

*A Non-Profit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement
Our mission is to improve the lives of our members through fun activities and events while making friends for life*



ROOSTER TALES

Next Luncheon - Thursday, November 2nd
The Elks Lodge - 200 Marina Blvd, Pittsburg

Big Sir Message



Herb Forthuber

So here we are in the final quarter of 2023. Hard to believe how fast this year has flown by. Now we are preparing for all the festivities for the Holidays. Let's not forget we have Thanksgiving and Christmas coming in no time at all. Oh, we can't forget Halloween either. I personally love it when all the kids come by to collect the treats from the house.

My time as Big Sir is rapidly approaching the end of my term. Let's all wish Roger Moseley well when he takes over as Big Sir next year. And let's not forget Jim Cala who will be the Little SIR next year.

From my perspective, I like to think I've led this Branch 19 well this past year, thank you for allowing me the privilege of holding this position for the past year.

Herb Forthuber (BIG SIR)

Lunch Menu

- Chips, Salsa and Bean dip
- Mixed Greens with dressing
- Enchiladas – Chicken
- Burritos – Pork
- Spanish Rice
- Refried Beans



New Sir Members

No New Members in October

November Birthdays



John Ackers	Joe Gillis
Richard Balovich	Gary King
Vincent Ciccarello	Ken Kuhn
Ronald Costanzo	Art Ray
John Fernando	Stephen Valentine

November Anniversaries

First Name	Last Name	Joined Sir	YR SIR
Myron	Allen	11/02/95	28
Mike	McKay	11/04/04	19
Milton	Momita	11/04/04	19
Patrick	Rotell	11/04/04	19
Roy	Priest	11/05/09	14
Ron	Ingersol	11/04/10	13
James	Wyllie	11/01/12	11
Dennis	Wasco	11/02/17	6
Dennis	Jones	11/07/19	4
Roger	Moseley	11/07/19	4
Lou	Gilson	11/05/20	3
Larry	Amado	11/16/22	1
Dean	Buerke	11/03/22	1
Martin	Shellhammer	11/03/22	1

Financial Statement

Treasurer Report
September 30th, 2023

Account Balances

Petty Cash	\$250.00
General Account	
Unencumbered	\$6,457.25
Excursion Fund	00.00
Holiday fund	00.00
Picnic Fund	59.00
Total General Acct.	\$6,516.25
Custodial Account	
Bowling	\$574.44
Golf	\$2015.25
Total Custodial	\$2,589.69
Total Funds	\$9,355.94

Sir Dennis Barbieri

The Calendar

- Sir Luncheon** – Thursday, November 2nd
- Hiking – Rimer Creek Loop** – Wed, November 15th
- Sums in Retirement** – Tuesday, December 25th
- Area 2 Fishing Group** – Thursday, November 16th
- Golf, Bocce, Bowling** – (See below)
- Wine Tasting** – November Date TBD
- Dine Around** – November Date TBD

November Speaker – Laura Nakamura



In November 2022, Concord residents in District 5 elected Laura Nakamura as their voice on the City Council. A devoted community leader, Laura's journey in shaping Concord began long before her political career.

Laura's commitment to her community is rooted in her faith life. In her faith community at St. Bonaventure led a ministry group; she has volunteered and provided boots on the ground support to unsheltered people with warm breakfast burritos, blankets and socks. In 2021, she was appointed to Concord's Community Services Commission.

Laura's day job is in healthcare - she's a pediatric cardiac sonographer for Children's Hospital Oakland. Her career in healthcare provides her with a unique perspective on the challenges faced by local families.

Laura's leadership extends beyond policy making; it embodies empathy, understanding, and a genuine commitment to the well-being of all Concord's residents. Her work as Chair of the Homelessness Strategic Plan Working Group reflects her dedication to creating a city where everyone, regardless of their circumstances, can access the support and resources they need to thrive.

With a multifaceted background, Laura brings a compassionate and holistic approach to her role on the City Council. Her priorities include a sustainable future, public safety, affordable housing, and responsible development. Her vision for Concord is inclusive and vibrant, where every resident is valued and can participate in our community.

