STATE PRESIDENT- Sir Dale Decker, <u>daledftg@glaim.com</u> , STATE VICE PRESIDENT- Sir Lee Lamp, <u>lel4355@yahoo.com</u> ,						
(209) 573-0833			(925) 324-0838			
AREA 2 DIRECTOR -	Mark Stuart,					
mss95678@hotmai	<mark>l.com</mark> , (916) 218-228	7				
BIG SIR- Bijan Parhizgar 530-301-8740				Bill Crocker, 530-673	3-8982-ATTENDANCE	
LITTLE SIR- Barry Greathouse 530-415-9175				Gary Kim, 916-2	05-7427- e-BULLETIN	
SECRETARY-				Barry Greathouse 530-	415-9175-PROGRAM	
ASST. SECRETARY- Bill Craig, 530-763-5476			CTIVITIES FOR MEN	Dennis Dempsey, 530-487-3830-SUNSHINE		
TDEASUDED Brod Johnson 520 622 7042			RPORATED	-TRAVEL		
ASST. TREASURER-Guy Rector, 530-674-1236 PEACH BOWL BRANCH 45						
A nonprofit public benefit organization for retired men devoted to the promotion of independence and dignity of retirement. Meets the first Monday of every month at 11:45 in the Plaza Room, Julie Drive, Yuba City						
Maintenance of r	nembership requires			mittee (BEC) meeting for	ollows the monthly	
luncheon at 1:40 p.m.						
SIR Branch 45 Website: branch45.sirinc2.org						
BOARD OF DIRECTORS						
Bill Crocker	Ed Kennedy	Doug Parker	Tom Bethards	Tom Thompson	J.P. Hill	
530 673-8982	530 673-9731	530 671-9133	530 632-6751	530 751-9225	530 632-8246	
VOLUME FIFTY-TWO		NUMBER SEVEN		JULY 2024		

BIG SIR MESSAGE



Bijan Parhizgar, 530-301-8740

bthere4asap@yahoo.com

Dear Sirs,

As your Big Sir I will be excited to see all of you again on Monday July 1, 2024.

People born in July are usually optimistic. They focus on the bright side of things, even when things get tricky. This helps in finding solutions, which makes things easier for the people around them as well. They can laugh at themselves as well as different life.

A few days after our luncheon we will be celebrating our Independence Day, The 4th of July. Many Americans fire up the BBQ grill and go for the hot dogs and burgers. It is interesting to note that 150 million hot dogs were consumed during a typical 4th of July!

Little SIR and I will start working on the planning aspects of our yearly Christmas party, time flies and it's best to prepare early.

Please ask/invite a friend or two to our great luncheon and I wish us a great time.

That is all for now and see you soon.

Sincerely Yours, Bijan Parhizgar Big Sir

LITTLE SIR MESSAGE Barry Greathouse, 530-415-9175

PPABARRY62@GMAIL.COM





Guest Speaker for July is Alexandria Mazerolle, Engagement Lead

Blue Zones Project Yuba Sutter

She will share information and inspiration about the original Blue Zones and the current efforts our local Blue Zones Project team is doing to make healthy choices easier in our community.

Committee Chairs

Attendance: Bill Crocker Asst. Attendance: Mike Gyorfi Badges: Bill Smith Bicycling: Bill Craig Asst. Bicycling: Gilbert Corchado Bocce Ball: Carey Saunders Asst. Bocce Ball: Bowling: Ray Buttacavoli Asst. Bowling: Jeff Brockman Card Guy: Roy Meli Asst. Card Guy: Bob Penix Cashier: Fred Preston Asst. Cashier: Darel Abbott Chaplain: Asst. Chaplain: Dieter Rex Fine Dining: Tom Bethards Fishing: Pat Dilling Asst. Fishing: Rodney Jorgensen Golf: Dennis Dempsey Asst. Golf: Peter Brennan Historian: Bill Crocker Membership: Bill Crocker Photography: Bob Engen Photographer: Richard Grant Pool: Ruben Gomez Asst. Pool: Bob Penix Roster: Bill Crocker Asst. Roster: Roy Meli Sunshine: Dennis Dempsey Asst. Sunshine: James Anderson Website: Bill Crocker Asst. Website: Gary Kim

DINING OUT



Tom Bethards, 530 632-6751

Assistant, Phone

2024 will be a new year of dining activities.

