

FOGHORN

Branch 4 Monthly Newsletter

2016 Officers

Big Sir: Jerry Blumenthal
415 728 5573

Little Sir: John McGlothlin
650 952 3673

Attendance & Membership
Bill Gipe
650 878 5746

Secretary: Paul Rosenberg
415 751 9039

Treasurer: Bob Golton
415 661 8280

Ex-Oficio: Bud Sandkulla
650 342 50004

Region 5 Director: Bob Fox

State President: John Dill



Issue Month:
September 2016

George Rodriguez, Editor
Flor S. Mendoza, Asst. Editor

Holiday (Christmas)

Luncheon

December 7th (Wed)

Seating capacity is limited.

See Page 3 for details.

Complete and mail your Reservations early.

SONS IN RETIREMENT

A Luncheon Club promoting the Independence and Dignity of Retirement.

Every friend is a potential member.

Meeting Date: September 7, 2016

Elks Lodge (650) 589 4030 ext. 17
Stonegate & Hillside Blvd.
So. San Francisco, CA 94080

10:00AM Board Meeting
11:00AM Social-12:00 Lunch

Speaker: John Lehman

Topic: Entertainment

Speaker – John Lehman

Executive Director of Senior New Ways that creates vintage music for memory therapy and delivers it to six day care centers. Developed 50+ interactive presentations for groups on laughter therapy and musical memories. He is now launching a commercial company WhoSangIt, which will offer all individual songs by date for any date beginning in 1890.

At our lunch each table will participate in a music trivia to guess music. Prizes will be handed out to the winners

LUNCHEON MENU:

\$20



SEP: BBQ Steak,
House Salad with
Italian Dressing, Shrimp Salad,
Chocolate Eclairs.

OCT: Roast Beef With
Ajus, Caesar Salad, Tuna Melt
with curry fries, Blueberry
Strudel

**Note: Salad must be ordered
one month in advance.**



Jerry Blumenthal Bir Sir

Annual SIRs Picnic

On August 17, 2016, SIR's Branches 4 and 91 had a wonderful annual picnic in Menlo Park at Flood Park. We started out with Danish, Donuts and Coffee at 10 am, then a delicious catered Barbeque Lunch with Beer, Wine, Soft Drinks and Water. Other activities included Bocce Ball and Sepo in the morning, and Bingo and Raffles in the afternoon. If you did not come this year, you missed a great time with our fellow SIRs! Put August 16, 2017 (the third Wednesday) on your calendars for next year, so you will not miss out on all the fun and camaraderie with the SIRs, their spouses and friends.

Recruitment of New SIRs

Calling All Members! Calling All Members! Be on the lookout for potential new SIRs. Do you know men who might be interested in joining SIRs Branch 4? Does your wife know ladies who would like to get their husband out of the house, so the ladies can get together and go out for lunch by themselves? Do you know someone who is about to retire or recently retired? Do you have friends who like to play golf, bocce ball, take group trips and local tours, or any of our other activities? Give them the

opportunity to join us and become our friends, too. Contact Bill Gipe at 1 (650) 878-5746 or at wgipe24@gmail.com to get the information you need to answer any questions, and get the ball rolling. Let Bill know if you are going to invite someone to lunch, so he can meet and welcome them.

Branch 4 Officers for 2017

I would like to thank the nominating committee, SIRs Bud Sandkulla, Jack Major and Ken Reed, for their prompt action preparing a slate of officers for next year. Branch 4 elected our officers for 2017 at the July Meeting.

Charlie Leach has reluctantly determined he will not be able to serve as Recruitment Chairman for next year. As a result, our nominating committee is looking for someone to fill that branch position. We need to fill this position as there will be Regional Training for this position in October.

Consider working to make our branch better. Volunteer to work on one or more of our many committees or activities, become a committee or activity chairman, and eventually become a branch officer. Your branch needs a few good men to help with all areas of branch operations and activities! Most of the work is not difficult or time consuming.

Labor Day

Labor Day, the first Monday in September, was a creation of the labor movement in the

United States and is dedicated to recognizing the social and economic achievements of American workers. It constitutes an annual tribute to the contributions that workers have made to the strength, prosperity and well-being of our country. The first Monday of September was selected as it was about half way between Memorial Day and Thanksgiving.

The first local parade by the Central Labor Union of New York began on September 5, 1882, followed by municipal ordinances in several cities in 1885 and 1886. The first state to actually make Labor Day a holiday was Oregon on February 21, 1887. By 1894, 30 states had made the day a holiday. On June 28, 1894, Congress passed an act making the first Monday in September a legal holiday in all the States, as well as, the District of Columbia and the territories. More than 80 countries recognize the work of their laborers, many celebrate on May 1.

The original Labor Day celebrations consisted of street parades displaying the contributions of laborers in various industries, with union leaders and politicians giving speeches on labor-related topics. It has now become to also represent the end of the summer season with picnics and barbecues, the last chance for vacations, the beginning of NCAA college football season, and usually followed later in the week, by the beginning of the NFL season.



