

The Path finder Branch Number 59

Thirty-Ninth Year September 2014 Bulletin No.8

NEXT MEETING at Newark Pavilion - Thursday, September, 18, 2014

WHAT'S HAPPENING? by Big Sir Rob Ingebretson



For those that missed our August meeting and for those that attended but may have forgotten we unanimously elected by voice vote our officers for next year. We have a strong lineup for 2015 and we are grateful for these men stepping up to a leadership role. Please join me in congratulating these fine gentlemen on their successful election. These incoming officers

will be installed at our December Holiday Luncheon and they will take office effective in 2015. They are as follows; BIG SIR Larry Goodman, LITTLE SIR Jim Ulam, TREASURER Hugh Twomey, ASSISTANT TREASURER Arnold George, SECRETARY Peter Angelides, ASSISTANT SECRETARY Rob Ingebretson, DIRECTORS Nat Lord, Skip Mugford, George Perry, Jerry Sabo, Sheldon Schwartz, and Ed Thomas.

I want to again thank the each member that contributes to our donation bucket which helps defray many of our expenses. Many branches ask their members to pay yearly dues of \$15 to \$25. So please continue your generosity so we don't have to ever think about yearly dues.

Many of you complained about the parking problem but it is here to stay as they have turned part of our parking lot into a PARK and RIDE status. You should be able to find a parking spot. It just became harder to find.

At our last luncheon I was a little bothered by the way some of our members treated our speaker, Sharene Gonzales, from the Alameda County Water District's Communication Team. Some of the questions were very hurtful and attacking in nature and should have been asked after our meeting privately. Please remember our speakers are our guests and are not paid so I don't think they need to be attacked. We are too classy of a group to let this happen.

One of our members was interested in starting an activity of Horse Shoes. If you are interested please come by and see me at our next luncheon.

Check out our state website. The link to the quarterly newsletter SIR Happenings is http://sirinc.org/sirhappenings/. Check it out. Our branch is well represented.

SPEAKER Dr. JOSEPH BACHICHA By Little Sir Larry Goodman

Dr. Bachicha will be speaking on Men's Health and Prevention tips you need to know! What regular tests are important to your health and self-exams you should do on a regular basis? Prevention tips on avoiding disease by eating healthy and exercising regularly.

Joseph Bachicha, MD, is a physician at Kaiser Permanente in Union City. He was born and



raised in Rock Springs, Wyoming. Dr. Bachicha graduated from Boston University School of Medicine and completed his residency at Stanford University. Prior to Kaiser Permanente, he was involved in private and medical school-based medical practices in Chicago and San Francisco.

Dr. Bachicha considers medicine to be an exciting and energizing field where there is always something to learn.

BRING IN A GUEST WE NEED NEW MEMBERS

MENU

Sirloin Tips and Chicken Rosemary
Pasta Alfredo, Pasta Mostachelli & Mixed Vegetables

Win a Free Lunch

By finding **ROLLIE** — \bigcirc — you can win a free lunch if your name is selected. Let them know where he is located in the **Pathfinder** when you buy your luncheon ticket.



If you are <u>not</u> coming or if you are bringing a guest or visitor <u>Don't forget to Call</u> on the Monday before the meeting - or earlier Ed Guthrie (510) 659-0498 or email edguthrie@comcast.net



Branch 59 Officers

Big Sir Rob Ingebretson (510) 657-7828

Little Sir Larry Goodman (510) 657-0608

Secretary Frank R. Thomas (925) 960-0429

Asst. Secretary Peter Angelides (510) 797-3570

Treasurer Hugh Twomey (510) 796-5559

Asst. Treasurer Arnold George (510) 797-9524

Directors

Nat Lord Skip Mugford George Perry Jerry Sabo Sheldon Schwartz Ed Thomas

Branch 59

Meets at Newark Pavilion
6430 Thornton Avenue
Newark
on the 3rd Thursday of
each month
10:00 AM

Executive Board Meeting 11AM Social Hour 12 Noon Lunch

> A Nonprofit public benefit corporation for retired men



Sir Frank R. Thomas August Meeting Minutes

Big Sir Rob Ingebretson called the meeting to order at 10:02 AM and led the assembled group in the Pledge of Allegiance.

