





State President Dale Decker

Area 7 Representative

Jerry Stabile

A non-profit organization for retired men

MEETS EVERY FIRST TUESDAY, 11:00 AM

ELKS LODGE NAPA

Volume #35 November 2024

Website: http://branch149.sirinc2.org

Facebook: https://www.facebook.com/SIR-Branch-149-1403748883208712/

NOVEMBER 2024 BIG SIR MESSAGE

We had another great turnout at our October luncheon meeting with 83 Sir members in attendance, 2 new guest invited by members and 1 new installed member, Jay Blitstein. Welcome Jay to Sir Branch 149. We look forward to getting to know you better and getting you involved in our various Sir activities.

WOW! SPECIAL THANKS TO JERRY STABILE AND FELLOW SIRS IN BRANCH 65 BAND, THE SIR ORCHESTRAL BAND, KNOWN AS THE SOB'S WHO PLAYED INCREDIBLE MUSIC AND SING ALONG SONGS FOR US TO ENJOY AT THE OCTOBER LUNCH. EVERYONE HAD A GREAT TIME.

Please, don't forget to buy your tickets for the December 3, 2024 Christmas Dinner at the Elks Lodge. You can buy them at the November 5 th lunch or by ordering them by contacting Bill Clark at 707 253-2477.

The November meeting is our last regular meeting of the year where we have an opportunity to invite neighbors, friends and acquaintances to join us for a lunch and think about joining our Sir Branch 149. Growing our membership is a key goal for ensuring the longevity of Branch 149 and we need your help by regularly attending monthly lunches and inviting others who are not current members to think about joining Sir. So, if you have not been to a Sir luncheon in a while it is time to invite a new friend to accompany you and join us on November 5 th for lunch and fellowship with old friends. We would love to see you. Thank You for your help. Remember, invite a friend to join us for lunch and you will earn a free lunch in the future.

Peter Dreier Big Sir 2024

NOVEMER 2024 BRANCH 149 SPEAKER SUMMARY

Our scheduled speaker for the November 5th luncheon will be Jennifer Brusstar, CEO and president of the Tug McGraw Foundation. Jennifer co-founded the foundation located at the Yountville Veterans Home with Tug McGraw before his death in 2004.

The Tug McGraw Foundation is a grass roots organization established by former Major League pitcher and United States Marine Corps Veteran, Tug McGraw. Their mission is to enhance the quality of life for individuals diagnosed with debilitating neurological conditions such as brain tumors, traumatic brain injuries from military exposures and post-traumatic stress syndrome.

Jennifer is an exciting speaker who will be sharing her experience with us as CEO of the Tug McGraw Foundation in honor of all the veterans who have served the United States.

DON'T MISS HEARING JENNIFER'S INCREDIBLE PRESENTATION IN HONOR OF VETERANS DAY. HOPE TO SEE YOU NOVEMBER 5 TH.

Lunch Menu: BAKED HAM w/ SCALLOPED POTATOES & VEG

CHECK OUT PAGE 3 TO WIN A BOTTLE OF WINE.

Email me the correct answer at

dkwonderful@gmail.com JOKE ON 3

Little Sir Message for November

I would like to say how impressed I am with our branch, after attending the State Meeting and hearing from other branch officers I feel our Branch149 is one of the more

vigorous in the organization. We show this every month with by the numbers in attendance for our luncheons and continued growth in new membership. Let's keep getting the word out! The BEC is looking at ways to market SIR in a growing technological world, but nothing promotes us better than sharing your experiences and inviting a guest for lunch.

It was great to have some live entertainment for our October meeting, I am sure you enjoyed The SOBs as much as I did. They will be returning from their world tour next year so hopefully we can get them back before they become too famous.

The November speaker will be Jennifer Brusstar, she along with Tug McGraw founded The Tug McGraw Foundation at The Veterans Home of California in Yountvillle. She will be speaking about the many programs and services they offer concerning brain injuries and recovery.

Happy Fall!

Yours in service,

Daniel Harder

Little Sir



ACTIVITIES CHAIRMEN			
Bicycling	Bill Shields 287-1246		
Ass't.	Chuck Youngso	n 225-2814.	
Bocce	Mario Mazzolen	i 227-8977	
Book Exch.	Bill Wheadon	224-3901	
Cards	Bob Hairston	252-0252	
Clasic Cars	Dan McCabe	224-6835	
Ass't.	Dan Silveira	252-2284	
Computers	Adrian Fenderso	on 479-4688	
Cribbage	Bob Benning	337-2614	
Events	Dan McCabe	224-6835	
Fishing	Looking for a new chair		
Golf	Weekly Gary Garver		
Monthly	Jim Keller 415 827-4904		
Sec./Treas.	Jim Keller	415 827-4904	
HNDCP.	Larry Timmer	252-8079	
Area 7 Golf	Chairman		
	Jim Keller	415 827-4904	
Trips	Dan McCabe	224-6835	
Romeo	John Lansingh	254-1056	
Travel	Looking for a new chairman		
RV's/Roving Roosters			
Coordinator	David Dennis	392-8837	
Theater	Bob Benning	337-2614	
	Adrian Fenderso	on 479-4688	
Veteran's Act.fahlstromdelcare@att.net			
	Del Fahlstrom		

Walkers 227-7413 Dave Henry Website Adrian Fenderson 479-4688 Wine Tasting Chris Bailey 925 8904630

PAST BIG SIRS

1992	Lou Hughes	1993	F. Heid *
1994	W. Barber*	1995	T. Tomlinson*
1996	D. Gibson *	1997	P. Miller
1998	D. Westover *	1999	E. Coyne*
2000	B. Johnson *	2001	D. Newell *
2002	M. Jack *	2003	D. Brooks*
2004	K. Pieper	2005	J. Gibbany*
2006	A. Brambrink	2007	T. Jensen
2008	E. Suden	2009	G. Greco *
2010	C. Harris	2011	J. Chandler
2012	D. Collins	2013	R. Barker
2014	J. Cox	2015	T. Borman
2016	D. Pangburn	2017	Stu Williams*
2018	J. Prudhomme	2019	Carl Hammond
2020	Carl Hammond	2021-	-22 Tom Dawson
2023	Ron Irwin		

^{*} Deceased

COMFORT REPORT FOR THE NOVEMBER NEWSLETTER

Fellow Sirs,

It is with great sadness that I report the passing of Carole Fisher, Tom's wife. Tom is a long-term member of Sirs and has many Sir friends that are praying for Tom and his family as they grieve Carole's passing.

November 28 th is Thanksgiving Day - a day set aside to give thanks to the almighty for all the blessings we have received. It is a national holiday for families to gather around the table to give thanks and eat turkey with all the trimmings. So, I wish all

of you a Happy Thanksgiving. After feasting on turkey, you have an opportunity to feast on prime rib or salmon just 5 days later at our annual Christmas Dinner on 3 December. Some Thanksgiving facts:

The first Thanksgiving Day feast happened in 1621.

☐ Thanksgiving was originally celebrated in mid-October. It was also celebrated on the third Thursday in November from 1939-1941. ☐ The first NFL Thanksgiving Day football game was played in 1920. ☐ Each year, about 46 million turkeys are cooked. Many people enjoy Thanksgiving leftovers more than the meal itself. ☐ Thanksgiving leftovers led to the invention of iconic TV dinners. In 1953, Swanson overestimated the number of frozen turkeys the company should order for Thanksgiving and had 260 tons of extra turkey after the holiday. A Swanson's salesman came up with the idea to create and sell individual turkey dinners which sold for 98 cents and the TV dinner industry was born. ☐ President George H.W. Bush was the first to pardon a turkey. ☐ Only male turkeys make the well-known "gobble, gobble" sound that has come to be associated with the holiday.

For all our Sirs who are in need of healing and comfort, we will keep you in our thoughts and prayers. Please send me an email at irwinron@att.net, or phone me at (707)363-8754, if you know of anyone who is dealing with any health issues.

Ron Irwin,

Acting Comfort Chairman

Here are some one-liners on aging 123:

- There is only one cure for gray hair.
- "I'm at an age when my back goes out more than I do."
- "You know you're getting old when you get that one candle on the cake."
- "I've learned that life is like a roll of toilet paper."
- "Age is an issue of mind over matter."
- "So far, this is the oldest I've been."
- You're so old that I heard your social security number is 000-00-0005.
- You're so old that your back goes out more than you do.
 How can you tell you're getting old? When you go to an antique auction and three people bid on you.





Bicycling with SIRs Bill Shields & Chuck Youngson: SIR bike riders meet every Thursday For more information contact Bill by email t bshields6@comcast.net or phone/text at

707-287-1246;

at <u>chyoungson@yahoo.com</u> or 707-225-2814.



Book Exchange with SIR Bill Wheadon: Bill and colleagues have a wonderful display of books for loan, covering several tables. The Book Exchange Table, invites you donate books! When the supply of books exceeds the Sirs storage area the overflow will be donated to the Napa Library and just about every month we take a large box of books to the library. Thanks for your generous gift of books Your spouse of significant other may come before the meeting to pick out books. For more info, contact SIR Bill Wheadon at 707-224-3901.



Cards with SIR Bob Hairston: y. The poker group has changed their meeting day. We now play on Monday at 1PM at the Elks. No more Thursdays. Bob's email is forebleepers@yahoo.com

Classic Cars with SIR Dan McCabe: If the weather permits, bring your classic to our SIRS meeting. For more info., contact me at 707-224-6835 or dimccabe547@comcast.net.





Bocce with SIR Mario Mazzoleni: Thursday is BOCCE Day for SIRS on the Bocce Pavilion at the Napa Senior Center. For more information, please contact SIR Mario Mazzoleni



at 1mariomazzoleni@gmail.com or call or text to 227-8977.



Newsletter Editor

I'm still in asking for everyone's help **please send me your photos**. Contact me at <u>Dkwonderful@gmail.com</u> or text at 925-548- 5714.

CRIBBAGE meets on the third Monday of each

month. Cribbage is growing!! Today we set an all time record with ten SIR playing cribbage. The weather was perfect in the backyard but as the leaves fall, the summer half of cribbage is ending and the fall half is beginning. November will mark the beginning of indoor cribbage in the home of John Lansingh out at River Park. The dates will remain with cribbage being on the third Monday of the month, November 18.

We will give address details in the next email notice.

ROVING ROOSTERS

The Roving Roosters will finish out the RV travel season with our outing to the Almond Tree RV Resort in Chico. We intend to give the travel season a great send off with oodles of fun and mirth...maybe a little sightseeing and torturing golf balls also!

Dave





WELCOME
NEW MEMBER
JAY BLITSTEIN



Napa SIRS golf is coordinated by both Jim Keller (jimkellerrealestae@icloud.com) and Gary Garver. gdgsirsgolf@yahoo.om Please contact them to get on their lists to be notified of upcoming events. There are weekly golf outings (both 9 and 18 holes) at a variety of courses generally within one hour of Napa.





<u>Weekly Sirs Coffee</u> (or Coffee with Bob and Mike) and conversation with your fellow Sirs.

Every <u>Tuesday at 9 a.m. at Brewed Coffee at</u> <u>865 Factory Store Drive</u> in the Factory Outlet Center off of Freeway Drive.

Bob Benning and Mike Murrell are cochairing this new activity. This activity is open to members of both Branch 149 and 65. Come for coffee and serious or silly talk and to meet new friends with similar interests. One requirement: leave emotions and weapons at home. Bob and Mike's email addresses

are: bobofnapa@gmail.com mikemur-rell.1@gmail.com

Wine Tasting with Christopher Bailey

Tipplers hosted an Oktoberfest of Riesling wines and German beers along with sourdough pretzel bites and cheese. Fourteen attended and decided the November tasting will be bring your fav "Go to value wine " in time for thanksgiving.

Statistics

Current membership = 203

Number of Sirs at our September = 83

Number of guests at our August meeting=2

Number of new members 2024 21

Number of new applications = 1

NEW SIR BRANCH 149 MONTHLY ACTIVITY BEGINNING JANUARY 2025

THE WORLD OF BEER-HISTORY, VARIETIES, HOW IT'S MADE, LOCAL TASTINGS HOW TO MAKE YOUR OWN BREW!!

The Activity Leader for the World of Beer monthly activity will be Gary Toczylowski. If you are interested in participating in this new activity and want to be put on the email list for the Premier opening event in January 2025, contact Gary at Gary.honestbrewer@gmail.com or by phone at (510) 507-6870 to join the fun at this new activity.

At the beginning, members will meet once per month at one of the breweries or tap rooms in Napa. Meeting participants will learn and discuss the brewery/beers available, how beer is made, sample a beverage of their choice and discuss the history and types of beer and try to hone in on the type of beer they like most. Gary Toczylowski will lead the discussion but,

of course, every one's opinion will be welcomed and encouraged.

After 2 or 3 monthly tasting meetings, the group participants will agree on a type of beer to be made. Gary Toczylowski will make the beer and participants can assist in the process HOWEVER MUCH OR LITTLE they want. Beer will be made at Gary's house. Once ready, a monthly meeting will be used to sample the beer and plan the next beer to be made and

other locations to visit.

Additional activities may include the touring of a production facility, conducting blind tastings of different beer styles from different breweries, or any other activity the group may want to try.

Location for sampling the group beer made will be at a member's home, or some other available free space as determined by the group participants.

Anyone can participate and consumption of beer is not required to be a member.

The brewing of 2-4 beers a year is the initial plan with meetings at breweries and tap rooms once a month in between.

If interested in the WORLD OF BEER ACTIVITY, contact Gary as indicated above. Gary will coordinate the meetings and send out emails to the interested Sir members. Anyone can come as often or as little as they want. ENJOY.

We'll be at the Farmer's Market from 7:30 to 12:00 on November 9. Anyone willing to help would be greatly apped.

Neill Barker, RAMP chair

Walkers with SIR Dave Henry:

Monday Walkers,

We meet in the East parking lot at Nob Hill Market. At 8:00 AM we will cross Trancas Ave and walk the perimeter of Trancas Crossing Park. Then we will walk the River Walk from Trancas to Lincoln. The course is level and paved. So, there is no

mud or strenuous hills to climb. I hope to see many of you there. Any questions please contact me.

Best Dave Henry I: dhenry91@comcast.net Mobile: (707) 227 7413





Webpage &

Facebook with Adrian
are proud of our SIR
Note that there is a
be linked to a PDF of the
application. Please look

at our site and suggest any changes you would like to see so that we can make it very user friendly. We encourage all SIRS to keep up with what is happening between newsletters by signing up for Facebook and look at our SIR Branch 149 Facebook page. Also watch the Upcoming Events column and calendar on our website Home Page at www.branch149.sirinc2.org. Please send any happenings, updates, and photos of

napadentist@sbcglobal.netor contact him at 479-4688.

SIR events to SIR Adrian at

On 10/16 we held our annual shotgun & luncheon event at Eagle Vines. 28 golfers attended (see list below) and had a fabulous day.

Jim Keller Bill Preiss Gary Toczylowski Michael Forma

Brian Wright Marc Longoria Jeff Smith
Wes Medeiros Mel Taylor Jim Heitkemper
Brad Onstad Jerry Stabile Jerry Hall
Tom Shoar Paul Cain Russ Kundig Jim Schlatter
Bill Parks Richard Webster Jim Cherniss Gary
Garver

Jeff Richard Paul Pyle Phil Coffett Gordon Lopez

Larry Timmer Peter Dreier Dave Collins



Our wonderful golfers at the annual luncheon

Musings from the Fairway By Anonymous

Golf and Nirvana - Are they simpatico?

I was wasting away my morning on walking, exercise and breakfast when I decided to go to Napa Golf Course for 18 holes of golf. I went solo as my fellow SIRS were playing at Eagle Vines.

I have played NGC many times and have come to expect mediocre results associated with slow play, poor conditions and boorish behavior from those playing - - including myself at times. But not today! Today was the day I found Nirvana. No, I am not talking about the rock band. Instead, I was able to experience something I never had before.

Nirvana is defined as:

- 1. A state in which the mind, enlightened as to the illusory nature of the self, transcends all suffering and attains peace.
- 2. An ideal condition of rest, harmony, stability, or joy. I experienced all of the above in spades. I could get addicted to this feeling. It has to be better than crack or heroin or sex - - well, let's not get crazy, right? What caused myself to reach this very elusive state of mind? An empty golf course of course. I was able to play as I wanted to and as fast as I wanted to. I didn't have to wait for any one in front of or worry about those behind me. I could decide to look for a lost ball (fortunately I had none, which is another reason for my rosy state) or not. Just hit the ball, chase the ball, hit it again and eventually hole the ball. Then, move onto the next hole. Do this for 18 holes and you too will find Nirvana. Best of all I got into a rhythm and played the most consistent golf that I have in a long time. I teed off at 11:50 AM and found a large green field sans humans in

front of me. The only other players I saw were already on the tail end of the back nine. I sunk my par putt on hole 18 at 2:15 the SAME DAY. I

played in less than 2.5 hours. I did use a cart and I

was booking around the course. Oh yes, my final score was . . . unknown. I didn't worry about the score. Just hit the ball, chase the ball, hit it again and hole the ball. What fun. I hope you too will someday experience Nirvana on the golf course. It could be life altering. What did I learn from my experience? Several things:

- ☑ John Wooden used to tell his b-ball team to be quick but don't hurry. This works in golf as well. Don't agonize over every factor that could affect your shot. Pick your club, aim, hit. Your first instinct is probably right ☑ Don't worry about anything but your next shot. If you chose the wrong club, next time with a similar distance, club up or down as appropriate.
- ② Certainly, don't worry about bad shots. They will happen regardless of how much you try to keep them from happening. ② Remember above all else, we are golfers, but we are also hackers.

We are not pro's or even very good amateurs. Just enjoy the game, the challenge it presents and cherish the good shots, forget the rest

☑ Whenever possible, just hit the ball, chase the ball and hole the ball.

Celebrate Together at Our Christmas Dinner Christmas Dinner Don't miss out on this festive gathering Don't miss out on this festive gathering Join us for the Annual Christmas Dinner at the Elks Lodge on December 3, 2024!

Experience a delightful evening filled with laughter and joy as we enjoy a scrumptious meal featuring your choice of Prime Rib or Salmon, complemented by festive sides, delectable dessert, and your choice of coffee or tea. The evening will be enhanced by the enchanting music of Vintage Blend, creating the perfect atmosphere for camaraderie and celebration. With wine included, this event promises to be a highlight of the holiday season, so gather your friends and family for an unforgettable night! We will begin selling tickets at the October 1st luncheon at the Elks Lodge. You can also place your names on tables for seating of eight. Tickets can be purchased for \$42/person by cash, check or credit card. Be sure to purchase your tickets as soon as possible to ensure a seat at this festive Be sure to purchase your tickets as soon as possible to ensure a seat at this festive celebration. Your participation is vital in fostering the camaraderie and friendships celebration. Your participation is vital in fostering the camaraderie and friendships that make our Sir Branch 149 truly special. that make our Sir Branch 149 truly special. Let's come together to celebrate the spirit of community and the joy of the holiday season. We can't wait to see you there and strengthen the bonds that make SIR Branch 149 such a wonderful place to belong! Warm regards, Peter Dreier President SIR Branch 149 W Connect with us! Sir branch 149 | P.O. Box 221 2471 Solano Ave. | Napa, CA 94558 U



Lucky Penny Production of

OLIVER!

\$30 PER PERSON

SIR #149 has reserved the ENTIRE venue, Wed., Nov. 27



Oliver!

The streets of Victorian England come to life in Lionel Bart's classic musical "Oliver!" - based on the Charles Dickens novel. Oliver Twist. The Tony and Olivier Award-winning show is one of the few musicals to win an Academy Award for Best Picture and is widely hailed as a true theatrical masterpiece by actors and audience members alike.

A great holiday-time experience for the whole family! Tickets are priced at \$30 per person

SIR BRANCH #149 HAS PROCURED ALL SEATS FOR THE NOV. 27th 7:30PM
PERFORMANCE, THESE TICKETS WILL BE SOLD OUT SO ACT SOON AND ORDER THEM FROM OUR
THEATER CO-ACTIVITIES CHAIRMAN, ADRIAN FENDERSON, Happy Hour 6:45

PLEASE make checks payable to SIR 149 and mailed to Adrian Fenderson, 1181 Monticello Road 94558. Please enclose a self-addressed stamped envelope. Phone Adrian @ 707-479-4688

Lucky Penny Productions is located at 1758 Industrial Way, Napa

Many apologies if we have missed anyone's names!

November Birthdays





November Anniversaries

Michael	Judy	Biggs	1-Nov-1986
Alan	Marisa	Miller	22-Nov-1992
Dennis	Susan	Pangburn	3-Nov-1976
Byron	Brenda	Petterson	23-Nov-2016
Bill	Betty	Sollows	3-Nov-1986
Bob	Nancy	Wolfe	29-Nov-1979
Chuck	Andree	Youngson	19-Nov-1983

50+ Years of Wedding Bliss

Mike	Cheryl	Bundy	12-Nov-1966
Ken	Pam	Hart	23-Nov-1963
Ken	Linda	Reed	9-Nov-1974



2024 OFFICERS				
Big Sir	Peter Drei	er	257-3630	
Little Sir	Daniel Har	der	637-3859	
Secretary	George Cla	ark	812-5385	
Asst. Sec	Pete Stupe	е у	252-1066	
Treasurer Bill Clark			253-2477	
Asst. Treasurer Bob Klein			310-5947	
Email branch149@sirinc2.org DIRECTORS		rg		
Tom Atkin	son	1st Year	224-3392	
Neil Barke	r	2nd Year	235-6645	
Byron Pet	terson	2nd Year	337-1971	
Gerry Schi	neider	2nd Year	253-1596	
Bob Week	S	1st Year	255-3482	
Ron Irwin		Past Big Si	r 363-8754	

	<u>(</u>	COMMITTEE CHAIRMEN
Attendance	Bill Wheadon	224-3901
Membership	Byron Petterson	337-1971
Newsletter	Don Krieger	925-548-5714
Auditors	Rex Williams	707-255-5834
	Bill Parks	707-326-9596
Birthdays	Steve Smith	326-3914
Greeters	(open)	
Statistician/H	istorian	
Dennis Pangb	ourn	224-9231
PhotosAdrian	Fenderson	255-6502
Parliamentar	ian Ed Suden	226-5310
Nominating C	Chair Ron Irwin	363-8754

HONORARY LIFETIME MEMBERS

Paul Miller Al Brambrink
Keith Pieper James Schlatter
Bobbie Hairston Dennis Pangburn

Ed Suden Stuart Williams Past State Pres. HLM

Adrian Fenderson

DESTINGUISHED SERVICE AVVARD			
Adrian Fenderson	Byron Petterson	Mike Murrell	
Carl Hammond	Tim Borman	Stu Williams	
Peter Dreier	Dennis Pangborn	Jim Prudhomme	
Tom Dawson	Ron Irwin	Rex Williams	

DESTINGUISHED SERVICE AWARD

<u>Sir is a volunteer organization.</u> We need volunteers to be Activity Leaders, Committee Chairmen, and members of The Branch Executive Committee (BEC). The BEC consists of 12 Sir volunteers and is the controlling board for our corporation. This year we have the following Activity Leader positions open:

<u>Travel Activity</u> - Arrange outings to ball games or other travel activities. If no one steps up to lead this activity, this activity is going away.

<u>Fishing Activity</u> - If you like to fish, volunteer to set up fishing expeditions. Otherwise, this activity is going away.

<u>Hiking Activity</u> - Arrange monthly (or occasional) hiking opportunities. This is different than the weekly Walking Activity. We have not had a hiking activity since COVID. Talk to Don Kieiger to find out what is needed to lead this activity.

<u>Comfort Chairman</u> - If anyone is a retired member of the clergy, this a position for you to be our Chaplin. If we don't have a Chaplin available, we need a Comfort Chairman. I am currently filling in as a Temporary Comfort Chairman. It would be nice if someone else is comfortable in filling this position on a permanent basis. The Comfort Chairman writes a Comfort report for the Newsletters and provides a Comfort Report at the luncheons.

Next year we need a few new Sir members to volunteer to serve on the 2025 BEC in one of the following open positions:

If you have questions about any of these openings, please give me a call or send me an email. You could also contact our Little Sir or Big Sir to answer any questions about these positions.

Ron Irwin Nominating Chairman irwinron@att.net (707)363-8754

Activity Alert

We have 12 members interested in Beer Brewing

Chaired by Gary Tocylowski. Rex Williams #116

Can provide a list of members to any one interested.

Brewing questions can be made to Gary Toczykowski

at 510 5076870 or Gary.HonestBrewer@gmail.com.







SIK St. Helena-Calistoga Vine Trail Ride







SON'S IN RETIREMENT
WINE VALLEY BRANCH #149
26 RAVENWOOD LANE
NAPA, CA 94558