Laura will be addressing the Concord Naval Weapon Station and housing.

New Luncheon Policy

Branch 19 must pay for lunches that are initially reserved and then cancelled. In order to avoid financial loss, the following policy has been enacted by the Branch 19 Branch Executive Committee:

1. Luncheon cancellation is required by 5pm on the Friday prior to the luncheon.
2. If not cancelled the luncheon cost will be invoiced at the next luncheon.

Member attendance at BEC meetings

***Anyone is welcome to attend the Branch 19 Executive Meetings
These meetings are held typically beginning at 9:30am
on the morning of the monthly luncheon***

If you would like to voice an issue related to SIR, or just wish to attend a Branch 19 Executive Committee meeting please email **Herb Forthhuber** herbforthuber@yahoo.com to reserve your place in the meeting room.

Pro Shop
 SHOW PRIDE IN BEING A SIR!
 Wear, buy, provide your Branch the SIR Brand!

SIR
 SOCIAL ACTIVITIES FOR MEN
 WeAreSir.com
 SIRInc.org

Order From this link:
<https://sir.ourproshop.com/>:



(Note: Hats are again available on the website)

CC County Covid Updates



Covid 19 updates for Contra Costa County are available at the following link:

<https://coronavirus.cchealth.org/>

NOTE:

Free COVID test kits are again available at [COVID.gov](https://www.covid.gov) - [Free at-home COVID-19 tests](https://www.covid.gov)

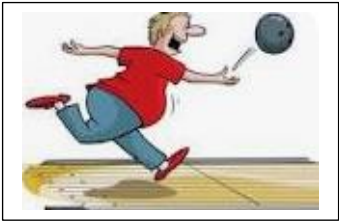


Please feel free to bring a guest to the SIR luncheons

If bringing a guest, please follow the Guest Requirements specified in the monthly SIR luncheon email notification which is sent to all SIR Branch 19 members.



Message from the Activities Chairman



Roger Moseley



Marion Souza

Branch 19 Sir's visited the Rosie the Riveter Museum on Friday, September 29th where they were introduced to Marion Souza who was a member of the Rosie the Riveter Team at the Richmond shipyards during WWII.

Marian McKey Souza was born January 6th, 1926 in Eugene Oregon – the daughter of Sgt. L.H. and Mildred McKey. In 1940, her father, a career serviceman who was a WW I Vet, was transferred to the Astoria, Oregon area at Fort Stevens so the family moved to the coastal town of Seaside. Marian was 15 that December 8th when she sat in her High School's auditorium to hear the speech by President Roosevelt, declaring that the U.S. was now at war with Japan because of the devastating attack on Pearl Harbor on December 7, 1941. *Continued Below*

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In the summer of 1942, Marian rode a Greyhound bus from Oregon to Richmond, CA., to be the babysitter for her young nephew, so her sister, Phyllis, could join *Continued Below*

Her husband as a welder, building deckhouses in Pre-Fab in Shipyard #2. Marian met her future husband - a Coastguardsman- that summer and didn't return to Oregon as planned. Instead, she enrolled in Richmond High School for her senior year. They married in the Spring of 1943 and upon graduation she was recommended for a special Engineering Drawing course at U.C. Berkeley by her high school art teacher, learning how to read and draw blueprints.

Immediately upon graduation she was hired by Kaiser Shipyards to work as a Draftsman from 1943-1944 at Richmond Shipyard #3 where she made revisions to blueprints of troop transports built at Yard #3 in the Engineering Department. She was located in a room with other young people while the Architects, the senior men draftsmen, were in another room, doing the intricate, technical work. Her job was to take the Architect's drawings, erase areas and draw in any revisions. She recalls fondly that the Architects never looked down on them and they treated them with respect. A second sister, Marge, arrived and became a welder in Shipyard #2. After their father was transferred to Camp Stoneman in Pittsburg, CA., their mother Mildred placed the youngest McKey daughter in Kaiser's childcare and joined the growing workforce of women as a painter. Four McKey women were involved in the war effort now!

