

*A Non-Profit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement
Our mission is to improve the lives of our members through fun activities and events while making friends for life*



ROOSTER TALES

SIR Luncheon – Thursday, June 6th
The Elks Lodge - 200 Marina Blvd, Pittsburg

Big Sir Message



Roger Moseley

This month's message will focus on SIR Branch 19 activities and their leaders.

But first, a word about volunteerism.

What is a volunteer? Merriam-Webster defines a volunteer as “a person who voluntarily undertakes or expresses a willingness to undertake a service.” Funk & Wagnalls expands the definition to include “one who enters or offers to enter into some service or undertaking of one’s freewill.” Thus, volunteerism is “the act or practice of doing volunteer work in community service.”

At SIR Branch 19 volunteerism is what drives our organization and provides the necessary leadership needed to make our Branch a thriving one. All the work done to make Branch 19 a successful one is done by member volunteers. Whether it's leading a hike, coordinating an activity, or paying a bill, a SIR member volunteer has accepted the responsibility for doing so.

Some of the many volunteers who make our Branch work include:

- Mike Kropf and Gary Kaufmann, co-leaders of the Bowling League
- Tom Lathrop, leader of the Bocce Teams
- Don Ruddell, Hiking Group Leader
- Tom Kostik, Area 2 Fishing Group leader
- Don Weimann, Dine Around and Wine Tasting Coordinator
- Jerry Burton, Golf Chairman
- Martin Fennell, Attendance Chair
- Jim Cala, Speakers Committee Chair
- Dave Requa, Annual Picnic Coordinator
- All BEC members who devote their time and energy to the management of the Branch

Each of these members have stepped up to “undertake a service” in support of the Branch and our thanks go to each and every one of them.

So, if you have some time on your hands and are looking for something to do, please consider volunteering for one of the current openings posted in the “*Ways to Serve Your Branch*” Section below. Every contribution of your time, no matter how small, can have a meaningful impact on our Branch.

Roger Moseley (BIG SIR)

Lunch Menu

Surf & Turf

Chicken Cordon Blue
or Prawns
Baked Potato + Fixin's
Veggie
French Bread + Butter
Dessert



New Sir Members (May)

No New Members
in May

June Birthdays



Ronald Carriveau
Phillip Forsberg
Thomas Kostik
Larry Long

Robert Lunghi
Jim Martin Ja
Brian Mulligan
Neil Powell

June Anniversaries

First Name	Last Name	Joined Sir	YR SIR
Jack	Barnaba	06/05/08	16
George	Darrow	06/04/15	9
Terry	Betts	06/01/17	7
Martin	Fennell	06/01/17	7
Mel	Boksenbaum	06/13/19	5
James	Townsend	06/08/22	2
Frank	Achim Jr	06/01/23	1
John	Prentice	06/01/23	1
Stephen	Valentine	06/01/23	1
Scott	Wood	06/13/23	1

Financial Statement

Treasurer Report

April 30th, 2024

Account Balances

Petty Cash	\$250.00
General Account	
Unencumbered	\$10,269.79
Excursion Fund	00.00
Holiday fund	00.00
Picnic Fund	00.00
Total General Acct.	\$10,269.79
Custodial Account	
Bowling	\$2,190.52
Golf	<u>\$3,596.53</u>
Total Custodial	\$5,787.05
Total Funds	\$16,306.84

Sir Dennis Barbieri

SIR Calendar

Sir Luncheon - Tuesday, June 18th
Hiking - Thursday, Wednesday, June 12th
Sums in Retirement - Wednesday, June 26th
Area 2 Fishing Group - Thursday, June 27th
Golf, Bocce, Bowling - (See below)
Wine Tasting - TBD
Dine Around - Tuesday, June 18th

Sir Luncheon Policy

Branch 19 must pay for lunches that are initially reserved and then cancelled. In order to avoid financial loss, the following policy has been enacted by the Branch 19 Branch Executive Committee:

1. Luncheon cancellation is required by 5pm on the Friday prior to the luncheon.
2. If not cancelled the luncheon cost will be invoiced at the next luncheon.

