

STATE PRESIDENT- Sir Fred Serena
STATE VICE PRESIDENT- Sir Nick Fimer
AREA 2 DIRECTOR – Vacant



Branch Officers
BIG SIR- Tim Petrin 510-384-1956
LITTLE SIR – Tim McGee 530-650-6862
SECRETARY- Doug Marr 530-713-3130
ASST. SECRETARY- Bill Craig 530-763-5476
TREASURER-Brad Johnson 530-632-7943
ASST. TREASURER-Guy Rector 530 674-1236
ATTENDANCE Bill Crocker – 916 276-5117
e-BULLETIN Gary Kim - 916-205-7427
SUNSHINE Dennis Dempsey – 530 487-3830

A nonprofit public benefit organization for retired men devoted to the promotion of independence and dignity of retirement.

Meets the first Monday of every month at 11:45 in the Plaza Room, Julie Drive, Yuba City

Maintenance of membership requires regular attendance. Branch Executive Committee (BEC) meeting follows the monthly luncheon at 1:40 p.m.

SIR Branch 45 Website: branch45.sirinc2.org

BOARD OF DIRECTORS

Bill Crocker 530 673-8982	Ed Kennedy 530 673-9731	Bijan Parhizgar 530 301-8740	Tom Bethards 530 632-6751	Barry Greathouse 530 301-8740	J.P. Hill 530 632-8246
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NUMBER ONE

JANUARY 2026



BIG SIR MESSAGE

Tim Petrin, 510-384-1956

TIMPETRIN@SBCGLOBAL.NET

Dear Sirs, Happy New Year to all!

I am truly honored to be the big sir for 2026, and I feel fortunate to have Sir Tim McGee on board as this year's little sir. Let's keep busy in 2026, doing the fun activities we've been enjoying together. Besides having strong, meaningful and fun relationships in all that we do, this year I would like to see a renewed focus on recruitment. As we have heard from various guest speakers, and to lift a sentence right from our own State SIR site: **There is overwhelming and well-documented scientific evidence supporting the profound benefits of social connection, physical activity, and mental stimulation for seniors.**

So please grab a few SIR cards at our next luncheon. Invite a friend or stranger to one of our activities. The odds are good that you will be doing a favor for the person(s) you recruit! Here's to a wonderful 2026!

Best regards,

Tim Petrin

2026 Big Sir

LITTLE SIR MESSAGE

Tim McGee, 530-650-6862

mcgeemaui@yahoo.com



Sergeant Michael Gwinnup currently serves with the Yuba City Police Department and brings 27 years of law enforcement experience to his role. Throughout his career, he has served with the Colusa County Sheriff's Office, Yuba County Sheriff's Office, and Sutter County Sheriff's Office. His professional background includes assignments as a K9 Handler, Detective, Narcotics Agent, and Operator and Team Leader with the Sutter County Sheriff's Office Special Enforcement Detail.

In his current position, Sergeant Gwinnup oversees the Department's Homeless Liaison Officers, School Resource Officers, Community Service Officers, and the Volunteers in Policing program, ensuring effective coordination, community engagement, and operational support.

Committee Chairs

Attendance: Bill Crocker

Asst. Attendance: Mike Gyorfi

Badges: Bill Smith

Bicycling: Bill Craig

Asst. Bicycling: Gilbert Corchado

Bocce Ball: Jack Schoen

Asst. Bocce Ball:

Bowling: Ray Buttacavoli

Asst. Bowling: Jeff Brockman

Card Guy:

Asst. Card Guy: Bob Penix

Cashier: Fred Preston

Asst. Cashier: Darel Abbott

Chaplain:

Asst. Chaplain: Dieter Rex

Fine Dining: Tom Bethards

Fishing: Pat Dilling

Asst. Fishing: Paul Breitag

Golf: Tim McGee

Asst. Golf: Peter Brennan

Historian: Bill Crocker

Membership: Bill Crocker

Photography: Richard Grant

Asst. Photography: Walt Cotter

Pool: Ruben Gomez

Asst. Pool: Bob Penix

Roster: Dave Goldwyn

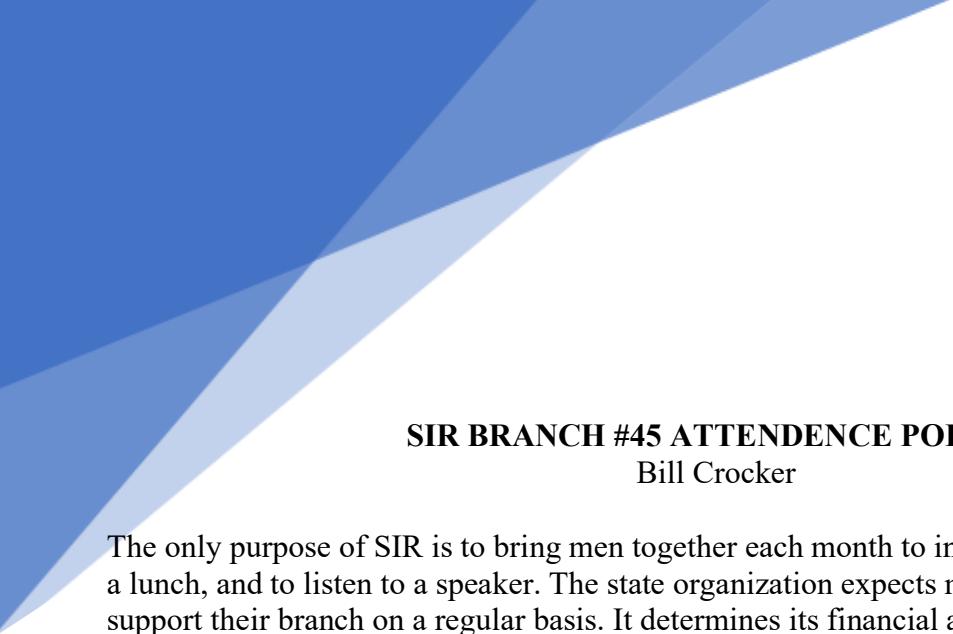
Asst. Roster: Bill Crocker

Sunshine: Dennis Dempsey

Asst. Sunshine:

Website: Bill Crocker

Asst. Website:



SIR BRANCH #45 ATTENDENCE POLICY

Bill Crocker

The only purpose of SIR is to bring men together each month to interact socially, to share a lunch, and to listen to a speaker. The state organization expects members to attend and support their branch on a regular basis. It determines its financial assessment of each branch based on the number of members, regardless of luncheon attendance. The amount each member pays at the luncheon helps the branch defray this cost, therefore, regular attendance is important.

I have been the attendance chairman since 2013. Over that period of time, I have developed a policy that attempts to ensure our branch is composed of active, participating members. Senior Honorary Life Members and Honorary Life Members are exempt. They are members for life, regardless of participation.

1. If a member does not attend a luncheon for three months in a row and has not contacted me, I will telephone that individual a few days before the following luncheon to encourage him to attend.
2. If the member does not attend the luncheon after my telephone call, I will write a letter about ten days before the succeeding luncheon emphasizing the importance of attendance and asking for a response. If I do not receive a response by a stated date, I will assume the member is no longer able to participate in SIR activities and his membership will be dropped.

It is important for every member to support his branch. There will be times when a person will be away on vacation, have an extended illness, or have some other reason for being unable to attend. Please let me know of these extended absences as they occur. This notice will be a great help to me and make my job easier.

Thank you.



**SIR Multi-Branch Travel
Newsletter
Glenn Breslin**



If you are interested in traveling with other SIRs, then can you please fill out the below SIR Travel Survey and email to glennbreslin@gmail.com. Your input will be utilized to plan these future SIR Travel Trips.

SIR MULTI-BRANCH TRAVEL SURVEY

- 1) Where do you want to travel to?
- 2) What duration (of days) works best for you?
- 3) Do you prefer a land trip or a cruise trip?
- 4) What are your preferred Land Tour companies or Cruise Companies?
- 5) Can you please provide any other comments about SIR Travel?
- 6) If your preferred trip(s) turn out to be candidates for future SIR Travel, then I would like to learn more about how you like to travel. Can you please list your contact information below?
 - a) Name, Email, Phone Number, SIR Branch Number and Location

Thank You Very Much in Advance!!

Glenn Breslin

SIR146 – Activities and Travel Chair

glennbreslin@gmail.com

925-788-6520



DINING OUT

Tom Bethards, 530 632-6751



2026 will be a new year of dining activities.

Tom Bethards, Peachtree Dining Out Activity Coordinator. chevymen61@comcast.net is my email or call me at 530 632-6751. Bon appetit.

