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*A Non-Profit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement  
Our mission is to improve the lives of our members through fun activities and events while making friends for life*



# ROOSTER TALES

**SIR Luncheon - Thursday, January 9<sup>th</sup>**  
*The Elks Lodge - 200 Marina Blvd, Pittsburg*

## *Big Sir Message*



### **Roger Moseley (Big Sir & January Speaker)**

To All Branch 19 SIR Members,

As you know from my previous messages, SIR Inc. is experiencing a significant decline in statewide membership. Several proposals have been put forward to address the issue and a Branch Advisory Council, of which I am a member, has been created to gather Branch input on each proposal and provide the SIR Inc. Board with consensus recommendations.

The goal is to complete the process by the Annual Meeting in August 2025.

At the Annual Meeting, some of the proposals may require a vote. In accordance with SIR policy, voting members include the SIR Inc. Board members and one vote for each of the 82 branches. To be sure my vote represents the interests of Branch 19, I will be reviewing the proposals with those attending lunch and ask for your vote on each.

Prior to lunch, I will provide a list of proposals for your review and discussion before we meet.

This is an important time for SIR and the decisions made this year will have a long-term impact on our future. I strongly urge you attend.

I'm looking forward to your input.

Thanks,  
*Roger Moseley (Big Sir)*

**Lunch Menu**

Serve Yourself Salad Bar  
 Fresh Baked Bread  
 Rotisserie Chicken  
 Scalloped Potatoes  
 Baked Beans  
 Dessert



**New Sir Members (November)**

No New members  
 In  
 November

**January Birthdays**



Myron	Allen	John	Hayes
Larry	Amado	Robert	Hillaker
Dennis	Barbieri	Richard	Leong
Mike	Biel	Nelson	Luke
Don	Burkard	John	Masschelin
Kendal	Castleman	Walter	Norris
Craig	Chin	Chuck	Walls
Andy	Earle	Don	Weimann

**January Anniversaries**

First	Last	Joined Sir	YR SIR
Ken	Kuhn	01/06/11	14
Steve	Hanson	01/05/12	13
Bill	Hockenson	01/02/14	11
Thomas	Kostik	01/02/14	11
Jim	Martin Ja	01/02/14	11
Kenneth	Konzak	01/08/15	10
Richard	Leong	01/07/16	9
David	Requa	01/07/16	9
Ken	Bellendir	01/05/18	7
Neil	Powell	01/03/19	6
Robert	Erickson	01/16/24	1

**Financial Statement**

**Treasurer Report**  
 November 30<sup>th</sup>, 2024

**Account Balances**

Petty Cash	\$250.00
<b>General Account</b>	
Unencumbered	\$9,879.00
Excursion Fund	00.00
Holiday fund	00.00
Picnic Fund	<u>00.00</u>
<b>Total General Acct.</b>	<b>\$9,879.00</b>
<b>Custodial Account</b>	
Bowling	\$596.59
Golf	<u>\$1,525.92</u>
<b>Total Custodial</b>	<b>\$2,112.51</b>
<b>Total Funds</b>	<b>\$12,251.51</b>

Sir Dennis Barbieri

**SIR Calendar**

**Sir Luncheon** – Thursday, January 9<sup>th</sup>  
**Hiking** – Next hike in March, 2025  
**\$ums in Retirement** – No meeting in January  
**Area 2 Fishing Group** – Thursday, January 23<sup>rd</sup>  
**Golf, Bocce, Bowling** – (See below)  
**Wine Tasting** – No Wine Tasting in January  
**Dine Around** – Thursday, January 16<sup>th</sup>

## Sir Luncheon Policy

**Branch 19 must pay for lunches that are initially reserved and then cancelled. In order to avoid financial loss, the following policy has been enacted by the Branch 19 Branch Executive Committee:**

1. Luncheon cancellation is required by 5pm on the Friday prior to the luncheon.
2. If not cancelled the luncheon cost will be invoiced at the next luncheon.

