



The Pathfinder

Branch Number 59

Thirty-Ninth Year

October 2014

Bulletin No.9

NEXT MEETING at Newark Pavilion - Thursday, October, 16, 2014

WHAT'S HAPPENING?

by Big Sir Rob Ingebretson



I hope you all enjoyed our September speaker, Dr. Joseph Bachicha, as much as I did. He made me more aware of the areas of my health I need to be concerned about; i.e. blood pressure, cholesterol, blood sugar, etc. I recently saw a section on five things to improve our health I want to share with you. (1) Diet- watch portion control (except at our SIR luncheons) (2) Exercise – 30

minutes a day, 5 times a week (3) Sleep- at least 6 hours a night (4) NO SMOKING (5) Reduce stress (have a pet). I wonder if that means your wife?? O.K. enough about our health.

Our Christmas Holiday Luncheon scheduled for Thursday December 18th will be here before you know it. With that being said our social chairman, Sir Jim Ferenz, has put together a wonderful program for us. So now you need to do your part and get your tickets. They will be available for purchase at our next meeting. If you don't have a significant other, come anyway as we will have a table or two for our single men. If you would like to reserve a whole table for 8 don't forget to get the form either at our next meeting or simply download it from the Branch 59 website: <http://branch59.sirinc2.org> and click on [Table Request Form](#).

One other important part of our Christmas Holiday Luncheon are the door prize donations. Sir Bill Leake is our donation coordinator. You can help him and our organization by picking up some merchant letters or downloading them and take them to your favorite restaurant or merchant and see if you can get a donation that we can award. Sir John Prior, who makes his own wine, will grace each Christmas Luncheon table with one of his great vintages for your enjoyment.

One final thing, I want to thank all the generous members that buy there luncheon ticket with a twenty dollar bill and put the two dollar change in our donation bucket, some even more. And don't forget if you are not going to have lunch with us you still need to give us a five dollar donation to cover the cost of the hall rental and set-up. You can have a cup of coffee and a dessert for your donation.

SPEAKER Jim Carley

By Little Sir Larry Goodman

Jim Carley is Certified Senior Advisor, a Reverse Mortgage Consultant, and a former Banker and Investment Advisor. With his unusual background of both lending and investment experience Jim helps clients with tips and strategies to increase their cash flow, improve their retirement independence, and in some cases save taxes.



Mr. Carley has spoken before the National Association of Independent Financial Advisors, the East Bay Financial Planners Association, was recently interviewed on the Better Homes Mason McDuffie radio network, and is a Rotary club speaker.

He is a sponsoring member of the Financial Planning Association of the East Bay and the National Association of Independent Financial Advisors.

He is married, with two grown children and two lazy cats. Like Jim, his wife Anne is a tennis nut; they were married on a tennis court.


**BRING IN A GUEST
WE NEED NEW MEMBERS**

MENU

**Spaghetti and Meat Balls
and Chicken Scaloppini**

Mashed Potatoes, Rice and Long Beans

Win a Free Lunch

By finding ROLLIE —  — you can win a free lunch if your name is selected. Let them know where he is located in the **Pathfinder** when you buy your luncheon ticket.



If you are not coming or if you are bringing a guest or visitor
Don't forget to Call on the Monday before the meeting - or earlier
Ed Guthrie (510) 659-0498 or email edguthrie@comcast.net



Branch 59 Officers

Big Sir
Rob Ingebretson
(510) 657-7828

Little Sir
Larry Goodman
(510) 657-0608

Secretary
Frank R. Thomas
(925) 960-0429

Asst. Secretary
Peter Angelides
(510) 797-3570

Treasurer
Hugh Twomey
(510) 796-5559

Asst. Treasurer
Arnold George
(510) 797-9524

Directors

Nat Lord
Skip Mugford
George Perry
Jerry Sabo
Sheldon Schwartz

Branch 59

Meets at Newark Pavilion
6430 Thornton Avenue
Newark
on the 3rd Thursday of
each month
10:00 AM
Executive Board Meeting
11AM Social Hour
12 Noon Lunch

A Nonprofit
public benefit
corporation for
retired men



Sir Frank R. Thomas September Meeting Minutes

Big Sir Rob Ingebretson called the meeting to order at 10:01 AM and led the assembled group in the Pledge of Allegiance.

