

*A Non-Profit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement  
Our mission is to improve the lives of our members through fun activities and events while making friends for life*



# ROOSTER TALES

**Next Luncheon - Thursday April 4<sup>th</sup>**  
*The Elks Lodge - 200 Marina Blvd, Pittsburg*

## *Big Sir Message*



**Roger Moseley**

Many of you have asked about our financials. Your Branch Executive Committee (BEC) has worked diligently over the last two years to solidify our financial position allowing us to pay our bills, provide support to Branch activities and secure the Branch's future and we will continue to do so. But first, a little history.

In the pre-pandemic years, costs for everything were much lower and we were able to pay our bills by retaining a small portion of each luncheon fee paid by our members. We ended 2019 with \$4,371.68 in cash. Then in March 2020, the pandemic hit and for several months we were unable to gather for lunch and our only income source ended. We finished 2020 with \$3,116.81 in cash and by

December 2021 our cash balance had dropped to \$2,989.55.

Coming out of the pandemic and seeing costs increase substantially, the BEC saw that our retained portion of luncheon fees alone would no longer be sufficient to support our obligations. The BEC made the decision to implement annual membership dues. In addition to increasing our revenue, all expenses were scrutinized and eliminated where it was appropriate to do so. As a result of these changes, we ended 2022 with a cash balance of \$4,464.71. With continued financial oversight, our cash balance on December 31, 2023 increased to \$7,742.17.

The question now is whether our current surplus is too high, too low, or about right.

The BEC has concluded that it's about right and has approved a budget for 2024 that maintains our surplus at the current level but provides additional support for the Mother's Day Luncheon, the Annual Picnic, and the Holiday Luncheon plus a contingency reserve of one year's expenses should an unexpected event occur that threatens the Branch's continued existence, leaving us with a year-end 2024 balance of \$6,687.67 in our General Account.

Going forward and absent any additional cost increases, you can expect to see no changes in member dues or luncheon costs this year. The BEC is committed to raising the funds we need but using those funds judiciously for the benefit of our members.

Anyone with questions about our finances should contact me or any BEC member.

*Roger Moseley (BIG SIR)*

**Lunch Menu**

Brentwood Fine Meats  
 Mixed Greens + 2 Dressings  
 Smoked Tri-Tip  
 Pork Ribs  
 Baked Beans  
 Potato Salad  
 Cheese Bread  
 Desert



**April Birthdays**



Bill	Boyer
Silver	DeTorres
Richard	Enea
Martin	Fennell
Herb	Forthuber

Gordon	Monroe
Robert	Nagata
Ben	Olison
Roy	Priest
John	Rubiales

**New Sir Members (March)**



Jason Jackson

**April Anniversaries**

First Name	Last Name	Joined Sir	YR SIR
Mike	Kropf	04/06/00	24
John	Carl Sr.	04/03/08	16
Louie	Audas	04/01/10	14
Larry	Kolano	04/01/10	14
John	Rubiales	04/01/10	14
Jerry	Burton	04/07/11	13
Robert	Lunghi	04/07/11	13
Richard	Peterson	04/05/12	12
Charles	Morones	04/02/15	9
Daniel	Buhler	04/04/19	5
Kirk	Polson	04/15/21	3
Lee	Boner	04/01/23	1
Peter	Dunn	04/25/23	1

**Financial Statement**

**Treasurer Report**

February 29<sup>th</sup>, 2024

**Account Balances**

Petty Cash	\$250.00
<b>General Account</b>	
Unencumbered	\$10,184.74
Excursion Fund	00.00
Holiday fund	00.00
Picnic Fund	00.00
<b>Total General Acct.</b>	<b>\$10,184.74</b>
<b>Custodial Account</b>	
Bowling	\$574.44
Golf	<u>\$3,404.33</u>
<b>Total Custodial</b>	<b>\$3,978.77</b>
<b>Total Funds</b>	<b>\$14,413.51</b>

Sir Dennis Barbieri

**The Calendar**

**Sir Luncheon** - Thursday, April 4<sup>th</sup>  
**Hiking** - Wednesday, April 24<sup>th</sup>  
**Sums in Retirement** - Wednesday, April 24<sup>th</sup>  
**Area 2 Fishing Group** - Thursday, April 25<sup>th</sup>  
**Golf, Bocce, Bowling** - (See below)  
**Wine Tasting** - Friday, April 26<sup>th</sup>  
**Dine Around** - TBD

## April Speaker – Margorie Cordova (OLLI)



Our originally planned speaker for the April Luncheon has been called out of town, but she has delegated one of the OLLI Board members and a member of the Curriculum Committee to speak to us. Her name is Marjorie Cordova.

