

**Big Sir: Bob Fox**  
415 753-2630  
**Little Sir: Ken Reed**  
415 810-3832  
**Attendance & membership:**  
**Bill Gipe**  
650 878-5746  
**Secretary: Stu Ruth**  
415 387-7176  
**Treasurer: Paul Rosenberg**  
415 751-9039



**God Bless America**

### MENU

**Sept.:** BBQ Steak, Chef's Salad  
Pineapple Upside Down Cake  
**Oct.:** Meat Lasagna & Garlic Bread  
,Tuna Cakes Salad, Spumoni  
(Salads must be ordered one month in advance)

### Big SIR Bob Fox



Autumn has always been my favorite time of the year. The fog is starting to clear out and warm days start to prevail. The days grow shorter and you can feel a bit of a nip in the air early in the morning. Sunsets are worthwhile to view. I occasionally view them at Ocean Beach. Just be sure to wear UV sunglasses to protect your einpeepers. If you are a camping enthusiast you know that the campgrounds during the week are more quiet and serene. I think of retirement as the autumn time of our life. Hopefully, we still have enjoyable days and happy experiences including events we look forward to. We are akin to a well aged, good quality wine and a storehouse of knowledge from our years of work and life experiences.

I just attended a statewide Big SIRs meeting and came away with two things. First, on balance our Branch is doing well compared to others. As an example, we are doing well in filling the officer, Director, and Chair positions every year. However, we need to bolster our membership count.

## Sons In Retirement San Francisco Branch 4



**A Luncheon Club promoting  
The Independence and Dignity  
Of Retirement**

Elks Lodge 650 589-4030  
Stonegate & Hillside Blvd.  
So. San Francisco, CA 94080

**10:30 Board Meeting**  
**11 AM Social-12Noon Lunch**  
*Every friend is a potential  
Member!*

Our membership count has been flat this year and we need to grow an additional 10% to allow for dropped members. A Branch in Walnut Creek has a 20% growth annually. One way they achieve that is for each member to ask his wife/significant other to help identify retirees that may be interested in joining that you may have been neglected to consider. I request you consider doing that. One other request is that if you are not going to attend our monthly lunch, please notify Bill Gipe at 650 878-5746. It helps us provide an accurate head count to the caterer. I may sound like a broken record regarding recruiting if only for you to bring in an interested person to the next lunch. SIR's is a great organization and we should extend our lunches, comradery, and activities with others.

We have an approved list of BEC Members and Chairs for 2013 available on our web site. Additionally, we will have the list available on the table as you walk in for lunch. Join me in wishing them well in the coming year. I am confident they will do a great job.



**August Speaker**  
**Fiona Ma**  
**Calif. Assembly Member**

## Fog Horn Issue September 2012

**Meeting September 5th**  
**Next meeting October 3rd**  
Editor **George Rodriguez**  
Asst. Editor **Flor Mendoza**  
**Ex Officio: Robin Jaquith**  
**Area 1 Governor:**  
**Vacant**  
**State President: James Stedman**  
**Region 5 Director, George Kranen**



**Little SIR Ken Reed**

The grandkids are back in school full time and my grandpa duties are calming down to a rumble. I'm now up to 8 grand kids, most living just a few miles away. It's a joy to help out and be with them. Have to DO IT NOW as they are growing up fast and soon their teachers and friends will be replacing me. On the other hand .....

This past month I've been talking with some of our Senior, and Super Senior SIR awardees, that were unable to attend a luncheon to accept their Presidential Awards. These awards are earned by SIR members who have attained the age of 90, 95, or 100. Bill Gipe & I are meeting with some of our 90 something year old SIR members, It's just as fun hearing life stories, with pride of their SIR experiences, as playing catch with my oldest grandson. Rocco is 92 years younger than Edward Woodward(98), who recently received his Super Senior Award in his San Francisco home. Also receiving their Senior Awards were Edward Murphy and Robert Hennig. Congratulations to all three. Increasing membership and attendance at monthly luncheons is an exciting goal. The more members eating, talking, and sharing the more potential, golfers, bocce ball players, and friends to participate in SIR activities with. September ALREADY ... Time flies when having fun. Getting ready for a beautiful fall and a fun and interesting Holiday Party in December.

Another Walk for Health on September 21<sup>st</sup>. Sign up at the Luncheon or RSVP Ken at 415-810-3832. Another Walk for Health on September 21<sup>st</sup>. Sign up at the Luncheon or RSVP Ken at 415-810-3832. Check the back table, at the luncheon, for our new Calendar of Events that was also mailed with the Fog Horn.

