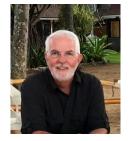
A Non-Profit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement Our mission is to improve the lives of our members through fun activities and events while making friends for life



ROOSTER TALES

Next Luncheon - Thursday, July 7th The Greenery Sports Bar and Grill

Big Sir Message



Someone once said, "the winds of change are upon us...". This could apply to SIRs also. Looking back for a moment, in 1958 four men in northern California conceived the idea of a retired men's organization. The purpose was to maintain old friendships, make new acquaintances, and promote the wellbeing of the organization. The membership was open as a **mens-only** group of **retired fellows**, regardless of race, color, or religion. These four men were our "grandfathers", born in the late 1890's. They had endured the Spanish Influenza, World War I, the Great Depression and World War II. They were hard workers and they were ready to retire

and enjoy the remainder of their lives. The organization was called *Sons in Retirement*. They espoused no political, religious, sectarian or fraternal philosophy. They incorporated as a non-profit legal organization in California.

The first SIR branch was in San Mateo with nine founding men members. More branches were quickly formed in central and northern California. At the peak there were 179 branches and, more that, 10,000 members. The motto was *Friends for Life*.

The next generation were our "father's and uncles" better known as the *Greatest Generation*. They worked hard and played hard, creating more jobs, housing and educational opportunities than the previous generations. They still valued the SIR memberships, maintaining friendships and making new acquaintances with their fellow men. They made the best music and drove the most attractive cars. It was a "*man's world*".

Starting in the 1980/1990's SIR began to lose active branches as their membership grew older and the men wanted more unstructured leisure times with fewer responsibilities to organize. Groups without leaders for SIR events gathered less frequently. Their families took more trips together in RV's, owned TV's, participated in their children's sports and maybe even expanded their work plan from the traditional age-65 retirement widely assumed to be the time to retire.

The next evolution was you and me; the men who worked during the 1960's to 2000's!! A lazy attempt to modernize adopted a new SIR logo: *Social Activities for Men*. And we became the wealthiest, best educated and least active men's group ever. The number of active SIR branches declined as did the number of active events organized. Fewer men volunteered for leadership positions, and the membership became more apathetic. Change?........... No thanks!!

A new plan to re-energize our SIRs includes an **identity change** <u>and</u> a **cultural shift.** No more **misogyny**; our membership will soon be opened equally to **both men and women**. We will actively recruit younger people who are **not yet retired**, but have discretionary free time to participate in activities and group events. Women are generally better organizers and will soon be golfing, playing bocce, pickleball, biking, hiking, walking, planning group dinners, taking daytrips to nearby events, etc. The men will be invited to participate, and will do so more readily because they didn't have to organize the events. Luncheons will have more engaging speakers and the women will require the food quality to greatly improve: healthy. The winds of change are upon us!! In the near future the **Big SIR will be a woman**. It could be your wife or daughter. Watch this space.

Jay Gordon (Big Sir)

July Speaker – Ernesto A. Avila



Ernesto A. Avila

Chair of the Finance, Operations and Engineering Committees for the Contra Costa Water District (CCWD)

> (Originally appointed in 2016; serving through 2024)

Ernesto A. Avila, P.E., was appointed in March 2016 to represent Division 3, which includes eastern Concord, Clayton, and part of Walnut Creek and Pleasant Hill. He began serving as President in May 2022, having previously served as Vice President since December 2020. Mr. Avila currently serves as the Chair of the Finance and Operations & Engineering Committees.

Mr. Avila has over 32 years of professional experience in planning, environmental compliance, regulation, design, and construction of water and wastewater works and municipal facilities. He is currently Principal/ Vice-President of a private engineering firm.

As a member of the Board, Mr. Avila brings his dedication to the community, passion for water issues, and his experience in the private and public sectors.

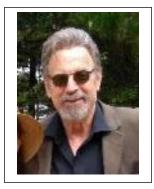
For the community, Mr. Avila has volunteered for many citizen-based committees/organizations including the Walnut Creek Transportation Commission, the Concord Planning Commission, the John Muir/Mount Diablo Community Health Fund, the Knights of Columbus and the St. Francis of Assisi School Board. While working full time, he has made volunteering in the community a priority, representing his neighbors and family on important issues that affect their everyday life.

Mr. Avila is passionate about water issues in his professional life, working on a variety of issues statewide during his career. Among several relevant positions, he served as Director of Engineering at CCWD before moving on to become General Manager of Monterey Peninsula Water Management District. He also served as Executive Director for the California Urban Water Agencies and Program Director for the Multi-State Salinity Coalition. He has experience on water projects of all shapes and sizes, including water treatment plant improvements, dam retrofits, and watershed management and habitat conservation projects.

Mr. Avila lives in Clayton and is a licensed civil engineer with a Bachelor of Science in Civil Engineering from Santa Clara University and a master's degree in Business Administration from St. Mary's College of California.

Sir Herb Forthuber (Little Sir)

Sir in the Spotlight



Rich Balovich

Rich Balovich is the Editor of our Branch#19 SIR newsletter. He is responsible for gathering all the various newsworthy stories that you read each month about our SIR branch and its members. He is a dedicated <u>volunteer</u> and spends several hours each month gathering, editing and pasting it all together. It takes a real skill, and it is a labor of love. Please feel free to stop by Rich's table at lunch and thank him, or write him a personal note with your words of appreciation.

Rich has lived a very interesting and complex life before retiring and joining SIRs in 2016 sponsored by George Fulmore.

Born in Francisco, he graduated from Sacred Heart High School in 1969, a 150+ year prep school where 100% of their students graduate and go to college. He went on to San Francisco City College, a highly accredited community college that prepared him to enroll in Heald Institute of Technology to study mechanical engineering and computer technology.

In 1977 he met his future wife, Carmen who had come to San Francisco from El Salvador. Their first date was his wife's senior prom and Rich (the big spender!!!) took her to Mel's Diner in San Francisco on Van Ness Ave. for dinner which was the Mel's where they filmed the scenes from the iconic movie American Graffiti. They are married for 44 years. Together they made the decision to move out of the city to Concord in 1983 to be closer to his work location, buy a house and start a family that now includes a daughter and son.

Rich will not immediately strike you as an engineer at a nuclear power plant making complex structural designs for the flow of Pacific sea-water cooling the reactors at Diablo Canyon nuclear site in Avila Beach, California. His structural pipe supports were critical to the 43 years safety history at this nuclear site which is the oldest and last nuclear plant in the state of California. It is scheduled for decommissioning in 2025 which will take +35 years before the fuel rods will then be buried at an undisclosed location for the remainder of time. Seeking a different work environment led him to World Savings in 1991 where he worked the next 16 years as an information technology analyst and project manager supporting IT projects.

So what does Rich do during his down-time? Well, from the age of nine until today his passion includes playing music on his Gibson acoustic guitar. As a teen, he and his buddies were a "garage band" playing gigs to earn a few bucks. They offered mostly dance music and played at high school dances in San Francisco. One of his most memorable encounters was to play a set on the same bill with Country Joe McDonald who did not have his backup band (The Fish) that day. You will remember that Country Joe and the Fish were one of the famous groups who played at Woodstock in 1969 along with Carlos Santana, Jimi Hendriks, and The Grateful Dead among other California groups. Joe still lives in Berkeley, and just like Rich Balovich he doesn't strum his guitar much anymore.

The talent pool of interesting men in our SIR branch is fascinating. Take the time to get to know these men. He enjoys meeting new SIR friends. When you meet Rich ask him why he did not become a "Fish"!!

Jay Gordon (Big Sir)

June (Buffet) Menu

Spaghetti w/Italian Sausage Chicken and Broccoli Fettuccine Alfredo Penne Pasta prima Vera Garlic Bread Caesar Salad



July Birthdays



Dale	Foster
Larry	Kolano
Jerry	Kornbau
Joseph	Milani

Financial Statement (Branch 19 Statistics)

Treasurer Report May 31st, 2022

Account Balances

Account Da	lances
Petty Cash	\$250.00
General Account	
Unencumbered	\$1,943.81
Excursion Fund	00.00
Holiday fund	00.00
Picnic Fund	<u>00.00</u>
Total General Acct.	\$1,943.81
Custodial Account	
Bowling	\$449.86
Golf	<u>\$2,012.74</u>
Total Custodial	\$2,462.60
Total Funds	\$4,656.41
Sir Dennis Barbieri	

New Sir Members

No new members in July

If you know someone (friend, relative, etc.), that would enjoy meeting new people and participating in SIR activities, please ask them to introduce themselves by calling the SIR Hotline:

Hotline: 925-338-1996

Please ask them to leave their name and phone number, and a Branch 19 SIR will contact them regarding membership.

