

*A Non-Profit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement  
Our mission is to improve the lives of our members through fun activities and events while making friends for life*



# ROOSTER TALES

**Next Luncheon - Thursday, January 4<sup>th</sup>**  
*The Elks Lodge - 200 Marina Blvd, Pittsburg*

## *Big Sir Message*



**Roger Moseley**

### **Happy New Year!**

I'm hoping you had a great Holiday Season, enjoying your family, friends, and food! It's always a good time to reflect on our blessings and raise a glass in the hope of a happy new year.

As some of you may not know me, I'd like to begin with a short introduction. My wife Nancy and I have been married for 45 years and have three daughters and six grandchildren. We've lived in Clayton since 2002 and in the Bay Area since 1985. I retired from the insurance business in April 2019 and have been a member of SIR Branch 19 since November 2019.

As your new Big SIR, I'm looking forward to working with the Branch Executive Committee and all of you to continue the great work already done to make our Branch one of the best in the SIR organization. We have several activities available for your benefit, including golf, fishing, bowling, Dine Around, bocce, hiking, wine tasting, day trips, monthly luncheons, and our Annual Picnic and Holiday luncheons. Expanding this list of activities is always on our agenda and we look to you for new ideas on additional activities we can add.

I'm very happy to announce the Branch Executive Committee has approved the establishment of a Branch 19 Awards Committee to be led by SIR Miles Nikaido. The Committee's goals are to identify Branch 19 SIRs who have contributed to the success of our Branch and recognize them for their efforts. Miles will be looking to you for award candidate recommendations.

Lastly, I encourage all our members to find opportunities for additional involvement in our Branch. As you know, we have no paid staff, so all the work needed to manage our club is done by a SIR volunteer who has stepped up to make a contribution of their time and energy to our Branch's success.

Again, my best wishes for a Happy New Year.

*Roger Moseley (BIG SIR)*

**Lunch Menu**

**SOUP-1:** White Bean Chicken Chili

**SOUP-2:** Minestrone

**SANDWICH-1:**

Turkey, Bacon & Swiss Club

**SANDWICH-2:**

French Dip + Au Jus

**FRESH FRUIT**



**New Sir Members (Nov / Dec)**



**Philip Forsberg**

**January Birthdays**



Myron	Allen	John	Hayes
Larry	Amado	Robert	Hillaker
Dennis	Barbieri	Richard	Leong
Mike	Biel	Nelson	Luke
Don	Burkard	Walter	Norris
Ken	Castleman	Chuck	Walls
Craig	Chin	Don	Weimann
Andy	Earle		

**January Anniversaries**

First Name	Last Name	Joined Sir	YR SIR
Kenneth	Kuhn	01/06/11	13
Steve	Hanson	01/05/12	12
Bill	Hockenson	01/02/14	10
Thomas	Kostik	01/02/14	10
Jim	Martin Ja	01/02/14	10
Kenneth	Konzak	01/08/15	9
Richard	Leong	01/07/16	8
David	Requa	01/07/16	8
Ken	Bellendir	01/05/18	6
Jay	Gordon	01/05/18	6
Neil	Powell	01/03/19	5

**Financial Statement**

**Treasurer Report**

November 30<sup>th</sup>, 2023

**Account Balances**

Petty Cash	\$250.00
<b>General Account</b>	
Unencumbered	\$6,782.06
Excursion Fund	00.00
Holiday fund	2745.00
Picnic Fund	00.00
<b>Total General Acct.</b>	<b>\$9,527.06</b>
<b>Custodial Account</b>	
Bowling	\$574.44
Golf	\$2590.26
<b>Total Custodial</b>	<b>\$3,164.70</b>
<b>Total Funds</b>	<b>\$12,941.76</b>

*Sir Dennis Barbieri*

**The Calendar**

- Sir Luncheon** – Thursday, Jan 4<sup>th</sup>
- Hiking - Lafayette Reservoir** – Mon, January 22<sup>nd</sup>
- Sums in Retirement** – Date TBD
- Area 2 Fishing Group** – TBD
- Golf, Bocce, Bowling** – (See below)
- Wine Tasting** – TBD
- Dine Around** – TBD

**January Speaker – Les Putnam**



Les Putman is a Senior Public Safety Specialist for Pacific Gas and Electric in San Francisco.

Les will be talking about how to handle Gas and Electric emergencies at home and in your community. Given the time limit he will primarily be focusing on what to do and what NOT to do when encountering Natural Gas and Electric emergencies. Although he will not have material in the PowerPoint presentation on Public Safety Power Shutoff during Severe weather such as high winds which can cause trees or debris to damage equipment or other PG&E issues, he will take questions on just about anything related to PG&E.

