



# Wine Valley Press

**SONS IN RETIREMENT  
WINE VALLEY BRANCH #149**



State President Rich Carlson  
Area 7 Representative Jerry Stabile

A non-profit organization for retired men  
MEETS EVERY FIRST TUESDAY, 11:00 AM  
ELKS LODGE NAPA

October 2025  
VOLUME 45

Website: <http://branch149.sirinc2.org>

Facebook: <https://www.facebook.com/SIR-Branch-149-1403748883208712/>

## MESSAGE FROM THE BIG SIR

We had another great turnout at our September luncheon meeting with 72 Sir members in attendance, 2 new guests invited by members and 3 new installed members, Charlie Lee, Richard Wolf and Raymond Sullivan. Welcome Charlie, Richard and Raymond to Sir Branch 149. We look forward to getting to know you better and getting you involved in our various Sir activities.



In September, we purged our membership Roster of 15 non-paying members bringing our total membership down to 188 so that we are only paying state Sir dues on active members. We will continue to send past members the Newsletter and other email communication, and they will have the right to rejoin without a new application in the future if they so desire.

TICKETS FOR OUR HOLIDAY DINNER ON DECEMBER 2, 2025, GO ON SALE AT OUR OCTOBER LUNCHEON FOR \$45 A PERSON. YOU WILL NEED TO CHOSE YOUR ENTREE OF EITHER PRIME RIB, BAKED SALMON OR VEGETARIAN AND INCLUDES WINE, DINNER AND DESERT AND ENTERTAINMENT. DON'T WAIT; GET YOUR TICKETS EARLY. YOU CAN ALSO INDICATE A TABLE PREFERENCE AND SIT WITH YOUR CLOSE FRIENDS.

But, also, if you have not been to a Sir luncheon in a while it is time to come out and join us on October 7 th for lunch and fellowship with old friends. We would love to see you and you have no excuses. My hope is to get over 100 Sir 149 members to the October luncheon.

Remember, invite a friend to join us for lunch and you will earn a free lunch in the future.

Peter Dreier Big Sir 2025

## OCTOBER 2024 BRANCH 149 SPEAKER SUMMARY

Our October speaker will be Melissa from Providence Adult Day Health Center. She will be bringing copies of the updated Providence Napa County Resource Guide with a complete list of health and other related services and contact information throughout Napa County. An incredible resource guide for all senior households.

DON'T MISS THIS OPPORTUNITY TO GET YOUR OWN COPY OF THIS NAPA COUNTY RESOURCE GUIDE.

HOPE TO SEE YOU AT THE OCTOBER LUNCHEON.

## Statistics

Current membership = 191

Number of Sirs September luncheon = 72

Number of guests at our September meeting=4

Number of new members 2025 14

Number of new applitions 2

**MENU: Pork Loin w/ Fire Roasted Apple Sauce, Mashed Potatoes & Vegetables. Vegetarian entree option available if ordered prior to the meeting.**

## MESSAGE FROM YOUR LITTLE SIR

Fellow members,

I hope you found last months speakers from The District Attorneys office of consumer fraud interesting and informative. They shared some great tips on what to watch out for when receiving calls, texts or emails.

I will bring to the next meeting the printed material the left and please feel to pick up some copies for you and people you might know would benefit from it.

It always very helpful when members contact me with suggestions for speakers. Our speaker for November will be Courtney Helmer, her name was given to me by two of our members. Dr Helmer is a Physical Therapist located here in the valley.

Melissa McCarthy will be joining us for October. Some of you may remember her from a previous visit when she spoke of the Providence Health memory programs. This time she will be bringing the newest and most comprehensive resource books for Napa Valley. Melissa will be explaining what's contained in it and easy ways to find the resource or help you need to make life's path a bit easier.

Please take a minute to introduce yourselves to our new members.

Take care and see you in October.

Yours in Service,

Daniel Harder Vice President/Little Sir



## COMFORT REPORT FOR THE OCTOBER NEWSLETTER

I've always said that getting old is not for sissies. As we age, we tend to get more aches and pains and sometimes serious medical issues. This month I'm highlighting a few

Sirs who need our thoughts and prayers. I hope you all saw the announcement of the passing of Lloyd Zuelke. He passed away after a short illness at the age of 92. Lloyd's wishes were to not have a Memorial Service. Rest in peace Lloyd. Condolences to his family.