Member attendance at BEC meetings

**Anyone is welcome to attend the Branch 19 Executive Meetings
These meetings are held typically beginning at 9:30am
on the morning of the monthly luncheon**

If you would like to voice an issue related to SIR, or just wish to attend a Branch 19 Executive Committee meeting please email **Roger Moseley** (rogermoseley855@gmail.com) to reserve your place in the meeting room.

Pro Shop
SHOW PRIDE IN BEING A SIR!
Wear, buy, provide your Branch the SIR Brand!

SIR
SOCIAL ACTIVITIES FOR MEN
WeAreSir.com
SIRinc.org

Order From this link:

<https://sir.ourproshop.com/>:



(Note: Hats are again available on the website)

Bring a Guest

Please feel free to bring a guest to the SIR luncheons

If bringing a guest, please follow the Guest Requirements specified in the monthly SIR luncheon email notification which is sent to all SIR Branch 19 members.



June Speaker – Author Michael Barrington



Michael Barrington

Michael Barrington was born in Manchester, England and spent his teenage years in a ‘not Harry Potter like’ boarding school in the Lake District. He joined a French Order of Missionary priests, and spent ten years in West Africa, three of them during a civil war when he was stood up to be shot. He lived for a year as a hermit in Northern Ireland, followed by six years in Scotland the director a retreat center. After a year teaching in Spain, he was assigned as rector of an international seminary in Puerto Rico. He now lives near San Francisco. As a member of Rotary International he flies all over the world monitoring and evaluating humanitarian projects and has worked in more than 30 countries. He is completely fluent in several languages, is an avid golfer and academically has three Masters’ Degrees and a Ph.D. He is also a published author.

On his bucket list is to pilot a helicopter, become fluent in Arabic and spend a week’s retreat at Tamanrasset in the Sahara Desert, and of course write an international best seller.

The following is a list of Michael’s published literary works:

The Bishop Wears No Drawers is a memoir of ten years as a missionary in Africa three of them during a civil war when he was stood up to be shot.

Let the Peacock Sing is a historical/literary/action novel set during the French Resistance World War II.

Becoming Anya, follows the romantic lives of a nun and an Italian/Swiss doctor set in Nigeria and Switzerland.

The Ethiopian Affair is an international thriller involving the CIA, M16, NISS and Somali pirates.

The Baron of Bengal Street, *The Making of an Irish Innkeeper*, is set in Manchester, England. How an immigrant rose from nothing to becoming a ‘gentleman.’

No Room for Heroes is a historical novel about the French Resistance in World War II and the major confrontation with the Germans at the historic Battle of the Vercors.

Magic at Stonehenge is a collection of 42 short stories. “You can enjoy all of them in the time it takes to enjoy a cup of coffee or a late afternoon cocktail.”

Take a Priest Like You (April 2024) Identified from birth as “the next priest in the family,” Michael’s struggles with his vocation and finally leaves the priesthood. His own story.

Labyrinth (Dec 2024) is a forthcoming literary novel combining five separate stories.

Michael is also an experienced public speaker with more than thirty years of experience.

He is married to a beautiful French lady, Annie Jacquemet, an accomplished painter who designs most of his book covers. They live near San Francisco with their rescued and spoiled Tibetan terrier, Cezanne.

New Branch 19 Shared Activities

Great news for SIR Branch 19 members!

Branch 8 in Walnut Creek is inviting Branch 19 members to selected activities including:

1. **Pickleball**

Played on Thursday mornings at 8:30 at Willow Pass Community Park in Concord. Ladies are welcome. To sign up, contact Nick Maufe at ickmaufe@gmail.com or go to <https://www.sirbr8.com/pickleball/> for more information.

2. **Pinochle**

Meets on the second and fourth Wednesdays of the month at Rocco's Restaurant in Walnut Creek at Encina Grande Shopping Center. Meet for lunch at noon with cards from 1:00 to 3:00. Ladies are welcome. To participate contact Stan Johnson at stan.johnson88@gmail.com, or visit their website at <https://www.sirbr8.com/pinochle/>.

3. **Science & Astronomy**

Consists of a daily email called "Sigma Xi SmartBrief". It contains links to half a dozen science articles from English language scientific journals around the world. It covers a broad selection of topics in science, engineering, medicine, and astronomy. To learn more, contact David Bushnell at dbushn@swbell.net or go to <https://www.sirbr8.com/sir-science-online/> for more information.

