

The SIR Branch 4 Foghorn



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God Bless America



August 2022 Issue

**August Luncheon Meeting. First Wednesday! August 3, 2022
Basque Cultural Center, 599 Railroad Ave., South San Francisco
August, September, October Lunches will be on First Wednesday at BCC,
November Lunch will be on Second Wednesday, December Holiday Lunch,
will be First Wednesday, December 7th, Location TBA**

Lunch Basics. SIR Branch 4 holds its next luncheon meeting on Wednesday, August 3, at the Basque Cultural Center, 599 Railroad Ave., South San Francisco. Lunch will be served at 12 Noon and the bar will be available at 11:30AM.

Menu choices: **Chicken Cordon Bleu, Salmon, and Eggplant Parmigiana.** Cost is \$30.00. Exact change is appreciated, and checks are accepted. We prefer your reservation sooner rather than later, but we definitely require your reservation no later than July 26th so we can reserve your choice.

Respond by email to SIRpaul@nocero.com, or by phone to him at 415-254-8175.

Information and Announcements

Membership and Attendance. Branch 4 has 92 members (includes 2 Super Seniors) and 45 attended our July Luncheon meeting, including our Area Governor, one guest, and our guest speaker. Please invite a retiree friend to our monthly lunch at the Basque Cultural Center. Handy wallet SIR info cards are available at the Badge Table.

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Birthdays. Branch 4 celebrates August birthdays for: Mike Abeyta, Don Appleton, Ron Appel, Tad Bogdan, Terry Kirchoff, Jack Major, Matteo Rizzo, and Allen Simon.

Survey of Your Interests. At our July Luncheon, the Badge Crew distributed a Survey, collecting your interests in Activities (Continuing and New), Supporting Your Branch, and your Military Service. The crew passed out 45 Surveys and collected 15 responses (including one your Editor added). The results: 13 SIRs checked one or more activities, Golf (6) and BOCCE Ball (4), and

Walking (3) were checked most often, the others were checked by 1-2 SIRs. For Branch positions, 4 SIRs checked items and ALL were currently helping Branch 4 out. If at first you don't respond.... we'll ask for your input again. A copy of the survey is attached and you can print and mail in, or bring to the August Luncheon. We'll also hand them out at the Badge Table.

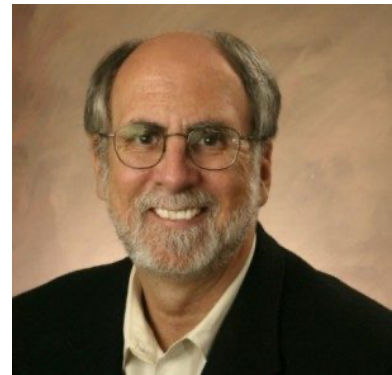
Guest Column-As Dave Sees It, by Dave Nigel

Our July 6th luncheon was another resounding success. Big Sir Stu Ruth called the meeting to order. In the absence of George Rodriguez, I gave the invocation. George Suter led us in the "Pledge of Alliance" and inspiring singing of "God Bless America." Meal selections of Chicken, Fish, and Sausage were delicious and enjoyed by all attending. Many positive comments were expressed regarding the food.

Next, we were treated to an outstanding lecture by speaker Steve Campbell.

After working in hospital administration, Steven acquired his Masters at USF and pursued his greatest love... teaching. As both a university Professor and Dean he now shares the latest research on how our brains conform to messages we give it. Understanding this opens doors to more success in health, personal relationships, and business.

Steven teaches "Your Amazing Mind: Rewiring Your Brain for Success", at Sonoma State, writes a column for The Community Voice Magazine and authored [Making Your Mind Magnificent – Flourishing at Any Age](#).



Steven was a mesmerizing speaker and we walked away with a new understanding of how we think and what we can do about it. "It's not magic...it's science!"

Activity reports were given by Jack Major - Golf, Roger Kelly - Bocce Ball, and George Suter-walking. John McGlothlin asked for feedback on the dessert selection and solicited volunteers.

Foster Kinney, SIR Area 13 Governor, presented "Service" pins to Richard Soward, Elmer Eckart, and David Nigel for their work at the Badge Table. Tony Quarto and Rolf Rosander also received pins for their outstanding efforts regarding our monthly raffle.

Special guest, Coleman Rosenberg, was introduced. Coleman's father, SIR Paul Rosenberg of blessed memory, is cherished for his interesting lectures on SF history and personalities.

Big Sir Stu Ruth adjourned the meeting wishing everyone a wonderful and safe month of July and announced our next luncheon date. We hope more members will join us in person August 3rd as 41% of our membership attended at July's luncheon.

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Activities

Golf

Jack Major 415-412-6654 (cell) and Paul Nocero 415-254-8175 July 2022.

A summary of the **local SIR golf rules** has been published and is now available. Check the web site: <http://branch4.sirinc2.org/golf.html>.

The **2022 Sharp Park Tournaments** are still scheduled for the **second Tuesday** of the month, starting at 0930. Check the website for the current schedules and past results. Signups and results will be emailed.

Results of the July 12th Sharp Park match: We had 26 players in 7 groups starting at 0930. The wind came up in the afternoon. Greens were in good shape. Fairways were about the same, with plenty of gopher and ground squirrel homes. We saw at least one gopher-goner in a cart.