Tom Bethards, Peachtree Dining Out Activity Coordinator. <u>chevyman61@comcast.net</u> is my email or call me at 530 632-6751. Bon appetite.

YUBA CITY/MARYSVILLE BOWLING



Ray Buttacavoli, 530-329-2038 Jeff Brockman, 530-755-0746





As promised in last month's article, I'll attempt to explain our weekly bowling fees and the optional games we play each week. First, our weekly bowling fees are \$11.00, which includes the cost of bowling, the secretary/treasurer's fee, and a weekly sweeper fee (which is accumulated for the two sweeper mini tournaments we run each season). Next, we have three optional games each week that each cost \$3 or \$1 per game.

The first optional game is Hi/Lo where we record each bowler's score at the 5TH frame (midpoint of each game). Then the bowler with the highest score is paired with the bowler with the lowest score, and then the next highest and next lowest are paired, and so on. These bowlers then bowl as a doubles team and the team with the highest score at the end of the game wins the pot (\$1 per bowler). If we happen to have an odd number of bowlers, then the lowest bowler at the 5TH frame is out of that game. The extra \$3 from having an odd number of bowlers is put into the sweeper fund.

The second optional game is a skins game based on strikes. Generally, the bowlers are divided into two skin pots based on the lane on which they bowl. Usually, lanes 1 to 3 are one pot, and lanes 4 to 6 are the other pot. Again, each bowler in the skins has paid \$1 per game or \$0.10 per frame. We track the strikes by the bowler and by frame, and if a bowler has a strike in a particular frame and no other bowler in his pot has a strike, he wins the skins. If more than one bowler has a strike, the skins carry over to the next frame. However, skins do not carry over from game to game. Thus, two bowlers can have bowled strikes in all ten frames, and then everyone in that game gets their \$1 back.

The final optional game is the Weekly Awards for High Game and High Series for the week. The bowlers are divided into two divisions based on their averages with an equal number of bowlers in each division. The divisions are adjusted each week to keep the bowlers as evenly distributed as possible. We generally pay two places for each Game and Series in each division. It is interesting to note that all the bowlers participate in each of the three optional games.

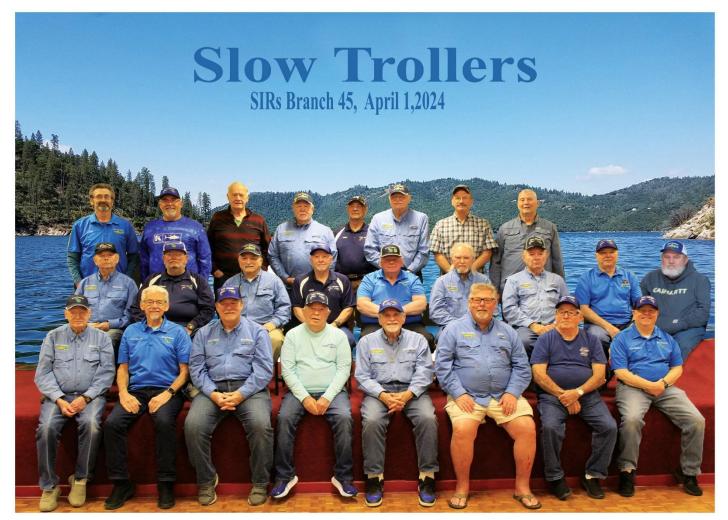
We continue to bowl every Wednesday at 11:00 AM. All are still welcome to bowl with us, but if you have not bowled with us since we moved to Beale AFB, it will be necessary to contact me so that we can start the paperwork for the Guest Pass, that is unless you have a valid military ID. You can contact me at the phone number above or via email at rdb0416@comcast.net.