## Member attendance at BEC meetings

**Anyone is welcome to attend the Branch 19 Executive Meetings  
These meetings are held typically beginning at 9:30am  
on the morning of the monthly luncheon**

If you would like to voice an issue related to SIR, or just wish to attend a Branch 19 Executive Committee meeting please email **Roger Moseley** ([rogermoseley855@gmail.com](mailto:rogermoseley855@gmail.com)) to reserve your place in the meeting room.

**SIR**  
SOCIAL ACTIVITIES FOR MEN  
WeAreSir.com  
SIRinc.org

**Pro Shop**  
SHOW PRIDE IN BEING A SIR!  
Wear, buy, provide your Branch the SIR Brand!

Order From this link:

[https://sir.ourproshop.com/:](https://sir.ourproshop.com/)



*(Note: Hats are again available on the website)*

## Bring a Guest

**Please feel free to bring a guest to the SIR luncheons**

If bringing a guest, please follow the Guest Requirements specified in the monthly SIR luncheon email notification which is sent to all SIR Branch 19 members.



## New Branch 19 Shared Activities

### Great news for SIR Branch 19 members!

Branch 8 in Walnut Creek is inviting Branch 19 members to selected activities including:

#### 1. Pickleball

Played on Thursday mornings at 8:30 at Willow Pass Community Park in Concord. Ladies are welcome. To sign up, contact Nick Maufe at [nickmaufe@gmail.com](mailto:nickmaufe@gmail.com) or go to <https://www.sirbr8.com/pickleball/> for more information.

#### 2. Pinochle

Meets on the second and fourth Wednesdays of the month at Rocco's Restaurant in Walnut Creek at Encina Grande Shopping Center. Meet for lunch at noon with cards from 1:00 to 3:00. Ladies are welcome. To participate contact Stan Johnson at [stan.johnson88@gmail.com](mailto:stan.johnson88@gmail.com), or visit their website at <https://www.sirbr8.com/pinochle/>.

#### 3. Science & Astronomy

Consists of a daily email called "Sigma Xi SmartBrief". It contains links to half a dozen science articles from English language scientific journals around the world. It covers a broad selection of topics in science, engineering, medicine, and astronomy. To learn more, contact David Bushnell at [dbushn@swbell.net](mailto:dbushn@swbell.net) or go to <https://www.sirbr8.com/sir-science-online/> for more information.

#### 4. Opera/Ballet

The Opera and Ballet activity, consists of sending out advance information and published reviews of live Met Opera performances and Bolshoi Ballet that are transmitted by Fandango in HD to our local Century theaters. To see what's coming, please go to <https://www.sirbr8.com/opera/> or contact David Bushnell at [dbushn@swbell.net](mailto:dbushn@swbell.net).

#### 5. Internet Games

*Internet Cribbage* is played each month in a tournament format as a two-person game, one on one. *Mexican Train Dominoes* is also played online with all players connected by Zoom. To sign up, contact Don Atwater at [datwater@pacbell.net](mailto:datwater@pacbell.net) or go to <https://www.sirbr8.com/internet-games/>.