**New Luncheon Policy**

***Branch 19 must pay for lunches that are initially reserved and then cancelled. In order to avoid financial loss, the following policy has been enacted by the Branch 19 Branch Executive Committee:***

1. Luncheon cancellation is required by 5pm on the Friday prior to the luncheon.
2. If not cancelled the luncheon cost will be invoiced at the next luncheon.

**Member attendance at BEC meetings**

***Anyone is welcome to attend the Branch 19 Executive Meetings  
These meetings are held typically beginning at 9:30am  
on the morning of the monthly luncheon***

If you would like to voice an issue related to SIR, or just wish to attend a Branch 19 Executive Committee meeting please email **Herb Forthhuber** [herbforthuber@yahoo.com](mailto:herbforthuber@yahoo.com) to reserve your place in the meeting room.



**Pro Shop**  
SHOW PRIDE IN BEING A SIR!  
Wear, buy, provide your Branch the SIR Brand!

SIR  
SOCIAL ACTIVITIES FOR MEN  
WeAreSir.com  
SIRInc.org

Order From this link:  
<https://sir.ourproshop.com/>:



*(Note: Hats are again available on the website)*

## CC County Covid Updates



Covid 19 updates for Contra Costa County are available at the following link:

<https://coronavirus.cchealth.org/>

**NOTE:**

Free COVID test kits are again available at [COVID.gov](https://www.covid.gov) - [Free at-home COVID-19 tests](https://www.covid.gov)



### Please feel free to bring a guest to the SIR luncheons

If bringing a guest, please follow the Guest Requirements specified in the monthly SIR luncheon email notification which is sent to all SIR Branch 19 members.



## ***New Branch 19 Shared Activities***

### **Great news for SIR Branch 19 members!**

Branch 8 in Walnut Creek is inviting Branch 19 members to selected activities including:

#### **1. Pickleball**

Played on Thursday mornings at 8:30 at Willow Pass Community Park in Concord. Ladies are welcome. To sign up, contact Nick Maufe at [ickmaufe@gmail.com](mailto:ickmaufe@gmail.com) or go to <https://www.sirbr8.com/pickleball/> for more information.

#### **2. Pinochle**

Meets on the second and fourth Wednesdays of the month at Rocco's Restaurant in Walnut Creek at Encina Grande Shopping Center. Meet for lunch at noon with cards from 1:00 to 3:00. Ladies are welcome. To participate contact Stan Johnson at [stan.johnson88@gmail.com](mailto:stan.johnson88@gmail.com), or visit their website at <https://www.sirbr8.com/pinochle/>.

#### **3. Science & Astronomy**

Consists of a daily email called "Sigma Xi SmartBrief". It contains links to half a dozen science articles from English language scientific journals around the world. It covers a broad selection of topics in science, engineering, medicine, and astronomy. To learn more, contact David Bushnell at [dbushn@swbell.net](mailto:dbushn@swbell.net) or go to <https://www.sirbr8.com/sir-science-online/> for more information.

#### **4. Opera/Ballet**

The Opera and Ballet activity, consists of sending out advance information and published reviews of live Met Opera performances and Bolshoi Ballet that are transmitted by Fandango in HD to our local Century theaters. To see what's coming, please go to <https://www.sirbr8.com/opera/> or contact David Bushnell at [dbushn@swbell.net](mailto:dbushn@swbell.net).

#### **5. Internet Games**

*Internet Cribbage* is played each month in a tournament format as a two-person game, one on one. *Mexican Train Dominoes* is also played online with all players connected by Zoom. To sign up, contact Don Atwater at [datwater@pacbell.net](mailto:datwater@pacbell.net) or go to <https://www.sirbr8.com/internet-games/>.

#### **6. Poker**

SIR Branch 146 in Walnut Creek has invited Branch 19 members to join in their Poker Group #4! If you would like to play, please contact Pete Gates at [petegates10@gmail.com](mailto:petegates10@gmail.com) or call him at 925-937-2035. Games are usually scheduled for 1-4 pm on the 4<sup>th</sup> Monday of each month. Hosting is rotated between members' homes. The host provides light snacks and beverages. Buy-in is \$10 and stakes are nickel, dime, and quarter with a limit of three raises. Dealer antes a nickel per player.

