

*A Non-Profit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement  
Our mission is to improve the lives of our members through fun activities and events while making friends for life*



# ROOSTER TALES

**Next Luncheon - Thursday, June 1<sup>st</sup>**  
*The Elks Lodge - 200 Marina Blvd, Pittsburg*

## *Big Sir Message*



**Herb Forthuber**

Well, here we go again. The first half of this year is now almost gone. I write this on May 18, and June 1 is just around the corner.

So, what do we have planned for our next lunch? Martin has outdone himself again with putting together another fabulous lunch buffet. Many thanks to Martin for keeping the menu choices current and interesting. The menu for this lunch will be Italian Salad with 2 dressings, Cheese Tortellini with Creamy Pesto Sauce, Baked Ziti with meat sauce, and Chicken Fettuccini Alfredo. As I stated, it will be delicious.

Our speaker this month is one of our own members again. SIR Fred Fuld will be the featured speaker this month, Fred will present a very interesting topic including the AI Industry growth.

*Herb Forthuber (BIG SIR)*

## *The Clayton Art and Wine Festival*



Once again, this year SIR Branch 19 had a tent at the Clayton Art and Wine Festival on April 29th and 30th. It was a great opportunity to let the community know what activities SIR offers and recruit new members. The weather was great and the crowds steady. 14 men showed interest and we are currently following up with them. Many thanks go the SIRs who participated: Nagata, King, Boksenbaum, Peterson, Moseley, Polson, Mulholland, Kostik, Foster, Martin, Balovich, Weimann, Fennell, Costanzo, and Wasco. Our next event will be Oktoberfest on September 30th - October 1st. EIN PROSIT!

*Sir Dennis Wasco*

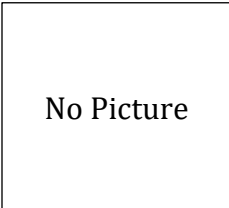
## Buffet Lunch Menu

- Italian Style Salad + 2 dressings
1. Cheese Tortellini with Creamy Pesto Sauce. (Vegetarian)
  2. Baked Ziti with Meat Sauce
  3. Chicken Fettuccini Alfredo
- Baked French Bread & Butter



## New Sir Members

### New Members in April and May

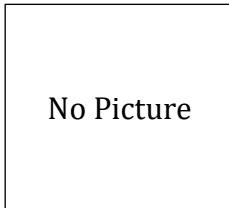


No Picture

**Lee Boner**



**Peter Dunn**



No Picture

**Rich Enea**



**Philip Mathews**

## June Birthdays



Ronald Carriveau	James Martin Ja
Thomas Kostik	Brian Mulligan
Larry Long	Neil Powell
Robert Lunghi	David Welch

## June Anniversaries

First Name	Last Name	Joined Sir	YR SIR
Homer	Colvin H	06/07/01	22
Jack	Barnaba	06/05/08	15
George	Darrow	06/04/15	8
David	Welch	06/04/15	8
Terry	Betts	06/01/17	6
Martin	Fennell	06/01/17	6
Mel	Boksenbaum	06/13/19	4
James	Townsend	06/08/22	1

## Financial Statement

### Treasurer Report

April 30<sup>th</sup>, 2023

#### Account Balances

Petty Cash	\$250.00
<b>General Account</b>	
Unencumbered	\$5,674.01
Excursion Fund	00.00
Holiday fund	00.00
Picnic Fund	<u>554.00</u>
<b>Total General Acct.</b>	<b>\$5,120.01</b>
<b>Custodial Account</b>	
Bowling	\$525.44
Golf	<u>\$1,373.55</u>
<b>Total Custodial</b>	<b>\$1,898.99</b>
<b>Total Funds</b>	<b>\$7,269.00</b>

*Sir Dennis Barbieri*

## The Calendar

- Sir Luncheon** – Thursday, June 1<sup>st</sup>
- Mulholland Ridge (Moraga) Hike** Wednesday, May 31<sup>st</sup>
- \$ums in Retirement** – Wednesday, June 28<sup>th</sup>
- Area 2 Fishing Group** – Thursday, June 22<sup>nd</sup>
- Golf** – (See below)
- Wine Tasting** – No Wine Tasting in June
- Dine Around** – No Dine Around in June

## June Speaker – Sir Fred Fuld



**Sir Fred Fuld**

Fred Fuld III was a former executive in the financial services industry who started out working as a stockbroker, and later as a market maker on the options floor of the Pacific Stock Exchange. He then became vice president of a San Francisco based investment management firm. He also worked as an adjunct professor for the College of Business at California State University East Bay.

