



## Port Stockton Sayings Bulletin

*The monthly bulletin of Port Stockton Branch 46 of Sons In Retirement, a California non-profit corporation chartered July 23, 1974.*



**NEXT MEETING: FEBRUARY 20<sup>th</sup> 12:00 NOON**

### **BIG SIR GREETING**

**February 2020**

We start the year with both hope and challenges. We are encouraged by having nearly sixty percent of the Branch at the first luncheon to hear our two speakers on a difficult topic. Building attendance is a Branch goal and the state goal is over 70 per cent per luncheon to maintain healthy branches.

I was pleased at how well received the speakers' message was as shown by all the questions my brother SIRS asked. As someone with direct experience professionally and personally regarding suicide I felt they covered the subject very well. I worked with or for five guys who, either in the depths of depression and/or the influence of alcohol, took their lives with firearms. I worked in a Patrol car on Christmas with one of them and there was no clue that within a few days he would take his life on the spur of the moment under the influence of alcohol. In a few cases friends and family had tried to reach out to these men and in others they were unable to have any effect on what was going to occur as they were also spur of the moment decisions and affected by alcohol. I hope information the speakers provided will never be needed by any of us, but that it will aid those who find themselves recognizing whatever signs are present in friends or family so they will be able to assist them get the help they need.

I hope the surveys we passed out will be returned with some good ideas for the improvement of the SIRs experience for all of us, whether it is in our luncheon, the participation in the activities we offer or that can be enjoyed through other chapters, or simply in the fellowship of our brother SIRs. A few surveys were returned at the end of the luncheon and will be shared with the Executive Board. I hope to receive several more next meeting. If you missed the January meeting the surveys will be offered again at the next two

meetings so you can have your say and help Branch 46 to be even better in the future.

The four biggest challenges I see this year are increasing our membership, increasing our meeting attendance, improving our financial position, and getting members to step up to fill offices next year so that we still have a Branch 46. We will need a couple of Directors and a Big Sir and Little Sir at the very least. Our bulletin editor has done a great job on the bulletin over his tenure but may wish to step down at some point in the next year or two. The same with some of the other offices as we have some members filling more than one position just so we can operate and exist as a branch. I intend to do my part in meeting these challenges along with the rest of the Executive Board. I do not intend to be the last Big Sir of Branch 46. We need many of you to step up and do yours as well. Please help your Executive Board to make Branch 46 even better this year. It is your efforts that will determine if we become healthier or if Branch 46 dies from lack of interest.

**Glenn Nellman**

**Big Sir 2020**



### **NEW IN THIS EDITION**

- Complete 2020 Golf Schedule**
- Announcements**
- February Birthdays & Anniversaries**
- February Calendar**
- February Speaker**
- January Luncheon Photos**

# ANNOUNCEMENTS

## Miss a Meeting?

When you know you will miss a luncheon meeting please give our Attendance Chairman, Dick Andersen, a call (478-3753) [whalelady@comcast.net](mailto:whalelady@comcast.net)

## Bring a Friend – Win a Prize!

When you bring a friend (prospective new member) to a Branch 46 luncheon meeting, and he eventually joins, you will also receive FREE ten 50–50 tickets.

## SIR BRIDGE

Bridge starts at 8:30 AM preceding the monthly meeting. Please contact Dave Palmer to reserve a seat at a bridge table. Dave Palmer – Bridge Chairman 242-2093 or E-Mail Dave at [Dpalmeretal@aol.com](mailto:Dpalmeretal@aol.com).

## Sunshine and Memorials

John Mendonca is our chairman for this committee. His phone number is 477-0743. Whenever you are aware of a member who has a serious illness or whose family has experienced some tragic circumstances, give John a call. Please don't be hesitant to call if you are aware of a member who is having problems. A call from the SIR would be greatly appreciated.

## 9 Hole Golf

The 9 Hole Golf group plays every Tuesday at Swenson Executive Course. Players should arrive by 8:30 a.m. to get their tee times. In the winter months we play on an informal basis. Come and join us. Any questions, call Abraham Mackey at 471-7007 or Email at [abraham4880@gmail.com](mailto:abraham4880@gmail.com)

## Switching to E-mail

Sending out your bulletin via Snail-mail (USPS) is time-consuming and expensive. If you have a computer, but are now receiving your bulletin thru USPS, please consider switching to E-mail. Simply contact Jack Lamberty, and we'll take care of the rest. 451-1165. [JackL68734@aol.com](mailto:JackL68734@aol.com)

**Remember – E-mail is in color!!**

## Sir Bowling

Come join us for bowling fun every Wednesday morning, 9:30 am, at Pacific Bowl. Experienced bowlers, beginners, and anybody in between will have a great time. Women are welcome, too. Call Ron Korock at 951-4759 for more information. Or [ronkorock@comcas](mailto:ronkorock@comcas)



## Can't Drive? Need a Ride?

There are Branch 46 volunteers who would be more than happy to drive you to and from our monthly luncheons. For whatever reason, if you need transportation to our luncheons or any other SIR event, please do not hesitate to call. Our contact for this service is **Pete Lepisto: 948-2265**. We need you there!  
Please call!

