



SONS IN RETIREMENT



Volume 5
JUNE 2011

LAKE OF THE PINES
BRANCH 170

NEXT MEETING
JUNE 1, 2011



BIG SIR - GLENN DELISLE

Our Nominating Committee essentially completed their task of developing nominees for 2012 officers in our branch. Chairman **Don Miller** was assisted by **Larry Shelley, Bob Rouse, Al Cash** and **Steve Parks**. They accomplished great results without any urging on my behalf; and it would be splendid if committees worked in that fashion. Both the SIR membership and I thank you gentlemen for your extra effort.

Our branch has several activities scheduled. Plus, there are many LOP activities involving SIR members for the "Merry Month Of May:" Tennis Club games, golfing, LOP Board Candidates Night, LOP Board meeting, Fishing derby, Bocce Ball tournament and Music on the Lake.

As Big Sir I've met, worked with, and come to know, several men I might never have met as a regular SIR member. I roundly believe I benefit personally more from being Big Sir, than the membership will ever benefit from me being Big Sir. The high caliber and class, and talents of "these guys" is awesome – and I'm glad I discovered that as Big Sir. That is why I urge our membership to volunteer to serve in various capacities: you will benefit personally and feel improved by meeting new, neat SIR members.

There was an undercurrent of uplifting emotion in our luncheon meeting as news of the end of Osama Bin Laden was circulating – and thoughts shifted to the deaths of some three-thousand unarmed Americans killed on Nine Eleven. Regardless of one's political and ethical views, I felt it was a good-to-be-an-American day! I almost asked our music leader to have us sing our National Anthem!

I'm processing my fly-fishing for bonefish adventure in the Bahamas to see if it might be a possible luncheon description. As of now, however, it seems it has interest to only a few SIR members, and is a bit esoteric and not relevant to most SIR members. Until next time!



LITTLE SIR - ROGER POPE

Our May speaker, Patti Stinnett R. N. from Sierra Nevada Memorial Hospital gave an informative talk on prostate cancer and recent advances in that field. She also touched on Advance Directives, which we should all have in case of emergencies. She had some handy thin magnifiers that fit in your wallet that I have already used at Ace the other day.

At the June luncheon, Walt Wilson will speak on the massive series of explosions that occurred at the Roseville rail-yard 28 years ago on April 28th, 1973. A munitions train exploded that morning in the Southern Pacific receiving yard. There are some incredible photographs of the event.



Little Sir, Roger Pope, thanking speaker, Patti Stinnett, RN.



Big Sir, Glen Delisle, Presents past Big Sir, Larry Shelley, with a Plaque of Appreciation from Sir President Kendrick



HEALTH CHAIRMAN STEVE PARKS

Jim Wilkinson has recovered from his minor stroke except for some residual weakness of his right arm biceps. I thought that having less right hand might help the golf game but he says it has not helped.

Don Carey has also recovered from his minor stroke except for difficulty reading - watching TV and writing are OK.

Larry Achen has had his three Provenge cancer vaccine for prostate cancer. He says there has not been much change yet but they told him it could take a couple of months and they are following his PSA levels Larry needs a transfusion every 6 weeks and has little energy and still quite a bit of bone pain. You would never know it talking with him – always cheerful and optimistic.

JUNE MENU



Lasagna and

Garlic Bread

COFFEE AND DESSERT

VEGETARIAN MEAL OFFERED

ASK YOUR PHONE REP

FREE LUNCH WINNERS



Kermit Jacobsen

Roger Pope

MEMBERSHIP - PHIL JONES

Active Members 109 Inactive 10

Guests 1



2011 SIR DAY WITH
THE WORLD CHAMPION SAN FRANCISCO GIANTS
WEDNESDAY, AUGUST 10TH
San Francisco Giants vs Pittsburgh Pirates 12:45 PM
National Anthem – SIR Branch 25 Four Sons Quartet

GOLF : WOODY COWLES

Congratulations to all the Branch 170 Winners at our first tournament at Lake Wildwood

Teams

1st - Chuck Mercer & Don Barnett (28 under par!)

2nd - Don Miller 3rd - Gil Decker

4th - Jerry Langseth 5th - Bud Abbott

Closest to the pin 3rd - Bob Chan (13 ft.)

