

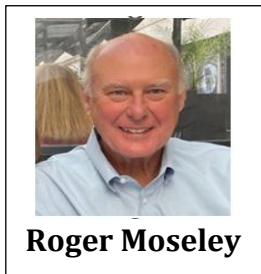
*A Non-Profit Organization for Retired Men Devoted to the Promotion of Independence and Dignity of Retirement  
Our mission is to improve the lives of our members through fun activities and events while making friends for life*



## ROOSTER TALES

**SIR Luncheon: Thursday, April 2<sup>nd</sup>**  
*The Elks Lodge - 200 Marina Blvd, Pittsburg*

### *Big Sir Message*



Spring has arrived, and with its arrival, we can get out of the house and do something fun outside! At SIR Branch 19, there are many opportunities to do so including:

**Fishing:** The Area 2 Fishing Group is open to all SIR members and is a great outdoor activity that is fun and which can be productive, i.e., take some fish home! If you're interested, please contact our own SIR Tom Kostik at 925-689-6930.

**Golf:** Our most popular activity is a year-round one and will be offering a summer schedule of 19 events beginning May 5<sup>th</sup> at Lone Tree Golf Club and ending August 25<sup>th</sup> at Cypress Lakes in Fairfield. Additional courses include Hiddenbrooke, Swenson Park, Franklin Canyon, The Reserve, Blue Rock Springs, Rancho Solano, Shadow Lakes, Elkhorn, and Chardonnay. If you're a golfer or would like to be one, this is a great opportunity to spend some fun time outdoors and enjoy the company of your fellow Branch 19 members. Please contact SIR John Ackers at [johnackers94511@gmail.com](mailto:johnackers94511@gmail.com) for more information.

**Dine Around:** Although not strictly an outdoor activity, getting out for a summer evening of fun, food and wine is something to be enjoyed and is available to all Branch 19 members and their spouses. Our next Dine Around will be April 16<sup>th</sup>. Look for the Dine Around announcement coming out soon.

**Wine Tasting:** This a fun activity and one that everyone can participate in even if you don't drink wine. But for those of you who do, it's a great opportunity to taste wines of different vintages and varieties, paired with delicious appetizers. Our next Tasting will be on Friday, April 24<sup>th</sup> hosted by SIR Rich Peterson. Look for the announcement coming in the next Roostertales.

**Bocce:** We start in April and end in September. Contact SIR Tom Lathrop at [lathrop689@aol.com](mailto:lathrop689@aol.com) if you'd like to play.

**Bowling:** The summer bowling league will start around May 13<sup>th</sup> and bowl every Wednesday at 10:00 AM until August 19<sup>th</sup>. Contact SIR Gary Kaufmann at [gkaufmann813@gmail.com](mailto:gkaufmann813@gmail.com) for more information.


But, for whatever you decide to do, please be safe, but have some fun!

*Roger Moseley (Big Sir)*

### Lunch Menu

**BRENTWOOD FINE MEATS**

- Mixed Greens  
+ 2 Dressings
- Smoked Tri-Tip
- Roasted Chicken
- Baked Beans
- Potato Salad
- Cheese Bread
- Dessert



### New Sir Members

***Charles Sinson (January)***  
***Steve Kelly (January)***  
***Ronald Lew (February)***  
***Tim Daly (February)***

### April Birthdays

## HAPPY BIRTHDAY!

Bill Boyer	Gordon Monroe
Silver DeTorres	Robert Nagata
Rich Enea	Roy Priest
Martin Fennell	John Rubiales

### April Anniversaries

First Name	Last Name	Joined Sir	YR SIR
Mike	Kropf	04/06/00	26
John	Carl Sr.	04/03/08	18
Louie	Audas	04/01/10	16
Larry	Kolano	04/01/10	16
John	Rubiales	04/01/10	16
Jerry	Burton	04/07/11	15
Robert	Lunghi	04/07/11	15
Rich	Peterson	04/05/12	14
Charles	Morones	04/02/15	11
Kirk	Polson	04/15/21	5
Lee	Boner	04/01/23	3
Dennis	Parks	04/03/25	1
Mike	Toth	04/03/25	1