Our speaker for the April Luncheon will be Margorie Cordova, who is a member of the Advisory Board and the Curriculum Committee of **the Osher Lifelong Learning Institute (OLLI)** at Cal State East Bay (Concord). Marjorie is a retired Registered Nurse. OLLI provides opportunities for lifelong learning to members and participants aged 50 and better in Contra Costa County, both in person and online. It offers affordable, exciting, engaging, and challenging lectures, courses, and field courses in the sciences, social sciences, arts, and humanities presented by Cal State East Bay emeritus faculty and other distinguished educators. No Homework. No Tests. No Grades. Learn more, Age less. The program offers approximately 120 courses and lectures per year in subjects that range from the liberal arts to the natural sciences. Marjorie will provide a description of this exciting program and give you information on how to sign up.

### ***New Luncheon Policy***

***Branch 19 must pay for lunches that are initially reserved and then cancelled.  
In order to avoid financial loss, the following policy has been enacted by the Branch 19 Branch Executive Committee:***

1. Luncheon cancellation is required by 5pm on the Friday prior to the luncheon.
2. If not cancelled the luncheon cost will be invoiced at the next luncheon.

### ***Member attendance at BEC meetings***

***Anyone is welcome to attend the Branch 19 Executive Meetings  
These meetings are held typically beginning at 9:30am  
on the morning of the monthly luncheon***

If you would like to voice an issue related to SIR, or just wish to attend a Branch 19 Executive Committee meeting please email **Roger Moseley** ([rogermoseley855@gmail.com](mailto:rogermoseley855@gmail.com)) to reserve your place in the meeting room.



**Pro Shop**  
SHOW PRIDE IN BEING A SIR!  
Wear, buy, provide your Branch the SIR Brand!

SIR  
SOCIAL ACTIVITIES FOR MEN  
WeAreSir.com  
SIRInc.org

Order From this link:  
<https://sir.ourproshop.com/>:



*(Note: Hats are again available on the website)*

## CC County Covid Updates



Covid 19 updates for Contra Costa County are available at the following link:

<https://coronavirus.cchealth.org/>

**NOTE:**

Free COVID test kits are again available at [COVID.gov](https://www.covid.gov) - [Free at-home COVID-19 tests](https://www.covid.gov)



## Please feel free to bring a guest to the SIR luncheons

If bringing a guest, please follow the Guest Requirements specified in the monthly SIR luncheon email notification which is sent to all SIR Branch 19 members.



## ***New Branch 19 Shared Activities***

### **Great news for SIR Branch 19 members!**

Branch 8 in Walnut Creek is inviting Branch 19 members to selected activities including:

#### **1. Pickleball**

Played on Thursday mornings at 8:30 at Willow Pass Community Park in Concord. Ladies are welcome. To sign up, contact Nick Maufe at [ickmaufe@gmail.com](mailto:ickmaufe@gmail.com) or go to <https://www.sirbr8.com/pickleball/> for more information.

#### **2. Pinochle**

Meets on the second and fourth Wednesdays of the month at Rocco's Restaurant in Walnut Creek at Encina Grande Shopping Center. Meet for lunch at noon with cards from 1:00 to 3:00. Ladies are welcome. To participate contact Stan Johnson at [stan.johnson88@gmail.com](mailto:stan.johnson88@gmail.com), or visit their website at <https://www.sirbr8.com/pinochle/>.

#### **3. Science & Astronomy**

Consists of a daily email called "Sigma Xi SmartBrief". It contains links to half a dozen science articles from English language scientific journals around the world. It covers a broad selection of topics in science, engineering, medicine, and astronomy. To learn more, contact David Bushnell at [dbushn@swbell.net](mailto:dbushn@swbell.net) or go to <https://www.sirbr8.com/sir-science-online/> for more information.