## 2020 Speakers & Dates

<u>BEC</u>	<u>Luncheon</u>	<u>Speaker</u>
Jan 13	Jan 16	Roger Speed S.J. County Mental Health Services
Feb 17	Feb 20	Tod Ruse Sheriff Department Historical Society



## Stockton-Lodi SIR 2020 Combined Golf Schedule

Date	Course	Format	Cost/Timing	Start/Type	Host	Other Comments
Feb 19	Manteca GC	<u>2 man</u> BB	\$40	9:S/G	Rutherford	Contract signed
March 11	Wildhorse	<u>2 man</u> Scram	\$46, Adv	9:00 S/G	Rutherford	Signed & <u>Compl.</u>
March 25	<i>Reserve</i>	Ind Medal	\$50? A v	9:00 S/G	Hensley	<u>Contr</u> signed
April 15	Elkhorn	<u>2 man</u> BB	\$41, adv	8:30 S/G	Rutherford	<u>Contr</u> working
<u>April 29</u>	Swenson	4 man Scram	\$38 adv	9:00 S/G	Stevens	
May 13	<u>La Contenta</u>	<u>4 man</u> 2 BB	\$40, adv	9:00 S/G	Rutherford	<u>Contr</u> Signed
May 27	Dry Creek	ABCD	42\$, adv	9:00 S/G	Rutherford	Set
June 10	<u>Micke Grove</u>	4-man blind draw	\$34+/-, <u>adv</u>	8:30 S/G	Rutherford	Range balls
June 24	<i>Swenson</i>	<u>4 man</u> Shamble, 2 BB	\$38, adv	9:00 S/G	Stevens	
July 15	<u>Micke Grove</u>	State Qual- <u>Indiv</u>	\$37+/-, adv	8:30 S/G	Rutherford	Range Balls, <u>Contr</u>
July 27	Discovery Bay	<u>2 man</u> Scram	\$60 /, adv	9:00 S/G	Rutherford	MONDAY, <u>Contr Wor</u>
August 12	<u>Elkhorn</u>	2 person mixed Scram	\$56, adv	8:30	Rutherford	Lunch <u>Contr. signed</u>
August	??	Regional <u>Ind'l</u> Qual	??	8:00 SG	Rutherford	<u>Sometime In August</u>
August 26	Cavanaugh GC	<u>4 man</u> Scramble	\$46 adv	9:00 S/G	Parker	Contract signed
Sept 16	Castle Oaks	<u>2 man</u> BB	\$50, Adv	9:00 S/G	Rutherford	Range balls, Contract
Sept 30	Swenson	4 man Scramble	\$38, Adv	9:00 S/G	<u>Stevens</u>	
Oct 14	The Reserve	<u>2 man</u> Scram	\$50 Adv	9:00 S/G	Rutherford	Contract Signed
Oct 28	Dry Creek	<u>4 man</u> Devil Ball	\$38, Adv	9:00 adv	Hensley??	SET
Nov 11	<u>Micke Grove</u>	<u>Indiv</u> Medal Finale	\$40Adv	8:30 S/G	Rutherford	Range Balls, <u>Contr</u>

Tournament Hosts: Bill Rutherford 916-776-9222, John Stevens 470-5251,



# January 2020 Luncheon Happenings

Our first luncheon for the year 2020 was a huge success. 47 members and two stalwart speakers braved a driving rainstorm to attend the meeting. Our speakers were Roger Speed and Sue Rothman. Mr. Speed was the director for the County Mental Health Service, and Mrs. Rothman is a Clinical Social Worker for the Mental Health Service.



Roger Speed & Sue Rothman  
County Mental Health Service

The subject of their talk was suicide prevention and both presentations were excellent. Mrs. Rothman presented the statistics on suicide in both the nation and San Joaquin County. The following are some of the more interesting results. In all studies, suicide by firearm was the most prevalent method, and firearm death rates are almost twice the death rate due to homicide. However, between the ages of 69 and 85 or greater the suicide rate for white males almost doubles. For San Joaquin County, between 2012 and 2017, the suicide by firearm rate is approximately 6 times the rate for females.