ROLL CALL BY SECRETARY

Officers present: Big Sir Rob Ingebretson, Little Sir Larry Goodman, Secretary Sir Frank R. Thomas, Treasurer Sir Hugh Twomey and Assistant Treasurer Arnold George

Officers Absent: Assistant Secretary Sir Peter Angelides

<u>Directors Present</u>: Sir George Perry, Sir Jerry Sabo, Sir Nat Lord Sir Sheldon Schwartz

<u>Directors Absent:</u> Sir Skip Mugford and Sir Ed Thomas

MEETING MINUTES

A motion was made, seconded and passed to accept the JULY Minutes as published in the Pathfinder.

OFFICERS REPORTS

Secretary's Report: None
Treasurer's Report: Treasurer Sir Hugh
Twomey, presented the July 2014
Treasurer's report and indicated an
Adjusted Check Book balance of \$4,155.32
Little Sir's Report: Little Sir Larry Goodman
reported that today's speaker would be
Sharene Gonzales.

COMMITTEE REPORTS

Attendance: Sir Ed Guthrie projects attendance at today's luncheon at 121. Birthdays: Sir Art Winkley indicated there would be 8 members celebrating a July Birthday, ages 68 to 87. There will be 6 celebrating today; ages 70, 74-87. The Officers and Directors wished all a very Happy Birthday.

<u>Bowling</u>: Pertinent information is in the Pathfinder.

Cyber Geezers: Sir Jerry Sabo indicated there would be a Show & Tell concerning EXCEL at the next Cyber Geezers meeting. Pertinent information is in the Pathfinder Golf: Sir Bill Leake stated that were two more Tournaments; Solvang in September & Poppy Hills in November. We had one team in the Team Tournament and one member at Boundary Oaks. WE play Mondays (early) & Tuesday around 8. Call Sir Bill at 510-793-6561 if you are not

signed up or want to play. Other pertinent information concerning golf will be in the September.

<u>Up Coming Holiday Party</u>: Sir Bill Leake reported following concerning the Holiday Party:

- 1) Party planning is progressing.
- 2) Ideas are being discussed (Ideas appreciated).
- 3) Decorations under control.
- 4) Tickets on sale soon; \$22.50.
- 5) Special tables for singles will be available.
- 6) Door Prizes; Sir Bill Leake will be handling. Please contact him for additional information. Need is needed.

Membership: Sir Ron Brutvan reported that there are 2 new members; Dennis Bowman & Michael Burns. There are 8 changes in status. A motion was made, seconded and passed to accept the new members and change of status.

UNFINISHED BUSINESS

Big Sir Rob Ingebretson discussed the following on going concerns:

- (1) The need for a RIDE COORDINATOR.
- (2) The need for a person to do Follow Up on new guests to see how they feel about SIR and if they decide not to join, try to find out why.

NEW BUSINESS

Possible New Member Sponsor's Responsibilities.

The meeting was adjourned at 10:46 AM. Submitted by Branch Secretary

Sir Frank R. Thomas

BRING IN A GUEST WE NEED NEW MEMBERS

You can get this issue of the Pathfinder or earlier issues by going to the Branch Website:

http://branch59.sirinc2.org/



MEMBERSHIP, ATTENDANCE and BIRTHDAY NEWS

by Sir Ron Brutvan, Sir Ed Guthrie, and Sir Art Winkley

Birthday Report

99

Sir **Art Winkley** Birthday Chairman

September Birthdays

Joe Markovich	09/26/1927	87
John Skarpelos	09/09/1928	86
David Priego	09/12/1929	85
G. Austin Smith	09/19/1929	85
Bill Stannard	09/05/1931	83
Vincent Fernelius	09/15/1933	81
Jim Harrison	09/06/1936	78
Ned Rendell	09/11/1938	76
John Trischetti	09/17/1938	76
Robert Ingebretson	09/08/1940	74
Stan Peters	09/24/1942	72
Howard Elz	09/21/1943	71
Fred IIg	09/10/1945	69