#### **4. Opera/Ballet**

The Opera and Ballet activity, consists of sending out advance information and published reviews of live Met Opera performances and Bolshoi Ballet that are transmitted by Fandango in HD to our local Century theaters. To see what's coming, please go to <https://www.sirbr8.com/opera/> or contact David Bushnell at [dbushn@swbell.net](mailto:dbushn@swbell.net).

#### **5. Internet Games**

*Internet Cribbage* is played each month in a tournament format as a two-person game, one on one. *Mexican Train Dominoes* is also played online with all players connected by Zoom. To sign up, contact Don Atwater at [datwater@pacbell.net](mailto:datwater@pacbell.net) or go to <https://www.sirbr8.com/internet-games/>.

#### **6. Poker**

SIR Branch 146 in Walnut Creek has invited Branch 19 members to join in their Poker Group #4! If you would like to play, please contact Pete Gates at [petegates10@gmail.com](mailto:petegates10@gmail.com) or call him at 925-937-2035. Games are usually scheduled for 1-4 pm on the 4<sup>th</sup> Monday of each month. Hosting is rotated between members' homes. The host provides light snacks and beverages. Buy-in is \$10 and stakes are nickel, dime, and quarter with a limit of three raises. Dealer antes a nickel per player.

We are excited to offer these new activities to our Branch 19 members and want to thank the Walnut Creek Branch for inviting us to join. If you are interested in joining any of these groups, please contact them directly thru the Activity Chairs mentioned above or thru their respective websites.

When signing up, please provide your name, branch (19) and email address.

*Roger Moseley*

## Ways to Serve Your Branch

*The following is a list of available Branch 19 positions  
If you are interested in any of these volunteer positions please email  
Roger Moseley: [rogermoseley855@gmail.com](mailto:rogermoseley855@gmail.com)*

**Activities Chair**

**Dining Out Chair**

**RAMP Members:** *These roles work with the Little Sir to help grow our branch*

## Social Ties Boost Survival by 50 Percent

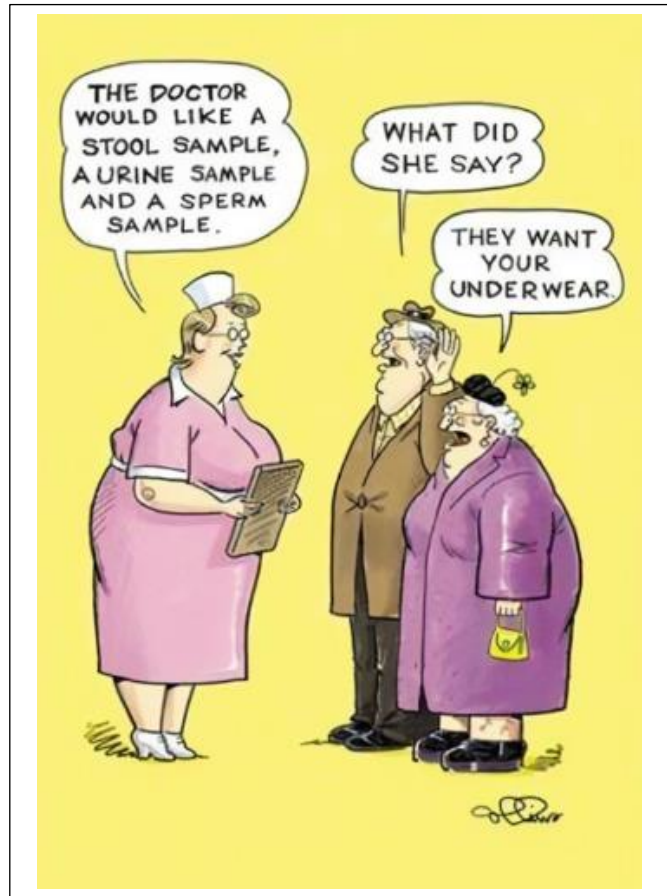
**WHO KNEW? BEING A SIR MEMBER PUTS YOU AHEAD IN THE GAME!**

A meta-study covering more than 300,000 participants across all ages reveals that adults get a 50 percent boost in longevity if they have a solid social network

