

# Ignacio Pacheco Branch News

Independence, Dignity and Social Activities for Men

Published by Branch 22 of SIR, Inc.\*

Volume 52 nb.9 September 2023



BRANCH 22, *Ignacio Pacheco*

**Price \$35**

Buffet with Chicken Picatta,  
Italian Sausages, Vegetables and Pasta

are you  
**READY**  
for some  
**FOOTBALL?**



**BIG TEN + 4, BIG 12 + 4: PAC 12 - 8**

Big Sir Jim Sasse  
707-996-8750  
Little Sir  
Wally Holmes  
415 892 1260  
Secretary Bud M'heger  
415 383 3763  
Asst. Secretary Richard Johnson  
415246 9792  
Treasurer Dave Thornton  
415 271 0508  
Asst. Treasurer Steve Miller  
415 381 8255  
Membership & Golf Chairman  
Bill Wilhelm  
415 786 6150  
Newsletter Jim Boughney  
415 259 1857  
**OTHER DIRECTORS**  
Floyd Heckman  
Mike Dean  
Jim Stein  
Jim Filippo



All activities arranged for you and or members of your family and/or guests whether by Sons in Retirement, Inc. and/or any of its branches and/or its members (jointly and severally SIRs) are for your convenience and pleasure you assume the risk of any participation in such activities and further hold SIRs harmless from and claims, demands or legal actions made by you, any member of your family or any guest of yours.



## **BIG SIR**

### **JIM SASSE AND HIS THOUGHTS**

Sasse's Thoughts for September 2023

You will receive this just before Labor Day and the end of our summer season. Celebrating the end is an important realization that in a short time that I have been a Sir member many of the faces of friends here are gone forever and that end will come to each of us in time. This continuous loss of so many of us causes me to reflect on the importance of the time we still must share with one another. I want us to improve communication among each other to pave the way to greater comradery and greater enjoyment of the time we still have. History does repeat itself, so we learn from our mistakes and prepare for our future events. So, share about vacations, food and restaurants, great golf days, and those special unforgettable shots! Share about the good card hands that took the winning pots. Talk up the good and share what we can. Look for the good and tell us how you found it.

Everyone who attended the dinner at Don. Antonio's, in Larkspur, enjoyed a good outing. It was fun to be together at such a large table enjoying good food. and conversation with our members and their spouses. It was quite a Feast indeed. We just had a second summer event at Mike Deans house on august 24<sup>th</sup> for our third consecutive picnic that this generous couple has hosted for us. Many members and their ladies attended and enjoyed the great food, mid-day sun and comradery among us. I hope many of you have thanked Mike and Debbie for opening their beautiful home to us.

While these events were well attended, my sense is that some of us need encouragement, others need a helping hand to get around or drive, especially at evening events. I request each of you to remember to reach out and offer to help those members that you have not seen, or you think may need help. Even if they stay home you act of caring with a call, or a visit will make their day.

Also, I have enjoyed this year being your Big Sir and was honored that you asked me to serve again next year. We are looking forward to the rest of this great year and a better one in 2024.

Stay cool and enjoy our summer.





# **BEC DIRECTOR'S MINUTES**

**Bud Pflueger, Secretary**

BRANCH EXECUTIVE COMMITTEE MEETING  
SIRS IGNACIO PACHECO BRANCH 22  
The Club at McInnis Park Golf Center, San Rafael, Ca.  
Tuesday, August 1, 2023

**CALL TO ORDER:** The meeting was called to order at 10:35 by Big Sir, Jim Sasse  
**ROLL CALL:** Present: Officers: Big Sir: Jim Sasse; Little Sir Wally Holmes, Assistant Secretary Richard Johnso, Directors: Jim Boughey as acting Secretary, Floyd Heckman, Steve Miller, Jim Stein, Mike Dean  
**Absent:** Director and Secretary Otto Pflueger, Treasurer, Dave Thornton, and Director Bill Wilhelm.  
**QUORUM:** Present

**MINUTES:** The Minutes from the July 11, 2023, Board Meeting approved, MSP

**TREASURER'S REPORT:** Balance as reported by Assistant Treasurer Steve Miller is \$5,199.71 MSP. Subject to audit. Miller reported on the financial success of the dinner at Don Antonio's.