July Anniversaries

First Name	Last Name	Joined Sir	YR SIR
John	Hayes	07/07/05	17
Donald	Weimann	07/05/07	15
Mike	Krawesky	07/02/09	13
John	Fernando	07/01/10	12
Darryl	Diamond	07/11/13	9
Larry	Long	07/01/21	1

The Calendar

\$ums in Retirement – Wed, July 27th

Area 2 Fishing Group - Thursday, July 28th

Golf – (See below)

Wine Tasting - (No Wine Tasting in July)

Dine Around – Thursday, July 21st

www.sir19.org

July 2022





Covid 19 updates for Contra Costa County are available at the following link:

https://coronavirus.cchealth.org/

Please feel free to bring a guest to the SIR luncheons

(Guests will receive a free lunch !!!)

If bringing a guest please follow the Guest Requirements specified in the monthly SIR luncheon email notification which is sent to all SIR Branch 19 members

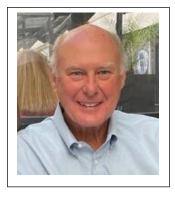




Message from the Activities Chairman







Roger Moseley





As we continue our efforts to identify activities our members would be interested in, a list of potential SIR Day Trips has been prepared and will be emailed to all SIRs in a few days.

Possible activities range from visiting the Anchor Steam Brewery in San Francisco, to a visit to the Mitchell Canyon Visitor's Center here in Clayton. Many of the activities are one's members have mentioned to me, either as something they've done and enjoyed or something they'd like to do.

All activities will be open to spouses, friends, and relatives.

Each activity is identified by its name and corresponding website address. When you receive it, please take a few minutes to look it over, research the ones that interest you, and let me know your top three choices.

Hopefully, we can find some fun activities our members will enjoy in the Fall.

Happy Fourth of July,

Sir Roger Moseley <u>r moseley@sbcglobal.net</u>

Opportunities to be a SIR Volunteer

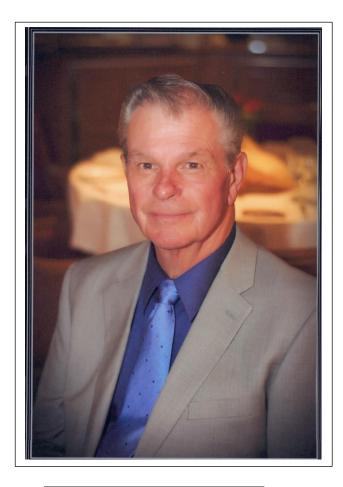
Fellow SIRs, we need volunteers to step up in 2023 to keep building on our restart of the branch this year.

Great thanks to our BEC for building some momentum. Ours is a 100% volunteer organization. As someone who has participated in branch leadership over the last 10+ years, I can assure you the time commitment is not significant and the opportunity to help our group is great. New volunteers with new perspectives are what help us to be successful. We need our newer members to step up.

Please Note: There will be information regarding the available positions and descriptions of each position in future emails.

Sir Jack Barnaba (Executive Nomination Committee Chair)





Ken Peterson

Jan 17, 1942 - May 23, 2022

(Resident of Pittsburg)

Kenneth "Ken" Peterson was born in Dundas Minnesota to the late Rudolph and LaVon Peterson. They moved to Concord California in 1950 where he graduated from Mt. Diablo High School in 1959. He then enlisted in the US Army and served a 16-month tour in Korea. When he returned to Concord, he began his career as an Iron Worker and met the love of his life – Judy Strait Peterson. They were married 5 short months later on May 21, 1966.

He established his career at Concord Iron Works. He left there to become Vice President of Fulton Shipyards in Antioch. He was also a teacher in the evenings at our 3 local community colleges - LMC, DVC and CCC. After retiring, he spent 8 years as a consultant in the Structural Steel Industry where he worked on his favorite project - the acoustical sound proofing of the 40ft x 80ft wind tunnel at the Ames Space Research Center, Mountain View, for NASA.

In his spare time, he enjoyed time with his bocce team and friends at the Pittsburg Elks Lodge, playing golf, traveling, and attending his grandchildren's sporting events. Most of all, he loved his time with his family. He is survived by his wife of 56 years, Judith Peterson; his daughters Lorraine (Lori) McKeen and Cindy Peterson; and his 3 grandchildren Lindsey, Matthew and Michael McKeen.