<https://www.scientificamerican.com/article/relationships-boost-survival/>

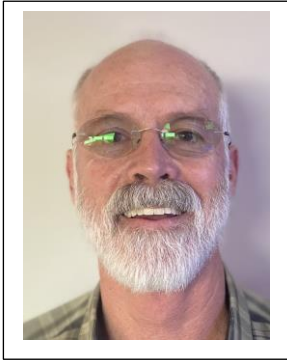


# COMEDY CORNER



# Branch 19 Activities

## Hiking Group – Urban Wilderness



**SIR Don Ruddell**



SIR hikers enjoyed a beautiful day hiking around the Lafayette reservoir on **March 13th**. The weather was sunny and bright, the conversation was stimulating, the friendship was rewarding, and the hiking was casual and fun. We also enjoyed a fantastic outside patio lunch at Sideboard in Lafayette. I hope more of you will join us soon!

This issue of this Rooster tales may already be published by the time of our next hike on **Wednesday, March 27**, through Pine Canyon at Castle Rock Regional Park. An email was sent to all of you regarding this hike on March 18th.

**Save-the-Date: Wednesday, April 24, 10:00 - Urban Wilderness**

I believe this will be a fun hike and somewhat out of the ordinary. We'll be riding BART to the Embarcadero station in San Francisco and enjoying a 3-mile stroll through picturesque Salesforce Park (see pictures), Yerba Buena (to see a 30-foot waterfall), then return down Market Street to have lunch at Schroeder's, an historic German beer hall. Bring out the bratwurst!

This will be our only April hike as I will be out of town much of the month so I hope that many of you mark your calendars for this fun hike! Spouses are welcome too!!

You will all receive a reminder email, with more details, around the middle of April.

Sir Don Ruddell [druddeldds@gmail.com](mailto:druddeldds@gmail.com)  
(925) 787-7585





# SIR Branch 19 Wine Tasting Group Meeting

Friday, April 26<sup>th</sup>, 2024

Meeting Time 5:30PM

**Theme:**  
*Wines of Germany*

**Bring:**

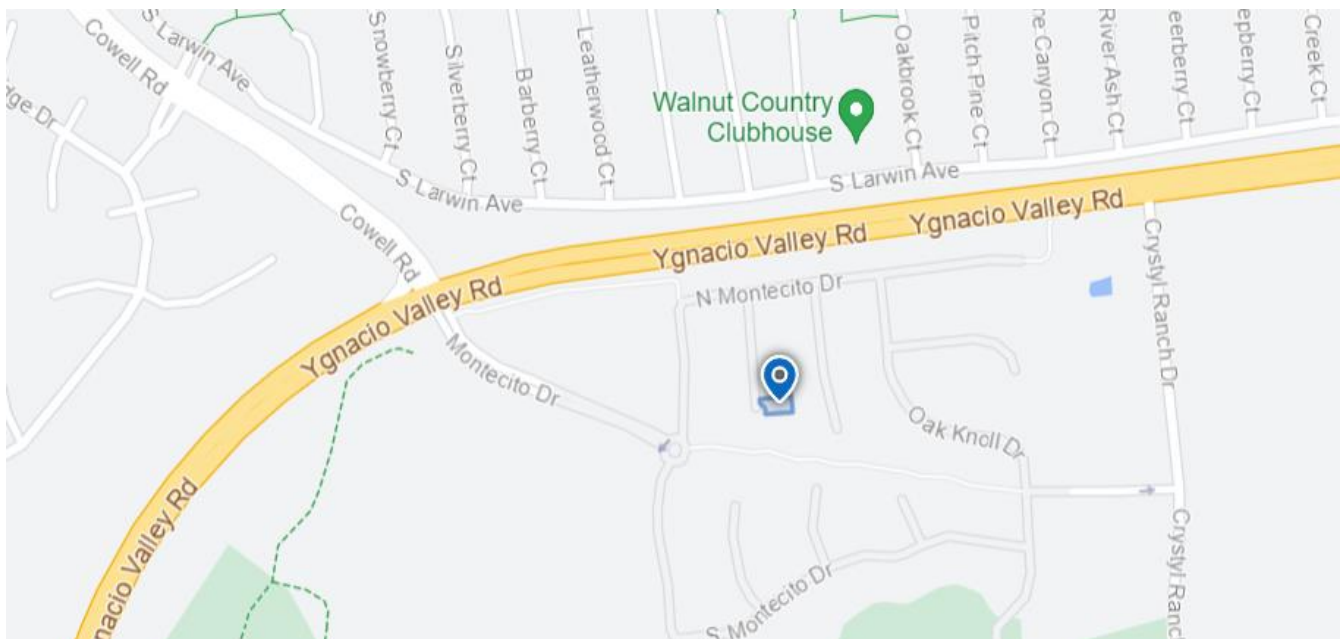
- One bottle of wine
- Hot or cold appetizers that are a compliment to the wine you bring to share as we taste

**Where:**  
*Martin and Lori Fennell's House*  
1274 Kestrel Court, Concord, Ca. 94521  
(925) 671-9921

**Please let Sir Martin Fennell know if you will be attending**  
(925) 671-9921 [Martinfennell54@gmail.com](mailto:Martinfennell54@gmail.com)



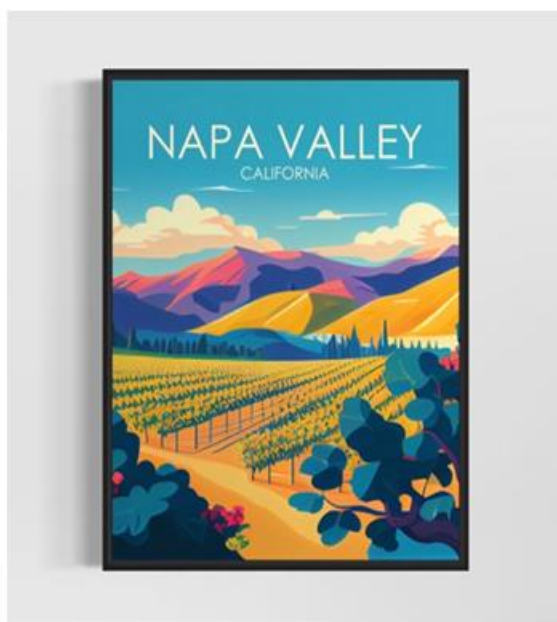
**Directions:** The house location is noted by the blue indicator on the map below:



# State SIR Golf Presents

## In Concert with Branches 35 & 149

### A 2 Day Golf Event



## *2024 Spring Fling in Napa*

**Wednesday, April 24** at *Chardonney Golf Club*, a Four Man, 2-Best Ball Tournament with consecutive tee times.

**Thursday, April 25** at *Eagle Vines Vineyard & Golf Club*, a Four Man Scramble with a Shotgun Start.

*(Please see Registration Form below)*

# 2024 SPRING FLING IN NAPA

## EAGLE VINES & CHARDONNAY GOLF COURSES

**Wednesday April 24<sup>th</sup> (Chardonnay) & Thursday April 25<sup>th</sup> (Eagle Vines)**

**Men Day 1** 4-man team of your choice –2 BEST BALL (net) – 8:00am Sequential Tee Times

**Men Day 2** 4-person team SCRAMBLE– 9:00am Shotgun Start

**Ladies Day 1** 4-person team of your choice – 2 BEST BALL (net) – 8:30am Sequential Tee Times

**Ladies Day 2** 4-person team, SCRAMBLE, computer selected – 9am Shotgun Start

Ladies may play in men’s competition or in ladies only.

Closest to Pin Contests on each Day (Both Front & Back nines)

To enter, complete the application below for you and any other playing partners and send it in with check(s) made payable to “SIR STATE GOLF” for the full amount of the Entry Fee for each player. Fees are: **Both days is \$170, only playing Day 1 is \$85 or only playing Day 2 is \$85.** Cost includes green fees, cart, range balls & prizes.

Have questions, contact Ben Gikis at either (408) 802-0794 or at [gikisben@yahoo.com](mailto:gikisben@yahoo.com)

**ONLY THE APPLICATIONS RECEIVED WITH FULL PAYMENT WILL BE CONFIRMED AND ACCEPTED (Cut here)**

### APPLICATION AND ENTRY FORM

Entry **Deadline** is Monday **April 15<sup>th</sup>** or **when Tournament is full**

Make check(s) out to “SIR State Golf”, send to *Ben Gikis, 12415 Hilltop Dr., Los Altos Hills, CA 94024*