Thoughts from Little SIR John McGlothlin

This month, I want to honor the memory of SIR Wayne Veatch by writing about one of his many passions - travel.

First a confession. I came late to embracing long journeys for pleasure because I spent so much time on the road for business. Fortunately for me, my outlook changed. We just returned from 14 days cruising around the British Isles, experiencing weather surprises and route changes, and seeing sights we hadn't bargained for including unexpected gems. A few observations:

Cruise lines, airports and ports should make things easier for travelers with disabilities and seniors. We are an important market AND it is right to do so.

We observed many travelers tackling obstacles head on and not letting them stand in the way of their enjoyment. Bravo to them!

Europeans are intensely interested in what our country is thinking and doing, most especially our election. AND they speak their minds.

Some of the best experiences result from taking advantage of schedule changes to see new sights, leaving the security of a Cruise Line tour for an independent guide who is full of ideas and enthusiasm (and less expensive).

Trying the unusual (ah, Haggis!) and learning something new. History comes alive when you can stand on a battlefield like Culloden, or visit a family farm, or walk city walls and hear about these sights from someone who lives there.

Surprisingly, many people we talked to had yet to visit neighboring countries though they have travelled to the USA and further. A reminder we have sights we take for granted and should visit.

Bon Voyage, Wayne!



Bill Gipe Travel



Branch 4 scheduled a visit to the Academy of Arts University classic car museum on Aug. 23. I'll report on our visit at the September meeting and announce next local trip plans. Please contact me (650-878-5746) if you have any ideas for local day trips. Hope you can join fellow SIRs & guests for Branch 4's monthly local trips.



Birthday Greetings George Suter, Chairman



Branch 4 remembers the September birthdays of Bruno Andretta, Bill Angelopoulos, Pete Carrillo, Stu Etzler, George Fenech, Bill Gipe, Bob Golton, Spiro Jougantos, Kristian Nergaard, Bud Sandkulla, and Ted Tukloff.



Attendance & Membership Bill Gipe, Chairman

Changes: Tony Chavez and Ted Wright have resigned from SIR Branch 4.

Membership total is 155 (including Super Seniors over age 95), and 1 new member is pending.

Reminder: *New members after August pay only partial dues for the remainder of the year. August 3 attendance totaled 74 members.*

The Golfer

Tournament Schedules
Branch 4

For Reservation
Please Call:
Jack Major
415 566 2243
Ken Reed
415 810 3832



A one-page summary of the **local SIR golf rules** has been published and is now available. Pick up a copy on the golf table or check the web site: <http://branch4.sirinc2.org/golf.html>.

The **2016 Sharp Park Tournaments** are scheduled for the second Tuesday of the month, starting at 0930. Check the website for the current schedules and past results. Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups, and results.

The Tuesday **August 9th Sharp Park tournament** results are available on the golf web site above and will be available on the golf table at the lunch. The course was in good condition, except for 16 which had a tundra-like fairway and a temporary green. A few other fairways were dried out and bare, maybe due to the reclaimed water pipe repairs.

Next Sharp Park Tournament: Tuesday September 13th, 2016 - first tee-off is 0930. SIR members and their guests are invited. Sign up for tournaments at the golf table at the first Wednesday's lunch. There's **breakfast that starts at 0815**, so you want to get there early. At least, **check in one hour before your tee time.** The lineup will be sent out by email a few days before. Sharp Park fees are \$46 for green fees, cart, and breakfast, and prizes (\$4 each). Carts are allowed on most par 4's and 5's, depending on the ground conditions.

The **2016 Poplar Creek Tournaments** are scheduled for Tues 2/16, Tues 4/19, Tues 6/21, Wed 8/24, Tues 10/18, Wed 11/16, and Wed 12/14. Tee times start at 1015 with a 40 player limit. **No-shows without notification** will require a **\$10 contribution** to the commissioner's pocket fund at the next tournament.

Next Poplar Creek Tournament: Tuesday October 18th -first tee-off is 1015. Sign up at the golf table or call Jack or Ken. Green (\$33) and prize fees (\$7) are \$40 as of 1/1/16; optional cart fees are \$14 per player double, \$19 single, payable at the Pro Shop.

SIR Area 4 Away Golf Tournaments:

The next 2016 Away Tournament will be held Wednesday September 21st at 1000, at Chuck Corica Golf Complex (Earl Fry course). Make future tournament checks out to SIR Branch 4 Golf and send check to Jim Smith, 430 Forest View Drive. South San Francisco, CA 94080



Season's Greetings

JERRY BLUMENTHAL, BIG SIR

Happy Holidays

JOHN MCGLOTHLIN, LITTLE SIR



WHEN:

DECEMBER 7th (Wed)

11-12:00 No Host Cocktail

WHERE:

DOMINIC'S at Oyster Point
360 OYSTER POINT BLVD.
SO SAN FRANCISCO, CA

Information about the Holiday (Christmas) Luncheon at Dominic's

11:00am Check-in, no host bar available: 11:45am Music by Branch 4 Group during social hour and then at dessert time, some Christmas music and sing-a-long.