SLOW TROLLERS



Pat Dilling, 530-218-0641 Rodney Jorgensen, 530-415-3724





Back Row: Jim Merrell, John Krohn, Butch Hodgkins, Tom Pickett. Gene Trujillo, Don Allen, Paul Breitag, Darel Abbott Middle Row: Richard Minor, Robbie Merwin, Lou Altomar, Bob Thomas, Dennis Wilson, Pete Gilb, Jim Coats, Tony Mello, Gary Scaggs Front Row: Dave Jone, Carry Saunders, Fred Preston, Neal Brookman, Al Deabel, John Perkins, Julian Rogas, Pat Dilling



PHOTOGRAPHY Bob Engen, 530-845-8360 Richard Grant, 530-713-1919

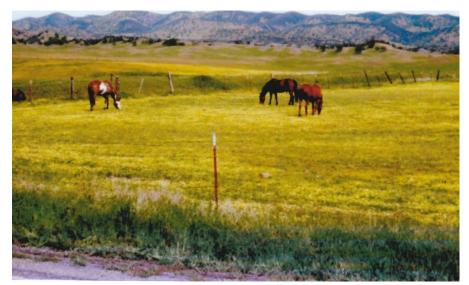


The SIR's Photo Club meetings are held at the **Dancing Tomato**. It is located by Sam's Club, at Highway 20 and Walton Ave. in Yuba City. We meet there regularly at 9:00AM on the 2nd Tuesday of each month. Our July meeting is on 9th. We have breakfast and have a great time-sharing photos and talking about all things in photography. We occasionally go on field trips as opportunities arise. You don't have to have a fancy camera or be an expert to attend. Most of us just use our smart photo's camera. All are welcome.



Photo of the Month by Leroy Prendle

Springtime in Stonyford, CA



The SIR's Photo Club made a field trip up to Stonyford on April 15, 2017.

These photos were taken on that trip. Sadly, we have lost a couple of dear friends in these photos.



POOL



Ruben Gomez, 530-743-0477



Bob Penix, **530-790-0723**



Mondays at 2:00 PM. Play at Gold Rush Billiards next to Papa Murphy's Pizza on Gray Ave. Even if you never played pool, come on out and learn. You'll enjoy it.



Roy Meli, 916 826-4772

CARDS



Bob Penix, 530-790-0723



Wednesdays 12:00-4:00. Played at different players' houses each week.

BICYCLING



Bill Craig, 530-763-5476 Gilbert Corchado, 530-434-6525



Whether it's a couple of us or a dozen, the group has so much fun together that we want to share our joy with you. We are noticed in the community and meet new people. Spouses and guests are always welcome. We currently ride as a SIR activity on Fridays from Regency Park in north Yuba City, starting at 9:00 am. Please call Bill Craig, 530-592-6592, or Gilbert Corchado, 530-845-2854, to get updates on ride times.

Try it, you'll like it!





GOLF REPORT

Dennis Dempsey, 530 487-3830 Pete Brennan, 530 674-7234





Hello golfers. Things are going well, and I hope everyone is fine. We have 2 Events in June. Peachtree on June 11 and Plumas Lake on July 2. You are doing a better job on signups so please keep it up. We as Directors don't like making phone calls but sometimes, we must. I have set it up for all the golfers to get golf lessons at Peachtree for a reduced but affordable price. Please take advantage of this also I have set up an event at Cache Creeks Yoche Dehe rated one of the best 3 courses in Northern California for Dec 4, 2024. Please ensure we keep signing up for as many events as possible. Until next month may all your drives be straight, and all your putts go in.

Dennis Dempsey

Golf Director

BOCCE BALL



Carey Saunders, 530-671-5155



Tuesdays 10:00. Played at Kingwood Park on Gray Ave. We are looking for more participation so that we can enter tournaments with other branches.

TREASURER'S REPORT



Brad Johnson, 530-632-7943

The ending May balance: \$6,604.04 The ending June balance: \$6,726.84