Steve (birthdays and anniversaries chairman) Smith had triple bypass surgery recently. The surgery was successful and he hopes to be home soon. We wish Steve a complete recovery and hope to see him back among us soon.

Little Sir/Vice President, Daniel Harder was recently in the hospital at UCSF for 10 days to focus on back pain management along with some intensive P/T. He has had 7 back surgeries in the past 11 years, so he has been dealing with back pain for a long time. He is currently recovering at home. We wish Daniel relief from his pain and a more permanent solution to his back pain.

Pete Smith had surgery to implant 4 stents. He is recovering at home. Wishing Pete a complete recovery and hope to see him at our Sir Luncheons and cribbage soon.

Jim Warren had some mini strokes recently which affected his eyesight. While in the hospital, he contracted Covid. He is recovering at his home in Massachusetts. Wishing Jim a complete recovery and improved eyesight so he can see well enough to hit that little white ball again.

Last month I mentioned that I was recently diagnosed with cancer in one of my lymph nodes. Recent tests also indicate a possible chance of cancer in my right thyroid gland. So, I am expecting to have surgery in early October to remove the cancerous lymph node in my neck and the right side of my thyroid. After recovering from surgery, I expect to have immunotherapy treatments. I thank God for the miracle of modern medicine and skilled doctors who I'm sure will keep me going for a while longer.

Please keep Steve, Daniel, Pete, Jim and me and any other Sirs you know of who are having medical issues in your thoughts and prayers. God's blessings to all. Sir Ron Irwin, Comfort Chairman

# ACTIVITIES

## Bicycling with SIRs Bill Shields & Chuck Youngson

Get your heart pumping, enjoy the fresh air, and share the road with friends — the **SIR Bike Riders** hit the trails **every Thursday!** Whether you're a seasoned cyclist or just dusting off your wheels, all levels of riders are welcome. It's a great way to stay active, explore beautiful routes, and enjoy the camaraderie of fellow SIR members.



For more information, contact: **Bill Shields** – [bshields6@comcast.net](mailto:bshields6@comcast.net) | 707-287-1246



## Bocce with SIR Mario Mazzoleni

**Thursday is BOCCE Day!**

Join your fellow SIRS every **Thursday** at the **Bocce Pavilion, Napa Senior Center** for some friendly competition, laughter, and plenty of camaraderie. Whether you're a seasoned player or brand new to the game, bocce is easy to learn and a whole lot of fun! So dust off your throwing arm, bring your best aim, and get ready for a great time with friends. For more information, contact:

**SIR Mario Mazzoleni** – [1mariomazzoleni@gmail.com](mailto:1mariomazzoleni@gmail.com)

Call/Text: 707-227-8977

## Book Exchange with SIR Bill Wheadon:

Bill and his colleagues have put together a **wonderful display of books for loan**, spread across several tables. The **Book Exchange Table** invites you to not only **borrow a book** but also **donate some of your favorites** to share with others! When our collection grows beyond the Sirs storage space, the overflow is donated to the **Napa Library** — and nearly every month we're proud to deliver a big box of books thanks to your generosity.



**Special Bonus:** Your spouse or significant other is welcome to come before the meeting to browse and pick out books, too! For more info, contact **SIR Bill Wheadon** at 707-224-3901.



## CRIBBAGE WITH BOB BENNING

Our monthly **cribbage showdown** once again took place in my backyard at **2571**. And guess what? We're doing it again next month!

**Date:** Next Month

**Time:** 2:00 PM – 4:00 PM

**Location:** Bob Benning's backyard (2571)

When you arrive, you'll see a lively mix of players spanning the full range of **skill and style** — from **expert rookies**.

**Important Notes:** A **two-drink maximum** is in effect (and no, Pete, that does NOT mean two quarts of Jameson's Irish Whiskey!). By popular demand — and for **Fred Bond's benefit** — the **bring-your-own-alcohol rule has been reinstated**.

All are welcome, so dust off your cribbage board skills and come ready for laughs, cards, and camaraderie.

