



# Wine Valley Press

**SONS IN RETIREMENT  
WINE VALLEY BRANCH #149**



State President Rich Carlson  
Area 7 Representative Jerry Stabile

A non-profit organization for retired men  
MEETS EVERY FIRST TUESDAY, 11:00 AM  
ELKS LODGE NAPA

Volume #38  
February 2025

Website: <http://branch149.sirinc2.org>

Facebook: <https://www.facebook.com/SIR-Branch-149-1403748883208712/>

## MESSAGE FROM THE BIG SIR

We had another great turnout at our January luncheon meeting with 84 Sir members in attendance, with 2 new guests invited by members.



Our luncheon speaker, Dr. Jacqueline Weisbein, a pain management specialist, provided an outstanding presentation about the variety of the cause of pain as we age and more importantly key new techniques on how to manage it. Members were lined up at the end of her presentation to get her card for potential follow-up advise. Thanks to our Little Sir, Daniel Harder, for recruiting her to be our luncheon speaker.

The January 13th ROMEO eating out event at Stateline Smokehouse was a very successful event with 37 Sir members and guests enjoying a wonderful BBQ dinner and social gathering with friends. If you have not tried the Stateline Smokehouse restaurant, it was delicious and I recommend you try it in the future. Thanks, to John Lansingh and Adrain Fenderson for organizing the Romeo events. MAKE SURE YOU SIGN UP FOR THE NEXT ROMEO EVENT.

Also, SIR Bocce is alive and well at the Napa Senior Center every Thursday morning with more and more SIR members coming down to play, thanks to Mario Mazzoleni offering a free bottle of home make Italian wine. We had a record 12 SIR members at the last event rolling balls as their own froze in the chilly weather. COME ON DOWN AND ENJOY LEARNING AND PLAYING BOCCE. ITS FUN AND ROOM FOR MORE.

The point of this Big Sir Message is to remind all of us that as

an organization we exist to provide a variety of activities and social events for all members to enjoy and make new friends throughout life. It is never too late to try a new activity or make a new friend. It just requires us to decide to get involved, try and the rest will happen.

SO, PLEASE GET MORE INVOLVED IN SIR ACTIVITES AND LUNCHEONS IN THE NEW YEAR. I AM SURE YOU WILL ENJOY IT. Finally, if you have not been to a Sir luncheon in a while it is time to invite a new friend to accompany you and join us on February 4th for lunch and fellowship with old friends. We would love to see you. Thank You for your help.

## THIS MONTH'S SPEAKER IS...

### FEBRUARY 2025 BRANCH 149 SPEAKER SUMMARY

Our February luncheon speaker will be Sergeant Aaron Modena of the City of Napa who is in charge of the traffic division of the Police Department. Aaron will be addressing issues pertaining to drivers safety as we age and enlighten the group of changes in the vehicle code, particularly the new "Daylighting Law", and some other changes that could impact senior drivers.

## LUNCH MENU

**MEATLOAF w/MASHED POTATOES & VEGS.**

**CHECK OUT PAGE 3 TO WIN A BOTTLE OF WINE.**

*Email me the correct answer at  
[dkwonderful@gmail.com](mailto:dkwonderful@gmail.com) JOKE ON 3*

## MESSAGE FROM YOUR LITTLE SIR

Gentlemen,

I hope you all found Dr Weisbein's presentation helpful and informative. Jackie is a great resource to have on your team. Next months speaker will be Sergeant Aaron Medina from the Napa Police Departments Traffic Division. Please let me know in advance if there are any particular areas you would like him to address as part of his presentation.



He will address many of the new vehicle codes that will be enforced and a look at the "Red Light Camera Program" Coming to Napa in the next few months.

Yours in Service

Daniel Harder

Little Sir

## ACTIVITIES CHAIRMEN

<b>Bicycling</b>	Bill Shields	287-1246
Ass't.	Chuck Youngson	225-2814.
<b>Bocce</b>	Mario Mazzoleni	227-8977
<b>Book Exch.</b>	Bill Wheadon	224-3901
<b>Cards</b>	Bob Hairston	252-0252
<b>Clasic Cars</b>	Dan McCabe	224-6835
Ass't.	Dan Silveira	252-2284
<b>Computers</b>	Adrian Fenderson	479-4688
<b>Cribbage</b>	Bob Benning	337-2614
Events	Dan McCabe	224-6835
<b>Fishing</b>	Daniel Harter	637-3859
<b>Golf</b> Weekly	Gary Garver	
Monthly	Jim Keller	415 827-4904
Sec./Treas.	Jim Keller	415 827-4904
HNDCP.	Larry Timmer	252-8079
Area 7 Golf	Chairman	
	Jim Keller	415 827-4904
<b>Trips</b>	Dan McCabe	224-6835
<b>Romeo</b>	John Lansingh	<b>254-1056</b>
<b>Travel</b>	Looking for a new chairman	
<b>RV's/Roving Roosters</b>		
<b>Coordinator</b>	David Dennis	392-8837
<b>Theater</b>	Bob Benning	337-2614
	Adrian Fenderson	479-4688
<b>Veteran's Act.</b>	<a href="mailto:fahlstromdelcare@att.net">fahlstromdelcare@att.net</a>	
	Del Fahlstrom	
<b>Walkers</b>	Dave Henry	227-7413
<b>Website</b>	Adrian Fenderson	479-4688
<b>Wine Tasting</b>	Chris Bailey	925 8904630
<b>World of Beer</b>	Gary Toczykowski	510-507-6870

## PAST BIG SIRS

1992	Lou Hughes	1993	F. Heid *
1994	W. Barber*	1995	T. Tomlinson*
1996	D. Gibson *	1997	P. Miller
1998	D. Westover *	1999	E. Coyne*
2000	B. Johnson *	2001	D. Newell *
2002	M. Jack *	2003	D. Brooks*
2004	K. Pieper	2005	J. Gibbany*
2006	A. Brambrink	2007	T. Jensen
2008	E. Suden	2009	G. Greco *
2010	C. Harris	2011	J. Chandler
2012	D. Collins	2013	R. Barker
2014	J. Cox	2015	T. Borman
2016	D. Pangburn	2017	Stu Williams*
2018	J. Prudhomme	2019	Carl Hammond
2020	Carl Hammond	2021-22	Tom Dawson
2023	Ron Irwin		

\* Deceased

## Statistics

Current membership = 205

Number of Sirs December 2024 = 84

Number of guests at our December party meeting=2

Number of new members 2025 2

Number of new applications = 0

## COMFORT REPORT FOR THE February NEWSLETTER

We are one month into the new year, and I have nothing to report from a comfort standpoint, which is a good thing. I hope everyone is doing well and enjoying the nice winter weather we have been having. The main thing happening in February is Valentine's Day on the 14<sup>th</sup>. So, I wish you a Happy Valentine's Day.

Sir Ron Irwin,

Acting Comfort Chairman



Bill Wheadon receiving his Joe Cantania Award



### Where in the World am I?

Last month's answer WAS Castello di Amoroso  
which was answered correctly by George Asbury

# ACTIVITIES

## Bicycling with SIRs Bill Shields & Chuck Youngson

SIR bike riders meet every Thursday For more information contact Bill by email [tbsields6@comcast.net](mailto:tbsields6@comcast.net) or phone/text at 707-287-1246; or At [chyoungson@yahoo.com](mailto:chyoungson@yahoo.com) or 707-225-2814.



## Bocce with SIR Mario Mazzoleni

Thursday is BOCCE Day for SIRS on the Bocce Pavilion at the Napa Senior Center. For more information, please contact SIR Mario Mazzoleni at [1mariomazzoleni@gmail.com](mailto:1mariomazzoleni@gmail.com) or call or text to 227-8977.



## Book Exchange with SIR Bill Wheadon:

Bill and colleagues have a wonderful display of books for loan, covering several tables. The Book Exchange Table, invites you donate books! When the supply of books exceeds the SIRS storage area the overflow will be donated to the Napa Library and just about every month we take a large box of books to the library. Thanks for your generous gift of books **Your spouse of significant other may come before the meeting to pick out books.** For more info, contact SIR Bill Wheadon at 707-224-3901.



## CRIBBAGE WITH BOB BENNING

The last cribbage meeting of the year was Monday December 16 at John Lansigh's home. We will continue to meet there his address is 1288 River Park Blvd. Starting time is 2 pm and will go for about two hours. All skill levels, from none to advanced, are welcome. This is an excellent opportunity to get to know our fellow SIR. An interesting side note can be a discussion about the cribbage boards that are brought to the game. Many have personal stories that have put sentimental value on a plank of wood with holes drilled in a pattern, accompanying a deck of cards. Come and share, the additional laughter occasionally generated by the "jokes" delivered by Adrian Fender-son.



## Cards with SIR Bob Hairston

If the weather permits, bring your classic to our SIRS meeting. For more info., contact me at 707-224-6835 or [djmccabe547@comcast.net](mailto:djmccabe547@comcast.net).



## ROVING ROOSTERS

The Roving Roosters are finishing our great year with our annual Christmas Dinner celebration here in Napa on December 12. During the year we traveled to Lake Siskiyou, Brairden/Grae Eagle, Plymouth and finally Chico as our last outing. Each trip was full of great food, golfing, sightseeing and tours featuring local sights and events. We try and find new and interesting places to visit every new year. We are always looking for new members to join, so if you have an RV of any type, let me know and I'll add you to our list of members.

Dave Dennis 392-8837



## NEWSLETTER



I'm still in asking for everyone's help please send me your photos. Contact me at [Dkwonderful@gmail.com](mailto:Dkwonderful@gmail.com) or text at 925-548-5714.



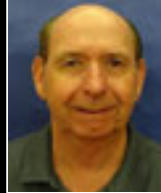
## CARDS WITH BOB HAIRISTON



The poker group has changed their meeting day. We now play on Monday at 1PM at the Elks. No more Thursdays. Bob's email is [forebleepers@yahoo.com](mailto:forebleepers@yahoo.com)

## GOLF

*Napa SIRS golf is coordinated by both Jim Keller ([jimkellerrealestae@icloud.com](mailto:jimkellerrealestae@icloud.com)) and Gary Garver. [gdsirsgolf@yahoo.com](mailto:gdsirsgolf@yahoo.com) Please contact them to get on their lists to be notified of upcoming events. There are weekly golf outings (both 9 and 18 holes) at a variety of courses generally within one hour of Napa.*



## COFFEE WITH MIKE MINUS BOB

**Weekly SIRS Coffee** (or Coffee with Bob and Mike) and conversation with your fellow SIRS.

Every **Tuesday at 9 a.m. at Brewed Coffee at 865 Factory Store Drive** in the Factory Outlet Center off of Freeway Drive.

**Mike Murrell** are co-chairing this new activity. This activity is open to members of both Branch 149 and 65. Come for coffee and serious or silly talk and to meet new friends with similar interests. One requirement: leave emotions and weapons at home. Bob and Mike's email addresses are: [bobofnapa@gmail.com](mailto:bobofnapa@gmail.com)

[mikemurrell.1@gmail.com](mailto:mikemurrell.1@gmail.com)

## WINE TIPPLERS WITH CHRIS BAILEY

“ January Wine Tipplers meet to blind taste 6 Sparkling Wines and everyone had great time! Our scores were indicative of group favorites and we all went away waiting for next tasting. Our usual Feb tasting is Cab & Choc , See you then! “ Please RSVP to Chris

925-890-4630



## Walkers WITH DAVE HENRY

Monday Walkers,

We meet in the East parking lot at Nob Hill Market. At 8:00 AM we will cross Trancas Ave and walk the perimeter of Trancas Crossing Park. Then we will walk the River Walk from Trancas to Lincoln. The course is level and paved. So, there is no mud or strenuous hills to climb. I hope to see many of you there. Any questions please contact me.

Best Dave Henry | [dhenry91@comcast.net](mailto:dhenry91@comcast.net)  
Mobile: (707) 227 7413



## WEB PAGE AND FACEBOOK

We are proud website. Note that will be new person look at our



of our SIR #149 that there is a button linked to a PDF of the application. Please site and suggest any changes you would like to see so that we can make it very user friendly. We encourage all SIRS to keep up with what is happening between newsletters by signing up for Facebook and look at our SIR Branch 149 Facebook page. Also watch the Upcoming Events column and calendar on our website Home Page

at [www.branch149.sirinc2.org](http://www.branch149.sirinc2.org). Please send any happenings, updates, and photos of SIR events to SIR Adrian at [napadentist@sbcglobal.net](mailto:napadentist@sbcglobal.net) or contact him at 479-4688.

## **SIR BRANCH 149 2025 DUES INCREASE NOTICE**

At the November 5, 2024 Branch 149 BEC (Branch Executive Committee) meeting the Board of Directors reviewed the projected Year End 2024 Financial Statement and voted unanimously that it would be necessary to increase our Annual Membership Dues for individual members in order to maintain the financial stability of the Branch for future operating years effective January 2025.

The decision to increase Annual Membership Dues is never easy and the BEC members goal is to maintain it at the lowest possible level while insuring adequate annual revenue for Branch 149 activities and to maintain financial stability for the future.

The Branch 149 BEC voted to increase the Annual Membership Due to \$35 effective January 1, 2025.

Let me explain the reasons behind this increased Annual Due decision. The current Annual Membership Due is \$25 per member. Forty percent of that fee (\$10) is automatically transferred to State Sir to support all the functions that they provide for all the Branches, including Insurance coverage, filing of required State and Federal tax forms, preparation and maintaining consistent Operation Manuals and forms for all Branches and training for Branch officers to insure we are in compliance with our state charter. We are anticipating that State Sir will be increasing the mandatory State fee to cover the increased cost of insurance coverage throughout the State that we are all experiencing and inflation related increase in other areas.

That will leave Branch 149 with less than \$15 per member to support the required activities and requirements at the local level. With a total membership of approximately 200 members, that will generate revenue of \$ 3,000 annually. Historically, we have also held a fundraising raffle at the Ladies Day Picnic that raises another \$1500-\$2,000 a year. So, we end up with an annual local revenue budget of between \$4,500- \$5,000.

How do we allocate these local funds? Of course, we have our annual fixed costs of postage, printing, office supplies and other essential costs which are all going up with inflation. A major portion of our expenses is the subsidy that we allocate to reduce the ticket price for members to attend our two major events of the year-The Ladies Day Picnic and the Christmas Dinner which has ranged from \$7-\$15 per person depending on the event, cost and year. Also, we pay for a free lunch for all new members as a recruiting tool, lunches for all the speakers and entertainment and a free lunch for members recruiting new members.

Bottom line, we are going to finish the 2024 Fiscal year with just over \$2,000 in our reserve fund. The BEC directors have determined this is not a sufficient reserve level for Branch 149 to maintain the financial stability for the future and have approved increasing the Annual Membership Fee to \$35 effective January 1, 2025.

We hope all members understand that this was not an easy decision but definitely a necessary one. We will begin to collect Annual Dues on January 7, 2025 at our first luncheon meeting of the year at the Elks Lodge. If you will not be at the meeting or prefer to mail it into, please make out a check to Sir 149 for \$35 and mail it to the address indicated below:

Bill Clark 1635 San Vicente Ave Napa, CA 94558

Wishing all of you a safe and wonderful Holidays season.

Regards,

Peter Dreier

Big Sir 2025

**First meeting of the sirs beer group was held on 2/20 at armistice brewing company on cottage street in downtown Napa. 15 sirs attended and all enjoyed a refreshing pint or two or a brewery sampler, while learning about armistice brewing company and the quality beers they offer. A lively discussion occurred regarding how beer is made and the many types and styles of beer, and planning for our next meeting in February as well as future activities. A good time was had by all. If you would like to attend future meetings please contact Gary Toczyłowski at [Gary.honestbrewer@gmail.com](mailto:Gary.honestbrewer@gmail.com) who will put you on the list to receive notifications.**

**Good time yesterday at armistice! Our next meeting will be on Tuesday 2/25 at 2pm and will be held at Fieldwork brewing, 1046 McKinstry street at the back of oxbow market near the river. See website below. They have a large outdoor area which is where we will gather. If the weather is bad I may pick a different site but for now plan on Fieldwork. This week is also Bay Area beer week so there may be a special beer event going on somewhere that we may want to attend. Final beer week schedules of events are not out yet but I will be watching and let you know if a change is warranted. You may want to check out events out also. The link to beer week events is below. <https://fieldworkbrewing.com/napa/>**



## **Jokes of the Month**

Here are some **witty jokes for senior citizens**:

1. "I don't have wrinkles, I have wisdom highlights."
2. "I'm not old, I'm a classic."
3. "Old age is like a fine wine - it gets better with time."
4. "I may be old, but I'm still younger than Mick Jagger."
5. "I'm not old, I'm just chronologically gifted."
6. "How are stars like false teeth?"
7. "What goes up but never comes down?"

