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rich.carlston@icloud.com, 952-324-0838
 AREA 2 DIRECTOR – Mark Stuart,
mss95678@hotmail.com, 916 218-2287
 BIG SIR- Barry Greathouse, 530-415-9175
 LITTLE SIR – Tim Petrin, 510 384-1956
 SECRETARY- Steve Marshall
 ASST. SECRETARY- Bill Craig, 530-763-5476
 TREASURER-Brad Johnson, 530-632-7943
 ASST. TREASURER-Guy Rector, 530-674-1236

STATE VICE PRESIDENT- Sir Lee Lamp, lel4355@yahoo.com,
 (925) 324-0838



Bill Crocker, 530-673-8982-ATTENDANCE
 Gary Kim, 916-205-7427- e-BULLETIN
 Tim Petrin 510 384-1956-PROGRAM
 Dennis Dempsey, 530-487-3830-SUNSHINE

PEACH BOWL BRANCH 45

A nonprofit public benefit organization for retired men devoted to the promotion of independence and dignity of retirement.

Meets the first Monday of every month at 11:45 in the Plaza Room, Julie Drive, Yuba City

Maintenance of membership requires regular attendance. Branch Executive Committee (BEC) meeting follows the monthly luncheon at 1:40 p.m.

SIR Branch 45 Website: branch45.sirinc2.org

BOARD OF DIRECTORS

Bill Crocker	Ed Kennedy	Doug Parker	Tom Bethards	Tom Thompson	J.P. Hill
530 673-8982	530 673-9731	530 671-9133	530 632-6751	530 751-9225	530 632-8246

VOLUME FIFTY-THREE

NUMBER TWO

FEBRUARY 2025



BIG SIR MESSAGE

Barry Greathouse, 530-415-9175

PPABARRY62@GMAIL.COM

Dear Sirs,

Greetings, fellow Sirs. Let's continue to reach out and welcome new members. Also, don't forget our Sweethearts this Valentine's Day. See you soon.

Barry Greathouse

BIG SIR

LITTLE SIR MESSAGE

Tim Petrin, 510-384-1956

TIMPETRIN@SBCGLOBAL.NET



Dr. Jennifer Kellogg is our guest speaker for February and is a clinical psychologist with extensive experience working with adults, adolescents and couples in a variety of settings. Dr. Kellogg has a deep commitment to improving mental health and well-being and has brought her experience to diverse populations, including working in the crisis triage department at California State Prison, Sacramento. Dr. Kellogg is excited to share insights and strategies for mental health with our group who may be navigating life transitions.

Committee Chairs

Attendance: Bill Crocker
Asst. Attendance: Mike Gyorfi
Badges: Bill Smith
Bicycling: Bill Craig
Asst. Bicycling: Gilbert Corchado
Bocce Ball: Carey Saunders
Asst. Bocce Ball:
Bowling: Ray Buttacavoli
Asst. Bowling: Jeff Brockman
Card Guy:
Asst. Card Guy: Bob Penix
Cashier: Fred Preston

Asst. Cashier: Darel Abbott
Chaplain:
Asst. Chaplain: Dieter Rex
Fine Dining: Tom Bethards
Fishing: Pat Dilling
Asst. Fishing:
Golf: Dennis Dempsey
Asst. Golf: Peter Brennan
Historian: Bill Crocker
Membership: Bill Crocker

Photography: Bob Engen
Photographer: Richard Grant
Pool: Ruben Gomez
Asst. Pool: Bob Penix
Roster: Dave Goldwyn
Asst. Roster: Bill Crocker
Sunshine: Dennis Dempsey
Asst. Sunshine:
Website: Bill Crocker
Asst. Website: Gary Kim



DINING OUT



Tom Bethards, 530 632-6751

Assistant, Phone

2025 will be a new year of dining activities.

Tom Bethards, Peachtree Dining Out Activity Coordinator. chevyman61@comcast.net is my email or call me at 530 632-6751. Bon appetite.