Phyllis & her husband had a house in San Pablo and though it was small it housed both sides of their families. The beds were in a constant rotation by the family members working in the day, swing or graveyard shifts. Marian worked a year before impending motherhood ended her time as a home front worker. And those same Architects gave her a surprise baby shower! Today, Marian volunteers at the Rosie the Riveter WW II Home Front N.P. where she can still see the area in which she worked so many years ago.



New Branch 19 Shared Activities

Great news for SIR Branch 19 members!

Branch 8 in Walnut Creek is inviting Branch 19 members to selected activities including:

1. **Pickleball**

Played on Thursday mornings at 8:30 at Willow Pass Community Park in Concord. Ladies are welcome. To sign up, contact Nick Maufe at ickmaufe@gmail.com or go to <https://www.sirbr8.com/pickleball/> for more information.

2. **Pinochle**

Meets on the second and fourth Wednesdays of the month at Rocco's Restaurant in Walnut Creek at Encina Grande Shopping Center. Meet for lunch at noon with cards from 1:00 to 3:00. Ladies are welcome. To participate contact Stan Johnson at stan.johnson88@gmail.com, or visit their website at <https://www.sirbr8.com/pinochle/>.

3. **Science & Astronomy**

Consists of a daily email called "Sigma Xi SmartBrief". It contains links to half a dozen science articles from English language scientific journals around the world. It covers a broad selection of topics in science, engineering, medicine, and astronomy. To learn more, contact David Bushnell at dbushn@swbell.net or go to <https://www.sirbr8.com/sir-science-online/> for more information.

4. **Opera/Ballet**

The Opera and Ballet activity, consists of sending out advance information and published reviews of live Met Opera performances and Bolshoi Ballet that are transmitted by Fandango in HD to our local Century theaters. To see what's coming, please go to <https://www.sirbr8.com/opera/> or contact David Bushnell at dbushn@swbell.net.

5. **Internet Games**

Internet Cribbage is played each month in a tournament format as a two-person game, one on one. *Mexican Train Dominoes* is also played online with all players connected by Zoom. To sign up, contact Don Atwater at datwater@pacbell.net or go to <https://www.sirbr8.com/internet-games/>.

6. **Poker**

SIR Branch 146 in Walnut Creek has invited Branch 19 members to join in their Poker Group #4! If you would like to play, please contact Pete Gates at petegates10@gmail.com or call him at 925-937-2035. Games are usually scheduled for 1-4 pm on the 4th Monday of each month. Hosting is rotated between members' homes. The host provides light snacks and beverages. Buy-in is \$10 and stakes are nickel, dime, and quarter with a limit of three raises. Dealer antes a nickel per player.

We are excited to offer these new activities to our Branch 19 members and want to thank the Walnut Creek Branch for inviting us to join. If you are interested in joining any of these groups, please contact them directly thru the Activity Chairs mentioned above or thru their respective websites.

When signing up, please provide your name, branch (19) and email address.

Roger Moseley

Ways to Serve Your Branch

*The following is a list of available Branch 19 positions
If you are interested in any of these volunteer positions please email
Herb Forthuber herbforthuber@yahoo.com*

Recruiting Chair

Activities Chair (Currently: Roger Moseley)