Entrees:

Tri-Tip, Mushroom Sauce w/ Red Roasted Potatoes & Veg.

Chicken Ala Marino, Grilled then baked with diced tomatoes, fresh basil & Jack cheese w/ Rice & veg.

Stuffed Petrale Sole, Baked with Dungeness crab & shrimp, served with a light lemon butter sauce w/ Rice & Veg.

Stuffed Portobello Mushroom (Vegetarian) Fresh whole Potobello Mushroom filled with seasonal vegetables served with Vegetarian demi-glaze.

All includes: House Salad, Spring mix & endive with candied walnuts, sliced fresh apples, crumbled bleu cheese, served with a balsamic vinaigrette. Bread with Butter, Dessert & Coffee.

There will be a gift exchange for those that want to participate, and raffle for prizes.

All Branch 4 Members, wives & guests are welcome to this event.

Cost is \$35.00 per person. **Make checks out to SIR Branch #4. Mail to:**

John McGlothlin, 1281 Claremont Drive, San Bruno, CA 94066

Direction: From the North Bay:

Take 101 South to Oyster Point Exit. Follow Oyster Point Blvd. 1.5—2 miles to Dominic's at Oyster Point, 360 Oyster Point Blvd. (Other Rte) Take 280 South to 380 East and merge onto 101 North. Then follow direction from the South

From 920 Stonegate Dr., So. San Francisco: Go onto Hillside Blvd., Continue onto Sister Cities Blvd., continue onto Oyster Point, destination will be on the right.

Direction: From the South Bay: Take 101 North to Oyster Pt Blvd, Turn left at the light on to Dubuque Ave. Turn right at the light on to Oyster Pt. Blvd. Follow Oyster Pt Blvd. 1.5—2 miles to Dominic's at Oyster Point, 360 Oyster Point Blvd. (Other Rte.)

Take 280 North to 380 East and merge onto 101 North (move 101 down by North).

Tear Off -----

-----Tear Off



\$35 / person HOLIDAY (CHRISTMAS) LUNCHEON—DECEMBER 7, 2016

Please send in your reservation NO LATER than November 15, 2016 with your check payable to: SIR BRANCH 4, and mail to:

John McGlothlin Tel 650 952 3673
1281 Claremont Drive, San Bruno, CA 94066



LUNCHEON MENU CHOICES (PUT INITIALS OPPOSITE MENU SELECTION)

- ___ Tri-Tip with Mushroom Sauce , w/ Roasted Potatoes and vegetables
- ___ Chicken Ala Marino, Grilled then baked w/ diced tomatoes & Veg. basil & jack cheese & rice
- ___ Stuffed Petrale Sole, Baked with Dungeness Crab & Shrimp, w/ lemon butter sauce & rice
- ___ Stuffed Portobello mushroom (vegetarian) filled with seasonal vegetables.

Names: _____ & _____ Tel No. _____

Total Amount
\$ _____

___ Yes, we will bring a gift for the gift exchange.

FIRST CLASS MAIL

Postage

POSTMASTER:

If undeliverable—Please return to:

Bill Gipe
2323 Galway Drive
So. San Francisco, CA 94080

Address Label



A Non-Profit Public Benefit Corporation
for Retired Men devoted to the Promo-
tion of Independence and Dignity of
Retirement.

San Francisco Branch 4

Bocce Ball—*Harry Lieberman—Charlie Leach*
Meets on Wednesdays at Doelger Senior Center
1st Wednesday 9:30—11:00
Other Wednesdays 10:00—12:00 (Wives Welcome)

Badge #153

Computer Club—*Jerry Blumenthal*
(415) 728 5573 (Summer Off)
Next meeting will on September 21, 2016 at the
Doelger Senior Center, Westlake, Daly City. All those
interested in computers are welcome to attend.

Pinochle *George Samoulides (415) 564 5384*
Games are on the 2nd & 4th Mondays of each
month. All SIRs are invited to join in the fun. We
start at 1:30pm. Call George for further infor-
mation. Hope to see you there for some fellowship
and fun.

Pull Tabs: Save your tab tops from aluminum
cans and give them to Joe Sangiacomo or Walt
Prawicki. They are for Ronald McDonald House.
Walt Prawicki thanks all those who have sup-
ported this worthy cause.

Walk 4 Health—**Ken Reed 415 810 3832**
Meets on the last Friday of the month at a varie-
ty of locations at 9:45AM. The walks are scenic,
fun and full of camaraderie. An email sent
monthly as to the current location.
Guests welcome.

SIR Happenings: The latest edition of SIR
Happenings has just been posted on the SIR
website:

<http://sirinc.org/sirhappenings/>

I hope you enjoy reading our latest edition.
Don MacGregor, Editor, SIR Happenings.

Sunshine List:
Branch 4 sends greetings to Bud Fields, Ford
Long Don Nuti, Antoon Van Arkel, and all
with challenges these days.



IN MEMORIAM

SIR Wayne Otis Veatch, Jr.
July 17, 1942 - August 7, 2016