### Financial Statement

**Treasurer Report**  
March 1<sup>st</sup>, 2025

<b>Account Balances</b>	
Petty Cash	\$250.00
<b>General Account</b>	
Unencumbered	\$10,473.95
Excursion Fund	00.00
Holiday fund	00.00
Picnic Fund	<u>00.00</u>
<b>Total General Acct.</b>	<b>\$10,473.95</b>
<b>Custodial Account</b>	
Bowling	\$629.77
Golf	<u>\$1,679.96</u>
<b>Total Custodial</b>	<b>\$2,309.73</b>
<b>Total Funds</b>	<b>\$13,033.68</b>

### SIR Calendar

**Sir Luncheon** – Thursday, April 2<sup>nd</sup>  
**Hiking** – No future hikes planned for now  
**Sums in Retirement** – Wednesday, April 22<sup>nd</sup>  
**Area 2 Fishing Group** – Thursday, April 23<sup>rd</sup>  
**Golf, Bocce, Bowling** – (See below)  
**Wine Tasting** – Friday, April 24<sup>th</sup>  
**Dine Around** – Thursday, April 16<sup>th</sup>

## Sir Luncheon Policy

**Branch 19 must pay for lunches that are initially reserved and then cancelled. In order to avoid financial loss, the following policy has been enacted by the Branch 19 Branch Executive Committee:**

1. Luncheon cancellation is required by 5pm on the Friday prior to the luncheon.
2. If not cancelled the luncheon cost will be invoiced at the next luncheon.

## Member attendance at BEC meetings

**Anyone is welcome to attend the Branch 19 Executive Meetings  
These meetings are held typically beginning at 9:30am  
on the morning of the monthly luncheon**

If you would like to voice an issue related to SIR, or just wish to attend a Branch 19 Executive Committee meeting please email **Roger Moseley** ([rogermoseley855@gmail.com](mailto:rogermoseley855@gmail.com)) to reserve your place in the meeting room.



**Pro Shop**  
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**SIR**  
SOCIAL ACTIVITIES FOR MEN  
WeAreSir.com  
SIRinc.org

Order From this link:  
<https://sir.ourproshop.com/>:



*(Note: Hats are again available on the website)*

## Bring a Guest

**Please feel free to bring a guest to the SIR luncheons**

If bringing a guest, please follow the Guest Requirements specified in the monthly SIR luncheon email notification which is sent to all SIR Branch 19 members.



## April Speaker – Dr. Irene Lo



**Dr. Irene Lo**

Dr. Irene Lo currently serves as the Executive Director of Contra Costa Health Plan, one of California’s oldest public managed care organizations. A board-certified surgeon, Dr. Lo brings a unique blend of clinical insight and operational acumen to her executive leadership role. She previously served as the plan’s Chief Medical Officer. With more than two decades of experience as a surgeon and physician leaders, Dr. Lo has held multiple leadership roles in clinical, administrative, and regional professional organizations.

Dr. Lo’s presentation will inform the membership of Contra Costa Health Plans lines of business and the services that

**Key details about Dr. Irene Lo include:**

- **Role & Leadership:** As Interim CEO, Dr. Lo leads CCHP, a county-operated health plan, guiding its operations and preparing for a state-mandated expansion into the Medicare market.
- **Background:** She has over a decade of experience in medicine, with expertise in general surgery, and is highly regarded for her work in community health and, in 2025, was recognized as one of the [San Francisco Business Times' Most Influential Women in Bay Area Business](#).
- **Professional Affiliations:** She is a member of the [ACCMA](#) and has a strong focus on, and passion for, patient advocacy and equitable healthcare.
- **Education:** She earned her medical degree from the Columbia University Vagelos College of Physicians and Surgeons.

## March Sir Luncheon Follow Up

Several Awards were given during our March Sir Luncheon



Big Sir Roger Moseley accepted the ***Sir of the year Award***



Gordon Monroe accepted the ***Sir 25 Year Service Award***

## New Branch 19 Shared Activities

### Great news for SIR Branch 19 members!

Branch 8 in Walnut Creek is inviting Branch 19 members to selected activities including:

#### 1. Pickleball

Played on Thursday mornings at 8:30 at Willow Pass Community Park in Concord. Ladies are welcome. To sign up, contact Nick Maufe at [nickmaufe@gmail.com](mailto:nickmaufe@gmail.com) or go to <https://www.sirbr8.com/pickleball/> for more information.

