



**The NUGGET, March, 2022
Volume L, No. 3**

| BIG SIR | LITTLE SIR | SECRETARY | ASST. SECRETARY | TREASURER | ASST. TREASURER |
|-----------------------------|---------------------------------|---------------------------|-------------------------------|-------------------------|--------------------------------|
| JD Bamfield 916-757-2676 | Jerry Westerman 916-966-5354 | John Boss 916-961-9835 | General Davie 916-961-3199 | Jim Coe 916-967-7361 | Don Landsittel 916-900-8013 |

DIRECTORS

Roger Riley Dave Peterson David Biesanz Phil Sittner Gordon Callander Dave Brunton

State President: Rick Kindle 209-652-8608 Region One Director: Hugh Thompson 916-276-5117
Area 3 Governor: Kevin Mahoney 916-835-7855

Committee Chairmen:

| | |
|--|--|
| Activities: Gordon Callander 230-8622 | Starter: John Mahoney 988-4430 |
| Attendance: Tam LeFebure 962-0601 | Golf - 9 Holes: Steve Ng 903-8445 |
| Awards: Ray Barsch 481-1122 | Tournament Dir: Steve Ng |
| Bocce Ball: Dave Peterson 967-4584 | 9 hole Treasurer: Tony Tipton 712-0980 |
| Bowling: Frank Semans 944-2313 | Scheduler: Greg Hood 717-7874 |
| Branch 23 E-Mail Contact johnfboss@comcast.net | |
| Bulletin Editor: Paul Domyancic 456-6549 | Hiking: Brian Benner 747-1139 |
| Asst. Editor: Odell Landers 457-3002 | Historian: Bill Sutherland 482-2137 |
| Directory: Lam Nguyen 335-0357 | Membership: Ray Zelinski 961-4222 |
| Golf Handicapper: Bill Sutherland 481-2137 | Recruit & Promote: Tom Novi 961-6197 |
| Golf- 18 holes: Cass Mastalski 925-2523 | Sunshine: Gordon Routsong 966-8599 |
| Tournament Dir: Gary Bradley 967-2523 | Travel: Bill Stires 209-544-2684 |
| Golf Treasurer: Scott Kenney 965-1333 | Zoom and IT: Lam Nguyen 335-0357 |

**BR. 23 website: sir23.org Web Manager: Gordon Callander
gordoncallander@yahoo.com**

Branch 23 monthly luncheon meetings are held on the second Wednesday of each month. The March meeting will be on the 9th, at our usual meeting place, the Elk's Lodge on Cypress Avenue. Social hour begins at 11am, with lunch at 12 noon.

As has been the case recently, each member with email access will receive a notice announcing the luncheon. Please respond to the questionnaire.

**Don't Miss Our Luncheon on
Wednesday, March 9th
11:30 ~12:00 Social, Golf Signup & Book Checkout**

*And above all, our special guest speaker, Rich Desmond
District 3 Representative, Sacramento County Board of Supervisors*



Rich Desmond, a fifth generation Sacramentan, was elected to represent District 3 on the Sacramento County Board of Supervisors in November 2020.

Rich and his wife Lisa have five children ranging in age from 13 to 22. They are active members of our community, frequently spending time on the American River Parkway, at the Effie Yeaw Nature Center, and in local parks. Their family volunteers at the annual American River Parkway cleanup, the local Special Olympics events, and for many other local nonprofits.

Sacramento County District Attorney's Office is partnered with Sacramento County Department of Health Services, Substance Use Prevention and Treatment Services.

FENTANYL AWARENESS SAFETY FAIR

1 PILL CAN KILL

97% of tested street pills are fake, 97% of those pills contained fentanyl.

MORE PEOPLE IN SACRAMENTO ARE DYING FROM FENTANYL POISONING THAN GUN VIOLENCE!

NARCAN demonstration and kit giveaway. **LEARN HOW TO SAVE A LIFE!**

Connect with community resources.

Date and Time
Saturday November 6
11:00am - 2:00pm

Location
State Capitol North Lawn

Free food food
Food Trucks

Free prizes
Gift Card Giveaway!

BIG SIR REPORT:

Happy February to all. I hope each of you remembered Valentine's Day and celebrated accordingly. I would like you to know that the BEC and I really disliked having to use ZOOM to meet for our February meeting. We were faced with a Governor's decree from Mr. Newsom, an email-letter from the SIR State President and rapidly rising COVID numbers. Combined, we felt they left no other reasonable alternative that would safely protect our membership.