ROLL CALL BY SECRETARY

Officers present: Big Sir Rob Ingebretson, Little Sir Larry Goodman, Secretary Sir Frank R. Thomas, Treasurer, Assistant Secretary Sir Peter Angelides, Treasurer Sir Hugh Twomey and Assistant Treasurer Arnold George.

Officers Absent: None.

Directors Present: Sir George Perry, Sir Jerry Sabo, Sir Nat Lord Sir Sheldon Schwartz.

Directors Absent: Sir Skip Mugford and Sir Ed Thomas (Resigned).

MEETING MINUTES

A motion was made, seconded and passed to accept the AUGUST Minutes as published in the Pathfinder.

OFFICERS REPORTS

Secretary's Report: None

Treasurer's Report: Treasurer Sir Hugh Twomey, presented the August 2014 Treasurer's report and indicated an Adjusted Check Book balance of \$4,233.55.

Little Sir's Report: Little Sir Larry Goodman reported that today's speaker would be Dr. Joseph Bachicha.

COMMITTEE REPORTS

Attendance: Sir Ed Guthrie projects attendance at today's luncheon at 111.

Birthdays: Sir Art Winkley indicated there would be 13 members celebrating a September Birthday, ages 69 to 87. The Officers and

Directors wished all a very Happy Birthday.

Bowling: Pertinent information is in the Pathfinder.

Cyber Geezers: Pertinent information is in the Pathfinder.

Golf: Sir Bill Leake was in Solvang. Pertinent information concerning golf will be in the October Pathfinder.

Up Coming Holiday Party: Sir Hugh Twomey reported the Holiday Party planning is progressing nicely.

Membership: Sir Ron Brutvan reported that there were three new members and two resignations. A motion was made, seconded and passed to accept the new members and the resignations.

UNFINISHED BUSINESS

Big Sir Rob Ingebretson discussed the following on going concern: The need for a RIDE COORDINATOR.

NEW BUSINESS

None.

Meeting was adjourned at 10:33 AM.
Submitted by Branch Secretary

Sir Frank R. Thomas

**BRING IN A GUEST
WE NEED NEW MEMBERS**

You can get this issue of the Pathfinder or earlier issues by going to the Branch Website:

<http://branch59.sirinc2.org/>

**SIR
HAPPENINGS**

<http://sirinc.org/sirhappenings/>

MEMBERSHIP, ATTENDANCE and BIRTHDAY NEWS

by Sir Ron Brutvan, Sir Ed Guthrie, and Sir Art Winkley

Birthday Report



Sir Art Winkley
Birthday Chairman

October Birthdays

John Ockes	10/05/1927	87
Stanley Lewis	10/11/1927	87
Fred Gotthardt	10/30/1927	87
Peter Angelides	10/15/1929	85
Henry Scherer, Jr.	10/10/1931	83
Arthur McGrath	10/05/1932	82
Anthony Bruno	10/08/1933	81
Lloyd Keplinger	10/06/1935	79
Hugh Twomey	10/24/1935	79
Louis Alonzo	10/29/1936	78
John Pesek III	10/19/1940	74
Terry Dalziel	10/25/1942	72
Jim Proffitt	10/19/1947	67

New Members

Larry L. Lardie
38247 Paseo Padre Parkway
Fremont, CA 94536-5211
510-579-5934
Email: lardie.larry@yahoo.com
Birthday: 4/5/1949
Badge No. 17
Sponsor: Jim Ulam
Call me: Larry

