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Lunch Menu

July 2018

Lamb shank
Salad with 1000 island dressing
Warm apple pie oatmeal crisp
Alternate: Fish & chips

August 2018

Calamari steak
Honey balsamic vinaigrette salad
Boston pie
Alternate: Chef's salad

The Elk's Lodge asked Branch 4 to remind SIR members and guests about the convenient **handicap entrance with no stairs**. Entrance is located at the southwest side of west parking lot. The door will be open before and after lunch.. If you need directions to this door, ask the SIR greeter or the front desk



Our July speaker is Doug Yake, Public Information Officer at the San Francisco International Airport on the topic **“San Francisco Airport Affairs”**

Doug led the airport's public communication activities in the wake of the Asiana Airlines Flight 214 accident in July 2013, and has spoken extensively on the experience in aviation industry forums around the world. He also led a case study of the accident at the NTSB's training academy in Virginia. Doug also hosts a YouTube video series, titled "Inside SFO", which takes viewers behind the scenes to profile the people and events happening at the San Francisco International Airport.

Doug brings 25 years of airline/airport operational experience to his role, having served in a variety of leadership positions with United Airlines at the airline's corporate headquarters in Chicago as well as at SFO and LAX airports.

God Bless America



July 2018 Issue

Meeting: July 11, 2018

Next meeting: August 1, 2018

Introducing Little Sir Stu Etzler (as interviewed by Big Sir George Suter)

If you're a reader of first lines only, do read this: our fellow SIR Stu Etzler is an active participant in Life in its many guises. If you're unhappy with the "same old-same old" and you're looking for an uncommon experience, getting to know Stu is likely to pay off for you. I know because I have found Stu to be a welcoming and inclusive friend.

We agreed to get together for a chat in Stern Grove at 6 in the morning. Stu arrived by bicycle with a 6-pack of soda for friends that were holding seats for the Stern Grove free concert which was due to start that afternoon, and which was slated to include the appearance of Kool and the Gang of 1960s fame. After

Please Note !

- **Our July lunch will be on Wednesday the 11th in the SECOND week of July (not the first)**
- **Calendar Wednesday August 22nd for the SIR picnic and resolve to attend with your significant other!**

greeting the numerous early-bird audience members that accosted Stu by name, we got down to this interview.

Stu has been a member of SIR for four years, sponsored by his long-time friend, neighbor, and fellow carpenter Stu Ruth. He was born and grew up "in the Avenues". He went to Lincoln High School, where he played football, threw the discus on the track team, and discovered a love for making things in wood shop. A chance encounter at a Dale Carnegie class led to the promise of a job in Brainerd Minnesota. In the course of a day like any other, Stu thought it might be a good idea to hitchhike there, and so he did. This turned out to be a once-in-a-lifetime experience that set Stu on his present path. Stu speaks easily with persons from all walks of life, occasionally in Spanish and Cantonese. Stu spent that Summer working as a boat boy and grounds keeper in Minnesota.

Returning to San Francisco, and staying a step ahead of the Draft Board, Stu enrolled at City College where he attempted to play football with a much rougher crowd (among them OJ Simpson). Here he met his future wife Norma in 1967. Along the way, Stu was able to work as a Teaching Assistant at San Jose State, and studied with John Battenberg, an artist and sculptor, acquiring skills in metal fabrication and foundry work. He finished with a Masters in sculpture from Lone Mountain College.

In the 1970s Stu found work in heavy construction on BART. With this regular salary, he was

able to afford a house and get married. Stu and Norma have lived in various places in the Sunset since then. He became a foreman, and finally worked as an independent carpenter.

Stu and Norma are great bicycle riders, having taken biking tours in Canton, the Yucutan, the Loire Valley and Vancouver. Stu is quite an engaging sight, bicycling San Francisco with his faithful dog "Squad Car" (who responds to commands only in Spanish) riding in a basket up front. Did I mention he teaches ballet classes to seniors...but that's for another time. Badge 099.

Membership Report - Bill Gipe

Membership and Attendance:

Active	120
Super Seniors	4
Total	124

June 6 lunch attendance was 66, (65 + 1 guest).

Do you know a retiree who would enjoy SIR lunch and activities? Please pick up a SIR wallet card at the Badge Table. This card provides info about Sons in Retirement. Branch 4 and invites your guest to attend a lunch.

Sunshine Report

Branch 4 sends greetings to Bud Fields, Pablo Magat, Dan O'Leary, Jack Negrin, Don Nuti, Ray Yoshak, and all with challenges these days.

July Birthdays Branch 4 remembers the July birthdays of Jerry Blumenthal, Jere Driscoll, Nick Fesunoff, Al Herpe, Bud

Howard, Charley Leach and Chris Manitsas..