**MEMBERSHIP:** Wilhelm absent.  
**Sunshine and Shadows:** Nothing to report reported by Pflueger to Sasse premeeting.

## **REPORTS:**

### **Big Sir Report:**

Jim Sasse reported that the State annual meeting will be attended by Sasse, Holmes and Boughey, Sasse being the voting representative for Branch 22. Due to planned absences several offices need to be covered by other BEC members. Golden Gate Racetrack closes in September and the SIR State organization has set up an event at the Turf Club for all SIR members. Reservations are to be made through the State organization. Boughey instructed me to do a flyer to Branch 22 members. We still have no area eight representative to whom we report such things as Minutes and Newsletters. These have been sent recently directly to the State. No volunteers from our board to accept this job were forthcoming.

**Events:** Mike Dean reported on the arrangement for the Annual Picnic that will be held at his home. Several plans were discussed, and it was decided to theme the event as a beach party, to use the same caterer as last year and to change the date from August 17 to August 24<sup>th</sup> because of a conflict with a SIR's golf event on the 17<sup>th</sup>. The menu and price were still a work in progress, but Dean was trying to keep the price \$55 or less. Boughey was instructed to send out a save the date message ASAP.

**Poker:** Next Monday, August 7 at Indian Valley.

**Sir of the Month:** None decided.

The meeting adjourned at 11:25. MSP  
Minutes prepared by Jim Boughey at the Big SIR's request.



## **September SPEAKER** **Wally Holmes Introducing**

**Ruben Hernandez**  
**Government & Legislative**  
**Affairs Representative**  
**Marin Sanitary Services**  
**Direct 415-456-2601**  
1050 Andersen Drive,  
San Rafael, CA 94901



Ruben Hernandez is Marin Sanitary Service Government & Legislative Affairs Representative, handling legislative, and regulatory actions, including statewide and local initiatives. He provides guidance on a host of regulatory issues, as well as helps communicate and interact with local government officials, State agency regulators, State legislators, interests' groups, and industry associations. Ruben has worked at Marin Sanitary Service for over ten years in different capacities, and prior to his present role, he helped manage the Food to Energy program as the F2E & Commercial Organics Recycling Programs Coordinator.

Additionally, Ruben is very involved in the community and has served as Board Member of the Multicultural Center of Marin since 2016. He has also been involved with The Marin Latino Leaders and the Rafael Evening Rotary Club volunteering for various community projects around Marin County. Furthermore, he has volunteered as a soccer coach at Novato High School since 2015. Ruben is a graduate of the San Rafael Chamber of Commerce Leadership Institute and the California Resource Recovery Coalition Next Generation Management and Leadership Program. Ruben's passion for communicating with all kinds of people led him to earn a degree in Spanish and Modern Languages and Literatures in 2010. He's fluent in Spanish and Portuguese, proficient in Italian and he's currently learning Swedish. In his free time, he enjoys playing and coaching soccer, playing music at private and public events, and spending time with his family.

His topic today is Marin Sanitary's role in environmental stewardship, conservation, and sustainable practices. Ruben's role includes the company's outreach to commercial customers to educate them on the many different local and State Laws affecting them and to enroll those commercial customers into the various recycling and resource recovery programs offered by Marin Sanitary to help them comply with multiple laws and regulations. Ruben managed Marin Sanitary's state-of-the-art Food to Energy program in a very successful way, expanding it from 56 participants to 230 participants since taking over the program.



## MARIN RESTAURANT ADVICE AND NEWS

Mike Dean

### DINNER IN THE GARDEN

#### Restaurant Review

By Mike Dean

SIR Branch 22

Marche

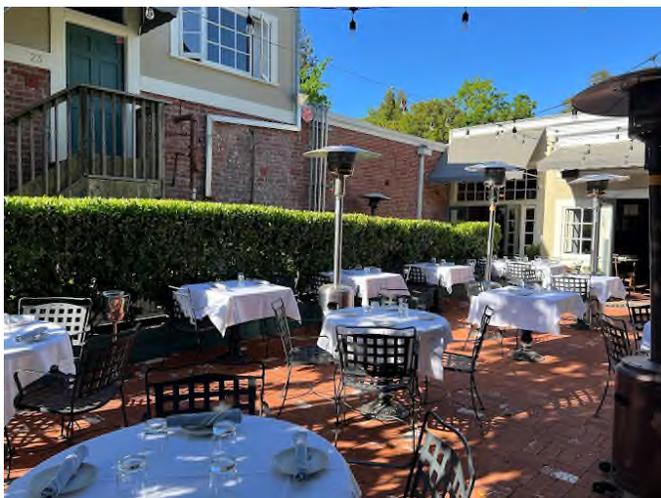
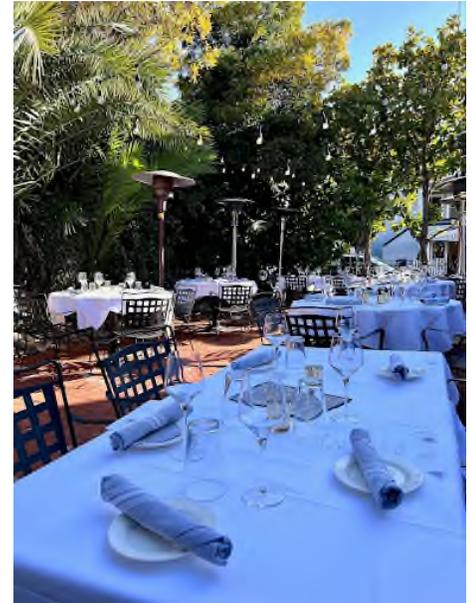
23 Ross Common, Ross, CA

Remember the old restaurant called Marche aux Fleurs in Ross? Always good meal - albeit a little pricey - in a delightful setting. Bet you haven't even thought about it in ages. Well, it's time to give it another shot!

Recently purchased by my friends Darren and Alecia Banks, it features a new menu with much the same wonderful ambiance – especially outside. Darren and Alecia were from Marin originally but spent the past years in on the Caribbean Island of Anguilla running a very popular French restaurant. They just returned to Marin at the urging of their son, so he could go to college in the US.

After research, they ended up in the old Marche aux Fleurs space in Ross, renaming it just **Marche**. They kept it a French bistro style and changed the menu to suit their talents and creativity. The inside is plain and cute “bistro-like” with only a wine bar, but the outside is the coolest patio I've been in recently.

The dishes are great, good, and ok & rich - depending on your choice. Some pasta dishes have home-made pasta. The homemade pasta Gnocchi was great the first two times and only passible the third. I loved the Gem Salad and it's big enough to share. They have everything from a whole roasted cauliflower (my daughter's fave) to steak, halibut, chicken, and duck. Weekly specials too. Homemade bread, ice cream and desserts too. Prices vary naturally on your selection, but the French and Spanish wines are reasonable, and nothing is over the top.



Darren, Alisha, and the others are sooo nice and friendly and parking was easy the times we went.

Try it on a warm night - outside for the first time if you want a treat!





## **FOR BRANCH 22**



Sandt & Marianne Grieve 09/03

Ray & Bonnie DeLeon 09/04

David & Suzi Norris 09/10

Matt & Nell Petri 09/29



Gerald O'Sullivan 09/01

Ray DeLeon 09/16

Don Dimitratos 09/25

Jim Flippo 09/25

Your Branch 22 has a WEB Page as part of the SIR INC web site. This page is maintained by Member Rich Seyler who is doing a very good job. Check it out with this hyper link.

[SIR Branch 22 \(sirinc2.org\)](http://sirinc2.org)

**July 17 Branch 22 Dinner at Don Antonio's.**



**August 24 Branch 22 Annual Picnic  
Mike and Debbie's Waterfront Home, Larkspur**





## **SIR, Inc. State of the STATE and Other Branches September 2023**

**STATE NEWS:** 2023 brings significant change to the SIR organizational structure. First off, the Region Director position will be discontinued. Secondly the title Area Governor will be replaced by Area Representative with major changes in the job description. Without a Region Director and with Area 8s continuing Area Governor vacancy there are concerns about the communication link between the Area 8 branches and those at the state level in SIR. It has been recommended that the branches in Area 8 elect an Area Representative ASAP. The new Area Representative reports to the Vice President of SIR. *August 31<sup>st</sup> is the SIR STATE ANNUAL MEETING, at that meeting Lee Lamp will be elected the Representative for Branches in Area 1,3,4,5,6,9&11; R Provost will be elected the Rep for Branches in Areas7, 10,13,&18; Bruce Corwin will be elected for Branches in Areas 14,15,16 & 19..* **So far Group 8 (that is us) has not yet elected a representative and there is no plan to do so!** *We are losing out, if you want to be nominated talk to Mr. Sasse who can nominate you at the annual meeting.*