4. **Opera/Ballet**

The Opera and Ballet activity, consists of sending out advance information and published reviews of live Met Opera performances and Bolshoi Ballet that are transmitted by Fandango in HD to our local Century theaters. To see what's coming, please go to <https://www.sirbr8.com/opera/> or contact David Bushnell at dbushn@swbell.net.

5. **Internet Games**

Internet Cribbage is played each month in a tournament format as a two-person game, one on one. *Mexican Train Dominoes* is also played online with all players connected by Zoom. To sign up, contact Don Atwater at datwater@pacbell.net or go to <https://www.sirbr8.com/internet-games/>.

6. **Poker**

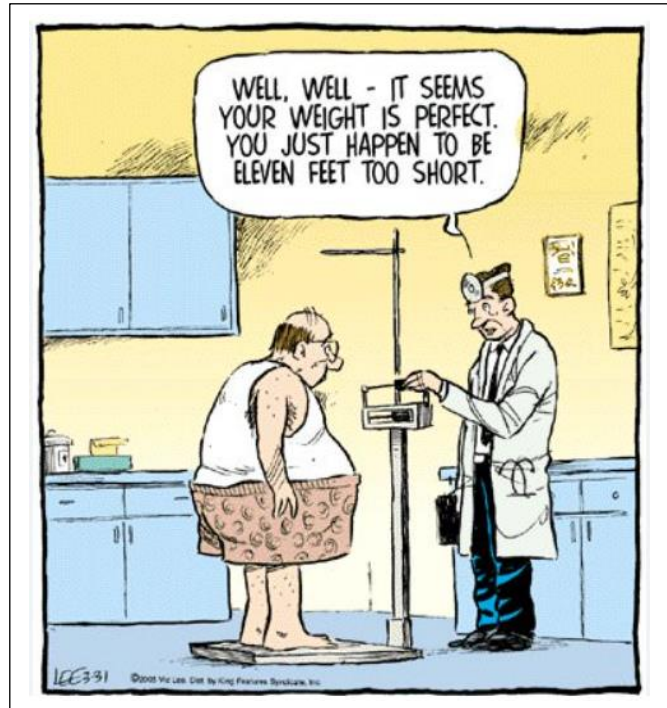
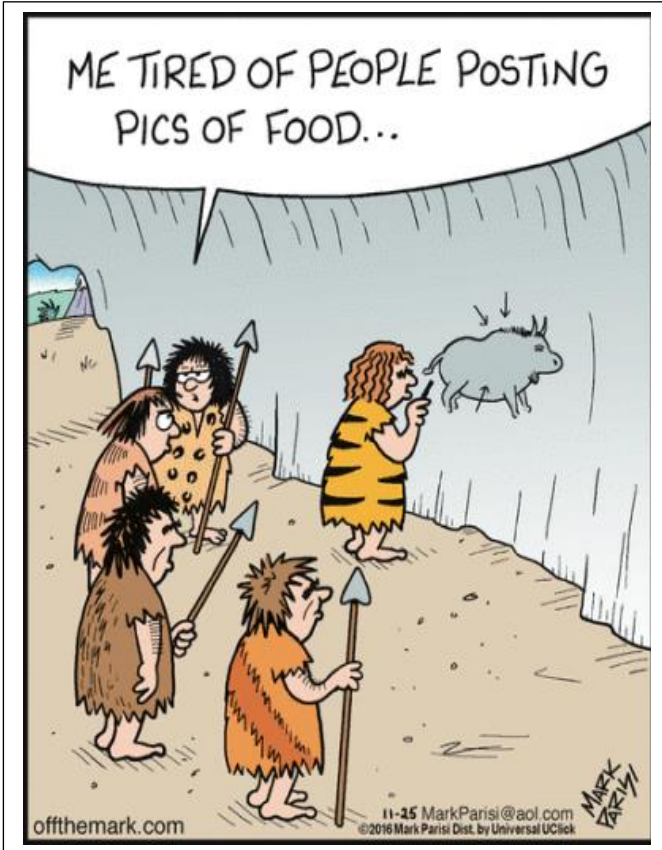
SIR Branch 146 in Walnut Creek has invited Branch 19 members to join in their Poker Group #4! If you would like to play, please contact Pete Gates at petegates10@gmail.com or call him at 925-937-2035. Games are usually scheduled for 1-4 pm on the 4th Monday of each month. Hosting is rotated between members' homes. The host provides light snacks and beverages. Buy-in is \$10 and stakes are nickel, dime, and quarter with a limit of three raises. Dealer antes a nickel per player.