#### 2. Pinochle

Meets on the second and fourth Wednesdays of the month at Rocco's Restaurant in Walnut Creek at Encina Grande Shopping Center. Meet for lunch at noon with cards from 1:00 to 3:00. Ladies are welcome. To participate contact Stan Johnson at [stan.johnson88@gmail.com](mailto:stan.johnson88@gmail.com), or visit their website at <https://www.sirbr8.com/pinochle/>.

#### 3. Science & Astronomy

Consists of a daily email called "Sigma Xi SmartBrief". It contains links to half a dozen science articles from English language scientific journals around the world. It covers a broad selection of topics in science, engineering, medicine, and astronomy. To learn more, contact David Bushnell at [dbushn@swbell.net](mailto:dbushn@swbell.net) or go to <https://www.sirbr8.com/sir-science-online/> for more information.

#### 4. Opera/Ballet

The Opera and Ballet activity, consists of sending out advance information and published reviews of live Met Opera performances and Bolshoi Ballet that are transmitted by Fandango in HD to our local Century theaters. To see what's coming, please go to <https://www.sirbr8.com/opera/> or contact David Bushnell at [dbushn@swbell.net](mailto:dbushn@swbell.net).

#### 5. Internet Games

*Internet Cribbage* is played each month in a tournament format as a two-person game, one on one. *Mexican Train Dominoes* is also played online with all players connected by Zoom. To sign up, contact Don Atwater at [datwater@pachell.net](mailto:datwater@pachell.net) or go to <https://www.sirbr8.com/internet-games/>.

#### 6. Poker

SIR Branch 146 in Walnut Creek has invited Branch 19 members to join in their Poker Group #4! If you would like to play, please contact Pete Gates at [petegates10@gmail.com](mailto:petegates10@gmail.com) or call him at 925-937-2035. Games are usually scheduled for 1-4 pm on the 4<sup>th</sup> Monday of each month. Hosting is rotated between members' homes. The host provides light snacks and beverages. Buy-in is \$10 and stakes are nickel, dime, and quarter with a limit of three raises. Dealer antes a nickel per player.

We are excited to offer these new activities to our Branch 19 members and want to thank the Walnut Creek Branch for inviting us to join. If you are interested in joining any of these groups, please contact them directly thru the Activity Chairs mentioned above or thru their respective websites.

When signing up, please provide your **name, branch (19), and email address.**

*Roger Moseley (Big Sir)*

# COMEDY CORNER



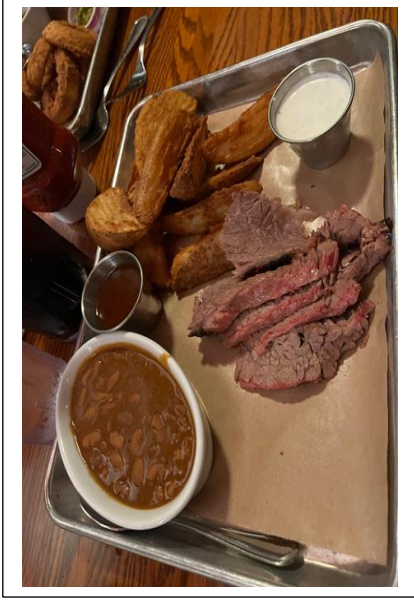
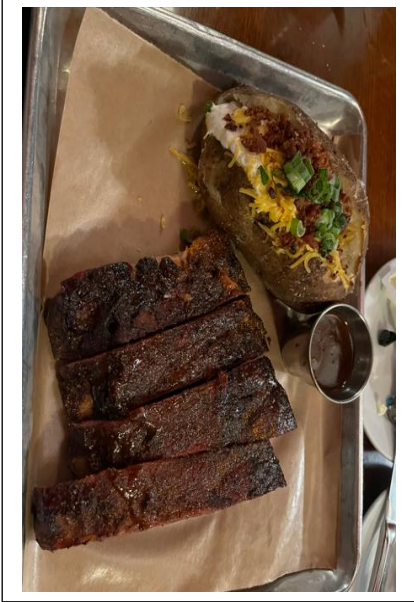
"And, if you fall behind on payments, it drives itself back to the dealership."



# Branch 19 Activities

## March Dining Out (Follow Up)

Sir Roger Moseley & wife Nancy hosted the Sir March 19<sup>th</sup> Dining Out Event at Back Forty Restaurant in Pleasant Hill. Great Barbeque was on the menu. Thanks to Deb & Neil Powell for the great pics.