New Members

Dennis Bowman

192 Orden Court Fremont, CA 94539-3042 510-657-5594

Email: d.bowman@comcast.net

Birthday: 2/28/1938 Badge No. 41

Sponsor: Rob Ingebretson

Call me: Dennis

Michael R. Burns

40344 Imperio Place Fremont, CA 94539-3032 510-683-3804

Email: mburnsfrem@aol.com

Birthday: 1/29/1950 Spouse: Kriss

Sponsor: Stan Peters

Call me: Mike

Badge No. 1



Membership Report



Sir **Ron Brutvan** Membership Chairman

Guests: Guest of:

Tso-Ping Yeh Bill Stannard
Larry Lardie Jim Ulam

<u>Visitors:</u> <u>Guest of:</u> Sharene Gonzales Speaker

Change of Status:

Bill Plant Resigned
Dennis Reed Resigned
Dale Grant to Inactive
George Gates dropped Rule 100
Sergio Zilli dropped Rule 100
David Hunter dropped Rule 100
Norman LaReau dropped Rule 100
David Smith dropped Rule 100

Membership Total (as of August 2014) 167 — Active Members 31 — Inactive Members

Welcome New Members

Attendance Report



Sir **Ed Guthrie** Attendance Chairman

Attendance Report

(For August 2014)

 Members
 116

 Guests
 2

 Visitors
 1

 Total =
 119

 32 excused
 27 unexcused



Dennis Bowman



Mike Burns

SIR BRANCH 59 ACTIVITIES

Strikes and Spares by Jerry Sabo



At the Napa Tournament, both **Frankie Cordova** and Jerry Sabo did very well.

Reno was another story. We had two teams of four bowlers in Reno, then doubles and singles. Branch 6 bowlers; Kasey Warner and Lew Heffron did extremely well overall. In doubles; **John Pesek** teamed up with John Monahan from Dublin, Jim Minton with Rich Bowers from Branch 6.

Kasey with **Miguel Ferras**, and Lew was Jerry's partner. Kasey and Miguel were <u>awesome</u> in doubles! Jerry hopes to forget about Reno—even though he and Lew did finally receive prize funds from bowling doubles at Reno in the Nationals back in May.

We are looking forward to our own Fremont tournament. That tournament takes place just before our next SIR meeting so hopefully there will be good news to report.

Upcoming tournaments include:

Lake Tahoe	2014 Sep 19, 20	Fri, Sat	Tahoe Bowl
Folsom	2014 Sep 26, 27	Fri, Sat	Folsom Lake Bowl
Citrus Heights	2014 Oct 6, 8	Mon, Wed	Fireside Lanes
Brentwood	2014 Oct 14, 16	Tue, Thu	Harvest Park

The Folsom tournament may or may not take place, because no applications have been posted, but we will likely send bowlers to both Citrus Heights and Brentwood.

Jerry Sabo found a replacement as the SIR Bowling Webmaster. Dan Weller is now maintaining that site and is doing a great job. Jerry has also stepped down from his State Bowling Secretary job to become the Assistant Secretary.

There is always room for more bowlers in our group. Usually fifteen to twenty bowlers show up on Monday to bowl. We do not bowl on teams when we bowl so if you miss occasionally we will miss you; but you are not letting down teammates nor



charged any fees. If we get a few more bowlers, we will likely form teams.

We meet at Cloverleaf Family Bowl. Just show up and be ready to start practice bowling on Monday at 12:45 P.M. Cost is \$13.00 to bowl. We normally are finished before 3:00 P.M.

