

Big Sir – Stuart Etzler
(415) 819-8503

Little Sir – Stuart Ruth
(415) 387-7176

Secretary – Pete Gandell -
(415) 981-6551

Treasurer – Robert Golton
(415) 661-8280

State President: Ed Benson

Editor: George Suter
(415) 665-1185

Lunch Menu

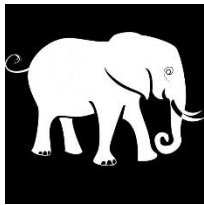
July 2019

House salad w Thousand
Island dressing
Lamb shank
Warm apple pie oatmeal crisp
Alternate: Fish & chips

August 2019

Honey balsamic vinaigrette
salad
Calamari steak
Coconut pineapple ice cream
Alternate: Club sandwich

Klean Klutter Auction at our July Meeting



White elephant taking up room in your garage or attic? Bring him – or other like items – to the July meeting for the delectation of your fellow SIRs. We hope to pry loose some cash in our major fundraiser for the year. Don't forget your wallet, and make



sure you stuff it with spending loot.

Membership Report - Bill Gipe

Membership and Attendance:

Active	118
Super Seniors	5 *
Total	123

* The Super Senior list will be updated soon with 2019 additions.

June lunch attendance was 64 with two guests listed.

Please note that SIR wallet cards are available at the Badge Table. These business cards are useful to invite friends to the SIR Branch 4 lunch.

Sunshine Report

Branch 4 sends greetings to Bob Bowen, Bud Sandkulla, and all with challenges these days.

Keeping in Touch

Please mention any SIR friends who you have missed at your table. We will try to contact them. Recently we talked with a longtime Branch 4 SIR who has moved to Brentwood. He plans to join an East Bay SIR branch, but

God Bless America



July 2019 Issue

Meeting: July 3, 2019

Next meeting: August 7, 2019

hopes to visit Branch 4 friends.

Remembrance

Branch 4 notes the passing of Roy Yoshak who came to Branch 4 last year with Branch 91 friends.

Local Summer Tours

Branch 4 plans a visit to Angel Island in July. Tentative date is Thursday July 18 or Friday July 19. The Blue and Gold Ferry leaves Pier 41 at 9:45 am and arrives Angel Island at 10:10 am. Return at 12 noon, 2:20 pm, or 4:35 pm. Senior round-trip fare is \$11. Please sign up at lunch and help choose the day. For info please call 650-878-5746.

July Birthdays

Branch 4 remembers July birthdays of Gil Aldrete, Jerry Blumenthal, Irv Boxerbaum, Jere Driscoll, Nick Fesunoff,

Al Herpe, Bud Howard, Charley Leach, Chris Manitsas, Jim McCoy, Dennis Meixner, Bob Pardini, Tony Ramirez, and George Rodriguez.

Golf: Jack Major 415-412-6654 (cell) and Ken Reed 415-810-3832.

A 2019 summary of the **local SIR golf rules** has been published and is now available. Pick up a copy on the golf table or check the web site: <http://branch4.sirinc2.org/golf.html>.

The **2019 Sharp Park Tournaments** are scheduled for the second Tuesday of the month, starting at 0930. Check the website for the current schedules and past results. Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups, and results.

The **June 11th** match was played in slightly overcast temperate conditions. Course conditions were fine, but the gas cart inventory was unsatisfactory. Several had serious mechanical problems. We will be cancelling some matches unless we can be assured of working carts.

Next Sharp Park Tournament: Tuesday, July 9th - first tee-off is 0930. SIR members and their guests are invited. There's **breakfast that starts at**

0815, so you want to get there early. At least, **check in a half-hour before your tee time.** The lineup will be sent out by email a few days before. Sharp Park fees are **\$54** - \$18 green, \$13 breakfast, \$13 cart, \$6 prizes. No cart saves you \$13.

The **2019 Poplar Creek Tournaments** are all scheduled for **Tuesdays** this year – 8/20, 10/22, 11/19, 12/17 – starting at 1015.

The Tuesday **June 18rd Tournament** results were too late for the July's Fog Horn deadline. Results were emailed and available on the website.

Next Poplar Creek Tournament: Tuesday August 20th - first tee-off is 1015. Sign up at the golf table or call Jack or Ken. Green (\$33), prize fees (\$7), and golf fund replenishment (\$5) are **\$45**; optional cart fees are \$33 double, \$23 single, payable at the Pro Shop. Prize merchandise vouchers can't be used for cart rentals during tournaments. #008

SIR Area 4 Away Golf Tournaments: Crystal Springs was played on May 28th, and the results are on the website. Tilden and Presidio are coming up.

Stand by for updates. Sign up for the tournaments at the golf table at the 1st Wednesday lunch.

