

*A Non-Profit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement
Our mission is to improve the lives of our members through fun activities and events while making friends for life*



ROOSTER TALES

Mother's Day Luncheon – Thursday May 2nd
The Elks Lodge - 200 Marina Blvd, Pittsburg

Big Sir Message



Roger Moseley

Although our membership has been relatively stable at around 100 members, we can't ignore that every year members are lost due to relocation, branch transfer, disability, or a declining interest in SIR, and for SIR Branch 19 to survive, we need to replace them.

As was noted at a recent SIR Leadership meeting that I attended, "new members are important to any organization, but especially important to SIR because a continuous supply of new members is needed to replace outgoing members and maintain a healthy balance of newer and older members and ideas."

And our State SIR President, Dale Decker, has made it clear we "need to attract younger members as they will play a pivotal role in leading us into an exciting new time. They bring fresh ideas and perspectives, ensuring a dynamic blend of the past with the future." That is not to say we are not interested in new members of all ages, but we need to recognize the value and contributions younger members can make to the long-term health of Branch 19.

So, in thinking about friends, family, co-workers, or new acquaintances who might be interested in joining SIR Branch 19, and regardless of their age, please keep in mind what's expected of them. Simply put, our expectations for members include:

- 1) being friendly to all
- 2) actively participating in activities,
- 3) eagerly volunteering and leading when asked, and
- 4) having fun.

As I have indicated in earlier messages, our long-term goal for Branch 19 membership is to reach 125 to 150 members. To achieve that goal, we will need to replace the members we lose every year and add new members on top of that. We are currently at 108 members, but with a continuing awareness that each of us should maintain on identifying and bringing new members to Branch 19, achieving our goal in the next three to five years is not unreasonable. Let's work together to do it.

Roger Moseley (BIG SIR)

Lunch Menu

- Spring Mix Salad + Balsamic Vin + Ranch
- Champagne Chicken & Tri-Tip
- Baby Creamer Potato Roasted in Herbs
- Green Beans w/ Roasted Almonds
- Dinner Rolls + Butter
- Desert



New Sir Members (April)



Keith Groves

May Birthdays



Louie Audas
 Gary Kaufmann
 Mike Kropf
 Roger Moseley

Kirk Polson
 David Requa
 Walter Rogers
 James Townsend

May Anniversaries

First Name	Last Name	Joined Sir	YR SIR
Dean A.	Lucas	05/09/98	26
Walter	Norris	05/07/15	9
Richard	Balovich	05/05/16	8
Joe	Gillis	05/05/16	8
Herb	Forthuber	05/02/19	5
John	Martin Jo	05/01/21	3
Rich	Enea	05/04/23	1
Philip	Matthews	05/23/23	1

Financial Statement

Treasurer Report

March 31st, 2024

Account Balances

Petty Cash	\$250.00
General Account	
Unencumbered	\$10,269.79
Excursion Fund	00.00
Holiday fund	00.00
Picnic Fund	00.00
Total General Acct.	\$10,269.79
Custodial Account	
Bowling	\$2,190.52
Golf	<u>\$3,596.53</u>
Total Custodial	\$5,787.05
Total Funds	\$16,306.84

Sir Dennis Barbieri

The Calendar

- Sir Luncheon** - Thursday, May 2nd
- Hiking** - Thursday, May 16th
- Sums in Retirement** - Wednesday, May 22nd
- Area 2 Fishing Group** - Thursday, May 24th
- Golf, Bocce, Bowling** - (See below)
- Wine Tasting** - Friday, April 26th
- Dine Around** - Thursday, May 16th

Sir Luncheon Policy

Branch 19 must pay for lunches that are initially reserved and then cancelled. In order to avoid financial loss, the following policy has been enacted by the Branch 19 Branch Executive Committee:

1. Luncheon cancellation is required by 5pm on the Friday prior to the luncheon.
2. If not cancelled the luncheon cost will be invoiced at the next luncheon.

Member attendance at BEC meetings

**Anyone is welcome to attend the Branch 19 Executive Meetings
These meetings are held typically beginning at 9:30am
on the morning of the monthly luncheon**

If you would like to voice an issue related to SIR, or just wish to attend a Branch 19 Executive Committee meeting please email **Roger Moseley** (rogermoseley855@gmail.com) to reserve your place in the meeting room.

Pro Shop
SHOW PRIDE IN BEING A SIR!
Wear, buy, provide your Branch the SIR Brand!

SIR
SOCIAL ACTIVITIES FOR MEN
WeAreSir.com
SIRinc.org

Order From this link:
<https://sir.ourproshop.com/>:



(Note: Hats are again available on the website)

Bring a Guest

Please feel free to bring a guest to the SIR luncheons

If bringing a guest, please follow the Guest Requirements specified in the monthly SIR luncheon email notification which is sent to all SIR Branch 19 members.



New Branch 19 Shared Activities

Great news for SIR Branch 19 members!

Branch 8 in Walnut Creek is inviting Branch 19 members to selected activities including:

1. Pickleball

Played on Thursday mornings at 8:30 at Willow Pass Community Park in Concord. Ladies are welcome. To sign up, contact Nick Maufe at ickmaufe@gmail.com or go to <https://www.sirbr8.com/pickleball/> for more information.

2. Pinochle

Meets on the second and fourth Wednesdays of the month at Rocco's Restaurant in Walnut Creek at Encina Grande Shopping Center. Meet for lunch at noon with cards from 1:00 to 3:00. Ladies are welcome. To participate contact Stan Johnson at stan.johnson88@gmail.com, or visit their website at <https://www.sirbr8.com/pinochle/>.

3. Science & Astronomy

Consists of a daily email called "Sigma Xi SmartBrief". It contains links to half a dozen science articles from English language scientific journals around the world. It covers a broad selection of topics in science, engineering, medicine, and astronomy. To learn more, contact David Bushnell at dbushn@swbell.net or go to <https://www.sirbr8.com/sir-science-online/> for more information.

4. Opera/Ballet

The Opera and Ballet activity, consists of sending out advance information and published reviews of live Met Opera performances and Bolshoi Ballet that are transmitted by Fandango in HD to our local Century theaters. To see what's coming, please go to <https://www.sirbr8.com/opera/> or contact David Bushnell at dbushn@swbell.net.

5. Internet Games

Internet Cribbage is played each month in a tournament format as a two-person game, one on one. *Mexican Train Dominoes* is also played online with all players connected by Zoom. To sign up, contact Don Atwater at datwater@pacbell.net or go to <https://www.sirbr8.com/internet-games/>.

6. Poker

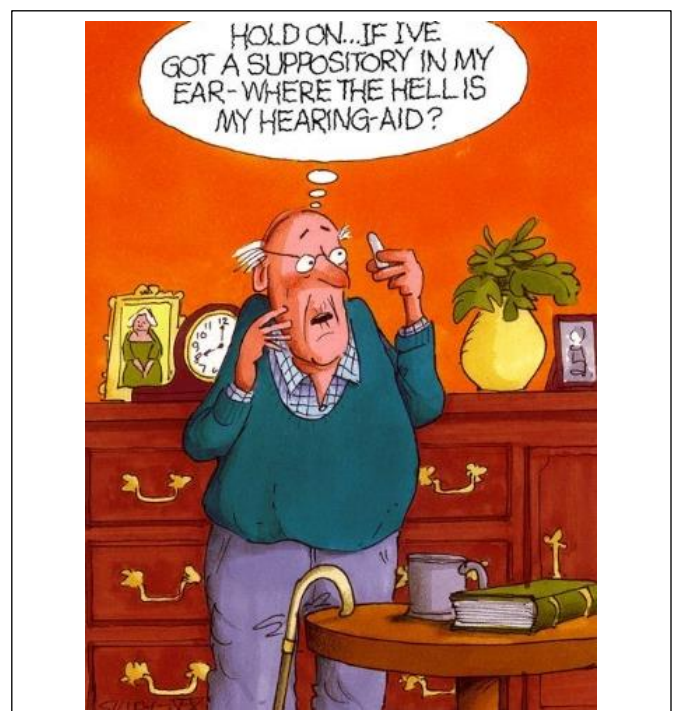
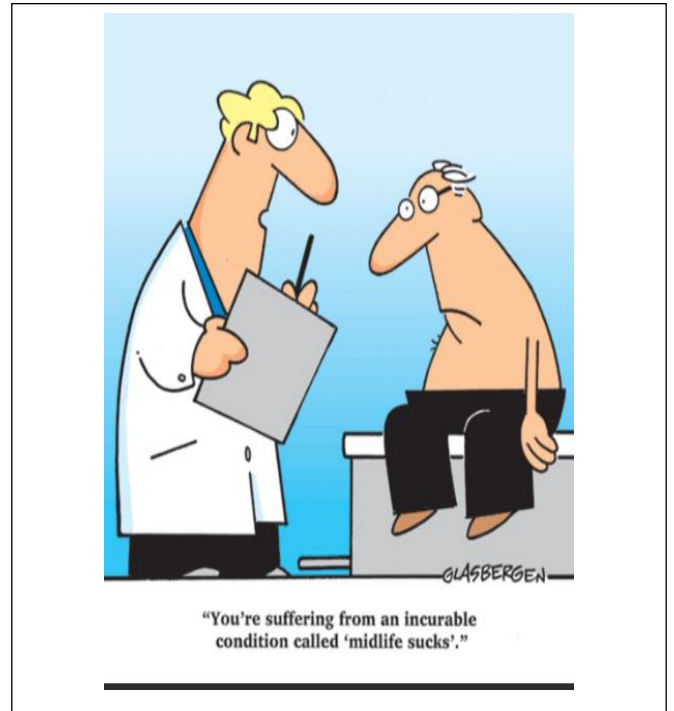
SIR Branch 146 in Walnut Creek has invited Branch 19 members to join in their Poker Group #4! If you would like to play, please contact Pete Gates at petegates10@gmail.com or call him at 925-937-2035. Games are usually scheduled for 1-4 pm on the 4th Monday of each month. Hosting is rotated between members' homes. The host provides light snacks and beverages. Buy-in is \$10 and stakes are nickel, dime, and quarter with a limit of three raises. Dealer antes a nickel per player.

We are excited to offer these new activities to our Branch 19 members and want to thank the Walnut Creek Branch for inviting us to join. If you are interested in joining any of these groups, please contact them directly thru the Activity Chairs mentioned above or thru their respective websites.

When signing up, please provide your name, branch (19) and email address.

Roger Moseley

COMEDY CORNER



Branch 19 Activities

Sir Branch 19 - Mother's Day Luncheon

Please join us for our Mother's Day Luncheon

Place: Pittsburg Elks Club
Date: Thursday, May 2
Time: 11:00 (Lunch @ 12:00)
Address: 200 Marina Blvd,
Pittsburg

MENU
Spring Mix Salad + Balsamic Vin + Ranch
Champagne Chicken & Tri-Tip
Baby Creamer Potato Roasted in Herbs
Green Beans with Roasted Almonds
Dinner Rolls + Butter
Dessert

May Speaker



Nicole Hackett

*Owner of R & M
Pool Patio and Gardens*



Please join us to experience a great time, excellent food, exceptional people, and the opportunity to honor the women in our lives.

Please send a **check made out to Sir Branch 19**
in the amount of **\$35 per person** to:

Dennis Barbieri
502 Hamburg Circle, Clayton, Ca. 94517

Due Date: Friday, April 26th

Hiking Group – Salesforce Park



SIR Don Ruddell



Only two of us showed up for the hike through Pine Canyon in Castle Rock Park on March 27, but Sir Lee Boner and I enjoyed the 3-mile out and back trek to see the Castle Rocks with 8 creek crossings! Should have brought the trekking poles on this one for balance across the creeks! Oh well.

The lack of attendance on March 27 was more than compensated for on April 24 when 9 of us enjoyed a fun BART trip to San Francisco to wander and wonder at the incredible number of plants and trees at Salesforce Park near the embarcadero. We had waterfall and other water attractions, (nevermind that the site was undergoing maintenance and all water was turned off! - Oh well, with some imagination, it was beautiful). We continued our walk down Market Street, then onto Front Street to enjoy bratwurst and beer and friendship at Schroeder's German Beer Hall. Nice to see some new faces on this outing!

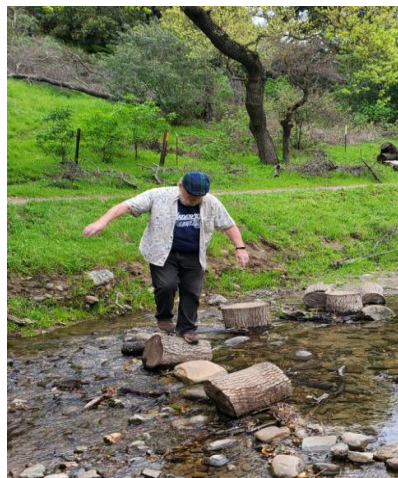
Save-the-Date: Wednesday, May 29, 10:00am, Shell Ridge Open Space

This 3-mile trek is on a dirt trail with approximately 350 feet elevation gain. An email with more detail will be sent to all around the 3rd week of May.

Any questions or concerns please do not hesitate to contact me at druddeldds@gmail.com

Remember, spouses and friends are always welcome on our hikes!

Sir Don Ruddell druddeldds@gmail.com
(925) 787-7585



SIR Branch 19 Wine Tasting Group Meeting

Theme:
Wines of Germany

**Friday, April 26th,
2024
Meeting Time 5:30PM**

Bring:

- One bottle of wine
- Hot or cold appetizers that are a compliment to the wine you bring to share as we taste

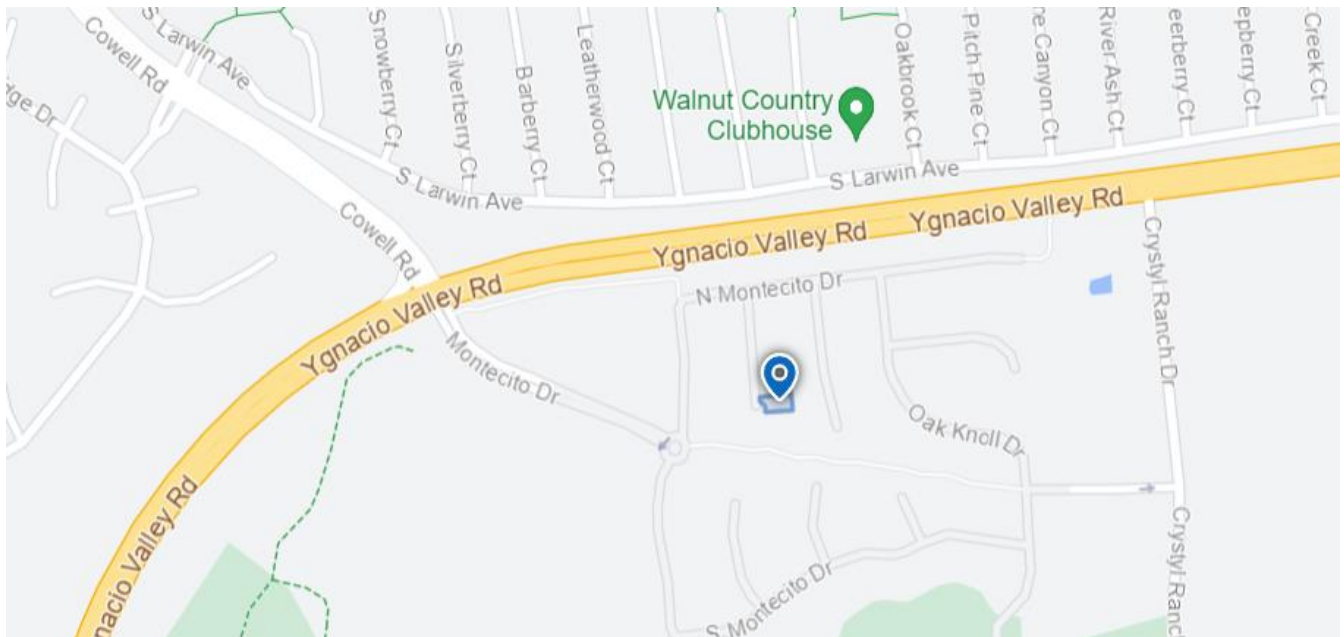
Where:

Martin and Lori Fennell's House
1274 Kestrel Court, Concord, Ca. 94521
(925) 671-9921

Please let Sir Martin Fennell know if you will be attending
(925) 671-9921 Martinfennell54@gmail.com



Directions: The house location is noted by the blue indicator on the map below:



SIR Branch 19 Dine Around – Thursday, May 16th

Fiore Restaurant



**Italian Fusion Cuisine with Mediterranean Influences
Pasta Seafood and More**

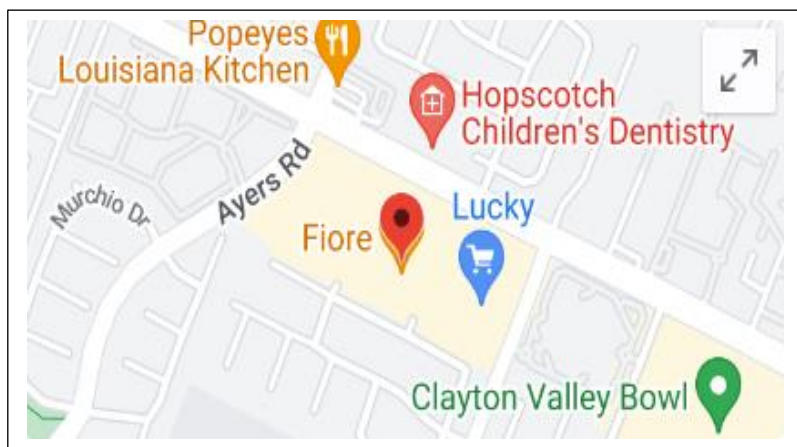
Location: 5100 Clayton Rd, Concord, CA 94521 (925) 969-1887

When: Thursday, May 16th Happy Hour 5:30-6:00 Dinner 6:00 pm

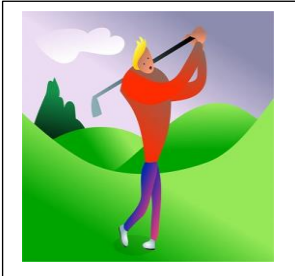
Website and Menu: <https://www.restaurantfiore.com>

To register, please contact: Roger & Nancy Moseley (925) 381-5843
rogermoseley855@gmail.com

(Order from the menu. Each couple will receive a separate check)



Branch 19 Golf Information



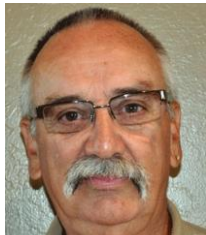
Nine Hole Golf Group

(Buchanan Golf Course)

For Information contact *Martin Fennell*

925-212-9243

Martinfennell54@gmail.com



Sir Jerry Burton

(Golf Chair)

ajgolf24@gmail.com

Cell: (925) 682-9797

Home: (925) 827-1909

18 Hole Golf Schedule

We have a 9:30 first T-time for all courses.

May 7 th	Lone Tree
May 14 th	Franklin Canyon
May 21 st	Lone Tree
May 23rd	The Reserve Thursday
May 28 th	Hiddenbrooke



The Bocce Report



Our first bocce ball match is Wednesday May 1, 2024 at Baldwin park. Warm-ups start at 6 pm and the first game starts at 6:30.

Please welcome Steve Valentine to the team who is replacing Jay Gordon.

SIR Tom Lathrop

lathrop689@aol.com

SIR Branch 19 Bowling News



Here it is March already and our Branch#19 SIR Tournament just finished last Wednesday at Clayton Valley Bowl there was 72 bowlers from 10 different branches, and many of our members ended up in the money, Milton Momita, Walt Norris, Richard Leong, Tim Patterson, Raul Cienfuegos, Gary Kaufmann, and Randy Cazes was the big winner. Glad to see everyone enjoying bowling and socializing.

Our league is in the 29th week of 33 weeks and 2 teams are tied for 1st Place with 3 Teams 1 game behind them making it a very tight race to the finish:)

SIR Mike Kropf mdkropf@astound.net

Gary Kaufmann gkaufmann813@gmail.com

June 2024 Reno "High Desert Classic" Golf Event

SIR MAKE FRIENDS FOR LIFE



Afternoon Sir Golfers & Guests,

This note is to provide you with information about the **June 2024 Reno "High Desert Classic" golf event** sponsored by SIR State Golf. The links below will provide you with the event flyer containing detailed information and the registration form to be used to sign up for the 3rd State golfing event of the year which will be held in June. Just click on the information links at the bottom of this note.

Additional information on all other SIR golfing events can be found on the SIR State Golf website at www.sirgolf.org.

Hope to see you in Reno.

Ben Gikis - 2024 SIR State Golf Committee Chair
408 802-9074, gikisben@yahoo.com

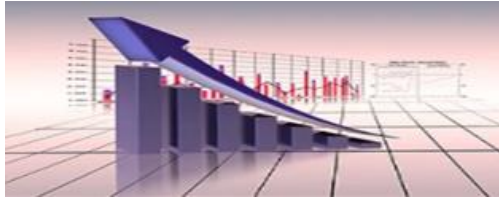
[2024 Reno Golfing Event Flyer](#)

[2024 Reno Golfing Event Registration Form](#)

Activities at Other SIR Branches

Area16 - SIR Branch 128 - Investments / Wealth Management

\$ums Investment Group
Next Meeting (Date: May 22nd)



As usual we will Zoom with SIR Branch 128 (San Ramon) on the 4th Wednesday, May 22 at 1:30 PM. Topic to be announced. Email Dave Sutton to be included.

Chair - Tom Henry - Branch 174 - tomhenry925@gmail.com
Co-chair Dave Sutton - Branch 8 - davesutn@comcast.net

Area 2 - Fishing Group



The Legends
Diablo Creek Golf Course
4050 Port Chicago Highway in Concord
Next Meeting Date: Thurs, May 24th



SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Contacts are Phil Scimonelli 661-917-8060 and Carl Moyer 925-685-5243. Next meeting will be at the Legends restaurant at the Diablo Creek golf course on Port Chicago Highway and Highway 4 on Thursday, May 24th at 8:30am. Come early.

Our rockfish season for nearshore rockfish starts on May first. So far we have only been able to fish deeper than 300 feet, and only Carl Moyer has ventured out for a nice limit. We did better on halibut in the bay, but barely as that had a slow start. Ron Lew, Lee Clark, Cleo Bolen, and Paul Dubow all caught some of the tasty flatfish. Stan Wong, Tom Kostik, Phil Scimonelli, Ron Lew, and Pedro Contreras caught striped bass in the bay and delta. Brion Beetz, Carl Moyer, George Vogt, Phil Scimonelli, Ray Pixton, Sam Oomman, and Gordon Linebaugh, all caught trout from San Pablo Reservoir. Chuck Vanoncini bagged some fine cutthroat trout from Pyramid Lake. Finally, there will be no salmon fishing for us in the bay area this year.

Contacts: Bob Lively (925-383-5193 / Carl Moyer (925) 685-5243



Clark, Cleo Bolin, and Paul Dubow are happy with this limit of halibut from the bay



April Striper

State Sir Happenings

Below is a link to “The Happenings” which is produced by the State SIR organization. It contains information from State SIR and contains many of the SIR Newsletters from SIR Branches throughout California. If you have an interest in knowing what’s going on with State SIR or other SIR branches, please click on the link below.

[Click here to download your personal copy of Happenings](#)

PLEASE Donate to the Concord Food Bank



Food Drive
**PLEASE BRING A NON-PERISHABLE
FOOD DONATION TO THE NEXT
LUNCHEON**

Please bring non-perishable food *in jars, cans, and sealed packets (No Glass please)*. We recommend sauces, soups, beans, vegetables, honey, peanut butter, candy, boxed juices, long-life milk, coconut cream and fish in oil. *(Please do not bring food with expired “use by” dates)*.
Sir Jerry Burton will collect the donated food and take it to the Concord Food Bank.
Thanks for your help, it will make a big difference in someone’s life!!!!

Ways to Serve Your Branch

*The following is a list of available Branch 19 positions
If you are interested in any of these volunteer positions please email
Roger Moseley: rogermoseley855@gmail.com*

Activities Chair
RAMP Members: *These roles work with the Little Sir to help grow our branch.*

Social Ties Boost Survival by 50 Percent

WHO KNEW? BEING A SIR MEMBER PUTS YOU AHEAD IN THE GAME!

A meta-study covering more than 300,000 participants across all ages reveals that adults get a 50 percent boost in longevity if they have a solid social network

<https://www.scientificamerican.com/article/relationships-boost-survival/>



Branch 19 Leadership

Big Sir: Roger Moseley

Little Sir: Jim Cala

Secretary: Mel Boksenbaum

Asst. Secretary: Mark Mulholland

Treasurer: Dennis Barbieri

Asst. Treasurer: Joe Gillis

Membership Chair: Bill Hockenson

Assist. Membership Chair: Miles Nikaido

Webmaster: Larry Long

Ex Officio Big Sir: Herb Forthuber

Golf Chair: Jerry Burton

Exec Nomination Committee

(Chair): Jerry Burton

Audit Committee Chair: Bill Clark

Bowling: Gary Kaufmann, Mike Kropf

Publicity & Image Chair: Dennis Wasco

Bocce Capo: Tom Lathrop

Attendance Chair: Martin Fennell

Speaker Committee: Jim Cala

Chaplin: John Carl

Bulletin Editor: Rich Balovich (Director)

Webmaster: Larry Long

Webmaster: Larry Long

Activities Chair: Vacant