

STATE PRESIDENT- Sir Rich Carlston,
rich.carlston@icloud.com, 952-324-0838
 AREA 2 DIRECTOR – Mark Stuart,
mss95678@hotmail.com, 916 218-2287
 BIG SIR- Barry Greathouse, 530-415-9175
 LITTLE SIR – Tim Petrin, 510 384-1956
 SECRETARY- Steve Marshall
 ASST. SECRETARY- Bill Craig, 530-763-5476
 TREASURER-Brad Johnson, 530-632-7943
 ASST. TREASURER-Guy Rector, 530-674-1236

STATE VICE PRESIDENT- Sir Lee Lamp, lel4355@yahoo.com,
 (925) 324-0838



Bill Crocker, 530-673-8982-ATTENDANCE
 Gary Kim, 916-205-7427- e-BULLETIN
 Tim Petrin 510 384-1956-PROGRAM
 Dennis Dempsey, 530-487-3830-SUNSHINE

PEACH BOWL BRANCH 45

A nonprofit public benefit organization for retired men devoted to the promotion of independence and dignity of retirement.
 Meets the first Monday of every month at 11:45 in the Plaza Room, Julie Drive, Yuba City
 Maintenance of membership requires regular attendance. Branch Executive Committee (BEC) meeting follows the monthly luncheon at 1:40 p.m.

SIR Branch 45 Website: branch45.sirinc2.org

BOARD OF DIRECTORS

Bill Crocker	Ed Kennedy	Bijan Parhizgar	Tom Bethards	Tom Thompson	J.P. Hill
530 673-8982	530 415-9521	530 301-8740	530 632-6751	530 751-9225	530 632-8246

VOLUME FIFTY-THREE

NUMBER NINE

SEPTEMBER 2025



BIG SIR MESSAGE

Barry Greathouse, 530-415-9175

PPABARRY62@GMAIL.COM

As September arrives, we look forward to the promise of cooler weather and the unique beauty that autumn offers. With children, grandchildren, and great-grandchildren returning to their studies, fall sports are commencing in earnest. This season brings an abundance of both American and European football for us to enjoy, including opportunities to watch on large screens.

Please refer to pages 12 and 13 of this bulletin for information about upcoming trips. Additionally, I encourage you to invite others to join our organization, fostering lasting friendships and enriching experiences. We look forward to seeing you at our next meeting on September 8th.

Best regards,

Big SIR

Barry

LITTLE SIR MESSAGE

Tim Petrin, 510-384-1956

TIMPETRIN@SBCGLOBAL.NET



Guest Speaker: Arvinder Ginda:



After two decades as an FBI Special Agent, Arvinder Ginda has sat across from terrorists, rescued hostages, and led high-stakes interviews and interrogations. Retiring from the FBI earlier this year, Arvinder is focusing on teaching more, writing more, and working on his classic cars. Arvinder is a co-owner of Emotional Intelligence, LLC and author of "Chosen and Flawed". Another book is coming soon: "53 Reflections: A Guide to Healing Through Human Pain".

Arvinder spends much of his time speaking to organizations, communities, and leaders about how to turn adversity into identity, and how emotional intelligence and resilience can radically reshape our lives from the inside out.

Committee Chairs

Attendance: Bill Crocker
Asst. Attendance: Mike Gyorfi
Badges: Bill Smith
Bicycling: Bill Craig
Asst. Bicycling: Gilbert Corchado
Bocce Ball: Carey Saunders
Asst. Bocce Ball:
Bowling: Ray Buttacavoli
Asst. Bowling: Jeff Brockman
Card Guy:
Asst. Card Guy: Bob Penix
Cashier: Fred Preston

Asst. Cashier: Darel Abbott
Chaplain:
Asst. Chaplain: Dieter Rex
Fine Dining: Tom Bethards
Fishing: Pat Dilling
Asst. Fishing:
Golf: Dennis Dempsey
Asst. Golf: Peter Brennan
Historian: Bill Crocker
Membership: Bill Crocker

Photography: Richard Grant
Asst. Photography: Walt Cotter
Pool: Ruben Gomez
Asst. Pool: Bob Penix
Roster: Dave Goldwyn
Asst. Roster: Bill Crocker
Sunshine: Dennis Dempsey
Asst. Sunshine:
Website: Bill Crocker
Asst. Website:



DINING OUT



Tom Bethards, 530 632-6751

2025 will be a new year of dining activities.