Mr. Speed spoke on the reasons for suicide, methods to help, and what you should do if you suspect someone you know may be contemplating suicide. Some of the reasons are: (1) economic problems, (2) farm or business problems, (3) loss of a loved one (4) PTSD in veterans (5) stress buildup and (6) chronic illness. He also described some of the symptoms and/or warning signs and encouraged us to reach out to anyone who may need help in this type of situation.

The speakers handed out an excellent brochure highlighting the main points of their talks and emphasizing the fact that guns are the main cause of suicide. Websites for additional information are listed along with phone numbers of organizations you may contact or report someone you think may need help.

## February Speaker

The speaker for the February Luncheon will be Tod Ruse, Historian for the San Joaquin County Sheriff's Department. Mr. Ruse grew up in Stockton, graduated from Stagg High School, and attended Delta College and UOP. He has a Master's degree from UOP and has taught school in Linden and served as Principal at Waterloo. During this time he was a member of the Stockton Police Reserve where he eventually became the Stockton Police Historian. In 1992 he was asked to be the Historian for the San Joaquin County Sheriff's Department where he is still active. Mr. Ruse lives in Stockton with his wife and two daughters.

## IMPORTANT DATES FOR BRANCH 46

### February 2020

Red Indicates Branch Function

- Feb. 2 Ground Hog Day + Super Bowl
- Feb. 4 Thank a Mailman Day
- Feb. 8 Boy Scout Day
- Feb. 12 Lincoln's Birthday
- Feb. 14 Valentine's Day
- Feb. 17 Branch Executive Meeting
- Feb. 20 Branch Luncheon
- Feb. 21 Jack & Alice Lamberty Birthday
- Feb. 22 Washington's Birthday
- Feb. 24 Last Day for Bulletin Input
- Feb. 29 Once every 4 years date.

SUN	MON	TUES	WED	THUR	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

1. Don't forget to fill out the "SIRS SURVEY" sheets that were provided at the January meeting and bring them to the February luncheon. To maintain a viable and active Branch, we need to know your opinions and suggestions.



2. Dave Derksen handed out Veteran's information sheets at the January luncheon. If you're a veteran, please provide the requested data and bring it to the February luncheon.

**FILL IT OUT! BRING IT TO THE MEETING! THANK YOU!**



## **FEBRUARY 2020 BIRTHDAYS & ANNIVERSARIES**

SIR BRANCH 46

Membership Chair, Dave Derksen

### **OUR BIRTHDAY GREETINGS TO...**

Richard Mayo 3<sup>rd</sup> Reno Berbano 4<sup>th</sup> Perry Morin 7<sup>th</sup>

Whitey Rasmussen 12<sup>th</sup>

Peter Lepisto 14<sup>th</sup>

Jack Lamberty 21<sup>st</sup>

Ron Bryant 23<sup>rd</sup>

### **OUR BEST ANNIVERSARY WISHES TO...**

Try & Elvin Tyler

married February 14, 1988

Patrice & Robert Verhines

married February 17, 1979

Cathy & Phil Waddy

married February 9, 1974

Mary & Bill Noel

married February 26, 1972

Charlotte & John Doisy

married February 11, 1972

Cathy & Perry Morun

married February 19, 1972

**and our VERY SPECIAL WISHES to our members married 50 or more years:**

*"Whitey" RASMUSSEN married Feb. 14, 1959- 61 years*

*January Meeting Attendance: 47=59%*

*Active Membership: 79*

# FIRST 2020 LUNCHEON HIGHLIGHTS

Photos by Ron Korock



**Bridge Kibitzers**



**Clockwise: Dave Palmer, Ethan Ives  
Duke Wilkinson & Fayne Wolford**



**Little Sir Mike Sather with Speakers**



**Big Sir Glenn Nellman**







## **BRANCH 46 WEBSITE** <http://branch46.sirinc2.org>

The Branch 46 Website continues to maintain international interest with several readers from China and even Singapore logging on in December. These “hits” were from Putian-Fujian, Lu’an-Anhui, Chongqing, Sichuan, Xiamen-Fujian, Jingjiang-Jiangsu plus a hit from Singapore in January. Fujian and Jiangsu are provinces on the southeast coast of China.

As usual, we are providing Bill Bromiley’s monthly newsletter – this time for February. Just log on (web address provided above) and select “Computer”. Some of the articles we found interesting are listed below.

### **1. National Security Agency Discovers Dangerous Windows Security Flaw**

As stated in the title, NSA has discovered a dangerous security flaw in the Windows 10 operating system and has alerted Microsoft of the issue. Microsoft is issuing a security patch so Windows users can fix the flaw. Read the link accompanying the article for more details.