We are excited to offer these new activities to our Branch 19 members and want to thank the Walnut Creek Branch for inviting us to join. If you are interested in joining any of these groups, please contact them directly thru the Activity Chairs mentioned above or thru their respective websites.

When signing up, please provide your name, branch (19) and email address.

*Roger Moseley*

## Ways to Serve Your Branch

*The following is a list of available Branch 19 positions  
If you are interested in any of these volunteer positions please email  
Herb Forthuber [herbforthuber@yahoo.com](mailto:herbforthuber@yahoo.com)*

**Recruiting Chair**

**Activities Chair** (Currently: Roger Moseley)

**Sunshine Chair**

**RAMP Members:** *These roles work with the Little Sir to help grow our branch*

## Social Ties Boost Survival by 50 Percent

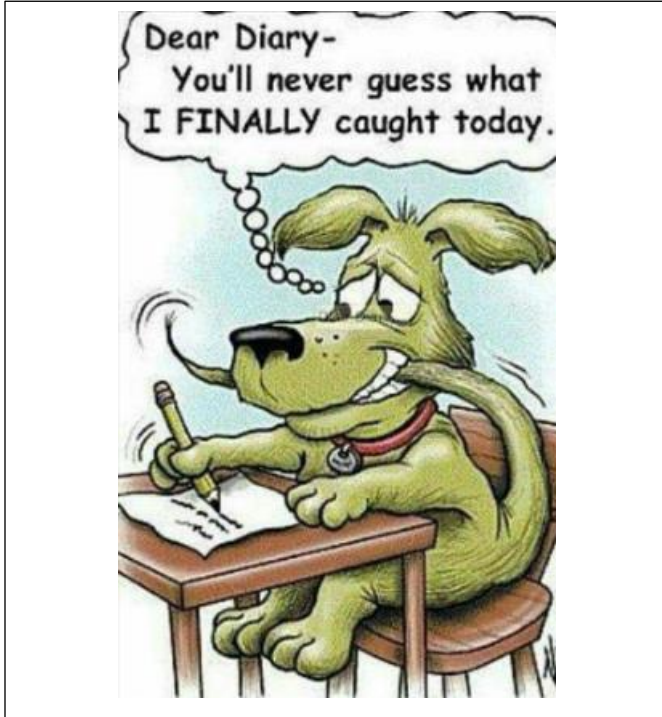
**WHO KNEW? BEING A SIR MEMBER PUTS YOU AHEAD IN THE GAME!**

A meta-study covering more than 300,000 participants across all ages reveals that adults get a 50 percent boost in longevity if they have a solid social network