#### 6. Poker

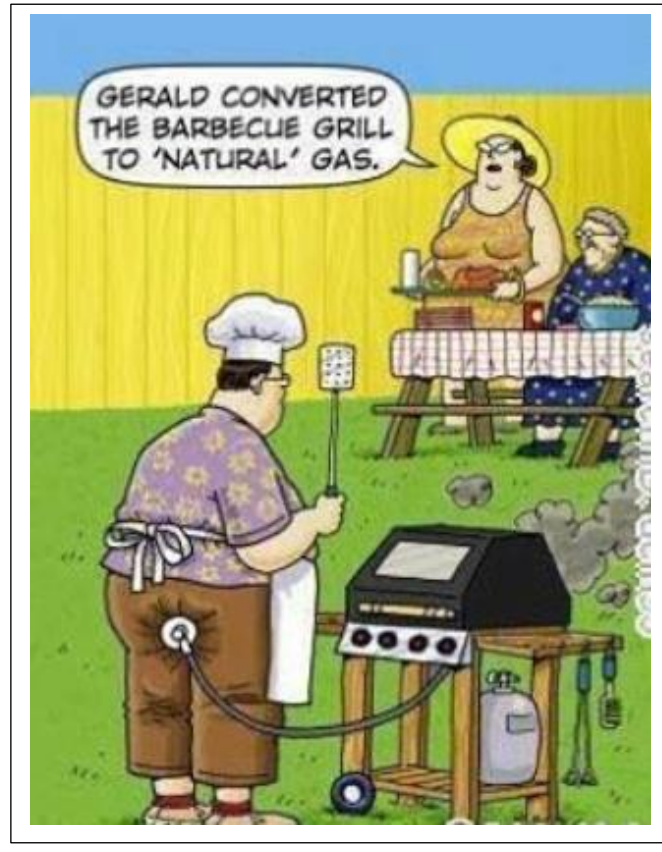
SIR Branch 146 in Walnut Creek has invited Branch 19 members to join in their Poker Group #4! If you would like to play, please contact Pete Gates at [petegates10@gmail.com](mailto:petegates10@gmail.com) or call him at 925-937-2035. Games are usually scheduled for 1-4 pm on the 4<sup>th</sup> Monday of each month. Hosting is rotated between members' homes. The host provides light snacks and beverages. Buy-in is \$10 and stakes are nickel, dime, and quarter with a limit of three raises. Dealer antes a nickel per player.

We are excited to offer these new activities to our Branch 19 members and want to thank the Walnut Creek Branch for inviting us to join. If you are interested in joining any of these groups, please contact them directly thru the Activity Chairs mentioned above or thru their respective websites.

When signing up, please provide your **name, branch (19), and email address**.

*Roger Moseley (Big Sir)*

# COMEDY CORNER



# Branch 19 Activities

## Hiking Group – Mitchell Creek Trail



**SIR Don Ruddell**



Dear SIR's,

Ten of us enjoyed hiking with the beautiful fall colors along Mitchell Creek Trail in Mitchell Canyon on Wednesday, November 13. It was a crisp, bright day, just perfect for hiking. We hiked for nearly 4 miles and then dined on delicious grilled cheese sandwiches at Ed's Mudville Grill in downtown Clayton. A really great time.

Out for the fun, besides myself, were my wife, Mary, Roger Moseley, Ron Costanzo, Lee Boner, Barry and Bobbi Silberman, Bill and Maureen Clark, and Linda Diamond.

This was our last hike for 2024 and we will resume our Sir hikes in March, 2025. Date TBA in a future newsletter.

Happy New Year everyone!!

Sir Don Ruddell  
[druddeldds@gmail.com](mailto:druddeldds@gmail.com)  
(925) 787-7585



## Holiday Party (Follow Up)

On Thursday, December 5<sup>th</sup> we celebrated the holidays at the Elks Lodge. We sat down to a Thanksgiving type lunch (Turkey, ham, gravy, stuffing, mashed potatoes, Salad, and Cheese-Cake). The Clayton Valley High School Choir also serenaded us with a Christmas repertoire. Below are some pics from the lunch:

*Sir Rich Balovich*



**SIR Branch 19 Dine Around – Thurs, Jan 16<sup>th</sup> – 5:30pm**

**Rocco's Pizzeria**



**Great Pizza and Pasta**

**Location:** 2909 Ygnacio Valley Rd, Walnut Creek

**When:** **Thursday, Jan 16<sup>th</sup> (Happy Hour 5:30-6:00 pm - Dinner 6:00 pm)**

**Website and Menu:** [roccospizzeria.com](http://roccospizzeria.com) (925) 947-6105

**Order from the menu - Each couple will receive a separate check**



**To register, please contact: Barry & Bobbi Silberman**  
**[Barry.Silberman@gmail.com](mailto:Barry.Silberman@gmail.com) or call 925-260-8989**

**Please provide number of people attending & (Please RSVP by Friday, Jan 10<sup>th</sup>)**  
**Please ask for the (Sirs Dinner Party) at the restaurant**



## SIR Branch Dining Out Coordinators



### SIR Branch 19 Dine Around Coordinators (2025)



We are looking for people to be Dining Out Coordinators. If you would be interested in volunteering for any vacant future Dining Out Dates (see below), please contact Roger Moseley at [rogermoseley855@gmail.com](mailto:rogermoseley855@gmail.com)

**Dining Out Coordinators are required to:**

- 1) Pick a restaurant.
- 2) Verify that the restaurant will honor separate Dinner checks.
- 3) **At least four weeks prior to the dinner**, notify Rich Balovich at [r.balovich@aol.com](mailto:r.balovich@aol.com)  
*Regarding the chosen restaurant you've chosen and the dinner date.*
- 4) Rich will then create the Dining Out flyer, send it to you to verify the information, **once verified please email Rich Balovich @ [r.balovich@aol.com](mailto:r.balovich@aol.com)** and he will email the flyer to the SIR Branch 19 membership. **(The deadline for Branch 19 members to respond will be 1 week prior to the event).**
- 5) **The coordinator will then make the reservation based on the number of membership responses they receive.**

<u>Date</u>	<u>Coordinator</u>
January 16, 2025	Barry & Bobbi Silberman
February 20, 2025	Chuck & Karen Morones
March 20, 2025	Don & Ruth Weimann
April 17, 2025	Martin & Lori Fennell
May 22, 2025	Roger & Nancy Moseley
June 19, 2025	Lee & Lisa Boner
July 17, 2025	Rich & Carmen Balovich
August	_____
September	_____
October	_____
November	_____

**Dine Around Venues that Branch 19 has used in the past:**

- |                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                  |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Fiore' Restaurant</b> (925) 969-1887</p> <p><b>Spicy Joi Banh Mi X Lao Street Food</b> (925)787-7508</p> <p><b>The Old Spaghetti Factory</b> (925) 672-7711</p> <p><b>Nepalese and Indian Restaurant</b> (925) 825-3277</p> <p><b>La Veranda Café</b> (925) 524-0011</p> <p><b>Sichuan House</b> (925) 933-3278</p> <p><b>DeVino's Pizza &amp; Pasta</b> (925) 689-6666</p> <p><b>Aung Burma</b> (925) 332-7957</p> | <p><b>La Veranda</b> (925) 524-0011</p> <p><b>Lazy Dog Restaurant &amp; Bar</b> (925) 849-1221</p> <p><b>Lima Peruvian Restaurant</b> (925) 309-7774</p> <p><b>Jack's Restaurant</b> (925) 849-6195</p> <p><b>Guadalajara Grill</b> (925) 672-4430</p> <p><b>DJ Bistro</b> (925) 825-3277</p> <p><b>Rocco's Pizzeria</b> (925) 947-6105</p> <p><b>Lazy Dog</b> (925) 8491221</p> |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

## SIR Branch 19 Wine Tasting - Coordinators



### SIR Branch 19 Wine Tasting Coordinators (2025)



We are looking for people to be **Wine Tasting Coordinators**. If you would be interested in volunteering for any future Wine Tasting Dates please contact Roger Moseley: [rogermoseley855@gmail.com](mailto:rogermoseley855@gmail.com)

**Wine Tasting Coordinators are required to:**

- 1) **Host a group of Sirs / spouses etc.**
- 2) **Decide the date & time you want to host from the vacancies in the Coordinator list below.**
- 3) **Decide that you will host from either your home or someone else's home.**
- 4) **Decide what wine / beer you want to taste along with a side dish for everyone to bring.**
- 5) **At least 3 weeks prior to the wine tasting, notify Rich Balovich at [r.balovich@aol.com](mailto:r.balovich@aol.com) regarding the information in items #2, 3, & 4 above.**
- 6) **Rich will then create the Wine Tasting Flyer and send it to you for review.**
- 7) **Once you have reviewed the information on the flyer, email Rich Balovich at [r.balovich@aol.com](mailto:r.balovich@aol.com) with your comments. Rich will then incorporate any revisions and send the flyer to the SIR Branch 19 membership. (The deadline for Sirs to respond will be 1 day prior to the event).**

<u>Date</u>	<u>Coordinator</u>
January 2025	_____
February 2025	_____
March 20245	Ruth & Don Weimann
April 2025	Lee & Lisa Boner
May 2025	Lori & Martin Fennell
June 2025	_____
July 2025	Neil & Debbie Powell
August 2025	_____
September 2025	_____
October 2025	_____
November 2025	_____

## **LUNCHEON INVITATION CARDS**

At the September 2024 luncheon we gave out Luncheon Invitation Cards. Have you given them out to any prospective new SIR members? Keep them in your wallet so you have them ready for any new prospects. The best way to get new members is by YOUR personal contact. If you need any more cards, please contact Dennis Wasco (<mailto:dennis.wasco@sbcglobal.net>).

## Branch 19 Golf Information



### Nine Hole Golf Group

(Buchanan Golf Course)

For Information contact *Martin Fennell*  
**925-212-9243**

[Martinfennell54@gmail.com](mailto:Martinfennell54@gmail.com)



**Sir John Ackers**  
(Golf Chair)

[ajgolf24@gmail.com](mailto:ajgolf24@gmail.com)

Cell: (925) 682-9797

Home: (925) 827-1909

### 18 Hole Golf Schedule

Tee time 9:30am unless otherwise noted

Jan 7 - Lone Tree - 9:30

Jan 14 - Shadow Lakes - 9:30

Jan 21 - Lone Tree - 9:30

Jan 23 - Boundary Oak - 10:15 (Thurs)

Jan 28 - Diablo Creek Lone Tree - 9:30

Jan 30 - Cypress Lakes - 9:30 (Thurs)



## The Bocce Report



The Concord bocce ball season ended September 14th. The Wednesday night team finished fourth, making the playoffs. We won our first match and then were eliminated. the Thursday night team just missed the playoffs. It was a fun season for all. The 2025 season starts next May.

SIR Tom Lathrop [lathrop689@aol.com](mailto:lathrop689@aol.com)

## SIR Branch 19 Bowling News



Our Bowling league season began on September 4<sup>th</sup> and will end in May 2025. We have 13 teams of 4 bowlers this year, including Sir Lou Gilson who scored a perfect 300!

SIR Mike Kropf [mdkropf@astound.net](mailto:mdkropf@astound.net)

Gary Kaufmann [gkaufmann813@gmail.com](mailto:gkaufmann813@gmail.com)

## Want to Improve your Golf Game?

### ***SIR offers clinics and private lessons at a reasonable rate***

Pete Asselin, a certified pro, offers these clinics and private lessons at Diablo Creek Golf Course.

***A series of five clinics will be offered in the spring and summer of 2025.***

During the fall and winter Pete will offer to SIR Branch 19 members individual lessons for the **reduced rate of \$60/hour lesson**. This same rate would apply if your wife or another SIR joins you.

For these individual lessons contact Pete directly at: **(707) 372-2808** or email at: [adub1816@yahoo.com](mailto:adub1816@yahoo.com) to arrange dates and times.

Any questions, contact Dennis Wasco at: [dennis.wasco@sbcglobal.net](mailto:dennis.wasco@sbcglobal.net)



## SIR Travel Opportunities

SIR Branch 146 (Walnut Creek/Contra Costa Branch) is collaborating to offer SIR Travel opportunities to other SIR branches. So, we will be following up with Branch 19 members to determine interest in this activity. Be on the lookout in the near future for more information regarding this great opportunity.