**Golf: Jack Major 415-566-2243  
Ken Reed 415 810-3832**

A one-page summary of the **local SIR golf rules** has been published and was available at Sharp Park. Pick up a copy on the golf table or check the web site: [SIR Branch 4 Golf](http://SIR Branch 4 Golf)

**2012 Sharp Park Tournaments** are scheduled for the second Tuesday of the month, starting in February at 0930. Check the website for the current schedules and past results. Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups, and results.

The **August 14<sup>th</sup> Sharp Park tournament** had some cooler weather, but Sacramento reached 107<sup>o</sup>. The grounds were in fine condition. The results will be updated when available on the web site and copies will be on the golf table.

**Next Sharp Park Tournament: Tuesday September 11<sup>th</sup>, 2012 first tee-off is 0930.**

SIR members and their guests are invited. Sign up for tournaments at the golf table at the first Wednesday's lunch. Since there's breakfast, check in one hour before your tee time, or risk **being removed from the tournament**. Sharp Park fees are \$42 for green fees, cart, and breakfast (at 0830), and prizes (\$3 each). It looks like it will be **cart-path-only** for the foreseeable future.

**2012 Poplar Creek Tournaments** are scheduled for **Tues 2/21, Tues 4/24, Tues 6/19, Wed 8/22, Wed 10/24, and Tues 12/18**. We have 10 tee times for 40 players starting at 1015. **No-shows without notification** will require a **\$10 contribution** to the commissioner's pocket-fund at the next tournament.

The **August 22<sup>nd</sup> Poplar Creek tournament** was after the due date. The results will be updated when available on the web site and copies will be on the golf table.

**Next Poplar Creek Tournament: Wednesday October 24<sup>th</sup>, first tee-off is 10:15.**

Sign up at the golf table or call Jack or Ken. Green (\$30) and prize fees (\$7) are \$37; optional cart fees are \$13.50 per player double, \$18 single, payable at the Pro Shop.

**SIR Area 4 Away Golf Tournaments: Jim Smith, 650-871-8855, 430 Forest View Drive, South SF, CA 94080.**

These tournaments are scheduled for Mondays this year. See the website or golf table at the lunch.

On **Monday September 24<sup>th</sup>**, Blue Rock Springs GC, 655 Columbus Parkway, Vallejo, 707-643-8476, hosts the next shotgun tournament. Bus leaves the SSF Elks Club at 0630 for 0830 tee off. Bus rate \$60, drive \$55.

**Upcoming Away Trips** – October 29<sup>th</sup> Bennett Valley, November 19<sup>th</sup> Crystal Springs.

Check the web site [SIR Branch 4 Golf](http://SIR Branch 4 Golf) for updates.



If you want to get a notification of when the Foghorn is available, email Jack Major at [jemajor@pacbell.net](mailto:jemajor@pacbell.net) to set up our email list.

**Rewards for Branch 4**

When you make a purchase at Office Depot, give them the Rewards #1738924784 and Branch 4 will get the credit. A win win situation! This will help defray expenses. Thanks!

**SIR Happenings** is now in its eighth year of publishing, and the readership is growing. Enjoy reading SIR Happenings, the State Newsletter, and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website: [sirinc.org](http://sirinc.org).

The summer SIR Happenings is ready. Check it out! Included are some Branch 4 articles and pictures.

**Congratulations SIRs!**



Super Senior Ed Woodward Senior Award 95+      Senior Award Bob Hennig 90+

Ed and Bob were unable to make the meeting for the presentation. Our Little SIR Ken Reed, like a good SIR hand delivered the awards to Ed and Bob. Thank You Ken! Also a special thanks to Bert Dormann for providing pictures to the seniors receiving awards. Thanks Bert!

**Quote of the Month**

*You've got to be very careful if you don't know where you are going, because you might not get there. Yogi Berra*

**Birthday Greetings  
Chairman: Jim Parsons**

**August 2012 Birthday Celebrants**

In September Branch 4 wishes Happy Birthday to Bruno Andreatta, William Angelopoulos, Aron Aronovsky, Mike Capusano, Pedro Carrillo, Henry Chiu, Stu Etzler, George Fenech, Bill Gipe, Gilbert Goo, Spiro Jouganatos, Hugo Kellar, Richard Kim, Alex Koliopoulos, Harry Lew, Mel Lipscomb, Bud Sandkulla, Lew Sartor, Theodore Scourkes, Ted Tukloff, and Glenn Whitesides,

**Absentee Special Donor List for June**

**Chairman, Bill Gipe**

Branch 4 thanks Jack Benjamin, Douglas Bishop, Paul DeNatale, Art Encabo, Al Ertassi, Nick Janakes, Jim Mayo, David Nigel, Stu Ruth, and Ed Woodward for their contributions in August.