<https://www.scientificamerican.com/article/relationships-boost-survival/>



# COMEDY CORNER



# Branch 19 Activities

## Hiking Group – Contra Costa Canal & Iron Horse Trails



**SIR Don Ruddell**

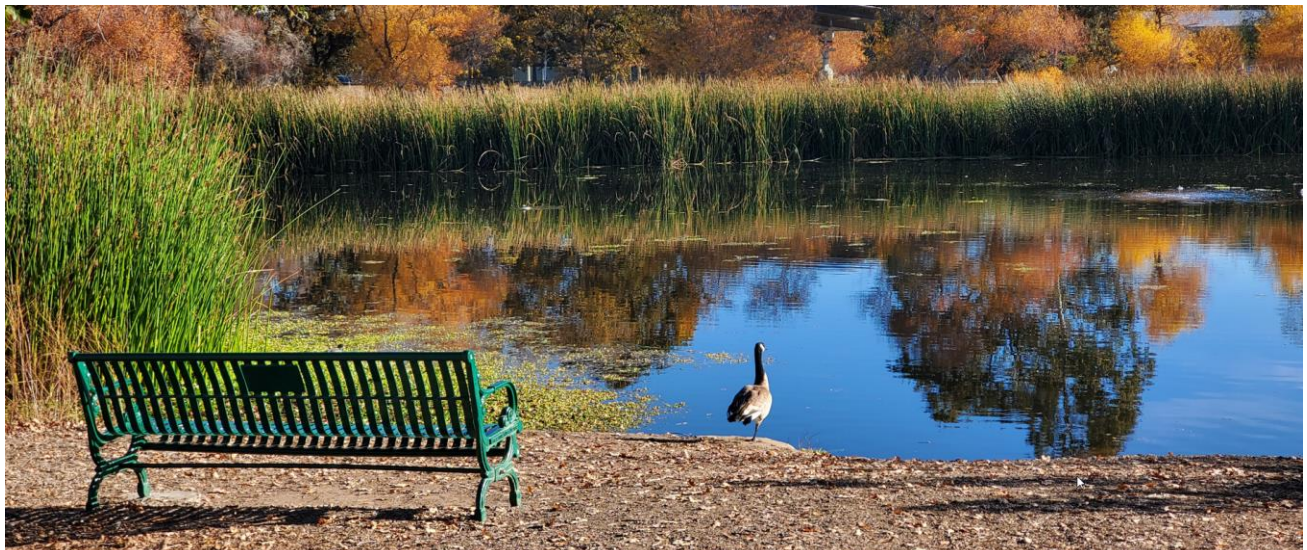


Six of us SIR's (and spouse) enjoyed a 3 mile walk along the Contra Costa Canal and Iron Horse trails, during a beautiful day, on Wednesday, December 13. And we also enjoyed lunch afterwards at Mendocino Farms in Walnut Creek. In attendance besides myself were Martin Fennell, Steve Valentine, Lee Boner, and Herb and Lynne Forthuber.

**Save-the-Date: Monday, January 22 at 10:00am** Lafayette Reservoir, 3 mile loop.  
An email with more details to arrive in mid-January.

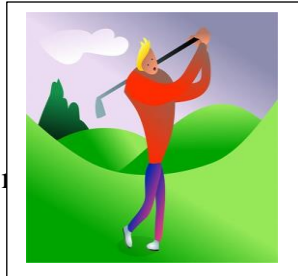
Any questions or concerns, please email me at [druddeldds@gmail.com](mailto:druddeldds@gmail.com)

Sir Don Ruddell [druddeldds@gmail.com](mailto:druddeldds@gmail.com) (925) 787-7585





## Branch 19 Golf Information

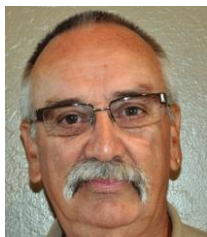


### Nine Hole Golf Group

(Buchanan Golf Course)  
 For Information Call Martin Fennell  
**925-212-9243**  
[Martinfennell54@gmail.com](mailto:Martinfennell54@gmail.com)

### NOTE:

It is time to Pay for your NCGA card. Payment can be made to Tom Lathrop.  
  
 Also, please pay for your Senior Advantage card at Lone Tree.



**Sir Jerry Burton**  
 (Golf Chair)  
[ajgolf24@gmail.com](mailto:ajgolf24@gmail.com)  
 Cell: (925) 682-9797  
 Home: (925) 827-1909

### 18 Hole Golf Schedule

Jan 2 <sup>nd</sup>	Lone Tree.	9:30
Jan 9 <sup>th</sup>	Brentwood	9:30
Jan 15 <sup>th</sup>	Lone Tree	9:30
Jan 18 <sup>th</sup>	Boundary Oaks	10:15 Thursday
Jan 23 <sup>rd</sup>	Diablo Creek	9:30
Jan 24 <sup>th</sup>	Golf Luncheon (Diablo Creek) 11:30	
Jan 30 <sup>th</sup>	Cypress Lakes	9:30

## The Bocce Report



The Bocce season will resume in 2024.

*SIR Tom Lathrop*  
[lathrop689@aol.com](mailto:lathrop689@aol.com)

## SIR Branch 19 Bowling News



We have only bowled 7 weeks of the 2023-2024 Season and a lot of new people in the league. We have 52 bowlers and 13 Teams. We bowl for 16 weeks in each half so around the first of January we should be doing roll offs for 1st and 2nd Place for the first half. It is a very close race to 1st place right now with 5 teams fighting for the top!

*SIR Mike Kropf* [mdkropf@astound.net](mailto:mdkropf@astound.net)  
*Gary Kaufmann* [gkaufmann813@gmail.com](mailto:gkaufmann813@gmail.com)

## Branch 19 - December Holiday Party

Sir Branch 19 members enjoyed our holiday luncheon on December 7<sup>th</sup> at the Pittsburg Elks Club consisting of turkey with all the trimmings. Photos of the luncheon are below:



Big Sir Herb Forthuber passes the Big Sir torch to Roger Moseley (2024 Big Sir). Also, Jim Cala takes over for Roger as Little Sir 2024.



Holiday entertainment was provided by guitarist / vocalist Charlie Hinton.



## State Sir Happenings



**Dave Gonzales**  
(Sir State President)

Below is a link to “The Happenings” which is produced by the State SIR organization. It contains information from State SIR and contains many of the SIR Newsletters from SIR Branches throughout California. If you have an interest in knowing what’s going on with State SIR or other SIR branches, please click on the link below.

