
	<p style="text-align: center;">SIR Branch 4</p> <p style="text-align: center;">Foghorn</p> <p style="text-align: center;">May 2024</p>	
<p style="text-align: center;">Big SIR-Stuart Ruth</p>	<p style="text-align: center;">God Bless our USA</p>	<p style="text-align: center;">Little SIR-Bill Gipe</p>
<p>Secretary-Bob Calhoun Asst. Secretary-Jack Major</p>	<p>Foghorn Editor John McGlothlin</p>	<p>Treasurer-Bob Golton Asst. Treasurer-George Fenech</p>

May 2024 Lunch. SIR Branch 4 will hold its next luncheon meeting on Wednesday, May 1st, at the Basque Cultural Center, 599 Railroad Avenue, South San Francisco. We hope to see you there.

Lunch will be served at 12 noon and the bar will be available at 11:30AM. Menu choices are:

1. Salmon
2. Chicken Cordon Bleu
3. Veal Stew
4. Mushroom Omelet (a new Menu item!)

Cost will again be \$30.00.

Please respond if you will be attending ASAP (Foghorn is late, sorry), so we can make plans with the restaurant. We need to know if you plan on attending AND your choice of entrée, above.

Respond directly to Paul at SIRpaul@nocero.com, or by phone to 415-254-8175.

Note: There is a new-and-improved SIR website at wearesir.com. Give it a look.

Paul Nocero

May's Speaker (Contact Alfred Herpe 650-992-3344) — Our own Mike Chapman, Firefighter (Ret.), *Helmets and Tools of the Trade*.

Announcements and Information, Bill Gipe

SIR Birthdays. Branch 4 remembers May birthdays for Conrad Arenas, Bob Arzave, Jack Cardon, Jeff Chinn, Elmer Eckart, Jim Fogelstrom, Dan Machado, Richard Nishiki-Finley, and Rich Palmer.

Sunshine List. Branch 4 sends greetings to Jerry Blumenthal, Bob Fox, and Dan Machado.

Membership & Attendance. Membership total: 82. March lunch attendance: 37

As Dave Sees It..., by Dave Nigel

On a gorgeous April 3rd, we met for our monthly luncheon meeting, attended by 37 members, at the Basque Cultural Center. Big Sir Stu Ruth called the meeting to order and Dave Nigel gave the invocation and led our "Pledge of Allegiance," followed by singing "God Bless America." Sadly, we lost one wonderful member, Bob Fontes of Pacifica a SIR since November 2007. A moment of silence was observed in tribute and positive memories. We also received word past Big SIR, Bob Fox was ill.

Announcements by activity Chairs began with Jack Major reporting on golf events. Bocce was updated by Charley Leach describing our competitions at Doelger Center and extending an invitation to join in the fun and camaraderie. Charley welcomed new Bocce Baller Tim Hazen. Membership Chairman Bill Gipe gave an update with a current paid membership of 82. Bill also talked about our upcoming excursion to the San Mateo Historical Museum in Redwood City. George Suter, our "Walk for Health" leader had to miss our meeting and may have an update in the next Foghorn newsletter.

Rolf Rosander and Tony Quarto, Raffle Co-Chairmen, called out winners Paul Nocero (holding the winning ticket for the second consecutive month) and Brian Weiss. Birthday Chair George Suter was unable to attend, and David Nigel introduced the celebrants, each stating their birth date. David led the singing of "Happy Birthday" with honorees singing their response. Next, Rolf Rosander was awarded a "Free" lunch ticket. Rolf also won the "Geritol" beverage as his luck continued. Our "Free" lunch drawing was won by Bruce Barichievich.

Entrees were Fish, Chicken, Steak Hashe, and Eggplant Parmigiana. Special thanks to SIR Alfred Herpe for picking up tasty dessert treats of Entenmann's pastries. SIR Alfred introduced speaker and Branch 4 member Ron Appell. Ron described his personal experiences as a volunteer at Kaiser Hospital South San Francisco. Several members asked questions and others related their positive Kaiser Hospital experiences and satisfaction.

Big Sir Stu concluded our meeting wishing everyone a wonderful month. Next meeting will be Wednesday, May 1st, 2024...which marks the celebration of "May Day!" ... an ancient European festival marking the beginning of summer, and also honors Labor Worldwide.

ACTIVITIES



Golf: Jack Major 415-412-6654 (cell) and Bill McGee 415-806-4608. May 2024. A summary of the **local SIR golf rules** has been published and is now available. Check the web site: <http://branch4.sirinc2.org/golf.html>.

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The **2024 Sharp Park Tournaments** are scheduled for the **second Tuesday** of the month, starting at 0930. Check the website for the current schedules and past results. Signups and results will be emailed.

Results of the April 9th Sharp Park match. – The match was not played due to muddy, unplayable holes, and cart path only conditions due to the rains, Maybe the May 14th will be playable, like last year,

Next Sharp Park Tournament: Tuesday, May 14th - first tee-off is 0930. This is not probable due to course conditions. SIR members and their guests are invited. **Check in a half-hour before your tee time** inside the club house. Sharp Park fees are **\$30** - \$26 greens, and \$4 prize fund. Add a cart for \$20 for \$50. Breakfasts for \$13 are available per Kevin.

The **2024 Poplar Creek Tournaments** are starting in February are Tuesdays

2/20 (now 3/5), 4/16, 6/18, 8/27 (will be changed due to aeration), 10/22, and 12/17. These start at 1000 with a 24-player max. This year's contract is pay the green fee \$38, pro shop merchandise voucher fees (\$7), and optional cart fees (\$17.50 each and split a cart, \$25 singles), to the SIRs coordinator. The prize fund vouchers are for pro shop merchandise only. Check in 30 minutes prior to first tee time.

Results of the April 16th Poplar Creek match The course was in the best shape in a long time. No real grass-less areas The greens were fast and in good shape. The weather was ideal too. The highlights were: Birdies – I think Paulie got one out of the bunker on #12 (no note on the scorecard though) , and Jack got one on #. You can mention any long drives, chips, or putts propaganda next time on the cards for the highlights too. Guests are a primary source of new SIRs, so invite acquaintances and relatives - to the lunches too.

Next Poplar Creek Tournament: Tuesday June 18th - First tee-off is 1000.



Bocce Charley Leach 415-333-7277, Roger Kelly 650-346-9668: We meet at Doelger Senior Center Wednesdays between 1-3PM. Doelger Center is about 1/2 Mile North of Westlake Joe's. We don't meet first Wednesday of each month (SIRs Luncheon). Show up and get a game or two or maybe even 3. Beginners (very) welcome!

Bocce Report, by David Nigel.

Taking advantage of gorgeous spring weather, our Bocce enthusiasts met at the Doelger Senior Center court for friendly competition and camaraderie.

Upon meeting at 1:00 p.m., Co-Chairmen Charley Leach divided our players into two teams. Players included Pat Long, Tim Hazen, Charley Leach, Jere Driscoll, Bill Gipe, Richard Soward, and David Nigel.

Three games both closely contested and exciting featured many great shots demonstrating excellent skills. We hope more SIR members will join our Bocce Ball Team that meets every Wednesday afternoon from 1:00-3:00 p.m. except the first Wednesday of each month when we gather at the Basque Cultural Center for our luncheon meetings. We look forward to many rematches and great friendships in the future.

Feel free to join this activity as it is a lot of fun. If interested contact SIR Bocce Ball Co-Chairmen Charley Leach or Roger Kelly as they would be so pleased to include you in this fun-filled activity.





Branch 4's Community Service Volunteers. Tad Bogdan (tadbogdan@gmail.com, 650 863 8866) and **Bill McGee** (wcmcgee@pacbell.net, 415-806-4608). Join us and fill your Karma Pool!

We're going to have a special Food Bank event on May 2nd!

- SIR Tim Hazen will videotape our May 2 volunteer event to capture video and sound bites for our branch to use for a SIR "sizzle reel" to build awareness of the organization. The "sizzle" was originally scheduled for the March event, but the Lapu Lapu Food Bank site has a much larger following for videotaping.
- Bill and Tad will be donating SIR hats to new volunteers that participate.
- If y'all can make the date it would be great to see you on camera!

May Date and Time: Thursday, May 2, 2024 @ 10:30 am to May 2, 2024 @ 1:15pm
Shift: Bessie Carmichael @ Lapu Lapu - 7750 Lapu Lapu St, San Francisco, CA 94107.
Contact Tad Bogdan tadbogdan@gmail.com 650 863 8866 if you can join us.

 **Walk for Health, George Suter 415-314-6768.** April's visit to the Golden Gate Park Arboretum was rained out. Next sortee? Stay tuned for information and George's usual thorough instructions.

 **Local SIR Tours, Bill Gipe (650-878-5746).** On Thursday April 11 SIR Branch 4 visited the San Mateo County Historical Museum in Redwood City. We viewed exhibits including a special gallery for the Cow Palace 80th Anniversary. Then it was time for lunch at Harry's Hof Brau. Please see the sign-up sheet at lunch if you're interested in a return visit to the museum and Harry's in May, or phone 650-878-5746 with a message. Thanks.

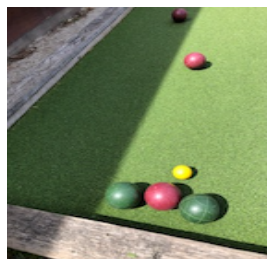
Geritol, what on earth is this "Geritol" thing?

If you're attending our Luncheons, you've witnessed our Geritol Drawing, and observed one of us receiving what looks like (and is) a bottle of wine. Geritol originated in the 1950's and its market expanded. Some wondered about the popularity of this elixir, just another drink promising energy and greater health. Researchers discovered one reason for the popularity was the 12% alcohol content in the wine, mineral and vitamin "drink", sort of a V-16! There is a backstory for those familiar with Prohibition. An exception to sale of alcoholic products was "elixirs" deemed curative and ordered by doctors. Your

parents, or grandparents may have had a bottle of "medicinal brandy" in their medicine cabinet with a tax stamp. When you drink the "Geritol" you win from SIRs, you're toasting tradition!

Cycling forward from the 50's, the Geritol I select for SIRs represents interesting and bargain-priced wines that you will find drinkable and enjoyable. April's selection hails from Martinez, hardly thought of in the same way as Napa and Sonoma. That said, it's a very nice, drinkable wine from a winery there from the (19)20's. (*Editor*)

Talk About Close, from the Bocce files (not the Billiard table)...



“Exceptional SIR Members”, by Dave Nigel.

Tad Bogdan spent his early years in rural Ohio, augmenting the influence of mid-west values with interests in yoga and meditation. He enjoyed a teenage life in Florida and then moved to New Orleans to study Theoretical Mathematics and MBA courses at Tulane University.

After graduating, Tad started as a math teacher and assistant wrestling coach at Jesuit High School in New Orleans. His passion for people and technology related business led him to a career in business development, sales, and marketing. Eventually he became the CEO for a couple of technology companies.

Tad learned best practices at Fortune 100 companies like Sun Microsystems, where he started Sun’s business in nine countries and launched the most ubiquitous computing platform in the world, with over 10b billion licenses for technology products. Along with world-wide leadership positions with U.S. companies, Tad has worked for British, French, South African, and Australian companies.

Throughout his career, he applied his passion for human development into professional training, coaching, and mentoring. He has served on several Boards of Directors and Advisors, including for the School of Science and Engineering at Tulane University.

Recently Tad wrote and published HOW TO MASTER THE UNIVERSE: Personal and Professional Life-Skills Guide, currently rated 4.9/5 on Amazon.com. This led to luncheon and motivational talks covering topics from his book (including talks for SIR branches) and also to a consulting job as Strategic Advisor – Commercialization for Lifeguard Health Networks, a provider of comprehensive solutions for connected care at home.

Tad has been living in the San Francisco area since 1978 when he was lured to the region’s business and environmental climate. He and his wife, Monique, currently combine city life in San Francisco with frequent weekends at Lake Tahoe. They love traveling, good food and 49er football. Tad also loves (and struggles with) golf where he connected with the SIRs to enjoy the SIR luncheons, golf outings, and camaraderie. Tad launched our community service activity, involving Branch 4 members with several food distribution centers in San Francisco. We are so fortunate to have Tad as a member of our Branch!

Want to Recognize a SIR, talk to Dave.

See you at our next Luncheon June 5th at the Basque Cultural Center!