Branch 4 welcomed and inducted new member Mel Lipscomb at the August meeting.

**Membership and attendance**

**Report for July 2012**

Branch 4 now has 208 active members (including Honorary Life Member) and 29 inactive members. Please note that inactive membership is an option, On August 1, 2012 there were 130 active members present, 2 inactive members, 1 inductee, 1 guest, and the guest speaker. That's 62.5 % active attendance. Thank you.

**Did someone say chocolate???**

TCHO has a chocolate factory at Pier 17 on the Embarcadero and offers a one hour tour. That includes ½ hour slide presentation including passing around the different life cycle of a cocoa bean. The last half hour is a tour of the factory and sampling their different chocolates. We've made a reservation tentatively on Thursday, September 13 at noon. Walking distance from TCHO is a seafood restaurant called Pier 23 right on the Bay we can go to after the tour. TCHO is a 15 minute walk from the Ferry Building or you can take a trolley that runs along the Embarcadero.

Watch for the sign-up sheet at our September 5<sup>th</sup> lunch.

PS – Over the age of 65 you cannot get zits from chocolate.

**Look for your Badge Number. If you see it, call Bob Fox, Ken Reed, or George Rodriguez. You will get 5 free raffle tickets.**



**Happy Birthday United States Air Force**

**Pinochle George Samoulides 415 564 5384**

Games are on the 2nd and 4th Mondays of each month. All

Sirs are invited to join in the fun. We start at 1:30 PM.

Badge # 167 Call George for further information.

Hope to see you there for some fellowship and fun.

**Sunshine Committee**

**Shut ins Chairman Vacant**

Lee Appel, David Krow, Jon Lucero, and Jack Negrin.

**Computer Club – Jerry Blumenthal 415 728-5573**

Meeting at 11:45 every 3<sup>rd</sup> Wednesday of the month at the Doelger Senior Center, Westlake – Daly City. All those interested in computers are welcome to attend.

**Next meeting – September 19th**

**Glee Club – George Rodriguez 650 992-8321**

No practice this month.

**Bowling – Bob Fox 415 753-2630**

Over The Hill Gang - No article this month.

**Bocce Ball**

**Harry Lieberman Charlie Leach**

Meets on Wednesdays at Doelger Senior Center

1<sup>st</sup> Wednesday, 9:30-11:00

Other Wednesdays, 10-12:00

4<sup>th</sup> Wed., Wives are welcome

**Senior Tennis Harry Lew 415 – 333-2984**

We meet Mondays and Thursdays from 10 AM to 12 Noon

At Glen Park in San Francisco.

***Elected Officers 2013***

**Big SIR - Ken Reed**

**Little SIR - Paul Rosenberg**

**Secretary - Stu Ruth**

**Ass't Secretary – Jack Major**

**Treasurer - Julio Apodaca**

**Ass't Treasurer - Bud Sandkulla**

***Board of Directors***

**George Fenech, Fred Danneker, Bill Davelos,**

**Wayne Veatch, Flor Mendoza,**

**Jim C. L. Smith, Bob Fox**

**Special Thanks to all of the volunteers , Officers,**

**Directors and Committee Men! You Rock!!!**

**Benjamin Franklin asked of himself every morning,  
“ What good shall I do today?”**

**FIRST CLASS MAIL**



SAN FRANCISCO BRANCH NO. 4

**POSTMASTER:**

If undeliverable—Please return to:

Bill Gipe

2323 Galway Dr.

So. San Francisco, CA 9408

---

**The Olympics (Quiz)**

**By Charlie Leach**

1. What Olympiad was held in 2012? Number ie: 1, 15, 29, etc.
2. What US City was first to hold an Olympiad?
3. What city has hosted the most Olympics?
4. Of the 6 major continents which 2 continents have not hosted an Olympics?
5. Where will the 2016 Olympics be held?
6. What 20<sup>th</sup> century Olympics did the US not participate in? Year
7. Where was the first Olympiad held/
8. How many Olympics has the US hosted?
9. How many Olympics has Australia hosted?
10. How many Olympics have been held in Asian cities?

---

**Non-Responsibility Clause:** All and their tours and activities arranged for Sons In Retirement, Inc., its branches and committees, are for the convenience and pleasure of the members guests who desire to participate. However, Sons In Retirement, Inc., and its branches do not assume responsibility for the well-being or safety of the participants or passengers or their property in any manner pertaining to said tour and other activities. Members and their guests participate at their own risk and should not expect to hold Sons In Retirement, Inc., or any of its branches responsible in any way.

**Look for your Badge Number. If you see it, call Bob Fox, Ken Reed, or George Rodriguez. You will get 5 free raffle tickets.**