[Click here to download your personal copy of Happenings](#)

## PLEASE Donate to the Concord Food Bank



**Food Drive**

**PLEASE BRING A NON-PERISHABLE  
FOOD DONATION TO THE NEXT  
LUNCHEON**

Please bring non-perishable food *in jars, cans, and sealed packets (No Glass please)*. We recommend sauces, soups, beans, vegetables, honey, peanut butter, candy, boxed juices, long-life milk, coconut cream and fish in oil. *(Please do not bring food with expired “use by” dates)*.

Sir Jerry Burton will collect the donated food and take it to the Concord Food Bank.

Thanks for your help, it will make a big difference in someone’s life!!!!

## 2024 Membership Dues - (Due Dec. 31<sup>st</sup>)

1. Make a check out to **(Sir Branch 19)** in the amount of **\$30** and send it to the following address by December 31<sup>st</sup>:

**Dennis Barbieri, 502 Hamburg Circle, Clayton, Ca. 94517**

OR

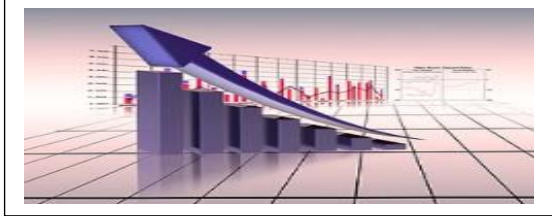
2. Pay your dues at the January luncheon (either by cash or check).

*Sir Branch 19 thanks you for your continued membership*

## Activities at Other SIR Branches

### SIR Branch 128 - Investments / Wealth Management

**\$ums Investment Group**  
**Next Meeting (Date: TBD)**



We will again join Branch 128's (San Ramon) Investment Group Zoom meeting. We may change the meeting date, so stay tuned. The topic will be announced.

Email Dave Sutton to be included.

Chair - Tom Henry - Branch 174 [tomhenry925@gmail.com](mailto:tomhenry925@gmail.com)  
 Co-chair Dave Sutton - Branch 8 - [davesutn@comcast.net](mailto:davesutn@comcast.net)

### Area 2 - Fishing Group



***The Legends***  
*Diablo Creek Golf Course*  
*4050 Port Chicago Highway in Concord*

**Next Meeting Date TBD**



SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Contacts are Bob Lively 925-383-5193 and Carl Moyer 925-685-5243. Info on the Next meeting will be provided at a later date. It will be at the Legends restaurant at the Diablo Creek golf course on Port Chicago Highway and Highway 4.

Ocean fishing for crab started November 4<sup>th</sup>, but only Pedro Contreras, Rich Fiscina, Brion Beetz, and Ron Lew have harvested the tasty crustaceans so far. 21 of us enjoyed Carl Moyer's fall fish fry in his back yard. Many of us caught stripers in the bay and delta. Bob Lucido, Brion Beetz, Carl Moyer, and Stan Wong all got trout at Shadow Cliffs Reservoir. Bob Lively tried for trout at San Pablo Reservoir, but only caught a catfish there. Carl Moyer caught sandabs on the ocean blue. Many fishing adventures have been cancelled due to wind and weather this year, more than normal.

## ***Branch 19 Leadership***

**Big Sir:** Roger Moseley

**Little Sir:** Jim Cala

**Secretary:** Mel Boksenbaum

**Asst. Secretary:** Mark Mulholland

**Treasurer:** Dennis Barbieri

**Asst. Treasurer:** Ken Kuhn

**Membership Chair:** Bill Hockenson

**Assistant Membership Chair:** Miles Nikaido

**RAMP Chair:** Herb Forthuber

**Recruiting Chair:** TBD

**Activities Chair:** Roger Moseley

**Publicity & Image Chair:** Dennis Wasco

**Golf Chair:** Jerry Burton

**Audit Committee Chair:** Bill Clark

**Bowling:** Gary Kaufmann, Mike Kropf

**Bocce Capo:** Tom Lathrop

**Wine Tasting / Dining Out:** Don Weimann

**Sunshine Chair:** TBD

**Attendance Chair:** Martin Fennell

**Speaker Committee:** Roger Moseley

**Chaplin:** John Carl

**Bulletin Editor:** Rich Balovich (Director)

**Webmaster:** Larry Long

**Executive Nomination Committee: (Chair):** Jerry Burton

**Branch Audit Committee Chair:** TBD