Tom Bethards, Peachtree Dining Out Activity Coordinator. chevyman61@comcast.net is my email or call me at 530 632-6751. Bon appetite.

WHEN WE LAST MET



New Members



Wendy Zapata Financial Advisor Presenting Speaker

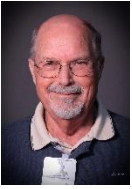


Don Hayward, Senior SIR 90
years old President's Award



2026 Officer nominations

YUBA CITY/MARYSVILLE BOWLING



Ray Buttacavoli, 530-329-2038



Jeff Brockman, 530-755-0746



Our bowlers and their guests recently bowled in two SIR sponsored tournaments. The first was in Carson City where **Jeff Brockman** took 1st place in the men's singles and his partner, Peggy McCarty placed 6th in the women's singles. **Harvey Robinson's** partner, Lorraine Williams, placed 1st in the women's singles. Then in the doubles' competition, Jeff and his partner placed 2nd while Harvey and his partner placed 4th. This tournament was followed by the State SIR tournament in Sacramento. Our own **Ken Sisney** placed 2nd in the Division 1 singles while **Larry Herrera**, Branch 109, placed 9th in Division 2 singles. Then **Ken Sisney** and **Tony Rainey** placed 2nd and **Stan Gryczko** and **Jack Dunn** placed 5th in Division 1 doubles. In Division 2 doubles, **Larry Herrera** and **Dan Moreno**, Branch 109, placed 4th. Both tournaments turned out to be quite profitable for our bowlers. The next big tournament will be in Reno in August, and in this report, we will be sending 12 bowlers to compete. The Reno tournament generally attracts around 300 SIR bowlers and guests.

We continue to bowl every Wednesday at 11:00 AM. All are still welcome to bowl with us. But if you have not bowled with us since we moved to Beale AFB, it will be necessary to contact me so that we can start the paperwork for a Guest Pass, that is unless you have a valid military ID. There is no charge for the Guest Pass. You can contact me at the phone number above or via email at rdb0416@comcast.net if you have any questions

SLOW TROLLERS



Pat Dilling, 530-218-0641

The Slow Trollers Fishing Club meets at the Yuba City Moose Lodge, 205 S. Walton on the first Monday of the month at 9 am. Everyone interested in fishing is welcome.

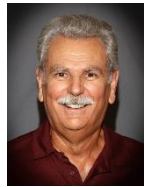
Recent trips to Lake Oroville have brought in some real giants! And some nice trout and two bass at a time! Come Join us! Call Pat Dilling for information. 530-21-0641.



PHOTOGRAPHY



Richard Grant, 530-713-1919



Walt Cotter, 530-671-1456

The SIR's Photo Club meetings are held monthly at the **Dancing Tomato**, located opposite Sam's Club in Yuba City. We meet there regularly at 9:00AM on the 2nd Tuesday. Our September meeting is on 9th. There are usually about 10 of us and we have breakfast and a great time-sharing photos and talking about photography. Hope you can join us. You will make some new friends for sure.

September Photo of the Month

Mandarin Duck by club member, Richard Grant



This photo was taken at the Auburn Bird Sanctuary. Our club has made 2 field trips up there.

POOL



Ruben Gomez, 530-743-0477



Bob Penix, 530-790-0723



Mondays at 2:00 PM. Play at Gold Rush Billiards next to Papa Murphy's Pizza on Gray Ave. Even if you never played pool, come on out and learn. You'll enjoy it.

CARDS

Bob Penix, 530-790-0723



Wednesdays 12:00-4:00. Played at different players' houses each week.