Local Tours

Branch 4 planned a casual meetup for a BART-able Oakland A's afternoon game in June. Please check the August Foghorn for information on a future A's afternoon game. That's the next weekday afternoon game. Please watch for a July local trip announcement at the lunch.

Golf: Jack Major 415-412-6654 (cell) and Ken Reed 415-810-3832.

A one-page summary of the **local SIR golf rules** has been published and is now available. Pick up a copy on the golf table or check the web site: <http://branch4.sirinc2.org/golf.html>.

The **2018 Sharp Park Tournaments** are scheduled for the second Tuesday of the month, starting at 0930. Check the website for the current schedules and past results. Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups, and results.

The Tuesday **June 12th Sharp Park tournament** had 17 players with some light fog and cool temperatures. No buffet this time since we need 20 players. The course was in better shape than May. Birdies were Bob Calhoun on par-5 #9 again this month, Woody on par-3 #8, Ray

Steward on par-4 #2, and Don Appleton on par-3 #15.

Next Sharp Park Tournament: Tuesday, July 10th, 2018 - first tee-off is 0930. SIR members and their guests are invited. **Online signups this month since the lunch is 7/11, the day after.** There's **breakfast that starts at 0815**, so you want to get there early. At least, **check in one hour before your tee time.** The lineup will be sent out by email a few days before. Sharp Park fees are **\$50** for green fees, cart, and breakfast (\$44), and prizes (\$6 each). Carts are allowed on most par 4's and 5's, depending on the ground moisture.

The **2018 Poplar Creek Tournaments** are all scheduled for **Tuesdays or Wednesdays** this year – Tue 2/20, Tue 4/17, Wed 6/27, Tue 8/21, Wed 10/24, Wed 11/21, and Tue 12/18. Tee times start at 1015 with a 40 player limit. **No-shows without notification** will require a **\$10 contribution** to the commissioner's pocket fund at the next tournament.

The **June 27th Poplar Creek tournament** was after the Fog Horn cutoff date this month.

Next Poplar Creek Tournament: Tuesday August 21st - first tee-off is 1015. Sign up at the golf table or call Jack or Ken. Green (\$33) and prize fees (\$7) are **\$40**; optional cart fees are \$15 per player double, \$20 single, payable at the Pro Shop. Prize merchandise

vouchers can't be used for cart rentals during tournaments.

SIR Area 4 Away Golf Tournaments: The next Away Tournament is to be scheduled. Crystal Springs is probable.

Stand by for updates. Sign up for the tournaments at the golf table at the Wednesday lunches.

Bocce Ball - Charley Leach and Roger Kelly - Co-Chairs Meets every Wednesday at the Doelger Senior Center 10-12 AM. No Bocce Ball on Second Wednesday in July because of SIR's Lunch.

Computer Club - Jerry Blumenthal - Chair (415) 728-5573 or gblumenthal@gmail.com

Normally meets every 3rd Wednesday at the Doelger Senior Center. We take lunch together at 12:00 PM (reserve a seat early!), then repair to Room 3 at about 12:45 PM. The next meeting will be July 18, 2018.

Walk for Health - Ken Reed - Chair

Meets on the last Friday of the month at a variety of locations at 9:45 AM. The walks are scenic, fun, and full of camaraderie. An email is sent monthly as to the current location. Guests welcome.

Look for your badge number in the Fog Horn, if you see a number that just doesn't belong in the context and it's yours, claim your 5 free tickets for the

raffle. The badge number is hidden by popular request.

SIR Annual Picnic

For Branches 91 & 4
Wednesday Aug 22,
2018

Flood Park in Menlo
Park

In the "Oak Shelter"
area 10 AM to 3 PM

Games: Bocce, bingo,
sapo, raffle drawings,
prizes

Lunch includes: Beef
brisket, smoked pork
ribs, turkey breast,
baked beans, potato
salad, coleslaw, roll &
butter, cake for
dessert - beer, wine,
soft drinks & water

Invite spouse, friends

\$30 per person

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San Francisco Branch 4

SIR Picnic, August 22, 2018, Games and Lunch with Branch 91.

Directions to Flood Park in Menlo Park

From the north: Take US101-South, take Exit 406 for CA-84 E/Marsh Rd., (Dumbarton Bridge), turn right into Marsh Rd. Go 0.5 mi. turn left onto Bay Rd. Go. 0.7 mi. Flood Park will be on your left.

From the south: Take US101-North, take Exit 404B for Willow Rd.-West, take the cloverleaf onto the overpass. Go 0.2 mi. turn right onto Bay Rd. Go 1.3 mi. Flood Park will be on your right.

Turn into the entrance and park near one of the two short walkways leading into the Oak Shelter picnic area.

All activities arranged for or by, Sons In Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons In Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities