A Non-Profit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement Our mission is to improve the lives of our members through fun activities and events while making friends for life



ROOSTER TALES

SIR Luncheon: Thursday, May 1st The Elks Lodge - 200 Marina Blvd, Pittsburg

Big Sir Message



Roger Moseley

Spring has arrived, and with its arrival, we can get out of the house and do something fun outside! At SIR Branch 19, there are many opportunities to do so including:

Fishing: The Area 2 Fishing Group is open to all SIR members and is a great outdoor activity that is fun and which can be productive, i.e., take some fish home! If you're interested, please contact SIR Phil Scimonelli at 661-9178060, SIR Carl Moyer at 925-685-5243, or our own SIR Tom Kostik at 925-689-6930.

Fishing: The Area 2 Fishing Group is open to all SIR members and is a great outdoor activity that is fun and which can be productive, i.e., take some fish home! If you're

interested, please contact SIR Phil Scimonelli at 661-9178060, SIR Carl Moyer at 925-685-5243, or our own SIR Tom Kostik at 925-689-6930.

Hiking: SIR Don Ruddell will be offering Hiking events for Branch 19 members throughout the summer. These hikes are local, easy and fun, and always followed by lunch. It's a great time to get to know your fellow SIRs and often their spouses. Look for more information in the monthly Roostertales.

Golf: Our most popular activity is a year-round one and will be offing a summer schedule of 19 events beginning May 6th at Lone Tree Golf Club and ending August 26th at Cypress Lakes in Fairfield. Additional courses include Hiddenbrooke, Swenson Park, Franklin Canyon, The Reserve, Blue Rock Springs, Rancho Solano, Shadow Lakes, Elkhorn, and Chardonnay. If you're a golfer or would like to be one, this is a great opportunity to spend some fun time outdoors and enjoy the company of your fellow Branch 19 members. Please contact SIR John Ackers at johnackers94511@gmail.com for more information.

Pickleball: This is an activity Branch 8 in Walnut Creek has invited us to participate in and is played Thursday mornings at Willow Pass Community Park at 8:30 AM. Please contact SIR Nick Maufe at nickmaufe@gmail.com if you're interested in joining.

Dine Around/Wine Tasting: Although not strictly an outdoor activity, getting out for a summer evening of fun, food and wine is something to be enjoyed and is available to all Branch 19 members and their spouses. Our next Dine Around will be May 15th at Back Forty Texas BBQ at 5:30 PM. If you'd like to attend, please contact SIR Roger Moseley at rogermoseley855@gmail.com. Our next Wine Tasting will be on Thursday, May 22nd at Martin and Lori Fennell's home. Please contact SIR Martin Fennell at martinfennell1154@gmail.com for more information.

For whatever you decide to do, please be safe, but have fun.

Roger Moseley (Big Sir)

Lunch Menu

- Spring Mix Salad + Balsamic Vinegar + Ranch
- Tri-tip
- Champagne Chicken
- Baby Creamer Potato Roasted in Herbs
- Green Beans w/ Roasted Almonds
- Dinner Rolls + Butter
- Dessert



May Birthdays

HAPPYBRTHDAY!

Louie Audas Gary Kaufmann Mike Kropf Roger Moseley Kirk Polson
David Requa
Walter Rogers
James Townsend

\$250.00

Financial Statement

Treasurer Report

March 31st, 2025

Account Balances

General Account
Unencumbered \$11,590.88
Excursion Fund 00.00
Holiday fund 00.00
Picnic Fund 00.00

Total General Acct. \$11,590.88

Custodial Account

Petty Cash

Bowling \$4040.60 Golf \$1,362.94 Total Custodial \$5,403.54

Total Funds \$17,244.42

Sir Dennis Barbieri

New Sir Members





Mike Toth

Dennis Parks

May Anniversaries

First	Last		YR
Name	Name	Joined Sir	SIR
Richard	Balovich	05/05/16	9
Joe	Gillis	05/05/16	9
John	Martin Jo	05/01/21	4
Richard	Enea	05/04/23	2
Philip	Matthews	05/23/23	2

SIR Calendar

Sir Luncheon – Thursday, May 1st
Hiking – Wednesday, May 21st
\$ums in Retirement – Wednesday, May 28th
Area 2 Fishing Group – Thursday, May 29th
Golf, Bocce, Bowling – (See below)
Wine Tasting – Thursday, May 22nd
Dine Around – Thursday, May 15th

Sir Luncheon Policy

Branch 19 must pay for lunches that are initially reserved and then cancelled.
In order to avoid financial loss, the following policy has been
enacted by the Branch 19 Branch Executive Committee:

- 1. Luncheon cancellation is required by 5pm on the Friday prior to the luncheon.
- 2. If not cancelled the luncheon cost will be invoiced at the next luncheon.