Welcome Larry Lardie



*Years ago, when men
cursed and beat the
earth with sticks, it
was called Witchcraft.
Today, it's known as
GOLF*

Membership Report



Sir Ron Brutvan
Membership Chairman

Guests: Phillip Norris
Guest of: Henry Brown

Visitors: Joseph Bachicha, MD
Guest of: Speaker

Change of Status:
Don LaVance Resigned
Edward Thomas Resigned
Anthony Bruno New Address
43143 Newport Drive
Fremont, CA 94539-6112

Membership Total
(as of September 2014)
166 — Active Members
31 — Inactive Members



Attendance Report



Sir Ed Guthrie
Attendance Chairman

Attendance Report

(For September 2014)

Members	111
Guests	1
Visitors	1
Total =	113
41 excused	20 unexcused



Sir Tom Blalock, BART Director, speaks at a celebration of the completion of the Walnut Avenue BART bridge in Fremont.

SIR BRANCH 59 ACTIVITIES

Strikes and Spares by Jerry Sabo



Reno results are in:
As mentioned in the last Pathfinder, Branch 6 bowlers Kasey Warner and Lew Heffron did very well. What needs to be mentioned was that Branch 59 bowler, **Miguel Ferras**, who was Kasey's partner, also did well. Miguel and Kasey placed 1st in Doubles, Division 2; 11th in Singles, Division 2 and

20th in All-Events. There were 200+ bowlers in the tournament.

At the Fremont Tournament, **Jerry Sabo** placed 1st in Singles Division A, 1st in Doubles Division A, and 1st in All-Events. **Nat Lord** and his female partner from Sunnyvale placed 2nd in Doubles in Division B. **Victor Okumura** did very well placing 2nd in Division B Singles. **John Pesek** and his partner placed 3rd in Doubles, Division B. Finally, **Harvey McAninch** also placed 3rd in Doubles, Division B—they tied with John and his partner. Branch 6 Bowlers Kasey Warner and Lew Heffron also bowled very well. Lew and Jerry were Doubles partners.

Upcoming tournaments include:

Brentwood Oct 14, 16	Tue, Thu	Harvest Park
Modesto Nov 5, 7	Wed, Fri	McHenry Bowl
Concord Nov 18, 19	Tue, Wed	Clayton Bowl

There is always room for more bowlers in our group. Usually fifteen to twenty bowlers show up on Monday to bowl. We do not bowl on teams when we bowl so if you miss occasionally we will miss you; but you are not letting down teammates nor charged any fees. If we get a few more bowlers, we will likely form teams.

We meet at Cloverleaf Family Bowl. Just show up and be ready to start practice bowling on Monday at 12:45 P.M. Cost is \$13.00 to bowl. We normally are finished before 3:00 P.M.



Jerry Sabo

Golf Notes by Bill Leake



Welcome to the Branch 59 golf column. This year flew by. Not long before 2015 is here! We completed our tournament at Solvang. Everyone had fun. Those who were there – **Ben and Patti Fernandez** (Patti was lone female golfer in the group), **Richard and Annemarie Holley**, **Wayne and Adie Meyer**, **Bill and Georgette Leake**, **Forrest**

Lusher and Gary Bennett. Results: Day 1, **Wayne** won \$20 for ctp; **Gary** won \$85 for first place. Day 2: **Bill** won \$65 for first place and **Ben** won \$40 for 3rd place; Day 3 **Gary** won \$45 for 2nd place. Sweeps: **Gary** won \$115 for 1st place. It was a fun tournament and please consider coming out with us next year. The tentative schedule for 2015 is April 21 and 22 – Spring Time in Napa – Eagle Vines GC & Chardonnay GC (Ladies Welcome). Mid-May – Team Tournament at **Sunol**. More later. June – **Reno Tournaments**, Week 1: 6/15/15 thru 6/19/15, Week 2: 6/22/15 thru 6/26/15. We stay at the Atlantis and play three great courses. **Division 4 state qualifier** with top 2 winners from each flight going to Poppy Hills. Course and date later. **Monday Aug 10 Team Championship** – courses to be named later. **Solvang** July 13-17 – courses to be named later. October 26-27 – state individual championship (26th) and open play (27th) – both at **Poppy Hills**.

