

STATE PRESIDENT- Sir David Gonzales, 408-621-8835
REGION 1 DIRECTOR- Sir Hugh Thompson, 916-276-5117

STATE VICE PRESIDENT- Sir Dale Decker, 209-533-0455
AREA 2 GOVERNOR- Sir Hugh Thompson, 916-276-5117

BIG SIR- Manny Cardoza 530-674-8184
LITTLE SIR- Bijan Parhizgar 530-301-8740
SECRETARY-
ASST. SECRETARY- Bill Craig, 530-763-5476
TREASURER-Brad Johnson, 530-632-7943
ASST. TREASURER-Guy Rector, 530-674-1236



Bill Crocker, 530-673-8982-ATTENDANCE
Gary Kim, 916-205-7427- e-BULLETIN
Bijan Parhizgar 530-301-8740-PROGRAM
Dennis Dempsey, 530-487-3830-SUNSHINE
-TRAVEL

PEACH BOWL BRANCH 45

A nonprofit public benefit organization for retired men devoted to the promotion of independence and dignity of retirement.
Meets the first Monday of every month at 11:45 in the Plaza Room, Julie Drive, Yuba City

Maintenance of membership requires regular attendance. Branch Executive Committee (BEC) meeting follows the monthly luncheon at 1:40 p.m.

SIR Branch 45 Website: branch45.sirinc2.org

BOARD OF DIRECTORS

| | | | | | |
|------------------------------|----------------------------|-----------------------------|------------------------------|------------------------------|---------------------------|
| Bill Crocker 530 673-8982 | Ed Kennedy 530 673-9731 | Doug Parker 530 671-9133 | Tom Bethards 530 632-6751 | Tom Thompson 530 751-9225 | J.P. Hill 530 632-8246 |
|------------------------------|----------------------------|-----------------------------|------------------------------|------------------------------|---------------------------|

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NUMBER EIGHT

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BIG SIR MESSAGE



Manny Cardoza, 530-701-8184
boebadic@comcast.net

Greetings fellow SIR members.

I hope everyone is doing well and staying safe and drinking plenty of water from the extreme weather.

There still is a signup sheet to order SIR polo shirts. We need to order 15 more shirts to meet the 25 minimum order. Signup sheet at front desk,

See you all on Aug. 7th.

Big SIR
Manny

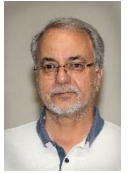
Please Note to All New Members

If you are a new member to our Branch, we would like to include your picture on the Birthday Page of the monthly bulletin. If we don't have your headshot already, please see Richard Grant, the guy with the camera, to get your picture taken. He is available prior to the start of most luncheons. It just takes a minute. It is helpful if you have your badge on so your name will match your face.

LITTLE SIR MESSAGE

Bijan Parhizgar, 530-301-8740

bthere4asap@yahoo.com



**August Guest Speaker:
Greg Chance PA-C
Dermatologist**

Greg Chance has over 29 years of working in different aspects of medicine. From Radiology, Cardiac medicine, and Emergency medicine, and over 18 years in Dermatology. Greg has been practicing Dermatology in Yuba City & Stockton for the last 11 years. Greg treats all disorders of the skin, hair, and nails.

SINCE WE LAST MET

July Luncheon Car Club



Committee Chairs

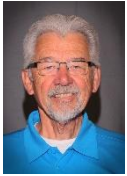
Attendance: Bill Crocker
Asst. Attendance: Mike Gyorfi
Badges: Bill Smith
Bicycling: Bill Craig
Asst. Bicycling: Gilbert Corchado
Bocce Ball: Carey Saunders
Asst. Bocce Ball:
Bowling: Ray Buttacavoli
Asst. Bowling: Jeff Brockman
Card Guy: Roy Meli
Asst. Card Guy: Bob Penix
Cashier: Fred Preston

Asst. Cashier: Darel Abbott
Chaplain: Jack Mayberry
Asst. Chaplain: Dieter Rex
Fine Dining: Rich Dettmer
Fishing: Pat Dilling
Asst. Fishing: Rodney Jorgensen
Golf: Dennis Dempsey
Asst. Golf: Peter Brennan
Historian: Bill Crocker
Membership: Bill Crocker
Photography: Bob Engen

Photographer: Richard Grant
Pool: Ruben Gomez
Asst. Pool: Bob Penix
Roster: Bill Crocker
Asst. Roster: Roy Meli
Sunshine: Dennis Dempsey
Asst. Sunshine: James Anderson
Website: Bill Crocker
Asst. Website: Gary Kim

ACTIVITIES

BOCCE BALL

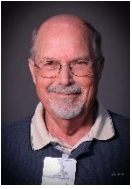


Carey Saunders, 530-671-5155



Tuesdays 10:00. Played at Kingwood Park on Gray Ave. We are looking for more participation so that we can enter tournaments with other branches.