### **7. The Spy in Your Pocket**

Smartphones and the applications that run them use location services to provide you, the phone’s user, with significant and helpful information. That location data, outside of your phone, is often sold to companies that repackage the information for services and marketing. The article points out that, to these companies who have access to this data, your life is an open book. They can see the places you go every moment of the day, whom you meet or spend the night with, where you pray, and the list goes on. The article describes how the writers followed several individuals including some who were well known. At this time there is very little we can do to prevent this monitoring. It is happening to you right now for the purpose of gathering advertising data. However, if you are sensitive as to someone having the ability of continually know your whereabouts, the article provides methods for “turning off” some of the aps that continually broadcast your location.

### **10. Automakers All In on Electric Cars - U.S. Infrastructure Lags**

This is a lengthy article on Electric Cars (EV) today - the future plus the difficulties for people with EVs trying to find chargers. The prediction is that by 2040, the division between gasoline-powered and electric powered vehicles will be about 50-50. Most people favor this, but the current problem is the lack of charging stations. The link discusses this in detail along with one writer’s horror story about trying to find a charging station in a remote mid-western town.

NOTICE: Articles to be included in the Branch 46 monthly "Bulletin" should be submitted NO LATER THAN the monthly luncheon meeting. Submit them to Jack Lamberty at [JackL68734@aol.com](mailto:JackL68734@aol.com) or 209-451-1165.

## SONS IN RETIREMENT BRANCH #46

c/o of Temple Gallagher  
9292 Alhambra Avenue  
Stockton, CA 95212

# *Executive Board Meeting: February 17th*

**Meeting dates for 2020:**  
February 20<sup>th</sup>, March 19<sup>th</sup>,  
April 16<sup>th</sup>,  
May 12<sup>th</sup> Picnic,  
June 18<sup>th</sup>, July 16<sup>th</sup>,  
August 20<sup>th</sup>,  
September 17<sup>th</sup>,  
October 15<sup>th</sup>,  
November 19<sup>th</sup>

### **PRESIDENT**

Ed Benson

### **REGION 2 DIRECTOR**

Rick Kindle 652-8608

### **AREA 18 GOVERNOR**

Richard Provost 222-1910

### **2020 OFFICERS**

#### **BIG SIR**

Glenn Nellman 369-8620

#### **LITTLE SIR**

Mike Sather 601-1642

#### **SECRETARY**

John Bayley 298-0327

#### **ASST. SECRETARY**

John Stevens 470-2521

#### **TREASURER**

John Doisy 478-4728

#### **ASST. TREASURER**

Bob Stewart 946-0897

### **DIRECTORS**

#### **2018 thru 2020**

Pete Lepisto 948-2265

Dave Palmer 242-2093

#### **2019 thru 2021**

Jack Lamberty 451-1165

Dave Derksen 636-4650

#### **2020 thru 2022**

Abraham Mackey 471-7007

David Stull 479-4944

### **2020 COMMITTEES & ACTIVITIES**

#### **ATTENDANCE**

Dick Andersen 478-3753

#### **AUDITORS**

Dave Palmer 242-2093

open

#### **BIOGRAPHER**

#### **BOWLING**

Ron Korock 951-4759

#### **BRIDGE (SIR)**

Dave Palmer 242-2093

#### **BRIDGE (mixed)**

Dick Andersen 478-3753

#### **BULLETIN EDITOR**

Jack Lamberty 451-1165

#### **BUCKET BRIGADE**

Ethan Ives 239-4212

Ellis Weeks 951-2320

Jack Steigerwald 541-740-8787

Bob Stewart 946-0897

#### **CHAPLAIN**

John Mendonca 477-0743

#### **CHRISTMAS LUNCH**

Glenn Nellman 369-8620

Mike Sather 601-1642

#### **FLAGBEARER**

John Westhafer 957-0424

#### **GOLF (Par 3 course)**

Abraham Mackey 471-7007

#### **GOLF (18 hole)**

John Stevens 470-5251

#### **GREETERS**

#### **MEMBERSHIP**

Dave Derksen 636-4650

#### **MEMORIALS & SUNSHINE**

John Mendonca 477-0743

#### **MUSIC**

Maynard Bostwick 474-7007

#### **NOMINATING COMMITTEE**

Mike Sather 601-1642

#### **PHOTOGRAPHY**

open

#### **PICNIC (June)**

Glenn Nellman 369-8620

Mike Sather 601-1642

#### **PROGRAM**

Mike Sather 601-1642

#### **ROSTER**

Dave Derksen 636-4650

#### **TRAVEL**

Dave Derksen 636-4650

#### **WEBMASTER**

Jack Lamberty 451-1165