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State President – Derek Southern

Editor – George Suter
Assistant Editor – Open

Lunch Menu

October 2018

Fish & chips
Cesar salad
Banana foster
Alternate: Chicken sandwich & fries

November 2018

Turkey with stuffing & mashed potatoes
Pomegranate dressing salad
Pumpkin pie
Alternate: Chinese prawns salad

Featured Speaker of the day
– **Mr. Nan Su, news commentator for the Sound Of Hope Radio Network and the New Tang Dynasty TV network**, world-wide media that are independent of the current Chinese government.

The speaker advances that in the current state of the world, understanding the true China has never been more important. The speaker's current topic: **"Wisdom and Humanity from Ancient Chinese Culture"** reveals the ancient philosophies



deeply rooted in Chinese culture since its very beginning and explains how traditional Chinese culture was built based upon these philosophies.

In addition to his media work, Mr. Su has been an activist for China's human rights. He was one of the coordinators of the Human Rights Torch Relay in 2008 prior to Beijing Olympics Games. Starting from Athens, the Human Rights Torch Relay ran from July 2007 to July 2008, with stops at more than 140 cities around the world to raise international awareness of China's human rights situation.

Membership Report - Bill Gipe

Membership and Attendance:

Active	121
Super Seniors	4
Total	125

Branch 4 welcomes back Larry Hurley.

September 5 lunch attendance was 66 members and 2 guests.

Remember the handy SIR wallet cards available at the Badge Table. Please give a card to

God Bless America



October 2018 Issue

Meeting: October 3, 2018

Next meeting: November 7, 2018

friends who might be interested in SIR lunch and activities

Sunshine Report

Branch 4 sends greetings to Ernie Braun, Bud Fields, Tom Heafey, Harry Lieberman, Pablo Magat, Dan O'Leary, Jack Negrin, Don Nuti, Ray Yoshak, and all who face challenges these days

October Birthdays

Branch 4 remembers the October Birthdays of Bob Arata, Bob Fontes, John Gehring, Dan Herran, Augie Moller, Dave Ocampo, Stu Ruth, and Ted Wright.

Local Tours

SIR Branch 4 plans a visit to downtown San Francisco's new Salesforce Transbay Terminal and its Salesforce Gardens, which is a rooftop linear park. Details and signup sheet will be

at the lunch, or call 650-878-5746.

Golf: Jack Major 415-412-6654 (cell) and Ken Reed 415-810-3832.

A one-page summary of the **local SIR golf rules** has been published and is now available. Pick up a copy on the golf table or check the web site: <http://branch4.sirinc2.org/golf.html>.

The **2018 Sharp Park Tournaments** are scheduled for the second Tuesday of the month, starting at 0930. Check the website for the current schedules and past results. Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups, and results.

The Tuesday **August 14th Sharp Park tournament** weather was damp fog to start, high overcast later, but not bad. We had 20 players, so we had a buffet. Birdies - Don Appleton on par-4 #14, Bob Calhoun on par-5 #13, Dennis Meixner on par-5 #9, Paul Nocero on par-3 #15 and sank the putt for the bird and 3rd place, and Stuart Ruth on par-5 #18 for a pair of skins.

The **September 11th Sharp Park tournament** weather was an early fall no-fog ideal day for golf. We had to suffer ordering breakfast instead a

buffet, since we had only 19 players. Wil Uclusin had the only birdie on par-3 hole 12. George Rodriguez reports Bob Calhoun's drive on hole 17 was over the green, and resulted in a par.

Next Sharp Park Tournament: Tuesday, October 9, 2018 - first tee-off is 0930. SIR members and their guests are invited. There's **breakfast that starts at 0815**, so you want to get there early. At least, **check in one hour before your tee time.** The lineup will be sent out by email a few days before. **As of 10/1**, Sharp Park fees are **\$54** for green fees, cart, and breakfast (\$48 plus \$6 for prizes). No cart saves you \$13. Carts are allowed on most par 4's and 5's, depending on the ground moisture.

The **2018 Poplar Creek Tournaments** are all scheduled for **Tuesdays or Wednesdays** this year - Tue 2/20, Tue 4/17, Wed 6/27, Tue 8/28(changed), Wed 10/24, Wed 11/21, and Tue 12/18. Tee times start at 1015 with a 40 player limit. **No-shows without notification** will require a **\$10 contribution** to the commissioner's pocket fund at the next tournament.