YUBA CITY/MARYSVILLE BOWLING



Ray Buttacavoli, 530-329-2038



Jeff Brockman, 530-755-0746



THIS JUST IN! Six of our bowlers competed in a Senior Masters Tournament at the beginning of July hosted by our local bowling association. Beginning in 2018, they started a Senior Masters Tournament, which is open to any bowler in the Association 50 years old and older. The format for the tournament is each bowler bowls four games and then the top four bowlers compete in step ladder finals. This year, two of our bowlers made it to the finals: **Bill Milbourne** was seeded 4TH and **Stan Gryczko** was seeded 2ND. Bill won his first match and then proceeded to best Stan in the second match, which put Bill into the final game for the championship. Unfortunately, Bill's competitor, John Gould, was too much for Bill to handle and Bill finished in 2ND Place.

Our league has been well represented in this tournament since it began with **Dan Moreno**, Branch 109, winning the inaugural event in 2018. Then in 2019, **Ken Klebe** was the winner followed by yours truly winning in 2022. Just to show you that we have some strong competitors bowling in our league, but the best part of competing in the Senior Masters Tournament is that we all had a great time with some of us bowling better than the others.

Our League is winding down its season and we will end it on July 26TH, when we will be bowling a mini tournament competing for about \$900 in prize money. We still bowl every Wednesday at 11:00 AM. All are still welcome to bowl with us, but if you have not bowled with us since we moved to Beale AFB, it will be necessary to contact me so that we can start the paperwork for the Guest Pass, that is unless you have a valid military ID. You can contact me at the phone number above or via email at rdb0416@comcast.net .

SLOW TROLLERS



Pat Dilling, 530-218-0641



Rodney Jorgensen, 530-415-3724



Slow Trollers Meeting is August 7th at 9 am. Location is the Yuba City Moose Lodge, 205 S. Walton. Come for Coffee, donuts and fish stories. Our next fishing event is a tournament at Lake Oroville on August 17th.



Bob Engen, 530-845-8360

PHOTOGRAPHY



Richard Grant, 530-713-1919

The Photo Club meetings are still held in the back room of Tracey's Diner in Marysville. We meet there regularly on the 2nd Tuesday each month at 9:00am. This month's date is August 8th, the day following the luncheon. We have breakfast and view a 30-minute video on photography. The August lesson is # 14, Smartphone Editing: Lightroom and Android.



Photo of the Month by LeRoy Prindle

Garden Highway Spring Beauty



If you remember driving down Garden Highway years ago, both sides of the road were lined with plum trees. Every spring they put on a spectacular show of blossoms. For some reason, they removed all the trees. LeRoy captured that beauty.

POOL



Ruben Gomez, 530-743-0477



Bob Penix, 530-790-0723



Mondays at 2:00 PM. Play at Gold Rush Billiards next to Papa Murphy's Pizza on Gray Ave. Even if you never played pool, come on out and learn. You'll enjoy it.

CARDS



Roy Meli, 916 826-4772

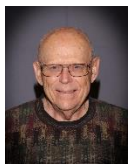


Bob Penix, 530-790-0723



Wednesdays 12:00-4:00. Played at different players' houses each week.

DINING OUT



Rich Dettmer, 530-755-4118



Assistant, Phone

SIR Dining Out's in July was at The Taj restaurant. We were trying out a late brunch go-around to see how that works. It worked just fine but there is no intention to revert to that time frame for all outings. The Taj is an East Indian venue and refurbished facility which is quite nice. The East Indian cuisine was liked by most but can be an acquired taste by others over time.

Unfortunately, a few homeless occupied one of the shaded walkways but was not a problem otherwise. A sign of the times I am afraid.

An outing venue for August has not been selected as of this writing.

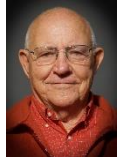
Anyone interested in joining our group contact me. We have been doing this now for ten years. Let me know and I will put you on the notification list and you can choose which outing to attend or come to all for that matter.

Rich Dettmer, Activity Coordinator. CAPTRLD@SYIX.COM is my email or call me at 1-530-755-4118. Bon appetite.

GOLF REPORT



Dennis Dempsey, 530 487-3830



Pete Brennan, 530 674-7234



Hello gents, I hope the heat is not getting to you. We have 4 events this month and I will list them below.

August 1st River Oaks Low Net

August 8th Wild Horse Low Net

August 14th Wild Horse 4m 3 BB and this is a **schedule change**. Was originally scheduled for Bidwell. Please take note of this change. As you can see Wild Horse is back-to-back. Please take note.

August 29th Peachtree 2m 1 best ball pick your own partner.

I want to thank the Barone brothers for stepping up this year as Directors of Golf. They have been a great help but they have other commitments and will not be taking on any tournaments next year. We need people to step up and take over as Directors of Golf the matches. See you all next month and keep swinging, hit em straight and may your next putt go in the hole.

Dennis Dempsey

Golf Director

BICYCLING



Bill Craig, 530-763-5476



Gilbert Corchado, 530-434-6525

Whether it's a couple of us or a dozen, the group has so much fun together we want to share our joy with you. We are noticed in the community and meeting new people. Spouses and guests are always welcome. We currently ride as a SIR activity on Fridays from Regency Park in north Yuba City, **starting at 8:00 am**. Please call Bill Craig, 530-592-6592, or Gilbert Corchado, 530-845-2854, to get updates on ride times.

Try it, you'll like it!



TREASURER'S REPORT



Brad Johnson, 530-632-7943

The ending June balance: \$6,055.60

The ending July balance: \$6,257.36