Our next tournament is Tuesday, May 24, a 1:00 PM Shotgun at Alta Sierra and on Monday, June 20th, we'll have a 1:00 PM Shotgun at LOP. Cost is \$40 (\$5 for annual members). Entry deadline is on June 6th.

BRANCH 170 OFFICERS

BIG SIR	GLENN DELISLE	268 8624
LITTLE SIR	ROGER POPE	268 4794
SECRETARY	BART NYHAN	268 4756
ASST SEC	LYNDEN LAIRD	268 2622
TREASURER	DON JENKINS	268 0951
ASST TREAS	JOHN BREWER	268 8826
MEMBERSHIP	PHIL JONES	268 7714

BRANCH 170 DIRECTORS

LARRY SHELLEY	268 8369
JIM WILKINSON	268 6695
STEVE PARKS	268 3572
AL CASH	268 6717
BOB ROUSE	268 3706
DON MILLER	268 9520

STATE OFFICERS

PRESIDENT	ROBERT MANNELL
VICE PRESIDENT	JAMES STEDMAN
SECRETARY	ECKART SELLINGER
TREASURER	ADOLPH LOPEZ
REGION 9 DIRECTOR	RICHARD DETMER
AREA 33 GOVERNOR	DONALD DILL



HONORARY LIFETIME MEMBER

STEVE MICHALAK

JOHN BREWER

BRANCH 170 PAST BIG SIRS

ART LAFONTAINE	1994	DEL PRICE	1995
GENE TOPPER	1996, 1997	CLARENCE ROGERS	1998
JOHN O'HALLORAN	1999, 2000	TOM ANDERSON	2001
JOHN BREWER	2002	KEITH PLATT	2003
RON TRIMBLE	2004	STEVE MICHALAK	2005
DON MILLER	2006, 2007	JIM WILKINSON	2008
PHIL JONES	2009	LARRY SHELLEY	2010

DECLARATIONS

RESPONSIBILITY CLAUSE All tours, trips and other activities arranged for or by SONS IN RETIREMENT, INC. and its branches are for the convenience of the members and their guests who desire to participate. SONS IN RETIREMENT, INC and its branches do not assume any responsibility for the well being or safety of the participants, their guests or their property in matters pertaining to said tours, trips or other activities.

TRAVEL EVENTS, of four or more nights and ALL air and sea travel must be arranged through a travel agency and checks for such events must be made payable to the travel agency involved.

REGULAR MEMBERS missing three consecutive meetings without notifying their Attendance Committee Chairman giving a valid reason for not attending, or attending fewer than six meetings within the past twelve months may be notified by form letter Number Four of their membership termination. Certification of attendance at a meeting of another branch will be considered as a credit to their attendance record.

Access to the SIR State website is www.sirinc.org. Click on SIR HAPPENINGS to learn more about what is "happening" in your organization.

TRAVEL - HAL WALLACE

Arranged by Talbot Tours for SIR Lake of the Pines

West Coast Swing

September 28 - October 8, 2011

3 Train Rides, 2 Nights Whistler, 2 Nights
Vancouver & 4 night Coastal Cruise



JUNE BIRTHDAYS

Larry Achen

Bill Bucholz Don Carey

Ray DeLeuw Joe Evans

Tom Haslatt Tom Healy

Steve Jairett Bill Tudor

Bob Zeigler

NEW SIR WEBSITE

Checkout the new SIR website by going to the LOP/SIR website and following the prompts.

BRANCH 170 COMMITTEE MEMBERS

BULLETIN EDITOR	RICH HIBBS	268 3231
CHAPLAIN	ELMER CURTIS	268 6626
GOLF CHAIR.	WOODY COWLES	268 3624
ASST GOLF CHAIR.	LARRY SHELLEY	268 8826
CLOTHING		
LOP NEWS	DOUG WILSON	268 9683
MUSIC CHAIR.	VERNE BAGBY	268 3405
HEALTH	STEVE PARKS	268 3572
PHOTOGRAPER	DALE ZINCK	268 2538
TRAVEL CHAIR.	HAL WALLACE	613 1035
CH7/PINES TIMES	JOHN O'HALLORAN	268 0402
PIANO	LARRY ELLIOT	268 1891
INFO TECH	GARY RESNICK	(916) 765 5013