He is the publisher of the Wall Street News Network website: (<https://WStNN.com>) and has written several books, both non-fiction investment related books and fiction mystery novels. He also created over 20 finance related computer programs. Television appearances include CNBC, Fox Business News, and Globo TV.

Fred will provide an interesting introduction to Artificial Intelligence otherwise known as (AI), a new major technology that will affect all of us.

## New Luncheon Policy

***Branch 19 must pay for lunches that are initially reserved and then cancelled. In order to avoid financial loss, the following policy has been enacted by the Branch 19 Branch Executive Committee:***

1. Luncheon cancellation is required by 5pm on the Monday of the week of the luncheon
2. If not cancelled the luncheon cost will be invoiced at the next luncheon

## Member attendance at BEC meetings

***Anyone is welcome to attend the Branch 19 Executive Meetings  
These meetings are held typically beginning at 9:30am  
on the morning of the monthly luncheon***

If you would like to voice an issue related to SIR, or just wish to attend a Branch 19 Executive Committee meeting please email **Herb Forthhuber** [herbforthuber@yahoo.com](mailto:herbforthuber@yahoo.com) to reserve your place in the meeting room.

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SIR  
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WeAreSir.com  
SIRinc.org

Order From this link:  
<https://sir.ourproshop.com/>:



*(Note: Hats are again available on the website)*

## CC County Covid Updates



Covid 19 updates for Contra Costa County are available at the following link:

<https://coronavirus.cchealth.org/>



## Please feel free to bring a guest to the SIR luncheons

If bringing a guest, please follow the Guest Requirements specified in the monthly SIR luncheon email notification which is sent to all SIR Branch 19 members.



## Message from the Activities Chairman



**Roger Moseley**



Hoping everyone is enjoying our beautiful weather now that it appears Winter is finally over!

Our next outing will either be **The Rosie the Riveter National Park** in Richmond or the **Anheuser Busch Brewery** tour in Fairfield depending on me overcoming some scheduling issues. Either way, we'll do both this year. News to follow.



As a reminder, additional activities are available outside Branch 19, **including Poker** (See the list of shared activities on the next page).

We have some great speakers lined up for the remainder of the year. Please join us for lunch and hear what they have to say about some timely and interesting topics (See the Luncheon Speakers Calendar for 2023 below).

And don't forget about the Summer Picnic which will be on Thursday, September 14<sup>th</sup>.

*Sir Roger Moseley (Little Sir / Activities Chair)*

## ***New Branch 19 Shared Activities***

### **Great news for SIR Branch 19 members!**

Branch 8 in Walnut Creek is inviting Branch 19 members to selected activities including:

#### **1. Pickleball**

Played on Thursday mornings at 8:30 at Willow Pass Community Park in Concord. Ladies are welcome. To sign up, contact Nick Maufe at [ickmaufe@gmail.com](mailto:ickmaufe@gmail.com) or go to <https://www.sirbr8.com/pickleball/> for more information.

#### **2. Pinochle**

Meets on the second and fourth Wednesdays of the month at Rocco's Restaurant in Walnut Creek at Encina Grande Shopping Center. Meet for lunch at noon with cards from 1:00 to 3:00. Ladies are welcome. To participate contact Stan Johnson at [stan.johnson88@gmail.com](mailto:stan.johnson88@gmail.com), or visit their website at <https://www.sirbr8.com/pinochle/>.