**Please RSVP** Contact: **SIR Bob Benning** at 707-337-2614

## Cards with SIR Bob Hairston

It's time to get your classic's out and enjoy our beautiful area. The second Sunday of each month is Cars & Coffee at the Napa Factory stores from 8 am to 10 am. At each SIRS meeting we will have updates to other events. For more information contact Dan McCabe 707-738-0842 or email [djmccabe547@comcast.net](mailto:djmccabe547@comcast.net)



## ROVING ROOSTERS

We always enjoy two weeks of fishing, sightseeing, boating, hiking, dining and camaraderie with our club members. If this sounds like something you would like to participate in and have an RV, please contact me for more details. We always like inviting new members and guests to our fun filled events. David Dennis

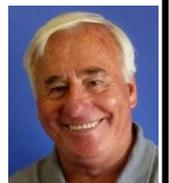
[davedenn888@gmail.com](mailto:davedenn888@gmail.com)

## NEWSLETTER



Please send any pictures, announcements, or items you'd like included in the upcoming newsletter to:

[dkwonderful@gmail.com](mailto:dkwonderful@gmail.com)





Our speakers last month from the DA's Department talking about fraud against seniors



New members Steve Cuny on the left Mike Torch on the right

**Some of our committee chairs**



The cribbage guys having fun

**ACTIVITIES CHAIRMEN**

<b>Bicycling</b>	Bill Shields	287-1246
Ass't.	Chuck Youngson	225-2814.
<b>Bocce</b>	Mario Mazzoleni	227-8977
<b>Book Exch.</b>	Bill Wheadon	224-3901
<b>Cards</b>	Bob Hairston	252-0252
<b>Clasic Cars</b>	Dan McCabe	224-6835
Ass't.	Dan Silveira	252-2284
<b>Computers</b>	Adrian Fenderson	479-4688
<b>Cribbage</b>	Bob Benning	337-2614
Events	Dan McCabe	224-6835
<b>Fishing</b>	Daniel Harter	637-3859
<b>Golf Weekly</b>	Gary Garver	
Monthly	Jim Keller	415 827-4904
Sec./Treas.	Jim Keller	415 827-4904
HNDCP.	Larry Timmer	252-8079
Area 7 Golf	Chairman	
	Jim Keller	415 827-4904
<b>Trips</b>	Dan McCabe	224-6835
<b>Romeo</b>	John Lansingh	<b>254-1056</b>
<b>Travel</b>	Looking for a new chairman	
<b>RV's/Roving Roosters</b>		
<b>Coordinator</b>	David Dennis	392-8837
<b>Theater</b>	Bob Benning	337-2614
	Adrian Fenderson	479-4688
<b>Veteran's Act</b>	Vacant	
<b>Walkers</b>	Dave Henry	227-7413
<b>Website</b>	Adrian Fenderson	479-4688
<b>Wine Tasting</b>	Chris Bailey	925 8904630
<b>World of Beer</b>	Gary Toczykowski	510-507-6870

**PAST BIG SIRS**

1992	Lou Hughes	1993	F. Heid *
1994	W. Barber*	1995	T. Tomlinson*
1996	D. Gibson *	1997	P. Miller
1998	D. Westover *	1999	E. Coyne*
2000	B. Johnson *	2001	D. Newell *
2002	M. Jack *	2003	D. Brooks*
2004	K. Pieper	2005	J. Gibbany*
2006	A. Brambrink	2007	T. Jensen
2008	E. Suden	2009	G. Greco *
2010	C. Harris	2011	J. Chandler
2012	D. Collins	2013	R. Barker
2014	J. Cox	2015	T. Borman
2016	D. Pangburn	2017	Stu Williams*
2018	J. Prudhomme	2019	Carl Hammond
2020	Carl Hammond	2021-22	Tom Dawson*
2023	Ron Irwin	2024	Peter Dreier

\* Deceased

## CARDS WITH BOB HAIRISTON

The poker group has changed their meeting day. We now play on Monday at 1PM at the Elks. No more Thursdays. Bob's email is [forebleepers@yahoo.com](mailto:forebleepers@yahoo.com)



## GOLF

Napa SIRS golf is coordinated by both Jim Keller ([jimkellerrealestae@icloud.com](mailto:jimkellerrealestae@icloud.com)) and Gary Garver. [gdgsirsgolf@yahoo.com](mailto:gdgsirsgolf@yahoo.com) Please contact them to get on their lists to be notified of upcoming events. There are weekly golf outings (both 9 and 18 holes) at a variety of courses generally within one hour of Napa.