Sunshine Chair

RAMP Members: *These roles work with the Little Sir to help grow our branch*

Social Ties Boost Survival by 50 Percent

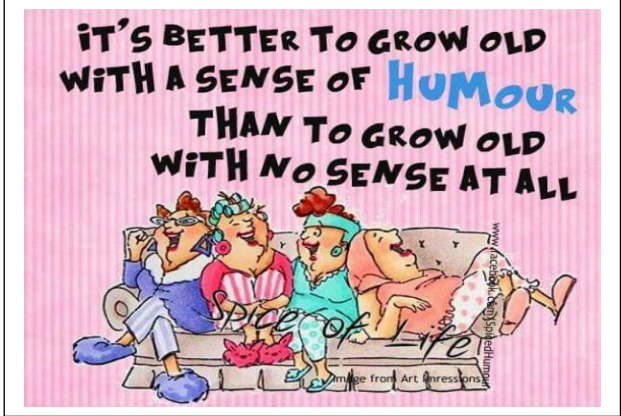
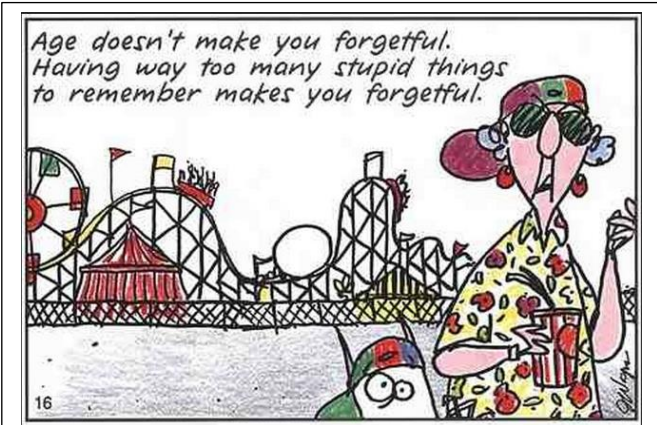
WHO KNEW? BEING A SIR MEMBER PUTS YOU AHEAD IN THE GAME!

A meta-study covering more than 300,000 participants across all ages reveals that adults get a 50 percent boost in longevity if they have a solid social network

<https://www.scientificamerican.com/article/relationships-boost-survival/>



COMEDY CORNER



Branch 19 Activities

October Luncheon



Sir John Carl was the recipient of the "Ugliest Hawaiian Shirt" Competition



The participants in the "Ugliest Hawaiian Shirt" Competition



The Elk's club provided an excellent Italian luncheon. The speaker "Bob Casper" provided an interesting presentation regarding Reverse Mortgages and stated that they are beneficial but, depending on individual situations, may not be for everyone.

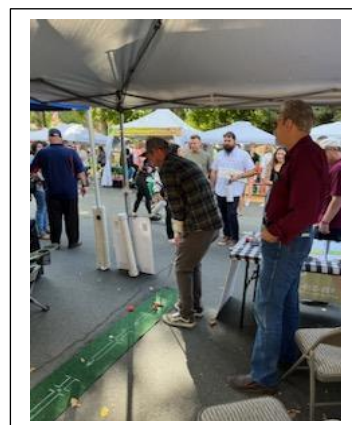
Sir Branch 19 at Oktoberfest



The weather was great and crowds steady at the Clayton Oktoberfest this year. Once again SIR had a tent to promote our Branch and sign up new members. This year we received 14 referrals which we are pursuing. Thanks to the efforts of Gail and Dennis Barbieri we had a prime location.

Special thanks to the SIRs who worked the booth: Bob Nagata, Gary King, Mel Boksenbaum, Rich Balovich, Mark Mulholland, Kirk Polson, Walt Rogers, Rich Peterson, Tom Kostik, Dennis Wasco, Jim Martin, Dale Foster and Roger Moseley.

Sir Dennis Wasco



Hiking Group – Briones Reservoir



SIR Don Ruddell



Have you ever held a 3 week old Great Dane pup?

Several of us SIR hikers enjoyed a beautiful day hiking the Hampton Trail to Briones reservoir on Wednesday, October 18.

After the hike, we further enjoyed a tour of Rancho Pardis in Briones and a picnic lunch on the property. Rancho Pardis is owned and operated by Sir Rich Peterson's family and the ranch provides many educational activities for children as well as training for horseback riding and ranch life. Chickens, goats, horses, ducks and pigs are on the property as well as currently, ten 3 week old Great Dane pups! Quite an experience!

A big Thank You to Rich Peterson and his family for the tour! Also along for the hike and tour were Sir's Roger Moseley, Frank O'Roarke, Lee Boner and myself.

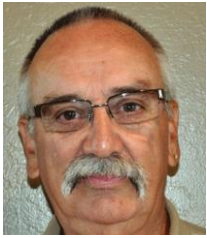
Save-the-date: We'll be hiking the Rimer Creek Loop in Moraga on **Wednesday, November 15 at 10:00am**. More details to come in an email the first week of November.

Please don't hesitate to contact me at the email address below with any questions or concerns or ideas for future hikes.