#### **3. Science & Astronomy**

Consists of a daily email called "Sigma Xi SmartBrief". It contains links to half a dozen science articles from English language scientific journals around the world. It covers a broad selection of topics in science, engineering, medicine, and astronomy. To learn more, contact David Bushnell at [dbushn@swbell.net](mailto:dbushn@swbell.net) or go to <https://www.sirbr8.com/sir-science-online/> for more information.

#### **4. Opera/Ballet**

The Opera and Ballet activity, consists of sending out advance information and published reviews of live Met Opera performances and Bolshoi Ballet that are transmitted by Fandango in HD to our local Century theaters. To see what's coming, please go to <https://www.sirbr8.com/opera/> or contact David Bushnell at [dbushn@swbell.net](mailto:dbushn@swbell.net).

#### **5. Internet Games**

*Internet Cribbage* is played each month in a tournament format as a two-person game, one on one. *Mexican Train Dominoes* is also played online with all players connected by Zoom. To sign up, contact Don Atwater at [datwater@pacbell.net](mailto:datwater@pacbell.net) or go to <https://www.sirbr8.com/internet-games/>.

#### **6. Poker**

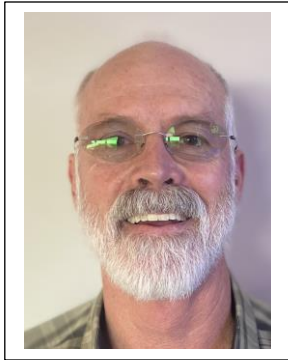
SIR Branch 146 in Walnut Creek has invited Branch 19 members to join in their Poker Group #4! If you would like to play, please contact Pete Gates at [petegates10@gmail.com](mailto:petegates10@gmail.com) or call him at 925-937-2035. Games are usually scheduled for 1-4 pm on the 4<sup>th</sup> Monday of each month. Hosting is rotated between members' homes. The host provides light snacks and beverages. Buy-in is \$10 and stakes are nickel, dime, and quarter with a limit of three raises. Dealer antes a nickel per player.

We are excited to offer these new activities to our Branch 19 members and want to thank the Walnut Creek Branch for inviting us to join. If you are interested in joining any of these groups, please contact them directly thru the Activity Chairs mentioned above or thru their respective websites.

When signing up, please provide your name, branch (19) and email address.

*Roger Moseley*

# Hiking Group – Briones Regional Park



**SIR Don Ruddell**



Hello fellow Sir hikers:

On Wednesday, May 17, we had another wonderful SIR hike to Briones Regional Park at the Bear Creek Staging area. Three mile out-and-back under a beautiful blue day and we crossed paths with a Coyote!

Afterward, the entire group enjoyed delicious sandwiches and salads at Europa Hofbrau in Orinda. Neglected to take any pictures during the hike but posted are a few pictures from other sources.

**Save-the-Date: Next hike on Wednesday, May 31, 10:00am - Mulholland Ridge in Moraga.**

Sir Don Ruddell [druddeldds@gmail.com](mailto:druddeldds@gmail.com) (925) 787-7585



## Ways to Serve Your Branch

*The following is a list of available Branch 19 positions  
If you are interested in any of these volunteer positions please email  
Herb Forthuber [herbforthuber@yahoo.com](mailto:herbforthuber@yahoo.com)*