**See Full State News @ <https://sirinc.org/?s=Happenings>**

### **Come to the last-ever horse race outing at Golden Gate Fields.**

It will take place on September 25, 2023. Your State SIR Board has approved this special event. We have reserved standard seating at the racetrack in the Turf Club. All Sirs and their guests are welcome. More information below the picture... The \$76 per person is an all-inclusive amount for parking, the racing program, seating, a 3-hour all-you-can-eat private buffet, tax, and gratuity. Please send your check with your name and the names of your guest/s, plus your phone number and Branch number (on a separate sheet if necessary). The check needs to be made out to Lee Moy. Forward your check to Lee Moy, 127 N. Helm Ave., Clovis. Deadline: September 20th. Q/A: Any questions please contact me at [leehealthstudio@gmail.com](mailto:leehealthstudio@gmail.com) or text: (559) 709-9851.[ Directions: Physical address: GGF, 1100 Eastshore Highway, Albany 94710. Entrance to the Turf Club by noon; races begin at 1:30 pm. Consider wearing fancy hats and matching theme outfits. ]



# SIR HAPPENINGS

The Third 2023 quarterly issue is now posted and contains news and these interesting articles among others:

1. New trends in internet features based on AI that will once again change the way we live!
2. Attracting new member ideas.
3. The trend of violence and disaster of the last 20 years are unique in history.
4. More about Bias of several more kinds.

A UN report on the happiness of world population (the US ranks 19<sup>th</sup>!)

<b>President</b>	Richard K Kindle 3912 Eastgate Dr, Denair, CA 95316-9561	<RICK@KINDLEANDASSOC.COM> Branch 143 209-652-8608
<b>Vice President</b>	David Gonzales 811 Calico Dr. Rocklin, CA 95765	<YOGONZO@YAHOO.COM> Branch 98 916-587-3538
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SIR STATE OFFICERS WILL CHNGE NEXT MONTH

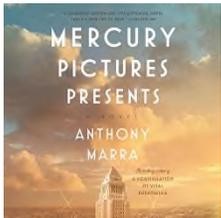


## TURNING PAGES

### Bud Pflueger

“*Mercury Pictures Presents*” by Anthony Mara, 2022, Historical Fiction Genre

Artie Feldman is the owner/producer of a failing movie studio: Mercury Pictures. His longtime assistant, Maria really does all the heavy lifting. Maria comes from a small area of Calabria, San Lorenzo, which under prewar Mussolini was partly also an open area confinement center or prison.

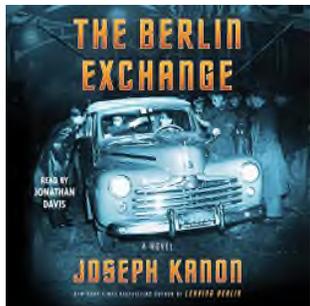


This brilliant second novel by Mara ties together the old world and its characters with the new world in Hollywood. It alternates in time and characters. It focuses on the prewar prejudices against Jews and aliens in general in American, during the war and after.

The author focuses in depth upon the complicated psychology of Maria, badly traumatized by a sense of guilt over her father’s status in San Lorenzo, about her fierce independence and self-hate preventing her from true love.

This deep, complex tapestry is a masterpiece, with humor, tragedy and love, a story of immigrants in a time when European luminaries were flocking to California to escape the looming horror of fascism, only to discover similar prejudice and rejection in America. You will love this novel.

*“The Berlin Exchange”* by Joseph Kanon, 2021 Mystery/spy thriller genre



Martin Keller, an American, after six years in a British prison for spying for the GDR/Russia is exchanged on request of East Germany to be repatriated to the East, 1962. Martin has an ex-wife, Sabine, and an eleven-year-old son, Peter, living with her new husband, Kurt, who meets Martin at the exchange. So begins an intriguing, suspenseful story of illegal black-market schemes, betrayal and murder. All is hidden, cloaked in clouds of suspicion through which Martin, the ultimate survivor, attempts to get his son, Peter, out of the East.

The author is one of the best in the genre and this novel is amongst the best he has written. I highly recommend this novel to those who enjoy the genre.