## COFFEE WITH MIKE MINUS BOB

SIRS Coffee Chaos – Caffeine, Banter & Zero Productivity

SIRS Coffee Group

Finally—a group activity that requires *no actual activity*. We meet at Brewed Coffee Shop in the outlet center, grab the communal table at 8:30 AM, and proceed to do... well, basically nothing except sip, chat, and solve the world's problems. We usually drift out around 10 AM—or whenever caffeine, conversation, or patience runs out.

## WINE TIPPLERS WITH CHRIS BAILEY

Sirs Wine Tipplers had a red wine blind tasting Final Exam (it is June) and all 14 students did poorly (as did the Tipplers Chair); so Summer School for everyone! We had great time tasting 6 wines and 1 extra credit wine.

Chris Bailey, Chair Wine Tipplers"



## WALKERS WITH DAVE HENRY

Monday Walkers,  
We meet in the East parking lot at Nob Hill Market at the corner of Trancas and Old Soscol. At 8:00 AM we will cross Trancas Ave and will walk the River Walk from Trancas to Lincoln and back. The walk takes about an hour and has beautiful river views with occasional wildlife viewing. The course is level and paved. So, there is no mud or strenuous hills to climb. I hope to see many of you there. Any questions please contact me.

Best Dave Henry  
l: [dhenry91@comcast.net](mailto:dhenry91@comcast.net)

Mobile: (707) 227 7413



## WEB PAGE AND FACEBOOK

We are proud website. Note button that will of the new Please look at



of our SIR #149 that there is a be linked to a PDF person application. our site and suggest any changes you would like to see so that we can make it very user friendly. We encourage all SIRS to keep up with what is happening between newsletters by signing up for Facebook and look at our SIR Branch 149 Facebook page. Also watch the Upcoming Events column and calendar on our website Home Page

at [www.branch149.sirinc2.org](http://www.branch149.sirinc2.org). Please send any happenings, updates, and photos of SIR events to SIR Adrian at [napadentist@sbcglobal.net](mailto:napadentist@sbcglobal.net) or contact him at 479-4688.

Many apologies if we have issued anyone's names!  
Please let us know if our databases are not correct!

## OCTOBER BIRTHDAYS



Wayne	Taylor	2-Oct-30
Paul	Miller	5-Oct-30
Cliff	Elver	6-Oct-46
Ken	Lloyd	6-Oct-43
Larry	Teague	6-Oct-42
Dave	Dennis	8-Oct-48
Bruce	Tschida	8-Oct-50
JC	Villareal	8-Oct-29
Gene	Dick	9-Oct-41
Jerry	Tipton	10-Oct-47
Stu	Eisendrath	12-Oct-48
Pete	Smith	13-Oct-36
Joe	Chandler	16-Oct-38
Byron	Petterson	16-Oct-55
David	Fetzer	17-Oct-50
Mel	Taylor	17-Oct-29
Ron	Miller	18-Oct-51
Clay	Parker	18-Oct-37
James	Featherstone	20-Oct-49
Adrian	Fenderson	20-Oct-44
Dave	Collins	21-Oct-38
Mike	Cunnagin	30-Oct-51
Dave	Henry	30-Oct-49
Ron	Schneider	31-Oct-39

## OCTOBER ANNIVERSARIES

Guy	Mila	Vaillancourt	4-Oct-97
Stan	Kathy Archer	Blough	7-Oct-94
Jim	Renee	Keller	11-Oct-86
Jim	Elizabeth	Dugan	12-Oct-96
Dan	Peggy	Harberts	15-Oct-02
Joe	Kathy	Tagliaboschi	15-Oct-94
Doug	Lisa	Lockhart	17-Oct-04
Edward	Cindy	Neville	24-Oct-92
Jerry	Jean	Tipton	26-Oct-80

## 50+ Years of Wedding Bliss

Sam	Angellina	Guerrera	1-Oct-64
Scott	Robin	Stearn	2-Oct-74
Wayne	Janice	Heine	10-Oct-70
John	Sharon	Candelo	22-Oct-66
George	Jean	Asbury	30-Oct-66

It is with great sadness that I need to inform you that Sir Lloyd Zuehlke passed away this week after a long illness. Lloyd was 92.