Jerry Sabo

Golf Notes by Bill Leake

Welcome to the Branch 59 golf column.

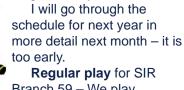
Wow – another year is about to bite the dust. Times flies when you are having fun! Did everyone reading this column have fun golfing this year of 2014. I hope so. If not, let me know what needs to improve. And be prepared to do something about it.

We have 2 more tournaments for the rest of the year. By the



time you read this column one of them will be completed (Solvang). Solvang was Sept 14 to 18. We will have results next month. We completed the individual qualifier for Poppy Hills and unfortunately no one will be getting a free ride to Poppy this year. John Parent was the lone participant from Branch 59 but did not qualify. Sleepy heads – where were the rest of you guys!!?? We also have the team tournament results. The team of Steve Johnson (sub for Jim Profit)/Tom Breen/Alan Hawkins/Ron Hamro had fun but did not medal. There were 2 teams from area 8 – one from branch 26 and the team listed above. We will do

it again next year.



Regular play for SIR
Branch 59 – We play
Mondays and Tuesdays.
Mondays we start at 7:00 x 2
and 2-3 tee times for Tuesday
beginning at 8:00. Once a
month we play Palm. For
both times, all are welcome.

For Monday, just show up – EARLY. For Tuesday, let me know you are playing and I will set you up with a group.

If you are a golfer and are not part of our group, please consider joining us by joining SIR Branch59 golf. If you have a friend who is a golfer and not a SIR member, bring him along on Tuesday. We can share our experiences with him RE golf and mention some of the benefits of joining Sons In Retirement. We are NCGA certified. The worst this person can say is no! Join us – to find out the tee time, please <u>call Sunol at 925-862-0414</u>. The reservation is made under LEAKE.

Post -- post your score.

<u>Please – we need more members for SIRs and also SIR golf.</u>

Thank you for reading this article.

Bill Leake

CYBERGEEZER MEETING

Cyber Geezers—we meet on the first Tuesday following our monthly SIR Luncheon. Next meeting is scheduled for Tuesday **September 23rd** – 1:30 to 3:30 PM. We meet at Fremont Congregational Church, **38255 Blacow Road**, Fremont, CA. Just show up and you will be a member of our group.

We had a small turnout for our August meeting, which included the topics:

- 1. Exporting and importing email contacts via Excel .csv files.
- 2. Text functions using Excel.

September topics may include more information about using MS Excel or other spreadsheets. Please send me additional topics that you would like to cover.

Jerry also has a few Windows 7 PCs and spare parts that he is trying to sell or give away. The PCs are for sale, but he has wireless routers, keyboards and other items to give away.

What is a Cyber Geezer? We are members of SIR Branch 59 and friends that want to keep up with technology. Topics are varied and usually generated by attendees.

If you have any technology topic that you would like included in our next session, please send the information to Jerry at jlsabo@sbcglobal.net. As mentioned previously, we have recently discussed such things as e-books and audio downloads using devices such as the Kindle, iPad or iPod, but other topics are most welcome. Also being discussed are operating systems such as Windows 8 and Mac Mavericks.

SIR members and friends/significant others are welcome, and we do have wireless access so bring your laptop, smart phone or tablet. Call Jerry Sabo – 510-790-3135 or 510-299-3736 if you have other questions.

BRIDGE GROUPS

The Bridge activity includes 2 night time couple's groups and a daytime group following the monthly luncheons. **Sir Arnold George** - 510-**797-9524**

PATHFINDERS WALKING AND HIKING GROUP

Meet Wednesday mornings at 8:00 AM at the Park at Paseo Padre and Isherwood. Everyone welcome and bring a friend.