Things change and with March coming we are ready to restart in person meetings again. We are all looking forward to seeing each other at lunch on March 9th at the Elks Club. Please remember that the lunches at the Elks are now \$22. Like so many things prices are currently going up, quickly, and the cost for our lunches are too. We, the BEC, are trying to contain costs as much as we can while being fiscally responsible, so be tolerant.

The State quarterly meeting occurred this month and one of the core topics was branches shrinking and recruitment. Several branches have dissolved in the last few years and most branches are becoming smaller. However, Branch 23 membership has maintained during this difficult time, because of you. In the first three months, January - March of 2022 our branch is adding six new members. New members are key to the survival of a club like ours, so keep up the good work. Bring more guests, welcome more new members and let's keep our branch strong.

Several activities are ongoing or starting up:

| | |
|---|-------------------------------------|
| 2/25 9 hole golf starts | 2/23, 3/2, 3/17, 3/23, 18 hole golf |
| 2/22, 3/24 Hiking group @ Riverbend and Ancil | 3/8 Bocce starts |
| Tuesdays ongoing – Bowling | |

Since Tax time is fast approaching, Lam wanted to bring this AARP free tax assistance site to everyone's attention. I think this can benefit some of our guys.

https://taxaide.aarpfoundation.org/?utm_campaign=aarp_promos&utm_source=aarp&utm_medium=referral&utm_content=moneytaxes

Both of the above lines run together.

Click "Locate Sites Near Me"

If you allow AARP to know your location, then you are good to go.

If not, click on "Change Location", put in your city, then click "Search"

JD Bamfield

Big SIR

Little SIR Report:

Rich Desmond, a fifth generation Sacramentan, was elected to represent District 3 on the Sacramento County Board of Supervisors in November 2020.

Mr. Desmond joined the California Highway Patrol in 1995 and spent several years as a patrol officer in Los Angeles and Sacramento before being promoted up the ranks into a variety of field and administrative positions, including assignments in the CHP Office of Internal Affairs and Office of Risk Management. In 2018, he was

promoted to CHP Chief and temporarily assigned to the State Assembly as its Chief Sergeant-at-Arms before retiring in late 2019.

As a lifelong resident of Carmichael, Mr. Desmond has a long history of involvement in the community. In 2005, he participated in the development of the Carmichael Community Action Plan, resulting in a new vision for Carmichael. He also served multiple terms as a Commissioner of the Sacramento County Adult and Aging Commission and helped establish the Sacramento Senior Safehouse to protect seniors at risk of abuse and neglect. In 2018, he was appointed to serve as a member of the Carmichael/Old Foothill Farms Community Advisory Council that provides feedback and community perspective in development proposals in District 3.

Mr. Desmond and his wife have five children ranging in age from 13 to 22. They are active members of our community, frequently spending time on the American River Parkway, at the Effie Yeah Nature Center, and in local parks. Their family volunteers at the annual American River parkway cleanup, the local Special Olympic events, and for many other local nonprofits.

Topics that Supervisor Desmond will briefly cover at our March meeting include transportation, Covid-19, homelessness, the County budget, and Economic Development.

Jerry Westerman
Little SIR

TREASURER'S REPORT: by Jim Coe

| | |
|---|------------|
| (Beginning Balance (Checking) January 1, 2021 | \$4,258.87 |
| Beginning Petty Cash | 400.00 |
| Funds Received | 4,508.00 |
| Funds Disbursed | 2,303.73 |
| Ending Checking Balance January 31, 2021 | 6,463.14 |
| Ending Savings Balance | - 0- |
| Ending Petty Cash | 400.00 |
| Ending Cash Balance (Total Cash) January 31, 2021 | \$6,863.14 |

Treasurer Jim Coe noted that the total cash balance includes \$300 of the Bocce Ball funds.

MEMBERSHIP REPORT FOR MARCH NUGGET: by Ray Zelinski

MEMBERSHIP STATUS: 143 Members including Two Senior Honorary Life Member and Three Honorary Life Members.

DELETIONS: None

FEBRUARY NEW MEMBER: None (No inductions of new members due to February virtual meeting).