At this time, we do not have any information regarding a memorial or service. If we receive any information, we will inform you when the date is finalized.

Lloyd joined Sir Branch 149 in 199 and was an active member for 6 years.

We offer our condolences to his wife and family members.

**2024 OFFICERS**

Big Sir Peter Dreier 257-3630  
 Little Sir Daniel Harder 637-3859  
 Secretary George Clark 812-5385  
 Asst. Sec Byron Petterson 337-1971  
 Treasurer Bill Clark 253-2477  
 Asst. Treasurer Bob Klein 310-5947  
 Email branch149@sirinc2.org

**DIRECTORS**

Tom Atkinson 2nd Year 224-3392  
 Neil Barker 1st Year 235-6645  
 Rex Williams 1st year 707-255-5834  
 Bob Weeks 2nd Year 255-3482  
 John Lansingh 1st year 254-1056  
 Ron Irwin Past Big Sir 363-8754

**COMMITTEE CHAIRMEN**

Attendance Bill Wheadon 224-3901  
 Membership Craig Ruess 650-544-3909  
 Newsletter Don Krieger 925-548-5714  
 Auditors Rex Williams 707-255-5834  
 Bill Parks 707-326-9596  
 Birthdays Steve Smith 326-3914  
 Greeters (open)  
 Statistician/Historian  
 Dennis Pangburn 224-9231  
 Photos Adrian Fenderson 255-6502  
 Parliamentarian Ed Suden 226-5310  
 Nominating Chair Ron Irwin 363-8754

**HONORARY LIFETIME MEMBERS**

Paul Miller Al Brambrink  
 Keith Pieper James Schlatter  
 Bobbie Hairston Dennis Pangburn  
 Ed Suden Adrian Fenderson

**DESTINGUISHED SERVICE AWARD**

Adrian Fenderson Byron Petterson Mike Murrell  
 Carl Hammond Tim Borman Peter Dreier  
 Dennis Pangborn Jim Prudhomme Ron Irwin  
 Rex Williams

**NAPA SIR GOLF Q4 2025**

Wednesday, Oct 1st: Eagle Vines\*

Oct 2nd: SIR State Individual Championship-Spanos Park

Monday October 6th: Paradise Valley\*\*

Wednesday, Oct 8th: Napa Kennedy\*

Wednesday Oct 15th: Wildhorse (Davis)\*\*

Wednesday, Oct. 22nd: Vintner's GC\*

Wednesday, Oct. 29th: Vintner's or Napa GC\*

Monday Nov 3rd: Rancho Solano\*\*

Wednesday, Nov 5th: Eagle Vines\*

Wednesday, Nov 12th: Napa Kennedy\*

Wednesday Nov 19th: Paradise Valley\*\*

Wednesday, Nov 26th: Vintners GC\*

Monday Dec 1st: Blue Rock East\*\*

Wednesday, Dec 3rd: Eagle Vines\*

Wednesday, Dec 10th: Napa Kennedy\*

Wednesday Dec 17th: TBD\*\*

\*Gary Garver

[gdgsirsgolf@yahoo.com](mailto:gdgsirsgolf@yahoo.com) - 707.251.9122

\*\*Jim Keller

[JimKellerRealEstate@icloud.com](mailto:JimKellerRealEstate@icloud.com) - 415.827.4904



It is with great sadness that I need to inform you that Sir Keith Pieper passed away on Thursday, August 21, 2025 after a long illness after suffering from multiple strokes. Keith was 90.

Keith was an original founding member of Sir Branch 149 joining in 1992 and remained an active member for 33 years.

Keith served on the Board of Directors in numerous capacities and was the 2004 Big Sir/President. He was always ready to volunteer to assist in making Branch 149 a better organization for all its members. He had a kind and gentle demeanor.

He was a faithful member who always attended our luncheons. He will be missed.

We offer our condolences to his wife, Joan, and family members.

## NEW SIR ACTIVITY COMING-OCTOBER 20, 2025

### MAN CAVE MONDAY

Man Cave Monday! Starting October 20, 2025, 12-2PM Napa

Cigars, 1147 First Street, Napa.

An opportunity to have a cigar and libations with your fellow SIRS.

Fellowship, booze, and smoke. Who could ask for more? No outside cigars or beverages allowed.

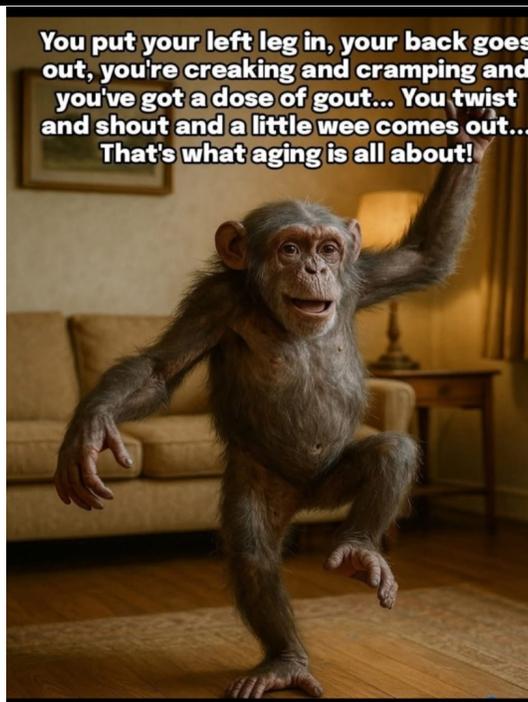
Room for 8-10 members each occasion.

Contact Dave Loomis at [Loomis.dt@gmail.com](mailto:Loomis.dt@gmail.com) if interested and to reserve your spot.

Thank you.

Dave Loomis

415-272-5426



Where am I? Send your answers to [dkwonderful@gmail.com](mailto:dkwonderful@gmail.com) to win a terrific prize



Showing off our cars at the outlet Center on Sunday



Sirs volunteering at the Procore Golf Tournament



Please forgive me. I will not bombard you with trivial emails. SIR Branch 149 needs your help. I'm the group's newish membership chairman and I'm coordinating our response to a pressing membership issue.

SIR Branch 149 has about 200 members and, for the most part, have attained new members via sponsorships, i.e. a prospect is identified and sponsored by a current member for membership. That method doesn't work as well anymore. Most of our new members are being attracted to SIR by community outreach programs like the Farmers Market as well as our bocce and golfing groups.

Unfortunately, this new method of recruiting does not provide the mentorship of the sponsor system. Mentorship is vitally important to assist members, especially new members, in how to get the most value out of their membership. To that end, Sir Branch 149 is implementing a Mentor Program for new, non-sponsored members.

Mentors will assist new members "find their way around" during the first few months. There are no rules or guidelines for how to mentor a new member. Both of you are adults. You'll figure it out.

You can volunteer to be a Mentor simply by clicking the appropriate button below. Branch 149 will pick about 20 Mentors (at random) each year, to be volunteer Mentors, based on the current pace of recruiting. Mentors will be kept informed about their likelihood of being drafted throughout the year.

Volunteer Mentors will be recognized by a small sticker added to their identification badges. These stickers will inform other club members that these volunteers "stepped-up" to make the SIR membership experience, and our club, better for everyone entering without a Sponsor.

This is how it will work, at least initially. A new prospect will complete an application form and sit at the new members table at a luncheon. If the applicant indicates they would like the process to continue, the application will be sent to the BEC for approval. The prospect will typically become a member and they will be assigned a volunteer mentor who has been a member for over six months. This is where I need your help.

If you are willing and able to mentor a new member, bless you. The program begins in October. You will receive further information once the size of the Mentor pool becomes known.

If you do not possess the willingness and/or ability to mentor a new member, do not be discouraged. This will not fit everyone's interests. There will be other opportunities for your skills and motivations.

Thank you for your consideration today in this effort to make our club better.

Craig Ruess

SON'S IN RETIREMENT

WINE VALLEY BRANCH #149

26 RAVENWOOD LANE

NAPA, CA 94558