

## **Sons in Retirement (SIR)**

By Phil Frank

Big SIR Paul Lambert bounced back from his last month lung infection knock-down to lead us to a fab Feb Taco Feed at the Sports Lounge. We had lots of elbow room and the last table called to the buffet didn't have to wait as long as usual, because, for some strange reason, about twenty fewer members showed up. Perhaps they were off on some golfing expedition. I hope that some less sporting malady didn't keep them away. Whatever the reason, they missed getting information that could serve them well when they aren't doing so well! Our speaker, Michael Beaman gave a fine eye-opening explanation of what State Benefits exist for Long-Term Care!

He told us that the State of California currently pays for about 2 out of every 3 patients in a skilled nursing facility. State funds will pay for: In-Home Care, (up to \$2,830 per month), Assisted Living Facilities, (limited), and Skilled Nursing Facilities, (100%). Additional benefits exist for Veterans who served during a time of war. Some scary thoughts: 93% of seniors have no plan for long-term care; AARP says 4 in 10 seniors will require care for two years or more; Medicare does NOT pay for long-term care; a Harvard study says costs from an illness are the #1 cause of senior bankruptcy! Michael's mission is to help seniors find a solution for long-term care costs through Government benefits. I think I'll call him at (888) 887-0890 xtn 9.

Thank you, Little SIR Glenn Delisle, for serving us this good food for thought. I'll bet your speaker for March, nonagenarian Bud Anderson, will keep us on the edge of our seats, too, with his fighter pilot presentation "Flight or Fight"!

Some other good guys in our club had good info for us, too.

Travel Chairman Hal Wallace is waiting for you to sign up for his April (16-20) tour to Death Valley, Bakersfield and Paso Robles, or his American Queen paddle down the Mississippi in June, or better yet, Costa Rica in October (20-28). He'll answer at 613-1035, if he's in town!

Golf Chairman Rod Corvington shares our wish to perpetuate the memory of past SIR Woody Cowles. Call him at 274-8125 to perhaps set up a tournament and/or contribute to the making of a banner with his name.

We welcome a neat new member, Jim Goetsch! He must have called Membership Chairman Phil Jones at 268-7714. If you're not a member yet, you too will want to call him, to be sure that you can join **Sons In Retirement** and go with us to SFO on August 8, to watch the Giants beat the MKE Brewers!

Food Chairman Roger Pope is sure to be seen "wearin' the green", at our next luncheon, to go with the corned beef and cabbage he's promised us. 268-4794 is his number, in case your diet doesn't do it that way. Shuran' we'll be seein' ya Wednesday, March 6!