



# SONS IN RETIREMENT BRANCH #149



Website: <http://branch149.sirinc2.org>

Facebook: <https://www.facebook.com/SIR-Branch-149-1403748883208712/>

State President    Rich Carlson	MARCH 2026	A non-profit organization for retired men
Area 7 Representative    Jerry Stabile	VOLUME 50	MEETS EVERY FIRST TUESDAY, 11:00 AM
		ELKS LODGE NAPA

## **BIG SIRS MESSAGE FOR MARCH**



Gentlemen,

Last months meeting saw another increase in members going us for lunch, my goal is to have 85 members join us in the next few months for lunch. Your officers and board are working hard to bring you the best speakers, expanded programs that contribute to enrich your life in so many aspects through groups, outings and other interesting activities.

Our guests last month, Margaret Perry from Feeding It Forward, Drene Johnson from Community Action Napa Valley and Colleen from Share the Care presented us with some great volunteer opportunities, I want to express a a heartfelt thank you to those members who signed up to share their time with these fine organizations.

This months speaker will be Mary Luros, she is a city council member but in March she will be speaking about her profession as and lawyer, Ms. Luros is a partner in the law group of Hudson -Luros here in Napa. A focus of their practice is dedicated to estate planning,

trusts, reverse mortgages and power of attorney documents. She offers some great information in her presentation that can hep you avoid dealing with probate issues and other items that arise as we age. Mary will stress on the importance in keeping all your legal documents and directives current.

We have some great outings coming up as we start to enter the spring season, Sir Dan McCabe will be leading a trip out to Bodega Bay to The Marine Research Center of UC Davis. Check you

emails for the invite and if you need further information catch up with Dan.

Spring would not be complete without the opening season of The World Famous Mixed Nuts Ball Club at The Veterans Home, the schedule will be in this issue of the newsletter so make so save some dates and support local baseball.

Christina French of Napa Valley Landmarks will be joining us and will do a presentation of the historical houses and businesses in Napa, the week after the meeting we will have an easy outing with Christina to explore the downtown and Seminary districts of Napa through a walking tour.

I am also looking forward to our 2 guests from Branch 8, Carl and Brion will be presenting during the actives report on the Branch Wide Fishing Club they manage.

Be sure to bring a guest, neighbor or friend and show them what being a member of SIR can do the enrich their life in new ways. We will be acknowledging the members who bring in new members with some great thank you gifts and a recognition at the November meeting.

Thank you to Ron Irwin who did a bang up job on our new sandwich board that we us for promotion at several venues including the Farmers Market.

Check it it Out! Manning the booth our is a great way to connect with old friends while promoting SIR, you never know who you will see there.

Thank you for all you do to make our branch strong and at the same time fun, your participation is valued and respected.

Yours in Service,

Daniel Harder

Menu:  
**Corned Beef with Cabbage, Potatoes and carrots**

**Dues can be paid at the March luncheon. Remember that after the April luncheon dues will increase by \$15 to \$50. If you can't make a luncheon, you may send payment to:**

**Bill Clark 1635 San Vicente Avenue Napa, CA. 94558**

**Make check payable to SIR Branch 149.**



## MESSAGE FROM YOUR LITTLE SIR

March 2026 Letter from Little SIR

You never know until you try

You may have noticed some changes. You may like some of them. Others, not so much. The Mingle Table seems to be a hit. That idea came from John Idling who has seen this through as another desirable seating option for our luncheons. John is also spear-heading co-ed bocce. We're working on making the Summer Picnic more desirable to members considering attending and, more enjoyable for those who do attend.

We've brought back our Member Profiles luncheon features via the new Behind the SIR Face. We're going to begin a program where high school kids teach us how

to use our phones before luncheon meetings. Stay tuned. We've also tried a few duds. At the February luncheon, for instance, we tried to pipe in background (elevator) music while members walked in and found their seats. Well, a good portion of luncheon attendees have assisted hearing, not necessarily in sync with the Elk's PA system. Some members could not hear the music and others could hear only the music. We tried. We now know. It will not happen again. But, we are not done trying. At some point you have probably caught yourself thinking about how SIR 149 could do something better. I invite you to act on those thoughts. Tell somebody. If they tell you you're full of crap, you might wanna rethink it but otherwise, go for it..

Bring your good ideas to me or any other Board Member. There are some changes to which everyone can agree. However, if you've already been told once that you are full of crap, be prepared.

