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*A Non-Profit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement
Our mission is to improve the lives of our members through fun activities and events while making friends for life*



ROOSTER TALES

SIR Luncheon - Thursday, November 7th
The Elks Lodge - 200 Marina Blvd, Pittsburg

Big Sir Message



Roger Moseley

As incredible as it may seem summer has ended, and fall has arrived. Before long, we'll be eating turkey and singing carols. And with winter approaching, our schedule of activities is changing.

Our last Dine Around on October 16th was a smashing success. Thirty-four SIRs and others enjoyed a lively evening of friendship and good German food at DJ's Bistro. As you will recall, with SIR Don Weimann's retirement, a team approach was taken to keep the activity alive. Since, May 2024, six different SIRs have hosted dinners, with another six signed up for the beginning of next year. January's dinner will be hosted by SIR Barry & Bobbi Silberman. Please plan to join us.

Wine tasting has also continued with multiple SIRs hosting events, including Martin & Lori Fennell, Lee & Lisa Boner, and on November 1st Joe & Linn Gillis at Don & Ruth Weimann's house. As with Dine Around, further Wine Tasting events will begin again in January.

SIR Don Ruddell has announced the final Hiking activity for November 13th. Please look for his flyer below. Don has done a wonderful job identifying and organizing interesting, but walkable, trails for all SIRs, their friends, and spouses. If you haven't yet taken a hike with the group, please consider doing so.

The Bocce season ended on September 14th with both teams making or coming close to making the playoffs. It was a fun season for all. The 2025 season begins again in May.

Our Bowling league season began on September 4th and will end in May 2025. We have 13 teams of 4 bowlers this year, including Sir Lou Gilson who scored a perfect 300! The next SIR bowling tournament is October 22nd at Bowlero Bowl in Brentwood. The tournament will be hosted by SIR Branch #161. SIR Branch #19 will have several participants in the tournament.

Golf continues as usual with a variety of venues across Northern California. SIR Jerry Burton has been the Golf Chairman for many years, and everyone agrees has done a fabulous job in every way. But Jerry has announced his retirement and SIR Joh Ackers has taken on this important responsibility. With John's leadership, we can expect Golf to continue as our most popular activity.

Finally, our Holiday Luncheon will be held on December 5, 2024. Some changes this year include you will not need to mail a check before the event as we have done in the past but will sign up just as you would for all other monthly luncheons and pay when you arrive. Also, some attendees have been disappointed in the raffle prize they chose, so we are asking everyone to bring an unwrapped gift valued at \$25.00. The \$35.00/person cost will remain the same as last year. As a bonus, the Clayton Valley Charter High School Women's Ensemble will be performing Holiday Carols following lunch. It should be a lot of fun for everyone as we celebrate the Holiday Season.

Roger Moseley (Big Sir)

Lunch Menu


Brentwood Fine Meats
 Mixed Greens + 2 Dressings
 Smoked Tri-Tip
 Pork Ribs
 Baked Beans
 Potato Salad
 Cheese Bread
 Dessert



New Sir Members (November)

No New members
 In
 October

November Birthdays



John Ackers	Joe Gillis
Richard Balovich	Gary King
Vincent Ciccarello	Ken Kuhn
Ronald Costanzo	Arthur Ray
John Fernando	Stephen Valentine

November Anniversaries

First Name	Last Name	Joined Sir	YR SIR
Myron	Allen	11/02/95	29
Mike	McKay	11/04/04	20
Milton	Momita	11/04/04	20
Patrick	Rotell	11/04/04	20
Roy	Priest	11/05/09	15
Ron	Ingersol	11/04/10	14
James	Wyllie	11/01/12	12
Dennis	Wasco	11/02/17	7
Roger	Moseley	11/07/19	5
Lou	Gilson	11/05/20	4
Larry	Amado	11/16/22	2
Dean	Buerke	11/03/22	2
Martin	Shellhammer	11/03/22	2
Phillip	Forsberg	11/02/23	1

Financial Statement

Treasurer Report
 September 30th, 2024

Account Balances

Petty Cash	\$250.00
General Account	
Unencumbered	\$9,221.72
Excursion Fund	00.00
Holiday fund	00.00
Picnic Fund	<u>502.41</u>
Total General Acct.	\$9,221.72
Custodial Account	
Bowling	\$596.59
Golf	<u>\$2,650.53</u>
Total Custodial	\$3,247.12
Total Funds	\$12,718.84