NCGA Dues – Dues for 2015 will remain at \$37.00. Make checks payable to SIR Branch 59 and give to me or mail to Bill Leake, PO Box 434 Fremont CA 94537. Deadline will be mid-December 2014.

Regular play for SIR Branch 59 – We play Mondays and Tuesdays. Mondays we start at 7:00 x 2 and 2-3 tee times for Tuesday beginning at 8:00. Once a month we play Palm. For both times, all are welcome. For Monday, just show up -- EARLY. For Tuesday, let me know you are playing and I will set you up with a group.

If you are a golfer and are not part of our group, please consider joining us by joining SIR Branch 59 golf. If you have a friend who is a golfer and not a SIR member, bring him along on Tuesday. We can share our experiences with him RE golf and mention some of the benefits of joining Sons In Retirement. The worst this person can say is no! To find out the tee time, please call Sunol at 925-862-0414. Post – post your score. Please – we need more members for SIR and also SIR golf.

Bill Leake

CYBERGEEZER MEETING

Cyber Geezers—we meet on the Tuesday following our monthly SIR Luncheon. Next meeting is scheduled for **Tuesday October 21st - 1:30 to 3:30 PM**. We meet at Fremont Congregational Church, **38255 Blacow Road, Fremont, CA**. Just show up and you will be a member of our group.

September topics may include more information about using MS Excel or other spreadsheets. We actually meet in two days, but newsletter items need to be in before we meet. We should spend a lot of time discussing upgrades—currently IOS8 for the Mac phone and iPad.

November items have not been decided, but Jerry will send out a request for discussion items following the September meeting.

What is a Cyber Geezer? We are members of SIR Branch 59 and friends that want to keep up with technology. Topics are varied and usually generated by attendees.

If you have any technology topic that you would like included in our next session, please send the information to Jerry at jlsabo@sbcglobal.net. As mentioned previously, we have recently discussed such things as e-books and audio downloads using devices such as the Kindle, iPad or iPod, but other topics are most welcome. Also being discussed are operating systems such as Windows 8 and Mac Mavericks.

SIR members and friends/significant others are welcome, and we do have wireless access so bring your laptop, smart phone or tablet. Call Jerry Sabo – 510-790-3135 or 510-299-3736 if you have other questions.

BRIDGE GROUPS

The Bridge activity includes 2 night time couple's groups and a daytime group following the monthly luncheons. **Sir Arnold George - 510-797-9524**

PATHFINDERS WALKING AND HIKING GROUP

Meet Wednesday mornings at 8:00 AM at the Park at Paseo Padre and Isherwood. Everyone welcome and bring a friend.

Sir Don Henry at 510-656-5659.

Sir Vince Fernelius at 510-489-0396



Area 8 SIR Travel Adventures Emile Lassalle & Lou Pagni

**November 22 to December 9, 2014
CRUISE TO HAWAII**

Depart from San Francisco, sail to the 4 Islands of Hawaii, Oahu, Kauai and Maui (Lahaina). Great trips available from Princess Lines for you land enjoyment while touring the Islands. We will sail to Ensenada Mexico for our return trip back to San Francisco. COST: Per Person, Double Occupancy the rates vary depending on room section, from \$2570 to \$3974. Escorted by Emile Lassalle, 510-538-7463 or sirs26@earthlink.net.

Call Travel Chairman Emile Lassalle
for more information 510-538-7463

**BRING IN A GUEST
WE NEED NEW MEMBERS**

READERS AND BROWSERS

Bring your magazines and books to share, take books home to read.