Sir Don Henry at 510-656-5659. **Sir Vince Fernelius** at 510-489-0396

Area 8 SIR Travel Adventures Emile Lassalle & Lou Pagni

November 22 to December 9, 2014 CRUISE TO HAWAII

Depart from San Francisco, sail to the 4 Islands of Hawaii, Oahu, Kauai and Maui (Lahaina). Great trips available from Princess Lines for you land enjoyment while touring the Islands. We will sail to Ensenada Mexico for our return trip back to San Francisco. COST: Per Person, Double Occupancy the rates vary depending on room section, from \$2570 to \$3974. Escorted by Emile Lassalle, 510-538-7463 or \$\frac{1}{2} \text{Sirs26@earthlink.net}\$.

Call Travel Chairman Emile Lassalle for more information 510-538-7463

BRING IN A GUEST WE NEED NEW MEMBERS

READERS AND BROWSERS

Bring your magazines and books to share, take books home to read.



Sir James Ploor 510-656-9537

DID YOU KNOW

By Mel Nunes

Did you know that Republic Services (garbage disposal for Tri-Cities) offer their "senior" customers some special benefits?

You might want to take advantage of one or both of the options I've listed below. You will have to contact Republic Services directly to request an application.

- Receive a possible 15%-50% discount on your bill.
 There are different age requirements and stipulations depending on your city of residence. (15% in Newark and 50% in Fremont). Proof of age is required and a copy of a current utility bill. Please note: some of the discounted services require certain size bins.
- 2. If it is physically difficult for you to put your garbage bins to the curb and back, Republic Services will provide "Backyard Service" to anyone with a handicapped placard or a Doctor's note.

Reap the benefits of your age and call Republic Services at 510-657-3500.

SIR WRITES A PLAY? — YOU GOTTA BE KIDDING!

You mean one of the members of our branch wrote a play? Naw!

But it's true.

Ted Bresler, a former Big Sir, has written a play called "Who I Am – and Who We Are." It's about 6 people who find out through their life histories and events who they really are.

There will be a staged reading of the play at Broadway West Theatre Company in Fremont on Sunday, January 18, 2015, at 2:00 p.m. This will be a fundraising event for Broadway West and Fremont Rotary club.

Don't miss this historical event: a play by a Fremont playwright performed in our own backyard.

Call Sir Ted Bresler at 510-490-2680 for more information.



Sir Alan Weiner, on the left, is discussing "Who I Am - and Who We Are" with playright Past Big Sir Ted Bresler.





SUNSHINE REPORT by Sir Allen Sprague



Allen Sprague

No leads received so far.

I Hope that is good news.

New Members in August



New members being introduced to Branch 59 members at the August Luncheon. From left to ringt sponsor and Big Sir Rob Ingebretson, new member SirDennis Bowman, new member Sir Mike Burns and sponsor Sir Stan Peters.

RESERVE A TABLE FOR CHRISTMAS

By Fred Gotthardt

Hi Fellow Sirs,

The form to reserve a table for 8 for our Holiday Luncheon will be available at this coming September luncheon. This will give those Sirs who wish to no-host a table for 8 an extra month to arrange for their guests.

A fillable request form is also available on the Branch 59 web-site at:

http://branch59.sirinc2.org/TableRequestForm-Fillable-20140809e.pdf

We will start selling tickets for our Holiday Luncheon at the October Luncheon. Cheers, Ticket Committee (Fred and Tom)

COUNTDOWN TO CHRISTMAS

This is an early reminder to all of our members that our Christmas Event is right around the corner. The Social committee is hard at work with the planning for this great party. We are planning some great entertainment and some Christmas sing along to get us into the Christmas spirit. Our Caterer has agreed that he will do his famous Salmon dish as well as a Beef dish and Chicken Cordon Bleu.

Sir Bill Leake is the Chairman of the Door Prize Committee and needs all the help he can get in the gathering of Door Prizes for this Event. Bill will be addressing the members at the next meeting to talk about his approach.

We will be updating you on our progress on a regular but plan on the 18th of December for a wonderful Christmas party. This event is for our ladies and significant others and we will also provide for our single members so there is no reason that anyone can not have a great time at this event.