## **POKER**

SUBMITTED BY WALLY HOLMES

### **The Next Sirs Poker Game Is Scheduled for Monday Sept. 11, 2023**



We had a low turnout to play poker on August 7<sup>th</sup>. Steve Miller and I showed up and had a nice breakfast at 9 AM overlooking Stafford Lake. Initially we only had four players playing poker since Tom Fox canceled out since he had to work. Steve Miller, Ed Marshall, Dan Bastian, and I played until approximately 11:30, then Mike Dean showed up to play. Dan had to leave early due to an appointment and we decided to terminate the game at 12:30 PM. Within one hour of playing poker, Mike Dean became the big winner, second was Dan Bastian, and next winner was Ed Marshall. The big loser was me and Steve lost a few dollars but not too much.



We sorely missed Bud Pflueger, Jim Stein, Tom fox, Gene Gallagher, and others. We hope they are able to make it in September.

If you don't play poker, and need a good breakfast, the Indian Valley 19<sup>th</sup> hole Bar and Grill, servers an excellent breakfast. Please join us for breakfast at 9 AM, we have a good view of the Lake and always enjoy getting together with good friends.

Also, if you do not know how to play poker and would like to learn, please contact us. We would love to have you join our poker group and we would be incredibly happy to collaborate with you and teach you how to play the various games.

The Sirs Poker Club plays poker on the first Monday after the regular Sirs luncheon. As members of Sirs, we have a great time. Please take the time to join us. If you think we can improve our games and get larger turnouts, give us your thoughts and comments? We would like to improve in the number of players and have a fun outing and enjoy good friends and food.

There is a \$50 buy in to play poker. The red chips are 50 cents, black chips dollar and the yellow chips are five dollars. There is a 3 raise maximum and it is dealer's choice on the game they would like to play. The deck has one joker, and it goes with aces, straights, and flushes. However, if you name a wild card game such as down and dirty, the joker automatically becomes wild unless you state at the beginning the joker is not wild.



## TREASURER'S REPORT

**Dave Thornton**

Sirs Branch 22 Expenditures for the Month of  
Jul-23

<u>Date</u>	<u>Check Number</u>	<u>Payee</u>	<u>Memo</u>	<u>Category</u>	<u>Deposits</u>	<u>Expenditures</u>	<u>Balance</u>
			<u>Ending Bank Balance June 30,2023</u>				\$ 5,195.70
6/2/2023	1045	McInnis Golf	Monthly Lunch			985.99	\$ 4,209.71
6/8/2023			Lunch Collection		980.00		\$ 5,189.71
7/19/2023	1047	Mike Dean	Reimburse for SIR 22 Dinner			2,100.00	\$ 3,089.71
7/26/2023			SIR 22 Dinner Collection		1960.00		\$ 5,049.71
<b>Totals</b>					\$ 2,940.00	\$ 3,085.99	\$ (145.99)
<b>BANK BALANCE</b>							\$ 5,049.71

Outstanding Checks

Total Outstanding Checks:	\$ -
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Petty Cash Box

Petty Cash Box	\$ 150.00
<b>NET BALANCE</b>	\$ 5,199.71



## **MEMBERS OF BR 22 ARE FREE TO SUBMIT ARTICLES THEY WRITE TO THE EDITOR AND FLOYD HECKMAN HAS. It's Called "1%ers".**

99% of those born between 1930 and 1946 (worldwide) are now dead.

If you were born in this period, you are one of the rare surviving one percenters of this exclusive group.

Their ages range is between 77 and 93 years old, a 16-year age span.

### **INTERESTING FACTS ABOUT THE 1%ERS:**

You are the smallest group of children born since the early 1900s.

You are the last generation, climbing out of depression, who can remember the winds of war and the impact of a world at war that rattled the structure of our daily lives for years.

You are the last to remember ration books for everything from gas to sugar to shoes to stoves.

You saved tin foil and poured fried meat fat into tin cans.

You can remember milk being delivered to your house early in the morning and placed in the "milk box" on the porch.

Parents and teachers enforced discipline.

You are the last generation who spent childhood without television; instead, you "imagined" what you heard on the radio.

With no TV, you spent your childhood "playing outside."

There was no Little League baseball.

There was no city playground for kids.

The lack of television in your early years meant that you had little real understanding of what the world was like.

We got a "black-and-white" TV in the late 40s with 3 stations and no remote.

Telephones were one to a house, often shared (party lines), and hung on the wall in the kitchen (no cares about privacy).

Computers were called calculators; they were hand-cranked.

Typewriters were driven by pounding fingers, throwing the carriage, and changing the ribbon.