Sir James Ploor 510-656-9537



DID YOU KNOW By Don Henry

Wanted: **Horse Shoe Pitchers.**

No experience necessary. If only one you can play against me. If we get 3 we would have two teams (less walking). For every two more we'd have another team. It is fun! Call me: Don Henry 510-656-5659 (I have shoes!)

New Members in September



New members being introduced to Branch 59 members at the September Luncheon. From left to right new member Sir Larry Lardie, his sponsor Little Sir elect Jim Ulam, sponsor Sir Victor Okumura and new member Sir Donal Spicer. .

SUNSHINE REPORT by Sir Allen Sprague



Allen Sprague

JAMES FERENZ: Sir Jim is recovering from radiation for prostate cancer, and is eager to return to his active life.

CHARLES WILKINS: Sir Charlie's wife Tice is in the "memory unit" of a care facility (near the Masonic Home). Charlie himself has been in and out of the hospital; he is home now, up and about, using oxygen full time (interested in getting a new lightweight chargeable portable unit).

DAVE TANNER: Sir Dave called back Sunshine last month to say he is just fine, and had just come back from a round of golf.

KEN PETERSON: Sir Ken's lovely wife Carmen called Sunshine on last month to say there is absolutely nothing wrong with Ken. They had just returned from a trip to Oregon.

DINO MOSTARDI: Sir Dino told Sunshine last month that he had just returned from having foot surgery. He will be using a crutch and is being waited-on by his son. He will miss the next couple of Branch 59 meetings.

WAYNE ADAMS: Sir Wayne told Sunshine in late September that he is recovering from eye surgery, and hopes to get a ride to our October meeting.

In Memoriam
Bobby Ben Snodgrass

COUNTDOWN TO CHRISTMAS

SAVE THE DATE – DECEMBER 18, 2014

TAKE YOUR WIFE OR FRIEND TO LUNCH.



South County Pickers

South County, founded in 1999, is a small, dynamic ensemble of singers and musicians, with country and western flair, featuring vocals with the lively sounds of the pedal steel guitar, fiddle and Dobro. Ed Guthrie and Billy Smith will entertain at the Holiday Luncheon along with singer Nancy Long.



HOLIDAY LUNCHEON TICKETS

Fellow Sirs,

Sir Fred Gotthardt and Sir Tom Federico will be selling tickets for the December Holiday Luncheon at both the October and November luncheons.

They will be located to the right of the desert table between the hours of 10:30 to 11:55. Forms to reserve a table for 8 will be available.

We ask that if you are paying by check that you make it out in advance and payable to **SIR Branch 59**.

The theme of the luncheon is "**Count Down Till Christmas**," so get decked out in your Holiday best.

Beef:	Tri Tip Strip with Light BBQ sauce
Chicken:	Chicken Cordon Bleu with Champagne Gravy Sauce
Fish:	Poached Salmon with Lemon Caper Sauce

Your Name & No. _____ Partners's Name _____

Tickets will also be sold at the October and November Luncheon

Number in Party _____ x **\$22.50** per person = \$ _____ Make out check to **SIR Branch 59**
and mail to: **Sir Fred Gotthardt, 38353 Farwell Drive, Fremont, CA 94536**

Ticket orders must be received by December 11th

Indicate Meal Choice & No:

Beef:

Chicken:

Fish:

Be sure to enclose a self-addressed and stamped envelope.

No refunds after December 11th.

Requests for Table Reservations must be submitted on a **TABLE RESERVATION REQUEST FORM** with a list of Sir Member names and their Partner names. Forms will be available at the monthly Luncheon and also on the Branch Website.