**Little Sir (for 2024)**

**Assistant Secretary**

**Recruiting Chair**

**Activities Chair** (*Currently: Roger Moseley*)

**Member Relations Chair**

**Sunshine Chair**

**Asst. Membership Chair**

**DATE Chair**

**Branch Audit Committee Chair**

**Speaker's Committee**

**RAMP Members:** *These roles work with the Little Sir to help grow our branch*

## Social Ties Boost Survival by 50 Percent

**WHO KNEW? BEING A SIR MEMBER PUTS YOU AHEAD IN THE GAME!**

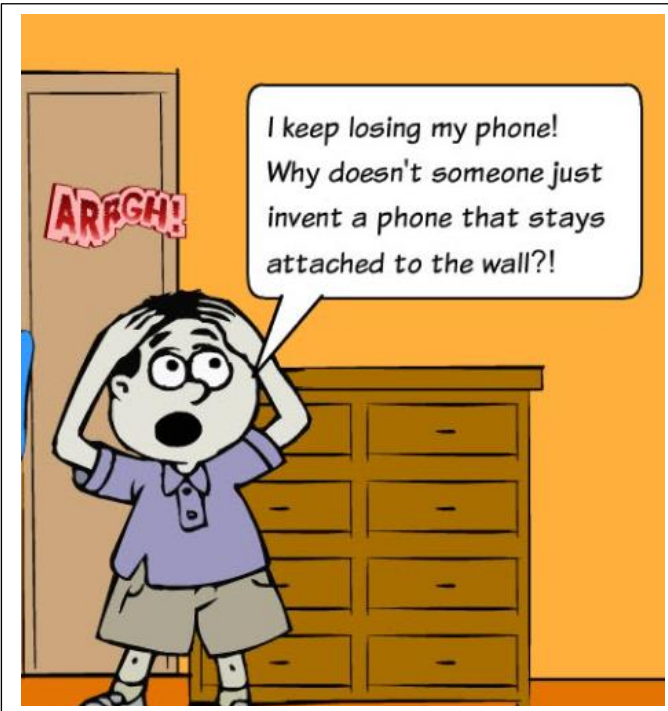
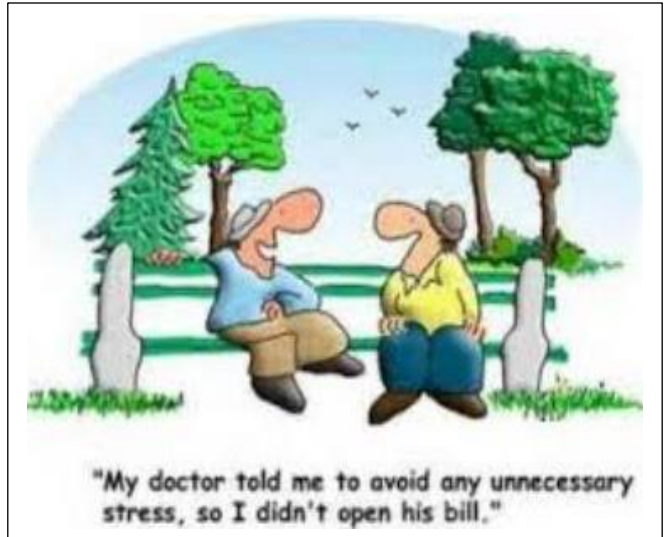
A meta-study covering more than 300,000 participants across all ages reveals that adults get a 50 percent boost in longevity if they have a solid social network

<https://www.scientificamerican.com/article/relationships-boost-survival/>



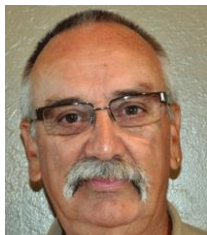
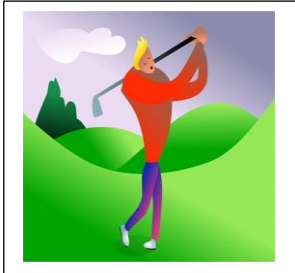


# COMEDY CORNER



# Branch 19 Activities

## Branch 19 Golf Information



**Sir Jerry Burton**  
 (Golf Chair)  
[ajgolf24@gmail.com](mailto:ajgolf24@gmail.com)  
 Cell: (925) 682-9797  
 Home: (925) 827-1909

### Nine Hole Golf Group

(Buchanan Golf Course)  
 For Information Call *Martin Fennell*  
**925-212-9243**  
[Martinfennell54@gmail.com](mailto:Martinfennell54@gmail.com)

### 18 Hole Golf Schedule

6/6/23	Lone Tree
6/8/23	Redwood Canyon
6/13/23	Blue Rock Springs
6/20/23	Lone Tree
6/22/23	Paradise Valley
6/27/2	Chardonnay

(All start times will be 9:30)