["You know you're old when getting lucky means a short wait in the doctor's office."](#)<sup>12</sup>

Many apologies if we have missed anyone's names!



## February Birthdays

Mike	Campbell	19-Feb-42
Earle	Craigie	5-Feb-44
	D'Ambro-	
Frank	sio	20-Feb-50
Peter	Dreier	24-Feb-49
Doug	Haigh	14-Feb-55
Tom	Jensen	5-Feb-43
Jim	Keller	22-Feb-53
Jim	Luce	22-Feb-33
Bob	Meanza	5-Feb-41
Steven	Orman	26-Feb-54
Jim	Schlatter	5-Feb-45
Gary	Snethen	17-Feb-49
Jim	Warren	2-Feb-41
	Wedding-	
Bill	ton	22-Feb-40
Brian	Wright	9-Feb-59

## February Anniversaries

Bob	Connie	Cavallero	14-Feb-85
	Rose-		
Earle	marie	Craigie	17-Feb-07
Wayne	Linda	Davidson	10-Feb-95
Don	Suzy	Krieger	5-Feb-77
Ken	Dawn	Lloyd	14-Feb-76
James	Rie	Ott	2-Feb-79
Pete	Terry	Smith	10-Feb-79

## 50+ Years of Wedding Bliss

Al	Sandy	Brambrink	7-Feb-60
Gerry	Barbara	Closs	18-Feb-62
Brian	Gillian	Roberts	23-Feb-63
David	Sandy	Silveira	14-Feb-70
Rex	Teri	Williams	13-Feb-65



**2025 OFFICERS**

Big Sir	Peter Dreier	257-3630
Little Sir	Daniel Harder	637-3859
Secretary	George Clark	812-5385
Asst. Sec	Byron Peterson	<b>337-1971</b>
Treasurer	Bill Clark	253-2477
Asst. Treasurer	Bob Klein	310-5947
Email	branch149@sirinc2.org	

**DIRECTORS**

Tom Atkinson	1st Year	224-3392
Neil Barker	2nd Year	235-6645
Rex Williams	1st year	<b>707-255-5834</b>
Bob Weeks	1st Year	255-3482
John Lansingh	1st year	254-1056
Ron Irwin	Past Big Sir	363-8754

**COMMITTEE CHAIRMEN**

Attendance	Bill Wheadon	224-3901
Membership	Byron Petterson	337-1971
Newsletter	Don Krieger	925-548-5714
Auditors	Rex Williams	707-255-5834
	Bill Parks	707-326-9596
Birthdays	Steve Smith	326-3914
Greeters	(open)	
Statistician/Historian		
Dennis Pangburn		224-9231
Photos	Adrian Fenderson	255-6502
Parliamentarian	Ed Suden	226-5310
Nominating Chair	Ron Irwin	363-8754

**HONORARY LIFETIME MEMBERS**

Paul Miller	Al Brambrink
Keith Pieper	James Schlatter
Bobbie Hairston	Dennis Pangburn
Ed Suden	Stuart Williams Past State Pres. HLM
Adrian Fenderson	Tom Dawson

**DESTINGUISHED SERVICE AWARD**

Adrian Fenderson	Byron Petterson	Mike Murrell
Carl Hammond	Tim Borman	Stu Williams
Peter Dreier	Dennis Pangborn	Jim Prudhomme
Tom Dawson	Ron Irwin	Rex Williams
George Clark		



Our speaker last month Dr. Jacquie Weisbeib



Bob Wolfe 90 yr. Presidential Award



George Clark receiving his award from the Big Sir

# PICTURE GALLERY



JANUARY Wine Tiplers

Romeo dinner



MORE FROM THE ROMEO DINNER



BOCCE



SON'S IN RETIREMENT

WINE VALLEY BRANCH #149

26 RAVENWOOD LANE

NAPA, CA 94558