

**Big Sir: Robin Jaquith**  
650 355-0805  
**Little Sir: Bob Fox**  
415 753-2630  
**Attendance & membership:**  
Bill Gipe  
650 878-5746  
**Secretary: Eugene Roberts**  
(415) 731-5444  
**Treasurer: Paul Rosenberg**  
415 751-9039



**God Bless America**

### MENU

**April:** Roasted Beef a jus, Chef's Salad, Carrot Cake.

**May:** Chicken Tamales ,Fruit Salad, Boston Cake.

(Salads must be ordered one month in advance)

### Big SIR Robin Jaquith



As you are reading this message, I am enjoying a brief time in Italy. A friend of my wife and mine is turning 70 in April and wanted to do something special and decided that a trip to a Sicilian cooking school would be the perfect gift to herself. Not wanting to do it by herself she invited us to join her and her husband. Extravagant, sure, special, yes, how often do we do extravagant things for ourselves? So next time there is something special happening in your life, do something special.

George Rodriguez, Bill Gipe, Wayne Veatch and I attended a Branch One meeting this past month. It was a worthwhile visit providing us with the opportunity to see how another Branch operates. We came away with some ideas that we can incorporate but most importantly we came away with the feeling of SIR fellowship. We will continue to visit other Branches as the year moves forth.

(continued)

## Sons In Retirement San Francisco Branch 4

**The Fog Horn**



### A Luncheon Club promoting The Independence and Dignity Of Retirement

Elks Lodge 650 589-4030  
Stonegate & Hillside Blvd.  
So. San Francisco, CA 94080

**10:30 Board Meeting**  
**11 AM Social-12Noon Lunch**  
*Every friend is a potential  
Member!*

### Speaker for April Bob Sonnenberg Guide Dogs for the Blind



**SIR Branch 1, March meeting** attended by, Robin Jaquith, Wayne Veatch, Bill Gipe, and George Rodriguez.

### (Big SIR Continued)

April brings us April Fool's Day, Easter April 24<sup>th</sup>, and Arbor Day, April 29<sup>th</sup>. Remember April showers bring May flowers.

See you in May.

### Raffle Volunteer .

The raffle is important to Branch 4, as 50% of the money collected goes into the general fund. The other 50% goes to the 2 prizes in the drawing.

We need someone to step forward and take over the collection.

## Fog Horn Issue April 2011

**Meeting April 6th**  
**Next meeting May 4th**  
Editor **George Rodriguez**  
Asst. Editor **Flor Mendoza**  
**Ex Officio: Wayne Veatch**  
**Area 1 Governor:**  
**George Kranen**  
**State President:**  
**Robert Manell**  
**Region 5 Director**  
**John B. Mason**



**Little SIR – Bob Fox**

Spring is around the corner. It is time to hide Easter eggs for your grandchildren to find. Don't make it too easy so they feel challenged. Also this is a good time to do your compulsive labor in your garden and pull all those weeds compliments of late winter rains.

I have been a member of our SIR Branch 4 for one year now. And I must say I am enjoying the camaraderie, friendliness, the lunches, and the activities. I belong to another organization but the SIR organization is tops. Thank you all.

I'm working with the overall Area activity chairman to accommodate those of you who expressed an interest in an activity. I will be offering you ways to get involved in the activity(s) you are interested in. Expect to hear from me during April.

I could tell many of you enjoyed Paul Rosenberg's talk about the politics and politicians over the course of history of San Francisco. Living there myself I find much of the mixed up approaches familiar to what exists today. Time ran out for Paul but I would like to suggest that we have Paul back someday to finish his presentation. Beyond the material itself, Paul put heart in his presentation.

My quote for the month: "The most wasted of all days is one without laughter." By E.E. Cummings

**Golf: Jack Major 415-566-2243**

**Ken Reed 415 810-3832**

**2011 Sharp Park Tournaments** are scheduled for the second Tuesday of the month, starting at 0930, with the exception of June 14 which will start at 1030. The results are out on the the web site, so enter the SIR Branch 4 Golf address

<http://branch4.sirinc.org/golf.htm> If I have your email, you will be notified when new results are posted. Copies will be on the golf table at the lunch too.

**Next Sharp Park Tournament: Tuesday April 12, 2011 first tee-off is 0930.**

SIR members and their guests are invited. Sign up for tournaments at the golf table at the first Wednesday's lunch. Since there's breakfast, **check in one hour before your tee time, or risk being removed from the tournament.** Sharp Park fees are \$42 for green fees, cart, breakfast (at 0830), and prizes (\$3 each). This will be a combined tournament with Branch 4 and Branch 25. Jack Major coordinates the match, so Branch 25 goes out first.

