baseball.





Super Senior and Super Bowler Don Henry





Greetings from the guys, and the Activities Table



PATHFINDER BRANCH 59 Jerry Sabo, Editor & Publisher 36647 Montecito Dr./Fremont, CA

94536-2615

<jlsabo3@comcast.net>

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FIRST CLASS MAIL

June 2019

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ACTIVITIES Larry Lardie- Chairman James Ploor - Assistant ATTENDANCE Ed Guthrie - Chairman Bill Leake- Assistant John Williams - Assistant Bruce Hevelin - Asssistant AUDIO-VISUAL Carl Nordling - Audio Jerry Sabo - Video AUDÍT Carl Nordling - Chairman Ron Brutvan - Assistant BIRTHDAYS Sammy Lum - Chairman Art Winkley - Assistant BOWLING John Pesek - Chairman BRIDGE Arnold George-Chairman CAPS & EMBLEMS Nat Lord - Chairman CHAPLAINS Howard Thompson Ted Bresler CIRCULATION Bill Briscoe - Chairman Sterling Strickland - Assistant COUPLES DINING OUT Jim Ulam - Chairman COUPLES WINE TASTING Joe Stanley- Chairman CYBERGEEZERS Jerry Sabo - Chairman DATABASE Hugh Twomey - Manager Fred Gotthardt - Assistant

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> Fred Gotthardt Nat Lord

Honorary Life Member Hugh Twomey Arthur Winkley 1976 Peter Clark* 1977 Karl Heine* 1978 Harry Cooper* 1979 Kenneth Foster* 1980 Larry Varblow* 1981 Guido Milano* 1982 Alex Fulton* 1983 Stephen Epler* 1984 George Herman* 1985 Ray Crosby* 1986 Loran Coburn* 1987 Robert Davis* 1988 Robert Klindt* 1989 Martin Annen* 1990 Lee Updegraff 1991 Fred W. Fretter* 1992 Lyle Kingery 1993 LeRoy J. King* 1994 George Hubach* 1995 Clyde Killion* 1996 Bill Schwan* 1997 Nat Lord 1998 John Buchanan*

2019 PAST BIG SIRS

1999 Art Lampert* 2000 Harry Heyen* 2001 Bob Beam 2002 Rollin Cunningham* 2003 Don Henry 2004 Tom Sherba 2005 Howard Thompson 2006 Les Addison 2007 Ted Bresler 2008 Richard Holley 2009 Don Gillis* 2010 Frank R. Thomas 2011 Hugh Twomey 2012 James Ferenz* 2013 Skip Mugford* 2014 Rob Ingebretson 2015 Skip Mugford* 2016 Jim Ulam 2017 Jim Ulam 2018 Harvey McAninch *(deceased)

PATHFINDER DEADLINE Copy deadline for the next issue of the Pathfinder will be Wednesday, a week after the regularly scheduled Monthly Luncheon Meeting.