WHEN WE LAST MET

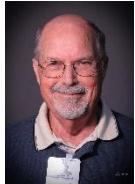


Brad Johnson, Distinguished Service Award



Tim Petrin Guest Speaker

YUBA CITY/MARYSVILLE BOWLING



Ray Buttacavoli, 530-329-2038

Jeff Brockman, 530-755-0746



Our bowlers and their guests recently bowled in two SIR sponsored tournaments. The first was in Carson City where **Jeff Brockman** took 1st place in the men's singles and his partner, Peggy McCarty placed 6th in the women's singles. **Harvey Robinson**'s partner, Lorraine Williams, placed 1st in the women's singles. Then in the doubles' competition, Jeff and his partner placed 2nd while Harvey and his partner placed 4th. This tournament was followed by the State SIR tournament in Sacramento. Our own **Ken Sisney** placed 2nd in the Division 1 singles while **Larry Herrera**, Branch 109, placed 9th in Division 2 singles. Then **Ken Sisney** and **Tony Rainey** placed 2nd and **Stan Gryczko** and **Jack Dunn** placed 5th in Division 1 doubles. In Division 2 doubles, **Larry Herrera** and **Dan Moreno**, Branch 109, placed 4th. Both tournaments turned out to be quite profitable for our bowlers. The next big tournament will be in Reno in August, and in this report, we will be sending 12 bowlers to compete. The Reno tournament generally attracts around 300 SIR bowlers and guests.

We continue to bowl every Wednesday at 11:00 AM. All are still welcome to bowl with us. But if you have not bowled with us since we moved to Beale AFB, it will be necessary to contact me so that we can start the paperwork for a Guest Pass, that is unless you have a valid military ID. There is no charge for the Guest Pass. You can contact me at the phone number above or via email at rdb0416@comcast.net if you have any questions

SLOW TROLLERS



Pat Dilling, 530-218-0641



Paul Breitag, 530-519-5374

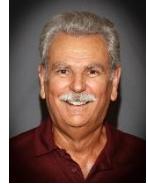
The Slow Trollers Fishing Club meets on the first Monday, same day as SIRs, at 9 am. We meet at the Yuba City Moose Lodge, 401 S. Walton. Join us for fish stories, coffee & donuts. Doors are open around 8:15 for early arrivers. We have just completed our event schedule for 2026 with club events taking place on the second Thursday each month. We will be fishing at several local lakes. We will also have opportunities with the state SIR fishing group for rivers, the bay and ocean. We welcome new members, please come join us!



PHOTOGRAPHY



Richard Grant, 530-713-1919



Walt Cotter, 530-671-1456

The SIR's Photo Club meetings are held monthly at the Dancing Tomato, located opposite Sam's Club in Yuba City. We meet there regularly at 9:00AM on the 2nd Tuesday. Our January meeting is on 13th. There are usually about 8 to 10 of us and we have breakfast and a great time-sharing photos and talking about photography. Hope you can join us. You will make some new friends for sure.

January Photo of the Month

Amanita Muscaria

by new club member and mushroom expert, Hugh Smith



POOL



Ruben Gomez, 530-743-0477



Bob Penix, 530-790-0723



Mondays at 2:00 PM. Play at Gold Rush Billiards next to Papa Murphy's Pizza on Gray Ave.
Even if you never played pool, come on out and learn. You'll enjoy it.

CARDS



Bob Penix, 530-790-0723

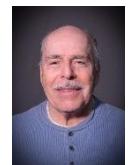


Wednesdays 12:00-4:00. Played at different players' houses each week.

BICYCLING



Bill Craig, 530-763-5476



Gilbert Corchado, 530-434-6525



It's been a while since most of us have been riding, but there's been occasions when some of us can't resist pedaling our butts around town . Looking forward to some sunshine. Whether it's a couple of us or a dozen, the group has so much fun together that we want to share our joy with you. We are noticed in the community and meet new people. Spouses and guests are always welcome. We currently ride as a SIR activity on Fridays from Regency Park in north Yuba City, Please call Bill Craig, 530-592-6592, or Gilbert Corchado, 530-845-2854, to get updates on ride times.

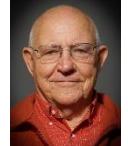
Try it, you'll like it!

📸 Look at this post on Facebook [SIR Bicycle Club on Facebook](#)

GOLF REPORT



Tim McGee, 530-650-6862



Pete Brennan, 530 674-7234



Hello everyone from Tim McGee Golf Director for 2026. For those of you who don't know by now, I will be taking over Dennis Dempsy as the golf person. In the coming weeks the directors and I will be busy putting together the list of events for 2026. We will have a new list of courses, dates and directors.

Everyone will receive a copy of the new 2026 golf schedule at the golf breakfast on Friday February 13th at 8:00 am at the YC Moose Lodge.

Don't forget this date! This breakfast is FREE and the new schedule will be available for everyone who shows up!

Tim McGee putting my putter away.

BOCCE BALL



Jack Schoen, 719-400-9830



Tuesdays 10:00. Played at Kingwood Park on Gray Ave.
We are looking for more participation so that we can
enter tournaments with other branches.

TREASURERS REPORT



Brad Johnson, 530-632-7943

The November ending balance was: \$9,824.76

The December ending balance is: \$7,933.12

SIR's 2025 Christmas party