Sir Dennis Barbieri

SIR Calendar

Sir Luncheon – Thursday, November 7th
Hiking – Wednesday, November 13th
\$ums in Retirement – No meeting in November
Area 2 Fishing Group – Thursday, Novem 21st
Golf, Bocce, Bowling – (See below)
Wine Tasting – Friday, November 1st
Dine Around – No Dine Around in November

Holiday Lunch

Our Branch 19 Holiday lunch will be on
Thursday, December 5th
 (More information to follow)

Sir Luncheon Policy

Branch 19 must pay for lunches that are initially reserved and then cancelled. In order to avoid financial loss, the following policy has been enacted by the Branch 19 Branch Executive Committee:

1. Luncheon cancellation is required by 5pm on the Friday prior to the luncheon.
2. If not cancelled the luncheon cost will be invoiced at the next luncheon.

Member attendance at BEC meetings

**Anyone is welcome to attend the Branch 19 Executive Meetings
These meetings are held typically beginning at 9:30am
on the morning of the monthly luncheon**

If you would like to voice an issue related to SIR, or just wish to attend a Branch 19 Executive Committee meeting please email **Roger Moseley** (rogermoseley855@gmail.com) to reserve your place in the meeting room.

SIR
SOCIAL ACTIVITIES FOR MEN
WeAreSir.com
SIRinc.org

Pro Shop
SHOW PRIDE IN BEING A SIR!
Wear, buy, provide your Branch the SIR Brand!

Order From this link:

[https://sir.ourproshop.com/:](https://sir.ourproshop.com/)



(Note: Hats are again available on the website)

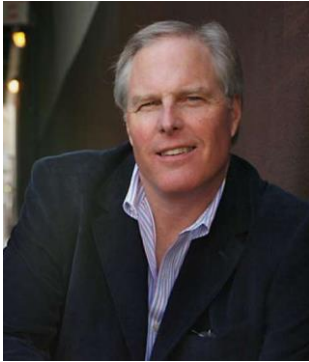
Bring a Guest

Please feel free to bring a guest to the SIR luncheons

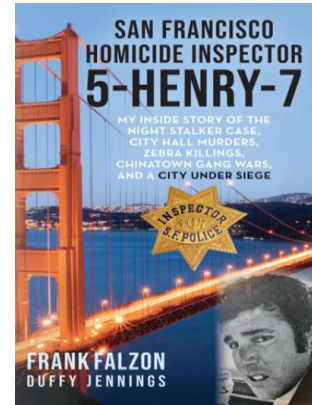
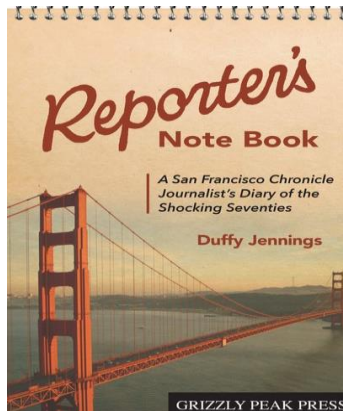
If bringing a guest, please follow the Guest Requirements specified in the monthly SIR luncheon email notification which is sent to all SIR Branch 19 members.



November Speaker – Duffy Jennings



Duffy Jennings



Duffy Jennings compiled a distinguished career in communications over five decades as a journalist, publicist, corporate communications executive, public relations consultant, magazine publisher, freelance writer, and author.

As a prize-winning writer for the San Francisco Chronicle in the tumultuous 1970s, Duffy’s coverage included the Zodiac and Zebra serial murders, the City Hall assassinations of Mayor George Moscone and Supervisor Harvey Milk, and the Patty Hearst kidnapping. His reporting on the subsequent murder trial of the City Hall killer, former Supervisor Dan White, was submitted for Pulitzer Prize consideration. Veteran actor Adam Goldberg portrayed Duffy in the 2007 film, “Zodiac.”

After his newspaper career, Duffy served as vice president of public relations for the San Francisco Giants from 1981 to 1993. Later he held roles as vice president of the Silicon Valley Leadership Group and Joint Venture Silicon Valley, founder and publisher of Los Gatos Magazine, and principal of his own public relations consultancy.

Jennings has published two books, his 2019 memoir, Reporter’s Note Book: A San Francisco Chronicle Journalist’s Diary of the Shocking Seventies, and as co-author with retired SFPD detective Frank Falzon of San Francisco Homicide Inspector 5-Henry-7: My Inside Story of the Night Stalker Case, City Hall Murders, Zebra Killings, Chinatown Gang Wars, and a City Under Siege, published in 2022.

Duffy is a San Francisco native who attended Lowell High School and earned his BA in journalism from San Francisco State University. He lives in Danville with his wife, Bonnie Becker.

2025 Branch Executive Committee Nominees



SIR Branch 19

2025 BEC Nominees

On October 3, 2024, the Branch Executive Committee approved the nomination of the following individuals as Directors for the 2025 Calendar year. A vote of the Members will be held at the November 7th luncheon.

Big Sir Roger Moseley*

Little Sir Jim Cala*

Secretary Mel Boksenbaum*

Treasurer Joe Gillis*

Attendance Chair Martin Fennell*

Membership Chair Bill Hockenson*

Asst. Membership & Awards Chair Miles Nikaido*

Publicity & Image Chair Dennis Wasco*

Bulletin Editor Rich Balovich*

BEC Member Terry Scudero*

*Director

New Branch 19 Shared Activities

Great news for SIR Branch 19 members!

Branch 8 in Walnut Creek is inviting Branch 19 members to selected activities including:

1. **Pickleball**

Played on Thursday mornings at 8:30 at Willow Pass Community Park in Concord. Ladies are welcome. To sign up, contact Nick Maufe at nickmaufe@gmail.com or go to <https://www.sirbr8.com/pickleball/> for more information.

2. **Pinochle**

Meets on the second and fourth Wednesdays of the month at Rocco's Restaurant in Walnut Creek at Encina Grande Shopping Center. Meet for lunch at noon with cards from 1:00 to 3:00. Ladies are welcome. To participate contact Stan Johnson at stan.johnson88@gmail.com, or visit their website at <https://www.sirbr8.com/pinochle/>.

3. **Science & Astronomy**

Consists of a daily email called "Sigma Xi SmartBrief". It contains links to half a dozen science articles from English language scientific journals around the world. It covers a broad selection of topics in science, engineering, medicine, and astronomy. To learn more, contact David Bushnell at dbushn@swbell.net or go to <https://www.sirbr8.com/sir-science-online/> for more information.

4. **Opera/Ballet**

The Opera and Ballet activity, consists of sending out advance information and published reviews of live Met Opera performances and Bolshoi Ballet that are transmitted by Fandango in HD to our local Century theaters. To see what's coming, please go to <https://www.sirbr8.com/opera/> or contact David Bushnell at dbushn@swbell.net.

5. **Internet Games**

Internet Cribbage is played each month in a tournament format as a two-person game, one on one. *Mexican Train Dominoes* is also played online with all players connected by Zoom. To sign up, contact Don Atwater at datwater@pacbell.net or go to <https://www.sirbr8.com/internet-games/>.

6. **Poker**

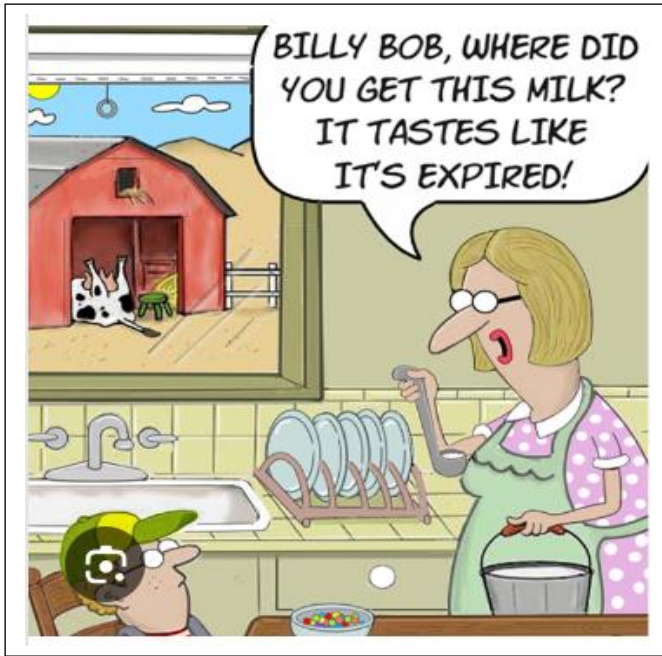
SIR Branch 146 in Walnut Creek has invited Branch 19 members to join in their Poker Group #4! If you would like to play, please contact Pete Gates at petegates10@gmail.com or call him at 925-937-2035. Games are usually scheduled for 1-4 pm on the 4th Monday of each month. Hosting is rotated between members' homes. The host provides light snacks and beverages. Buy-in is \$10 and stakes are nickel, dime, and quarter with a limit of three raises. Dealer antes a nickel per player.

We are excited to offer these new activities to our Branch 19 members and want to thank the Walnut Creek Branch for inviting us to join. If you are interested in joining any of these groups, please contact them directly thru the Activity Chairs mentioned above or thru their respective websites.

When signing up, please provide your **name, branch (19), and email address**.

Roger Moseley (Big Sir)

COMEDY CORNER



Branch 19 Activities

Hiking Group – Globe Lily Trail – Nov 13th



SIR Don Ruddell



Dear SIR's,

On Wednesday, October 16, six of us enjoyed a 4.2 mile hike in the Sibley Volcanic Regional Preserve. We all enjoyed the various interpretive signs along the way and learned something of the 10 million year old Round Top Volcano. The area has many interesting volcanic-derived rocks, and is really a fascinating display of geology.

We had the season's first light rain accompany us, plus fog up on the Orinda ridge, so views were not as spectacular as it could be but we did catch a spectacular glimpse of Mt. Diablo above one of the few quarries in the area. And native American labyrinths too!

Those of us on this hike included Bill and Maureen Clark, Roger Moseley, Lee Boner, Martin Fennell and myself. After the hike, we all had a delicious lunch at Europa Hofbrau in Orinda.

SAVE-THE-DATE: Wed, November 13, 10:00 am, Globe Lily Trail, Mitchell Canyon, Clayton
Last hike of the season until March, 2025!

A more detailed description of the hike, with directions, will be emailed around the first week of November.

Hope to see you there! Spouses, friends are welcome!

Questions or concerns:

Sir Don Ruddell druddeldds@gmail.com (925) 787-7585

Dine Around (Follow Up) – DJ Bistro

On Wednesday, October 16th Jack & Michelle Barnaba hosted the Sir Dining Out event at DJ Bistro in Concord. So many reservations were received (34 people attended) that DJ Bistro management decided to reserve the entire restaurant for the event.

Below are some pictures from the dinner complements of Sir Dennis Wasco.



Sir Rich Balovich



SIR Branch 19 Dine Around - Coordinators



SIR Branch 19

Dine Around Coordinators 2024/2025



We are looking for people to be Dining Out Coordinators. If you would be interested in volunteering for any future Dining Out Dates please contact Roger Moseley: rogermoseley855@gmail.com

Dining Out Coordinators are required to:

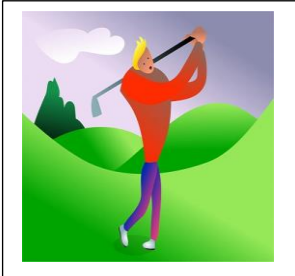
- 1) Pick a restaurant, 2) Verify that the restaurant will honor separate Dinner checks, 3) At Least Three weeks prior to the dinner, notify Rich Balovich at r.balovich@aol.com regarding the chosen restaurant and date. Rich will then create the Dining Out Flyer with the coordinator's email address and phone number and send it to the SIR Branch 19 membership. **(The deadline for Sirs to respond will be 1 week prior to the event).**
- 4) The coordinator will then make the reservation based on the number of responses they receive.

<u>Date</u>	<u>Coordinator</u>
May 16, 2024	Roger & Nancy Moseley
June 18, 2024	Rich & Carmen Balovich
July 16, 2024	Neal & Debbie Powell
August 22, 2024	Martin & Lori Fennell
September 26, 2024	Jerry and Audrey Burton
October 24, 2024	Jack & Michelle Barnaba
January 16, 2025	Barry & Bobbi Silberman
February 20, 2025	Chuck & Karen Morones
March 20, 2025	Don & Ruth Weimann
April 17, 2025	Martin & Lori Fennell
May 22, 2025	Roger & Nancy Moseley
June 19, 2025	Lee & Lisa Boner

Dine Around Venues that Branch 19 has used in the past:

- Fiore' Restaurant - 5100 Clayton Rd, Concord / (925) 969-1887**
- Spicy Joi Banh Mi X Lao Street Food - 1687 Willow Pass Rd, Concord / (925) 787-7508**
- The Old Spaghetti Factory - 1955 Mount Diablo Street, Concord / (925) 672-7711**
- Nepalese and Indian Restaurant - 2118 Willow Pass Rd, Concord / (925) 825-3277**
- La Veranda Café - Center St., Clayton / (925) 524-0011**
- Sichuan House - Countrywood Shop Ctr, 2064 Treat Blvd, Walnut Creek / (925) 933-3278**
- DVino's Pizza & Pasta - 2221 Morello Avenue, Pleasant Hill / (925) 689-6666**
- Aung Burma - 2051 Salvio Street, Concord / (925) 332-7957**
- La Veranda - 6201 Center St, Clayton / (925) 524-0011**
- Lazy Dog Restaurant & Bar - 1961 Diamond Blvd, Concord / (925) 849-1221**
- Lima Peruvian Restaurant - 2151 Salvio St suite 1 / (925) 309-7774**
- Jack's Restaurant - 60 Crescent Dr Suite A, Pleasant Hill / (925) 849-6195**

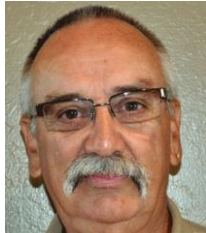
Branch 19 Golf Information



Nine Hole Golf Group

(Buchanan Golf Course)

For Information contact *Martin Fennell*
925-212-9243
Martinfennell54@gmail.com



18 Hole Golf Schedule

All start times are 9:30am

- Nov 5th Lone Tree
- Nov 12th Hiddenbrooke
- Nov 14th Cypress Lakes (Thursday)
- Nov 19th Lone Tree
- Nov 26th Diablo Creek



Sir Jerry Burton
(Golf Chair)

ajgolf24@gmail.com
Cell: (925) 682-9797
Home: (925) 827-1909

The Bocce Report



The Concord bocce ball season ended September 14th. The Wednesday night team finished fourth, making the playoffs. We won our first match and then were eliminated. the Thursday night team just missed the playoffs. It was a fun season for all. The 2025 season starts next May.

SIR Tom Lathrop lathrop689@aol.com

SIR Branch 19 Bowling News



Our Bowling league season began on September 4th and will end in May 2025. We have 13 teams of 4 bowlers this year, including Sir Lou Gilson who scored a perfect 300!

The next SIR bowling tournament is October 22nd at Bowlero Bowl in Brentwood. The tournament will be hosted by SIR Branch #161. SIR Branch #19 will have several participants in the tournament.

SIR Mike Kropf mdkropf@astound.net
Gary Kaufmann gkaufmann813@gmail.com

Want to Improve your Golf Game?

SIR offers clinics and private lessons at a reasonable rate

Pete Asselin, a certified pro, offers these clinics and private lessons at Diablo Creek Golf Course.

A series of five clinics will be offered in the spring and summer of 2025.

During the fall and winter Pete will offer to SIR Branch 19 members individual lessons for the **reduced rate of \$60/hour lesson**. This same rate would apply if your wife or another SIR joins you.

For these individual lessons contact Pete directly at: **(707) 372-2808** or email at: adub1816@yahoo.com to arrange dates and times.

Any questions, contact Dennis Wasco at: dennis.wasco@sbcglobal.net



SIR Travel Opportunities

SIR Branch 146 (Walnut Creek/Contra Costa Branch) is collaborating to offer SIR Travel opportunities to other SIR branches. So, we will be following up with Branch 19 members to determine interest in this activity. Be on the lookout in the near future for more information regarding this great opportunity.

Ways to Serve Your Branch

***The following is a list of available Branch 19 positions
If you are interested in any of these volunteer positions please email
Roger Moseley: rogermoseley855@gmail.com***

Activities Chair

RAMP Members: *These roles work with little Sir to help grow our branch*

Dining Out Coordinators: *This is a role which coordinates one monthly dining out activity*

LUNCHEON INVITATION CARDS

At the September luncheon we gave out Luncheon Invitation Cards. Have you given them out to any prospective new SIR members? Keep them in your wallet so you have them ready for any new prospects. The best way to get new members is by YOUR personal contact. If you need any more cards, please contact Dennis Wasco (<mailto:dennis.wasco@sbcglobal.net>).



Holiday Craft & Vendor Fair
November 16-17
Sat-Sun 10am to 4pm
PITTSBURG ELKS LODGE
200 MARINA BLVD
Variety of Unique Items, Collectables & Gifts!
Food & Beverages Available Open to the Public!



For Crafters & Vendor Information you can:

- Scan this QR Code
- Go to www.elks1474.org/craft
- Or Contact Sue C at (925)204-7384 or at elkcraft1@gmail.com



Activities at Other SIR Branches

Area16 - SIR Branch 128 - Investments / Wealth Management

\$ums Investment Group
Next Meeting (TBD)



There will be no meeting in November or December

Chair - Tom Henry - Branch 174 - tomhenry925@gmail.com
 Co-chair Dave Sutton - Branch 8 - davesutn@comcast.net

Area 2 - Fishing Group



The Legends
Diablo Creek Golf Corse
4050 Port Chicago Highway in Concord
Next Meeting Date: Thurs, November 21st



SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Contacts are Phil Scimonelli 661-917-8060 and Carl Moyer 925-685-5243. Next meeting will be at the Legends restaurant at the Diablo Creek golf course on Port Chicago Highway and Highway 4 on Thursday, November 21st at 8:30am. Come early.

REMEMBER, NOVEMBER'S MEETING IS ON THE THIRD THURSDAY DUE TO THANKSGIVING!!!!
 Karl Droese went to Alaska for salmon, halibut, and sable fish. Ken Bellinder and Doug Dukes went the other direction to San Cabo in Mexico for dorado and tuna. Nick Jabuka went to Monterrey for shore fishing in the surf for perch and stripers, then he went to Santa Cruz for rockfish. Gary Paleghyi caught trout at Pine Crest Lake. Ron Lew got sharks in the bay, and Phil Scimonelli caught stripers on the Antioch Pier. Tom Kostik and Harry Sherinian worked for black bass in the delta. Stan Wong travelled all over the delta for stripers. Carl Moyer caught rock fish and ling cod in the ocean. Crab catching starts November 2nd.

Contacts: Phil Scimonelli (661)-917-8060, Carl Moyer (925) 685-5243

State Sir Happenings

Below is a link to “The Happenings” which is produced by the State SIR organization. It contains information from State SIR and contains many of the SIR Newsletters from SIR Branches throughout California. If you have an interest in knowing what’s going on with State SIR or other SIR branches, please click on the link below.

[Click here to download your personal copy of Happenings](#)

PLEASE Donate to the Concord Food Bank



Food Drive
**PLEASE BRING A NON-PERISHABLE
FOOD DONATION TO THE NEXT
LUNCHEON**

Please bring non-perishable food *in jars, cans, and sealed packets (No Glass please)*. We recommend sauces, soups, beans, vegetables, honey, peanut butter, candy, boxed juices, long-life milk, coconut cream and fish in oil. *(Please do not bring food with expired “use by” dates)*.
Sir Jerry Burton will collect the donated food and take it to the Concord Food Bank.
Thanks for your help, it will make a big difference in someone’s life!!!!

Social Ties Boost Survival by 50 Percent

WHO KNEW? BEING A SIR MEMBER PUTS YOU AHEAD IN THE GAME!

A meta-study covering more than 300,000 participants across all ages reveals that adults get a 50 percent boost in longevity if they have a solid social network

<https://www.scientificamerican.com/article/relationships-boost-survival/>



Branch 19 Leadership

Big Sir: Roger Moseley

Little Sir: Jim Cala

Secretary: Mel Boksenbaum

Asst. Secretary: TBD

Treasurer: Dennis Barbieri

Asst. Treasurer: Joe Gillis

Membership Chair: Bill Hockenson

Assist. Membership Chair: Miles Nikaido

Webmaster: Larry Long

Golf Chair: John Ackers

Exec Nomination Committee

(Chair): Jerry Burton

Audit Committee Chair: Bill Clark

Bowling: Gary Kaufmann, Mike Kropf

Publicity & Image Chair: Dennis Wasco

Bocce Capo: Tom Lathrop

Attendance Chair: Martin Fennell

Speaker Committee: Jim Cala

Chaplin: John Carl

Bulletin Editor: Rich Balovich (Director)

Activities Chair: Vacant