Sir Don Ruddell druddeldds@gmail.com (925) 787-7585



Branch 19 Golf Information



Sir Jerry Burton
(Golf Chair)

ajgolf24@gmail.com

Cell: (925) 682-9797

Home: (925) 827-1909

Nine Hole Golf Group

(Buchanan Golf Course)

For Information Call Martin Fennell

925-212-9243

Martinfennell54@gmail.com

18 Hole Golf Schedule

Nov 7 th	Lone Tree
Nov 14 th	Hiddenbrooke
Nov 16 th	Cyrpess Lakes (Thursday)
Nov 21 st	Lone Tree
Nov 28 th	Elk Horn

(All start times will be 9:30am)

18 Hole Golf WINNERS !!

Blue Rock (Oct 24th)

Flight A: Bill Hockenson

Flight B: John Ackers

Flight C: Roger Moseley

Micke Grove (Oct 19th)

Flight A: John Ackers

Flight B: Tom Lathrop

Loan Tree (Oct 17th)

Flight A: Art Ray

Flight B: Dan eBuerke

Flight C: John Ackers

Loan Tree (Oct 10th)

Flight A: Miles Nikaido

Flight B: Louie Audas

Flight C: Rich Peterson

Flight D: Mike Scott

Loan Tree (Oct 3rd)

Flight A: Chuck Walls

Flight B: Dwayne Williams

Flight C: Joe Gillis

Flight D: Mike Scott

The Bocce Report



The Bocce season will resume in 2024.

SIR Tom Lathrop

lathrop689@aol.com

SIR Branch 19 Bowling News



We have only bowled 7 weeks of the 2023-2024 Season and a lot of new people in the league. We have 52 bowlers and 13 Teams. We bowl for 16 weeks in each half so around the first of January we should be doing roll offs for 1st and 2nd Place for the first half. It is a very close race to 1st place right now with 5 teams fighting for the top!

SIR Mike Kropf mdkropf@astound.net

Gary Kaufmann gkaufmann813@gmail.com

Golf - Golden Year Championship

Hello Golfers,

Lots of sunshine and water hazards at Micke Grove Golf Course today, the site for the final round of the Golden Year Championship. A champion has been identified, but the accolades and prizes for all the GY Participants will be shared at our Annual Golf Awards Luncheon. SIR Jerry Burton has plans to move the ceremony to a new date.

I look forward to congratulating our **New Champion, SIR John Ackers** and all the GY Winners for 2023 at our Annual Luncheon. Be sure to attend!

Details of the final competition are detailed below:

Cheers,

Bill Hockenson

The Column D on the right is your handicap for Micke Grove 10/19/2023
Good Luck!!

	Handicap at Micke Grove Based on Player Index	Golden Year Bonus Handicap Added	Adjusted Handicap for Final Round at Micke Grove	Gross Score at Micke Grove 10/19/2023	Golden Year Net Scores for Final Round	2023 Golden Year Final Standings
Ackers	19	10	29	90	61	1st Place
Nikaido	4	8	12	82	70	2nd Place
Hockenson	6	0	6	79	73	3rd Place
Mulholland	10	6	16	91	75	4th Place
Burkard	20	0	20	96	76	5th Place
Audas	17	4	21	99	78	6th Place
Hillaker	22	2	24	103	79	7th Place
Buerke	14	0	14	94	80	8th Place

State Sir Happenings



Dave Gonzales
(Sir State President)

Below is a link to “The Happenings” which is produced by the State SIR organization. It contains information from State SIR and contains many of the SIR Newsletters from SIR Branches throughout California. If you have an interest in knowing what’s going on with State SIR or other SIR branches, please click on the link below.

[Click here to download your personal copy of Happenings](#)

PLEASE Donate to the Concord Food Bank



Food Drive
**PLEASE BRING A NON-PERISHABLE
FOOD DONATION TO THE NEXT
LUNCHEON**

Please bring non-perishable food *in jars, cans, and sealed packets (No Glass please)*. We recommend sauces, soups, beans, vegetables, honey, peanut butter, candy, boxed juices, long-life milk, coconut cream and fish in oil. *(Please do not bring food with expired “use by” dates)*.