Bocce Ball - Charley Leach and Roger Kelly - Co-Chairs

Meets every Wednesday at the Doelger Senior Center 10-12 AM. No Bocce Ball on the first Wednesday of the month because of SIR's Lunch. To keep you posted on conditions, make sure Roger or Charley have your email address.

Computer Club - Jerry Blumenthal - Chair (415) 728-5573 or gblumenthal@gmail.com

Meets every 3rd Wednesday at the Doelger Senior Center. We take lunch together at 12:00 PM (reserve a seat early!), then repair to Room 3 at about 12:45 PM.

Walk for Health - Ken Reed - Chair

Meets on the last Friday of the month at a variety of locations at 9:45 AM. The walks are scenic, fun, and full of camaraderie. An email is sent monthly as to the current location. Guests welcome.

<p style="text-align: center;">SAVE THE DATE</p> <p style="text-align: center;">Wednesday August 14, 2019</p> <p style="text-align: center;">Annual SIR Picnic</p> <ul style="list-style-type: none">• At the usual spot: Flood Park in Menlo Park• Lunch catered by California Catering• Fun activities by us

Look for your badge number in the Fog Horn, if you see a number that just doesn't belong in the context and it's yours, claim your 6 free tickets for the raffle

From your Editor – George Suter

Branch 4's Executive Committee is chaired by Big Sir **Stu Etzler**, and Little Sir **Stuart Ruth**. **Pete Gandell** keeps the official minutes of each meeting assisted by **Jack Major** as needed. **Bob Golton**, Branch Treasurer, assisted by **George Fenech** pay the bills, maintain the branch checking account, and report on the fiscal health of the branch every month. **Bill Gipe** reports on Membership status. The Activity Chairmen are also present: **Ken Reed** and **Jack Major** for Golf, **Charlie Leach** for Bocce Ball, **Jerry Blumenthal** for Computers, **Ken Reed's** Walk for Health, and **Bill Gipe's** Local Travel. Additional members are: **Al Herpe**, **John McGlothlin**, **Flor Mendoza**, **Paul Nocero**, **Tony Ramirez**, **George Rodriguez**, and **Bud Sankulla**.

Until now, there was probably little need for the average member to know much about the Executive Committee and its' doings. Now, circumstances have forced a change, and you may hear more from the committee in these pages: Unless Branch 4 manages to turn around a years-long decline in new members and finds people willing to step up and initiate/invite members to more activities, it is unlikely we will be able to continue for long.

This is the message we received at an eye-opening visit last month from SIR Regional Director **Ken Newton** and SIR Area Governor **Dick Devoe**.

The issue of new members:

SIR branches have been closing around us for lack of membership. Branch 4 has incorporated members from these closing branches, but NEW members – people not previously associated with SIR, have been rare indeed. The Executive Committee will be spending the next meeting, and as many meetings as it takes thereafter to put together a plan to change this metric.

The activities issue: Many members contribute to make Branch 4's monthly meetings and activities a pleasurable part of our lives. Our club's activities include our monthly lunch, our year-end holiday party and mid-summer picnic, Golf, Bocce Ball, Walk for Health, Local Trips, and Computer Club.

However, the SIR organization actually lists all of the following activities "and more...": Antique Cars, Astronomy, Backgammon, Band, Barbeques, Barbershop Quartet, Beer tasting, Biking, Book swaps, Bocce Ball, Bowling-lawn, Bridge, Cards, Chess, Checkers, Chorus, Coins, Computers, Cooking, Cribbage, Dancing, Dominoes, Fishing,

Gardening, Genealogy, Gin rummy, Gold panning, Golf 9-hole, Guys Dine Out, Harmonica, Hiking, Horse races, Horseshoes, Investments, Ladies Days, Jazz Festival, Model railroad, Photography, Pinochle, Poker, Pool-Billiards, RV-ing, Stamps, Tennis, Theatre, Travel, Walking, Wine Tasting, Woodworking, Writing, Veterans. Could YOU sponsor one of these?

Lend a helping hand if a continuing robust SIR is of value to you.

News of a Walk for Health held last month by Sir David Nigel:

During this spring season, wildflowers are in full bloom and are blanketing many areas. As part of the "Walk for Health" program coordinated by Ken Reed, six SIR Members and three of their wives enjoyed a fabulous walking tour last month.

This activity took place on a three-point-one-mile trail located in the San Bruno Mountain Park, a landmark of local and regional significance. The Mountain's ridge line runs in an east-west configuration, with elevations ranging from 250 feet to 1,314 feet at the summit.

Our group walked a circular trail identifying and talking about certain plant attributes. A great time was enjoyed by all.

POSTMASTER:

If undeliverable—Please return to:

Bill Gipe
2323 Galway Drive
So. San Francisco, CA 94080

Postage



A Non-Profit Public Benefit Corporation
for Retired Men devoted to the Promo-
tion of Independence and Dignity of
Retirement.

San Francisco Branch 4

All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities