

Big Sir: Ken Reed
415 810-3832
Little Sir: Paul Rosenberg
415 751-9039
Attendance & membership:
Bill Gipe
650 878-5746
Secretary: Stu Ruth
415 387 7176
Treasurer: Julio Apodaca
415 587-8057



God Bless America

MENU

Jan: Chicken Parmesan, Caesar Salad, Italian Cream Puffs, Tuna Sandwich with French Fries.

Feb: Salad with Italian Dressing, Cod Fish with Mango Salsa, Cherry Strudel, Cobb Salad .

(Salads must be ordered one month in advance)

Big SIR Ken Reed



Happy New Year - A Good Year For SIR-4

It's a New Year. Thank you dedicated Officers, Directors, Committee Chairman, appreciated volunteers & members. We had a successful 2012. Our hard working Big Sir has been elected as Area 1 Governor. Thank you Bob Fox for your leadership in 2012 and in the future.

We had a successful Holiday Luncheon on December 5th and Officers for 2013 were installed by Bill Gipe, our most appreciated membership and attendance VIP. Thanks also to Music Director George Rodriguez, Jack Major, Joe Jacinto, and Dan O'Leary for the musical program and the Senior Ukulele Band for some happy musical entertainment.

**Sons In Retirement
San Francisco Branch 4**



**A Luncheon Club promoting
The Independence and Dignity
Of Retirement**

Elks Lodge 650 589-4030
Stonegate & Hillside Blvd.
So. San Francisco, CA 94080

10:30 Board Meeting
11 AM Social-12Noon Lunch
*Every friend is a potential
Member*

Jon Lucero, our appreciated SIR badge man, passed away October 12th. Our sympathy goes to his family and friends. We especially need help greeting members & guests as a badge man or greeter. See Dave Nigel if you can help.

Please help keep our group thriving by attending the monthly luncheons, bringing in a guest, taking advantage of our activities, and volunteering. What would make your SIR Luncheon experience more enjoyable? Who's that fellow sitting at your table? We may know what his profession was, but what else might we learn about this member? Is he a veteran? Does he have a hobby? Where did he go to school, A Giants Fan? Does he play golf, tennis, Bocce Ball, bowl, or read? This year we have planned some luncheon themes where we can meet and learn more about our fellow members with programs like Hobby Day, Veterans Day, or Crazy Shirt Day. What would you like to share?

Happy New Year!

**Fog Horn Issue
January 2013**

Meeting January 2nd
Next meeting February 6th
Editor George Rodriguez
Asst. Editor Flor Mendoza
Ex Officio: Bob Fox
Area 1 Governor: Bob Fox
State President: Richard Dettmer
Region 5 Director, George Kranen



Little SIR Paul Rosenberg

The first Little SIR column of 2012 suggested that only one New Year resolution be made every year. For those of us who took that suggestion, it did work and I am appreciative of that wisdom. I would suggest a resolution for our membership and that would be to try a new SIR activity or to propose a new one. This Fog Horn lists our activities. If none of these activities interest you, go ahead and suggest a new one. A couple of years ago, our Harry Lieberman suggested a Bocci Ball activities. That group has met every dry Wednesday since then and many of us have made new friendships and have enjoyed this activity. Last year Ken Reed began our Walk for Health activity. That too has become a popular activity for our membership. So, check out our Fog Horn for an interesting activity and, if you can't find one of interest, then come to a board meeting and suggest one. Our board can make any reasonable suggestion work.

Paul

January Speakers
Drs. Anthony Pogrel & Zahaid Ahmed
UCSF School of Dentistry

**Golf: Jack Major 415-566-2243
Ken Reed 415 810-3832**

The latest **good news for Sharp Park** is that the anti-golf insurgents have been frustrated by Federal District Court Judge Susan Illston dismissing a lawsuit aimed at closing the historic Sharp Park Golf Course. Badge #243

A one-page summary of the **local SIR golf rules** has been published and was available at Sharp Park. Pick up a copy on the golf table or check the web site: <http://branch4.sirinc2.org/golf.htm>

2013 Sharp Park Tournaments are scheduled for the second Tuesday of the month, starting in February at 0930. Check the website for the current schedules and past results. Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups, and results.

The **December 11th Sharp Park tournament** had about 25 players and some wet grounds, but carts were allowed for 90 degrees except in the canyon (4 through 7) and the par 3's. It was cloudy and got quite cold. The results will be updated when available on the web site and copies will be on the golf table.

Next Sharp Park Tournament: Tuesday February 13th, 2013 first tee-off is 0930.

SIR members and their guests are invited. Sign up for tournaments at the golf table at the first Wednesday's lunch. Since there's breakfast, **check in one hour before your tee time, or risk being removed from the tournament.** Sharp Park fees are \$45 for green fees, cart, and breakfast (at 0830), and prizes (\$3 each). Carts are allowed on most par 4's and 5's, depending on the ground conditions.

2013 Poplar Creek Tournaments are scheduled for **Wed 2/20, Tues 4/16, Wed 6/26, Wed 8/28, Wed 10/23, Wed 11/20, and Mon 12/16.** We have 10 tee times for 40 players starting at 1015. **No-shows without notification** will require a **\$10 contribution** to the commissioner's pocket fund at the next tournament

The **December 18th Poplar Creek tournament** was too late for the news. The results are available on the web site and copies will on the golf table at the first Wednesday lunch in January.

Next Poplar Creek Tournament: Wednesday February 20th, first tee-off is 1015.

Sign up at the golf table or call Jack or Ken. Green (\$30) and prize fees (\$7) are \$37; optional Cart fees are \$13.50 per player double, \$18 single, payable at the Pro Shop.

SIR Area 4 Away Golf Tournaments: Jim Smith, 650-871-8855, 430 Forest View Drive, South SF, CA 94080. These tournaments are scheduled for Mondays this year. See the website or golf table at the lunch.

WALK FOR HEALTH

A great New Year's Resolution = Walk for Health:
9:44 am Friday January 11, 2013

Doelger Senior Center (Lunch after at Doelger or Westlake Joe's)
Walk includes Ft. Funston, Lake Merced, Harding Park & Pacific Ocean **WOW!**

Senior Friends & significant others invited
More info: Ken 415-810-3832 runkenrun@aol.com



If you want to get a notification of when the Foghorn is available, email Jack Major at jemajor@pacbell.net to set up our email list.

Rewards for Branch 4

When you make a purchase at Office Depot, give them the Rewards #1738924784 and Branch 4 will get the credit. A win win situation! This will help defray expenses.

SIR Happenings is now in its eighth year of publishing, and the readership is growing. Enjoy reading SIR Happenings, the State Newsletter, and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website: sirinc.org.

Travel Column

From your Travel Chair, Wayne Veatch

A happy group of 11 Branch 4 members and guests enjoyed a lovely day and walked off our Thanksgiving turkey on hike around the summit of Mt. San Bruno, led by our Master Walker Ken Reed, on November 23. We will continue in 2013 to offer our own mostly-monthly local tours and outings and to promote the tours and trips hosted by other Area 1 Branches and your State Travel Chair. Check out these offerings by clicking on Area 1 Travel and Activities on our Branch 4 website, <http://branch4.sirinc2.org/> then on Sir State Travel Opportunities "Click to see..." for the latest listing from the Happenings Travel page, and Area 1 Travel Events, for the latest Area 1 "Yellow Sheet." Also check out Dan Miller's colorful Branch 90 Travel page at <http://sir90.org/travel/travel.html>. If you do sign up for any of these trips or outings, please send me an email to veatchlaw@gmail.com or call me at 415-821-1806 and let me know. And please share this column with your wife, as she may be interested and encourage you to accompany her! We'll talk about our next local trips and Ken's next "Walk For Health" outing at the January meeting. Happy and safe travels in 2013!

San Bruno Mountain



Birthday Greetings

Chairman: Jim Parsons

Dec. 2012 & Jan. 2013 Birthday Celebrants

Branch 4 wishes "Happy Birthday" to members with December and January birthdays: Mike Anda, Peter Angelonides, Robert Bosch, Ernie Braun, Henry Broock, Antonio Chavez, Paul DeNatale, Frank Diokno, Bert Dormann, Al Ertassi, Larry Farrell, Al Ferrey, Thomas Heafey, Bob Hennig, Lowell James, Ramon Jimenez, Lawrence Kilcullen, Peter Klein, William Kneebone, Harry Lieberman, Pablo Magat, Jack Major, Issac Mejia, David Perez, Don Price, Damaso Ramirez, Chris Ramos, Mario Reyes, Lloyd Rinde, George Samoulides, James Sawyer, Silvio Scocca, Richard Soward, Marios Stathopoulos, Ray Steward, Howard Stillman, Art Tanjaquio, Wil Uclusin, Michael Valenzano, Mike Vriheas, Brian Weiss, and Olden Williams.

Absentee Special Donor List for October

Chairman, Bill Gipe

Branch 4 thanks members for all missed meeting, special, and annual contributions. In November Branch 4 received contributions from Al Delclaux, Stu Etzler, Leo Juarez (2013), John Lombard, Hayden Neal, Pablo Magat, Art Rogers, and Bud Sandkulla.

Membership and attendance

November 2012 attendance: 126 active members, 1 inactive member, 1 inductee and 3 guests. B

Branch 4 welcomed new member (#47) Richard Pon.

In 2012 Branch 4 welcomed new members John Andrews, Tony Braganza, Jeff Chinn, Frank Diokno, Stu Etzler, Roger Kelly, Mel Lipscomb, Kristian Nergaard, and Richard Pon. As 2013 begins, Branch 4 has 191 active members and 38 inactive members. The 2013 Branch 4 roster will be printed soon. Please call Bill Gipe (650-878-5746) if you have any data or listing changes.

Branch 4 regrets to note the November passing of longtime badge table greeter, Jon Lucero. He will be missed by all.

Branch 4 asks for any data changes for 2013 roster. Please call Bill Gipe at 650-878-5746 if your roster listing should be edited.

In Memoriam

John Q. Lucero

Please note!

Donations to the SIR Organization are not tax deductible.

Look for your Badge Number. If you see it, call Ken Reed, Paul Rosenberg or George Rodriguez. You will get 5 free raffle tickets.

Pinochle - George Samoulides 415 564 5384

Games are on the 2nd and 4th Mondays of each month. All Sirs are invited to join in the fun. We start at 1:30 PM. Call George for further information.

Hope to see you there for some fellowship and fun.

Sunshine Committee

Shut - ins Chairman : Vacant

Jan. Sunshine List includes Lee Appel, Pat Loughran, and David Krow.

Computer Club – Jerry Blumenthal 415 728-5573

Meeting at 11:45 every 3rd Wednesday of the month at the Doelger Senior Center, Westlake – Daly City. All those interested in computers are welcome to attend.

Next meeting – Jan 15.

Bowling – Bob Fox 415 753-2630

Over The Hill Gang - No article this month.

Bocce Ball

Harry Lieberman - Charlie Leach

Meets on Wednesdays at Doelger Senior Center

1st Wednesday, 9:30-11:00

Other Wednesdays, 10-12:00

4th Wed., Wives are welcome

Senior Tennis - Harry Lew 415 – 333-2984

We meet Mondays and Thursdays from 10 AM to 12 Noon

At Glen Park in San Francisco.

Editor’s Note

Hello Branch 4: Welcome 2013. Hope the holidays were good to you. Time to make your New Year’s Resolutions. A few suggestions: Exercise more, eat healthy, make someone smile everyday. A good philosophy to follow would be to do the kinds of things from the heart. You won’t be dissatisfied, and you won’t be longing for somebody else’s things. On the contrary you’ll be overwhelmed with what comes back to you. Branch 4 always needs volunteers. It is a good way to meet your fellow members and make new friends and it gives you the opportunity to express your ideas. You will enjoy your involvement even more!

See you at the meeting. Bring a friend!

Pull Tabs

Save your tab tops from aluminum cans and give them to Joe Sangiacomo or Walt Prawicki. They are for Ronald McDonald House, a worthy cause.

“He that speaks much, is much mistaken”

Poor Richards Almanac

FIRST CLASS MAIL



SAN FRANCISCO BRANCH NO. 4

POSTMASTER:

If undeliverable—Please return to:

Bill Gipe

2323 Galway Dr.

So. San Francisco, CA 9408



Our Christmas Party-- Merry Christmas To All!

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