NAME \_\_\_\_\_ NCGA # \_\_\_\_\_ BRANCH \_\_\_\_\_ TEL \_\_\_\_\_  
 STREET \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_  
 EMAIL ADDRESS \_\_\_\_\_ (for confirming receipt of entry)  
 Play Both Days  Play Only Wed  Play Only Thursday

NAME \_\_\_\_\_ NCGA # \_\_\_\_\_ BRANCH \_\_\_\_\_ TEL \_\_\_\_\_  
 STREET \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_  
 EMAIL ADDRESS \_\_\_\_\_ (for confirming receipt of entry)  
 Play Both Days  Play Only Wed  Play Only Thursday

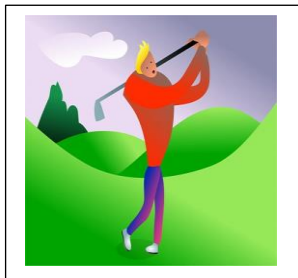
NAME \_\_\_\_\_ NCGA # \_\_\_\_\_ BRANCH \_\_\_\_\_ TEL \_\_\_\_\_  
 STREET \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_  
 EMAIL ADDRESS \_\_\_\_\_ (for confirming receipt of entry)  
 Play Both Days  Play Only Wed  Play Only Thursday

NAME \_\_\_\_\_ NCGA # \_\_\_\_\_ BRANCH \_\_\_\_\_ TEL \_\_\_\_\_  
 STREET \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_  
 EMAIL ADDRESS \_\_\_\_\_ (for confirming receipt of entry)  
 Play Both Days  Play Only Wed  Play Only Thursday

**Preferred Tee Time:** Early  Mid-Morning  Late

**ELIGIBILITY:** For **men**, SIR member or guests must have a **verifiable NCGA INDEX** with any NCGA golf club. **Women** guests **competing in the men’s flight** must provide a **verifiable NCGA INDEX**. There is **no requirement if competing in the women’s flight**. If they do have a verifiable index, please provide it.

## Branch 19 Golf Information



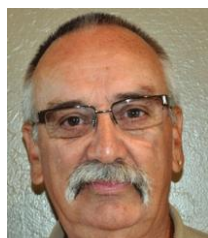
### Nine Hole Golf Group

(Buchanan Golf Course)

For Information Call Martin Fennell

925-212-9243

[Martinfennell54@gmail.com](mailto:Martinfennell54@gmail.com)



### 18 Hole Golf Schedule

We have a 9:30 first T-time for all courses.

**PLEASE arrive by 9:30am**

- April 2 Lone Tree
- April 9 Diablo Creek
- April 16 Cypress Lakes
- April 18 Chardonnay Thursday
- April 23 Lone Tree
- April 30 Swenson Park



**Sir Jerry Burton**  
(Golf Chair)

[ajgolf24@gmail.com](mailto:ajgolf24@gmail.com)

Cell: (925) 682-9797

Home: (925) 827-1909

## The Bocce Report



The Bocce season will resume in 2024.

SIR Tom Lathrop

[lathrop689@aol.com](mailto:lathrop689@aol.com)

## SIR Branch 19 Bowling News



Here it is March already and our Branch#19 SIR Tournament just finished last Wednesday at Clayton Valley Bowl there was 72 bowlers from 10 different branches, and many of our members ended up in the money, Milton Momita, Walt Norris, Richard Leong, Tim Patterson, Raul Cienfuegos, Gary Kaufmann, and Randy Cazes was the big winner. Glad to see everyone enjoying bowling and socializing.

Our league is in the 29th week of 33 weeks and 2 teams are tied for 1st Place with 3 Teams 1 game behind them making it a very tight race to the finish:)

SIR Mike Kropf [mdkropf@astound.net](mailto:mdkropf@astound.net)

Gary Kaufmann [gkaufmann813@gmail.com](mailto:gkaufmann813@gmail.com)

# Mother's Day Luncheon

**Our Mother's Day Luncheon will be on May 2<sup>nd</sup> at the Pittsburg Elks Club**



Nicole Hackett

We have a special speaker (Nicole Hackett) who is the owner of R&M Pool, Patio, and Gardens.

We look forward to seeing you along with your better half. Stay tuned for more information as details are finalized.

## State Sir Happenings

Below is a link to "The Happenings" which is produced by the State SIR organization. It contains information from State SIR and contains many of the SIR Newsletters from SIR Branches throughout California. If you have an interest in knowing what's going on with State SIR or other SIR branches, please click on the link below.