### 18 Hole Golf WINNERS !!

**Lone Tree (May 23<sup>rd</sup>)**  
 Flight A: Miles Nikaido  
 Flight B: Dennis Wasco  
 Flight C: Don Burkard

**Lone Tree (May 9<sup>th</sup>)**  
 Flight A: Ben Olison  
 Flight B: Dennis Wasco  
 Flight C: Tom Lathrop

**Swenson Park (May 2<sup>nd</sup>)**  
 Flight A: Louie Audas

**Franklin Canyon (May 16<sup>th</sup>)**  
 Flight A: Chuck Walls  
 Flight B: Dennis Wasco  
 Flight C: Don Burkard

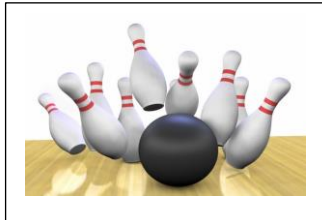
## The Bocce Report



**SIR Tom Lathrop**  
 (Bocce Chairman) [lathrop689@aol.com](mailto:lathrop689@aol.com)

The bocce ball season began the first week of May with rain cancellations. Since then we have had two weeks of good competition. The Wednesday team is 4-2 after the first two matches. The Thursday team is 2-4. The regular season goes until September.

## SIR Branch 19 Bowling News



SIR Mike Kropf [mdkropf@astound.net](mailto:mdkropf@astound.net)  
 Gary Kaufmann [gkaufmann813@gmail.com](mailto:gkaufmann813@gmail.com)

Updated information will be provided in the July newsletter.

## Golf – Golden Year Championship

For only \$10.00, SIR Branch 19 Golfers enjoy a competition that starts on April 1st and ends October 31st. For each round played, the golfer earns points based on what place they finish. The points are tallied all season. At the end of the season the top point earners, 25% of all golfers, are invited to play the final Championship round during the last week in October. The victor of that final round is crowned the Golden Year Champion for SIR Branch 19 Golfers. The runner-up golfers are awarded a cash prize based on the place they finish. **The Golden Year Champion** is awarded the largest **Cash Prize**, a **Monogrammed, Golden Polo Shirt**, and the chance to keep the **Perpetual Trophy** until it is passed on to the next year's champion.

**Past Champions:**

- 2017 Rob Crabaugh
- 2018 Duane Deonigi
- 2019 Bill Hockenson
- 2020 Corona Virus
- 2021 Bill Hockenson
- 2022 Roy Priest.



If interested, please contact Sir Bill Hockenson - [billhockenson@gmail.com](mailto:billhockenson@gmail.com)

Hello Golf Buddies,

It was a beautiful day at The Reserve. We had 4 golfers shoot at or below Net Par today.

In First Place SIR **Joe Gillis** earned **7 Golden Year Points**. He earned **6 GY Points for First Place** and **1 Bonus GY Bonus Point for shooting a Net 69**, (3 strokes below Net Par). Great round Joe! Of course we can't go any further without patting a little boy, Master **Calvin Riodan**, who popped the buttons on Grandpa Joe's shirt by getting a **HOLE IN ONE** on the 4th Hole, a Par 3 with his Driver. Whoop Whoop!!!!!!

In **Second Place three golfers earned 6 Golden Year Points**. **SIRs Rick Amador, John Ackers, and Mike Scott shot a Net 70**, 2 strokes below Net Par. They earned **5 GY Points for Second Place and 1 GY Bonus Point** for shooting below Net Par.

The rest of us couldn't reach our Net Par goals. Oh well, we all have another chance next Tuesday when we gather at Hiddenbrooke and turn it on there!

Details of everyone's round at The Reserve can be found below.

Until Next Time-Fore!