We are excited to offer these new activities to our Branch 19 members and want to thank the Walnut Creek Branch for inviting us to join. If you are interested in joining any of these groups, please contact them directly thru the Activity Chairs mentioned above or thru their respective websites.

When signing up, please provide your name, branch (19) and email address.

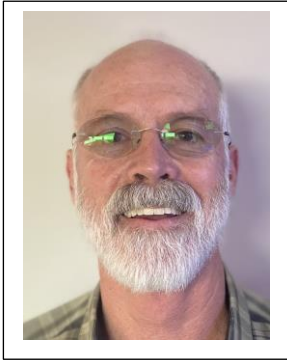
Roger Moseley

COMEDY CORNER



Branch 19 Activities

Hiking Group – Fernandez Ranch – June 12th (10:am)



SIR Don Ruddell



Five of us SIR hikers enjoyed a morning ramble on the Indian Creek trail on Shell Ridge on Wednesday, May 29th. And the general consensus was that we found the model Oak tree that was used for the Walnut Creek logo! See picture below - what do you think??

Those on the hike besides myself included Lee Boner, Martin Fennell, Rich Peterson and Stephen Valentine. We also enjoyed lunch together after the hike at Mendocino Farms in Walnut Creek.

Save-the-Date: Wednesday, June 12, 10:00am
Fernandez Ranch, Martinez (near Franklin Canyon Golf Course)
Picnic lunch afterwards - BYOL - Bring your own lunch!

More detailed email to follow next week.

Any questions or concerns, email me at druddeldds@gmail.com

Sir Don Ruddell druddeldds@gmail.com
(925) 787-7585



SIR Branch 19 Dine Around – (Tuesday, June 18th)

Lima Restaurant



Experience one of the world’s most eclectic culinary cultures; Lima brings a true taste of Peru offering a unique gastronomic experience. Every dish on the menu is prepared fresh daily with quality ingredients as we strive to deliver a delicious, intimate and unforgettable dining experience created by the award-winning Peruvian Chef and restaurateur John Marquez and his team. Our food and drinks are based on Peruvian traditions that embody the country's vibrant cuisine.

Authentic Peruvian flavors, Unforgettable food

Location: 2151 Salvio Street, Suite I, Concord, CA 94520

When: **Tuesday, June 18th** (Happy Hour **5:30-6:00** **Dinner 6:00 pm**)

Website and Menu: [Peruvian Restaurant | Concord, CA - Lima \(limaconcord.com\)](http://Peruvian Restaurant | Concord, CA - Lima (limaconcord.com))

(Order from the menu - Each couple will receive a separate check)



To register, please contact: Richard & Carmen Balovich

r.balovich@aol.com or call (925) 672-1040

Please provide number of people attending & (Please Respond by Tues, June 11th)

SIR Branch 19 Dine Around - Coordinators



SIR Branch 19 Dine Around Coordinators 2024/2025



We are looking for people to be Dining Out Coordinators. If you would be interested in volunteering for any of the Dining Out Dates in **RED** below, please contact Roger Moseley: rogermoseley855@gmail.com

Coordinators are required to:

1) Pick a restaurant, 2) Verify that the restaurant will honor separate Dinner checks, 3) Notify Rich Balovich at r.balovich@aol.com regarding the chosen restaurant and date. Rich will then create the Dining Out Flyer with the coordinator's email address and phone number and send it to the SIR Branch 19 membership. (The deadline for responding will be 1 week prior to the event). 4) The coordinator will then make the reservation based on the number of responses they receive.