PENDING MARCH NEW MEMBERS:

- Michael "Mike" Long; Sponsor Scott Kenney
- Darrell "Big D" Beddard; Sponsor Tony Tipton
- Craig Chatelain (Marwan Siagian)
- William "Mark" Ashley (Marwan Siagian)
- John DiMungo (Tony Marquez)
- John Weber (Ray Zelinski)

OTHER MEMBERSHIP/ROSTER/DIRECTORY CHANGES:

Crossland: Badge No. should be 135 (correction from Feb Nugget)

Schmidt: Join date should be 5/06

NEW MEMBER INFORMATION: NONE

2022 SIR Branch 23 New Members Information:

| NAME | PHONE | EMAIL |
|-----------------|--------------|--|
| Brendan McGuire | 916-966-6435 | b222@yahoo.com |

2022 SIR Branch 23 Separated Members:

None

SUNSHINE REPORT: by Gordon Routsong

I am happy to report that Dave Nemzek is recovering well and is looking forward to playing golf again.

Former member Joe Frank Stastney passed away on January 31, 2022. Joe was 95 years old, having been born on September 14, 1926. Joe had been in declining health for the past couple of years.

Fond memories and expressions of sympathy for the Stastney family may be shared at www.MountVernonMemorial.com.

My thanks to Jerry Martin and Ray Zelinski for bringing Joe's information to me.

Also, member Forrest Wright's wife Muriel passed away on February 16, 2022. She had been experiencing various medical issues for the past year or more. Services for Muriel are planned to be private for family and close friends. An obituary will be published in the Sacramento Bee at some future date.

Please keep me apprised of any health issues affecting our members or family members.

BRANCH NEWS:

Picnic:

Big SIR JD Bamfield noted that the members of the BEC have begun efforts to have a Branch 23 picnic this year, after a 2 year absence due to Covid 19. Members of the BEC are looking at a date in the latter part of May, and for the event to be held at Carmichael Park, as it has been in the recent past.

Christmas Luncheon:

Branch Secretary John Boss reported that the North Ridge Country Club had reserved a time slot for our Branch 23 Ladies Day Christmas Luncheon in December, 2022. The NRCC hosted the Branch luncheon in December, 2021 and it was a great success, with over 90 in attendance. The food was wonderful and attendees were treated to live music.

BRANCH 23 SPORTS:

BOCCE BALL: Chairman Dave Peterson reported that Bocce would start on Tuesday, March 8, at 9:30 am at Carmichael Park. Bocce would then be scheduled every other Tuesday at Carmichael Park. Dave indicated that priority would be given to Branch 23 members who participated last year.

HIKING: The next hike is scheduled for March 29th, a Tuesday, at 9:30am. The hike will be held at the Ancil Hoffman Park Loop. A flyer will be attached at the end of this bulletin.

BOWLING: Ray Zelinski reported that the program is going well, with a good amount of participation from Branch 23 members. New bowlers are always welcome. Tuesdays at noon at Country Club Lanes, on Watt near El Camino Avenue is the location. Shadow bowling starts at approximately 11:30-11:45.

GOLF REPORT: Bill Sutherland

BR 23 Golf Web Site: Visit this site to determine golf start times, pairings, results and other golf related matters. The address is sb23.golfclub.net.

2022 Schedule: The golf schedule for 2022 is complete. Signups will be taken at lunch, or by contacting the tournament directors, Gary Bradley and Steve Ng directly.

Upcoming Tournaments:

18-Hole League:

Mar 2, Davis
Mar 17, Wildhawk
Mar 23, Diamond Oaks, League Championship Nr. 1
Mar 30, Ancil Hoffman
Apr 6, Wild Wings

9-Hole League:

Mar 11, Arcade Creek Blue
Mar 21, William Land Park
Apr 1, Bradshaw Ranch
Apr 15, Emerald Lakes

Tournament Results:

18-Hole League:

Feb 2, Bartley Cavanaugh, Big Sir Championship Nr. 1.

Flight 1: Schmidt (74), Don Rodriguez (76), Brunton (76). CTP: David Brunton
Flight 2: Hubble (69), Moore (78), Sittner (80). CTP: Bill Moore
Flight 3: Ng (69), Boutros (71), Angeloni (74). CTP: Randy Angeloni
Flight 4: Fotopoulos (71), Pennington (72), Battistessa (74).
CTP: Tam LeFebure
Flight 5: Murrell (58), Stott (70), Slusher (74). CTP: Gail Murrell

Feb 16. McKenzie, Big Sir Championship Nr 2.