## Ways to Serve Your Branch

***The following is a list of available Branch 19 positions  
If you are interested in any of these volunteer positions please email  
Roger Moseley: [rogermoseley855@gmail.com](mailto:rogermoseley855@gmail.com)***

### **Activities Chair**

**Ramp Members:** Work with the little Sir to help grow our branch

**Dining Out / Wine Tasting Coordinators:**  
Volunteers that coordinate one monthly Dining Out or Wine Tasting activity

## Activities at Other SIR Branches

### Area16 - SIR Branch 128 - Investments / Wealth Management

**\$ums Investment Group**  
Next Meeting (TBD)



There will be no meeting in January

Chair - Tom Henry - Branch 174 - [tomhenry925@gmail.com](mailto:tomhenry925@gmail.com)  
Co-chair Dave Sutton - Branch 8 - [davesutn@comcast.net](mailto:davesutn@comcast.net)

### Area 2 - Fishing Group



**The Legends**  
*Diablo Creek Golf Course*  
*4050 Port Chicago Highway in Concord*  
**Next Meeting Date: Thursday, Jan 23<sup>rd</sup>**



SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Contacts are Phil Scimonelli 661-917-8060 and Carl Moyer 925-685-5243. Next meeting will be at the Legends restaurant at the Diablo Creek golf course on Port Chicago Highway and Highway 4 on Thursday, January 23rd at 8:30am. Come early.

Weather has been a problem for us all year! Wind is our enemy, and it has been BLOWY all year. Oh woe was us! Crab catching began December 1<sup>st</sup>, but wind and big waves were so bad, even the party boats did not go often. But Brion Beetz, Carl Moyer, Lee Clark, Barry Latner, Steve Paulick, and Stan Wong braved the turmoil and got crabs and rockfish. Dennis Lee, Ken Konzak, and Carl Moyer got trout in the East Bay, but Fred McNeil travelled to Bridgeport for his. Ron Lew and Ken Belendir caught dorado and marlin all the way down to Baja, Mexico. Phil Scimonelli, Sam Oomen, Stan Wong, Tom Kostik and Dennis Lee landed stripers from the delta. And, over 50 of us enjoyed our annual Christmas dinner with our ladies. May the new year bring you joy, health, laughing children, light winds and calm waters.

*Contacts: Phil Scimonelli (661)-917-8060, Carl Moyer (925) 685-5243*

## State Sir Happenings

Below is a link to “The Happenings” which is produced by the State SIR organization. It contains information from State SIR and contains many of the SIR Newsletters from SIR Branches throughout California. If you have an interest in knowing what’s going on with State SIR or other SIR branches, please click on the link below.

[Click here to download your personal copy of Happenings](#)

## PLEASE Donate to the Concord Food Bank



**Food Drive**  
**PLEASE BRING A NON-PERISHABLE  
FOOD DONATION TO THE NEXT  
LUNCHEON**

Please bring non-perishable food *in jars, cans, and sealed packets (No Glass please)*. We recommend sauces, soups, beans, vegetables, honey, peanut butter, candy, boxed juices, long-life milk, coconut cream and fish in oil. *(Please do not bring food with expired “use by” dates)*.  
Sir Jerry Burton will collect the donated food and take it to the Concord Food Bank.  
Thanks for your help, it will make a big difference in someone’s life!!!!

## Social Ties Boost Survival by 50 Percent

### WHO KNEW? BEING A SIR MEMBER PUTS YOU AHEAD IN THE GAME!

A meta-study covering more than 300,000 participants across all ages reveals that adults get a 50 percent boost in longevity if they have a solid social network

<https://www.scientificamerican.com/article/relationships-boost-survival/>



## ***Branch 19 Leadership***

**Big Sir:** Roger Moseley

**Little Sir:** Jim Cala

**Secretary:** Mel Boksenbaum

**Asst. Secretary:** TBD

**Treasurer:** Dennis Barbieri

**Asst. Treasurer:** Joe Gillis

**Membership Chair:** Bill Hockenson

**Assist. Membership Chair:** Miles Nikaido

**Webmaster:** Larry Long

**Golf Chair:** John Ackers

**Exec Nomination Committee**

**(Chair):** Jerry Burton

**Audit Committee Chair:** Bill Clark

**Bowling:** Gary Kaufmann, Mike Kropf

**Publicity & Image Chair:** Dennis Wasco

**Bocce Capo:** Tom Lathrop

**Attendance Chair:** Martin Fennell

**Speaker Committee:** Jim Cala

**Chaplin:** John Carl

**Bulletin Editor:** Rich Balovich (Director)

**Activities Chair:** Vacant