<u>Date</u>	<u>Coordinator</u>
May 16, 2024	Roger & Nancy Moseley
June 18, 2024	Rich & Carmen Balovich
July 18, 2024	Neal & Debbie Powell
August 22, 2024	Martin & Lori Fennell
September 26, 2024	_____
October 24, 2024	Jack & Michelle Barnaba
January 16, 2025	Barry & Bobbi Silberman
February 20, 2025	Chuck & Karen Morones
March 20, 2025	_____
April 17, 2025	_____

Dine Around Venues that Branch 19 has used in the past:

- Fiore' Restaurant** - 5100 Clayton Rd, Concord / (925) 969-1887
- Spicy Joi Banh Mi X Lao Street Food** - 1687 Willow Pass Rd, Concord / (925) 787-7508
- The Old Spaghetti Factory** - 1955 Mount Diablo Street, Concord / (925) 672-7711
- Nepalese and Indian Restaurant** - 2118 Willow Pass Rd, Concord / (925) 825-3277
- La Veranda Café** - Center St., Clayton / (925) 524-0011
- Sichuan House** - Countrywood Shop Ctr, 2064 Treat Blvd, Walnut Creek / (925) 933-3278
- DVino's Pizza & Pasta** - 2221 Morello Avenue, Pleasant Hill / (925) 689-6666
- Aung Burma** - 2051 Salvio Street, Concord / (925) 332-7957
- La Veranda** - 6201 Center St, Clayton / (925) 524-0011
- Lazy Dog Restaurant & Bar** - 1961 Diamond Blvd, Concord / (925) 849-1221
- Lima Peruvian Restaurant** - 2151 Salvio St suite I / (925) 309-7774

Dine Around (Follow Up) – Thursday, May 16th

On Thursday, May 16th Nancy and I hosted the first Dine Around Event for 2024. Twenty-one people shared dinner at Fiore' Restaurant in Concord, CA. It was a great opportunity to see each other again, catch up and enjoy a nice dinner.

For those of you who attended, thank you again for your support.

Sir Roger Moseley (Big Sir) RogerMoseley855@gmail.com



Ways to Serve Your Branch

*The following is a list of available Branch 19 positions
If you are interested in any of these volunteer positions please email
Roger Moseley: rogermoseley855@gmail.com*

Activities Chair

RAMP Members: *These roles work with little Sir to help grow our branch*

Dining Out Coordinators: *This is a role which coordinates one monthly dining out activity*

Branch 19 Golf Information



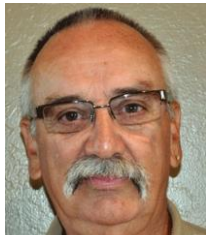
Nine Hole Golf Group

(Buchanan Golf Course)

For Information contact *Martin Fennell*

925-212-9243

Martinfennell54@gmail.com



Sir Jerry Burton

(Golf Chair)

ajgolf24@gmail.com

Cell: (925) 682-9797

Home: (925) 827-1909

18 Hole Golf Schedule

We have a 9:30 first T-time for all courses.

June 4 th	Lone Tree
June 11 th	Blue Rock Springs
June 18 th	Lone Tree
June 20 th	Paradise Valley
June 25 th	Chardonnay



The Bocce Report



Bocce information will be provided later in the season.

SIR Tom Lathrop

lathrop689@aol.com

SIR Branch 19 Bowling News



Our league ended and the Summer league has just begun. Updates will be provided at a later Date.

SIR Mike Kropf mdkropf@astound.net

Gary Kaufmann gkaufmann813@gmail.com

June 2024 Reno "High Desert Classic" Golf Event



Afternoon Sir Golfers & Guests,

This note is to provide you with information about the **June 2024 Reno "High Desert Classic" golf event** sponsored by SIR State Golf. The links below will provide you with the event flyer containing detailed information and the registration form to be used to sign up for the 3rd State golfing event of the year which will be held in June. Just click on the information links at the bottom of this note.

Additional information on all other SIR golfing events can be found on the SIR State Golf website at www.sirgolf.org.

Hope to see you in Reno.

Ben Gikis - 2024 SIR State Golf Committee Chair
408 802-9074, gikisben@yahoo.com

[2024 Reno Golfing Event Flyer](#)

[2024 Reno Golfing Event Registration Form](#)

Branch 19 - SIR of the Year Award



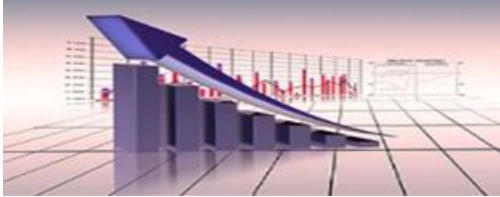
Congratulations to 2023 SIR of the year recipient Rich Balovich. Rich has done an excellent job of Collecting, compiling, and publishing all of the information for the monthly Branch 19 Rooster tales Newsletter. He has also been a valuable member of the branch executive committee. Thanks Rich for all your contributions toward the success of branch 19.