**2011 Poplar Creek Tournaments** are scheduled for Tuesday 2/15, 4/19, 6/29 (Wednesday), 8/16, 10/18, and 12/13. **No-shows without notification** will require a **\$10 contribution** to the prize fund at the next tournament.

**Next Poplar Creek Tournament: Tuesday April 19th, first tee-off is 1030.**

The tournament starts at 1030 for 40 golfers. Sign up at the golf table or call Jack or Ken. Green (\$30) and prize fees (\$7) are \$37; optional cart fees are \$13.50 per player double, \$18 single, payable at the Pro Shop.

**SIR Area 4 Away Golf Tournaments: Jim Smith, 650-871-8855**, 430 Forest View Drive, South SF, CA 94080. These tournaments are scheduled for Mondays this year.

On **Monday April 25th, Mare Island GC**, 1800 Club Drive, Mare Island, CA 94592, 707-562-4653, hosts the next shotgun tournament. Bus leaves the SSF Elks Club at 0630 for 0830 tee off. Bus rate \$60, drive \$55.

Check the web site [SIR Branch 4 Golf](#) for updates

**March Speaker**

**SIR Branch 4 Treasurer**

**Paul Rosenberg, Member of S.F. Historical Society and the Outside Lands and Market St. Railway Group**



If you want to get a notification of when the Foghorn is available, email Jack Major at [jemajor@pacbell.net](mailto:jemajor@pacbell.net) to set up our email list.

**Travel Chairman – Wayne Veatch 415 821-1806**

What do you think? Do you - and your spouse or S.O. - enjoy traveling? (I hope she is reading this column.) Going on a cruise or trip to Europe? Mexico? Nashville? How about a local gathering with your fellow SIRs, out to dinner, to a play, to a museum, on a walking tour of San Francisco? I've taken on the job of Branch 4 Travel Chair, not to bug you about getting out of the house but to bring these opportunities to you, with the help of the Travel Chairs in the other Bay Area Branches. We will plan the activities you want to get involved with, but you have to tell me where you want to go and what you want to do. Send me an email ([veatchlaw@gmail.com](mailto:veatchlaw@gmail.com)) or call me at 415-821-1806.

Meanwhile, this is what we have planned for you: Our second local tour, a guided tour of the Aviation Museum at the SFO International Terminal on March 21 was a great success, with 18 attendees. Our next local tour will be to the Disney Museum in the Presidio on May 12. We'll meet at 10 AM, have a guided tour of the museum then gather for lunch after in the Presidio. I'm open to your suggestions for lunch and will have the details for you in the May Foghorn. Save the date.

Aside from our local tours, the Bay Area SIR Travel Chairs are offering several tours arranged by professional tour companies. These tours go whether or not any SIRs sign up, but I am told they are good values. You have taken some flyers for them and I have more. Please let me know if you will be signing up for any of these: Wonder Valley Ranch, April 4-7; Rhone River Cruise, April 17-28; Cruise to the Hawaiian Islands, April 28-May 13; Yosemite Tour, May 3-5; Kenya Safari, May 16-28; Shakespeare Festival, June 21-25; Puerto Vallarta, Mexico, June 22-29; Sicily, September 16-26; Memphis and Nashville, November 29-December 4. Contact me for details

**Editor's Note:**

Hello Branch 4! Lots of activities going on, get involved. The busier you are the better. We have a special luncheon coming in June. Watch for the flyer! There will be entertainment, Bingo, a gift for the ladies and more. So get on board and support your branch. We need a volunteer for the raffle! Get involved, you will be glad that you did. Past Big SIR's please bring a picture for Tony Ramirez. See you at the meeting. Bring a friend!

**Birthday Greetings  
Chairman: Robert Hennig**

**April 2011 Birthday Celebrants**

Ron Brown, Robert Fox, Leo Juarez, Mike Keller, Warren Lee, Anthony Marotto, Weldon Nicholson, Henry Norman, Ken Reed, Rolf Rosander, George Staniotes

**Absentee Special Donor List for March**

**Chairman, Bill Gipe**

Absentee donors: Chris Manitas, Nick Kyriakis, Richard Gedymin, and Charles Leach.

**Please notify Bill Gipe (650-878-5746) if you'll miss a lunch meeting.**

**Remember the SIR monthly lunch donation of \$2 helps meet branch expenses. Thank you!**

Please see me at the meeting if your name is missing from this partial list.