Best regards to all our members

Súr Júm Ferenz Social Chairman

PATHFINDER BRANCH NO. 59

John Skarpelos, Editor 1636 Vernal Avenue Fremont, CA 94539-4736

< john@mediaart.com >

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FIRST CLASS POSTAGE

FIRST CLASS MAIL

September 2014

COMMITTEE CHAIRMEN AND ASSISTANTS

ACTIVITIES

- Chairman

ATTENDANCE

Ed Guthrie - Chairman Bill Pruner - Assistant Sheldon Schwartz - Assistant John Williams - Assistant

AUDIT

Carl Nordling - Chairman Ron Brutvan - Assistant

BIRTHDAYS

Art Winkley - Chairman Sheldon Schwartz - Assistant

Frank Cordova - Chairman Jerry Sabo - Assistant

BRIDGE GROUP

Arnold George - Chairman

CAPS & EMBLEMS

Nat Lord - Chairman Dino Mostardi - Assistant

CHAPLAIN

Howard Thompson - Chairman Ted Bresler- Assistant

CIRCULATION

Bill Briscoe - Chairman Fred Ilg - Assistant

CYBERGEEZERS

Jerry Sabo - Chairman

GOLF

Bill Leake - Chairman Fred Ilg - Assistant

LIBRARIAN

James Ploor - Chairman Roger Wallin - Assistant

MEMBERSHIP

Ron Brutvan - Chairman Fred Gotthardt - Assistant Carl Nordling - Assistant

NOMINATING

Skip Mugford - Chairman Ed Thomas - Assistant George Perry - Assistant Sheldon Schwarz - Assistant

PATHFINDER

John Skarpelos - Editor Fred Gotthardt - Assistant

ROSTER - DATABASE

John Skarpelos - Chairman Fred Gotthardt - Assistant

SOCIAL

Jim Ferenz - Chairman Doug Howd - Assistant Arnold George - Assistant Fred Gotthardt - Assistant Tom Federico - Assistant Bill Leake - Assistant Nat Lord - Assistant Rob Ingebretson - Assistant John Skarpelos - Assistant

SPORTS

Bill Leake - Chairman Nat Lord - Assistant

SUNSHINE

Allen Sprague - Chairman

WALKING GROUP

Don Henry - Chairman Vince Fernelius - Assistant

STATE OFFICERS

State President Maynard 'Rod' Rodland

State Vice-President

Bobbie Hairston

State Secretary Richard DeVoe

State Treasurer

Michael Berry

Director, Region 6 Dean Steichen

Governor, Area 8 Jim Ferenz

Senior Honorary Life Members

Fred Gotthardt Lyle Kingery Nat Lord

Honorary Life Members

John Skarpelos Arthur Winkley

PATHFINDER DEADLINE

Copy deadline for the next issue of the Pathfinder will be Thursday a week after the monthly luncheon meeting.

PAST BIG SIRS

1976 Peter Clark* 1977 Karl Heine*

1978 Harry Cooper*

1979 Kenneth Foster*

1980 Larry Varblow*

1981 Guido Milano*

1982 Alex Fulton*

1983 Stephen Epler'

1984 George Herman* 1985 Ray Crosby*

1986 Loran Coburn*

1987 Robert Davis*

1988 Robert Klindt*

1989 Martin Annen*

1990 Lee Updegraff

1991 Fred W. Fretter*

1992 Lyle Kingery 1993 LeRoy J. King*

1994 George Hubach*

1995 Clyde Killion*

1996 Bill Schwan*

1997 Nat Lord

1998 John Buchanan*

1999 Art Lampert*

2000 Harry Heyen* 2001 Bob Beam

2002 Rollin Cunningham*

2003 Don Henry

2004 Tom Sherba

2005 Howard Thompson

2006 Les Addison

2007 Ted Bresler

2008 Richard Holley

2009 Don Gillis*

2010 Frank R. Thomas

2011 Hugh Twomey

2012 James Ferenz 2013 Skip Mugford

*(deceased)