'INTERNET' and 'GOOGLE' were words that did not exist.

Newspapers and magazines were written for adults and the news was broadcast on your radio in the evening (your dad would give you the comic pages when he read the news).

New highways would bring jobs and mobility. Most highways were 2 lanes (no interstates).

You went downtown to shop. You walked to school.

The radio network expanded from 3 stations to thousands.

Your parents were suddenly free from the confines of the depression and the war, and they threw themselves into working hard to make a living for their families.

You weren't neglected, but you weren't today's all-consuming family focus.

They were glad you played by yourselves.

They were busy discovering the postwar world.

You entered a world of overflowing plenty and opportunity; a world where you were welcomed, enjoyed yourselves.

You felt secure in your future, although the depression and poverty were deeply remembered.

Polio was still acrippler. Everyone knew someone who had it.

You came of age in the '50s and '60s.

You are the last generation to experience an interlude when there were no threats to our homeland.

World War 2 was over, and the cold war, terrorism, global warming, and perpetual economic insecurity had yet to haunt life.

Only your generation can remember a time after WW2 when our world was secure and full of bright promise and plenty.

You grew up at the best possible time, a time when the world was getting better.

More than 99% of you are retired now, and you should feel privileged to have "lived in the best of times!"

**If you have already reached the age of 77, you have outlived 99% of all the other people in the world who were born in this special 16-year time span. You are a 1%er!**



# Golf

## Bill Wilhelm

Data by Rich Seyler

Foxtail North  
8/2/2023  
Gold Tees

Flight	Rank	Last	First	Index	Hdcp	Gross	Net	Points	Purse
1	1	Miller	Steve	24.6	18	87	69	10	\$20.00
1	2	Lambertson	Peter	17.5	11	84	73	9	\$15.00
1	3	Lynch	Jim	21.9	16	93	77	7	\$10.00
1	4	Harris	Ted	15.4	9	88	79	5	
1	5	Collings	Ron	11.0	5	85	80	3	
1	6	Fox	Tom	16.3	10	94	84		
1	7	Quinn	Brian	22.2	16	101	85		
1	8	Petri	Matthew	20.4	14	101	87		
2	1	Morrison	Tom	27.2	21	94	73	10	\$20.00
2	2	Ulloa	Bernard	28.1	22	96	74	*	\$15.00
2	3	Yam	David	29.6	23	97	74	*	\$10.00
2	4	Heckman	Floyd	30.1	24	102	78	5	
2	5	Marney	Alan	36.2	30	110	80	3	
2	6	Rawles	Jeff	27.0	21	102	81		
2	7	Gallagher	Gene	28.0	22	105	83		
2	8	Dean	Michael	26.0	20	DNF	DNF		

\* Tie Breaker Used

**Closest to the Hole:**

#6	Ron Collings	30' 9"	\$10.00
#13	Peter Lambertson	17' 11"	\$10.00

**TOTAL**      68      \$110.00





## Announcing the 2023 SIR State Golf Individual Championship - Open Event

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The SIR State Golf Committee wishes to announce the 2023 SIR State Individual Golf Championships that will be held on Thursday October 5<sup>th</sup> at "The Reserve" golf course near Stockton. This golf event is open to all SIR golfers but limited to the first 112 golfers to sign up, after that a waiting list will be established. You must have a NCGA or USGA sanctioned index with any recognized golf club. For more details on this event click on the link below or visit the SIR State Golf website at [www.sirgolf.org](http://www.sirgolf.org). Registration for this event will open on Saturday August 19<sup>th</sup>. The registration form can be found on the golf website listed above. This event will use the same format as in prior years. There will be seven flights established by handicap index. Each flight will compete (Medal Play) to determine the winner of their flight who will then be awarded a commemorative jacket as 2023 Champion of their flight. There will also be a tournament prize fund with prizes awarded for the best net rounds of the day. Entry fee for this tournament is \$80 which includes golf, cart, range balls and prize fund.



# TIME TO LIGHTEN UP



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8/16

"And remember, son, if at first you don't succeed ... apply for a government job!"



SURE, OUR STRIPES CONFUSE PREDATORS, BUT THIS OUTFIT WILL MAKE THEM REALLY DOUBT THEIR SENSES.

The SUBJECTIVITY of UNIVERSAL TRUTH



PICT. BY ANDREWS MITCHELL SANDKISTON

GOCOMICS.COM/NONSEQUITUR