Member attendance at BEC meetings

Anyone is welcome to attend the Branch 19 Executive Meetings These meetings are held typically beginning at 9:30am on the morning of the monthly luncheon

If you would like to voice an issue related to SIR, or just wish to attend a Branch 19 Executive Committee meeting please email **Roger Moseley** (<u>rogermoseley855@gmail.com</u>) to reserve your place in the meeting room.



Order From this link: https://sir.ourproshop.com/:





(Note: Hats are again available on the website)

Bring a Guest

Please feel free to bring a guest to the SIR luncheons

If bringing a guest, please follow the Guest Requirements specified in the monthly SIR luncheon email notification which is sent to all SIR Branch 19 members.



Sir Branch 19 - Mother's Day Luncheon

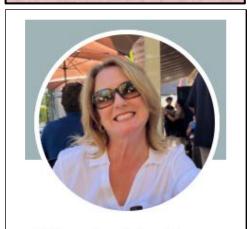
Please join us for our Mother's Day Luncheon

Place: Pittsburg Elks Club **Date:** Thursday, May 1st

Time: 11:00 (Lunch @ 12:00)
Address: 200 Marina Blvd,

Pittsburg

May Speaker



Nicole Hackett

Owner of R & M
Pool Patio and Gardens

MENU

Spring Mix Salad + Balsamic Vin + Ranch

Tri-tip

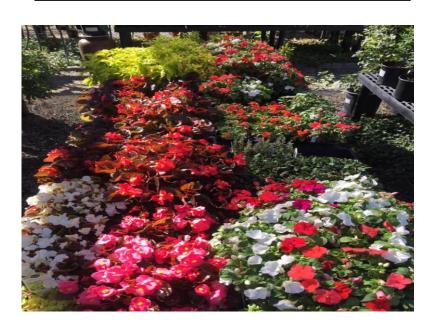
Champagne Chicken

Baby Creamer Potato Roasted in Herbs

Green Beans with Roasted Almonds

Dinner Rolls + Butter

Dessert



Please join us to experience a great time, excellent food, exceptional people, and the opportunity to honor the women in our lives

\$35 per person

(Luncheon Fee will be collected upon arrival)

New Branch 19 Shared Activities

Great news for SIR Branch 19 members!

Branch 8 in Walnut Creek is inviting Branch 19 members to selected activities including:

1. Pickleball

Played on Thursday mornings at 8:30 at Willow Pass Community Park in Concord. Ladies are welcome. To sign up, contact Nick Maufe at nickmaufe@gmail.com or go to https://www.sirbr8.com/pickleball/ for more information.

2. Pinochle

Meets on the second and fourth Wednesdays of the month at Rocco's Restaurant in Walnut Creek at Encina Grande Shopping Center. Meet for lunch at noon with cards from 1:00 to 3:00. Ladies are welcome. To participate contact Stan Johnson at stan.johnson88@gmail.com, or visit their website at https://www.sirbr8.com/pinochle/.

3. Science & Astronomy

Consists of a daily email called "Sigma Xi SmartBrief". It contains links to half a dozen science articles from English language scientific journals around the world. It covers a broad selection of topics in science, engineering, medicine, and astronomy. To learn more, contact David Bushnell at dbushn@swbell.net or go to https://www.sirbr8.com/sir-science-online/ for more information.

4. Opera/Ballet

The Opera and Ballet activity, consists of sending out advance information and published reviews of live Met Opera performances and Bolshoi Ballet that are transmitted by Fandango in HD to our local Century theaters. To see what's coming, please go to https://www.sirbr8.com/opera/ or contact David Bushnell at dbushn@swbell.net.