Highlights: Birdies: Woody Woodall got one on par-3 hole #5 Other notes: Wil Uclusin got a sandy par on Hole #10, the 1st handicap hole. Seven pars on hole #15 - how'd they do it? Must have sent out a spotter with that long flag stick missing, and those cat-9-tails ready for harvest. Two guests played - Joe Shasky with Bob Arzave, and Pete Strauser with Stan Falk.

Next Sharp Park Tournament: Tuesday, August 9th - first tee-off is 0930. SIR members and their guests

are invited. **Check in a half-hour before your tee time** inside the club house. Sharp Park fees are **\$30 - \$25** greens, plus \$5 prize fund. Add a cart for \$20 for \$50 total. Breakfasts for \$13 are available per Kevin

The **Poplar Creek Tournaments** are starting in February, scheduled for: Wednesday 8/24 (end of aeration), Wednesday 10/26, and Tuesday 12/20. These start at 1000 with a 40-player max.

Results of the June 21st Poplar Creek match: We had 25 players with 3 prospects, Jon Bologna's guest Joe Shasky with an 86, Pat Stan's guest Bill McGee, and Ray Steward's guest Steve Stearns. Highlights were: Birdies: Mike Abeyta on par-4 #6, and Wil Uclusin on par-3 #5.

Next Poplar Creek Tournament: Wednesday August 24th - First tee-off is 1000. Signups will be sent out online and the clipboard too. Green (\$34), prize fund (\$7) is back for \$41. Optional cart fees are \$25 single, \$16.50 each shared. Prize merchandise vouchers can't be used for cart rentals during tournaments. Individual payment for cart fees will be made to the Pro Shop. Coordinator will collect the green and prize fees. (Continued on Page 4)

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(Golf, Continued) SIR Area 4 Away Golf Tournaments: Metropolitan, Crystal Springs, Tilden are hopeful to play in 2022.

Walk For Health

George Suter, 415-314-6768. Just when I despaired of finding a good walk, staff writer John King (SF Chronicle, July 16, 2022) comes up with an illustrated, curated 15-point walk in a “glorious Presidio setting” – the long-awaited Tunnel Tops Park. We could easily do this on the last Friday of the month (JULY 29, 2022) at our traditional time of 1:44 pm. We can start at the “clearing next to the Presidio Visitor Center” on Lincoln Boulevard opposite the Main Parade Lawn. Yes, that was JULY 29 – I am aware that this is the August newsletter, yet it may be out in July, and there will be another announcement by

email in time to remind everyone of the walk.

For August, I am suggesting another John King walk – issued in the SF Chronicle, June 24, 2022, a curated, numbered-site walk around the Privately Owned Public Open Spaces (POPOS) in downtown San Francisco. These are spaces intended to be crowded with office workers on break, but, as you will see, they are largely empty now, and some are spectacularly generous. Scheduled for Friday August 26, 2022. Meet at 301 Main Street near Folsom at the traditional 1:44 pm. Reminder announcement to follow. *George Suter*

Local Trips

Bill Gipe. Stay tuned. There will be an exhibit at Tanforan Shopping Center, featuring the work of Ruth Waters. It is currently being assembled. Currently the Peninsula Art Association occupies three locations at Tanforan, an Exhibit Space (close to the food court), plus two workshop areas where you can meet and talk to artists (and admire their work).

CyberSIRs

Jerry Blumenthal. Talk to Jerry if interested. Meanwhile the scammers are hard at work. Received an email, supposedly from my provider warning that I had too many emails stored and to keep from having them erased, send my **Account Name and Password** back to the sender.

Dropped a copy off at San Bruno Cable, who said, “this happens all the time.” Also received a Letter (snail mail) from Belgium telling me I could receive \$2.5 Million Euros if I just contacted their email address and provided some information. Unusual that the criminals are still using the Mail-Luddities? (Little SIR)

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Bocce

Contact Charley Leach at 415-333-7277 or Crleach@sbcglobal.net . Bocce Ball competition has resumed following a short hiatus due to players going on vacation and a few battling the dreaded COVID-19 virus. Happily, seven devoted players met at the Doelger Senior Center Bocce Ball court located in Daly City for an afternoon of great play and camaraderie.

Led by Co-Chairmen Charley Leach and Roger Kelly other participants included Bill Gipe, Richard Soward, Jere Driscoll, Tony Marotto, and David Nigel. The contests were very close with each squad winning one game (Twelve Points are required for a victory). Charley Leach was particularly accurate and played very well enjoying outstanding successful results on this day. A few of the seniors from the Doelger Center stopped by the court to view the games.

Charley and Roger are always searching for more participants to join the weekly gatherings that occur on the second, third, and fourth Wednesdays of each month with game time commencing promptly at 1:00 p.m. and concluding by 3:00 p.m.

Those interested in joining this truly enjoyable activity are invited to show up on the prementioned days and times.

Wine Tasting

Call Bob Fox for info (415-753-2630).

Future Plans

For July, we had 45 SIRs attending. **We are back to First Wednesdays through October. November will be 2nd Wednesday, all at the Basque CC.:**

August- First Wednesday, August 3rd

September- First Wednesday, September 7th

October- First Wednesday, October 5th

November- Second Wednesday, November 9th

Holiday Luncheon- First Wednesday, December 7th

Forecasting accurate lunch turnout helps us and the Restaurant. Please help by sending or calling in your reservation and entrée choice as early as possible. We meet with BCC's management to select luncheon entrees based on your feedback. Enjoy, help us plan! We need your help.