[Click here to download your personal copy of Happenings](#)

## PLEASE Donate to the Concord Food Bank



**Food Drive**  
**PLEASE BRING A NON-PERISHABLE FOOD DONATION TO THE NEXT LUNCHEON**

Please bring non-perishable food *in jars, cans, and sealed packets (No Glass please)*. We recommend sauces, soups, beans, vegetables, honey, peanut butter, candy, boxed juices, long-life milk, coconut cream and fish in oil. **(Please do not bring food with expired "use by" dates).**

Sir Jerry Burton will collect the donated food and take it to the Concord Food Bank.

Thanks for your help, it will make a big difference in someone's life!!!!

# Activities at Other SIR Branches

## Area 2 - Fishing Group



**The Legends**  
 Diablo Creek Golf Course  
 4050 Port Chicago Highway in Concord  
 Next Meeting Date: Thurs, Apr 25<sup>th</sup>



SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Contacts are Phil Scimonelli 661-917-8060 and Carl Moyer 925-685-5243. Next meeting will be at the Legends restaurant at the Diablo Creek golf course on Port Chicago Highway and Highway 4 on Thursday, April 25<sup>th</sup> at 8:30am. Come early.

After much deliberation, we have a rockfish season for this year. Deep water only in April, then nearshore from May first until October, or they close it suddenly again. No salmon season expected, but there is the slim possibility of a day or two. Meanwhile, we are catching trout, big and delicious. Too many of us feasting to list here. Halibut fishing in the bay has started, but the catch would have to improve to reach a dismal level. The same can be said for stripers in the bay and delta. Ron Lew did get a few undersized leopard sharks in the bay. All of that sadness will change as the water warms and the gush of fresh water into the bay decreases.

Contacts: Bob Lively (925-383-5193 / Carl Moyer (925) 685-5243



Brion Beetz and Gordon Linebaugh are happy with these rainbow and lightning trout.

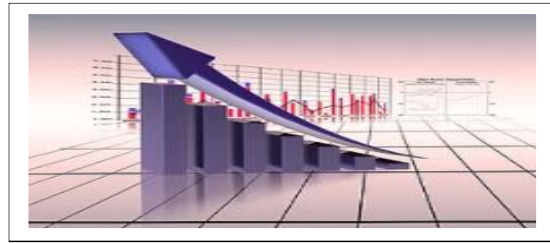


Pete Gates, Ken Bellinder, and Carl Moyer caught these delicious trout.

## **Area16 - SIR Branch 128 - Investments / Wealth Management**

### **\$ums Investment Group**

**Next Meeting (Date: Apr 24<sup>th</sup>)**



On the 4<sup>th</sup> Wednesday, April 24 at 1:30 PM, our guest speaker will be John Gardner of Blackhawk Wealth Advisers. His agenda will be decided by the members and Suggestions are welcome.

Email Dave Sutton to be included.

Chair - Tom Henry - Branch 174 [tomhenry925@gmail.com](mailto:tomhenry925@gmail.com)

Co-chair Dave Sutton - Branch 8 - [davesutn@comcast.net](mailto:davesutn@comcast.net)

## ***Branch 19 Leadership***

**Big Sir:** Roger Moseley

**Little Sir:** Jim Cala

**Secretary:** Mel Boksenbaum

**Asst. Secretary:** Mark Mulholland

**Treasurer:** Dennis Barbieri

**Asst. Treasurer:** Ken Kuhn

**Membership Chair:** Bill Hockenson

**Assistant Membership Chair:** Miles Nikaido

**Ex Officio Big Sir:** Herb Forthuber

**Activities Chair:** Vacant

**Publicity & Image Chair:** Dennis Wasco

**Golf Chair:** Jerry Burton

**Audit Committee Chair:** Bill Clark

**Bowling:** Gary Kaufmann, Mike Kropf

**Bocce Capo:** Tom Lathrop

**Wine Tasting / Dining Out:** Don Weimann

**Attendance Chair:** Martin Fennell

**Speaker Committee:** Jim Cala

**Chaplin:** John Carl

**Bulletin Editor:** Rich Balovich (Director)

**Webmaster:** Larry Long

**Executive Nomination Committee: (Chair):** Jerry Burton