Branch 19 Golf Information

	18 Hole Golf WINNERS !!				
	Hiddenbro	oke (May 31 st)	Lone Tree (June 7 th)		
	Flight A: Bill H Flight B: John Flight C: Dale	Ackers	Flight A: Ben Olison Flight B: Herb Forthuber Flight C: Mike Scott		
Nine Hole Golf Group (Buchanan Golf Course)	Blue Rock Spi	rings (June 14 th)	Lone Tree (June 21 st)		
For Information Call Martin Fennell	Flight A: Duane Deonigi Flight B: Herb Forthuber		Flight A: Duane Deonigi Flight B: Herb Forthuber		
925-212-9243 Martinfennell54@gmail.com					
<u>Indianjemieno (e ginanicom</u>		Dana	ha Calana (luna 22rd)		
18 Hole Golf Sche	edule	Kanc	ho Solano (June 23 rd)		
July 5thLone Tree9:30anJuly 12thNapa Kennedy9:30anJuly 19thHiddenbrooke9:30anJuly 26thLone Tree9:30anJuly 28thRancho Solano9:30an	n n		A: Lou Gilson 3: Boksenbaum		

SIR Jerry Burton (Golf Chairman) (925) 682-9797 ajgolf24@gmail.com

19 Hole Golf – Match Play Final

The final Match for Match Play will be between Larry Kolano and Jerry Burton but will most likely be delayed to late July.

Sir Jerry Burton (Golf Chair)

Golf – Golden Year Championship

For only \$10.00, SIR Branch 19 Golfers enjoy a competition that starts on April 1st and ends October 31st. Each round played, the golfer earns points based on what place they finish. The points are tallied all season. At the end of the season the top point earners, 25% of all golfers, are invited to play the final Championship round during the last week in October. The victor of that final round is crowned the Golden Year Champion for SIR Branch 19 Golfers. The <u>runner-up golfers</u> are awarded a cash prize based on the place they finish. <u>The Golden Year Champion</u> is awarded the largest <u>Cash</u> <u>Prize</u>, a <u>Monogrammed, Golden Polo Shirt</u>, and the chance to keep the <u>Perpetual Trophy</u> until it is

passed on to the next year's champion.

Past Champions:

2021 Bill Hockenson 2020 Corona Virus 2019 Bill Hockenson 2018 Duane Deonigi 2017 Rob Crabaugh



Sir Bill Hockenson - billhockenson@gmail.com

It was a glorious day of golf and good fun for all at Chardonnay on Tuesday, 6/28. SIR Martin Fennell shot an impressive net 66 to lead the Golden Year Golfer scores at Chardonnay today. Well done Martin. You earned 9 Golden Year Points; 6 for First Place and 3 for shooting four or more below Net Par. That catapulted you from 8th Place to 3rd Place in the overall standings. Five other golfers shot at or below Net Par today. SIRS Foster, Deonigi, Hockenson, Moore, Priest.

Next outing is Tuesday, July 5, 2022 at Lone Tree. Hit them true and drain all those putts!!

Net Score	Place Finished	Name **note a name in red with strike through is not in GY Competition but played	Place Points	Bonus Points	Total Points
66	1	Fennell	6	3	9
69	2	Hockenson, Deonigi	5	1	6
71	3	Moore	4	1	5
72	4	Foster, Priest	3	1	4
73	5	Wasco, Gilson	2	0	2
74	6	Momita, Barbieri	1	0	1
76	7	Olison	1	0	1
77	8	Gillis	1	0	1
79	9	Boyer	1	0	1
80	na	Boksenbaum	na	na	na
85	na	Gordon	na	na	na
XX	dnf	Darrow, Cala	1	0	1

Sir Bill Hockenson

July 2022

New Golf Banners



The picture above was taken at Rancho Solano and features left to right: Bob Nagata, Herb Forthuber, Jerry Burton and Mel Boksenbaum.

The new golf banners shown in the picture are attached to one of the golf carts when we play local courses. They tell perspective members that we are playing that day and they are welcome to join Sir Branch 19. The Contact info is on the banner.

The banners were done and donated by Brian Ingersol, the son of Ron Ingersol. We are thankful to Brian for his gift and will display it proudly, hoping to attract new members.

Men's Program

team

nines.