<b>The Reserve at Spanos Park</b> <b>Thursday, 5/25/2023</b> Par 72					
Net Score	Place Finished	Name	Place Points	Bonus Points	Total Points
		**note a name in red with strike through is not in GY Competition but played			
70	1	Amador, <del>Ingersol</del> , Ackers, Scott	6	1	7
73	2	Audas	5	0	5
74	3	Hockenson, Mulholland, Foster	4	0	4
75	4	Martin	3	0	3
77	5	Hillaker	2	0	2
79	6	Gillis	1	0	1
80	7	Fennell	1	0	1
81	8	Moseley	1	0	1
85	9	Peterson	1	0	1

## Golf - Golden Year Standings 2023

Golden Year Championship 2023 - 50% Of All Possible Rounds Will Be Adjusted by Tossing Your Worst Scores

Last Name	Lone Tree 4/4	Diablo Creek 4/11	Cypress Lakes 4/18	Lake Chabot 4/20	Lone Tree 4/25	Swensen 5/2	Lone Tree 5/9	Franklin Canyon 5/16	Lone Tree 5/23	The Reserve 5/25	Hiddenbrooke 5/30	Lone Tree 6/6	Redwood 6/8	Blue Rock Springs 6/1	Lone Tree 6/20	Paradise Valley 6/22	Chardonnay 6/27	Mickle Grove 7/11	Hiddenbrookd 7/18	Lone Tree 7/25	Rancho Solano 7/27	Poppy Ridge 8/1	Lone Tree 8/8	Franklin Canyon 8/15	Elkhorn 8/17	Lone Tree 8/22	Cypress Lakes 8/29	Hiddenbrooke 9/5	Swenson 9/12	Lone Tree 9/19	Cypress Lakes 9/21	Paradise 9/26	Lone Tree 10/3	Lone Tree 10/10	Lone Tree 10/17	Mickle Grove 10/19		Pts before Tossing	Low Points Tossed	Current Standings			
Mulholland	7	2	6	0	5	1	0	4	0	4																														29	-3	26	
Audas	4	1	4	4	1	6	0	0	4	5																														29	-5	24	
Hockenson	3	9	1	0	6	1	2	1	1	4																														28	-4	24	
Nikaido	3	1	1	0	1	0	5	8	7	0																														26	-2	24	
Amador	1	1	7	0	1	0	1	1	6	7																														25	-3	22	
Walls	1	4	0	0	3	5	1	9	0	0																														23	-1	22	
Wasco	2	0	0	0	1	0	6	5	7	0																														21	0	21	
Foster	0	1	4	0	1	9	0	1	0	4																														20	-1	19	
Hillaker	3	1	1	5	2	0	6	1	3	2																														24	-5	19	
Buerke	1	1	1	6	0	3	1	0	7	0																														20	-2	18	
Burkard	1	1	0	0	3	1	3	4	7	0																														20	-2	18	
Scott	1	1	6	1	1	2	1	1	6	7																														21	-4	17	
Ackers	2	2	0	0	1	1	0	1	3	7																															17	-2	15
Kalano	0	8	3	0	1	0	2	1	0	0																														15	0	15	
Ray	0	1	0	0	1	0	6	0	7	0																														15	0	15	
Martin	1	1	1	3	0	1	1	1	6	3																															18	-4	14
Cala	0	0	1	0	9	0	1	0	2	0																														13	0	13	
Deonigi	6	4	1	0	0	0	1	1	0	0																														13	0	13	
Forthuber	3	5	1	1	1	3	1	1	0	0																														16	-3	13	
Olison	1	1	1	0	1	1	9	1	0	0																														15	-2	13	
Priest	3	1	2	0	5	1	0	0	1	0																														13	-1	12	
Gillis	1	1	1	1	5	0	3	1	1	1																														15	-4	11	
Fennell	1	1	1	1	1	1	3	2	3	1																														15	-5	10	
Mosely	0	1	1	5	0	1	0	0	0	1																														9	-1	8	
Barbieri	1	1	3	1	1	0	0	0	0	0																														7	0	7	
Fernando	1	2	0	2	0	0	1	1	0	0																														7	0	7	
Lathrop	1	1	1	0	0	0	3	1	1	0																														8	-1	7	
Peterson	1	1	0	1	1	2	1	0	1	1																														9	-3	6	
Burton	1	0	1	1	1	1	0	0	0	0																														5	0	5	
Darrow	1	1	1	0	1	0	0	0	0	0																														4	0	4	
Nagata	0	0	0	0	0	0	1	0	0	0																														1	0	1	
Krawesky	0	0	0	0	0	0	0	0	0	0																														0	0	0	
#Rounds	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36							

## State Sir Happenings



**Dave Gonzales**  
(Sir State President)

Below is a link to "The Happenings" which is produced by the State SIR organization. It contains information from State SIR and contains many of the SIR Newsletters from SIR Branches throughout California. If you have an interest in knowing what's going on with State SIR or other SIR branches, please click on the link below.