**SIR Branch 19 Dine Around – Thursday, April 16<sup>th</sup> - 5:30pm**



**Fiore Restaurant (Italian with a Moroccan Kick)**

*If you consider yourself to have a sophisticated palate or even if you're just a lover of Italian cuisine, Fiore Restaurant serves up Italian with French and Mediterranean touches in a warm, inviting atmosphere.*

**Location:** 5100 Clayton Rd, Concord

**When:** **Thursday, April 16<sup>th</sup> (Happy Hour 5:30-6:00 pm - Dinner 6:00 pm)**

**Website and Menu:** [Fiore Restaurant - Home](#) (925) 969-1887

**Order from the menu - Each couple will receive a separate check**



**To register, please contact Rich & Carmen Balovich  
[r.balovich@aol.com](mailto:r.balovich@aol.com) or call (925) 222-8255**

**Please provide number of people attending & (Please RSVP by Friday, April 10<sup>th</sup>)  
Please ask for the (Sirs Dinner Party) at the restaurant**

## SIR Branch Dining Out Coordinators



### SIR Branch 19 Dine Around Coordinators (2026)



We are looking for people to be Dining Out Coordinators. If you would be interested in volunteering for any vacant future Dining Out Dates (see below), please contact Roger Moseley at [rogermoseley855@gmail.com](mailto:rogermoseley855@gmail.com)

**Dining Out Coordinators are required to:**

- 1) Pick a restaurant.
- 2) Verify that the restaurant will honor separate Dinner checks.
- 3) **At least four weeks prior to the dinner**, notify Rich Balovich at [r.balovich@aol.com](mailto:r.balovich@aol.com) Regarding the restaurant you've chosen and the dinner date.
- 4) Rich will then create the Dining Out flyer, send it to you to verify the information. **Once verified please email Rich Balovich @ [r.balovich@aol.com](mailto:r.balovich@aol.com)** and he will email the flyer to the SIR Branch 19 membership. **(The deadline for Branch 19 members to respond will be 1 week prior to the event).**
- 5) The coordinator will then make the reservation based on the number of membership responses they receive.

**Date**

January 15  
February 19  
March 19  
April 16  
May 14  
June 18  
July 16  
August 20  
September 17  
October 15

**Coordinator**

Barry & Bobbi Silberman  
Chuck & Karen Morones  
Roger & Nancy Moseley  
Rich & Carmen Balovich  
Don & Ruth Weimann  

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Jerry & Audrey Burton  
Martin & Lori Fennell  
Neil & Deb Powell  
Jack & Michelle Barnaba

**Dine Around Venues that Branch 19 has used in the past:**

**Fiore' Restaurant (925) 969-1887**  
**Spicy Joi Banh Mi X Lao Street Food (925)787-7508**  
**The Old Spaghetti Factory (925) 672-7711**  
**Nepalese and Indian Restaurant (925) 825-3277**  
**La Veranda Café (925) 524-0011**  
**Sichuan House (925) 933-3278**  
**DeVino's Pizza & Pasta (925) 689-6666**  
**Ming's Chinese Restaurant (925) 934-9393**

**Lazy Dog Restaurant & Bar (925) 849-1221**  
**Jack's Restaurant (925) 849-6195**  
**Guadalajara Grill (925) 672-4430**  
**DJ Bistro (925) 825-3277**  
**Rocco's Pizzeria (925) 947-6105**  
**La Pinata (925) 609-9119**  
**Back 40 Texas BBQ (925) 935-1440**  
**Outback Steakhouse (925) 687-2225**

# SIR Branch 19 Wine Tasting Group Meeting

**Theme:**

*European White Wines*

**Friday, April 24<sup>th</sup>  
Meeting Time 5:30PM**



**Bring:**

- One bottle of wine
- Hot or cold appetizers that are a compliment to the wine you bring to share as we taste

**Where:**

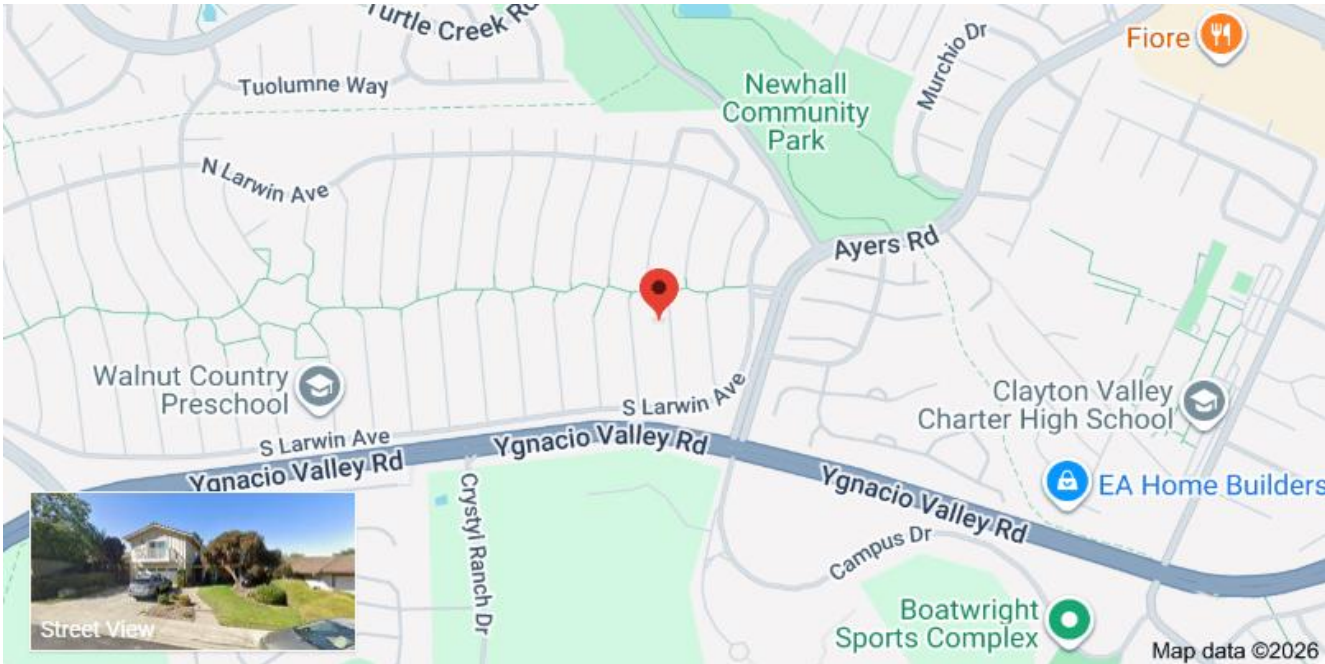
*Rich & Barbara Peterson's House  
4484 Buckthorn Court, Concord*



**To attend - contact Rich & Barbara:**

<mailto:goldbear@astound.net>  
(925) 827-9375

**Directions:**  
*House location is noted by the Red indicator below:*



## SIR Branch 19 Wine Tasting - Coordinators



### SIR Branch 19 Wine Tasting Coordinators (2026)



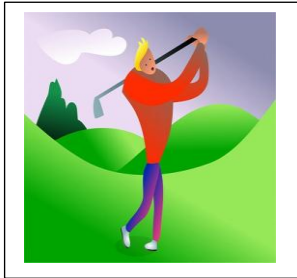
We are looking for people to be **Wine Tasting Coordinators**. If you would be interested in volunteering for any future Wine Tasting Dates please contact Roger Moseley: [rogermoseley855@gmail.com](mailto:rogermoseley855@gmail.com)

**Wine Tasting Coordinators are required to:**

- 1) *Host a group of Sirs / spouses etc.*
- 2) *Decide the date & time you want to host from the vacancies in the Coordinator list below.*
- 3) *Decide that you will host from either your home or someone else's home.*
- 4) *Decide what wine / beer you want to taste along with a side dish for everyone to bring.*
- 5) **At least 3 weeks prior to the wine tasting**, notify Rich Balovich at [r.balovich@aol.com](mailto:r.balovich@aol.com) regarding the information in items #2, 3, & 4 above.
- 6) Rich will then create the Wine Tasting Flyer and send it to you for review.
- 7) **Once you have reviewed the information on the flyer, email Rich Balovich at [r.balovich@aol.com](mailto:r.balovich@aol.com) with your comments.** Rich will then incorporate any revisions and send the flyer to the SIR Branch 19 membership. ***(The deadline for Sirs to respond will be 1 day prior to the event).***

<u>Date</u>	<u>Coordinators</u>
January 23	Roger Moseley
February	_____
March	_____
April 24	Rich & Barbara Peterson
May 15	Rick & Valerie Amador
June	_____
July	Neil & Deb Powell
August	Phil & Diane Mathews
September	_____
October	Martin & Lori Fennell
November	Barry & Bobbi Silberman

# Branch 19 Golf Information



## Nine Hole Golf Group

**NOTE:**  
9 Hole Golf has temporarily been suspended due to lack of a new location (More information later)



**Sir John Ackers**  
(Golf Chair)

[johnackers94521@gmail.com](mailto:johnackers94521@gmail.com)  
Cell: (925) 250-9085

## 18 Hole Golf Schedule

- (Tee Time 9:30am)
- Apr 7<sup>th</sup> Lone Tree
  - Apr 14<sup>th</sup> Swenson Park
  - Apr 16<sup>th</sup> Eagle Vines (**Thurs**)
  - Apr 21<sup>st</sup> Cypress Lakes
  - Apr 28<sup>th</sup> Diablo Creek

*I will try to start TeeTimeHelper, but here are the Golf events for April. I will be running manually as well as via the app for a period.*



## The Bocce Report



**Tom Lathrop**

The bocce season Typically starts in April for the concord bocce league.

*Play continues through September with the playoffs.*

SIR Tom Lathrop [lathrop689@aol.com](mailto:lathrop689@aol.com)

## SIR Branch 19 Bowling News



**Gary Kaufman**

Branch #19 will host a SIR bowling tournament on March 24-25 at Clayton Valley Bowl. Bowlers and guests from many SIR branches will participate.

Gary Kaufmann [gkaufmann813@gmail.com](mailto:gkaufmann813@gmail.com)



## 2026 Napa Golf Event

Sir Golfers,

We just wanted to remind you that the first 2026 State Golf event is coming up soon and will be held in Napa on Weds/Thursday April 22-23 at Chardonnay and Eagle Vines golf courses. You can sign up now by clicking on the following link.

[https://na4.documents.adobe.com/public/esignWidget?wid=CBFCIBAA3AAABLblqZhCuG2a-KxDeFkqZUwH3c9FH07NRihRBU62xlOGVST5WLAesDVmclcFWL8Uwh8ukrs4\\*](https://na4.documents.adobe.com/public/esignWidget?wid=CBFCIBAA3AAABLblqZhCuG2a-KxDeFkqZUwH3c9FH07NRihRBU62xlOGVST5WLAesDVmclcFWL8Uwh8ukrs4*)



Also please look at the SIR State golf website, [WWW.SIRGOLF.ORG](http://WWW.SIRGOLF.ORG), for all 2026 State Golf event's information and entry forms.

We hope and expect large turnout for the 2026 events, so get your entries in early.

Looking forward to seeing each of you at these upcoming great golfing events!!

*Ben Gikis, 2026 State Golf Chairman*  
408 802-0794  
[gikisben@gmail.com](mailto:gikisben@gmail.com)

## Ways to Serve Your Branch

*The following is a list of available Branch 19 positions  
If you are interested in any of these volunteer positions please email  
Roger Moseley: [rogermoseley855@gmail.com](mailto:rogermoseley855@gmail.com)*

**Activities Chair**

**Ramp Members:** Work with the little Sir to help grow our branch

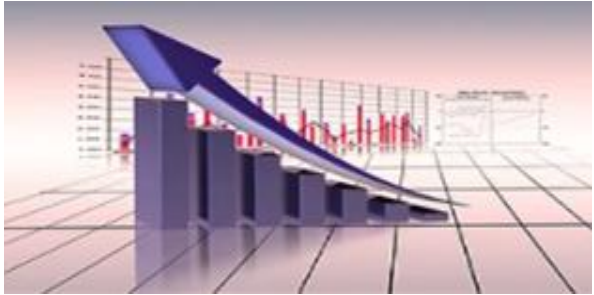
**Dining Out / Wine Tasting Coordinators:**  
Volunteers that coordinate one monthly Dining Out or Wine Tasting activity

## Activities at Other SIR Branches

### Area16 - SIR Branch 128 - Investments / Wealth Management

**\$ums Investment Group**

*Next Meeting (Wed, Apr 22<sup>nd</sup>)*



As usual we will Zoom with SIR Branch 128 (San Ramon) on the 4<sup>th</sup> Wednesday at 1:30 PM. Email Dave Sutton to be included or to learn the topic.