**Membership and attendance**

**Report for April 2011**

: Branch 4 Membership & Attendance

250 Authorized Membership

143 Active Members

17 Inactive Members

88 present on March 2, 2011

61.5% attendance

Membership Changes in March 2011

Additions: Welcome to Pedro Carrillo,

Patrick Loughran, and Stuart Ruth.

Moved to Inactive List: Gil Travis, Roger Spindler.

Deceased: This month SIR Branch 4 remembers Michael Ashe #75, and Peter Stambollis #409. Mr. Ashe was a SIR since 1997, and Mr. Stambollis was a member since 2001.

***IN REMEMBRANCE***

***Michael T. Ashe  
Peter Stambollis***

**Pinochle George Samoulides 415 564 5384**

If you know the game or are interested in learning the game, join us on the 2<sup>nd</sup> and 4<sup>th</sup> Mondays of each month. Meetings are at the Holy Trinity Christopher Community Center, 999 Brotherhood Way, in San Francisco. Hope to see you there for some fellowship and fun.

**Sunshine Committee**

**Shut ins Chairman Lee M. Appel 415 221 6664**

**Sick List for March 2011**

Peter Angelonides, Jerry Blumenthal, Stephen Costakis, Bert Dormann, Henry Fields, Raino Kandelberg, and Nick Rigas.

**Computer Club – Jerry Blumenthal 415 681 1208**

Meeting at 11:45 every 3<sup>rd</sup> Wednesday of the month at the Doelger Senior Center, Westlake – Daly City. All those interested in computers are welcome to attend.

**Next meeting – March 17th**

**Glee Club – George Rodriguez 650 992-8321**

We will practice after the meeting.

**Bowling – Joe Jacinto 415 681-8719**

Four weeks into the 2nd. half of the season (Week 20 of 33) Teams 11 finds the standings jumbled somewhat. Including other members of the league (other than Sirs) there's a different picture. Team 11 with Art Tanjuaquio, Joe Jacinto, Rudi Gutierrez

**Rewards for Branch 4**

When you make a purchase at Office Depot, give them the Rewards # 1738924784 and Branch 4 will get the credit. A win win situation! This will help defray expenses. Thank You!

**SIR Happenings** is now in its sixth year of publishing, and the readership is growing. Enjoy reading SIR Happenings, the State Newsletter, and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website: sirinc.org.

Don't forget to wear your pin to the meetings. The Bolo Ties, Lapel Pins, Patches, and Decals are all reasonably priced at \$2 to \$3 each. **Fly the SIR Colors!** See Bill Gipe!

**If your email address is not in the roster, please send it to Jack Major, [jemajor@pacbell.net](mailto:jemajor@pacbell.net) .**

**Attention all past Big Sirs**

Our Historian, Tony Ramirez needs your picture! Please Bring your picture to the meeting or see George Rodriguez, and he will take your picture at the meeting. Thank You!

**FIRST CLASS MAIL**



SAN FRANCISCO BRANCH NO. 4

**POSTMASTER:**

If undeliverable—Please return to:

Bill Gipe

2323 Galway Dr.

So. San Francisco, CA 94080

**Have a Complaint, see the Captain!**

In the early days of sailing, on the masted ships, to be part of the crew could be hazardous to your health. At sea the captain's word was law. If the captain was a tyrant and scurrilous, your voyage could be very interesting. You not only had to make the captain happy, you had to fit in good with the mates and crew or you were in trouble, and you better know how to reeve a Spanish Burton. Some of the hazards were terrible food, miserable living conditions, brutal discipline, scurvy, flogging, and the possibility of dying. A favorite saying among the sailors was, " God made the vittles, but the devil made the cook." When in port, provisions were generally good, fresh meat, produce, water, etc. When at sea, and the provisions were scarce, the average meal was a piece of salt pork or salt beef, a hard tack biscuit and a cup of hot water with molasses. On Sundays the crew was served Duff (Duff Pudding), which was boiled flour with molasses. If the captain wanted to get on the good side of the crew, Duff was served twice a week. If conditions were so bad and you overtook the captain, it was mutiny. If you seized the ship, it was Piracy. Both offenses led to hanging. You could always jump ship, but there could be a price on your head. Of course, if you had a complaint, you could complain to the captain ( possible flogging). Good Luck!

**Prayer of a Seaman: Lord, the ocean's so big and my ship is so small, Have Mercy!**

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