Day 1 – 4 Men's Team - 2

Best Ball (net) Play with a

foursome of your choice

or we place you on a

Day 2 – Men's Scramble

place you on a team

Play with a foursome of

your choice or we will

Closest to pin contests on both days! Front & Back

Final SIR State Event at Blue Rock Springs Golf Course

PLAY ONE DAY OR BOTH,

DAY 1 - \$ 60, DAY 2 - \$60, BOTH DAYS - \$120

2022 SIR Fall Golf Classic

MEMBER & GUEST TOURNAMENT LADIES - NO HANDICAP REQUIRED!

Blue Rock Springs West Blue Rock Springs East Vallejo, CA

Wednesday & Thursday September 14th & 15th <u>"PLAY ONE OR BOTH DAYS"</u>

8:00AM shotgun start both days

Entry fee includ<mark>es gree</mark>n fee, cart, range balls & prize fund both days

> Have a non-golfing spouse? Check out all the nearby activities <u>Click Here!</u>

Applications at <u>www.sirgolf.org</u>

Your Hosts: Jim Gurke, John Harrison, Pete Morelli, Mark Stuart

SIR members and men guests must have an established NCGA index.

Women's Program

Day 1 – 4 Women Team - 2 Best Ball (net) Play with a foursome of your choice or we will place you on a team

Day 2 – Women's Scramble Play with a foursome of your choice or we will place you on a team

Closest to pin contests on both days! Front & Back nines.



Note: Web links above are not active. Please use the following web links: **Activities:** <u>https://www.visitnapavalley.com/</u> **Applications:** <u>https://www.sirgolf.org/</u> www.sir19.org

July 2022

SIRS Branch 19 Dine Around Thursday July 21st, 2022



El Charro

1470 N Broadway, Walnut Creek, CA 94596 Walnut Creek, CA (925) 905-1947



Overview

This popular Mexican restaurant started in 1947 in Lafayette. It recently moved to the new location in Walnut Creek. Its extensive menu is much the same as before.

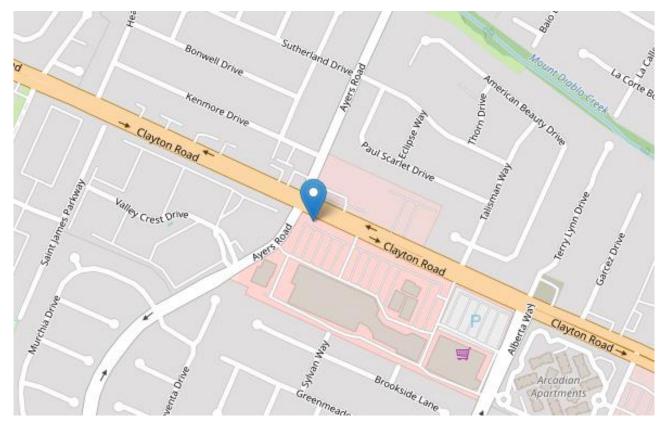
When

Thursday, July 21st Happy Hour 5:30-6:00 Dinner 6:00 pm

Website: www.elcharro47.com

Menus: <u>https://www.elcharro47.com/menus</u>





Contact for Sign-Up: Don Weimann (925) 672-7711 <u>weimanns@astound.net</u>

The Bocce Report



The Branch 19 Bocce Ball Team is on an upswing having won 7 out of our last 9 matches !!!

Sir Dennis Barbieri

Note: Sir Dennis Barbieri is filling in for Sir Tom Lathrop for the next 4 weeks.

SIR Tom Lathrop (Bocce Chairman) <u>lathrop689@aol.com</u>

SIR Branch 19 Bowling News



We are getting ready for a short summer senior league.

Please stay tuned regarding information about the upcoming SIR bowling league.

SIR Mike Kropf <u>mdkropf@astound.net</u> Gary Kaufmann <u>gkaufmann813@gmail.com</u>

Social Ties Boost Survival by 50 Percent

WHO KNEW? BEING A SIR MEMBER PUTS YOU AHEAD IN THE GAME!

A meta-study covering more than 300,000 participants across all ages reveals that adults get a 50 percent boost in longevity if they have a solid social network

https://www.scientificamerican.com/article/relationships-boost-survival/



Activities at Other SIR Branches

Area 2 - Fishing Group



The Legends Diablo Creek Golf Course 4050 Port Chicago Highway in Concord.

Regularly meets on the 4th Thursday of the month **Next Meeting on July 28th, 8:30 am** 4050 Port Chicago Highway in Concord.



SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Contacts are Bob Lively 925-383-5193 and Carl Moyer 925-685-5243. Next meeting will be at the Legends restaurant at the Diablo Creek golf course on Port Chicago Highway and Highway 4 on Thursday, July 28th at 8:30am.