Chair - Tom Henry - Branch 174 - [tomhenry925@gmail.com](mailto:tomhenry925@gmail.com)  
Co-chair Dave Sutton - Branch 8 - [davesutn@comcast.net](mailto:davesutn@comcast.net)

## Area 2 - Fishing Group



**The Legends**  
*Diablo Creek Golf Course*  
 4050 Port Chicago Highway in Concord  
**Next Meeting Date: Thursday April 23<sup>rd</sup>**



SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Contacts are Pedro Contreras, 925-837-4847; and Carl Moyer, 925-685-5243. Next meeting will be at the Legends restaurant at the Diablo Creek golf course at Port Chicago Highway and Highway 4 on Thursday, April 23<sup>rd</sup> at 8:30am. Come early.

Trout are our winter target, and Matt Richards, Dennis Lee, Stan Wong, Phil Scimonelli, and Bob Lively have caught rainbow and lightning trout from San Pablo Reservoir. Stan Wong, Tom Kostik, Ray Pixton, Dennis Lee, and Phil Scimonelli fished for stripers in the delta. Shawn Kelly caught a big striper and a keeper halibut in the bay. Halibut fishing in the bay is picking up, but a lot of small shakers are keeping us busy. We had our semi annual lunch with the Coastside fishing club. 20 of us and them feasted on tasty rockfish. Many of us went to San Diego for the sport show there, making plans for tuna trips both here and in Mexico. As of now, the salmon season has not been published.



Shawn Kelly caught this early season halibut in the bay



Shawn Kelly caught and released this big striper in the bay



Dennis Lee is happy with these rainbow and lightning trout



Matt Richards caught these fine trout at San Pablo Reservoir

**PLEASE Donate to the Concord Fod Bank**



**Food Drive**

**PLEASE BRING A NON-PERISHABLE  
FOOD DONATION TO THE NEXT  
LUNCHEON**

Please bring non-perishable food *in jars, cans, and sealed packets (No Glass please)*. We recommend sauces, soups, beans, vegetables, honey, peanut butter, candy, boxed juices, long-life milk, coconut cream and fish in oil. *(Please do not bring food with expired "use by" dates)*. **Sir Jerry Burton will collect the donated food and take it to the Concord Food Bank.**

Thanks for your help, it will make a big difference in someone's life!!!!

**LUNCHEON INVITATION CARDS**

Have you given them out to any prospective new SIR members? Keep them in your wallet so you have them ready for any new prospects. The best way to get new members is by YOUR personal contact. If you need any more cards, please contact Dennis Wasco (<mailto:dennis.wasco@sbcglobal.net>).

**Branch 19 Quick Response or QR code**



At the left is our new Quick Response or QR Code. Click on it with your smart phone and you'll be taken directly to our Branch 19 website, [sirinc2.org/Branch19](https://sirinc2.org/Branch19). Once there you'll find an introductory video of SIR and an online Member Application that when completed will be transmitted electronically directly to our Membership Chair, SIR Miles Nikaido. Both these features should help in our new member recruitment efforts.

**2026 Branch 19 Leadership**

**Big Sir:** Roger Moseley  
**Little Sir:** TBD  
**Secretary:** Mel Boksenbaum  
**Asst. Secretary:** Ken Konzak  
**Treasurer:** Joe Gillis  
**Asst. Treasurer:** Terry Scudero  
**Membership Chair:** Miles Nikaido  
**Assist. Membership Chair:** Bill Hockenson  
**Webmaster:** Larry Long  
**Golf Chair:** John Ackers

**Audit Committee Chair:** Bill Clark  
**Bowling:** Gary Kaufmann  
**Publicity & Image Chair:** Dennis Wasco  
**Bocce Capo:** Tom Lathrop  
**Attendance Chair:** Martin Fennell  
**Speaker Committee:** TBD  
**Chaplin:** John Carl  
**Bulletin Editor:** Rich Balovich (Director)  
**Activities Chair:** Vacant  
**Nominating Committee (Chair):** TBD