Flight 1: Bradley (73), Biesanz (77), Adge (77). CTP: Gary Bradley
Flight 2: Moore (73), Schmidt (76), Brunton (77). CTP: John Rowland
Flight 3: Marquez (72), Angeloni (74), Joe Rodriguez (74). CTP: Lam Nguyen
Flight 4: Young (70), Pruss (71), Novi (71). CTP: Tom Novi
Flight 5: Frank (66), Yamamoto (79), Peterson (80). CTP: George Yamamoto

Feb 23, Bing Maloney, Big Sir Championship Nr 3.

Flight 1: Brunton (70), Biesanz (74), Espinosa (75). CTP: Brendan McGuire

Flight 2: Landsittel (74), Dutcher (77), Bamfield (77). CTP: No Winner

Flight 3: Freeman (68), Sittner (71), Ashley (72). CTP: No Winner

Flight 4: Fotopoulos (74), Yamamoto (75), Abel (76). CTP: No Winner

Flight 5: Frank (65), Murrell (71), Peterson (73), Stott (73), Lenny (73)

CTP: Odell Landers

Big Sir Championship:

Long Tee Flights:

David Brunton (+3), Steve Ng (+3), Randy Angeloni (+5), Phil Sittner (+5)

Short Tee Flights:

Gail Murrell (-14), Howard Frank (-13), Rob Stott (0), Phil Fotopoulos (+2)

9-Hole League:

First event is underway on Feb 25 at Bradshaw Ranch.

IMPORTANT MEMBER DATES FOR MARCH:

MEMBER JOIN DATES:

| | |
|------------------|------|
| Newell, Stan | 1998 |
| Murrell, Gail | 2002 |
| Anderson, Bob | 2007 |
| Siagian, Marwan | 2008 |
| Jones, Mark | 2015 |
| Westerman, Jerry | 2016 |
| Retterer, Ron | 2017 |
| Breien, Doug | 2018 |
| Rodriguez, Don | 2018 |
| Brunton, Dave | 2019 |
| Rinaldi, Barney | 2019 |
| Palabrica, Paul | 2020 |
| Sickels, Chuck | 2020 |
| Sheline, Jeff | 2021 |

WE ARE BACK FOR LUNCH AT THE ELKS LODGE ON

MARCH 9TH!!!!!!!!!!!!

5631 CYPRESS AVENUE, CARMICHAEL

11:00 AM SOCIAL HOUR

12 NOON LUNCH

MARCH BIRTHDAYS:

| | |
|------------------|------|
| Kenney, Bob | 1923 |
| Newell, Stan | 1932 |
| Crippen, Dick | 1937 |
| Zarzana, George | 1940 |
| Dobrowolski, Joe | 1940 |
| Routsong, Gordon | 1941 |
| Sickels, Chuck | 1942 |
| Schafer, John | 1945 |
| Henley, Wayne | 1945 |
| Lenny, Paul | 1948 |
| Williams, Ralph | 1948 |
| Vijitakula, Paul | 1948 |
| Lum, Wes | 1949 |

MARCH WEDDINGS:

| | |
|--------------------------------|------|
| Crippen, Dick and Barbara | 1958 |
| Pennington, Dallas and Merrily | 1959 |
| Nemana, Gopal and Vijaya | 1967 |
| Adge, Fred and Cindy | 1972 |
| Fotopoulos, Phil and Soula | 1984 |
| Kopf, Buzz and Sheila | 1985 |
| Riley, Roger and Karen | 1993 |

*Please Join Us on Thursday, March 24th at
10:00 A.M. for an
Exceptionally Enjoyable Hike.*



This user-friendly trail loops around the Ancil Hoffman Park Golf Course and offers visitors numerous access points to the American River as well as opportunities to view wildlife. This is a great trail for hikers and walkers looking for a quick nature getaway.

WE ARE TRYING SOMETHING NEW!

We will have two groups: The Fast Walking Striders and Smell the Roses Strollers

DIRECTIONS

Take US-50 E to Exit 11 Watt Ave in Continue on Watt Ave to your destination in Carmichael.
2850 San Lorenzo Way Carmichael, CA 95608

GPS COORDINATES

38.245, -121.3122

If you have questions or concerns please don't hesitate to call or email me.
Brian Benner, btaxmanblb@aol.com 916-747-1139



Brian Benner
Striders



Paul Vijitakula
Strollers