<http://branch59.sirinc2.org/TableRequestForm-Fillable-20140809e.pdf>

PATHFINDER BRANCH NO. 59

John Skarpelos, Editor
1636 Vernal Avenue
Fremont, CA 94539-4736

< john@mediaart.com >

Return Service Requested



Happy Halloween

October 2014

**FIRST
CLASS
POSTAGE**

FIRST CLASS MAIL

COMMITTEE CHAIRMEN AND ASSISTANTS

ACTIVITIES

- Chairman

ATTENDANCE

Ed Guthrie - **Chairman**
Bill Pruner - Assistant
Sheldon Schwartz - Assistant
John Williams - Assistant

AUDIT

Carl Nordling - **Chairman**
Ron Brutvan - Assistant

BIRTHDAYS

Art Winkley - **Chairman**
Sheldon Schwartz - Assistant

BOWLING

Frank Cordova - **Chairman**
Jerry Sabo - Assistant

BRIDGE GROUP

Arnold George - **Chairman**

CAPS & EMBLEMS

Nat Lord - **Chairman**
Dino Mostardi - Assistant

CHAPLAIN

Howard Thompson - **Chairman**
Ted Bresler - Assistant

CIRCULATION

Bill Briscoe - **Chairman**
Fred Ilg - Assistant

CYBERGEEZERS

Jerry Sabo - **Chairman**

GOLF

Bill Leake - **Chairman**
Fred Ilg - Assistant

LIBRARIAN

James Ploor - **Chairman**
Roger Wallin - Assistant

MEMBERSHIP

Ron Brutvan - **Chairman**
Fred Gotthardt - Assistant
Carl Nordling - Assistant

NOMINATING

Skip Mugford - **Chairman**
Ed Thomas - Assistant
George Perry - Assistant
Sheldon Schwarz - Assistant

PATHFINDER

John Skarpelos - **Editor**
Fred Gotthardt - Assistant

ROSTER - DATABASE

John Skarpelos - **Chairman**
Fred Gotthardt - Assistant

SOCIAL

Jim Ferenz - **Chairman**
Doug Howd - Assistant
Arnold George - Assistant
Fred Gotthardt - Assistant
Tom Federico - Assistant
Bill Leake - Assistant
Nat Lord - Assistant
Rob Ingebretson - Assistant
John Skarpelos - Assistant

SPORTS

Bill Leake - **Chairman**
Nat Lord - Assistant

SUNSHINE

Allen Sprague - **Chairman**

WALKING GROUP

Don Henry - **Chairman**
Vince Fernelius - Assistant

STATE OFFICERS

State President
Maynard 'Rod' Rodland

State Vice-President
Bobbie Hairston

State Secretary
Richard DeVoe

State Treasurer
Michael Berry

Director, Region 6
Dean Steichen

Governor, Area 8
Jim Ferenz

Senior Honorary Life Members
Fred Gotthardt
Lyle Kingery
Nat Lord

Honorary Life Members

John Skarpelos
Arthur Winkley

PATHFINDER DEADLINE

Copy deadline for the next issue of the *Pathfinder* will be Thursday a week after the monthly luncheon meeting.

PAST BIG SIRS

1976 Peter Clark*
1977 Karl Heine*
1978 Harry Cooper*
1979 Kenneth Foster*
1980 Larry Varblow*
1981 Guido Milano*
1982 Alex Fulton*
1983 Stephen Epler*
1984 George Herman*
1985 Ray Crosby*
1986 Loran Coburn*
1987 Robert Davis*
1988 Robert Klindt*
1989 Martin Annen*
1990 Lee Updegraff
1991 Fred W. Fretter*
1992 Lyle Kingery
1993 LeRoy J. King*
1994 George Hubach*
1995 Clyde Killion*
1996 Bill Schwan*
1997 Nat Lord
1998 John Buchanan*
1999 Art Lampert*
2000 Harry Heyen*
2001 Bob Beam
2002 Rollin Cunningham*
2003 Don Henry
2004 Tom Sherba
2005 Howard Thompson
2006 Les Addison
2007 Ted Bresler
2008 Richard Holley
2009 Don Gillis*
2010 Frank R. Thomas
2011 Hugh Twomey
2012 James Ferenz
2013 Skip Mugford

*(deceased)