WHEN WE LAST MET



Bill Craig's Honorary Life Member Award

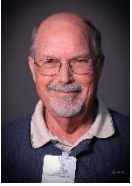


Aaron Walrath, Dir. Twin Cities Rescue Mission



Bijan Parhizgar, Past Big Sir Award

YUBA CITY/MARYSVILLE BOWLING



Ray Buttacavoli, 530-329-2038

Jeff Brockman, 530-755-0746



We finished our '23 ~ '24 bowling season on July 31ST, and I thought it might be interesting to provide you with a very brief summary of the season. We paid Beale Lanes over \$8,000 in bowling fees, and we returned to our bowlers over \$7,400 in weekly awards. Then finally we had two sweepers during the year that paid out about \$850 to our bowlers with some outstanding results.

We have now started our new season which will run until July 30, 2025. In addition, we recently had 9 of our bowlers plus 3 guests compete in a bowling tournament in Reno. Two of our 4-person teams took 1ST Place in their respective divisions. The team of **Dan Moreno & Larry Herrera** (Branch 109) and **Stan Gryczko** and your truly each earned \$80 for their efforts. The team of **Jeff Brockman & Harvey Robinson** and their guest each earned \$74.50 for their efforts. Then in the Doubles competition, the team of **Larry Herrera & Stan Gryczko** placed third in their division, each earning an additional \$49; and the team of **Jeff Brockman & Peggy McCarty** placed 4TH in their division, each earning an additional \$47. In the Singles competition, two of our guests **Lorraine Williams** and **Michelle Dunn** placed 1ST and 3RD respectively in the Ladies Division. That wasn't the end of the awards, with **Jeff Brockman** and **Larry Herrera** each finishing 3RD in divisions for All Events. But the big winner in All Events was **Lorraine Williams** who placed 1ST in the Ladies Division. (All Events is a combination of the scores from each of the three events.)

We continue to bowl every Wednesday at 11:00 AM. All are still welcome to bowl with us. But if you have not bowled with us since we moved to Beale AFB, it will be necessary to contact me so that we can start the paperwork for the Guest Pass, that is unless you have a valid military ID. You can contact me at the phone number above or via email at rdb0416@comcast.net if you have any questions.

SLOW TROLLERS



Pat Dilling, 530-218-0641

The Slow Trollers Fishing Club Meets at 9 AM at the Yuba City Moose Lodge, 205 S. Walton on the First Monday of the month, same day as SIRs Luncheon. Call Pat Dilling for Info 530-218-0641

December Collins Lake Fishing tournament: We had a good turnout despite the all-day fog. There were 10 anglers in 5 boats. The whole lake was socked in for the whole day. No one drove their boats faster than an idle and GPS maps got a lot of use. With all that handicap, a lot of fish were caught. We had six people weigh fish and a few others opted not to. Congrats to Tony Mello. He was the big winner for bass with 11 lbs and 1 oz, he also had the big fish at 3 lbs 11 ozs. There were no trout weighed in. We could barely see a few people trolling for trout, along with some bank anglers. I salute everyone who came out on a chilly, damp almost winter day!

See you at our next meeting on January 6th!