BICYCLING



Bill Craig, 530-763-5476



Gilbert Corchado, 530-434-6525

Whether it's a couple of us or a dozen, the group has so much fun together that we want to share our joy with you. We are noticed in the community and meet new people. Spouses and guests are always welcome. We currently ride as a SIR activity on Fridays from Regency Park in north Yuba City, Please call Bill Craig, 530-592-6592, or Gilbert Corchado, 530-845-2854, to get updates on ride times.

Try it, you'll like it!

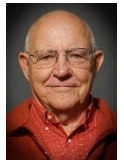
 Look at this post on Facebook [SIR Bicycle Club on Facebook](#)





GOLF REPORT

Dennis Dempsey, 530 487-3830



Pete Brennan, 530 674-7234



Gentleman,

Another wonderful month is behind us, and I want to thank everyone for your strong participation. August brings us four scheduled events:

- **August 5** at *Table Mountain*
- **August 11** at *Peachtree* with Chico SIR (this is a makeup for the rained-out April event and not on your original schedule). It'll be a scramble format, and Chico SIR is bringing around 45 players—let's match that energy!
- **August 12** at *River Oaks*—yes, it's a back-to-back, but necessary due to the reschedule.
- **August 26** back at *Peachtree*

Sign-up sheets will be available at the **August 4th SIRS meeting**, except for Table Mountain. If you'd like to play in that event, please contact **Dennis Dempsey** or **Roland D'Arcy** directly.

Let's aim to close the season on a high note!

As I mentioned last month, I'll be stepping down as President, effective **January 1st**. I'll be turning things over to someone I believe will be a strong, capable leader—and I'll share who that is very soon.

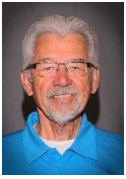
God bless you all—stay well and stay active.

Dennis Dempsey

President

SIR Branch 45/109

BOCCE BALL



Carey Saunders, 530-632-1859



Tuesdays 10:00. Played at Kingwood Park on Gray Ave.
We are looking for more participation so that we can
enter tournaments with other branches.



SIR Multi-Branch Travel

September 2025 - Newsletter

From: Glenn Breslin glennbreslin@gmail.com

GOOD NEWS !!!

New Trip Announced: Many SIRs have mentioned interest in going to **CUBA** on 3/12/26 for a 6-day tour.

Discount Expiring Soon: At this time, a **10% discount** available on these trips: Australia/New Zealand and Japan/Korea. This discount is expiring on 9/2.

Vietnam/Cambodia Trip Update: **Sold Out 13 SIRs are going.**

Please let Glenn Breslin know if you are interested. glennbreslin@gmail.com

Based upon both the SIR Multi-Branch travel questionnaire results and the related member interview input, these travel destinations have been chosen for future SIR Travel.

Australia/New Zealand	Cuba	Japan/Korea	Vietnam/Cambodia Sold Out – 14 SIRs Going
1/7/26 to 1/25/26 (\$5295-No Airfare/\$7645-With Economy Airfare) - Both Melbourne Pre-Trip and Fiji Post-Trip available - Click this link for details Click Here - Group code is G6-30339	3/12/26 to 3/18/26 (\$4611 with airfare already included) - Immersion into culture and history - Five-star lodging - All meals but one included - All tours included Click Here	4/1/26 to 4/16/26 (\$7495-No Airfare/\$9095-With Economy Airfare) - Hiroshima post-trip available - Click this link for details Click Here - Group code is G6-30339	10/19/25 to 11/7/25 (\$3495-No Airfare/\$4695-With Economy Airfare) - Angor Wat Post-Trip Included available - Click this link for details Click Here Group code is G5-30339

Travel Quotes:

“A journey well shared is a journey well enjoyed.”

“A good friend listens to your adventures. Your best friend makes them with you.”

“There is an unspoken bond you create with the friends you travel with.”

Let me know if you have any questions or comments.

Glenn Breslin

SIR146 Activity and Travel Chair

glennbreslin@gmail.com

925-788-6520

TREASURERS REPORT



Brad Johnson, 530-632-7943

The July ending balance was: \$8,256.08

The August ending balance was: \$8,025.13