[Click here to download your personal copy of Happenings](#)

# Activities at Other SIR Branches

## Area 2 - Fishing Group



**The Legends**  
*Diablo Creek Golf Course*  
 4050 Port Chicago Highway in Concord  
**Next Meeting on Thurs, June 22<sup>nd</sup> 8:30am**



SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Contacts are Bob Lively 925-383-5193 and Carl Moyer 925-685-5243. Next meeting will be at the Legends restaurant at the Diablo Creek golf course on Port Chicago Highway and Highway 4 on Thursday, June 22<sup>nd</sup> at 8:30am. Come early.

No salmon this year! But deep-water rockfish started May 15<sup>th</sup>, and we may get into that. Rock-fishing closer to home is closed till July 15<sup>th</sup>. Halibut fishing in the bay is diminishing because it is the only game in town. Too many of us to list have enjoyed party boat and private boat fishing for the tasty flatfish, and stripers in the bay. Mike Corker and Tom Kostik caught a few black bass in the delta. Carl Moyer caught some trout shore fishing at San Pablo Reservoir. It has been a bad year weatherwise for fishing, but we shall overcome!

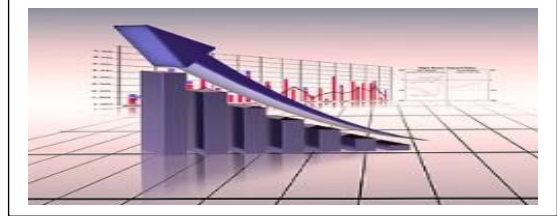
Contacts: *Bob Lively (925) 383-5193 / Carl Moyer (925)-685-5243*



Dave Havlik, Dr. Sam, Phil and Roisin Scimonelli, Lee Clark, and Carl Moyer caught these fine halibut in the bay.

## **SIR Branch 128 - Investments / Wealth Management**

### **\$ums Investment Group Next Meeting (Wed, June 28<sup>th</sup>)**



We will again join Branch 128's (San Ramon) Investment Group Zoom meeting on Wed June 28 at 1:30 PM. The topic will be International and Emerging Markets.

Email Dave Sutton to be included.

Chair - Tom Henry - Branch 174 [tomhenry925@gmail.com](mailto:tomhenry925@gmail.com)  
Co-chair Dave Sutton - Branch 8 - [davesutn@comcast.net](mailto:davesutn@comcast.net)

## **Branch 19 Leadership**

**Big Sir:** Herb Forthuber

**Little Sir:** Roger Moseley

**Secretary:** Mel Boksenbaum

**Asst. Secretary:** TBD

**Treasurer:** Dennis Barbieri

**Asst. Treasurer:** Ken Kuhn

**Membership Chair:** Bill Hockenson

**RAMP Chair:** Herb Forthuber

**Recruiting Chair:** TBD

**Activities Chair:** Roger Moseley

**Member Relations Chair:** TBD

**Publicity & Image Chair:** Dennis Wasco

**Golf Chair:** Jerry Burton

**Bowling:** Gary Kaufmann, Mike Kropf

**Bocce Capo:** Tom Lathrop

**Wine Tasting / Dining Out:** Don Weimann

**Sunshine Chair:** TBD

**Attendance Chair:** Martin Fennell

**Speaker Committee:** Herb Forthhuber

**Chaplin:** John Carl

**Bulletin Editor:** Rich Balovich (Director)

**Asst. Membership Chair:** TBD

**DATE Chair:** TBD

**Webmaster:** Larry Long

**Executive Nomination Committee: (Chair):** Jerry Burton

**Branch Audit Committee Chair:** TBD

### **State Sir**

**President:** Dave Gonzales (Branch 98)

**Area Representative:** Jay Gordon