PHOTOGRAPHY

Bob Engen, 530-845-8360

Richard Grant, 530-713-1919

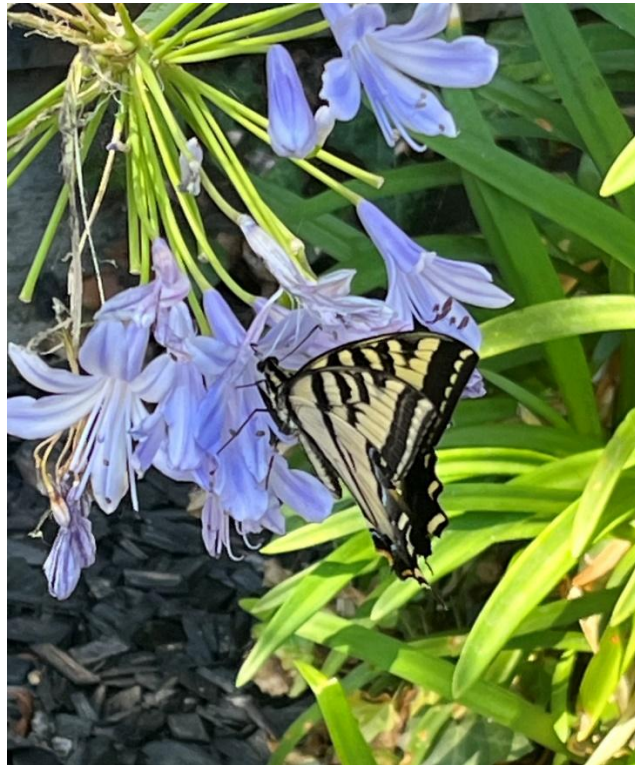


The SIR's Photo Club meetings are held at the **Dancing Tomato**. It is located at Highway 20 and Walton Ave., in Yuba City. We meet there regularly at 9:00AM on the 2nd Tuesday each month. Our January meeting is on 14th. We have breakfast and a great time sharing photos and talking about all things in photography. We occasionally go on field trips as opportunities arise. All are welcome.

Photo of the Month by Toni Parhizgar



Blue Agapanthus and Swallowtail Butterfly



I wish to thank Toni Parhizgar for volunteering to take the Couples Christmas Party photos this year. Toni and Bijan are both most appreciated for all their efforts. There is a lot more too doing it than most realize.

POOL



Ruben Gomez, 530-743-0477



Bob Penix, 530-790-0723



Mondays at 2:00 PM. Play at Gold Rush Billiards next to Papa Murphy's Pizza on Gray Ave.
Even if you never played pool, come on out and learn. You'll enjoy it.

CARDS



Bob Penix, 530-790-0723



Wednesdays 12:00-4:00. Played at different players' houses each week.

BICYCLING



Bill Craig, 530-763-5476



Gilbert Corchado, 530-434-6525

Whether it's a couple of us or a dozen, the group has so much fun together that we want to share our joy with you. We are noticed in the community and meet new people. Spouses and guests are always welcome. We currently ride as a SIR activity on Fridays from Regency Park in north Yuba City, Please call Bill Craig, 530-592-6592, or Gilbert Corchado, 530-845-2854, to get updates on ride times.

Try it, you'll like it!

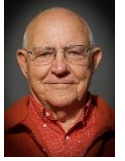
 Look at this post on Facebook [SIR Bicycle Club on Facebook](#)





GOLF REPORT

Dennis Dempsey, 530 487-3830



Pete Brennan, 530 674-7234

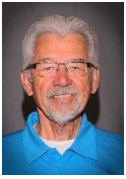


Well, gentlemen, it was a good season, and we have put the upcoming season in order and will be passing it out on Feb 6 at the Moose Lodge for our Golf Breakfast. Don't forget those of you who haven't paid NCGA dues, it is due no later than the meeting on January 6. If you don't pay it, the cost goes up \$10.00 to \$59.00. The first event will be at Peachtree on Monday, March 17th. The cost for that one will be \$53.00, and I will explain the reason at the breakfast. I hope everyone had a joyous and happy holiday season and God Bless all of us for this upcoming year.

Dennis Dempsey, President

SIR Branch 45/109 Golf

BOCCE BALL



Carey Saunders, 530-632-1859



Tuesdays 10:00. Played at Kingwood Park on Gray Ave. We are looking for more participation so that we can enter tournaments with other branches.

TREASURERS REPORT



Brad Johnson, 530-632-7943

The ending December balance: is \$7,011.53

The ending January balance: is \$6,698.08