5. Internet Games

Internet Cribbage is played each month in a tournament format as a two-person game, one on one.

Mexican Train Dominoes is also played online with all players connected by Zoom. To sign up, contact Don Atwater at datwater@pacbell.net or go to https://www.sirbr8.com/internet-games/.

6. Poker

SIR Branch 146 in Walnut Creek has invited Branch 19 members to join in their Poker Group #4! If you would like to play, please contact Pete Gates at petegates10@gmail.com or call him at 925-937-2035. Games are usually scheduled for 1-4 pm on the 4th Monday of each month. Hosting is rotated between members' homes. The host provides light snacks and beverages. Buy-in is \$10 and stakes are nickel, dime, and quarter with a limit of three raises. Dealer antes a nickel per player.

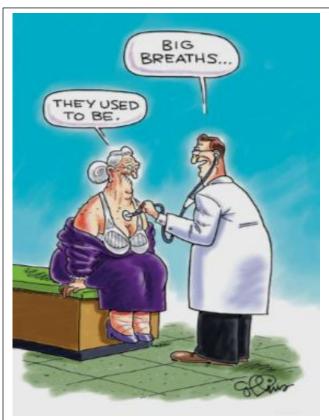
We are excited to offer these new activities to our Branch 19 members and want to thank the Walnut Creek Branch for inviting us to join. If you are interested in joining any of these groups, please contact them directly thru the Activity Chairs mentioned above or thru their respective websites.

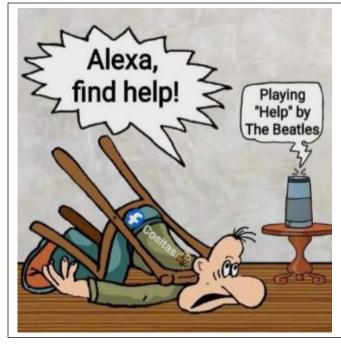
When signing up, please provide your name, branch (19), and email address.

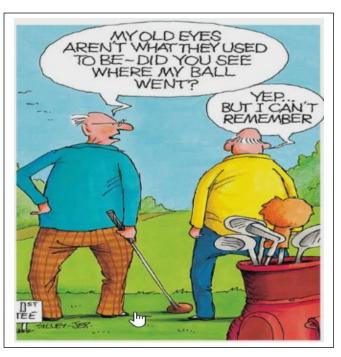
Roger Moseley (Big Sir)

COMEDY CORNER









Branch 19 Activities

Hiking Group - Abrigo Valley Trail



SIR Don Ruddell



Fellow Sirs,

On Wednesday, April 16, eight of us SIR hikers enjoyed a 3.0 mile out-and-back hike on the Abrigo Valley trail in Briones Regional Park. The hills were still green, wildflowers were out and we got to see two bulls fighting! Thank you to those who attended (myself, Roger Moseley, Lee Boner, Stephen Valentine, Barry and Bobbi Silberman, Bill and Maureen Clark) The hike was enjoyed by all!

After the hike, we all further enjoyed lunch at the Europa HofBrau in Orinda.

Save-the-Date: Wednesday, May 21, 10:00am, Fossil Hill, Shell Ridge Open Space An email including more detail will be sent to all in mid-May. Please remember that spouses, partners and friends are always welcome to come along!

Any questions or concerns, please don't hesitate to contact me Sir Don Ruddell <u>druddelldds@gmail.com</u> (925) 787-7585





SIR Branch 19 Dine Around - Thurs, May 15th - 5:30pm

Back Forty Texas BBQ





When you visit our BBQ Restaurant in Pleasant Hill, we'll treat you like a guest invited to our home. Your food will always be prepared fresh-from-scratch, using the freshest and finest ingredients for our authentic Austin, Texas recipes.