Next Poplar Creek Tournament: Wednesday October 24st - first tee-off is 1015. Sign up at the golf table or call Jack or Ken. Green (\$33) and prize fees (\$7) are **\$40**; optional cart

fees are \$33 double, \$23 single, payable at the Pro Shop. Prize merchandise vouchers can't be used for cart rentals during tournaments.

SIR Area 4 Away Golf Tournaments: The Away Tournament was Crystal Springs on Tuesday July 24th with 20 players. We played from the Golds, rather than the White/gold Combo holes, which were still a challenge. Birdies include Woody and Bob Calhoun on par-3 hole 11, Hole 11 was a surprise closest, since the crew didn't get the closest signs out on the front 9 in time. Results are out on the website.

Stand by for updates. Sign up for the tournaments at the golf table at the 1st Wednesday lunch.

Bocce Ball - Charley Leach and Roger Kelly - Co-Chairs Meets every Wednesday at the Doelger Senior Center 10-12 AM. No Bocce Ball on first Wednesday in October because of SIR's Lunch.

Computer Club - Jerry Blumenthal - Chair (415) 728-5573 or gjblumenthal@gmail.com

Meets every 3rd Wednesday at the Doelger Senior Center. We take lunch together at 12:00 PM (reserve a seat early!), then repair to Room 3 at about 12:45 PM. The next meeting will be October 17, 2018.

Walk for Health - Ken Reed - Chair

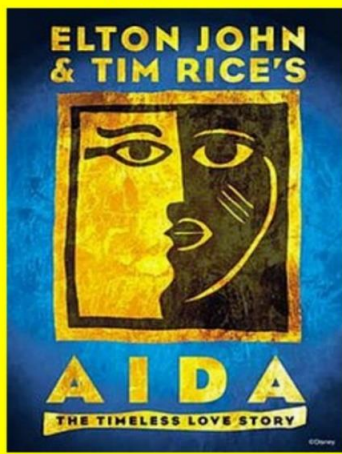
Meets on the last Friday of the month at a variety of locations at 9:45 AM. Badge 129. The walks are scenic, fun, and full of camaraderie. An email is sent monthly as to the current location. Guests welcome.

Save the Dates!

Sunday November 18, 2018 –

Since last year, SIR Branch 1 Activities Chairman Frank Schwarz has organized a SIR day at the Fox theater in Redwood City. The musical shows have been a big success, attended by 50 to 80 SIRs from the 9 branches in our Area. There have been chances to meet and greet with the performers and members have the option to eat at the fine restaurants one block in distance with 15% discount. Spouses and guests welcome!

The next show, Elton John & Tim Rice's Aida
November 18th, Sunday 2:30 p.m. matinee
Broadwaybythebay.org/SIR or
(650) 579-5565



Tickets at
broadwaybythebay.org/SIR or
(650) 579-5565 as above.

Wednesday December 5, 2018
- It's not too early to mark your

calendars For the SIR Xmas Holiday Party. We will be gathering at the same spot as last year – Oyster Point Yacht Club – On Wednesday December 5, 2018. Details forthcoming.



Another funny from SIR Nick Fesunoff

Overheard at a SIR Meeting:

John: "My wife thinks I'm too nosy"

Ron: "How do you know"

John: "She wrote it in her diary"

And an excerpt from an article sent to the Foghorn by SIR George Rodriguez:

"Treasure love for your family, love for your spouse, love for your friends. Treat yourself well and cherish others. As we grow older, and hopefully wiser, we realize that a \$300 or a \$30 watch both tell the same time. You will realize that your true inner happiness does not come from the material things of this world. Whether you fly first class or economy, if the plane goes down - you go down with it."

I like that last bit about the plane!

Look for your badge number in the Fog Horn, if you see a number that just doesn't belong in the context and it's yours, claim your 6 free tickets for the raffle. The badge number is hidden by popular request.

Don't forget about the Salesforce trip (see above). See the pictures below from SIR Bill Gipe and from a publicity shot of the plan to whet your appetite for the walk:



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