Sir Jerry Burton will collect the donated food and take it to the Concord Food Bank.

Thanks for your help, it will make a big difference in someone’s life!!!!

SIR Branch 19 Wine Tasting Group Meeting

Please Note: There will be no Dine Around in November or December. See you in January.

Wine Tasting

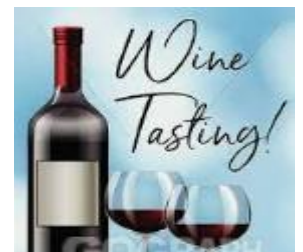
Date: Friday, Dec 1st. *(Please bring your favorite Chardonnay and an appetizer to share).*

Where: Home of Don & Ruth Weimann
5738 Roanwood Way, Concord – (925)-672-7711

Time: 5:30pm

We hope to see you there.

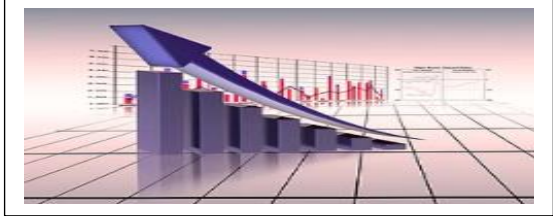
Sir Don Weimann



Activities at Other SIR Branches

SIR Branch 128 - Investments / Wealth Management

\$ums Investment Group
Next Meeting (Tue, December 5th)



Due to the holidays, we won't meet in November. We will again join Branch 128's (San Ramon) Investment Group Zoom meeting on Tuesday December 5 at 1:30 PM. Please adjust your calendars. The topic will be announced.

Chair - Tom Henry - Branch 174 tomhenry925@gmail.com
 Co-chair Dave Sutton - Branch 8 - davesutn@comcast.net

Area 2 - Fishing Group



The Legends
Diablo Creek Golf Course
4050 Port Chicago Highway in Concord
Next Meeting November 16th 8:30am



SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Contacts are Bob Lively 925-383-5193 and Carl Moyer 925-685-5243. Next meeting will be at the Legends restaurant at the Diablo Creek golf course on Port Chicago Highway and Highway 4 on Thursday, November 16th at 8:30am. Come early. Remember in November and December we change to the THIRD Thursday!

Well, we have been scuppered. Not only is salmon closed, but nearshore rockfish, a staple this time of year has also been closed by our Fish and Game commission. Now we must go out for 3 hours to get deep enough for rock fish, and the ocean has been turbid and windy from incoming storms. OH! WOE IS US!!! Paul Dubow travelled all the way to Wisconsin to fish for walleye pike and bass. Stan Wong caught some stripers in the delta. And Nick Jabuka and his grandchildren had a blast catching and returning little stripers at the Antioch pier. Carl Moyer caught sand dabs from the ocean, and catfish from San Pablo Reservoir. Our crab season, usually open in November, may be delayed because of the presence of whales. The price of fishing tackle is near rock bottom.

Branch 19 Leadership

Big Sir: Herb Forthuber

Little Sir: Roger Moseley

Secretary: Mel Boksenbaum

Asst. Secretary: Mark Mulholland

Treasurer: Dennis Barbieri

Asst. Treasurer: Ken Kuhn

Membership Chair: Bill Hockenson

Assistant Membership Chair: Miles Nikaido

RAMP Chair: Herb Forthuber

Recruiting Chair: TBD

Activities Chair: Roger Moseley

Publicity & Image Chair: Dennis Wasco

Golf Chair: Jerry Burton

Audit Committee Chair: Bill Clark

Bowling: Gary Kaufmann, Mike Kropf

Bocce Capo: Tom Lathrop

Wine Tasting / Dining Out: Don Weimann

Sunshine Chair: TBD

Attendance Chair: Martin Fennell

Speaker Committee: Roger Moseley

Chaplin: John Carl

Bulletin Editor: Rich Balovich (Director)

Webmaster: Larry Long

Executive Nomination Committee: (Chair): Jerry Burton

Branch Audit Committee Chair: TBD

State Sir

President: Dave Gonzales (Branch 98)

Area Representative: Jay Gordon