

Big SIR – Jerry Blumenthal
(415) 728-5573

Little SIR – John McGlothlin
Secretary – Paul Rosenberg
(415) 751-9039

Treasurer – Bob Golton
(415) 661-8280

Ex-Officio: Bud Sandkulla

Region 5 Director – Bob Fox

State President – Don Dill

Editor – George Rodriguez

Assistant Editor – Flor Mendoza

Luncheon Menu

May Menu: Chicken Enchilada,
House Salad with Raspberry
Vinaigrette, Flan, Fruit Salad
with Yogurt and Granola

June Menu: Pork Ribs, Caesar
Salad, Apple Oatmeal Crisp,
Shrimp Avocado Salad.

Big SIR Jerry Blumenthal Recruitment of New SIRs

Calling All Members! Calling All Members! Be on the lookout for potential new SIRs. Do you know men who might be interested in joining SIRs Branch 4? Does your wife know ladies who would like to get their husband out of the house, so the ladies can get together and go out for lunch by themselves? Do you know someone who is about to or recently retired? Do you have friends who like to play golf, bocce ball, take group trips, or any of our other activities? Give them the opportunity to join us and become our friends, too. Contact Bill Gipe to get any information you need to answer any questions and get the ball rolling. Let Bill know if you are going to invite someone to lunch, so he can meet and welcome them.

Mothers Day

On May 8, 2016 we will celebrate Mother's Day in the United States. It celebrates motherhood and it is



Memorial Day



Fly your Flag !

a time to remember and appreciate mothers and mother figures (grandmothers, great-grandmothers, stepmothers, and foster mothers). Many people make a special effort to visit or call and give or send cards. Common Mother's Day gifts include flowers, chocolates, candy, clothing, jewelry, or treats, such as a beauty treatment or a trip to a spa.

Memorial Day

Memorial Day was originally named Decoration Day. It was initiated on May 30, 1866, a year after the war ended, to honor both the Union and Confederate soldiers who died during the American Civil War. The public holiday was meant to unify the celebration as a national day of remembrance for both the Union and Confederate service men on the same day. The day later became known as Memorial Day and was expanded to include deceased veterans of all wars



God Bless America

May 2016 Issue

Meeting May 4th

Next meeting June 1st



Big SIR Jerry Blumenthal, Area Governor Bob Fox, present a Certificate of Appreciation to Jeff Adachi (Public Defender for the city of San Francisco).

fought by American forces. The Federal holiday was changed in 1971 from May 30th to the last Monday of May.

Little Sir John McGlothlin

In my opening article, I mentioned the explosion & fire that damaged my Crestmoor neighborhood in 2010 as worthy of a future article on creating positive results from a tragedy that stole 8 lives and destroyed 38 homes. After responding to the explosion & fire, San Bruno confronted PG&E over damage caused to the neighborhood & city. PG&E agreed to 2 remedies; \$50 Million for infrastructure repair, & \$70 Million restitution for impact on our entire city. The settlement required a non-profit to administer the restitution. The city

(Little SIR continued)

established the Community Foundation with a board of 7 volunteers in late 2013. The Foundation is unique as a non-profit & part of city government.

The Foundation started from scratch - different from SIR where many volunteers built our organization, drafted bylaws, obtained exempt status & created our culture. Years 1 and 2 we improved bylaws, filed for exempt status, gathered community needs, & hired an Executive Director to take us to the next level. Year 3, we selected an investment advisor for the \$70 Million & moved to provide scholarships, grants to our city & to organizations.

SIR & the Foundation share a common thread, **volunteers**, & SIR needs more to continue the great work that got us here!

Membership and Attendance

Bill Gipe

Thanks to all members who paid 2016 SIR dues of \$25. Reminder to pay dues by the next lunch (or by mail or on your next visit). The annual \$25 dues replace the \$2 meeting table collection and are necessary to meet Branch expenses.

Branch 4 members: 155 (includes Super Seniors over age 95).

Thanks to all members who paid their 2016 annual dues. This will enable Branch 4 operations and growth.

Branch 4 thanks Chris Ramos for his recent special contribution.

Attendance at April 6, 2016 lunch was 88 plus 1 guest. Remember to pick up SIR wallet card at the Badge Table

and invite friends to a future lunch.

Your 2016 SIR Roster will be available at the Badge Table in May. Sunshine List: Branch 4 wishes better days for Claude Blakeslee, Dave Carelli, Bud Fields, Ford Long, Don Nuti, Al Ramon, Chris Ramos, and Jim Smith.

Two new members #11 Ed Arce (sponsored by Al Ramon) and #12 Bob Pardini (from Sunset Beacon) are welcomed to Branch 4. Ed is a retired SFFD Battalion Chief, and Bob is retired City & County, SFPD.

Branch 4 recognized #162 Don Nuti's work at the Badge Table.

March 3, 2016 lunch attendance was 102 members & 3 guests. Sunshine List: Branch 4 wishes better days for Don Nuti, Ford Long, Bud Fields, and Dave Carelli.

"**What is a Super Senior?** It's a Branch 4's designation of a member who has celebrated 95 birthdays. Branch 4 recognizes Ernie Pead who celebrated his 96th birthday in March."

Golf: Jack Major 415-566-2243, Ken Reed 415-810-3832, and Jim Smith 650-871-8855

A one-page summary of the **local SIR golf rules** has been published and is now available. Pick up a copy on the golf table or check the web site:

<http://branch4.sirinc2.org/golf.html>

The **2016 Sharp Park Tournaments** are scheduled for the second Tuesday of the month, starting at 0930. Check the website for the current schedules and past results. Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups, and results.

The Tuesday **April 12th Sharp Park tournament** results are

available on the golf web site above and will be will be available on the golf table at the lunch. The course was in good condition considering the recent rains, and the canyon greens, holes 4 through 7, were back in play and in nice shape. Carts were 90°, except for par 3s and holes 4-7.

Next Sharp Park Tournament: Tuesday May 10th, 2016 - first tee-off is 0930. SIR members and their guests are invited. Sign up for tournaments at the golf table at the first Wednesday's lunch. There's **breakfast that starts at 0815**, so you want to get there early. At least, **check in one hour before your tee time.** The lineup will be sent out by email a few days before. Sharp Park fees are \$46 for green fees, cart, and breakfast, and prizes (\$4 each). Carts are allowed on most par 4's and 5's, depending on the ground conditions.

The **2016 Poplar Creek Tournaments** are scheduled for Tues 2/16, Tues 4/19, Tues 6/21, Wed 8/24, Tues 10/18, Wed 11/16, and Wed 12/14. Tee times start at 1015 with a 40 player limit. **No-shows without notification** will require a **\$10 contribution** to the commissioner's pocket fund at the next tournament.

Next Poplar Creek Tournament: Tuesday June 21st - first tee-off is 1015. Sign up at the golf table or call Jack or Ken. Green (\$30) and prize fees (\$7) are \$37; optional cart fees are \$14 per player double, \$19 single, payable at the Pro Shop.

SIR Area 4 Away Golf Tournaments: We don't have any Branch 4 tournaments scheduled yet.

*Follow your Bliss and the
Universe will open doors for you
Where there were only walls.
Joseph Campbell*

SIR Activities

Bocce Ball

Harry Lieberman, Charlie Leach
Meet on Wednesdays at the
Doelger Senior Center
1st Wednesday 9:30 to 11AM
Other Wednesdays
10AM -12 noon

Computer Club

Jerry Blumenthal
Meets every 3rd Wednesday at
the Doelger Senior Ctr. 11:45 AM
All those interested in computers
are welcome.

Pinochle

George Samoulides
Games are on the 2nd and 4th
Mondays of each month. All SIR's
are invited to join in the fun. Call
George for further information.
Hope to see you there for some
fellowship and fun

Walk for Health – Ken Reed

Meets on the last Friday of the
month at a variety of locations at
9:45 AM. The walks are scenic,
fun, and full of camaraderie. An
email sent monthly as to the
current location. Guests welcome

Sir Happenings

The latest edition of SIR
Happenings has just been posted
on the SIR website:
<http://sirinc.org/sirhappenings/>
hope you enjoy reading our latest
edition. **Don MacGregor**, editor:

Birthday Greetings

George Suter(Chairman)

Branch 4 remembers the
birthdays of Jeff Chinn, Alex
Christ, Elmer Eckart, Bud
Fields, Dan Machado, Steve
Machado, Paul Rosenberg, and
Andy Ynostroza..

Staff Photographer

If you like to take pictures, we
need someone to take pictures at
our luncheons and special
functions. We need only a few
pictures a month. Please let the
editor know. Thank You !

Entertainers

If you would like to perform at
our annual Christmas Function , or
maybe a guest of yours who
would like to entertain, please let
our Little SIR know. We need any
entertainers. They could be
dancers, singers, musicians, or
some other form of
entertainment. They will have fun,
guaranteed! There is no need to
worry about "The GONG", we got
rid of it. Our functions are always
fun, so please join in. Thank You !

Pull Tabs

Save the pull tabs from aluminum
cans and give them to Walt
Prawicki or Joe Sangiacomo. They
are for Ronald McDonald House.
Joe and Walt thank all those who
have supported this worthy cause.

From your Travel and Recruitment Chair,

Wayne Veatch

Travel: veatchlaw@gmail.com,
415-297-1807 Badge # 202

Our local tour for April was led by
Bill Gipe, as I was in Puerto
Vallarta, Mexico. Thanks to Bill,
the tour was a very interesting
visit to the SFO Museum in the
International Terminal at SFO.
We've been there before but the
exhibits change and every visit is
fascinating. Our local tour for May
will be on the second Friday, , as
usual, on the penultimate Friday,
May 13. Al Herpe has offered a
tour of the Dudley Perkins
motorcycle showroom and
museum in South San Francisco.
As Al is a volunteer for the
Jeremiah O'Brien ship, he has also
offered a tour in June on the
second Thursday – a day when he
will be working there as a
volunteer. We did visit the
O'Brien years ago and it was an
excellent tour. Al has also offered
to give us a tour of the VA Hospital

in San Francisco, where he
volunteers as well, perhaps in July.
Thanks for pitching in with such
great ideas, Al.

May Speaker

Katherine McDermont

Dr. Katherine McDermont is a
board certified Chiropractic
Neurologist. The title of her talk is
Emerging developments for
rehabilitation of Vertigo,
Peripheral Neuropathy, traumatic
head injuries, innovative methods
for mitigating fall risk and
Parkinson's. She works at a multi-
disciplinary practice serving
patients with complex
neurological conditions including
post-concussion syndrome and
cerebral palsy. A few of her
modalities include electrical
stimulation, ultrasound, and
cryotherapy

Volunteers One area where we
need a volunteer is the Away
Golf Tournament. Golf is one of
the most important activities of
our organization, and it would
be great if one of our members
would step up to the plate. This
is an activity we should not
lose.

In Memoriam

Michael Nicholas

Vriheas

POSTMASTER

First Class Mail

If undeliverable please return to
Bill Gipe
2323 Galway Drive
So. San Francisco, CA 94080



A Non-Profit Public Benefit Corporation for
Retired Men devoted to the Promotion of
Independence and Dignity of Retirement.

San Francisco Branch 4

The Happy Crew !



Our Badge Men

David Solomon, Elmer Eckart,
Richard Soward, David Nigel