Sir Miles Nikaido

Activities at Other SIR Branches

Area16 - SIR Branch 128 - Investments / Wealth Management

\$ums Investment Group
Next Meeting (Date: June 26th)



As usual we will Zoom with SIR Branch 128 (San Ramon) on the 4th Wednesday of every month at 1:30 PM. Email Dave Sutton to be included or to learn the topic.

Chair - Tom Henry - Branch 174 - tomhenry925@gmail.com
 Co-chair Dave Sutton - Branch 8 - davesutn@comcast.net

Area 2 - Fishing Group



The Legends
Diablo Creek Golf Course
4050 Port Chicago Highway in Concord
Next Meeting Date: Thurs, June 27th



SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Contacts are Phil Scimonelli 661-917-8060 and Carl Moyer 925-685-5243. Next meeting will be at the Legends restaurant at the Diablo Creek golf course on Port Chicago Highway and Highway 4 on Thursday, June 27th at 8:30am. Come early.

Trout from San Pablo Reservoir were caught by Dave Havlik, Ray Pixton, George Vogt, and Carl Moyer. Dave, Carl, Brion Beetz, and Lee Clark caught halibut and stripers in the bay. Only Carl Moyer got out on the ocean for the opening of near shore rockfish. In 4 trips he landed rockfish, lingcod, and a bonus 20 - pound halibut. Stan Wong, Tom Kostik, and Phil Scimonelli fought feisty striped bass in the delta.

Contacts: Bob Lively (925-383-5193 / Carl Moyer (925) 685-5243

State Sir Happenings

Below is a link to “The Happenings” which is produced by the State SIR organization. It contains information from State SIR and contains many of the SIR Newsletters from SIR Branches throughout California. If you have an interest in knowing what’s going on with State SIR or other SIR branches, please click on the link below.

[Click here to download your personal copy of Happenings](#)

PLEASE Donate to the Concord Food Bank



Food Drive

**PLEASE BRING A NON-PERISHABLE
FOOD DONATION TO THE NEXT
LUNCHEON**

Please bring non-perishable food *in jars, cans, and sealed packets (No Glass please)*. We recommend sauces, soups, beans, vegetables, honey, peanut butter, candy, boxed juices, long-life milk, coconut cream and fish in oil. *(Please do not bring food with expired “use by” dates)*.

Sir Jerry Burton will collect the donated food and take it to the Concord Food Bank.

Thanks for your help, it will make a big difference in someone’s life!!!!

Social Ties Boost Survival by 50 Percent

WHO KNEW? BEING A SIR MEMBER PUTS YOU AHEAD IN THE GAME!

A meta-study covering more than 300,000 participants across all ages reveals that adults get a 50 percent boost in longevity if they have a solid social network

<https://www.scientificamerican.com/article/relationships-boost-survival/>



Branch 19 Leadership

Big Sir: Roger Moseley

Little Sir: Jim Cala

Secretary: Mel Boksenbaum

Asst. Secretary: Mark Mulholland

Treasurer: Dennis Barbieri

Asst. Treasurer: Joe Gillis

Membership Chair: Bill Hockenson

Assist. Membership Chair: Miles Nikaido

Webmaster: Larry Long

Ex Officio Big Sir: Herb Forthuber

Golf Chair: Jerry Burton

Exec Nomination Committee

(Chair): Jerry Burton

Audit Committee Chair: Bill Clark

Bowling: Gary Kaufmann, Mike Kropf

Publicity & Image Chair: Dennis Wasco

Bocce Capo: Tom Lathrop

Attendance Chair: Martin Fennell

Speaker Committee: Jim Cala

Chaplin: John Carl

Bulletin Editor: Rich Balovich (Director)

Webmaster: Larry Long

Webmaster: Larry Long

Activities Chair: Vacant