Craig



CURRENT MEMBERSHIP	199
NUMBER OF SIRS AT FEBRUARY LMEETING	82
NUMBER OF GUESTS AT FEBRUARY MEETING	2
NUMBER OF NEW MEMBERS 2026	2

**DON'T FORGET TO PAY YOUR DUES!!!!!!!!!!!!!!**

**Dear Members,**

**As we welcome the arrival of March, I hope this letter finds you in good spirits and enjoying the early signs of spring. It's a wonderful time to reflect on the camaraderie and fellowship that our organization has fostered over the years. As your Director of Membership, I want to express my gratitude for your continued engagement and support, which are the backbone of our group. Your stories, wisdom, and contributions make our gatherings truly special, and I encourage everyone to reach out to one another, share updates, and keep the bonds strong.**

**This month, we have many opportunities to connect and enjoy each other's company. Please look for upcoming activity announcements and consider joining us for our March luncheon. If you know a fellow member who may not have been able to attend recently, a simple call or note can make a world of difference. Invite a friend to the luncheon or one of our activities. Our organization thrives because of the care we show one another. Wishing you good health and happiness as we move toward brighter days. Thank you for being an essential part of our community.**

**Warm regards,**

**Director of Membership**

**Neil Barker**



**WHERE AM I?**

## 🔗 SIRS ACTIVITY SPOTLIGHTS 🔗

*Connection • Conversation • Good Times*

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### Cards with Bob Hairiston

**New Day, Same Great Game!**



The poker group has changed their meeting day. We now play **Mondays at 1 PM at the Elks** — no more Thursdays.

**Bob's Email:** [forekeepers@yahoo.com](mailto:forekeepers@yahoo.com)



### Golf

**Tee It Up with SIRS!**

*Napa SIRS golf* is coordinated by **Bob Jim Keller** and **Gary Garver**.

[imkellerrealestate@icloud.com](mailto:imkellerrealestate@icloud.com)

🔗 [gsirsgolf@yahoo.com](mailto:gsirsgolf@yahoo.com)



Contact them to get on the list for upcoming events. We offer **weekly golf outings** (both 9 and 18 holes) at a variety of courses, generally **within one hour of Napa**.

Fairways, friends, and fresh air — what's better?

### Coffee with Mike (Minus Bob)

**SIRS Coffee Chaos — Caffeine, Banter & Zero Productivity**

Finally — a group activity that requires *no actual activity*.



We meet at **Brewed Coffee Shop in the Outlet Center**, grab the communal table at **8:30 AM**, and proceed to... well... basically do nothing except sip, chat, and solve the world's problems.

We usually drift out around **10 AM** — or whenever caffeine, conversation, or patience runs out.

*Come for the coffee. Stay for the laughs.*

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## Wine Tippers with Chris Bailey

### Sip, Swirl & Socialize

Join **Chris Bailey** and friends for relaxed wine outings around the valley. Great bottles, better company, and zero pressure — just good conversation and good pours.

If you like wine and laughter, this group is for you.



***Please see page 12 and answer the questionnaire***

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## Walkers with Dave Henry **Monday Walkers**

We meet in the **East parking lot at Nob Hill Market** at the

corner of **Trancas and Old Sonoma Road. 8:00 AM Start**

We cross Trancas Ave and walk the **River Walk from Trancas to Lincoln and back**. The walk takes about **one hour** and features beautiful river views with occasional wildlife sightings.

The course is **level and paved** — no mud, no strenuous hills. Just good exercise and great company.

✉ [dhenry91@comcast.net](mailto:dhenry91@comcast.net) ☎ (707) 227-7413

Best,  
**Dave Henry**



## Web Page & Facebook

### Stay Connected with SIR #149



We are proud of our SIR #149 website. Note the new button linked to a **PDF personal application**.

Please suggest any updates so we can keep it user-friendly. Stay informed between newsletters by joining us on **Facebook** and checking the **Upcoming Events** column.

Visit us at: [www.branch149.sirinc2.org](http://www.branch149.sirinc2.org)

✉ Send happenings, updates, and photos to **SIR Adrian** at:

[napadentist@sbcglobal.net](mailto:napadentist@sbcglobal.net)

☎ 479-4688

## Bicycling with SIRs Bill Shields & Chuck Youngson



Get your heart pumping, enjoy the fresh air, and share the road with friends — the **SIR Bike Riders** hit the trails **every Thursday!** Whether you're a seasoned cyclist or just dusting off your wheels, all levels of riders are welcome. It's a great way to stay active, explore beautiful routes, and enjoy the camaraderie of fellow SIR members.

For more information, contact: **Bill Shields** – [bshields6@comcast.net](mailto:bshields6@comcast.net) | ☎ 707-287-1246

**Chris Youngson** – [chyoungson@yahoo.com](mailto:chyoungson@yahoo.com) | ☎ 707-225-2814

## Book Exchange with SIR Rich Hanf:

We get new books donated each month so check out our library for a book that might interest you. If you got a new book as a Christmas present and have read it rather than let it set on a shelf gathering dust how about sharing it with your fellow SIRs.

We have a number of books that your wife or significant other might enjoy. Many are marked with a pink circle. Take 2 or 3 home to give her a choice. On these cold, wet winter days putting together a jigsaw puzzle is a fun way to pass the time. Bill Wheaton has a large selection available.



## Cars with SIR Dan McCabe

The second Sunday of each month from 8 am to 10am is Cars & Coffee at Brewed in the Napa Factory Stores parking lot. This is a free event for all to enjoy whether you have a classic car or not.



Newsletter from Don Krieger



Please send any pictures, announcements, or items you'd like included in the upcoming newsletter to: [dkwonderful@gmail.com](mailto:dkwonderful@gmail.com)

Thank you for helping us keep everyone informed!

## **Bocce with Jim Davis**

### **Thursday is BOCCE Day!**

Join your fellow SIRS every **Thursday** at the **Bocce Pavilion, Napa Senior Center** for some friendly competition, laughter, and plenty of camaraderie. Whether you're a seasoned player or brand new to the game, bocce is easy to learn and a whole lot of fun! So dust off your throwing arm, bring your best aim, and get ready for a great time with friends. For more information, contact:

Chairman Jim Davis 707-2261119

jimmyWD@comcast.net



## **CRIBBAGE WITH BOB BENNING**

. Mark your calendars for the March 16th cribbage game. Of course this is the third Monday of the month. John Lansing will be hosting the monthly event in his home at 1288 River Park Blvd. He will start at 2 p.m. and it normally lasts 2 hours, changing partners between each game.

All skill levels are welcome! Since we are expecting a slightly larger group it is important to RSVP John, 707 254-1056.

All lucky cribbage boards are welcome.



## **ROVING ROOSTERS**

The Roosters are done roving for the year, but we are looking forward to more adventures into new and familiar places in the coming year.

David Dennis



## **FISHING REPORT FOR MARCH 2026**

SIR members and guests are welcome, and indeed encouraged, to participate in fishing trips as well as attend the monthly meetings. Contacts are Pedro Contreras, 925-837-4847; and Carl Moyer, 925-685-5243. Next meeting will be at the Legends restaurant at the Diablo Creek golf course at Port Chicago Highway and Highway 4 on Thursday, March 26th at 8:30am. Come early.

Fishing for stripers in the delta was productive for Tom Kostik, Harry Sherinian, Matt Richards, and Mike Pruett. Ron Lew and Ken Bellinder got bigger fish working the north bay. Stan Wong, Phil Scimonelli, Carl Moyer, Dennis Lee, Bob Lively, and Ray Pixton fished for trout from San Pablo Reservoir. Stan limited, most others did not. March at our meeting on the 26<sup>th</sup> we have our annual swap meet. We bring our excess fishing gear and buy the excess fishing gear brought by others. BARGAINS GALORE!!!! And, on April first the ocean season for rock-fish opens up at all depths. There has not as yet been any decisions about salmon fishing, but we are hopeful.

# Tug McGraw Foundation's | 2026 Schedule

**11**  
APR

BORMAN FIELD | 10:00 AM  
**FRESH OUT OF THE BOWL-SEASON OPENER**

**26**  
APR

BORMAN FIELD | 10:00 AM  
**THE SECRET INGREDIENT GAME**

**02**  
MAY

BORMAN FIELD | 10:00 AM  
**ROOTS AND SHOOTS**

**10**  
MAY

BORMAN FIELD | 1:30 PM  
**THE NUTTS UNDER FIRE CLASSIC**

**30**  
MAY

BORMAN FIELD | 10:00 AM  
**NUTTS ABOUT MOM CLASSIC**

**07**  
JUN

BORMAN FIELD | 1:30 PM  
**JUSTIN-SIENA GIRLS SOFTBALL**

**14**  
JUN

BORMAN FIELD | 1:30 PM  
**THE HOOAH ARMY CLASSIC**

**27**  
JUN

BORMAN FIELD | 10:30 AM  
**THE FINAL CRUNCH-SEASON CLOSER**



**Did You Know?** The Mixed Nutts are carrying on a Yountville Veterans Home tradition of Sunday Baseball for Veterans that dates back to the 1800s. **Tradition: Honored**

[www.tugmcgraw.org](http://www.tugmcgraw.org)



Many apologies if we have issued anyone's names!  
Please let us know if our databases are not correct!



### MARCH BIRTHDAYS

Ken	Reed	3/2/1949
Chuck	Taylor	3/4/1943
Jim	Dugan	3/6/1951
John	Lansingh	3/8/1934
Bruce	Clymer	3/10/1953
Paul	Larson	3/10/1932
John	Bonsall	3/10/1938
Bob	Timm	3/14/1944
Ron	Irwin	3/15/1940
Pete	Stupey	3/15/1944
Scott	Stearn	3/15/1944
Dennis	Pittenger	3/18/1953
Doug	Wright	3/18/1942
Bill	Sollows	3/24/1947
Mark	Gustafson	3/25/1953

### MARCH ANNIVERSARIES

Scott	Holly	Griffin	3/1/2003
Peter	LiLo	Dreier	3/2/1978
John	Susan	Sobelman	3/16/1985
Sergio	Sacia	Novak	3/16/1996
		Mar-	
John	Anne	chesini	3/20/1981
Mark	Sue	Gustafson	3/25/2022

### 50+ Years of Wedding Bliss

Dan	Norma	McCabe	3/14/1971	54
Keith	Sandi	Borreson	3/16/1968	57
		Fender-		
Adrian	Jean	son	3/16/1968	57
Bob	Mary	Hairston	3/24/1972	53
		McFar-		
Tom	Vivian	land	3/26/1966	59
Bruce	Lynda	Black	3/27/1971	54

### ACTIVITIES CHAIRMEN

<b>Bicycling</b>	Bill Shields	287-1246
Ass't.	Chuck Youngson	225-2814.
<b>Bocce.:</b>	Jim Davis	226-1119
<b>Book Exch.</b>	Rich Hanf	224-7464
<b>Cards</b>	Bob Hairston	252-0252
<b>Clasic Cars</b>	Dan McCabe	224-6835
Ass't.	Dan Silveira	252-2284
<b>Computers</b>	Adrian Fenderson	479-4688
<b>Cribbage</b>	Bob Benning	337-2614
Events	Dan McCabe	224-6835
<b>Fishing</b>	Daniel Harter	637-3859
<b>Golf</b> Weekly	Gary Garver	
Monthly	Jim Keller	415 827-4904
Sec./Treas.	Jim Keller	415 827-4904
HNDCP.	Larry Timmer	252-8079
Area 7 Golf	Chairman	
	Jim Keller	415 827-4904
<b>Trips</b>	Dan McCabe	224-6835
<b>Romeo</b>	John Lansingh	254-1056
<b>Travel</b>	Looking for a new chairman	
<b>RV's/Roving Roosters</b>		
<b>Coordinator</b>	David Dennis	392-8837
<b>Theater</b>	Bob Benning	337-2614
	Adrian Fenderson	479-4688
<b>Veteran's Act</b>	Vacant	
<b>Walkers</b>	Dave Henry	227-7413
<b>Website</b>	Adrian Fenderson	479-4688
<b>Wine Tasting</b>	Chris Bailey	925 8904630
<b>World of Beer</b>	Gary Toczykowski	510-507-6870

### PAST BIG SIRs

1992	Lou Hughes	1993	F. Heid *
1994	W. Barber*	1995	T. Tomlinson*
1996	D. Gibson *	1997	P. Miller
1998	D. Westover *	1999	E. Coyne*
2000	B. Johnson *	2001	D. Newell *
2002	M. Jack *	2003	D. Brooks*
2004	K. Pieper*	2005	J. Gibbany*
2006	A. Brambrink	2007	T. Jensen
2008	E. Suden	2009	G. Greco *
2010	C. Harris	2011	J. Chandler
2012	D. Collins	2013	R. Barker
2014	J. Cox	2015	T. Borman
2016	D. Pangburn	2017	Stu Williams*
2018	J. Prudhomme	2019	Carl Hammond
2020	Carl Hammond	2021-22	Tom Dawson*
2023	Ron Irwin	2024-25	Peter Dreier

\* Deceased

**2026 OFFICERS**

Big Sir Daniel Harder 637-3859  
Little Sir Craig Ruess 650-544-3909  
Secretary George Clark 812-5385  
Asst. Sec Byron Petterson 337-1971  
Treasurer Bill Clark 253-2477  
Asst. Treasurer Bob Klein 310-5947  
Email branch149@sirinc2.org

**DIRECTORS**

Richard Brockmeyer 1st Year 479-5406  
Neil Barker 2nd Year 235-6645  
Rex Williams 2nd year 707-255-5834  
Dave Loomis 1st Year 415-272-5426  
John Lansingh 2nd year 254-1056  
Peter Dreier Past Big Sir 257-3630

**HONORARY LIFETIME MEMBERS**

Paul Miller Al Brambrink  
Keith Pieper James Schlatter  
Bobbie Hairston Dennis Pangburn  
Ed Suden Adrian Fenderson  
Ron Irwin

**COMMITTEE CHAIRMEN**

Attendance Bill Wheadon 224-3901  
Membership Craig Ruess 650-544-3909  
Newsletter Don Krieger 925-548-5714  
Auditors Rex Williams 707-255-5834  
Bill Parks 707-326-9596  
Birthdays Steve Smith 326-3914  
Greeters (open)  
Statistician/Historian  
Dennis Pangburn 224-9231  
Photos Adrian Fenderson 255-6502  
Parliamentarian Ed Suden 226-5310  
Nominating Chair Ron Irwin 363-8754

**DESTINGUISHED SERVICE AWARD**

Adrian Fenderson Byron Petterson Mike Murrell  
Carl Hammond Tim Borman Peter Dreier  
Dennis Pangborn Jim Prudhomme Ron Irwin  
Rex Williams Bill Clark Bob Weeks

Hey Tiplers;

We are sensing a need to change our monthly tastings and would encourage our members to provide feedback and new ideas to improve. Since we have been Chair, the goal is to socialize and taste wines in an informal, educational and fun setting. Please email me your thoughts/ideas about improving the Sirs Tiplers experience. Some topics needing your feedback include:

1. Reluctance to host Tastings. What needs to change with the current hosting "model"?
2. Eliminate the wine scoring. Poll the top pick (less calculations) & more socializing.
3. Monthly meetings too often. What about bi-monthly instead?
4. Start "Wine Forum email " to Tiplers regarding City Meet-ups, Napa Neighbor winery, store specials, discount tasting, wine club events, etc.?
5. Your insightful input?

Please email your suggestions/ ideas/ improvements to me only (just like an RSVP) by Feb 28th at: [Cpb49ers@comcast.net](mailto:Cpb49ers@comcast.net). Your responses will be anonymous and brought up for consideration the at March tasting. Please forward to anyone missed on sendout.

Chris Bailey (and Vanessa Andrews); chair Sirs wine tiplers

925.890-4630

**Day trip for all SIRS to the Bodega Bay Marine laboratory. This will take place on March 17, we will meet at the Elks parking lot, leaving at 9:30 AM. And carpool over. Cost is for the tour is 10. a person. Call me at 707-738-0842 for more information.**

# SNAP SHOTS



So what is this new “Mingle Table” all about?

The Mingle Table is a new addition to our luncheon meeting seating options. We're now providing members the option of sitting at a table with others who seek to mingle. Many members sit at tables with the friends they have made, which is great. And sometimes members might enjoy sitting at a table to get to know other members, and this is what the Mingle Table is all about. Whether you are a newer member or long-term member, try the Mingle Table for making new friends!

Last month the inaugural Mingle Table filled up quickly and there were some lively conversations going on there. For the February and March luncheons there will be a single Mingle Table. The table will have a sign on it and will be right up front near the podium, and will be open to everyone. Based on how well the new arrangement is received, a second table may be added in April.

Come and join the Mingle Table!

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The challenge for this to work is to make sure we have adequate seating so the tables don't fill up and there are no seats left. Initially adding one extra table to the total count should work out, unless there are a lot of shows without reservations. Getting the head count right is always a challenging job!

There has been some discussion about how to keep track of the demand for the Mingle Table. I feel that initially it would be best to just let members sit at the table and monitor if the table fills up. If members needed to request a seat at the table, I think that might hinder the spontaneity of a member's decision to sit at the Mingle Table. Let's try it without requiring requests/reservations for now. The table sure filled up quickly in February.

John