Salmon season on the ocean was closed from June 1st to June 23rd this year. And the ocean had very low temperatures causing the rockfish to hunker down and not eat. As a result, all of us focused on the bay and halibut. The bay responded in great form, and many, many halibut have been killed and eaten. We SIR fishermen have caught more than our share. Meanwhile our local lakes have warmed to the point that no more trout are planted, and we trout fishermen have had to travel to the mountain and foothill ponds. Stan Wong worked Lake Alamanor for a few nice sized rainbows. Steve Dyer did manage to get two nice rainbows from the shore at Lake Del Valle. Ray Pixton got trout in the high sierras. AND before the salmon closure, Brion Beetz, Bob Stein, Brad Hatcher, Dave Havlik, Phil Scimonelli, and Carl Moyer managed to get limits of salmon to 25 pounds (Brad.) Meanwhile, upriver, Ernie Wong has caught and release nearly 200 shad with his fly rod! Then Mike Corker, Tom Kostik, and Ken Bellender wrestled a few black bass from the delta. Ken, Carl Moyer, and Brion Beetz did get some tasty rockfish on a private trip. The future looks promising for salmon and rockfish on the ocean. Hopefully our lakes will not disappear in the drought, and we can get catfish locally, and trout in the piney woods. Come join us!



Another successful SIR fishing group excursion. Halibut from the bay.



Carl Moyer, Phil Scimonelli, Lee Clark,, Bob Stein, Dave Havlik and Brion Beets were proud of their salmon limit

.....Je 07

SIR Branch 128 - Investments / Wealth Management

\$ums Investment Group Next Meeting (July 27th)



We will again join Branch 128's (San Ramon) Investment Group Zoom meeting on Wed July 27 at 1:30 PM.

Topic to be announced.

Email Dave Sutton to be included.

Chair - Tom Henry - Branch 174 - <u>tomhenry925@gmail.com</u> Co-chair Dave Sutton - Branch 8 - <u>davesutn@comcast.net</u>

SIR State Travel Adventures



Time to see some more stuff...

Travel seems to be building up all around the globe, particularly with smaller groups as considerable savings can be had. Here are three trips organized by Sir Branches where there is space available. For details, please use the email address or phone number listed for the organizer of each trip below.

Some good news, the state SIR board has reinstated the foreign travel insurance. Travelers will need to pay \$27pp to offset the cost.

Milt Smith. State Travel Chair 925-285-2897c

Discover the Magical Rhine and Moselle Rivers Sept. 12-15, 2022 with Bill Britton from SIR 101. 14 Days 25 meals.

Amsterdam, night River Cruise, Cologne, Moselle River, Cochem, Wine Tasting, Koblenz, Rudesheim, Siegfried's Music Museum, Mannheim, Speyer, Strasbourg, Lucerne, Zurich. Prices range from \$5,999 - \$9,199pp depending on cabin. Includes round trip air from San Francisco.

CONTACT Bill Britton 925-443-9913 bill.britton@comcast.net

	Branch 19 Leadership	
В	ig Sir: Jay Gordon	
L	ittle Sir: Herb Forthhuber	
S	ecretary: Mel Boksenbaum	
A	sst. Secretary: TBD	
Т	' reasurer: Dennis Barbieri	
A	.sst. Treasurer: Ken Kuhn	
R	AMP Chair: Herb Forthuber	
R	ecruiting Chair: TBD	
A	ctivities Chair: Roger Moseley	
Μ	Iember Relations Chair: TBD	
Р	ublicity & Image Chair: Dennis Wasco	
G	olf Chair: Jerry Burton (Director)	
B	owling: Gary Kaufmann, Mike Kropf	
B	Cocce Capo: Tom Lathrop	
W	Vine Tasting / Dining Out: Don Weimann	
S	unshine Chair: TBD	
A	ttendance Chair: Martin Fennell	
S]	peaker Committee: Herb Forthhuber , Rich Peterson, Bill Ogden	
C	haplin: John Carl	
В	Sulletin Editor: Rich Balovich (Director)	
Μ	Iembership Chair: Bill Hockenson	
A	sst. Membership Chair: TBD	
D	ATE Chair: TBD	
W	Vebmaster: TBD	
E	xec. Nomination Committee: (Chair) Jack Barnaba, Tom Lathrop, Jerry Burton	
	ranch Audit Committee Chair: TBD	