One of the nation's Top-24 Barbecue teams

Location: 100 Coggins Dr, Pleasant Hill

When: Thursday, May 15th (Happy Hour 5:30-6:00 pm - Dinner 6:00 pm)

Website and Menu: <u>Dine In - BackForty Texas BBQ</u> (925) 935-1440

Order from the menu - Each couple will receive a separate check







To register, please contact: Roger & Nancy Moseley <u>rogermoseley855@gmail.com</u> or call (925) 381-5843

<u>Please provide number of people attending & (Please RSVP by Friday, May 9th)</u>

<u>Please ask for the (Sirs Dinner Party) at the restaurant</u>

SIR Branch Dining Out Coordinators



SIR Branch 19

Dine Around Coordinators (2025)



We are looking for people to be Dining Out Coordinators. If you would be interested in volunteering for any vacant future Dining Out Dates (see below), please contact Roger Moseley at rogermoseley855@gmail.com

Dining Out Coordinators are required to:

- 1) Pick a restaurant.
- 2) Verify that the restaurant will honor separate Dinner checks.
- 3) At least four weeks prior to the dinner, notify Rich Balovich at <u>r.balovich@aol.com</u> Regarding the restaurant you've chosen and the dinner date.
- **4)** Rich will then create the Dining Out flyer, send it to you to verify the information, **once verified please email Rich Balovich @** <u>r.balovich@aol.com</u> and he will email the flyer to the SIR Branch 19 membership. **(The deadline for Branch 19 members to respond will be 1 week prior to the event).**
- 5) The coordinator will then make the reservation based on the number of membership responses they receive.

Date

January 16, 2025 February 20, 2025 March 20, 2025 April 24, 2025 May 15, 2025 June 19, 2025 July 17, 2025 August 21, 2025 September 25, 2025 October 23, 2025

Coordinator

Barry & Bobbi Silberman Chuck & Karen Morones Don & Ruth Weimann

Roger & Nancy Moseley Lee & Lisa Boner Jerry & Audrey Burton Martin & Lori Fennell Dave & Cathy Rege Jack & Michelle Barnaba

Dine Around Venues that Branch 19 has used in the past:

Fiore' Restaurant (925) 969-1887 Spicy Joi Banh Mi X Lao Street Food (925)787-7508 The Old Spaghetti Factory (925) 672-7711 Nepalese and Indian Restaurant (925) 825-3277 La Veranda Café_(925) 524-0011 Sichuan House (925) 933-3278 DeVino's Pizza & Pasta (925) 689-6666 Aung Burma (925) 332-7957

Lazy Dog Restaurant & Bar (925) 849-1221 Jack's Restaurant (925) 849-6195 Guadalajara Grill (925) 672-4430 DJ Bistro (925) 825-3277 Rocco's Pizzeria (925) 947-6105 La Pinata (925) 609-9119

SIR Branch 19 Wine Tasting Group Meeting

Theme:

White Wines

Thursday, May 22nd
Meeting Time 6:00PM

Bring:

- One bottle of wine
- Hot or cold appetizers that are a compliment to the wine you bring to share as we taste

Where:

Martin and Lori Fennel's House 1274 Kestrel Court, Concord

To attend - contact Martin & Lori Fennell:

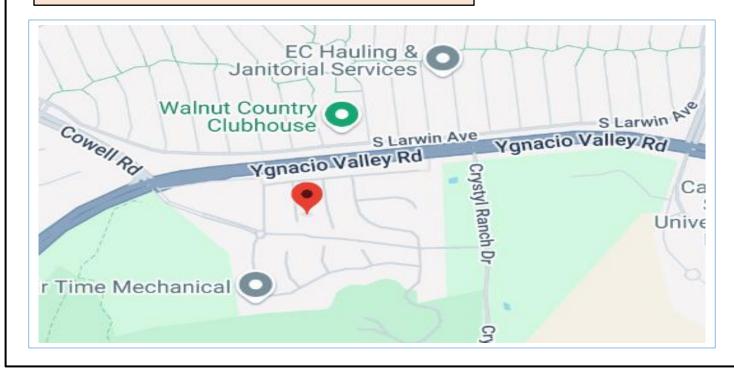
mailto:Martinfennell54@gmail.com (925) 212-9243

Directions:

The house location is noted by the Red indicator on the map below:







SIR Branch 19 Wine Tasting - Coordinators



SIR Branch 19

Wine Tasting Coordinators (2025)



We are looking for people to be **Wine Tasting Coordinators**. If you would be interested in volunteering for any future Wine Tasting Dates please contact Roger Moseley: rogermoseley855@gmail.com

Wine Tasting Coordinators are required to:

- 1) Host a group of Sirs / spouses etc.
- 2) Decide the date & time you want to host from the vacancies in the Coordinator list below.
- 3) Decide that you will host from either your home or someone else's home.
- 4) Decide what wine / beer you want to taste along with a side dish for everyone to bring.
- 5) At least 3 weeks prior to the wine tasting, notify Rich Balovich at <u>r.balovich@aol.com</u> regarding the information in items #2, 3, & 4 above.
- 6) Rich will then create the Wine Tasting Flyer and send it to you for review.
- 7) Once you have reviewed the information on the flyer, email Rich Balovich at <u>r.balovich@aol.com</u> with your comments. Rich will then incorporate any revisions and send the flyer to the SIR Branch 19 membership. (<u>The deadline for Sirs to respond will be 1 day prior to the event</u>).

<u>Date</u>	<u>Coordinator</u>
January 2025	
February 2025	
March 28, 2025	Ruth & Don Weimann
April 2025	Lee & Lisa Boner
May 2025	Lori & Martin Fennell
June 2025	
July 2025	Neil & Debbie Powell
August 2025	
September 2025	
October 2025	
November 2025	

LUNCHEON INVITATION CARDS

At the September 2024 luncheon we gave out Luncheon Invitation Cards. Have you given them out to any prospective new SIR members? Keep them in your wallet so you have them ready for any new prospects. The best way to get new members is by YOUR personal contact. If you need any more cards, please contact Dennis Wasco (<u>mailto:dennis.wasco@sbcglobal.net</u>).

Branch 19 Golf Information



Nine Hole Golf Group

NOTE:

9 Hold Golf has temporarily been suspended due to lack of a new location (More information later)





Sir John Ackers (Golf Chair)

johnackers94521@gmail.com Cell: (925) 250-9085

18 Hole Golf Schedule

Tee time 9:30am unless otherwise noted

May 6 Lone Tree

May 8 Elkhorn THURSDAY

May 13 Franklin Canyon

May 20 Lone Tree

May 22 The Reserve THURSDAY

May 27 Hiddenbrooke



The Bocce Report





The bocce season starts the week of April 27 for the concord bocce league.

Play continues through September with the playoffs.

SIR Tom Lathrop <u>lathrop689@aol.com</u>

SIR Branch 19 Bowling News





Branch #19 hosted its annual SIR bowling tournament on March 25th - 26th. Mike Kropf served as the Tournament Manager for the 17th consecutive year.

The tournament had 91 participants/guests from 13 SIR branches. This was a return to a pre-pandemic number of participants and an increase of 25% over last year.

SIR Mike Kropf <u>mdkropf@astound.net</u>
Gary Kaufmann <u>gkaufmann813@gmail.com</u>

Ways to Serve Your Branch

The following is a list of available Branch 19 positions
If you are interested in any of these volunteer positions please email
Roger Moseley: rogermoseley855@gmail.com

Activities Chair

Ramp Members: Work with the little Sir to help grow our branch

Dining Out / Wine Tasting Coordinators:Volunteers that coordinate one monthly
Dining Out or Wine Tasting activity

Activities at Other SIR Branches

Area16 - SIR Branch 128 - Investments / Wealth Management

\$ums Investment Group

Next Meeting (May 28th)



As usual we will Zoom with SIR Branch 128 (San Ramon) on the 4th Wednesday at 1:30 PM. Email Dave Sutton to be included or to learn the topic.

Chair - Tom Henry - Branch 174 - <u>tomhenry925@gmail.com</u> Co-chair Dave Sutton - Branch 8 - <u>davesutn@comcast.net</u>

Area 2 - Fishing Group



The Legends

Diablo Creek Golf Corse 4050 Port Chicago Highway in Concord

Next Meeting Date: Thursday, May 29th



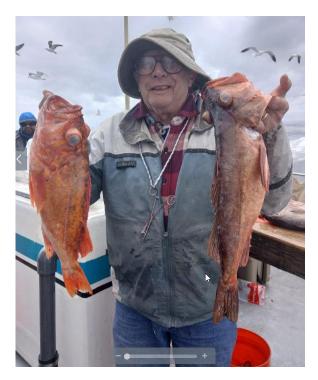
SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Next meeting will be at the Legends restaurant at the Diablo Creek golf course at Port Chicago Highway and Highway 4 on Thursday, May 29th at 8:30am. Come early.

Fishing has been slow for us so far this year. Regulations are the problem. We are optimistic about an opening of areas we can fish in May. Meanwhile, the delta has been slow, but Tom Kostik, Stan Wong, and Harry Sherinian caught stripers and black bass. Tom had to release a 5 foot sturgeon he caught as we cannot keep any sturgeon this year. Ken Bellinder went to Mexico to catch 2 nice sized sierra. Carl Moyer fished for deep water rockfish twice and caught limits of big fish. David Paulson caught a nice trout at Lafayette Reservoir. The only trout for a month at a time when we catch many. So many regulations. AND we now have a salmon season but not much. A few days in June and July. A few more days in August, September and October.

Contacts: Phil Scimonelli (661)-917-8060, Carl Moyer (925) 685-5243



David Paulson caught this nice rainbow at Lafayette Reservoir



Carl Moyer caught these nice rockfish near the Farallon Islands

State Sir Happenings

Below is a link to "The Happenings" which is produced by the State SIR organization. It contains information from State SIR and contains many of the SIR Newsletters from SIR Branches throughout California. If you have an interest in knowing what's going on with State SIR or other SIR branches, please click on the link below.

Click here to download your personal copy of Happenings

PLEASE Donate to the Concord Food Bank



Food Drive

PLEASE BRING A NON-PERISHABLE FOOD DONATION TO THE NEXT LUNCHEON

Please bring non-perishable food *in jars, cans, and sealed packets (No Glass please)*. We recommend sauces, soups, beans, vegetables, honey, peanut butter, candy, boxed juices, long-life milk, coconut cream and fish in oil. *(Please do not bring food with expired "use by" dates)*.

Sir Jerry Burton will collect the donated food and take it to the Concord Food Bank.

Thanks for your help, it will make a big difference in someone's life!!!!!

Social Ties Boost Survival by 50 Percent

WHO KNEW? BEING A SIR MEMBER PUTS YOU AHEAD IN THE GAME!

A meta-study covering more than 300,000 participants across all ages reveals that adults get a 50 percent boost in longevity if they have a solid social network

https://www.scientificamerican.com/article/relationships-boost-survival/



Sir Multi-Branch Travel Opportunities

Sir Branch 146 is working with other Sir branches to provide vacation trips to interesting parts of The world. *For those interested in these trips*, either contact me (Glen Breslin) at **(925) 788-6520** / <u>alennbreslin@gmail.com</u> or contact (Overseas Adventure Travel) directly at (800) 955-1925.

1 -Vietnam/Cambodia

10/19/25 to 11/7/25 (\$3495/\$4695 with Air)

- Angor Wat Post-Trip Included available
- LINK HERE
- Use 2025 SIR Group code is G5-30339

2 - Australia/New Zealand

1/7/26 to 1/25/26 (\$5295/\$7645 with Air)

- Both Melbourne Pre-Trip and Fiji Post-Trip available
- LINK HERE
- Use 2026 SIR Group code is G6-30339

3 - Japan/Korea

4/1/26 to 4/16/26 (\$7495/\$9095 with Air)

- Hiroshima Post-Trip available
- LINK HERE
- Use 2026 SIR Group code is 65-30339

Branch 19 Leadership

Big Sir: Roger Moseley Little Sir: Jim Cala

Secretary: Mel Boksenbaum

Asst. Secretary: TBD

Treasurer: Dennis Barbieri Asst. Treasurer: Joe Gillis

Membership Chair: Bill Hockenson

Webmaster: Larry Long Golf Chair: John Ackers

Exec Nomination Committee

(Chair): Jerry Burton

Audit Committee Chair: Bill Clark **Bowling:** Gary Kaufmann, Mike Kropf Publicity & Image Chair: Dennis Wasco

Bocce Capo: Tom Lathrop

Attendance Chair: Martin Fennell Speaker Committee: Jim Cala

Chaplin: John Carl

Assist. Membership Chair: Miles Nikaido Bulletin Editor: Rich Balovich (Director)

Activities Chair: Vacant